Art and Design/Art Therapy (ARTH)

Montclair State University

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ARST 650. I.S. with the Project Advisor. The fee for 2 SH will be charged to the student but no credit will be given and no grade will appear on the transcript. This course may be repeated two times to complete the MFA project.

**ARTH280**
**Title:** Introduction to Art Therapy.
**Special Fee:** Special fee.
**Number and type of credits:** 3 hours lecture.
**Course Description:** An historical and theoretical overview including the literature and current trends in the field. Students will use a variety of art materials to express personal symbolism, fantasy, and dreams. Open to non-majors.

**ARTH360**
**Title:** Studio Techniques in Art Therapy.
**Prerequisites:** ARTH 280.
**Special Fee:** Special fee.
**Number and type of credits:** 4 hours studio.
**Course Description:** Materials and techniques of art therapy are directly experienced through practice. Open to all.

**ARTH361**
**Title:** Group Art Therapy.
**Prerequisites:** ARTH 280.
**Number and type of credits:** 3 hours lecture.
**Course Description:** Students will participate in small art therapy groups where under the guidance of a registered art therapist emerging themes (life situations, choices, attitudes, self-concepts, norms, etc.) will be explored. Open to non-majors.

**ARTH560**
**Title:** Studio Techniques in Art Therapy.
**Prerequisites:** Departmental approval.
**Number and type of credits:** 3 hours lecture.
**Course Description:** The development of a repertoire of art therapy skills in various media to facilitate meeting the expressive needs in art therapy settings. May be repeated for credit.

**ARTH562**
**Title:** Art Therapy Practicum I.
**Prerequisites:** ARTH 560.
**Course Description:** Integration of field and academic experiences. Each student will work with a selected client in an appropriate professional setting (300 hours), and prepare a weekly case presentation for class discussion and critique as well as a written case study.
<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Number and type of credits</th>
<th>Course Description</th>
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</thead>
<tbody>
<tr>
<td>ARTH580</td>
<td>Graduate Introduction to Art Therapy.</td>
<td>3 hours lecture.</td>
<td>Introduction to the historical and theoretical bases of art therapy as a profession. Exploration of the literature of art therapy and of current trends in the field.</td>
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<tr>
<td>ARTH662</td>
<td>Art Therapy Practicum II.</td>
<td>300 hours lecture.</td>
<td>Continuation of ARTH 562. Each student will work with a selected client in an appropriate professional setting other than that in which student worked in Art Therapy Practicum I (300 hours). Treatment design and case presentations will be submitted for weekly discussion and critique.</td>
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<tr>
<td>ARTX100</td>
<td>Professional Orientation.</td>
<td>2 hours lecture.</td>
<td>Orientation to the philosophy of the profession. Field experiences in a variety of settings to provide exposure to the breadth of professional opportunities.</td>
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<tr>
<td>ARTX100</td>
<td>Introduction to Apparel Design.</td>
<td>2 hours lecture, 2 hours lab.</td>
<td>Theory and techniques for achieving well-fitted apparel; basic concepts, competencies and technologies using appropriate fabrics, computer aided design, and commercial patterns.</td>
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<tr>
<td>ARTX122</td>
<td>Culture and Appearance.</td>
<td>3 hours lecture.</td>
<td>Analysis of dress in terms of cultural, social, psychological and economic influences. Clothing and adornment choices related to individual concerns, including aesthetic, physical and ecological factors. Meets Gen Ed 2002 - Social Science. Meets World Cultures Requirement.</td>
</tr>
<tr>
<td>ARTX150</td>
<td>Fundamentals of Makeup for Beauty and Fashion.</td>
<td>3 hours lecture.</td>
<td>An intensive training experience in the fundamentals of makeup for beauty and fashion.</td>
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