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Health (HLTH)

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Health

the fall if the examination is the following March; take the seminar in the spring if the examination is the following October.

Personal Health Issues.

3 hours lecture.

Personal Health Issues examines health through six interrelated dimensions:

physical, emotional, intellectual, spiritual, interpersonal and social, and

environmental. This course examines how health choices impact society and the

health of a community. Additionally, health policies and societal health issues are examined for their impact on the individual. This course

emphasizes contemporary health issues using the national initiative Health People 2010 as a framework. Assessing health status, increasing health competencies to enhance decision-making skills, eliciting health-promoting

behaviors, and interpreting existing and proposed social actions that

ultimately affect individual, family, community and environmental health are

central focuses of this course.

HLTH102 Title Introduction to Public Health.

HLTH101

Title

Number and type of credits

Course Description

Course Description

Number and type of credits 3 hours lecture.

This course provides students with a basic understanding of the field of public health, the breadth of its scope, and the variety of scientific disciplines that inform its practice. It gives student a "taste" of public health and puts public health topics within a context of population-based issues and health. These topics include: AIDS and other emerging infectious diseases, environmental hazards, alcohol, tobacco, and other drug abuse,

access to health care and other health disparities, and social and

distributive justice. Emphasis is given to contemporary public health issues and the forces that shape them. Previous course HLTH 200 effective through

Spring 2014.

HLTH105 Title Medical Terminology.

Number and type of credits 3 hours lecture.

Course Description A basic health course introducing elements of medical terminology describing

HLTH105 Course Description body parts, systems, functions and medical procedures. Emphasis will be placed on development of medical vocabulary and communication skills. The

course will provide learning episodes in formulating medical abbreviations and translating complex terminology into lay terms, that ultimately will be applicable to careers in medical writing, health care delivery and management.

HLTH202 Title Public Health Foundations, Ethics, and Cultural Competency.

Course Description

Prerequisites HLTH 102.

Number and type of credits 3 hours lecture.

Students in this foundational public health course will become familiar with the history and significance of the core areas of public health (epidemiology, biostatistics, health policy, environmental health, and social and behavioral aspects of health) and the various ways that ethics and culture are relevant to each of these. Students will explore the basis of public health ethics, in both community-based and research-based public health work; examine the role of culture, power and inequality in influencing the public's health; and study cultural competency as a foundation for developing effective public health interventions.

HLTH204 Title Social and Behavioral Aspects of Health.

Prerequisites HLTH 102.

Number and type of credits 3 hours lecture.

Course Description In this course, students develop knowledge and skills needed to understand

health-related behaviors and health status from a social ecological perspective, considering factors at the individual, interpersonal,

organizational, community, and policy levels. Students learn about and apply

theories of health behavior and theories of change, creating a solid

foundation for the in-depth study of population health and the development and

evaluation of culturally appropriate, theory-based public health

interventions. By exploring multilevel determinants and correlates of health

behavior and status, students develop an understanding of how social institutions and dynamics contribute to health disparities and consider multilevel approaches to eliminating such disparities. Students apply

knowledge, practice skills, enhance computer literacy, and improve oral and written communication skills. Previous course HLTH 304 effective through Fall

2015.

HLTH207 Title Injury Prevention and Emergency Care.

Prerequisites HLTH 102.

	Number and type of credits Course Description	3 hours lecture. Provides for study of major safety areas including transportation, public safety, industrial and home safety. Emergency health care, first aid treatment, and preventive measures are considered in the context of individual, agency and institutional responsibilities.
HLTH208	Title Prerequisites Number and type of credits Course Description	Study of Human Diseases. HLTH 102 or HPEM 150 or ATTR 201. 3 hours lecture. Provides a comprehensive study of diseases, their etiology, pathophysiology, diagnosis, prognosis, and treatment. Includes a review of causation theories and incidence patterns and focuses on major degenerative, neoplastic, metabolic, immunologic, and infectious diseases. Attention is given to prevention and control measures with an emphasis on the role of selected health/medical resources in disease management. Previous course HLTH 307 effective through Fall 2015.
HLTH213	Title Number and type of credits Course Description	Perspectives on Drugs. 3 hours lecture. Provides for the study of licit as well as illicit drug use in contemporary society from the perspective of selected biomedical and psychosocial
HLTH213	Course Description	disciplines. Examines the effects of drugs on the individual and society in the context of changing social conditions and technological developments. Analyzes complex nature of the drug problem and rehabilitative and preventive measures and tentative solutions to this important aspect of human existence.
HLTH215	Title Prerequisites Number and type of credits Course Description	Drug Education in the Schools. HPEM 199 and Physical Education (PHED) majors only. 3 hours lecture. Prepare health and physical education teachers to teach and implement drug education programs in the schools.
HLTH220	Title Number and type of credits Course Description	Mental Health. 3 hours lecture. Provides for the study of human emotional adjustment throughout the life cycle from biomedical and psychosocial perspectives. The factors that foster the

development of emotional and mental well-being and the forces that contribute to the breakdown of human adjustment capabilities are identified and analyzed in light of research and clinical literature. Special attention is given to the strategies for the prevention of mental disorders and promotion of mental health.

HLTH222 Title Mental Health in the Schools.

Number and type of credits 3 hours lecture.

Course Description This course focuses on mental health content and teaching methodology for

education K-12 in schools based on the NJ Core Curriculum Content Standards.

HLTH240 Title Foundations of Environmental Health.

Number and type of credits 3 hours lecture.

Course Description Prepares student to make informed decisions concerning the avoidance or

elimination of disease-causing environmental exposures by providing an understanding of the scientific principles by which these exposures are

identified, measured, and judged as to their acceptability.

HLTH245 Title Introduction to Fieldwork and Professionalism.

Prerequisites HLTH 102.

Number and type of credits 3 hours lecture.

Course Description In this course, students develop a working knowledge of applied public health

by observing a wide range of community and school health programs in action. In addition to spending a minimum of 66 hours in on-site placements, students meet in the classroom to develop the skills necessary to become public health professionals. Learning about best practices within public health, students apply their knowledge by assessing strengths and challenges across different public health agency/program/organization sites. Students also compare missions, objectives and functions of a variety of agencies involved in public health education and determine which types of agencies best fit the students' own personal and professional goals related to public health. A critical part of this course is the in-class meetings where students will have the

opportunity to compare experiences, apply general public health understanding

to real-life settings, and gain understanding of how to prepare for a career

in public health education.

HLTH290 Title Human Sexuality.

Number and type of credits 3 hours lecture.

Course Description

Students will explore many interacting cultural, personal and health factors relating to human sexual development, attitudes, and behaviors. Historical, anthropological, biological/physiological, socio-cultural and psychological factors will be introduced to encourage a broad perspective. Discussion of differing philosophical, ethical and moral positions will also aid students in making a critical assessment of intimate human relationships and acquaint them with criteria and processes for understanding themselves as sexual beings. Meets Gen Ed 2002 - Social Science, Social Science.

HLTH295 Title

THE

Course Description

Number and type of credits 3 hours lecture.

Focus on sexuality content and teaching methodology for sex education K-12 in

schools. Based on NJ Content Standards for Sexuality Education.

HLTH328

Title

Prerequisites HLTH 204.

Number and type of credits

Course Description

3 hours lecture.

This course focuses on the process of designing, planning and implementing health education and health promotion programs, including needs assessment, developing SMART goals and objectives, utilization of program planning and

developing SMART goals and objectives, utilization of program planning and behavioral theories and models, and planning for evaluation. Previous course

HLTH 428 effective through Fall 2015.

Health Education Methods.

Sexuality Education in the Schools.

Program Planning and Evaluation.

HLTH330

Title

Title

Prerequisites

Number and type of credits

Course Description

HLTH 204.

3 hours lecture.

Provides a comprehensive study of the scientific, social, behavioral,

educational, and legal foundations of health education. Traces the evolution and interprets the impact of related professions on school, community, and allied health education. Meets the University Writing Requirement for majors

in Health.

HLTH342

Title

tle Health Promotion.
erequisites HLTH 202 or HLTH 204.

Prerequisites

Number and type of credits

3 hours lecture.

Course Description

This course provides an overview of theories and models that underlie health

promotion. Topics will include the history, politics, and ethics of health promotion; community development, healthy public policy, models of behavior change, and communicating risk. The course will also provide information essential to understanding factors that affect human health: health determinants, health indices, health behavior change theories, ethical issues and societal trends. The importance of evaluation and research in all aspects of health promotion will be emphasized throughout the course. Previous course HLTH 442 effective through Winter 2013.

HLTH347 Title Health Issues Forum.

> **Prerequisites** Junior standing and HLTH 202.

Course Description In-depth study of a single health issue of current public or professional

concern including analysis of recent authoritative literature. Topic to be

announced each semester. Course credit determined by nature and breadth of

topics selected. The course may be repeated for a maximum of 6 credits.

HLTH350 Title Field Study in Health.

> **Prerequisites** HLTH 245.

Course Description Selected experiences in community health work through arrangements with

> various kinds of health agencies. Major projects developed under supervision of a faculty member and a qualified person in the health professions agency.

Addressing Health Disparities Through Social Justice.

HLTH355 Title

Prerequisites HLTH 204.

Number and type of credits 3 hours lecture.

Course Description This course explores how broad social, cultural and economic inequalities in

> society affect health. By closely examining pressing problems in global health, the course guides the students in efforts to improve the health conditions of those overburdened by poverty, marginalization and social

injustice. By the end of the course, students will have gained an

understanding of how social forces become embodied as pathologies and how specific political, economic and historic processes influence the distribution of disease among different populations. Previous course HLTH 450 effective

through Fall 2015.

Prerequisites HLTH 204.

Number and type of credits 3 hours lecture.

Course Description The organization, administration and functions of health services in the

United States and other major nations; the social and professional policies

which determine their scope and nature. Principal methods currently employed

in the U.S. for analysis and evaluation of health care systems. Offers opportunity to students to relate these general understandings to those segments of the health services system of particular professional interest to

themselves. Previous course HLTH 460 effective through Fall 2015.

HLTH365 Title Science of Public Health: Epidemiology.

Prerequisites HLTH 202.

Number and type of credits 3 hours lecture.

Course Description Provides a basic understanding of the epidemiologic method of identifying

disease-causing exposures. Emphasizes the generation of hypotheses based on

descriptive epidemiologic data, the testing of hypotheses by analytical epidemiological research, the determination of causality, and the value of epidemiological research in developing and evaluating disease prevention strategies. Previous course HLTH 246 effective through Winter 2013.

HLTH374 Title Health Communication.

Prerequisites HLTH 204 may be taken as prerequisite or corequisite.

Number and type of credits 3 hours lecture.

Course Description This course provides students with the ability to plan, implement and evaluate

a health communications program for a community health services institution.

It focuses on the evolution of health communication in the United States, health communication theories and cultural differences. It provides for

hands-on development of computer-based communications including newsletters,

websites, and databases. Previous course HLTH 475 effective through Fall

2015.

HLTH375 Title Women's Health.

Prerequisites Health Education major or WMGS 102 or departmental approval.

Number and type of credits 3 hours lecture.

Course Description This course offers perspectives on women's health and health care, focusing

predominately on the United States but with some attention to international and global issues. Students will receive an overview of the health status and

major health concerns of women. Acute and chronic problems will be addressed

across the lifespan. This course includes fieldwork experience.

HLTH401 Title The Teaching of Health.

Prerequisites Admission to Teacher Education Program or departmental approval.

Number and type of credits 3 hours lecture.

Course Description Traces historical development of health instruction, examines characteristics

of health learners, and compares different types of health education programs. Provides for use of the computer in health education. Requires demonstration

of health education planning, teaching and evaluation skills.

HLTH405 Title Culminating Reflective Seminar.

Prerequisites HLTH 350 and senior standing.

Number and type of credits 2 hours seminar.

Course Description This course provides in-depth information about the profession of health

education including the range of positions available, the varied job

responsibilities, and the spectrum of work settings. A major emphasis of this course is placed on preparation for the Certified Health Education Specialist Examination (CHES) offered by the National Commission of Health Education

Credentialing, Inc. This course provides a culmination of the material presented in the previous courses of the student's tenure in this major.

HLTH411 Title School Health and Community Services.

HLTH411 Prerequisites Health Education major or departmental approval. Starting Winter 2016: HLTH

330.

Number and type of credits 3 hours lecture.

Course Description Provides for an in-depth understanding of the school health program and

community services. Includes study of school and health services, healthful school environment, and health education and community health services.

HLTH425 Title Applied Statistics for Public Health.

Prerequisites MATH 109 and HLTH 365.

Number and type of credits 3 hours lecture.

Course Description This course covers the basic concepts in the application of statistics as they

relate to health and biological problems. Emphasis is placed on the tools and techniques used to evaluate the health status of a community, including

births, deaths, and illness rates. Additionally, the biological issues

underlying national and local health policies are explored.

HLTH430 Title Counseling Skills for Public Health Professionals.

Prerequisites HLTH 330.

Number and type of credits 3 hours lecture.

Course Description Course focuses on factors influencing health and illness behavior with

implications for behavioral intervention in health care. Included are the intervention strategies of prevention, crisis intervention, postvention and compliance, and the intervention techniques of assessment, interviewing,

counseling skills and small group dynamics.

HLTH431 Title Advanced Methods in Health Education.

Prerequisites HLTH 330.

Number and type of credits 3 hours lecture.

Course Description An in-depth examination of effective teaching strategies for prospective

community health educators. Focus is on planning, implementing, and assessing

teaching and learning. Issues of beliefs, practice, and reflection are emphasized. Students demonstrate teaching skills in a variety of public

health settings.

HLTH433 Title Population Approaches to Diet and Activity.

Prerequisites HLTH 328 or HLTH 330 or HLTH 365.

Number and type of credits 3 hours lecture.

Course Description This course provides students with an understanding of population-based

dietary and physical activity patterns, their social and behavioral contexts and meanings, their relationships with chronic diseases, and public health

intervention approaches.

HLTH440 Title Health Aspects of Aging.

Prerequisites HLTH 355.

Number and type of credits 3 hours lecture.

Course Description This course focuses upon changes in aspects of health during the middle and

later years of life. Includes anatomy and physiology, nutritional

requirements, sensoria and those phenomena associated with aging and sexuality. Common causes of morbidity and mortality explored as they relate to the aged. Attention given to the psychosocial and economic needs of the elderly as well as to those aspects of gerontology which deal with legislation

and community organization.

HLTH444 Title Community Organizing and Health Advocacy.

Prerequisites HLTH 360 or HLTH 374.

Number and type of credits 3 hours lecture.

Course Description This course focuses on the context of community-based health organizations

(CBHO's) and their functions. Emphasis is placed on the political and economical management of these organizations and their future role in

improving health outcomes. Included is an examination of the advocacy model of community health and development of the strategies and skills necessary to

HLTH444 Course Description become an effective health advocate.

HLTH454 Title Race, Racism, and Health.

Prerequisites HLTH 355.

Number and type of credits 3 hours lecture.

Course Description During the course of the semester, students will examine health inequities;

how race, ethnicity, racism and health intersect; explore the nature of racial and ethnic categories; learn about current US demographic trends; and critically examine the impact of institutionalized racism. Students will also explore approaches for addressing racial health inequity, including health care inequities. Students are encouraged to pay critical attention to the

multiple pathways by which race enters the body, and how they lead to negative

health consequences for people of color in the United States.

HLTH474 Title Gender, Sexuality, and Health Disparities.

Prerequisites HLTH 355 or GLQS 201 or departmental approval.

Number and type of credits 3 hours lecture.

Course Description This course explores how different cultural constructions of gender, sex, and

sexuality shape public policies concerning the inequitable distribution of health and disease within the United States and globally. Students use a social justice lens to probe how the intersections of gender, biology,

sexuality, class, race, sexism, homophobia, heteronormativity, transphobia and racism intersect to create health inequities. Students investigate a range of

health issues including sexual and reproductive health, mental health, intimate partner violence, substance abuse, HIV/AIDS and other infectious

diseases, and access to health resources.

HLTH476 Title

e Social Marketing.

Prerequisites

HLTH 374.

Number and type of credits

3 hours lecture.

Course Description

Social Marketing examines the application of traditional marketing techniques to develop population-based health promotion and disease prevention programs. This audience-centered approach, grounded in formative research, uses multiple communication channels along with environmental changes to influence health

behaviors. Students in this skill-based course will gain experience

developing strategies to address public health problems with selected target

populations.

HLTH501 Title

Public Health Seminar: Foundations, Ethics, and Cultural Competency.

Restricted to Public Health w/conc in Community Health Education (PUBC) MPH

majors only.

Number and type of credits

Course Description

Prerequisites

3 hours lecture.

In this course, to be taken in the first semester in the program, students learn about the role of the core areas of public health (epidemiology and biostatistics, health policy, environmental health, behavioral and social aspects of health) in public health practice. Students also learn about the basis of public health ethics by examining the history and codes of ethics for both community-based and research-based public health work. Finally, students explore issues of cultural competency by examining an array of cultures and beginning to develop the skills needed to develop culturally competent interventions. Students apply their knowledge, practice skills, enhance their understanding of culture and ethics, and improve their oral and written

communication skills.

HLTH502

Title Determinants of Environmental Health.

Prerequisites Health Education (HLED) MA & CER, Public Health w/conc: Community Health

Education (PUBC) MPH, and Environmental Studies w/ conc: Environmental Science

(ESES) MA majors only or departmental approval.

Number and type of credits

3 hours lecture.

Course Description

Advanced study of health and safety aspects of the environment: air, water,

HLTH502 **Course Description** industrial pollution and the impact of expanding population on health problems. HLTH503 Title Research Methods in Health. **Prerequisites** Restricted to Public Health w/conc in Community Health Education (PUBC) MPH, Health Education (HLPE) MA, and Nutrition and Food Science (NUFS) MA majors only. 3 hours lecture. Number and type of credits **Course Description** Theoretical and practical experiences in methods of inquiry, designing of research studies, utilization of various tools for gathering data, statistical analysis of data, and writing of research proposals. HLTH504 Title Behavioral and Social Science in Health. Restricted to Public Health w/conc in Community Health Education (PUBC) MPH **Prerequisites** majors only. Number and type of credits 3 hours lecture. **Course Description** In this course, students develop knowledge and skills needed to understand community, individual, and organizational behaviors and change processes in cross-cultural settings as a foundation for planning culturally appropriate public health education programs. Students learn about social theories of health behaviors, and behavioral and social interventions that can promote healthy behaviors and therefore decrease morbidity and premature mortality; and develop skills for planning and evaluating health education and health promotion programs. Students apply knowledge, practice skills, enhance computer literacy, and improve oral and written communication skills. HLTH505 Title School Health Program Management. **Prerequisites** Health Education (HLED) MA & CER, Public Health w/conc: Community Health Education (PUBC) MPH, and Human Sexuality Education (HSED) CER majors only or departmental approval. Number and type of credits 3 hours lecture. **Course Description** Examines management theory and practices applicable to school health programs. Historical developments and philosophical issues are also reviewed. Includes management techniques, staffing patterns, accounting procedures and evaluation methods essential for the successful school health program. HLTH510 Title Health Education Workshop I.

Prerequisites

Health Education (HLED) MA & CER, Public Health w/conc: Community Health

Education (PUBC) MPH, and Human Sexuality Education (HSED) CER majors only or departmental approval.

Course Description For teachers of health education; deeper understandings of subject matter,

current methods and techniques for the classroom, and considerations for

curriculum development.

HLTH511 Title Biomedical and Psychosocial Perspectives on Drugs.

Prerequisites Restricted to Health Education, Counseling w/conc in Addictions Counseling and

Public Health w/conc in Community Health Education majors only.

Number and type of credits 3 hours lecture.

Course Description Examines the complex biomedical and psychosocial dimensions of contemporary

drug use, emphasizing consideration of a broad spectrum of physiological

responses to and health consequences of involvement. Provides a comprehensive

view of the historical and social aspects of drug use, and an analysis of selected major issues presented by our current problems with drugs.

HLTH512 Title Alcohol Workshop.

Prerequisites A basic course in drug/alcohol problems or permission of instructor.

Number and type of credits 3 hours lecture.

Course Description A process-oriented experience planned to enrich and synthesize understanding

of selected physiological, psychosocial, medical, legal, economic and safety factors associated with alcohol use and abuse. Attention is focused on

education, prevention, treatment and rehabilitation techniques and the study

HLTH512 Course Description of existing programs.

HLTH513 Title Drug Abuse Seminar.

Prerequisites A basic course in drug abuse problems or permission of instructor.

Number and type of credits 3 hours seminar.

Course Description Provides seminar setting for concentrated study of selected aspects of

contemporary drug problems. Emphasizes major health issues emerging from

recent biomedical and societal developments; includes consideration of rehabilitative and treatment approaches, utilizing pertinent sources of

information and current research literature.

HLTH514 Title Sexually Transmitted Diseases.

Number and type of credits 3 hours lecture.

Course Description In-depth study of determinants of sexually transmitted diseases, their impact

on the individual and society, and the special medical, psychological, and

social problems which they generate.

HLTH520 Title Foundations and Methods in Health Education.

> **Prerequisites** Health Education (HLED) MA & CER, Public Health w/conc: Community Health

> > Education (PUBC) MPH, and Human Sexuality Education (HSED) CER majors only or

departmental approval.

Number and type of credits 3 hours lecture.

Study of the scientific historical foundations and the instructional **Course Description**

> methodologies in health education and health promotion with opportunity for practical application of various methodologies for the achievement of specific

objectives.

HLTH525 Title Grant Writing.

> Prerequisites Health Education (HLED) MA & CER, Public Health w/conc: Community Health

> > Education (PUBC) MPH, and Human Sexuality Education (HSED) CER majors only or

departmental approval.

Number and type of credits

3 lecture hours.

Course Description This course prepares students to develop proposals to secure grants from

various types of funding agencies, including government, foundation, corporate and individual sources. Students develop skills to identify promising funding sources and write effective grant proposals that address important public health needs, are theoretically sound, empirically supported, feasible, and appropriate given the state of the science and practice. Students develop needs assessments that incorporate relevant data, program goals and

objectives, clear program plans, evaluation plans, and budgets. By writing a grant proposal over the course of the semester and incorporating feedback, students develop strong grant writing skills through experiential learning.

HLTH526 Title Curriculum Development in Health Education.

> **Prerequisites** Health Education (HLED) MA & CER, Public Health w/conc: Community Health

> > Education (PUBC) MPH, and Human Sexuality Education (HSED) CER majors only or

departmental approval.

Number and type of credits

3 hours lecture.

Explores educational theories and methodologies as they apply to Health Course Description

Education. The main focus is on planning, design, implementation, and

evaluation of health curricula for a variety of circumstances and groups with strong emphasis on the development of skills and techniques in these areas. Appropriate teaching methods, materials and evaluation procedures are considered. Students explore comprehensive curricula that are appropriate for diverse settings including schools, communities, workplaces and the health care system.

HLTH528 Title

Program Planning and Evaluation.

Prerequisites

Basic course in Statistics Recommended. Health Education (HLED) MA & CER, Public Health w/conc: Community Health Education (PUBC) MPH, and Human Sexuality Education (HSED) CER majors only or departmental approval.

HLTH528

Number and type of credits

Course Description

3 hours lecture.

This course provides an overview of the principles and methods of program planning and evaluation for health education and health promotion activities. Students develop an understanding of theoretical and applied issues in planning, implementing and evaluating health programs. They critically examine ethical and political dimensions of program planning and evaluation and consider how these affect current practices and future directions. Course sessions and assignments are designed to engage students in developing applied skills in program planning and evaluation as well as critiquing programs and evaluations. It is recommended that students take a basic course in statistics before taking this course.

HLTH529

Title

Applied Topics in Program Planning and Evaluation.

Prerequisites

Number and type of credits

3 hours lecture.

HLTH 528.

Course Description

In this course, students apply the principles and methods of program planning and evaluation through a variety of hands-on learning activities. Drawing from the program planning and evaluation theories and principles learned in HLTH 528, students practice and refine skills in: setting program goals and objectives; designing surveys and other measurement instruments (both quantitative and qualitative); collecting, analyzing, and interpreting data; and using data to modify and improve health promotion programs. Students explore issues of program implementation and fidelity, working within local

contexts and cultures, and program sustainability.

Health Issues Seminar. HLTH530 Title

> **Prerequisites** Health Education (HLED) MA & CER, Public Health w/conc: Community Health

> > Education (PUBC) MPH, and Human Sexuality Education (HSED) CER majors only or

departmental approval.

Number and type of credits

3 hours seminar.

Course Description Provides seminar setting for concentrated study of selected major contemporary

> health issues. A minimum of five topical areas are presented for analysis and interpretation through extensive readings, pertinent written projects, and

directed oral communication.

HLTH531 Title Independent Study in Health.

> **Prerequisites** Departmental approval.

Course Description Under the direction of departmental faculty member. Semester hours determined

by department chairperson following consultation with departmental research

committee.

HLTH533 Title Behavioral Aspects of Diet, Activity and Health.

> **Prerequisites** Health Education (HLED) MA & CER, Public Health w/conc: Community Health

> > Education (PUBC) MPH, and Human Sexuality Education (HSED) CER majors only or

departmental approval.

Number and type of credits

3 hours lecture.

Course Description The combination of poor diet and lack of physical activity has been identified

> as the second leading preventable cause of death in the United States, second only to tobacco. Therefore, understanding and positively changing these behaviors is of paramount importance for the field of public health. This course examines the epidemiology of population-based dietary and physical activity behaviors, the social and behavioral contexts and meanings of diet and physical activity, their relationships to chronic diseases, and public

> health intervention approaches. Students use the principle of energy balance -the balance between energy intake (through food and drink) and energy expenditure (primarily through physical activity) - as a framework for studying and intervening in diet and activity behaviors. Students examine issues including overweight and obesity, poverty and food insufficiency, sedentary leisure habits, and the roles of individuals, government, and

HLTH533	Course Description	industry. Students critically analyze current initiatives in the United States and other industrialized nations. Emphasis is placed on theoretically sound intervention approaches and primary prevention through the cultivation of habits that promote health and prevent disease.
HLTH535	Title Number and type of credits	History and Foundations of Health I. 3 hours lecture.
	Course Description	Comprehensive historical study of our continual struggle against the forces of disease and infirmity. Includes health and medical practices of primitive peoples, ancient civilizations, the Middle Ages, and the Renaissance.
HLTH540	Title	Selected Topics in Mental Health.
	Prerequisites	A basic course in mental health. Health Education (HLED) MA & CER, Public Health w/conc: Community Health Education (PUBC) MPH, and Human Sexuality Education (HSED) CER majors only or departmental approval.
	Number and type of credits	3 hours lecture.
	Course Description	Entails use of seminar approach for in-depth analysis of selected topics in mental health. Topics will vary according to class interest, but will include, among others, stress, labeling, racism, sexism, and ageism.
HLTH544	Title	Community Organization and Health Advocacy.
	Prerequisites	Health Education (HLED) MA & CER, Public Health w/conc: Community Health Education (PUBC) MPH, and Human Sexuality Education (HSED) CER majors only or departmental approval.
	Number and type of credits	3 hours lecture.
	Course Description	This course focuses on community-based health organizations (CBHOs) and their functions. Students examine the political and economic management of these organizations, and their role in and future potential for improving health outcomes. They examine the advocacy model of community health and develop strategies and skills necessary to become an effective health advocate. They explore community organizing techniques for health advocacy, with examples of how these techniques have been successfully applied to achieve gains in health policies and practices.
HLTH550	Title	Fundamentals of Geriatrics.
	Number and type of credits	3 hours lecture.
	Course Description	A study of the health and well-being, as well as the diseases, of the aged.

Individual and community attitudes as they affect the health status of the gerian are examined. Contemporary topics such as changing physiology, mental health, sexuality, health maintenance, terminal care and death as they relate to the aged are also investigated.

HLTH551 Title Selected Topics in Gerontology.

Prerequisites Health Education (HLED) MA & CER, Public Health w/conc: Community Health

Education (PUBC) MPH, and Human Sexuality Education (HSED) CER majors only or

departmental approval.

Number and type of credits

Course Description

3 hours lecture. Entails use of seminar approach for in-depth analysis of selected topics in

gerontology. Topics will vary according to class interest, but will include,

among others, ageism, health problems, loss and diminishment, homelessness and

terminal old age.

HLTH555 Title Health Disparities and Social Justice.

Prerequisites Health Education (HLED) MA & CER, Public Health w/conc: Community Health

Education (PUBC) MPH, and Human Sexuality Education (HSED) CER majors only or

departmental approval.

Number and type of credits

Course Description

3 hours lecture.

This course is intended for students interested in working with underserved populations in the United States and internationally. The course helps

prepare students to become leaders in US and international health by

developing their ability to research, analyze, and compare information from

HLTH555 Course Description multiple sources, and guides them in their efforts to improve the health

conditions of those overburdened by poverty, marginalization and social

injustice. Students examine the ways in which multiple forms of

discrimination as well as neighborhood and community factors and inequalities in socioeconomic status interact to influence health behaviors. They explore the impact of access to health care services on health outcomes. Instruction is case-based and focuses on a set of medical problems of relevance to people living at the margins of society. Students work individually and in teams to develop interventions and solutions to the problems addressed in class.

HLTH560 Title Human Diseases.

Prerequisites A basic course in biology. Health Education (HLED) MA & CER, Public Health

w/conc: Community Health Education (PUBC) MPH, and Human Sexuality Education

(HSED) CER majors only or departmental approval.

Number and type of credits

3 hours lecture.

Course Description

Presents a contemporary view of the major infectious and chronic/degenerative diseases with an emphasis on the principles of causation, process, diagnosis, prevention, and management. Important past and present medical developments are discussed in the context of continuing change, methods and inferences of epidemiologic investigation are studied and the implications of ongoing research are considered. Concludes with an instructional component which

addresses methodology and disease specific information resources.

HLTH565 Title

> **Prerequisites** Restricted to Public Health w/conc in Community Health Education (PUBC) MPH,

Foundations of Epidemiology.

Health Education (HLPE) MA & CER and Nutrition and Food Science (NUFS) MS

majors only.

Number and type of credits

Course Description

3 hours lecture.

Provides an understanding of the epidemiologic method of identifying disease-causing agents. Emphasizes the generation of hypotheses based on descriptive epidemiologic data, the testing of hypotheses by analytical epidemiologic research design, the determination of causality and value of epidemiologic research in developing disease prevention programs.

HLTH570 Title Human Sexuality II.

> **Prerequisites** HLTH 290.

Number and type of credits 3 hours lecture.

This course is designed for students who seek knowledge of the ethical, moral, **Course Description**

psychological and biological concepts in human sexuality.

HLTH575 Title The Teaching of Human Sexuality.

> **Prerequisites** HLTH 290. Health Education (HLED) MA & CER, Public Health w/conc: Community

> > Health Education (PUBC) MPH, and Human Sexuality Education (HSED) CER majors

only or departmental approval.

Number and type of credits

3 hours lecture.

Course Description

Provides for the study of instructional methodologies and resource materials pertaining to human sexuality education. Emphasizes curriculum development, teaching plans, resource selection and the role of the teacher in school and

community setting.

Family Planning Education. HLTH576 Title

> **Prerequisites** A basic course in human sexuality.

Number and type of credits

3 hours lecture.

Course Description Provides students with an in-depth study of family planning education. Topics

> include history, methods of birth control, process of decision making, family planning services and methods and materials for family planning education.

HLTH577 Title Selected Topics in Health.

> **Prerequisites** Health Education (HLED) MA & CER, Public Health w/conc: Community Health

> > Education (PUBC) MPH, and Human Sexuality Education (HSED) CER majors only or

departmental approval.

HLTH577 Number and type of credits 3 hours lecture.

> **Course Description** Course provides students with the opportunity to expand their professional

> > preparation and expertise about selected topics in health not covered in other graduate health courses. The selected topics will be based on significant, emerging health problems and issues and new scientific developments and

discoveries. May be repeated once for a maximum of 6.0 credits.

HLTH580 Title Health Policy and Politics.

> Prerequisites Public Health w/conc: Community Health Education (PUBC) MPH majors only or

> > departmental approval.

Number and type of credits

3 hours lecture.

Course Description Provides for the study of politics of health care, health policy issues and

> the health care delivery system. Special emphasis is placed on health policy as it has evolved in response to sociopolitical and economic factors and

expected future trends.

HLTH585 Title Organization and Administration of Health Care Facilities.

> **Prerequisites** Health Education (HLED) MA & CER and Public Health w/conc: Community Health

> > Education (PUBC) MPH majors only or departmental approval.

Number and type of credits 3 hours lecture.

Course Description Analyzes organization and administration of health care facilities. Topics

> include nature of health care facilities, managerial processes, institutional staffing and productivity, social responsibilities, techniques of managerial

innovation, funding sources and health facility legislation. Provides

practical applications of relevant theory.

HLTH586 Title Health Care Facilities and Services for the Aged.

Number and type of credits 3 hours lecture.

Course Description An intensive study of the various health care facilities and services for the

aged. Emphasizes the functions, administrative structure, and financing of

these facilities, and explores accessibility, distribution of services,

utilization patterns, financial assistance plans and health manpower. Trends

in health care facilities and services for the aged are also discussed.

HLTH588 Title Planning and Evaluation of Health Programs.

Number and type of credits 3 hours lecture.

Course Description Provides for the study of the processes and techniques of program planning,

program implementation and program evaluation from a community health perspective, utilizing material from the related disciplines of epidemiology,

sociology, psychology, anthropology, and social work.

HLTH592 Title Controversies in Sexuality Education.

Prerequisites Restricted to MA in Health Education and Public Health w/conc in Community

Health Education and Human Sexuality Education majors only.

Number and type of credits 3 hours lecture.

Course Description This course investigates current controversies in the field of sexuality

education and how they are played out at various levels including within the

classroom.

HLTH601 Title Research Seminar in Health.

Prerequisites HLTH 503 and 528. Number and type of credits 3 hours seminar.

Course Description Provides study of the entire spectrum of research literature in the health

professions field. Includes opportunities for analysis and critique of

selected research studies and synthesis of research findings for theoretical

and practical application.

HLTH603 Title Research Project in Health.

Prerequisites HLTH 503 and 528.

Course Description Provides an intensive research experience for master's degree candidates in

health education. It reflects the culmination of coursework and involves the

completion of a research document. All candidates must satisfactorily

HLTH603 Course Description

HLTH604 Title

Prerequisites

Course Description

complete an oral examination based on the research experience.

Internship and Professional Seminar.

18 credit hours completed in the MPH program.

Students work with an advisor to identify a suitable placement site engaged in health education/public health activities- providing students real-world work experience and opportunity to complete projects that meet the needs of the community agency. Students must complete 6 credits, and can do so in one semester for 6 credits, or two semesters for 3 credits each. Students must attend a course seminar held monthly throughout the semester (or both, if the student elects to complete the course in two semesters). Seminar activities assist them in measuring specific competencies they have selected, problem-solving in the field, developing presentation skills, completing their projects, and presenting their work. The course instructor and on-site preceptor provide supervision. For each 3-credit block, students must complete 180 hours (360 for the total 6 credits). Both on and offsite hours are counted, with specific activities or projects mutually determined by the student and preceptor.

HLTH605

Title

Prerequisites

Course Description

Community Project.

Must have completed all six credits of HLTH 604.

In this course, students continue to enhance their understanding of the roles and responsibilities of public health professional and increase their competency as community health educators. Following completion of 6 credits of HLTH 604, students may elect to complete an additional 3 credit fieldwork experience, carefully selected to provide experiences that reflect the mission of the MPH in Community Health Education program and meet the individual learning and career needs of students, while responding to the real public health issues in the community. Students are linked with community groups that are either planning, want to plan, or have an identified need for a community health education activity. Students may be involved in a variety of projects, including performing community health assessments, producing health education materials, and serving as health educators.

Culminating Seminar.

HLTH606

Title