Clifton Fines Raised

By Patricia Mercorelli

In an effort to eliminate blocked traffic, the town of Clifton has initiated a $50 parking fine for cars parked illegally on Hidden Place and McCosh Road. Vincent Calabrese, vice-president for administration, explained that "approximately 80% of the cars parked there are student vehicles."

The ordinance, passed by the town council, states that parking is prohibited on Hidden Place between Valley Road and McCosh Road as well as McCosh Road between Normal Avenue and Woodlawn Avenue except during specified times. It allows cars to park on alternate sides of the street from 8 am to 11 am on one side of the street.

The ordinance prohibits parking on the northern side of the street closest to MSC on Monday, Wednesday and Friday while it restricts parking on the southern side on Tuesday and Thursday. However, the ordinance does not cover parking during the weekend.

Calabrese explained that since the roads are very narrow the town is attempting, through the alternate side of the street parking, to facilitate traffic flow. He continued, "When cars are parked on both sides of the street, it is impossible for a large car to drive through." Calabrese was confident that the parking restrictions would cause no problems for the college. He stated that "We have a sufficient number of spaces on campus to cover the approximately 50 cars which would normally park there."

Calendar Controversy Continues

By Gene Moore

As a last-ditch effort to have the Winter Session moved from January to May, Angelo Genova, SGA director, Robert Brower, will not hand down a decision on MSC's application for a beer and wine license for its rathskeller before his resignation on March 8. Lerner said that it was Brower's impending resignation that has prompted him to put off making a decision. Lerner explained that, while the new director may not take "immediate" action, the application will be given top priority.

He added that at the earliest, a decision could be made within one week after the new director assumed his duties. However, he warned against premature anticipation of a decision.

STREAKER, MSC STYLE: An unidentified male, clad only in a scarf and cap, raced through the Student Center mall yesterday afternoon to the shock and amazement of the onlookers that gathered. The fond of streaking has adorned college campuses across the nation recently but motives for streaking have not yet been determined.
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Jewish Student Union and United Jewish Appeal College Campaign

 Invite You to View a Film About the Yom Kippur War
Mon., March 11 2 pm
Student Center Ballroom B

MONTCLARION

The Montclarion is published weekly throughout the academic year, except during examination, vacation and Winter Session, by the Student Government Association, Inc., of Montclair State College. The editorial opinions expressed represent those of the editor-in-chief unless otherwise designated.

The MONTCLARION is a member of the New Jersey Collegiate Press Association and is a five time winner of the All-American rating of the Associated Collegiate Press Competition. The editorial opinions expressed represent those of the editor-in-chief unless otherwise designated.

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Barefoot Chinese Women

Pick Up Medical Slack

NJ Easter Seal Radiothon
To Be Aired From WMSC

DeRo To Speak At MSC

By Barbara Charles

"A great many barefoot doctors are women" noted Dr. Gert L. Daniels, biology professor at MSC, who lectured on "Science and Education in Present-Day China" on March 5. Daniels, who spent five weeks in China last summer, discussed barefoot doctors or para medics. Because 80% of China is still rural, there is a great need for these people, he asserted. The barefoot doctors give first aid, acupuncture treatments, and distribute contraceptives. Some specialize in midwifery, he added.

Daniels also spoke of the educational structure in China. Children in China, he explained, attend elementary school at the age of seven and that is where the first five years of schooling takes place.

WHEN THE Great Proletarian Cultural Revolution took place in 1966, however, the upper middle schools and the universities stopped functioning. Some colleges began reopening again in 1970, he added.

When Daniels arrived at the University of Peking last June (which he estimated as a small university with an enrollment of 4300) he found students and office workers in the field helping with the harvest. Daniels learned that the University of Peking had 180 biology students who were divided into six disciplines of thirty each. He also asserted there is no such thing as changing majors.

On further investigation Daniels noticed that there were no textbooks or syllabi, no fixed curriculum. Instead, the faculty held regular meetings "under the auspices of the Revolutionary Committee." He added that presently, however, textbooks were in the process of being made.

Since 1966 the University faculty have been in the same salary class. Daniels stated that the faculty, while encouraged to publish, must have their work reviewed by the Revolutionary Committee. The Revolutionary Committee appears virtually everywhere, he suggested.

IN THE United States, Daniels said he could walk through Chinatown and notice many Chinese children and young adults who wore glasses and yet during his stay in China, a child or young adult who wore glasses was extremely rare. His explanation for the striking difference was that in China, all schools from the first grade on, each child performs programmed eye movement exercises to the sing song tune of a phonograph record. He suggested that these exercises corrected the defects.

Barefoot Chinese Women

Pick Up Medical Slack

NJ Easter Seal Radiothon
To Be Aired From WMSC

By Rosanne Rosty

The NJ Easter Seal College Network Radiothon, the first in the country, will be based at Montclair State College, according to Charles Hecht, general manager of WMSC.

According to an Easter Seals release, the radiothon, the brainchild of Smith, will work in conjunction with the 1974 Easter Seal Telethon to be aired over WPIX-tv (New York) and WPNL-tv. The project, which will benefit crippled children and adults, will start at 6 pm Sat., March 30, and end at 8 pm Sun., March 31.

LOCAL merchants will be asked for contributions. "Possible examples are a pizza parlor giving away a pizza every half hour and a barber shop giving away a styling job," Hecht said.

In return for their gifts, "the merchants would get free advertising over the nine stations during the radiothon and their gifts would be tax deductible," he added.

HECHT, WHO is serving as technical director of the radiothon, related that "the telethon will be viewed all over the country, but only this area will have a radiothon." He added that the radiothon will be aired throughout New Jersey and will be featured on the telephone.

"WMSC is considering raffling a stereo system to raise money for Easter Seals," Hecht said. There is also "a slight possibility of having a live concert over the air from the J oint in the Woods," a Parsippany-Troy Hills club, Hecht stated.

Sealed Contract: ABC radio DJ Frank Kingston Smith and WMSC music director Doug Santilli finalizes plans for the Easter Seals Radiothon to be based at Montclair State March 30 and 31.
The MAJOR THEATER SERIES Presents

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March 13, 14, 15, 16 at 8:30 p.m.
March 15 at 2:15 p.m.
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BOX OFFICE NOW OPEN
Consumer Bureau To Aid Students

By Susan Koenig

The Consumer Action Bureau (CAB) has decided next week Student Consumer Week. CAB will run a concession table on the second floor of the Student Center to introduce their services. To make students aware of their role as consumers, to investigate campus and community goods and services and to recommend courses of action for consumers are some of the objectives of CAB, a new campus group which had its first meeting last Thursday.

CAB, funded by the SGA, grew out of a class offered by Montclair State College's home economics department, under the instruction of Lois J. Guthrie, associate professor of home economics and advisor to CAB. NARY ANN Rizzio, CAB director; Peg Zabody, CAB consumer information chairman; Linda Brandimarte, CAB investigative committee chairman; and Stephanie Monti, appropriations chairman, originally looked into joining the Ralph Nader inspired Public Interest Research Group. PIRG is a student funded, nationwide program run by a professional staff of lawyers, economists and organizers with headquarters located in Washington DC. Presently more than 500,000 college students voluntarily support PIRG with $1.1 million.

Chris Burke, PIRG executive director, spoke with the CAB nuclear group and according to Rizzio, he came in and told them they could “take care of this and that.” “Projects were thrown into our laps that we, as students, wouldn’t even have any interest in,” Rizzio complained. She explained that eventually they might get into PIRG but they would like to have enough power to have a say in what is being done.

According to Rizzio, the CAB office, located on the fourth floor of the Center, will be selling 10 cent stamps as an introduction to their services. CAB office hours will be 9 am to 5 pm, Monday through Friday.

ELLiot M. Baumgard, SGA attorney and an active member of the NJ Consumer Action Board, has offered his services to the CAB group. Peg Zabody will be heading a committee to put out a newsletter called “Peg’s Pointers” which will handle current consumer news on the campus, local and national scenes.

CAB will also put out five pamphlets entitled "Student as Consumer" which will compile the home economics department and other departments’ student findings on consumer products.

Beat CINA

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Starting March 10
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Decals Not The Problem

The new ticketing policies to be instituted on the campus seem to be aimed at tightening up regulations that have been brushed over or ignored in the past. Now a student must have a $10 decal displayed in his or her car window in order to park on campus. If negligent in this, the student faces fines by the local municipality involved.

While non-decaled cars may be the cause of some of the illegal parking problems on campus, i.e., blocking other cars or parking on streets making traffic flow difficult or impossible, it is not the decals that pose the problems.

The difficulties arise when cars are parked in places that provide inconveniences for the rest of the campus, period; whether they have a decal or not.

Instead of merely focusing on a small segment of the campus auto population, current regulations regarding ticketing should be more strictly enforced. Stiffer penalties should be imposed on those cars which violate the existing rules.

Keeping track of autos and their owners may serve the purpose of moving a car quickly when necessary, but this does not solve the source of the problem - that the car is there in the first place.

Beats Goldfish

The new campus craze of "streaking" - racing sans garments in view of as many people as possible - has hit MSC.

The act, however, is deserving of much more careful attention than that. On page 62 of the Feb. 23 edition of The New York Times, the incident is labeled as "...the first terrorist group to run amok...This is, of course, grossly inaccurate. There have been "terrorist groups" actively at work in the country at various intervals of American history. A few examples that come readily to mind are John Brown's Army during the days of slavery, the Black Liberation Army, which the police say crosscusses the whole country and the early American anarchists. Not to mention more recent historic groups as the now more double Weathermen. They are not mentioned too often in the history books that the ruling classes infiltrate into the school system but these groups have existed nonetheless, in response to valid complaints.

The Symbionese Army, if indeed such an army does exist, is only one more example of what Lenin called "infantile leftist." As such, they are to be condemned, not from any moral viewpoint but from the viewpoint that their action is not part of any organized movement that is connected with consciousness raising, but would enable the people to rise up in a force of unity, to smash swiftly and completely the capitalist system and give the power to the people, where it rightly belongs.

Of course some good has come out of the act. The Symbionese Army did manage to wrest several million dollars from one of the country's more "comfortable" families and perhaps even more from the poor as an offset by the harm that may come to the movement from such an isolated act.

Gene Bailly

Are Terrorists Frauds?

It is hard to write a column on the recent Harriet Kidnaping that has monopolized front page corners of The New York Times during the last few weeks.

My immediate reaction is that the whole affair is perhaps some sort of plot by the pro Nixon forces in this country to give one corner less of the daily newspapers to the impeachment fury and the latest exposures of Watergate coverups.

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The craze, which sure beats eating goldfish for sport, seems to be growing at college campuses across the country. Streakers have made appearances at athletic events, in lecture halls or wherever they're assured of getting attention.

Such crazes seem to reflect the return of another era - the fifties or the early sixties. Naturally, the craze of streaking, as opposed to stuffing phone booths, takes on a seventies flare of abandonment and exhibition.

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Gary Hoitsma

Apathy: Who’s To Blame?

Joyce Maynard, and renowned feminist, has written in her new book, “Looking Back,” ( Doubleday & Co., 1972), that the one common denominator, in her (our) generation is that the women, are more commonly known as apathy.

Indeed, why is it that so many students today seem so bored, so commonly known as apathy. More than that, why is it that so many students today seem so bored, so commonly known as apathy.

By Dr. Robert Cherry

I have previously argued that the main issue in the Shockey controversy is not academic freedom but the seriousness of academic freedom. The Intercollegiate Studies Institute (ISI) has called for a name-calling against Racism (CAR). The Intercollegiate Studies Institute (ISI) has called for a name-calling against Racism (CAR).

POINTS

How do we know Shockey is wrong? 1. IQ tests have become increasingly suspect for being both culturally value biased. 2. His theory of racial superiority has been thoroughly discreditted in the past and except for identical twins studies, no new information is presented by Shockey.

CAR Fights Racist Ideas

Karen Wagner

Give Women A Blue Ribbon

For years now the epithet “chauvinist pig” has been slung at men; usually it is accompanied with a “male chauvinist pigs.” The meaning is explicit: oppressor.

The Intercollegiate Studies Institute (ISI) in non-profit, non-partisan educational organization that places a premium on the importance in the American tradition of the concepts of individual liberty and personal responsibility, limited government, private enterprise and an objective standard of morality.

If you would like to know more about education, or the type of education you would strongly urge you to attend the ISI informational meeting Wed., March 13, in Meeting Room 2, Fourth floor, Student Center, at 3 pm.

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First, of course, there are those succint, convenient, ready to use epithets.
By Stephanie Valyo

Al Kochka, NJ State Humanities director, presented a visual arts light show and demonstration to students in the Fine Arts auditorium on Feb. 28 at 1 pm. Using a combination of "found" and recycled materials, Kochka demonstrated the importance of audio-visual techniques as a basis for educating the children of today.

"Kids need successful learning experiences," Kochka stressed as he voiced his concern with updating present educational processes. Through the use of instamatic camera slides, overhead projectors, music, and a variety of improvised materials, students who normally do not succeed in academic areas can be taught that learning is challenging and fun.

"DON'T DAMN kids who are not achievers in academic subjects," Kochka admonished the future art teachers who composed his audience. He went on to say that, by using more visual and verbal means in education without the printed word, teachers can reach even non-productive students.

One of the highlights of Kochka's presentation was a series of slides showing reproductions of the works of Vincent Van Gogh, accompanied by Don McLan's popular ballad, "Vincent." The slides were superimposed against a multicolored, moving background, and represented various lines from the song. Using an overhead projector, a color wheel, and 25 cent slides, Kochka turned a simple, creative idea into an impressive light show.

Kochka went on to demonstrate the use of audio-visual aids in the teaching of color theory, interpretation of form, and basic filming techniques. He also showed the importance of using the same stimulus to dramatize subjects other than art, also stressing the use of all types of music to add an auditory dimension to visual techniques.

WILL QUESTIONED about the future of art education, Kochka found it hard to be optimistic. He admitted that art is the first thing to be cut from school programs. However, Kochka stated, by the use of art in the field of teaching methods, it could become the motivational force behind all other educational activities.

"Rubbings" are sketched imprints of engravings, which Altamura traced from Gothic churches during her European study in England last summer on an SGA scholarship. The engravings date from the 13th century, and provide records of costumes, customs and genealogies. Engravings were largely created for family tombs and commemoration of the dead, and the rubbings will be mounted on coffee-like boxes to recreate a certain sense of authenticity. In addition, background medieval church music will augment the exhibit.

EXHIBIT BEAUTY Mia Altamura, senior fine arts major, will be showing her collection of Gothic rubbings in an exhibition—"Rubbings"—in Gallery One in Life Hall, beginning Tuesday, March 12. The exhibit runs through Friday, March 29 on weekdays from 9 am to 5 pm.

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The Mandrake

Wins At Festival

By Hal Plain

"The Mandrake," produced by the Department of Speech and Theater and directed by Jerome Rockwood, has been chosen as one of ten productions from around the United States to be showcased at the John R. Kennedy Center for the Performing Arts part of the American College Theater Festival. The festival, to be held in Washington, D.C. from April 15 - 25, is the culmination of the efforts of 385 colleges and universities in individually judged performances and twelve regional festivals around the country.

W. Scott MacConnell, Executive Producer of the Major Theater Series and the show's designer happily commented, "For this is like the N.Y.T.'s Invitational Golf Tournament and the World Series all at once although for us the score is already in; we've already won!" The following competition is only on the local and regional levels. "The Mandrake," chosen to go to Washington, D.C. from the regional festival, has been judged to be one of the ten finest college productions in the country.

THE SHOW, freely adapted from Machiavelli by Rockwood, is produced in the style of an 1890's burlesque complete with song and dance numbers and a million laughs. Starring in the production are Tony Salerno, Stuart Zaghi, Joseph Desilva, Edward S. Gero, William Goekler, Mary T. Brunen and Dorothy Haydock.

"The Mandrake," is scheduled for two performances, D.C. on April 19th, matinee and evening. The cost and crew have been reduced to three days in the Capitol, April 16th through April 18th. The expenses of the 28 person company will be paid for by the festival and a warm-up benefit performance of the production will be held at MSC on Sat., April 13th. "The Mandrake" is the first production of the speech and theater Department's newly inaugurated Major Theater Series.

Andrews Sisters

By Tom Malcolm

Besides enriching the music world with her own unique talent, Bette Midler has resurrected interest in the Andrews Sisters. Not content to sit back and collect royalties from Midler's remakes, the Andrews Sisters (now just Patty and Maxine, LaVerne died in 1973) have returned to the limelight with "Over Here!" This new nostalgia musical "Don't Sit Under the Apple Tree" to American troops; in this production, Patty sing of the horrors of clap in an outrageous number entitled "The VD Folks."

"Back in Limelight"

by R. McCullough

"Oedipus Rex" in the presence of Dr. Donald McDonald of the speech and theater department. "The question here is why Sophocles' play can't miss being a smash hit," McDonald, the director of the upcoming production of Greek tragedy, speaks enthusiastically about the rehearsals by h 34 member cast and the production which will be innovative in its use of a modern prose translation by Bernard Knox. The play is being performed as part of the speech & theater Major Theater Series in Memorial Auditorium March 13-16 at 8:30 p.m. with a 2:15 matinee on Fri., March 15.

The effect of the prose translation is an important point to speculate. Too often changes can deprive an audience of a play's authenticity. But Dr. McDonald's opinion is to the contrary. "The classic plus the translation plus the language of Sophocles is what they clarify the tragedy," he stated. "It is still lofty dialogue without the obviousness of the modern production."

He continued that "student productions too often stress spectacle, the music, the choreography, the production..." He added, "A role is a real role with real characters. You start from set and then enlarge it, like cinematicole." The show's designer happily commented, "For this is like the N.Y.T.'s Invitational Golf Tournament and the World Series all at once although for us the score is already in; we've already won!" The following competition is only on the local and regional levels. "The Mandrake," chosen to go to Washington, D.C. from the regional festival, has been judged to be one of the ten finest college productions in the country.

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features the pair as the DePaul sisters, an unsuccessful singing duo in the World War II years waiting for that "big break." Duos just don't make it, they seize every opportunity to spoof themselves and yet they don't, and are glorious as they recall their heyday, just slightly colored with naughtiness; they look like anybody's partner. This search is made more easy by the Andrews Sisters. "The Andrews Sisters" sang, an outrageously number entitled "The VD Folks.""Jena Siek almost succeeds in stealing the show right out from under the Andrews with her riotous clowning, the production of "The Andrews Sisters" is caused by a German spy, a German who communicates with Berlin via her parasol, by selling her for a boy, stolen to be melted down for ammunition, Mitzi is eventually discovered," she stated. "BUT HERE the first problem arises," relates McDonald. "Choreography, scenery, as opposed to the presence of the Andrews Sisters." At one time the Andrews Sisters sang, an unsuccessful singing duo in the World War II years waiting for that "big break." Duos just don't make it, they seize every opportunity to spoof themselves and yet they don't, and are glorious as they recall their heyday, just slightly colored with naughtiness; they look like anybody's partner. The Andrews Sisters have returned to the limelight with "Over Here!" This new nostalgia musical "Don't Sit Under the Apple Tree" to American troops; in this production, Patty sing of the horrors of clap in an outrageous number entitled "The VD Folks."

BY TOM MALCOLM

"Back in Limelight"

by R. McCullough

"Oedipus Rex" in the presence of Dr. Donald McDonald of the speech and theater department. "The question here is why Sophocles' play can't miss being a smash hit," McDonald, the director of the upcoming production of Greek tragedy, speaks enthusiastically about the rehearsals by h 34 member cast and the production which will be innovative in its use of a modern prose translation by Bernard Knox. The play is being performed as part of the speech & theater Major Theater Series in Memorial Auditorium March 13-16 at 8:30 p.m. with a 2:15 matinee on Fri., March 15.

The effect of the prose translation is an important point to speculate. Too often changes can deprive an audience of a play's authenticity. But Dr. McDonald's opinion is to the contrary. "The classic plus the translation plus the language of Sophocles is what they clarify the tragedy," he stated. "It is still lofty dialogue without the obviousness of the modern production."

He continued that "student productions too often stress spectacle, the music, the choreography, the production..." He added, "A role is a real role with real characters. You start from set and then enlarge it, like cinematicale." The show's designer happily commented, "For this is like the N.Y.T.'s Invitational Golf Tournament and the World Series all at once although for us the score is already in; we've already won!" The following competition is only on the local and regional levels. "The Mandrake," chosen to go to Washington, D.C. from the regional festival, has been judged to be one of the ten finest college productions in the country.

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Squaws Capture State Championship

By Renee Rovelli

Only the strong survive. That proverb proved to be the case as the Montclair State women's basketball team defeated a weak Glassboro State squad in order to win its third team. The victory was also the first in four years.

The 61-53 victory was the product of what Coach Cathy Paskert called "pressing defense and definite height advantage" emphasized by the rebounding of Elizabeth Bistromowitz and exceptional ball handling of Annette Fuller.

THE SQUAWS loved early in the first quarter when they broke a 3-3 deadlock with six straight points. Randi Burdick, impressing the large crowd at Seton Hall with her quickness, stole the ball and returned for a layup. Bistromowitz coasted in for a layup and Fuller netted a jumper to clear the path for a MSC victory. It was smooth sailing from there on as Mary Jean Hayek and Bistromowitz chipped in baskets and foul shots, along with Burdick's jumper at the buzzer to give MSC a 19-8 first quarter lead.

The momentum continued into the second quarter as bad passing by GSC added to their decline. JoAnn La Vorgna, with a spurt of power, fired in three jumpers and Anna Melnyk added two baskets which were the results of well-executed plays. Mary Jean Hayek's shot with 12 seconds left in the first half handed the Squaws a 34-21 edge.

THE ACTION in the third quarter was provided by Fuller, who connected for four baskets and two free throws. Melnyk and Bistromowitz continued to tire the Profs with their speed and rebounding as the Squaws stretched it to a 50-36 lead.

GSC, only trying to muster some power, shortened MSC's lead to nine points. But the Squaws never learned and with baskets by Roberta Vaske, Fuller, and Burdick, regained a 56-41 edge. Glassboro State, still refusing to give in, began to connect and shortened the lead to 56-51. Nevertheless, the Squaws proved as Burdick and two free throws and with 12 seconds remaining, the Squaws' prowess with La Vorgna scoring 10 points.

Paskert said, "I was confident that the girls would win and have little trouble doing so." This was evident as the Squaws had four players in double figures: Burdick, Fuller, and Bistromowitz each had 12 with La Vorgna scoring 10 points.

The Squaws will be entering the Shore Division Tournaments beginning Wednesday, March 6. They take on Tulane at Rutgers University, New Brunswick. Immaculate, the No. 1 team in the country is entered in the same bracket.

Baseball Team Tries To Break Blue Devil's Hex

Last semester a group of Montclair State students challenged the Jersey Blue Devils to a basketball game on the Devil's own terms: in wheelchairs. The students made more traffic jams than baskets and lost 53-46.

Now, as if they hadn't learned anything another contingent of students, this time the MSC baseball team, will meet the Devils for the second time. The rematch is set for Wed., March 13 in Panzer Gymnasium at 7:30 pm. Admission for MSC students is $1 dollar.

THE DEVILS are a newly formed team of paraplegics and amputees that play several exhibitions against college teams and other wheelchair squads. They hope to enter a league next year. They are led by Mike Leonl, a possessor of some of the best moves ever displayed at Panzer. Leonl stunned the spectators at the first game with a game high 26 points.

Stu Richter, who will be appearing against the Devils for the second time, referred to the first contest as "a barrel of fun." The proceeds of the match will be divided up between the Devils and the baseball team's funds for their trip to Florida.

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15% Off Parts With This Ad
By John Delery

To cry over the officiating would be like crying over spilled milk. But the call against Steve Strellner and a few other questionable calls were the worst I have ever seen in all my wrestling career. We were beaten by bad luck not bad wrestling..."

That's how Coach Larry Sracchetano summed up the way his MSC squad was treated in the National Wrestling Championships held at Wilkes College this past weekend.

The call which Sracchetano was most concerned with came in the semi-final contest between Strellner (177) and Brockport State's Frank Calabria, the eventual champ. Strellner went into the third and final period losing 2-1. Then with about 30 seconds remaining he put his man on his back for two apparent near fall points but the referees did not see eye to eye on this decision.

The mat chairman (who was not even looking at the timelapse) did not award Strellner the points and what seemed to be a 3-2 victory was suddenly a 2-1 loss. Strellner had to settle for fourth place instead of a shot at the first position.

There were other questionable calls against Craig Spencer and Oscar Zavala which turned the entire match around. "The Strellner call was the one that cost us second place. Wilkes had it wrapped up before then but we lost all chances with those decisions. I have never witnessed a day where everything just went wrong," Sracchetano added.

The weekend had started off in grand fashion as the Indians pushed their way through the opposition to rack up 47 points and take the early lead. But then came the semifinal round on Saturday when all of MSC's hopes went right down the drain.

By John Delery

MSC's College Division III Champ Nabil Guketlov (Top) controls John Craddox of Trenton State in semifinal action at the National Championships in Wilkes Barre, Pa.

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By John Delery

Women's fencing may not be a big team sport which is followed as closely as wrestling or basketball team, but with their undefeated season, they're making a name for themselves.

"Did I expect to be doing this well? Yes! With the returning varsity letterman, we have a very experienced team," said women's fencing coach, Domenica Desiderio. After the Squaw's racked up their seventh straight victory with no defeats, 13-3, over Lehman College.

Nancy Murray is consistently dominating play, as in past meets, while the fencers continue to perform as smooth as newly oiled machinery.

This past weekend, MSC was involved on a quadangular tournament held at William Paterson College, in which they accumulated three easy wins.

The Squaw's defeated host Paterson, 10-6, while outclassing Fairleigh Dickenson University of Teaneck, 11-5 and shooting down Buffalo (NY) State, 12-4.

Mary Lou Caffarra led the Squaws with a combined 10-1 record, losing only in the Buffalo State match, while teammate Nancy Murray registered nine wins while dropping one.

Ref's Blow the Whistle on MSC's Title Hopes

By John Delery

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Fencers Start Off Fast

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Indians Strain for Title

By Rich Keller
What in Upper Montclair, New Jersey, could possibly entice such big universities as Texas, Penn State, LSU, Washington and Arizona, to come to little Montclair State College? None other than the National Weightlifting Championship, which is to be held in Panzer Gym this weekend.

After placing fourth as a team in last year’s championships, held at York College (York, Pa.), the MSC lifters, including an olympic athlete and numerous national record holders, “decided that we would win the national championship next year”.

NOT THAT the championship is right around the corner, the tension, the arguing and the bickering have all reached a peak, as the lifters workouts have become dead serious business.

Their three weekly workouts have been increased to six a week, as the athletes now work to perfect their speed, flexibility and lifting technique.

Berry Hennis, MSC weightlifting advisor and National Collegiate Weightlifting Chairman, described the pre-requisites for a championship weight lifter as being “the strength of a bull, the flexibility of a ballet dancer and the quickness of a cat.”

One of the MSC participants, standing nearby, interjected that “explodiveness, speed of limb movement and mental discipline were also essential.”

IN WEIGHTLIFTING, there are nine weight classes and MSC will have their 12 lifters participating in all save two (114 lb. and 123 lb.). All the preparations for the weekend competition were done by the Physical Education Major Club. Aside from setting up the chairs, platforms and other various equipment, which is to be put in the warm-up room, 50 lifters preparing for their events may see the competition taking place in the main gym.

Not only will there be weightlifting but also the Collegiate Mr. America physique contest. The contest winner will be the one with the best muscle size, symmetry and definition, as well as the one who interviews the best.

MSC WILL have one representative, George Wetzel, entered in the Mr. America contest. “We want a National Championship and after 12 months of hard work, we’re ready,” Hennis explained.

Wayne Guarino

By Tony Cafiero
“My goal is to participate in the Olympics, I am sacrificing a job and a social life to reach this goal. I have to totally dedicate myself or I’m never going to succeed.”

The man is 21 year old Wayne Guarino. A mere 163 lbs carried on a 5’8” frame, Guarino has a tremendous burning desire to succeed and the kind of sheer determination that only the best of athletes possess. Guarino and the rest of the Montclair State weightlifting team have set their sights for nothing less than a first place finish this weekend (March 9-10) when they take part in the 13th National Collegiate Weightlifting Championship to be held in Panzer Gym.

“Our chances of winning are very good,” Guarino confidently stated. “Penn State will be our toughest competition. They came in first place last year while we came in fourth.”

Guarino’s career started at the age of 16 when he casually lifted “just to build myself up.” Then came the 1972 Olympic Games which he viewed on television and Guarino decided that weightlifting was the sport for him. “The speed and strength involved impressed me,” Guarino continued.

MANY PEOPLE might think that a weight lifter has to stick to a specific diet with special nutritional value to keep oneself in the utmost physical condition. Guarino puts it this way, “I eat everything and anything I’m Italian.”

Backed by roccol and Isagana, Guarino is able to work out three times a week for three hours at a time. When asked if he gets any special enjoyment from his sport, Guarino answered, “The most satisfying moment for me is when I surpass one of my previous lifts.” His personal records are 305 pounds in the clean and jerk and 245 pounds in the snatch.

Guarino psyches himself up by constantly telling himself that his hard labor and many sacrifices are just stepping stones to his Olympic dream. Last month, Wayne took a small but important step to his guaranteed goal when he took first place (165 lb. division) in the Camden Novice Meet and was awarded the prestigious Best Lifter Trophy.

The Indians are hopefully and confidently looking forward to this weekend, a first trophy anxiously beckoning them to come and claim it. There will also be a determined young man representing MSC with great visions of his possible dream coming true.

Guarino To Give MSC
A Big Lift In Tournament

MSC WILL have one representative, George Wetzel, entered in the Mr. America contest. “We want a National Championship and after 12 months of hard work, we’re ready,” Hennis explained.

Wayne Guarino, shown in practice here, will be counted on at the National Weightlifting Championships this weekend.

Pro Teams to Join Strength Symposium

By Chris Natoli
Can drugs increase one’s strength? How valuable are carbohydrates and protein supplemented diets, when one is trying to increase his strength?

These and other questions pertaining to strength training, will be analyzed during the First National Strength Research Symposium to be held this Fri., March 8 under the direction of Dr. Leon Smith, of the MSC Physical Education Department.

The discussions will start at 8:45 am in the Student Center Ballroom and continue throughout the day.

THE PROGRAM has drawn both local and nationwide interest. Brendan Byrne, New Jersey governor, has sent a letter of welcome and support to the participants and organizers of the event, while the Houston Oilers, Washington Redskins, Buffalo Bills and San Francisco 49’ers will send representatives. The United States Military Academy at West Point and the Army Strength Research Team will also be represented.

“It occurred to me that since MSC was hosting the weightlifting championships, a strength symposium would be well attended if held just prior to the contest,” Smith explained. “Weightlifting has proven to be one means of increasing athletic skills through joint and limb strengthening and injury prevention,” he continued.

“Recently there has been an intensafied interest by females in the area of strength,” explained Smith. “For example, Gail Fitzgerald, an MSC student and a recent record breaking member of the U.S.A. relay team, was enrolled in a weight training program and speaks highly of it as a pertinent training effort which aided her success.”

SMITH EXPLAINED that the aim of the symposium is to “translate recent theoretical findings into practical implications for teaching and coaching men and women on both the college and high school levels.”

He asserted that the same principles are applicable for both males and females, with men performing more stringent exercises.

“I’ve been working with the MSC weightlifters, teaching them various methods of strength training and I’m impressed by their enthusiasm in adopting the exercises and their improvement. Phil Griepaldi an MSC weight lifter, will be demonstrating different lifts while Cuban coach explains them,” Smith continued.

PROBLEMS RELATING to fatigue, drugs, diet, warm-up and practice schedules will be covered including the effects of amphetamines, caffeine and the new method of isokinetics.

Smith will be presenting his research on myostatic stress reflex and its influence on increasing static strength.

Extremely happy that an audience of 200 or better will be attending the symposium, Smith feels it will be a worthwhile experience for all coaches, teachers and students who have invested in the registration fee and are going to attend.