Wilkes addresses drug issue

By Tom Boud

Sports pressures, drug, and discipline were topics discussed by former Los Angeles Lakers basketball player Jamaal Wilkes, who spoke Tuesday in Student Center Ballrooms A&B.

Wilkes began by saying that the start of his basketball career was the result of his perseverance. "I was stepping out into that big unknown. Many people said I was too frail that I wouldn't even last a year or two."

Wilkes stressed that he managed to focus on societal turmoil and personal turmoil to refuse drugs. "All drugs do is frustrate me. These are players with six digit salaries."

Wilkes added that he personally disfavors drug testing because the athlete's rights would be subject to abuse. "A guy chooses drugs over big money, I can't understand that. It frustrates me. These are players with six digit salaries."

Wilkes concluded by urging the audience to refuse drugs. "All drugs do is frustrate me. These are players with six digit salaries."

Alcohol Awareness Week

By Kirsten Dawn Cipri

The week of October 20th is the third National Collegiate Alcohol Awareness Week. Three thousand colleges and universities around the country, including MSC, are urged to get involved next week. Sheila Lynch, spokesperson for the Awareness Week said, "The effort we are stressing is that we want college students to be responsible consumers of alcohol. Know what you are drinking. It does not matter what the drink is; it all contains the same amount of alcohol. A 12 ounce serving of beer, five ounces of wine and 11 ounces of spirits contain equal amounts of alcohol.

Last year it was estimated that 59% of Americans are aware of this fact. A few common sense drinking survival tips recommended to college students are:

1.) One American dies every 35 minutes in an alcohol-related traffic accident. Don't drive after a tailgate party or happy hour, no matter what type of drink was consumed.

2.) Never drink on an empty stomach. Solid foods, especially those containing milk, slow down the absorption rate.

3.) Each person's tolerance rate is different. Don't be pressured to keep up with your friends, or vice versa.

4.) Mix your own drinks.

5.) Know yourself and your mood. It can influence you reaction to alcohol.
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Wednesday, October 22, 1986

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Montclair State College

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* Meet with attorneys from the Young Lawyers Division of the New Jersey State Bar Association.
* Receive LSAT Information.

PANEL DISCUSSIONS Room 419
9:30-10:30 a.m. Choosing a Law School
2:30-3:30 p.m. Applying to Law School: Financial Aid, The Personal Statement, The Admissions Process

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This event is made possible by a grant from the Aaron and Rachel Meyer Memorial Foundation, Inc.

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The School of Humanities and Social Sciences Dr. Phillip S. Cohen, Dean.
Officer Johnson suffers fatal heart attack

By Linda Longo

A MSC security officer died on Oct. 13 while on duty Monday morning. At 9:30 a.m. William Johnson, 52, suffered a fatal heart attack at the dispatch desk of the MSC police headquarters. He was pronounced dead on arrival at Mountainside Hospital.

On Oct. 9, a female student reported that at 8:00 p.m. Sept. 30, she had been assaulted by two males as she walked past College hall on the way to the Drop-In Center. The two males had made comments to her before suddenly grabbing her. The student said she managed to kick and punch one of her assailants before they let her go.

A 1980 Volkswagen, valued at $2,000, was reported stolen from Lot 21 on Oct. 11. The car has not yet been recovered.

On Oct. 12, a 1979 Cadillac stolen from Hackensack NJ last March was recovered in Lot 13 at 12:15 a.m.

One textbook and two notebooks, valued at $37, were stolen from a table in the Student Center Cafeteria on Oct. 9. The student claimed to have left the books unattended for approximately ten minutes at noontime.

On Oct. 10, a wallet was stolen from a student's unattended purse in a Student Center Annex classroom. The student later reported finding the wallet missing three dollars.

Five locks were found cut in the women's lockerroom in Panzer Gym on Oct. 8. An attempt was made to cut two other locks.

Several bathing suits were stolen from the lockers in the Panzer Gym women's lockerroom on Oct. 13. The locks had been cut off and the bathing suits had been stolen.

On Oct. 8, several females reported to the Library staff that a suspicious male was following them in the library. The Library staff alerted the police, who spoke to the male. The man told police he was a graduate student but could not offer any proof.

Meditation can help to overcome stress

By Regina Slavinski

Carole Schaffer, a private therapist, demonstrated two meditative techniques to combat stress at the Women's Center lecture last Wednesday.

According to Schaffer, the Progressive Relaxation Technique uses the muscles for immediate relief from anxiety. People should first close their eyes and let their arms hang loose from their sides. Alternating the right and left arms, they should lift one arm in front of them and make a tight fist, and release it by slowly opening the hand.

The Autogenic Relaxation Technique uses the mind to rid the body of anxiety. With eyes closed and arms at sides, concentrate on peace and warmth while gradually experiencing a heaviness in both arms. After a few minutes, they should open their eyes slowly. Schaffer encouraged participants to arrange schedules so that meditation is a high priority. People should discipline themselves into using the techniques an hour each day to ensure results.

Schaffer explained that stress is a fear of losing control, yet for some people, trying to regain that control creates more stress. "It's a self-perpetuating cycle. You get a sense of powerlessness."

"It's essential for people to have anxiety to grow. But at extreme levels, bodily harm and even death can result if stress is not dealt with properly."

People use medication to conquer anxiety. This treats the symptoms without providing a way to deal with the causes and overcome it, she said.

Schaffer also described a cognitive behavioral approach to stress that involves getting to the root of anxiety by associating it with something tranquil and soothing.

SGA News

By Mike Heelan

During last night's SGA meeting, the recent alleged assault of a female Blanton Blanton Hall resident was brought to the attention of the legislature. According to Robin Miller, director of residence life affairs, campus police are presently investigating this matter.

In other news, Mark Brancato, SGA President, emphasized that fireworks will appear during halftime of the Homecoming football game. The game is this Saturday night against William Paterson College at 8:00 p.m.

According to SGA legislator Perry Schwarz, campus police plan to add a fifth shuttle bus driver. With this new addition, there will be at least two buses operating daily between 8:00 a.m. and 10:00 p.m. Any student waiting more than ten to fifteen minutes should inform campus police at 893-5222. In addition, campus police are now accepting job applications for the escort service.

However, Schwarz stressed that the escort program is presently available for those students wanting to take advantage of it and may call for an escort at the campus police.

To conclude, the SGA went into emergency legislation with regard to the Pre-Law Society. The SGA granted a Class II charter to this organization for the academic years 1986-1988. Also, $650.00 was appropriated to this club for its' annual Law Day. This event is scheduled for next Wednesday, Oct. 22, 1986 in the student center ballroom and is open to all students.
Pepperdine University School of Law

wishes to announce that an admission officer will be on campus to speak with anyone interested in pursuing a legal education. To arrange for an interview or to attend a group session, contact the office listed below.

DATE: Wednesday, October 22, 1986
CONTACT: Career Planning & Placement Office

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The Montclarion/Thurs., Oct. 16, 1986

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Eye on MSC
Lip Sync

Janet Jackson (left) took first place in the solo competition by being "Nasty." Mike Weinstein (below) leads the band Metallica in the heavy metal performance.

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COST: Students $50.00 Non-students $100.00

REGISTRATION: Oct. 8-23, Student Center Lobby and HRO Office, Rm. 122, Student Center Annex.

HRO is a Class I Organization of the SGA.
We, the Brothers of Phi-Alpha-Psi, would like to sincerely congratulate our newest Brothers: Tony Bavaro, Mike Dispoto, Steve Erich, John Heinemann, Sean O’Leary, Ed Quigley, and Chris Wengiel, in joining the ranks of Senate. Welcome to a lifetime of Brotherhood.

The Men of Senate
Invincible Mets head for Series!

New York Mets fans, rejoice! The time has come. We can now wear our Mets jerseys and hats with pride. No more ridicule shall be cast upon us. We're no longer outcasts, misfits. As one Met fan shouted in ecstasy at the clinching of the National League pennant, "I'm not a loser anymore!"

Yes, the Mets are now, officially, winners. This was assured when they defeated the Houston Astros four games to two in the National League Championship Series.

For those of us who have watched and waited and struggled and suffered through 13 dismal seasons, clinging to the dim hopes that Felix Millan, Ed Kranepool, Jon Matlack, Jerry Koosman and the likes would bring us a reason to cheer, we are now vindicated. Most of us are grown-up ex-teenyboppers who followed the Mets when they were (and because they were) lovable losers. We couldn't help but fall in love with a team of nice guys who had decimated futility records all through the mid-to-late seventies.

Now, however, our perseverance has paid off. And, in a world where reasons to feel proud are slowly dwindling, New Yorkers/New Jerseyans can be proud of the New York Mets, the lovable (ex-)losers from Shea. And for another week-and-a-half, Mets fans have reason to cheer—now we have one reason to feel good about a rotten day. Because the Mets continue to bring some excitement into the lives of the people we spend to their summer's hoping the boys from Shea wouldn't lose 100 games in the season.

But now we can look ahead with pride, and look behind with pride, for that matter. The Rathskeellar, as it was this week, will be filled with people who share a common interest of wanting to see a World Championship baseball team in New York. Baseball at Shea Stadium and Fenway Park (home of the American League champion Boston Red Sox). REAL baseball fields with REAL grass. The tradition of Fenway, The Green Monster, Tom Seaver (although he's on the wrong team this time). Enough to give any true baseball lover chills.

The Mets are going to the Series! The Mets are going to the Series! (Alas, it doesn't quite match up with "The Giants win the pennant! The Giants win the pennant!" It will have to do.) That very thought is joy enough for any Mets fan who knows what waiting is all about. Well, that waiting is now over. As one fan exclaimed as the conclusion of the Mets' 7-6 win last night, "Now knowing a Met fan would eventually pay off! I just knew it!" This was written by Jim Nicosa, although he's Editor-in-Chief, is still the Sports Editor at heart.

Lies and the American psyche

BOSTON—This is how the morning begins. In my role as an angry consumer, I call Mr. Blank for the 12th time this month. His secretary, who recognizes my voice by now, tells me: "I'm sorry, Mr. Blank is in a meeting."

I know the secretary is lying: (1) She is not sorry and (2) Mr. Blank is not in a meeting. She knows that I know she is lying. I know that she knows that I know.

What do I say to her? "Liar, liar, pants on fire?" No, I say to her, "When will he be out of the meeting?" She then lies, "(3) I'm not sure but (4) he'll be glad to call you back." There we go. It is only 9:15 and I have already logged in the first four lies of the day. Or, maybe I'm not counting right. What about the ad on the morning show starring an auto salesman (5) tauntingly giving away his autos for a song? What about the billboard en route to work promising (6) high living with low tar? Are we on a roll here?

Ordinarily, I do not get worked up about routine daily lying. Ordinarily, I do not get worked up enough. Like most of us, I have become desensitized. Indeed, I am apt to blame myself if I am foolish enough to believe the sign that offers (7) One Hour Dry Cleaning, or the cream that promises (8) younger-looking skin. It is only children, after all, who are allowed to be gullible. They are expected to switch to private lies still carry the pain of betrayal into adult life, but adults are expected not to take public lies personally.

What has brought me out of this normal adult stupor and into a state of high consciousness is not just Mr. Blank, to whom I would like to say blankety-blank. Nor is it his harried secretary, to whom I wish a new job. It is rather the Disinformation Brigade at the White House. Ever since the report that the Reagan administration planted false stories in the media last August that (11) mad dog Sadat was on the rampage again, I have felt something stirring the old embers of outrage. It is no surprise that this report carried the by-line of Bob Woodward. His newspaper lineage goes back to the last time the general public seemed to get upset at a government lie: Watergate. But since then, many of us have grown terminally tolerant of "mis" and "dis" information.

Today, it appears that we are actually fond of government hype, as long as it is in a good cause. We demand less evidence before we buy (12) An All-New Drug Crisis! than a New and Improved detergent.

In diplomatic-speak, we expect the government's tongue to be somewhat forked. When the President denied (13) there was a connection between the release of Daniloff and Zakharov, he was treated like a baileaguered CEO reading a press release written by his lawyers: (14) "The radiation is well within acceptable limits." What else could he say? The truth?

The sociologists will tell you that government lying destroys the fabric of public trust. But as I sit here waiting for Mr. Blank, I harbor a reverse theory, that the fabric of everyday lying is the perfect environment for ripening the government lie.

Glazing over the endless parade of smaller lies, we build up a kind of immunity to the big ones. (15) The computer is down. (16) We'll send that out today. Our experiences with business life are so wearing that eventually we even relate to the government more like consumers than citizens.

They are the advertisers. We are the buyers who must beware. They are the salesmen. We are the ones sold a bill of goods. We are, as jazz musician Dave Frishberg puts it, "marooned in a blizzard of lies" and (17) the check is in the mail.

What we need, I suspect, is a daily dose of intolerance for falsehood. We need to get used to being lied to. To call people on the little ones. (18) Dry Cleaning. (19) Seven Days to a Slimmer You! (20) "This may sting a little"—so they don't roll into the big black ones. For, one, am going to begin with Mr. Blank today. Just as soon as he gets out of his meeting.

Ellen Goodman is a syndicated columnist.
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- Help me, I need a typist-I'll pay. Please call 523-3121 after 9 p.m. Thank you.
- Single graduate student willing to help me out last week. I really appreciated your friendship. Love, Di.

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Register at Career Services
Student Center Annex, Room 104
For Interviews
David Byrne examines the bizarre truth of life

By John Tibbetts

How do you define "strange"? Well, however one defines the word, I personally consider it strange to try to explain a film-cum-edy like True Stories however one defines the word, I personally consider it strange to try to explain a film-cum-edy like True Stories.

Byrne found inspiration for True Stories in his collection of human interest pieces culled from tabloid newspapers. Set in the fictional town of Virgil, Texas, as it prepares for the state's 150th anniversary, True Stories depicts everyday life, concentrating on the unique details which make ordinary people special. True Stories criticizes many aspects of the way we live. Byrne does so by taking us to a computer factory, new housing developments, highways, endless empty fields, a nightclub, several people's houses, a church, a mall, a fashion show, a magician's house, and finally, to a talent show. Along the way, he introduces us to many different kinds of people. Each setting becomes the springboard for Byrne's satirical commentary. The fashion show, for example, shows us how we let ourselves be talked into buying all kinds of junk, by poking fun at the ridiculous and arbitrary standards of fashion.

Byrne, along with his fellow Heads, composed the film's soundtrack. One of the highlights of the movie was the sermon, where the preacher and chorus sing "Puzzlin' Evidence." This is a satire on the excessive concentration of American culture in the past few decades.

Overall, Byrne seems to wonder what good freedom and justice are if we forget the meaning of love. The song "People Like Us," which opens the talent-show by lead actor John Goodman, proves this to be true. It is impossible, however, to give a comprehensive interpretation of the movie's messages. Each viewer will probably find a different way to interpret True Stories.

The surprise hit of the Major Theatre Series' 1986-87 season. This musical parody of Shakespeare's bawdy farce. The romantic adventures of the female ingenue and the antics of two neighborhood gangsters provide additional fun and serve to keep both plot and characters on their toes. A Talking Heads fan will find that many of the issues attacked in the band's past recordings. But, whether you were a fan or not, you know that there are two recordings of True Stories. One is from the movie itself; the other one is by the Talking Heads themselves. Also, the film's release will be preceded by an illustrated Pequin book, written by Byrne, also titled True Stories. The film will be released by Warner Brothers later this month.

The Montclarion/Thurs., Oct. 16, 1986 9
classified

Chuck N.- Your antics are both annoying and immature. We're sick of it! Grow up! Signed, Some Greek girls.

-John R. from TKE: Be careful- the fat sister from AIX wants your body. You have my sympathies.

Mark J.B.- I want to be more than a friend of a friend! -Christa Define which one.

-Do drinking terrorists keep you up at night? Fear no more PEACE THROUGH PERRIER is coming soon. Yuppies unite!

-Hey Oren, I know who has "the" Gavel. Wannabe.

-Don't remember? Here's some hints-10/9. S.C. Caf., you were on your way to work and were wearing blue underwear!

-How quickly 10 minutes becomes an hour when you're with someone you love.

-Desperately seeking Sue who called on the 8th floor phone -please get in touch! Guido

-Remember when you were at your wits end with 5000? The only thing we're missing is you.

-Bobonna- are we going running tonight? One more lap? What station are you on? Love your faithful running partner, Debbie.

-Pedemistress Enf (Enistovsk) Aren't our pledgies cute? Thanx for the flowers! Sisters forever! Pedemistress Enkofsky (Orli).

-Datebook

Sunday 10/19

-The Newman Community will celebrate Mass at 11:00 a.m. in the Newman Center. (Mission Sunday) All are welcome.

Tuesday 10/21

-The MSC Yearbook will hold a Yearbook Staff Meeting from 2 to 5 p.m. in Rm. 111 of the Student Center Annex. New members are welcome. Old members welcomed back.

Wednesday 10/22

-The "Emmuns" Group will meet in the Newman Center from 8 to 9 p.m. (Sponsored by the Newman Community) For further information, call ext. 7240 or 746-2323.

-AMS will hold their monthly meeting in Room 126 of the Student Center Annex at 4:30 p.m. Meeting features speakers from Cooperative Education and Career Services.

Saturday 10/25

-The Newman Community will sponsor a NYC trip from 9 a.m. to 4 p.m., leaving from the Newman Center. "Pay as you go!" For further information, call ext. 7240 or 783-2572.

Sunday 10/29

-The Management Club will hold a meeting from 4 to 5 p.m. in the Student Center Annex, Room 209. Guest speaker from Career Services- Elaine Dewygre. Topic: "Resume Building."

Thursday 10/30

-The English Club, Italian Club, Class II S.G.A. will sponsor a Halloween Masquerade Dance/Party at Michele's Restaurant, Passaic Ave., Garfield, from 8 p.m. to 12 a.m. Admission is $5.00. Prizes, $50, $25, wine- best costume- DJ restaurant has bar and food- All are welcome.
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Oct. 3, 12:30 p.m., J-402

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TEAM CAPTAIN'S MEETING
Oct. 3, 1 p.m., J-402

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Directed by RANDA HAINES

NOW PLAYING AT A THEATRE NEAR YOU.
**Football team earns #2 ranking in nation**

By Perry Schwarz

This MSC football season is one of the most unique in the Indians' history. They have won five straight games thus far and are the defending New Jersey Athletic Conference Champions for the last several seasons, but that isn't why it's so different. What sets this season from any other regular season is that the Indians achieved #2 ranking among all NCAA Division III schools in the nation last week. MSC football team is now recognized nationally. In the past, one part of the team, usually the defensive unit had achieved a ranking in the top 10. This is the highest ranking for the team as a whole.

The players are happy about the ranking they've received, but they aren't letting it go to their heads. Many are looking at the season as "one game at a time." An MSC receiver said that, as a team, they don't worry about the rankings, but take each game as it comes.

The coaches perspective is similar to that of the players. Fourth year coach Rick Giancola is happy for the players, but said the season is by no means over yet.

"The team is happy about the ranking, but it hasn't stopped our performance, because in order to stay there we have to do what got us there," Giancola said. "We have to stay consistent, and maintain a positive attitude. Last year we were destroyed by Ithaca 50-28 and that was a crushing feeling which still stands out."

Giancola said that when a team plays MSC, it is the opponent's biggest game of the season. Everyone is attempting to knock the Indians off their ladder. The recent game against Kean College was a perfect example (MSC won matchup 31-26).

"The Kean game is a perfect example of what not to do. It was a heluva game and we learned from that ballgame," Giancola said. "I would like to see more consistent games. One week we will have a great performance and the next a nonchalant one. We must keep that aggressiveness constant week after week."

Gianola attributed the team's overall success to four areas. The first is the players. Without good recruiting we don't get the players and then we can't beat any team. The coaching staff, facilities and administration are other areas Gianola mentioned.

Gianola urged the athletes to stay in school, because if one player stays for a year and leaves because of academics the program is not serving its purpose. Academics are a priority of the MSC football team and one must accomplish peak performance in the classroom before achieving success on the field.

Another area that helped the team achieve success is the schedule. MSC plays one of the best schedules in the area and the NCAA knows that. Teams like Wagner, Salisbury, East Stroudsburg and Glassboro are all football powers and MSC has to be armed to defeat them.

"In all honesty one can't get excited from rankings," Gianola said. "We may have a #2 ranking in one poll, but in another ranking we are ninth. The rankings are decided from the opinions of football writers and they are nice, but one can't dwell on them. In the end it is where it all counts and right now it's one game at a time."