New security measures implemented by DSS

by Cheri Melone

The MSU Division of Safety and Security (DSS) has announced improvements in lighting, campus access, and overall security at MSU.

Lighting is currently being increased throughout the periphery of the campus. Sixty new lights have been installed, mostly in the student parking lots. Philip Calitre, Director of Campus Safety and Security, also noted that more internal lights will be placed around the Student Center and other buildings around campus. Lights are checked weekly by the campus police.

In addition to increased lighting, surveillance cameras will be installed in the student parking lots by the end of the fall semester. Currently, MSU has one of the highest rates of car theft in the nation, compared to other universities and colleges. The implementation of surveillance cameras will hopefully reduce the growing number of car thefts on campus.

Calitre says that his most important project right now is installing security booths at the Clover Road bridge entrance, the Valley Road entrance, and at the main gate. The main purpose of the booths is to ensure that everyone entering the campus has a decal or has a reason to be visiting the campus. Vehicles without decals will be stopped upon entering the campus. The booths will be staffed from 7 a.m. to 11 p.m. After 11 p.m., all entrances will be closed, with the exception of the main gate at Normal and College Avenues. Two officers will be left on duty at the main gate after 11 p.m. The booths will hopefully be completed by the start of the Spring semester.

There was a mixed reaction to the installation booths at the main entrances of the university. Some felt that it could create longer lines at the university entrances. However, “At this point, anyone can wander on campus,” said senior Karen Karach. Students seem to agree that improvements in security are for the benefit and safety of the students.

CAMPUS Safety and Security are heavily promoting the Escort Service, which began on Oct. 4. Students are advised to call an escort if they need one between 10 p.m. and 2 a.m. at 655-5222. The escort service has averaged three to four calls per night this semester. The service usually averages about 1,400 calls a year.

With the added increase in security,
China delegation researches American education at MSU
by Anthony R. O'Donnell

A delegation of the Chinese National Education Examinations Authority (NEEA) visited MSU on Monday, October 23 as part of a three-university tour to research the American higher education system and its methods.

MSU, the first stop on the tour, was selected for its focus as a teaching university, said Acting Vice President for Institutional Advancement and Deputy Provost Dr. Gregory L. Waters. The other universities to be visited, Stanford and Berkeley, were chosen as examples of research-oriented institutions, Waters said.

The central event of the NEEA visit was a seminar entitled, “The Academic Credit System in America,” given by Waters and MSU Provost Dr. Richard A. Lynde.

“The whole concept of academic credits is different than the way qualifications are earned (in the Chinese system),” Waters said. “They were very interested in this and in the concept of the GER (General Education Requirement). They weren’t familiar with this because they tend to specialize much earlier. The purpose of the GER differs (from the Chinese model) in that it is to provide students with greater breadth, and to teach them with the tools of inquiry that they would use for a lifetime of learning. Later they are able to pursue a major where there is more depth.”

The delegation of the NEEA is accompanied on the tour by several educational officers from the provinces of China. In addition to attending the scheduled university visits, the group plans to meet with their American counterparts at Educational Testing Service (ETS).

Vitamin supplements’ benefits questioned
by Christine Miller

Recent findings indicate that the use of vitamin pills, taken routinely to supplement the often inadequate modern diet, is rapidly becoming controversial due to the conflicting observations researchers are making of their effects.

Some organizations, such as the American Dietetic Association, are now claiming that taking multi-vitamins is unnecessary and, in some instances, potentially harmful.

Many MSU students, constantly in a rush, can’t afford to stop for proper meals, and to make up for the deficiencies, take these pills instead.

Graduate school fair prepares students for the road ahead
by Lisa Monaco

Over 200 students attended the graduate and professional school fair in the Student Center ballrooms sponsored by Career Services on Wednesday, Oct. 25. The program was scheduled to run from 11:00 a.m. to 2:00 p.m.

Dwayne Harris, Montclair State graduate program representative, said, “There is more of a turnout compared to last year’s fair.”

The purpose of the fair was to inform students about various graduate schools, preparation, and factors which affect admissions decisions. It gave students a perspective on how to get into graduate school and on which steps they need to take.

The morning started with a panel discussion about “The Admissions Process.” The three representatives that spoke were Dr. Willie May Coram (UMDNJ Graduate School of BioMedical Sciences), Barbara Metelsky (Assistant Director of the Center for Public Service at Seton Hall University), and Mark Selesner (Assistant Director of Graduate Studies at Montclair State University). They covered topics such as the admissions process, the importance of standard admissions tests, the importance of personal statement, financial aid considerations, and special concerns for non-traditional students.

Dr. Coram discussed the importance of taking the standard admissions tests seriously. She said it is important to prepare for them on your own with preparation books or through taking a preparation course. She stressed not to put off taking them because receiving the results usually takes six to eight weeks which, in some cases, may hold up the admissions decision. It is advisable to take them in the fall of your senior year if possible.

Lynne Davies, Assistant Director of Career Services and coordinator of the fair, said there was “a great interest in graduate education from the students.” 30 students were in attendance of the panel discussion.

The majority of the students attending were from Montclair, although anyone was welcome. Howard Poppel, a student here at Montclair, said, “I took a day off of work for this fair and it was definitely worthwhile.”

There were 41 schools represented from New Jersey, New York, Pennsylvania, Connecticut, and Delaware. Mary Helen Evans, from the Fordham Social Work program, said, “There is a better turnout at Montclair than at a lot of other schools.”

Whether you know if you want to attend graduate school or not, the graduate school was helpful to a lot of students. “It is definitely worth attending. I didn’t know a thing about graduate schools and this is a good first step,” said MSU student Kathy Simeonov.
Students petition to improve support services

by Rosemary Gutierrez

A petition that claims dissatisfaction with graduate student support services on campus has 75 signatures.

Counseling major Randy O'Neil, a matriculated graduate student at MSU, is the main organizer of the petition. One service the petition calls for is the availability of the faculty parking lot in the evenings for graduate students. O'Neil said, “Parking is a nightmare.”

Also, the petition suggests that administrative offices stay open late more than one evening a week. The complaint in the petition is that students do not have enough access to information.

It continues that there should be a change in call-in registration lottery, in which pre-matriculating students are the last to call in. O'Neil said a graduate student must take core courses to matriculate into MSU, and when it is her turn to call, the courses are full.

The petition complains that MSU has university status but the library is not at graduate level.

The number of graduate students has grown over the years, but the petition complains there is no growth in the number of classes available.

One more suggestion that the petition makes is to keep snack bars open later in more than one location. O'Neil complained that a student has to walk across campus at night to find the nearest snack bar open.

In her attempt to contact the correct administrator about some of the issues, O'Neil said she has been shuffled all over the place.

Vice-President for Student Development and Campus Life Dr. Lee Wilcox said he would love to hear what the concerns of the students are.

Wilcox said, “The students should feel free to come and speak to me even without a petition. I am the liaison for the students to the administration.”

In response to the suggestion about the use of the faculty lot at night, Wilcox said it is his jurisdiction and he encourages students to come in and talk about it. However, he added, these students should know they have channels to use.

The Graduate Student Organization is the main organizer of the petition.

Interested in the petition requests, Wilcox said he would have to find out what the implications would be for more.

One more suggestion that the petition makes is to keep snack bars open later in more than one location. O'Neil complained that a student has to walk across campus at night to find the nearest snack bar open.

In her attempt to contact the correct administrator about some of the issues, O'Neil said she has been shuffled all over the place.

Vice-President for Student Development and Campus Life Dr. Lee Wilcox said he would love to hear what the concerns of the students are.

Wilcox said, “The students should feel free to come and speak to me even without a petition. I am the liaison for the students to the administration.”

In response to the suggestion about the use of the faculty lot at night, Wilcox said it is his jurisdiction and he encourages students to come in and talk about it. However, he added, these students should know they have channels to use.

The Graduate Student Organization is the main organizer of the petition.

Interested in the petition requests, Wilcox said he would have to find out what the implications would be for more snack bars to stay open an extra hour or two. Wilcox continued, if three people are running the snack bar and only one customer comes in the extended time, he would have to weigh the pros and cons of keeping those snack bars open.

Responding to the statement in the petition about the increase in admissions to MSU, Associate Dean of Graduate Students Dr. Dobish said the increase was in undergraduate applications.

Continued on p. 8

ATTENTION STUDENTS!!
CORRECTION!!!!

All excess textbooks in the University Bookstore will be returned beginning

• • • October 23rd. • • •

If there is a textbook that you need and you have not yet purchased it, then you must do so by this date.

If there are any questions, please call the University Bookstore at x4310.
Campus Police Report

MEDICAL
Oct. 18 at 10:50 p.m. a male at Clove Road reported eating chicken soup and a peanut butter and jelly sandwich before he got violently ill. He refused transportation.

Oct. 19 at 10 a.m. a maintenance worker reported to an officer on patrol that a female was lying on the ground crying. A doctor at Physiological Services said that she was a patient as well as a student.

Oct. 20 at 3:34 a.m. two fraternity brothers were “rough-housing” in their Clove Road apartment. One fell and struck his head on a wooden chair sustaining lacerations. First aid was administered by the officer that responded. He was transported to St. Joseph’s Hospital.

Oct. 23 at 7:44 a.m. a female in the Student Center was taken to Mountainside Hospital after she fell while dancing and struck her head.

SUSPICIOUS PERSONS
Oct. 18 at 6:45 p.m. a resident of Webster Hall reported a suspicious man around the building. The officer located a suspect between Richardson and Mullery Halls. He had no ID on him and said he came on a bus from Newark, but had no money to return. He claimed that he was looking for a female friend. Campus police contacted his sister-in-law, who reported that the suspect had mental problems.

The suspect was driven off-campus and released.

FIRE ALARM
Oct. 21 at 9:26 p.m. a resident of Webster Hall burnt the stove he was cooking. The stove was unplugged and window opened to ventilate the room.

SUSPICIOUS ACTIVITY
Oct. 18 at 9 p.m. an RA on duty reported 35 to 40 people entering the Student Center while dancing and striking her head.

The AM will be taking administrative action.

ARRESTS
Oct. 24 at 3:34 p.m. Andrew Fox, a resident of Bohn Hall, was arrested and charged with False Public Alarm after an investigation by Campus Police. Officers arrested Fox in his room after a complaint was signed. Fox was arraigned Wednesday morning at the Clifton Municipal Courthouse.

Oct. 25 at 12:10 a.m. Raymon Maldonado was arrested and charged with Domestic Violence and Assault after a female resident of Bohn Hall reported that he threatened, hit and kicked her in the Bohn Hall lobby. A
con’t from p.4

temporary restraining order was signed. Bail was set at $5,000 and he is being held at the Passaic County Jail.

MISCELLANEOUS

NJ Transit sent a letter of complaint to MSU regarding trespassing on the Boonton Railroad line on the Clove Road access to Route 46. They advised that students to curtail activities there due to possible fatalities. They reported 102 fatalities in five years, eight of which occurred on that line.

Darryl Duval, a Residence Life maintenance worker was jailed at the Passaic County Jail for 30 days and fined $1,475 in court costs and was given an additional 18 months of a suspended license. Duval was stopped on campus and found to be driving with a suspended license.

Angela Lominy, a student, was stopped for a stop sign violation by campus police. She was found to be driving an unregistered vehicle, and was doing so with a suspended license.

As a result, she was sentenced to five days in jail, $400 in court costs and six months additional suspension of her license.

Safety Tip of the Week

brought to you by the Department for Safety and Security

Avoid bringing large amounts of cash and other valuables on campus. Valuables not brought to class should be locked in your vehicle’s trunk or your residence.

Judicial

The hearing was stopped for a stop sign violation by campus police. She was found to be driving an unregistered vehicle, and was doing so with a suspended license.

ClintondelaysEmbassymove

Instead of signing the bill to move the U.S. Embassy in Israel to Jerusalem, Clinton delayed relocation on the grounds that it may jeopardize peaceful relations.

RocketexplodesoverVirginia

An unmanned rocket exploded shortly after take-off in Virginia. Officials say it destroyed a satellite of scientific experiments.

Perotawaitssignaturecountforreformparty

Perot’s new “Reform Party” had until Tuesday at 5 p.m. to acquire the necessary 89,007 member registrations. Without them, it can’t qualify for the 1996 Presidential ballot in California. The count was scheduled for Wednesday.

Attackerstryedtoburnwomanalive

Police in Fargo, North Dakota say that an Iranian woman nearly died at the hands of unidentified attackers. Ahalch Sarabakhsh, 38, was bound and gagged, and the assailants drew a hate symbol on her abdomen. Then her restaurant was set on fire, and she was left there to die. She was found, treated for her wounds, and released.

SpaceShuttleusesnewTEquiment

On Tuesday, scientists continued experimenting about the shuttle Columbia with the new, digital television equipment being implemented. Astronauts, for the first time, were able to see images sent up from the ground. Columbia’s 16-day mission is scheduled to end on Nov. 5.

NewsBriefs

compiled by Christine Miller

Simpsonwantsbelongingsback

O.J. Simpson, after his acquittal, asked authorities to return to him the belongings taken during the investigation. Among the articles are: credit and membership cards; Reebok sneakers; golf shoes; a handgun; ammunition; a cellular phone; a plastic bag containing a fake goatee, fake moustache and make-up remover; a $5,000 check; and two watches.

Itointerviewedforfirsttimeaftertrial

Judge Lance Ito was videotaped during an interview with Gayle Gomez, a journalist from Cal State Northridge. He agreed to questions about courtroom video coverage, but under the condition that the interview consisted of no more than three questions, and the recording was inaccessible to commercial media.

GopTaxandspendingcutsdebated

Last Wednesday, the Republican budget plan, which promises to wipe out the deficit within a seven-year time period, was debated by both houses of Congress.

Alledgedkidnapperincustody

On Tuesday afternoon, the man accused of kidnap-
Grads can’t from p.3

Due to the large controversy surrounding the availability of condoms to high school students, the distribution of them is now virtually non-existant.

However, on campus here at MSU, we find condoms to be very available. You can’t spit without hitting a condom. Condom Feud, Condom Bingo, and now Condom-o-Grams promote proper and repetitive usage...the availability is widespread.

Condom Feud and Condom Bingo were games initially scheduled by Bohn Hall Resident Assistants (RA). These games helped to make the lives of Bohn Hall residents easier and safer. The games basically served two purposes: they were to be an icebreaker for new and old residents alike, to establish open communication and discussion of this issue, and a promotion of safe sex. The gatherings were a success, as residents turned out to participate and to protect.

Condom Feud was a game based upon Family Feud. Surveys were conducted before the game actually began, and the questions during play were based upon the results. The difference between the two versions of the Feud was in the content of the questions asked. They varied from favorite brands of condoms, to the actual frequency of their usage.

The Condom-o-Gram is the latest in a series of condom-based activities. The Theta Xi fraternity is sponsoring the Condom-o-Grams. The purpose of this is to send a message along with a condom. The message costs one dollar. This way, in theory, a person can spread love without spreading a disease. The fraternity sells the Condom-o-Grams during meals in the Student Center, and are also sold by Theta Xi associates. The messages are hand-delivered, accompanied by a condom, to the residence hall of the recipient. This cause also helps to promote safe sex and communication among the campus masses.

Since the commercialization of condoms, usage has increased. The availability of condoms has risen sharply, and condom usage has become accepted and encouraged. Thanks to the education provided, the interest taken by all of those involved, and the number of students responding, condom use will continue to prevent disease and pregnancy on campus.
PRINCIPLES OF SOUND RETIREMENT INVESTING

RECENTLY, MORNINGSTAR CALLED US CHEAP.
IT'S NOT EVERY DAY YOU GET A COMPLIMENT LIKE THAT.

All financial companies charge operating fees and expenses — some more than others. Of course, the lower the expenses you pay, the better. That way more of your money goes where it should — towards building a comfortable future.

We make low expenses a high priority.

Because of our size and our exclusive focus on serving the needs of educational and research communities, TIAA-CREF's costs are among the lowest in the insurance and mutual fund industries.

In fact, Morningstar, Inc. — one of the nation's leading sources of variable annuity and mutual fund information — says, "Size isn't a constraint; it... enables CREF to realize a remarkable economy of scale." 7 According to Morningstar's data, CREF's "minuscule" 0.31% average fund expense charge was less than half that charged by comparable funds. 8

TIAA-CREF seeks performance, not profit.

At TIAA-CREF, we believe people would like to spend more on retirement, not on their retirement company. If you'd like to see how our approach can help keep more of your money working for you, call us at 1 800 840-2776 (8 a.m. to 11 p.m. ET, weekdays). We'd consider it a compliment.

TIAA-CREF is one of the world's largest providers of retirement services. We make billions of dollars available for retirement. We act as fiduciaries to a huge array of retirement plans including charitable, governmental, and educational organizations.

TIAA-CREF is committed to the highest standards of financial expertise and personal service. We also know that retirements can vary greatly in how people approach retirement and how they choose to spend the years towards building a comfortable future.

Ensuring the future for those who shape it.™


© 1995 TIAA-CREF. All rights reserved. TIAA-CREF expenses are subject to change and are not guaranteed for the future. CREF is a trademark owned by CREF.
CUC would like to thank all of its wonderful e-board and
general members who put in long hours of hard work in order to make
the De La Soul/2.O.D.U. concert a complete success.
A special thanks goes to the sororities, fraternities, Men's Club, special
events staff, administration, C.U.A., and friends in general who gave help and support day-of-show. *

Thanks

The Yakety Yak Cafe

WEDNESDAYS

COLLEGE

Ladies Night!

LADIES FREE ADMISSION!
GENTLEMEN FREE ADMISSION W/ COLLEGE ID
21 & OLDER

DRINK SPECIALS FOR EVERYONE!
$1 COORS • $2.50 DOMESTIC BOTTLED BEER & BAR DRINKS
$2 ANY SHOT

DJ SPINS MODERN ROCK & DANCE MUSIC PLUS LIVE PARTY MUSIC

NOV. 1 HEADSPINS
NOV. 8 THE NERDS

THE YAKETY YAK CAFE - 1296 VAN HOUTEN AVENUE, CLIFTON, NJ - (201)777-2044
by Erica Duncan

On Wednesday, October 18, The Wellspring Program had scheduled Tony Emering to speak on “Binge Drinking on College Campus.” Unfortunately, he was unable to attend.

As a filler for the time, they showed a tape from last year when Eileen Stevens of C.H.U.C.K. came to speak to the Greek Council on the dangers of drug and alcohol use and fraternity hazing.

Chris McGarrigal, the Wellspring Program Graduate Assistant, cited that in a survey conducted at MSU between the years of 1993 and 1995, binge drinking fell from 43% to 37.1%. He also cited that the perception is that 96% of campus had a drink in the past month. In actuality only 71% of the campus drinks.

Since the Stevens lecture was covered last year, I took the liberty to make this article about Wellspring Project. The Wellspring Program is located in Chapin Hall room 404. It is their goal to promote education and prevention of drugs and alcohol throughout campus. To help assist them in their goal, they have a multitude of programs that help students on campus as well as get involved with all clubs, organizations, greeks and resident assistants.

The Wellspring Program is funded through a federal grant for the purpose of achieving their goal. The Wellspring Program has sponsored George Oberemier, a professional athlete that came to speak to the athletes last August. They also sponsored Eileen Stevens’ presentation to the Greek Council in the Spring.

The Wellspring Project is also here for the graduate students as well. They offer field work placements for graduate students in the Counseling department. They are able to work with RA’s in presenting Wellness workshops, facilitate didactic skill development groups, lead peer action groups, assist with community outreach activities and administer on-campus surveys.

To help them achieve their goal of alcohol and drug prevention, the Wellspring Program supports the 12 Step programs.

Among the programs are Narcotics Anonymous, Al-Anon and Alcoholics Anonymous. For their meeting times consult the Upcoming Campus Calendar.

In the Spring they also sponsor a campus health fair.

The Wellspring Program is staffed with people that care about the well-being of the student body. The director of the program is Dr. Eileen Smith Sweet. Along with being the director of the program she is also the Coordinator of Addiction Studies, the School of Professional Studies Department of Counseling, and Human Development and Educational Leadership.

The coordinator of the program is Mary Anne Di Masi, M.A. The Community Liaison and Coordinator of the Intern Program is Laura Osthimer, M.A. Chris McGarrigal is the liaison with the Athletic Department and the 12 Step Programs. Last but not least is Helen Fetish, the office manager.

As Di Masi told me, “We are here for the students.” This was the response to a question pertaining to the actual student activity in the Wellspring Project.

The participation of the students is minimal.

Along with having programs on and around campus, The Wellspring Program publishes a monthly informational flyer on drugs and alcohol. The fact sheet for this month featured an alcohol quiz discussing the facts and the myths about this popular drug. As an incentive to teach students about the dangers of drugs and alcohol, the staff of the Wellspring Program will be roaming about the campus randomly asking students questions from the flyer. Anyone who answers correctly will receive a $5.00 meal ticket to be used anywhere on campus.

Gilbert unlocks the secrets of stress reduction

by Jessica Nunez

"Learn the keys to Stress Reduction" was presented on Tuesday, October 17 at 11:00 a.m. by Dr. Rob Gilbert. Charles Feiner, director of Student Activities, presented the event which was part of the second week of the Wellness Celebration Program.

Dr. Gilbert led a very informal discussion on stress and gave the audience thirteen keys to relaxation. A short movie was shown at the beginning of the presentation.

The movie showed an infant wondering around the house with enormous curiosity. This infant represented everyone of us at a point in our life. He or she did not feel any discouragement, boredom, or failure. If or she fell, he got up and continued his search for the interesting boundaries.

While I was watching the movie, I wished I had that same attitude in my life. And wouldn’t you? There were no worries, no fears, no pessimism. Life is just an intriguing piece to be discovered. The reality is that my life is now filled with stress and fears. However, Dr. Gilbert pointed out that we haven’t lost this ability even though we have grown in age. "The ability is inside everyone," Dr. Gilbert said. "The key is to learn the skill of relaxation and master it," he added.

It made sense. Dr. Gilbert mentioned that there are stressors in our lives and that our reaction to them is based on the conditioning we have to those stressors. "You can only be upset if you are upsettable," Dr. Gilbert pointed out.

Among the thirteen keys to relaxation were learn how to activate the tranquilizers that are already in you, what happens inside of you is what matters, breathe slowly, think of the here and now, take a yoga class and so on.

Relaxation is "guilt free laziness," Dr. Gilbert explained. It is just a time to do nothing without feeling guilty for it. We need to work as much as we need to relax. And all you have to do is give yourself the time, work on the technique and just let yourself relax.

Abuse of women comes to MSU

by Suzanne Feigle

On Wednesday, October 18th, the Wellness Center presented "The Clothesline Project" in the Student Center. Sponsored by NOW, The National Organization for Women, this program was designed to make students aware of the abuses women face.

As a survivor of assault, this was a very eye-opening experience for me. Like most women, I felt completely alone and needed support. Unfortunately, none was available at the time.

It was nice to see that other people had experienced the same emotions and fears.

The shirts are a way for survivors to express and overcome their feelings of anger towards their abusers, that most common and often acutely painful reaction brooding long after the crime has been committed. One shirt that made an impact on me said, "To say rape is sex is like hitting someone over the head with a frying pan and calling it cooking."

Founded in 1966, NOW has grown into the largest feminist organization in the country. It stresses women’s equality and the end to violence against women, traveling throughout the country displaying "The Clothesline Project."

At each stop, they let survivors of abuse partake in making shirts. In the time I visited the display, ten women volunteered to make shirts. Venting the anger creatively seems therapeutic. It is time we faced the sad and tragic reality that abuse has become a widespread issue.

As I was picking up my shirt, a young woman named "Mary" told me of how she was the victim of date rape. "I trusted him, my parents liked him, and no one believed me. It happened five years ago, and only now can I talk about it. I’m glad that this (The Clothesline Project) is here, because now I can really let out all my aggressions."

"The Clothesline Project was an excellent way for students to become aware of women’s issues. Anyone who missed out on making a shirt can send them to: Shore Area NOW, P.O. Box 668, Lincroft, New Jersey, 07738."
Dear Career Services

Q. I've been told to join a professional organization while I am still a student, but I don't understand why. Also, would a professional organization let me become a member when I have no experience in my field?

A. Professional associations have a variety of functions. As a result most professional associations permit students to join as "associate" members. Interested beginners want to learn and professional associations permit students to join as "associate" members. Student members generally attend local meetings, national conferences and receive publications, but neither vote nor run for office until full membership is attained.

The "plusses" of association membership as a student are many. The association may have a monthly magazine, a periodic newspaper and other publications, such as membership directories which may help to identify potential employers. Reading the magazines and newsletters on a regular basis keeps you informed about current trends in your industry, helps you learn industry jargon, and teaches you who the "movers and shakers" are in your industry. These publications often list available positions.

Another benefit of association membership is conference attendance. Some conferences are day long events; others extend over a weekend, but in all cases you will have the chance to meet people in the occupation you are committed to.

In addition, some associations have electronic bulletin boards so if you are "on-line" you can participate with members of your group on a daily basis. Furthermore, many association bulletin boards list available positions.

Q. I am a senior who is more than a bit confused. If all the decision-making seems a bit too much, read what follows to see what you can do to ease the transition to your "after-graduation life."

• See a career counselor if you are confused.
• Meet with your academic advisor early in the year to be sure that you have completed required courses in your major.
• Send out grad. school applications. Find out which admission tests are required. All materials should be out on time.
• Take review classes if needed.
• Take appropriate graduate school admission tests early in senior year.
• Test booklets are available in Career Services.
• Use the Alumni Network, available in Career Services, or other professional contacts to find people with whom to talk about careers of interest.
• Register with Career Services to receive notices of available full-time jobs to schedule interviews with employers who come to campus.

Log-On @ MSU

Halloween is just around the corner, even on the Internet. Plenty of sites are celebrating the blend of pagan holiday and virtual reality, so feel free to party-up. Start at http://lucky.biomed.uci.edu for Halloween Haunt on the Web. Visit the Art of Monster Making to see how monsters are created or ANight at the Haunt to virtually explore the Haunt. The Nightmare Factory can be found at http://www.io.com/~nightime/, where you can play the new Riddler game and Batman Forever.

Somebody has been working overtime to create the Darkweb at http://www.cascade.net/darkweb.html. It's check full of scary stuff like cemetaries, funeral homes and death, gothic pages, Arachne's Web-Pagan Links, Angels of the Dark World, Black Page, a Gothic Banshee, the CyberCrypt, and, of course, Witches.

Not quaking in your Nikes yet? Best-all-around horror site is The Cabinet of Dr. Catsey found at http://www.cat.pdx.edu/~casey/horror/index.html. You won't sleep for days after visiting Dark Countries: The Horror Atlas, The Dark Ages: Eight Centuries of Horror (Horror Timeline), Horror Audio/Graphics Archives, and Horror Newsgroups. Don't miss the Grim Rides Funeral Car Club at http://www.best.com/~borede/grimrides/grimrides.html. Created by an association of hearse owners, they are still looking for parties to visit their vehicles on Halloween night. At Plutusmogul we're invited to stroll through the graveyard of electronic horror, or become a member of Friends, Phantoms and Fellows. See it at http://www.lehigh.edu/~tp/tp2.phantom.html. (That's tp,2, not a one.) Their Keeper of the Web advises us of the number of visitors to the site, but how many have made it out alive? Speaking of alive (or not), there's the Dead People Server at http://web.syr.edu/~rsholmes/dead.html. It's a list of interesting celebrities who are, or might be, dead. Includes info as to who has really Rung Down the Curtain and Joined the Choir Invisible, and who is Just Resting. Want to know who croaked lately? Make your way to the Obitsuary Page, http://catchess.ncl.ac.uk/Obitsuary. This is in the top 5% of all websites and one of Minsky's Worst of the Web.

No mention of horror and Halloween would be complete without the Horror Writers Association. This is a professional organization, formed to establish a sense of community among those with an interest in dark fantasy, horror and occult fiction. Want to join? Read their electronic brochure at http://darkwing.uoregon.edu/~mikea/bwa.html. You just might end up with the Bram Stoker Award for Superior Achievement. Wonder if Alfred Hitchcock ever won that award? Check http://nextech.arts.umn.edu/~ploepz/ki/Kapln/ Hitchcock.html to find out more than you ever wanted to know.

Lost, but not least, among our Halloween tricks or treats is Stephen King! Find out the true horror of being Stephen King at the Stephen King's Home Page, http://www.isiwm.com/skiking/. And if your name is the same, they invite you to join the group. For the real McCoy, there's http://www.acs.appstate.edu/~p17714/skining.html. It's loaded with Stephen King Stuff, including Fan Page, Bibliography, FAQs and Articles. You never know when you might be on Jeopardy! and need this valuable information.

If all this talk of darkness has made you feel awful, maybe you have SAD (Seasonal Affective Disorder). Learn all about it at http://www.geogroupes.com/Hollywood/1872/sad.html. Asthma and allergies seem to move into high gear in the autumn, too. Visit the Asthma and Allergy Resource Page at http://www.cco.caltech.edu/~wrean/resources.html.

Are you a soccer fan? Want to manage a soccer team without ever leaving the comfort of your computer? The Mellantia Soccer League is looking for managers of their fictitious soccer teams. While the teams are fictitious, they rely on skill to win. Interested? Send email to Scott.Haddou@Dundee.atgigs.com. The League begins November 4th, so hustle your virtual shin guards.

For the past several days the campus network has been running slow. At first we figured it was due to the high volume usage, but when the labs emptied out there was no improvement. I have heard the situation referred to as the "World Wide Wait." I'm sure our staff will have us zipping along the information superhighway soon. Don't want to miss anything, CULIR.
Sample foods from different countries. Admission $1
All proceeds go to charity.
November 9, Noon-3 p.m. in Ballrooms

Welcome Montclair State Students
Summer always continues at
FOREVER TAN PLUS
“The Ultimate Tanning Experience”
547 Valley Rd.
Upper Montclair
(Next to CVS)
783-0077
Keep that Golden Tan you worked hard for all summer long!!
Stop by to visit our clean, ultra, modern, and air conditioned facility with private rooms each fully equipped with the most powerful state-of-the-art tanning equipment. All equipment includes facial, radio and the only tanning beds in the area with the “body contour acrylic.” All for your complete total tanning pleasure.
Stop and check us out!

Special Coupon: 5 Tanning sessions, plus 1
Free $20.00 offer good through 10/31/95
• We accept National Student Discount Cards with proper I.D.*
• Students receive 10% discount with proper I.D.*
• OPEN 7 DAYS
We look forward to seeing you soon!!!

*On all regular prices, excluding specials

ROADWAY PACKAGE SYSTEM, INC.
19 Daniel Road
Fairfield, NJ 07006
201-882-6629
Midnight shift — 1 AM - 6 AM
$7.50/hr. to start $9/hr. after 90 days
Opportunities for advancement into part-time management positions and career opportunities in operations, sales…following graduation.
Call or apply in person between 10 AM - 4 PM at the terminal nearest you.

Roadway Package System, Inc.
19 Daniel Road
Fairfield, NJ 07006
201-882-6629
Midnight shift — 1 AM - 6 AM
$7.50/hr. to start $9/hr. after 90 days
Opportunities for advancement into part-time management positions and career opportunities in operations, sales…following graduation.
Call or apply in person between 10 AM - 4 PM at the terminal nearest you.

ROADWAY PACKAGE SYSTEM
19 Daniel Road
Fairfield, NJ 07006
201-882-6629
Midnight shift — 1 AM - 6 AM
$7.50/hr. to start $9/hr. after 90 days
Opportunities for advancement into part-time management positions and career opportunities in operations, sales…following graduation.
Call or apply in person between 10 AM - 4 PM at the terminal nearest you.

Welcome Montclair State Students
Summer always continues at
FOREVER TAN PLUS
“The Ultimate Tanning Experience”
547 Valley Rd.
Upper Montclair
(Next to CVS)
783-0077
Keep that Golden Tan you worked hard for all summer long!!
Stop by to visit our clean, ultra, modern, and air conditioned facility with private rooms each fully equipped with the most powerful state-of-the-art tanning equipment. All equipment includes facial, radio and the only tanning beds in the area with the “body contour acrylic.” All for your complete total tanning pleasure.
Stop and check us out!

Special Coupon: 5 Tanning sessions, plus 1
Free $20.00 offer good through 10/31/95
• We accept National Student Discount Cards with proper I.D.*
• Students receive 10% discount with proper I.D.*
• OPEN 7 DAYS
We look forward to seeing you soon!!!

*On all regular prices, excluding specials
High cholesterol levels are hazardous to your health

by Ann Margaret Kane

“Heart Healthy goes beyond fat, cholesterol and sodium,” said Jane Dixon, RD, on the topic of Heart Smart Eating for Cholesterol Reduction.

The lecture, part of the Wellness Program Series, was held in Dickson Hall, last Thursday afternoon. The discussion, by speaker Jane Dixon, registered dietitian from Mountainside Hospital in Montclair, focused on ways to prevent cholesterol in the diet.

Cholesterol, a white waxy fat found naturally in your body, is used to build cell walls and makes certain hormones. It is found in foods from animals, such as meat, eggs and dairy products.

Too much of it, though, can clog your arteries and eventually choke supply of oxygen to the blood, thus causing heart attacks. “It is the fat that leads to heart disease,” said Dixon. Fat, specifically saturated fat is a big factor in monitoring cholesterol.

Following a low-fat, low-cholesterol diet can usually reduce your blood cholesterol. According to the American Dietetic Association, no more than 30% of your daily calories should come from fat.

“How you spend your saturated fat over the course of the day is what counts,” said Dixon. Saturated fat raises levels of harmful HDL cholesterol in your blood.

Saturated fat containing foods are things like butter, whole milk, cheese, ice cream, red meat and some oils, such as coconut. Reduction of these items aids in lowering blood cholesterol.

“Just by switching from whole to low-fat or skim milk and limiting organ meats will lower cholesterol levels,” said Dixon.

Stick with polyunsaturated and monounsaturated fats, which are the safe types of fat. Polyunsaturated fats tend to reduce blood cholesterol levels. They’re found most often in sunflower, corn and soybean oils. Monounsaturated fats can also lower blood cholesterol levels, and are found in olive and canola oils.

Other ways to lower blood cholesterol levels include decreasing sodium and sugar, increasing soluble fiber, maintaining a healthy weight and exercising regularly.

“The more processed foods, the more sodium,” said Dixon. She suggests to “think pink”, in reference to avoiding pink foods, such as red meat that contains high levels of sodium.

“F resh fruit is nature’s dessert,” said Dixon. Fruit is a good replacement for sweets in the diet. Also cut back on sugar in food recipes.

Soluble fiber containing foods include legumes, fruit, vegetables and starches, such as cereal. “I always tell people to eat their beans,” said Dixon.

Dixon addressed the issue of maintaining a healthy weight by asking the question “What is a healthy weight.” She adds that an unhealthy weight is taking in more calories than you expend.

“What can we do as nutritionists to get people to eat a variety of foods?” asked Dr. Byrd-Bredbenner, professor in the Home Economics Department.

“Make it easy for them,” said Dixon. Accessibly is the key.

Lowering blood cholesterol level takes time. “We’re a society that wants things now,” said Dixon. Making gradual changes is a way to adapt and stick with these healthier eating habits. “Despite what some people think, time is not more important than health,” said Dixon.

<table>
<thead>
<tr>
<th>WHAT IT MEANS</th>
<th>LDL</th>
<th>HDL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Risk</td>
<td></td>
<td></td>
</tr>
<tr>
<td>High</td>
<td>above 239</td>
<td>above 130</td>
</tr>
<tr>
<td>Borderline</td>
<td>200-239</td>
<td>130-159</td>
</tr>
<tr>
<td>Desirable</td>
<td>below 200</td>
<td>below 130</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Amounts of fat in everyday foods</th>
<th>Total fat</th>
<th>Saturated</th>
<th>Cholesterol</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ground beef, 3 oz.</td>
<td>17.7g</td>
<td>6.9g</td>
<td>76 mg</td>
</tr>
<tr>
<td>Chicken breast, 3 oz.</td>
<td>2.9g</td>
<td>.8g</td>
<td>73 mg</td>
</tr>
<tr>
<td>Eggs 1 lg.</td>
<td>5.0g</td>
<td>1.6g</td>
<td>213 mg</td>
</tr>
<tr>
<td>Milk whole</td>
<td>8.2g</td>
<td>5.1g</td>
<td>33 g</td>
</tr>
<tr>
<td>Bagel, 1</td>
<td>2.6g</td>
<td>.1g</td>
<td>0</td>
</tr>
<tr>
<td>Apple, raw</td>
<td>.5g</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Broccoli, 3/4 c.</td>
<td>.3g</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Vegetable oil, 3 tsp.</td>
<td>13.5g</td>
<td>1.2g</td>
<td>0</td>
</tr>
</tbody>
</table>

If you are interested in writing for the Campus Life section, please come and see Erica in the Student Center annex room 113 or call extension 5169 for more information. We need all of the help that we can possibly get.
## UPCOMING CAMPUS CALENDAR

### THURSDAY OCTOBER 26
The Robert Oaks Band will be performing at La Di Da on Park Street in Montclair. Open mike begins at 8:00 p.m. and the band will begin at 10:30 p.m. Admission is $3.00.

The montclair Fall Classic one pitch softball tourney begins today.

Today is the sports editor, Bobs’ birthday. Today he is 18 years old. Don’t forget to punch him as hard as you can.

### FRIDAY OCTOBER 27
The Newman Catholic Campus Ministry Center is having a trip to a Soup Kitchen. For more information contact the ministry.

### SATURDAY OCTOBER 28
There will be a clean-up of the Passaic River in Paterson in Pennington Park at 9:30 a.m. For more information contact the Conservation Club in the Student Center room 120 or call extension 4129 to get involved.

### SUNDAY OCTOBER 29
Players and CLUB present “The Rocky Horror Picture Show” in the Student Center Room J-126 at 7:00 p.m. Admission is $2.00 with costume and $3.00 without a costume.

### MONDAY OCTOBER 30
Violin Music by women composers will be performed from 2:00 until 3:30 p.m. in the Student Center Ballroom A. This event is sponsored by the Women's Studies Program and the Global Education Center.

### TUESDAY NOVEMBER 1
A lecture on the “Fitness Rehabilitation Success for Women” will be held from 12:00 p.m. until 1:00 p.m. in the Student Center Room 417. The lecture will be given by Barbara Semmel, a physical therapist.

All Saints Day. There will be a mass at 12:15 p.m. in the Student center room 419.

The Game Room hours are as follows: Monday -Thursday 9:00 a.m.-10:00 p.m.; Friday 9:00 a.m.-6:00 p.m.; Saturday 9:00 a.m.-2:00 p.m.; Closed on Sunday.

### WEDNESDAY NOVEMBER 2
Players and CLUB present “The Rocky Horror Picture Show” in the Student Center Room J-126 at 7:00 p.m. Admission is $2.00 with costume and $3.00 without a costume.

### THURSDAY NOVEMBER 3
Pick up your copy of the Montclairion Today.

There is an Al-Anon meeting in Gilbreth House at 7:30 p.m. There is also a Narcotics Anonymous meeting at Gilbreth House at 7:30 p.m. These are open meetings.

A lecture on “Breif Therapy and addictions” will be given in Dickson Hall room 178 at 5:00 p.m. The speaker will be Ruth Jacobs, Ph.D. Refreshments will be served.
Thank you MSU
You've made us your favorite club!
955 Allwood Road, Clifton, NJ
201-773-2110 • Hotline 773-4040

now...
Try our Food!!
Rated “Excellent” *** – Bergen Record, Oct. 6, 1995

NACHOS SUPREME .................$4.99
CHICKEN FINGERS .........................$3.99
MOZZARELLA FRITTO.........................$6.25
POTATO SKINS ..........................$2.99
CASEY’S HOMEMADE FRENCH FRIES.........................$1.99
GARLIC BREAD ..............................$1.99

ENTREES
26 oz. SIRLOIN STEAK.........................$10.99
26 oz. DELMONICO STEAK.........................$9.99

Casey’s special sauces: Garlic & Herb, Peppercorn, Cajun or Jack Daniels Bourbon..........................$1.50

SWORDFISH GRILLED OR BLACKENED..........................MKT PRICE
GRILLED CHICKEN..............................................$7.99
CAJUN OR BLACKENED.............................................$8.50
HAM BURGER (HALF POUND OF FRESH GROUND BEEF)..........................$3.99
Cheese (American, Cheddar, Swiss, or Mozzarella); Pizzola (Marinara & Mozzarella); bacon, sauteed onions, lettuce, onion and tomato..............................................50c each

SALADS
HOUSE SALAD .................................................$2.25
CAESAR SALAD .................................................$2.99
ADD TO ANY SALAD.................................$0.50 each

GRILLED CHICKEN BREAST.................................$4.25
CAJUN OR BLACKENED.................................$4.95

PASTA.........ALL YOU CAN EAT..........................$8.99

Choice of Pasta: Linguini, Capellini, Fettuccini, Penne, Rotelli, Rigatoni, Spaghetti or Ziti
Saucos: Clam (White or Red), Primavera (garlic & oil), alla Vodka, Carbonara, Bolognese, Garlic & Oil, Putenesca or Fresh Marinara

...plus our chefs daily specials...

WEDNESDAYS

$1 You call it!

DRINKS

ALL NIGHT LONG!

Ladies 18 to Party - 21 to Drink!

SATURDAYS

Home of Durgatory

LIVE!

Somewhere between
Heaven & Hell

Ladies 18 to Party
21 to Drink!

SATURDAY, Oct. 28th
HALLOWEEN PARTY!

LIVE Broadcast!

$1,000 IN CASH PRIZES!

Ladies 18 to Party - 21 to Drink!

955 Allwood Rd., Clifton, NJ
773-2110 • Hotline 773-4040

BRING THIS AD TO

STEAK & PASTA RESTAURANT
FREE Pasta
Buy One All You Can Eat Pasta Dinner GET ONE FREE!

Cannot be combined with any other offers. Only one free meal per coupon.
955 Allwood Road, Clifton, NJ (201) 773-2110 • Hotline 773-4040

“Where People Meet For Good Food And Great Times”
Spirit of Gospel Ensemble Moves Blanton Hall

by Joan-Marie Necatta & Erica Duncan

Blanton Hall was moved by the spirit on Thursday night with the annual debut of the MSU Gospel Ensemble.

The Ensemble played to a standing-room-only audience in Blanton Hall. The audience was composed of family, friends, and a number of residents who heard the sounds in their rooms, came to see what the music was, and, after entering, decided to stay. The power of the Ensemble was completely impressive. They performed songs ranging in style from ballads with very subdued background arrangements to very complex and elaborate pieces demonstrating the power of the combined group.

The night was not only filled with music, but it also involved a number of important social and spiritual messengers. The minister for the evening, Brian Major, shared a number of his personal experiences with the audience. He told of how his college career was stopped for two and a half years because of financial reasons. It was during this time that he discovered his need to develop a serious spiritual relationship with God and to change a number of aspects of his lifestyle. He called on the audience to "say yes to God's will." He also discussed the need for people to transcend color and gender, and to learn to be brothers and sisters.

The choir which was directed by three different members of the ensemble. Several of the songs were directed by senior Ingrid Demby. Demby, who had assistance from Chastidy Harris who directed the very first song that the ensemble performed, "We've Come to Worship Christ." Juanzel Riddick directed "Morning Time." The audience could tell by the movements of Riddick that he was truly moved by the message of the song.

Along with the multitude of directors, there were also a variety of soloists. The soloist were Sylvia Davis, Tashira Burnwell, Kenyatta Montgomery, Chastidy Harris and Jermaine Brackin. Davis sang an absolutely flawless rendition of the song "Be Grateful," which brought out strong emotions from the audience and some members of the Ensemble. Burnwell sang "Thank You Lord" with such grace and style.

The fact that the sound went at the beginning of the song did not hinder her performance in the least. Harris and Montgomery sang "Yes To Your Will." The duet made me feel as if the holy spirit had come down and was watching over all of us as we felt the healing power of the Ensemble. Brackin was the soloist to "Satisfied." The performance was great as was all of the performances. All of the music was performed by Donald Parker and Parker Productions.

Towards the end of the event, people were asked to come to the front of the room and participate in a group prayer. Several dozen people were involved. During this group prayer, Major called upon the ladies in the audience to "make us (the men) treat you like we should," he commented, "and brothers, be your brother's keeper."

Overall, the evening was extremely impressive and inspirational. Several people in the audience were heard commenting that it made them want to go to church that weekend. It was a positive and community building experience for all involved, and an excellent way to gain exposure to a new type of music for many people here at MSU.
So Victoria offers me my own column for some unknown reason, and now you have to deal with my babble. I have entitled my column All Day & All Nite, and wondered if I needed to explain.

Ever notice how crazy life is? We can get lost so easily in the moment and forget everything else. That's the weird part about life though; just when you lose sight of what is important, it can sneak up behind you, tap you on the shoulder and slug you in the face. Life is unexpected, is a constant, life all day and all night.

My friend Steve thinks he is a Jedi Knight like Luke Skywalker from Star Wars. He tells me about the “force” and the power in it. The force is a way of life, a way of being, and something about a little green dude named Yoda. Steve says he will be able to do anything once his Jedi training is done. He's even asked about life though; just when you lose sight of the trifles of life, and they start to drag you down, just be glad to know you aren’t facing the Imperial Forces alone. Luke and I are out there, trying to defeat the Emperor and find our way around the galaxy too. Until next time, may the force be with you...

So Victoria offers me my own column for some unknown reason, and now you have to deal with my babble. I have entitled my column All Day & All Nite, and wondered if I needed to explain.

Ever notice how crazy life is? We can get lost so easily in the moment and forget everything else. That's the weird part about life though; just when you lose sight of what is important, it can sneak up behind you, tap you on the shoulder and slug you in the face. Life is unexpected, is a constant, life all day and all night.

My friend Steve thinks he is a Jedi Knight like Luke Skywalker from Star Wars. He tells me about the “force” and the power in it. The force is a way of life, a way of being, and something about a little green dude named Yoda. Steve says he will be able to do anything once his Jedi training is done. He's even asked about life though; just when you lose sight of the trifles of life, and they start to drag you down, just be glad to know you aren’t facing the Imperial Forces alone. Luke and I are out there, trying to defeat the Emperor and find our way around the galaxy too. Until next time, may the force be with you...

Fun To Be Had Around
And About Campus...

Thursday, October 26
La Di Da Music & Song Post
Featuring The Robert Oakes Band at 10:30pm
Open Mic at 8:00pm
Admission $3
8 Park Street, Montclair

Friday, October 27
University Art Gallery
Meta Materials, Featuring Three Contemporary Artists
Life Hall, Room 135
10:00am - 4:00pm

Sunday, October 29
Players & CLUB present
The Rocky Horror Picture Show
7:00pm in the Student Center, Rm. 126
$2 with costume; $3 without costume

Confused, Clueless, Need More Information.
Contact Victoria or Erin at X5169
Now and Then, back to the make believe land of growing-up

by Erin Perry

Best Friends. A term that is used so casually by some although cannot mean enough for me. My best friend Bridget and I have been friends for nine years now. We have been through everything together. She was always the one sitting next to me in the principal's office when we cut school, she handed me my first cigarette, and she was the one I signed "best friends always" to in our yearbooks and actually meant it. She is the reason my phone bill is so huge, and the one I tell my crazy schemes and dreams to. Bridget is the sister I never had. I knew she would see this movie with me.

Now and Then, written by I. Marlene King and directed by Lesli Linka Glatter, recalls the story of four girls, played by Thora Birch, Gaby Hoffmann, Ashleigh Aston Moore and Christina Ricci, growing up in the seventies in the same plastic, sheltered neighborhood. They are all best friends. Accompanied by an excellent soundtrack, this story is full of nostalgia, although is a bit predictable at times. It focuses on one summer, when they are twelve years old, and how the girls have a dream to save enough money to buy a tree house from Scars, for this would be a place they can call their own. Each character has her own specific stereotype; a weirdo, a movie star, a prude and a tomboy. The characters will take you back to the bullies and nerds of your own childhood to laugh at and recall the insane things kids do. It will make you go through puberty and your first kiss all over again. The film also experiences the tears and heartache of growing pains and the realization that perhaps the world isn't so perfect after all.

Despite their very different personalities, the foursome have remained friends through the years. Parts of the story portray the girls all grown up, played by Rosie O'Donnell, Rita Wilson, Melanie Griffith and Demi Moore, who has produced this movie with Suzanne Todd. Oddly enough the younger versions of these women appear more convincing and entertaining. Now and Then is a sentimental movie that will surely trigger memories of your own childhood and the friends who helped you through it. So call up that best friend of yours, the one who has seen you through all your skinned knees, and braces to share a trip down memory lane together, back to that make believe-land of growing up.
Opinion/Thursday, October 26, 1995

MAIN EDITORIAL

The present GER system has been a topic of controversy for some time. Many students claim that the requirements are simply a way for departments to fill their classes. Others argue that it is pointless to take a class in something it seems that they will never actually use. Still others contend that the classes are instituted to keep students at MSU for longer than the four year span that many have planned. However, this may not be the case.

Supporters of the current GER system claim that these classes form a well-rounded student who becomes exposed to a number of disciplines outside of his or her major. Further, the requirements may, in fact, assist some students in deciding on an educational field to pursue. Regardless of the arguments supported, the fact is that these requirements consume about three-quarters of the credits necessary for graduation. This makes the status of these classes an issue which every student at MSU has stake in.

The GER will be the topic of discussion for Convocation Day on Tuesday, October 31. The administration and faculty will be open to hearing questions and arguments from students and let them explain their position on the subject. The statements presented might help determine the future of these classes, especially since MSU is in the process of undergoing the Middlestate evaluations, which could potentially change the requirements in the near future.

The students at MSU are constantly criticized for their apathy about issues which effect them. Convocation Day will be a prime opportunity for the campus community to challenge this perception by taking a role in this event. What is said will not only determine the future of these GER requirements, but will also generate a commentary on the changing view of the university.
TKE must apologize, not issue the “Great American Excuse”

The offensive poster that TKE produced should not be defended by comparing it to other offensive literature, in the vain hope of gaining some credibility for cross actions. Neither can it be set against the work of setting up the escort service.

Perhaps there would not be such a need for the service if TKE were more respectful towards women. Their defense, that other examples of offensive images are available at MSU, is also flawed. Those cited involve an element of choice. You do not have to buy Play­boy or The Village Voice, they are not plastered in front of you. Although the depiction of a woman could be seen by many to be demeaning and insulting, it was the image itself that was more dangerous.

“For men who know what they want and know how to get it.”

This sinister kind of attitude leads to the type of situation reported on the front page of The Montclarion, men stalking women and worse. 

It seems that other fraternalities and sororities are using similar advertising tactics for their organizations. The way Mu Sigma Upsilon depicts women could be seen as offensive too. Does this model accurately reflect the aims of the organization? Are the hands of these organizations tied in the way that models appear to be? Are there no strong positive images of women that could be used?

The same applies to the Latino fraternity. Does the cartoon on their poster represent men in a positive light? What about those who don’t want to be portrayed as body-building meatheads?

It seems that all these organizations are dropping to the lowest common denominator, sex, to advertise their wares. Surely you have more imagination and substance! Perhaps TKE should learn to be real men, to accept responsibility for their actions.

They might not have wanted to offend anyone, but they have and they know it. Why not apologize for this, instead of issuing the Great American Excuse? Isn’t it accepted here?

Matthew Connolly
Technology

Montclarion’s views on Million Man March called “lopsided”

Upon reading the last edition of the Montclarion, I was infuriated with the very negative responses to the Million Man March, and the lopsided views of the Montclarion writers. I’ve been silent way too long as the Montclarion continually verbalizes its racist views, but now it’s time for me to have my say in the matter.

As an African-American woman, I totally supported the Million Man March and its objectives. The feeling of exclusion never entered my mind. One thing that the Montclarion neglected to mention was that there were no women turned away from the march. Although it was primarily aimed at black men, no one was prohibited from marching in the Million Man March. As a matter of fact, there were several hundreds of women involved in the march. Once again, poor journalism did prevail in the Montclarion. Although I wasn’t one of those several hundreds of women, I was there spiritually as well as mentally.

I salute the organizers of the march who devoted their time and efforts to make the march a success, despite the many barriers that were put in the course of the Day of Atonement. The message couldn’t have come at a better time, when our community is facing some serious social problems, such as high rates of black on black homicides and high numbers of African-American men that are either incarcerated or somehow involved in the judicial system. Although taking responsibility for yourself and your family, as well as becoming

continued on page 20
Farrakhan's mission is to "break mental and economic shackles"

In my attempt to respond to Mr. Paternoster's claim of a fraudulent "million man march" in the October 19th edition of the Montclarion, I still try to maintain a balance of both sanity and truth here. First, I do not nor can I speak for other African-American men. What I have to say is purely personal. The last several weeks have seen the good ship America traveling in some turbulent waters. Orenthalj. Simpson walked out of America's grasp after months of lynching activity kept up by the same liberal media. Mr. Paternoster refers to: he was found guilty only of poor judgement. America is now considering changing its rules with courtroom procedure, so that such a travesty of justice does not occur in its foreseeable future. O.J. is bigger than Oklahoma City, which, by the way, hasn't been on the front page in many, many weeks. Bosnia and all other national and international events have had to take a backseat on the bus of news because we've been burying ourselves with his golfing schedule. Even the Pope was asked about the case during his visit. Now comes this demagogue: Farrakhan, this charismatic man able to dupe vast numbers of unsuspecting and naive black men, this Hitleresque product of America's loins now turning on his parents. As they say in the cigarette commercial, "You've come a long way, baby," America has come all the way from washing its hands in one man's [Indian] blood and wiping them off on another man's [African] back, to deciding for African-American men that they're being duped.

Mr. Paternoster, I sincerely appreciate your desire to protect black men from themselves. But this is tantamount for the fox standing over the hen house. For instance, you deftly compare Farrakhan to Hitler. Your attempt to weave a thread of commonality through their characters is impressive. While it is true that both men had an appreciation for the arts, our very own President Clinton has jammed with the likes of Kenny G and the Blues Brothers. So what are we saying here? Are we saying that men in leadership positions who love the arts are also born killers? It's known that Yeltsin has a loving appreciation for vodka. Does that make him a murderer? As for the minister's declaration that Jesus was black, noted theologians and historians throughout the world are, in fact, debating that very issue. For the sake of political correctness and just plain old truth and decency, I must ask Mr. Paternoster, college educated Iwitsman fanatics label "deviant." (Of course, not going to have mistaken "the light" for that which blinds them. I must snap out of this reverie, this programming. They all must snap out of this reverie, this programming. They all humans. Mr. Alonso, as well as others in his situation, has a mission to break the mental and economic shackles that bind African-American people.

Lastly, Mr. Paternoster, a large group of black men gathered for a fellowship and prayer. There were no crosses, swastikas, no "kill the white man" placards, no black on black violence, no opportunity for police to beat black male heads. Just men respecting and loving each other. I know that hard for you to comprehend and quite frankly, I know America was a little disappointed that there were no fireworks. I urge you, don't let hate and ignorance blind you. Too many of us, both black and white, have already succumbed to that. As a young man, you are part of this country's future. I beseech you to be a positive part.

Thomas A. Hutchines
Senior Maintenance Worker, Residence Life

Relativism needed to recognize validity of different ideas and to insure freedoms

Divisive ideas are "recreted" to be gay! This is simply not true. The figures of homosexuality correspond more closely to 1 in 10 people, so no doubt Alonso can find some "ungodly" persons in his own Chi Alpha group (perhaps only "non-practicing" homosexuals). A problem with the Christian suppression of homosexuality is that a notable amount of child molestation occurs when a priest or minister suppresses his homosexuality for "fear of God," only to act upon his God-given sexual preference by abusing little boys. "Any group that is denied freedom, recognition, or respect will inevitably develop tendencies that Christian fanatics label "deviant." Of course, not going to church on Sunday is "deviant" enough.) Not only homosexuals, but blacks, Hispanics, and other oppressed peoples are all said to exhibit "deviant" behavior. Suppression of homosexuality may also lead to unhealthy behavior, which many straight freely use as stereotypes. Incest, then, is a myth and moral appreciation an illusion, it is not sure that such oppressed groups develop from the mainstream, sometimes only to increase their own self-worth. Such is the response to a society that rejects individuals' humanity. Those who make "absolute truths" for the sole purpose of assurance of their freedom in myth and historical ideals must see the potential benefits of relative thinking.
Montclairion Mailbag

All letters must be received at the
Montclairion by
3:00 p.m. Monday.
The letters must be typed and include the author's name, major, social security number, and phone number. The last two items will be used for verification purposes only.

Rubino

by Michael Rubino

The Major League Baseball strike that threatened to eliminate the 1995 season is behind us. America's Pastime may not be what it once was, but the wonderful game of baseball is indeed alive and well. All one needs to do for proof is look at the intense fervor that surrounds the Yankees-Mariners series, undoubtedly one of the greatest play-off series in history as. The World Series has pitted a match-up between the two dominant teams of this past season, an unparalleled match-up that left no true consensual favorite or underdog.

While fans have clustered around televisions, and sportswriters and commentators have given their player-by-player analyses, yet another group of dissidents with too much time on their hands have feebly attempted to disrupt the fun. Indian activists have engaged in a protest on the "racist" and "politically incorrect" World Series, which this year showcases the Cleveland Indians and the Atlanta Braves. With both teams represented by Native American logos and mascots, one activist described the series as "twice the racism for the same price."

Historians note that the Atlanta Braves, formerly of Boston, changed their name from Beaneaters to Braves in 1911, in favor of the brave chiefs of past Indian tribes. The name itself promotes the myth of bravery and courage: a brave, bold, or daring person - a North American Indian warrior, as described in Webster's. Plus, anything has got to be better than "Beaneaters."

The Cleveland Indians changed their name in honor of a Native American named Lou Sockalexis. His career and his life were cut short due to a severe drinking problem. But in a short time he had a fabulous effect on the league. Robert Smith wrote, "He did a hundred yards in ten seconds, with his baseball uniform on, which was about as fast as any man in the world could run in those days. There has never been a stronger throwing arm in the professional leagues than Louis Sockalexis owned...never seen a cleaner, more accurate swing or a better-muscled body, or even known a ball to be hit as far as when Sockalexis hit it."

The protest has been widely ignored and I've probably given it more exposure than it deserves. But it's the small perpetual movements, seemingly harmless, that attempt to dismantle this nation's fine institutions. It's the social engineering and the politically correct stormtroopers that continue to criticize this great nation. For instance, did you know there is a group called the National Coalition on Racism in Sports and Media? "Watchdogs" dedicated to rooting out all those evil and offensive behaviors in sports and media, like the evil, offensive and socially unacceptable Atlanta Braves and Cleveland Indians.

The protest is being widely ignored and I've probably given it more exposure than it deserves. But it's the small perpetual movements, seemingly harmless, that attempt to dismantle this nation's fine institutions. It's the social engineering and the politically correct stormtroopers that continue to criticize this great nation. For instance, did you know there is a group called the National Coalition on Racism in Sports and Media? "Watchdogs" dedicated to rooting out all those evil and offensive behaviors in sports and media, like the evil, offensive and socially unacceptable Atlanta Braves and Cleveland Indians.

The point is, who is going to strap a derogatory or self-mocking logo or team name to their franchise, which represents their city and fans? These "activists" are not going to assuage the plight of the Native American Indian by picking on a couple of baseball teams.

Rubino

by Michael Rubino

Reflections of a baseball fan on the politically incorrect World Series

in 1911, in favor of the brave chiefs of past Indian tribes. The name itself promotes the myth of bravery and courage: a brave, bold, or daring person - a North American Indian warrior, as described in Webster's. Plus, anything has got to be better than "Bean,eaters."

The Cleveland Indians changed their name in honor of a Native American named Lou Sockalexis. His career and his life were cut short due to a severe drinking problem. But in a short time he had a fabulous effect on the league. Robert Smith wrote, "He did a hundred yards in ten seconds, with his baseball uniform on, which was about as fast as any man in the world could run in those days. There has never been a stronger throwing arm in the professional leagues than Louis Sockalexis owned...never seen a cleaner, more accurate swing or a better-muscled body, or even known a ball to be hit as far as when Sockalexis hit it."

The protest has been widely ignored and I've probably given it more exposure than it deserves. But it's the small perpetual movements, seemingly harmless, that attempt to dismantle this nation's fine institutions. It's the social engineering and the politically correct stormtroopers that continue to criticize this great nation. For instance, did you know there is a group called the National Coalition on Racism in Sports and Media? "Watchdogs" dedicated to rooting out all those evil and offensive behaviors in sports and media, like the evil, offensive and socially unacceptable Atlanta Braves and Cleveland Indians.

The point is, who is going to strap a derogatory or self-mocking logo or team name to their franchise, which represents their city and fans? These "activists" are not going to assuage the plight of the Native American Indian by picking on a couple of baseball teams.
Republicans support the real feminist ideology for American women today

The Republican party has been characterized by the liberal media as anti-women. Women have been told that since the Republicans are for welfare reform and against affirmative action, abortion, and the feminist organizations like the NOW gang, they are not the party for women. They are told that, “There are almost no women in the Republican party, it’s the old boys network at its worst.” But which party and ideology really represents the views of most American women? The liberal Democratic party continues to support such things as affirmative action, emphasize abortion as a wedge issue, and ask for more money for breast cancer to show that they support women. However, women are not dumb - they understand gender based pork as they see it. Also, the polls show that twice as many white women oppose affirmative action as support it. And, while women are split on abortion, it is far from their primary voting issue. At the same time that they are backing these benign issues and name-calling, the Democrats cast the Republicans as not caring about women. These self-anointed “feminist leaders” such as Patricia Ireland and Andrea Dworkin, meanwhile, have hijacked feminism and part of the Democratic party. These new “leaders” have cheapened such important issues as rape, domestic violence, and welfare dependency. Dworkin has stated that all heterosexual sex is “rape.” Most women in America disagree, with such a ludicrous claim. And doesn’t this lessen the impact of rape when it really happens? The definition of domestic violence in feminist circles has been extended to include one push, shove, or slap on the arm - even clenching your spouse’s elbow as she walks away from an argument. Again, does this not cheapen a horrible act? The feminists state that the Republicans are against women because they are proposing welfare reform. Isn’t this selling women short? While it’s true that most people on welfare are women, shouldn’t the supporters of “women’s liberation” help them to get out of this cycle of dependency? Then there are the ubiquitous statistics. Most of us remember the report that came out a few years ago which showed that domestic violence increases on Super Bowl Sunday. This was pointed to as proof that men are overly aggressive and become more so by watching football. The report was later proven to be totally fabricated - but no apologies were issued. Pat Stevens, a feminist talk show host, said on Crossfire, “there are six million women a year in this country who are battered by their husbands or boyfriends...” On the assumption that only ten percent of batterings are reported, she told the audience that an estimated 60 million women are beaten each year by husbands or boyfriends. The hosts of the show did not challenge this figure, even though the Census Bureau shows that only 36.8 million women in America are living with a man. In 1992, July 4, a cover story on battered women it stated that: “In 1992 the US Surgeon General ranked abuse by husbands and partners as the leading cause of injuries to women aged 15 to 44.” The truth is that then-Surgeon General Antonia Novello mentioned, in the Journal of the American Medical Association, that: “One study found violence to be...the leading cause of injuries to women aged 15 to 44.” This refers to all violence, not just violence by male partners. By exaggerating the facts and numbers, the feminists are doing a great disservice to those who have actually experienced these atrocities. Conservatives do not view women as inferior to men, but understand that men and women are different. Men (on the whole) are stronger than women, so men should do the heavy lifting, the more strenuous jobs. Who would you rather have saving you from a burning building? Women, in the conservative view, are the pillars of society. They bear and raise the children, and for this reason deserve to be placed on a pedestal. They should not be sent into combat, because without women there is no more civilization. They should not be told that it is okay to have a child out of wedlock because most are not as rich as Murphy Brown and wind up on welfare, struggling to make ends meet. They should have equal opportunities and equal pay for equal work. Conservatives support all of these things. However, they understand and appreciate that motherhood is the toughest, least appreciated, worst paying, and most important job in America - and applaud the women who are strong enough to do it. Feminists and liberals view women who stay at home as weak and controlled; conservatives view them as the backbone of the nation.

Republicans need to continue to support and actively seek the women’s vote. Most women support their small government, pro-growth views. In the November elections, white women voted 55% to 45% for Republicans. A recent poll of college women by In View magazine only 16% were willing to accept the feminist label. The most telling statistic, though, may be that the National Organization for Women, the most powerful feminist organization in America, which claims to represent the interests of 129 million American women, has only 270,000 members. With a little attention to communication and courtship, the Republicans can secure the women’s vote for a long time to come.

Moral and ethical standards must be upheld in all political leaders’ characters

During the 1992 presidential campaign, President George Bush stressed the importance of character. Character, as defined by the American Heritage Dictionary, is “moral or ethical strength.” It is a description of a person’s attributes, traits or abilities. A leader, according to Gary Dorsh, should have a character of high moral and ethical standards.

His argument, which was - and is - a good one, was that the president of the most powerful nation in the world should have certain qualities that are defined in one’s character.

Are high ethical and moral standards too much to ask for in a leader? In recent years, many Americans have shown a lack of concern for this area. Proof of this was the outcome of the 1992 election. The American people, as a result of dissatisfaction with “politics as usual,” voted for change; thus, the presidency of Bill Clinton. The American people gave Bill Clinton a responsibility to uphold and to revere to the best of his ability the highest office on the face of the planet. By doing this, American people placed an enormous amount of trust in him. The point is, before giving someone our trust, shouldn’t we be certain that he is deserving? Shouldn’t we be sure that the person we trust in possesses the necessary personal qualities to lead? But, what exactly are these qualities? It is my view that honesty and loyalty are the pivotal qualities of a leader (not to mention an individual). How can one put their trust in a liar and a traitor? We know this much: Bill Clinton cheated on his wife. In marriage, Mr. Clinton vowed to be loyal and faithful to his wife. He failed to follow through on this promise, which makes him a liar. We also know that he dodged the draft. He evaded his duty to his country, which raises the question of his loyalty. Mr. Clinton, by example of his actions, lacked the conviction to be honest and loyal. Despite these character flaws, he was elected president.

Again, a lack of concern with character is being displayed in Washington. Black men were following Louis Farrakhan in what was supposed to be a one million man march. Despite the worthwhile cause of the march, the responsibility of leadership is being placed in a man whose character is extremely flawed...

Despite the worthwhile cause of the march, the responsibility of leadership is being placed in a man whose character is extremely flawed...
Belief in absolutes are the mark of an unfree mind

In his column last week, Nelson Alonso attempted to find virtue in the concept of "absolute truth" by pointing making questionable accusations about homosexuality. Although I don't doubt Alonso's sincerity, I wonder if his religious beliefs haven't blinded him.

I agree with Alonso that relativism (the belief that one person's morality is no better than anyone else's) is dangerous, and damages the search for truth. However, Alonso's faith in absolutes is equally dangerous; it lacks the flexibility of doubt, of the possibility of being wrong.

Alonso's diatribe against homosexuality is a case in point. Alonso wrote, "Nature itself reveals that homosexuality is wrong," Alonso is wrong. The advances of science and in the study of nature make discoveries about nature on an almost day-to-day basis. Science leaves no room for absolutes because science, by its nature, is incomplete. In science, what may be considered self-evident one day may be completely disproven the next. A man of Alonso's apparent intelligence should know that, if he quotes Copernicus to disprove the existence of intelligent life on other planets.

Later in the column, Alonso goes on to say, "no one was ever born homosexual." I find it improbable that Alonso has missed all of the research done in the past few years on a genetic explanation for homosexuality.

Finally, Alonso claims that homosexuality leads to egocentricity, masochism, and child molestation. Alonso would also have us believe that homosexuals are "recruited" into the lifestyle. If Alonso would leave room for doubt in his views, he may see other explanations.

Homosexuality is frowned upon in most cultures. Homosexuals are made to feel worthless, subhuman, and are routinely subjected to assault, verbal abuse, and discrimination. "Coming out of the closet" is a very trying experience for homosexuals, because they risk rejection from family, friends, faith, and society. Who would "choose" a lifestyle like that?

Alonso's attack on homosexuality relates back to the discussion of absolute truth. I wonder how comfortable Alonso is with the fact that he shares the belief in absolute truth that fundamentalist Moslems and Christians, Communists, and extremists on the left and right do. Such people believe that their version of the truth is correct, and no debate is valid or needed. Such a belief has led to tyranny, oppression and genocide.

Stalin's absolute belief in Communism led to his programs which killed fifty million people. The Nazis' absolute belief in Aryanism led to the Holocaust. Torquemada's absolute belief in Christianity led to the Spanish Inquisition. Such is the legacy of absolutism.

Absolutism is a barrier to seeking knowledge. If one is unwilling to doubt his beliefs, he misses out on more knowledge by limiting his possibilities.

The refusal to believe in absolutes, and in acceptance of the fact that there are only possibilities and probabilities, is not home of wanting acceptance; it is the mark of a free mind, unwilling to take explanations or beliefs at face value. As a journalist, I appreciate the value of free thought, and adopt a free mind. I believe it would do good for an intelligent man like Nelson Alonso to adopt it as well.
RUMOUR: ALL THE NEWS THAT SITS AROUND AND PLAYS ATARI™ ALL DAY

HOT PIES!

Chatter and gossip from across the globe. Dig in!

MSU President, Irvie Reid: Discovered a huge patch of gold under College Hall; plans on using revenues from gold sales to fund his own private wars against the Sandinistas.

Bill Gates, wealthy Microsoft guy: Secretly bashes Apple Macintoshes with his brand spanking new super-deluxe sledgehammer™.

Timothy Leary, LSD guy: Actually had an entirely sober week!

Former President George Bush: Currently taking ballet lessons from Bobcat Goldwaith. Claims to be getting better, but doesn't want to say anything, because "it wouldn't be prudent."

Connie Chung: Found in bed naked with Montclarion Humour columnist John J. O’Sullivan. She was heard saying, "OH JOHN, YOU'RE MY KING!!!! OH YESSS YES!!!!!!"

Calvin and Hobbes by Bill Watterson

Calvin and Hobbes

Hey kids, on Thursday show and tell. I'll be bringing a box surprise I'll set to music and make it interesting. Tomorrow, when I reach my next lesson in the image, you'd want my lesson Supplement. Art and story."

Calvin and Hobbes

Hey kids, on Thursday show and tell. I'll be bringing a box surprise I'll set to music and make it interesting. Tomorrow, when I reach my next lesson in the image, you'd want my lesson Supplement. Art and story."

Calvin and Hobbes

In the future, everything will be troubleless. Computers will take care of every task. They'll just want to what we want done and done. We'll never need to learn the human interaction. Computers will take care of the problems of our homes.

Calvin and Hobbes

Drivers, kings, to jeeve. Hobbes. Each egg represents one of life's concerns. To know each, to have each, to live each. Each egg represents our life's balance and taking care. Each egg, to have each, to know each, to love each."

Calvin and Hobbes

Life is about balance and taking care of our surroundings. Let's talk about the importance of independence. Let's talk about the importance of independence.
Libelous puzzles

THE CROSSWORD

ACROSS
1. "The Luck of Roaring —" author
2. Ray Stevens' play-by-play about a naked guy
3. "The Color of Money" author
4. Napoleon XIV rants about being committed
5. Steve Martin salutes a museum exhibit
6. Buckner St Garcia's video-game illness
7. Who's Wiser's home
8. "Bugs" biologist
9. Ringo's pitch for his son
10. "Chop Suey" author
11. Buckminster Fuller's movie
12. "Champ" author
13. "Who's Wiser's home"
14. "D.Z." author
15. "Chop Suey" author
16. "D.Z." author
17. "D.Z." author
18. "D.Z." author
19. "D.Z." author
20. "D.Z." author

DOWN
1. What an actor named "Frank"
2. "Chop Suey" author
3. "D.Z." author
4. "D.Z." author
5. "D.Z." author
6. "D.Z." author
7. "D.Z." author
8. "D.Z." author
9. "D.Z." author
10. "D.Z." author
11. "D.Z." author
12. "D.Z." author
13. "D.Z." author
14. "D.Z." author
15. "D.Z." author
16. "D.Z." author
17. "D.Z." author
18. "D.Z." author
19. "D.Z." author
20. "D.Z." author

FIRST AID
ACROSS
1. J J H E B Y V T T E O T O L I
2. G D B Y W T R P N M N K I F
3. D B Y W U S Q O A E M K I F E
4. D B Z X W S U E M R D M S Q G
5. O N Y L N J S T G N I L S A
6. H F D R C L Z A O P E T U C D A
7. Y W U E U V T R N O C S C N
8. O B P P R J N L O C W I K I A
9. H F L T E A N C C Y D V B Z B
10. Y E W V U H C I L M I E H S R
11. H Q P N M S E R U T C A R F L

FIND THE LISTED WORDS IN THE DIAGRAM. THEY RUN IN ALL DIRECTIONS—FORWARD, BACKWARD, UP, DOWN, AND DIAGONALLY.

NOVELTY ACTS

By Rick Rubin

The following are descriptions of 20 well-known novelty songs. Identify them all. (This quiz is dedicated to Dr. Demento.)

1. Ray Stevens' play-by-play about a naked guy
2. Steve Martin salutes a museum exhibit
3. Brian Hyland's tale about a skimpy swimsuit
4. "D.Z." author
5. "D.Z." author
6. "D.Z." author
7. "D.Z." author
8. "D.Z." author
9. "D.Z." author
10. "D.Z." author
11. "D.Z." author
12. "D.Z." author
13. "D.Z." author
14. "D.Z." author
15. "D.Z." author
16. "D.Z." author
17. "D.Z." author
18. "D.Z." author
19. "D.Z." author
20. "D.Z." author

Pssst...I don't know if it's true, but I heard that the answers are on page 27. Then again, I could be wrong...by the way, did you hear that Princess Di was having an affair with...

MONTCLAIRION 25
AD OF THE WEEK

KINDLY SUBMITTED THIS WEEK BY OUR OWN ERIC CAMERON

Colon Health Care— is an internal bath that washes away old toxic waste accumulated along the walls of the colon. It is given with pressurized water. One colonics irrigation is the equivalent of approximately four to six enemas. Colonics irrigations reach every part of the intestinal tract. The treatment is used as a corrective process, and for prevention of disease. Colonics are recommended for ailments, such as constipation, psoriasis, acne, allergies, headaches and the common cold, to name a few.

SUGGESTED READING


Taken from "New Jersey Naturally" Summer-Fall 1995, p. 76. No, we don't use them here.

I can't believe just how far our college has come ever since we've attained university status! I think the letters MSU means Mucho Status for Us. Did you know for the first time the MSU blimp made it's appearance at the last Giants game? I heard that MSU will be soon coming out with the carpe diem emporium credit card: "seize the buyer's days." That's not all! President Clinton finally succeeded in bringing peace to Bosnia. He told them that they better put their guns down or else he'll send in the MSU Roughriders to kick their asses. Also the Federal Treasury Department just announced that MSU President Irvin Reid will appear on an all new three dollar bill along with a new silver dollar bearing the face of Montclarion. Nonetheless, there is still room for improvement! Let's hear it for the TEN BEST WAYS TO BOOST OUR UNIVERSITY'S PRESTIGE!!

1. Replace the shuttle bus service with monorail service.
2. Open up an international stock exchange at Partridge City.
3. Sponsor regular football games between the Red Hawks and the Quebec City Roughriders.
4. Give MSU President Irvin Reid regular spots on the Rikki Lake Show, Geraldo, 60 Minutes and Eyewitness News.
5. Construct heliport atop Blanton Hall.
6. Have MSUPD establish exchange officer programs with Patrick Stewart, and Madonna as full-time faculty members.
7. Put their guns down or else he'll send in the MSU Roughriders to kick their asses.
8. Open up an international stock exchange at Partridge City.
9. Sponsor regular football games between the Red Hawks and the Quebec City Roughriders.
10. Replace the shuttle bus service with monorail service.

John J. O’Sullivan, my hero and yours, has led a life of scandal and such in his past. Oh yes, he may appear to be the sweet, innocent John we all love and admire, but beneath it all this reporter has uncovered some startling information...

FIRST: After breaking in with Cleveland in 1913, O’Sullivan turned up in Chicago with the White Sox in 1919. He was permanently banned from baseball, along with 8 other White Sox, for conspiring to throw the World Series.

SECOND: After being re-elected President of the United States, scandal broke loose. As it came to light O’Sullivan had first hired thieves to break into the National Democratic Headquarters in the Watergate Hotel, and then conspired to hide it from the public. He resigned the presidency later that year.

THIRD: In 1994, he was indicted for the murders of his ex-wife and her boyfriend. Only through the efforts of his “dream team” of lawyers was he able to walk, a free man.

FOURTH: He was arrested and convicted of the murder of Bobby Kennedy, presidential hopeful. After switching places with a laundryman and legally assuming the identity of John J. O’Sullivan, ace laundryman. He received extensive plastic surgery to become the model he now is.

FIFTH: After losing to an unknown from Timbuktu for a lead role in a comic strip, O’Sullivan attempted suicide 23 times within a 3 hour period and received intense psychiatric counseling. Thankfully, it was unsuccessful. And the unknown who beat John out, Calvin, went on to become a star with his pet tiger, Hobbes.

SIXTH: He sent the Beatles on their road to destruction by meeting and falling in love with Yoko Ono. His musical career was ruined by these unfortunate events.

SEVENTH: The world is again shocked as he poses nude in Playgirl magazine, in the "Heroes of Desert Storm" issue.

EIGHTH: After the release of the movie about his life, JJO’S, O’Sullivan is proved to have been abducted by aliens. He was tested, and dropped into the Mongolian tundra, where a lone Sasquatch, despondent over the loss of his child, finds him and raises him. He is recovered when his surrogate mother is shot by Elvis in a 1980 hunting trip from his secluded hide-away.

LASTLY: Attempted to rig the Montclair Homecoming Election by planting subliminal messages in the roast beef in the Blanton Hall Cafeteria. Thankfully, the plot was discovered by an unnamed freshman, who ate all the roast beef and then spent the next three days in agony, throwing up blood and beef. He was posthumously awarded the Montclair Medal of Honor for his courage.

Now, thanks to my investigative skills, we have proved John J. O’Sullivan to be the hoax that he is. John J. O’Sullivan, you are ruined! No more coercion on innocent freshmen, who you buy ice cream for! Now don’t you wish you hadn’t picked me last for the baseball game and told me to play bench???? HUH???? Revenge is sweet...enjoy the scandal old friend.

Miracle Cure: Eating Trees and Drinking Raw Sewage Can Cure Cancer!

by Eric Cameron

John J. O’Sullivan, my hero and yours, has led a life of scandal and such in his past. Oh yes, he may appear to be the sweet, innocent John we all love and admire, but beneath it all this reporter has uncovered some startling information...

FIRST: After breaking in with Cleveland in 1913, O’Sullivan turned up in Chicago with the White Sox in 1919. He was permanently banned from baseball, along with 8 other White Sox, for conspiring to throw the World Series.

SECOND: After being re-elected President of the United States, scandal broke loose. As it came to light O’Sullivan had first hired thieves to break into the National Democratic Headquarters in the Watergate Hotel, and then conspired to hide it from the public. He resigned the presidency later that year.

THIRD: In 1994, he was indicted for the murders of his ex-wife and her boyfriend. Only through the efforts of his “dream team” of lawyers was he able to walk, a free man.

FOURTH: He was arrested and convicted of the murder of Bobby Kennedy, presidential hopeful. After switching places with a laundryman and legally assuming the identity of John J. O’Sullivan, ace laundryman. He received extensive plastic surgery to become the model he now is.

FIFTH: After losing to an unknown from Timbuktu for a lead role in a comic strip, O’Sullivan attempted suicide 23 times within a 3 hour period and received intense psychiatric counseling. Thankfully, it was unsuccessful. And the unknown who beat John out, Calvin, went on to become a star with his pet tiger, Hobbes.

SIXTH: He sent the Beatles on their road to destruction by meeting and falling in love with Yoko Ono. His musical career was ruined by these unfortunate events.

SEVENTH: The world is again shocked as he poses nude in Playgirl magazine, in the “Heroes of Desert Storm” issue.

EIGHTH: After the release of the movie about his life, JJO’S, O’Sullivan is proved to have been abducted by aliens. He was tested, and dropped into the Mongolian tundra, where a lone Sasquatch, despondent over the loss of his child, finds him and raises him. He is recovered when his surrogate mother is shot by Elvis in a 1980 hunting trip from his secluded hide-away.

LASTLY: Attempted to rig the Montclair Homecoming Election by planting subliminal messages in the roast beef in the Blanton Hall Cafeteria. Thankfully, the plot was discovered by an unnamed freshman, who ate all the roast beef and then spent the next three days in agony, throwing up blood and beef. He was posthumously awarded the Montclair Medal of Honor for his courage.

Now, thanks to my investigative skills, we have proved John J. O’Sullivan to be the hoax that he is. John J. O’Sullivan, you are ruined! No more coercion on innocent freshmen, who you buy ice cream for! Now don’t you wish you hadn’t picked me last for the baseball game and told me to play bench???? HUH???? Revenge is sweet...enjoy the scandal old friend.

Elvis is ALIVE and ARRESTED: Seen Peeing on Bush; Arrested for Indecent Exposure, Page 325.
Dogs found to know the secrets of life, happiness, and success; Benji gives his first interview EVER!! Turn to page 43 right now!

Your Lousy Fate:
A Horoscope by John J. O'Sullivan, Dish Dealing Astrologer

Aries: (Mar. 21-Apr. 19) You will gain wealth and fortune, as you are found out to be the Kennedy Assass. And don’t get me started on those damn mutant squirrels’ kids, one of those damn kids ate all of my damn tomatoes. I can’t stand those kids eating my damn [BANG...thump] The interview ended when I shot the Crotchety Yelping Power Tree Frog. The squirrels will be brought to court to answer to charges of murder. Insiders agree that their defense will be utility negligence. Here lies another example of yet another hopeless tragedy, yet another SuperFund site added from the growing number exploding plutonium waffle irons; what will it take for the leaders of the world to ban these cooking implements of mass destruction! Mutant squirrels of the world, would you rather have Cjksdfalsdian Waffles, or breathable air and drinkable water? The choice is yours.

Taurus: (Apr. 20-May 20) The pictures of your affair with Renee, blow-up doll of your dreams, will be your downfall.

Gemini: (May 21-June 21) Apples of your youth will hunt you down in your next dream. Think applesauce.

Cancer: (June 22-July 22) Had sex? Yes? Well you better run, Andrea Dworkin found out, she’s pissed, and she’s got a tank! Say your prayers!

Leo: (July 23-Aug. 22) Your cat, Fluffy, was the actual murderer of Nicole Brown-Simpson and Ronald Goldman - he used an OJ Simpson disguise (ahal).

Virgo: (Aug. 23-Sept. 22) Boulders from hell will fall from the sky, and will destroy your favorite unicycle. Michael Jackson is the Anti-Christ.

Libra: (Sept. 23-Oct. 23) Ernest Borgnine is dead. Ernest Borgnine is dead. Ernest Borgnine is dead.

Scorpio: (Oct. 24-Nov. 21) If you don’t send 343,324,324 dollars to me, John J. O’Sullivan, your deepest secret will be revealed. If you do, I won’t tell everyone that you still wear bunny pajamas with built-in feet, whilst eating tapioca...without a spoon. O0o0ops...heh heh heh...have a nice day! (whoopsie)

Sagittarius: (Nov. 22-Dec. 21) You are one of the secret characters in MK 3. Use the super-deluxe-skull-splitting-spine-torture-Donna-summer-insanity move for the best chance of beating Shao Khan!

Capricorn: (Dec. 22-Jan. 19) Juan Valdez, world famous coffee farmer, is actually a woman. How does this relate to you? I don’t care; get a damn life.

Aquarius: (Jan. 20-Feb. 18) Tony Danza had an affair with your neighbor, Old Woman Whithers. She has pictures that she will show at her next Tupperware™ party.

Pisces: (Feb. 19-Mar. 20) Lobo, the smelly terror mutt from hell will be present at your wedding, eating your cocktail weenies and piddling on the priest’s head.


Mutant Squirrels accidently Kill Nine People in Freak Waffle Iron Accident!
by John J. O’Sullivan

"It was so terrible; the craters in their skin, the maple syrup-I don’t think I’ll be able to eat another waffle again!“ These were the words of a bystander yesterday after the accident that will now and forever be known as: “The worst accident to happen at 5:03pm yesterday”.

The mutant squirrels from the planet ZolKoPBleech-A9 were cooking their favorite dinner, Cjksdfalsdian Waffles, when their plutonium powered waffle-iron started glowing, and eventually exploded, killing nine and injuring 45435454545 as the waffle iron reached critical mass, reducing every tree in a 65 meter circumference. Said the mutant squirrels, "Whoopsie; I guess we should have brought the damn thing back after it started oozing green stuff. Drat-o-darno."

Their neighbors, the Crotchety Yelping Power Tree Frogs, were not fazed by the accident. “Those stupid mutant squirrels from planet ZolKoPBleech-A9 always have something blowing up over their; last week it was their damn Swiss Army Knife, the week before their toaster was on the blink, and next week, it’ll probably be that damn Cuisinart™. They better get a damn repairman over there, or that damn tree will go up next. And don’t get me started on those damn mutant squirrels’ kids, one of those damn kids ate all of my damn tomatoes. I can’t stand those kids eating my damn [BANG...thump]” The interview ended when I shot the Crotchety Yelping Power Tree Frog.

CULTURAL IDIOCY QUIZ ANSWERS

1. “The Struk”
2. “King Tut”
3. “You Don’t Mess With The Zohan”
4. “They’re Coming To Take Me Away, Ho-Ha-Ha!”
5. “Hello Madge, Hello Fuddik! (A Letter From Camp)"
6. “Wet Dream”
7. “Wish Doctor”
8. “The Monster Mash”
9. “Take Off”
10. “The Man From Oz”
11. “Mr. Dog-A-Ling”
12. “Transfusion”
13. “Dazed Duck (Part 1)”
14. “Dead Snake”
15. “The Cuck Shuffles”
16. “Purple People Eater”
17. “Alley Cat”
18. “Fat”
19. “Fish Heads”
20. “Short People”
SPRING BREAK! TRAVEL FREE with SunSplash Tours. Highest Commissions paid at lowest prices. Campus Representatives wanted to sell reliable tours. Jamaica, Cancun, Bahamas, Daytona, Panama City and Padre. 1-800-426-7710.


Child care position available for qualified individual to care for my two children in our Montclair home. Live in/out. Three days/week. Experience and references required. Call 746-8591.

Single room for rent - $325.00 per month- Across the street from campus. All utilities included. Families only. Available now. 2 additional rooms available for January. Call for info. 778-1504.

Wanted: A reliable, responsible, fun person (M/F) for occasional afternoon, evening, weekend baby-sitting for 2 boys (5 and 8.) Must have own transportation. Call 746-1987.

Kidsitter needed. Two boys, aged 6 & 7 need responsible mature role model for weekend watch. Long hours from early AM to late PM. Occasional overnight & evenings. Call Cathy/Frank. 212-255-0020.

Montclair family seeks caring, responsible, creative person to care for 2 young children 15 hours weekly. Hours somewhat flexible. 1 full day and 1 morning necessary. Option of room, small stipend in exchange for child care. Call 744-1639.

Earn free trips & cash!! Breakaway tours is looking for motivated students, organizations, & clubs to promote Spring Break & New Year’s tours to Mexico, Florida, Montreal, Quebec City & Vermont! Leader in student tours for the past 12 years. Best commission! Call 1-800-465-4257. Member of the BBB.

Graduate School

The New School
Master of Science in Teaching
COURSES, CONTROVERSY AND ENLIGHTENMENT SINCE 1919
66 West 12th Street, New York, NY 10011

Who

Teach?

Teaching isn’t just a job. It’s a profession with a strong moral dimension. The Master of Science in Teaching program is dedicated to training a new generation of teachers to be agents of change in schools. Teaching degrees can be earned during a full-time schedule in eleven months and, beginning this spring, on a part-time basis over two to five years. For additional information please call 212-229-5630 EXT 5.

Drew University Graduate School

M.A., Ph.D.

- English Literature
- Modern History and Literature
- Biblical Studies and Early Christianity
- Religion and Society
- Theological and Religious Studies
- Liturgical Studies

Master of Letters (M.Litt.)
(A program of liberal study for adult students)

Medical Humanities, certificate

For more information and an application, call 212/489-3109 or fax 212/489-3242. Internet: rwesterf@drew.edu
Graduate Admissions, Madison, New Jersey 07940

To place a classified ad please call 655-5327. The cost is $10 per week for 25 to 30 words.
POSITIONS ARE AVAILABLE IN A VARIETY OF AREAS:

- WRITERS
- PHOTOGRAPHY
- GRAPHIC DESIGN
- ASSISTANT EDITORSHIPS
- COPY EDITORS
- EDITORIAL POSITIONS

THESE ARE JUST A FEW OF THE MANY POSITIONS STILL AVAILABLE.
CALL X5169 AND LEAVE MESSAGE OR STOP BY ROOM 113 STUDENT CENTER ANNEX.
Personals

Hi all, blah blah. JJO'S

Carmen, Down U & your temptations! Lux, Cher

Jill, Welcome back from Newyork! Finland

To my Sailboat, You know what the hell you are (Edit), I love you man; stay strong and don't stress.. JJO'S (2...oops...GM 45)

To Ed, You are screwed up. Love, your Twin Alien

Carmen, Koney, man! Lux, Cher

Jessica, I'll give you $1.00 if you take me to Arkansas! Lux, Carmen

Ginny & Val, So sorry so sorry so sorry...will clean room will clean room... Lux, Carmen

Cher, Be like me :) :) :) all the time! Lux, Carmen

Cory, Go away. Love, me

Cher, Where the hell is Medford? Is your name Kevin? I want E-Mail!!! LOPEZM@Alpha.montclair.edu

Hey everyone: Chain letter target above!!! JJO'S

You gotta love those baggy jeans... What about Spandex™? Muhahahahahahhaha

Tony Bananas (TX AM) You're a rich paddle maker. Gee, how did you get that?! I'm not as silly as you

To the Lambda Class (TX) What about Spandex™? Lux, Theta

To the Bohn Hall DA's, obscene photoshop prints! JJO'S

Jennie, You are very sweet & pretty—let's do lunch some time! Luv, Carmen

Christie, I miss you! Try to be awake the little time I'm around, and come out more! —A lonely fish-head.

To Queen Lisa (DPhiE), thanks fo r a great mixer! And an interesting game of thumper! Love, Theta Kappa Chi

To Martha (Room 102b), Keep up the good work Phi Mu Alpha Pledges! Love, Laura

To Nor & Erin, Thanks for the chills, it was a fun walk back! Thanks for being such a great roommate and friend. You've kept me sane! Luv & Sisterhood, Spittleon 168

Shooter, STOP PLAYING DONNA SUMMER'S!!!!!!! ARCH!!! I DON'T CARE ABOUT SOME DAMN CAKE!!! STOP THE HURTING!!! Lux, John "Disco in Dead" O'Sullivan

LD, Thanks for all the talks! You've kept me sane! DL x7845. When do you want to start pledging for my keeeper club? Cassnot

Say Diva, Could you please turn off the TV? This time, watch out for the flash! Uh huh! Lux, Victoria

Stacey, Bernie, & Beth, "You have to hold your position because if you were mountain climbing on slippery ice and you fell, you would want to be able to hold yourself up." Diva.

Yes, JJO'S.

Joy, Every week we get more and more and more free stuff! We are marvelous moochers! Please, no more obscene photoshop prints! Love, Victoria

Jessica (Phi Sig), - Congratulatious! You did it! I'm glad that we're sisters! IPSL, Laura

To the kake Hall Dk's, I still miss you guys and all the gossip at the desk, but I definitly don't miss fire drills!!! Love, Victoria

Tony Bananas (TX AM) You are a rich paddle maker. Gee, how did you get ALL of that stuff??? Hmmm Mmmm... Love, your big.

Jill F., I'm sorry. I shouldn't have put pressure on you like that. I hope we can become good friends.

TO Coach G., Just give it up. You suck. From a few players

JJO'S, You're the funniest, smartest, & coolest person to hang out with. Let's get f**ked up together by smoking blatt (it's good for you) & by drinking Mad Dog (it's for your health). Cassnot

Okay Stewart, what do you want? (j/K) JJO'S

Beatrix, Thanks for being such a great roommate and friend. Happy Birthday! Love you, Lisa

Lisa (Theta), I am going to steal you. —Ed

Jean-Marie says I'm mean, but freshman annoy me. Shown (Honey), Go get that bitch! Love, Tor

I'm going to get the paperpap paperpap paperpap paperpap paperpap. Jimmy Two-Times

What's up guy? —Niccy Eyes

What goes clickity smack clickity smack THUD!!! A dying horse. What goes whoosh whoosh whoosh?? Us beating a dead horse.

"L"-L-

Lux (Theta), Never again! Love, Ellen

Diy, Thanks for a great dinner! And an interesting game of thumper! Love, Theta Kappa Chi

To Queen Lisa (DPhiE), You are very sweet & pretty—let's do lunch sometime! Cassnot

Christine, I miss you! Try to be awake the little time I'm around, and come out more! —A lonely fish-head.

To the girl that gave BO the hicky: I love you, I miss you, come back soon. —Big

Karen, CANS! Tony

Collage (Theta) Thanks for everything! You're a great friend. I love you! Love, Me

Nicole and John J., You are the best big sister and brother that I could have. —Ed

And now, the AIX contingent has a say: AIX: Simply the best

Hoo & Eric, Look a shark is coming down the road, should make a left on red? Love, Laura

 Tanks (Even AIX) It is Zun, let's rock and roll! Evil spirits; how strange? Love, Fafa (Even AIX)

Sue Sue, You are my best OASAASLLS. Love, John J.

Jean-Marie, This is #2! How many days until Hallooween? Robert Smith here we come... Love, your once gothic sister, Victoria

Jean-Marie, KISS THE GIRL!שן You have such a big nose, and it's only Monday, I am jasn. I can't wait for Washington. The Smithsonians is must. —Hugo, Victoria

Jean-Marie,This is #2! How many days until Halloween? Robert Smith here we come... —Love, your once gothic sister, Victoria

Jean-Marie, Hoosier Dady is the best Cover band EVER! Raider

To the girl that gave BO the hicky: I love you, I miss you, come back soon.

To my Sailboat, Youk, or whatever the hell you are (Edit), I love you man; stay strong and don't stress.. JJO'S (2...oops...GM 45)

To the girl that gave BO the hicky: I love you, I miss you, come back soon. —BG

To my Sailboat, You know what the hell you are (Edit), I love you man; stay strong and don't stress.. JJO'S (2...oops...GM 45)

To the girl that gave BO the hicky: I love you, I miss you, come back soon. —BG

To the girl that gave BO the hicky: I love you, I miss you, come back soon. —BG

To the girl that gave BO the hicky: I love you, I miss you, come back soon. —BG

To the girl that gave BO the hicky: I love you, I miss you, come back soon. —BG

To the girl that gave BO the hicky: I love you, I miss you, come back soon. —BG
More Personalals

an interesting conversation on Saturday - can you name 10 Smurfs?
Love,Theta

To the 18 members of TX who attended the road trip to Penn State this past weekend...what's the next road trip?
-Casper

HEY: THAT WAS MY QUESTION!!!!!!!!!
JRO's

Holly,
I think we must resume the once a month club. I wouldn't want to sit in a coffee shop all night with anyone but you!
Love, Victoria

Leslie, (Theta Pledge)
Stick with it Little Littles!
Love, your Big BigEllen

Tony (Lamba Pledge Class - TX) Want some ACME pizzas? It costs whatever he tells us; it's filthy!
GM II

Bayonne - Would you like me to finish your massage?
Phi Sig

Little Bro, Eric (TX) You're doing awesome and are making me proud, take some power nap! (BTW, this weekend was great, ok? Do you think you had enough cherry coke?)
-Your Big, Jay GM II

Suzette - Drink Britch!
And you thought that we didn't know how to have fun!
Phi Sig

Steve, put a damn shirt on!
To my most beautifulist Biggness, You're the greatest stuff! I love you
Sigma 3 love, Little Littles

No shower + dirty clothes + no toothbrush + junk-food + long car rides + no sleep + trips to Greek food + Delta Omicron Alpha: Life threatening disease? Yeah, we got that!
To: Stu & Pid
We still love ya!
Peace, Malik

JRO's or Joe P. ......who is the bigger stud?
Lamba Theta Alpha Latin Sorority, Latin by Tradition, not by Definition - 1975

Rosa...
I love you!
Love, J-M.

To Carol,
Thanks for being there for me in my times of need. I don't think I've told you how much I really appreciate you.
Love, Paula

Krispy (Tri-Sigma Grand)
I'm sorry we don't get to spend more time together. Your family loves you!
Love, the fun & stuffs

Steve, you're the greatest. U freeze bitch you!
Love, Maria

Beth,
Can I borrow the toaster to toast me green english muffins? If I can I also borrow a knife? I need to get a knife.
Your repetitive nonsense

Kurt [THB]
You are my soulmate!
Am

Victoria,
You are the greatest. U freeze bitch you!
Love, Maria

To Sigma Sisterhood!
I noticed you were slammin and jammin at the Sigma Chi Road Trip!
Love, your Big Big Ellen

Loren (DPhiE Pledge)
You are doing an awesome job. Stay strong! I'm always here if you need me.
Love, your Big Big

Steve, why are your shorts riding up? Could it be...BECAUSE YOU PUT ON 231623898.
PAIRS????
Alex

AFT 107a Close,
I'm so glad we are really close. We don't need men to have a good time. You guys are the best! Love one of your roomies
Casey,
I miss seeing you outside of the Student Center. I am afraid of the cafeteria anyway. Call me, soon. We have to hang out, rate guys and smoke.
Love, Victoria

Tomato (Theta)
Congratulations! Was it a black tie affair, did you wear your face? I guess the conditioning worked...
Love, your roommates

To Miss Schaefer (JILL #005)
I love you Big!
Karen

There is hypothalia...in my mouth
Delta Omicron Alpha: Life threatening disease? Yeah, we got that!

To: Steve & Pid
We still love ya!
Peace, Malik

JRO's or Joe P. ......who is the bigger stud?
Lamba Theta Alpha Latin Sorority, Latin by Tradition, not by Definition - 1975

Rosa...
I love you!
Love, J-M.

To Sigma Sisterhood!
I noticed you were slammin and jammin at the Sigma Chi Road Trip!
Love, your Big Big, Lisa

Brian, I love you peenies
Love, Carmen

NOT AN INNUENDO!

Oh, Okay; I nearly commented on it.
JRO's

Jackie,
I like grapes!
Love, Ringo

Delta Omicron Alpha RULES!!!!!!
Carmen,
Let me repeat myself--twins...identical twins!!!
Love, Cheer

Great, I have to really mic甚 much time for you, but I still love you! I'll reallyblow my more often.
Vanessa

The men's soccer team is a bunch of easy guys.
Who is Michael, man in the football team, my obnoxious phone caller, him? I'm not privileged enough to get into the Britwax, ya, or your column. You have to reveal yourself fast.
Joy (Snooki clone)
What is the atmosphere around here at 279ft.? (Salt Water?)
Love, Cheer's bro
To LTO,
Thanks so much for spending tonight on Saturday. You guys are really deep, basically meant a lot to us.
Love, MIDI

Stacy,
RULES:
1) Lillian can not use a phone.
2) Lillian can not participate again.
-Unknown

Don - Meoooooowwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwww
Ithaca too much to handle; MSU defeated 33-7

by Bob Czechowski

MSU prepares for the Lions

Ever since 1929, MSU and Trenton State have met on the gridiron. Except for the years of WWII, these two schools have battled it out every season, making their rivalry the oldest in New Jersey. Since the rivalry began, 62 games have been played between the two schools, and MSU leads the series 39-21-2. Last year, TSC pulled out a gutsy victory on an MSU failed two-point conversion in the final minute of play.

TSC is coached this year by Eric Hamilton, and their current record is 4-3. Entering their last game, TSC was averaging over 18 points and over 260 yards per game. QB Pete Harteveld has been impressive, throwing only one interception in 190 attempts this season, and throwing four touchdowns. On the season, Harteveld has 1,023 yards. Receiver Brendan Prophett has 24 receptions, and Dan Russo also has 24.

Running back Eric Cunningham has 344 yards on 75 carries. On the defensive side of the ball, Steve Guidette has 43 tackles and five sacks, and Matt Hagy has four of TSC's 13 interceptions.

The game will be played at Lions Stadium in Ewing Township on Saturday at 2:00 PM. MSU Defense teams up to stop Ithaca last Saturday.
Men’s soccer making a strong run toward the post-season

by Nick Guantani

Entering Tuesday night’s game, the MSU men’s soccer team needed to win all three of their remaining games in order to be considered for post-season play. A 1-0 win last Friday over CCNY and a 7-1 beating of Vassar last Thursday, gave the Red Hawks hope and confidence for consideration for NCAA play-off contention.

MSU’s latest victim was on Tuesday, when the Red Hawks posted a 3-0 upset victory over Drew University, the 18th ranked team in the nation. Coming into the game, Drew had an impressive 14-1 record, but were still unable to stop the tremendous play of the Red Hawk defense and offense. Rob McOmish, Tony Cervone, and Jon Myles added one goal each to record the must win the Red Hawks needed.

Last week against CCNY, the Red Hawks blanked their opponent 1-0 with the help and great play of sophomore Seth Korman (parsippany). In his first start of the year, Korman stopped seven shots to keep CCNY scoreless. The only goal of the game was scored by Cervone who recorded his fourth goal in only two games. The goal was scored early in the first half and the rest of the team played strong and smart to keep the Red Hawks in front for good.

The 1995 regular season schedule comes to an end this week as the Red Hawks take on Richard Stockton Thursday at 2:30 and on Saturday against power Trenton State at 7:30. The remaining two games are the toughest matches MSU will face for the two reasons that they are in must win situations and both opponents are powerful teams.

The Red Hawks are riding a three game winning streak and if their momentum can carry them, then post season play is just around the corner. MSU’s overall record is 10-5-2 and 3-2-2 in the NJAC.

Women’s soccer shuts down FDU-Madison

by Nick Guantani

The MSU women’s soccer team finally broke their two game streak of tied matches with a 3-0 victory over FDU-Madison. The Lady Red Hawks may have shut out their last two opponents, but they also haven’t scored a goal in their last two contests until Monday night.

Goalkeeper Keri O’Meara turned out two great games last week stopping a total of 20 shots in the two ties and shutting out FDU-Madison on Monday.

The Lady Red Hawks finish up their regular season this week with games against Jersey City State on Wednesday and Kean College on Saturday October 28th at 12:00 noon.

MSU’s overall record stands at 7-6-3 and 0-3-1 in the NJAC. The two remaining games on the Lady Red Hawk schedule are conference matches and if they can win both games, they will place themselves in the win column under NJAC opponents. As it stands now, MSU has failed to win a game in conference play. Also, the next two games are very important for post-season play. Two wins will give the Lady Red Hawks a chance of making the ECAC post-season tournament.

Montclarion’s Athlete of the Week

NAME: TONY CERVONE
YEAR: SOPHOMORE
H.S.: MONTCLAIR
NO.: 24
POS: BK

Tony has stepped into the starting lineup in a major way, scoring five goals in the last three games. Three of those goals came against Vassar College, which was Tony’s first start of the year.
Volleyball enjoys successful tourney

by Nick Gantatzis

For the first time ever, the MSU women's volleyball team will be hosting a post season match on Thursday after posting an impressive 3-1 victory over conference rival William Paterson, ending the 1995 regular season schedule.

The Lady Red Hawks finished their season with a 15-12 record and a 3-3 NJAC mark and a fourth place finish in conference play.

Last weeks Jersey City State Tournament proved to be successful for the Lady Red Hawks as they defeated their first three opponents and eventually fell to Sacred Heart in the semi-finals. MSU defeated Scranton in the first match by a score of 2-1, followed by a victory over CCNY 2-0, and Dominican 2-0. In the semi-finals, the Lady Red Hawks fell to Sacred Heart 2-0.

Sophomore Dolly Koshy (Teaneck) contributed with a total of 31 kills and 11 digs in the tournament, while teammate Lauren Mazurkiewicz (North Arlington) added 27 digs.

The women's volleyball team has won a total of six of their last seven matches, and before losing to Sacred Heart, the Lady Red Hawks were riding a five game win streak. This is the second time this season that MSU has won a streak of five consecutive matches.

Saturday will be the finals for the NJAC Tournament and if the Lady Red Hawks can produce win streaks like they have in the past, then there's no reason why we shouldn't see MSU in the finals on Saturday.

The beginning of the season looked dim for MSU as they dropped nine of their first 12 contests. Post-season play appeared to be a long shot at that point, but impressive win streaks placed the Lady Red Hawks where they wanted to be at the beginning of the season.

All-American

by Eric J. Wright

Coach Brian McGlaughlin's men's swimming team has had a Canadian torpedo in its arsenal for the past three years. Standing at 6 feet 3 inches and weighing in at 215 pounds, senior captain Mark Arnold is that torpedo. Hailing from Toronto, Ontario, Arnold has All-American credentials with a record of winning that makes him one of the most successful athletes in Montclair State's history.

In his debut year at MSU, Mark Arnold was Freshman Athlete of the Year and earned All-American honors at NCAA's in both the 100 and 200 yard backstroke events. Since then, Arnold has qualified for NCAA championships in both his sophomore and junior years; winning his third All-American title last year and setting two school records. Within the Metro-Conference, he is undefeated in the 200 back and hasn't lost the 100 back in over two years.

With all this success, what is left for this Canadian born dynamo? The answer is located north of the border in Canada. In January, Arnold will compete in a qualifying meet for the Canadian Olympic trials. If successful, Arnold will compete with Canada's fastest swimmers for the right to represent the Maple Leaf in the 1996 Summer Olympic Games.

Whatever the outcome, Mark Arnold is a proven winner. Canadian or not, MSU's own, Mark Arnold, is All-American.

ATTENTION STUDENTS!!

CORRECTION!!!!

All excess textbooks in the University Bookstore will be returned beginning • • • October 23rd. • • •

If there is a textbook that you need and you have not yet purchased it, then you must do so by this date.

If there are any questions, please call the University Bookstore at x4310.
Tuesday night's World Series game was a must win for the Cleveland Indians as they pulled out a victory in the bottom of the 11th inning to win 7-6. History is that no team has ever come back from a 3-0 deficit in any baseball post-season play and win that series. Teams have come back being down 2-0, but if Cleveland was down 3-0 I doubt they would ever have a chance.

The latest word out of New Jersey is that Derrick Coleman wants out. Coleman says that he can't see improving in the future for the Nets. All I want to say is if Derrick lived up to his billing of NBA title. Coleman is the biggest I le says that he wants to compete for a championship in the future for the Nets. I le says down 3-0 I doubt they would ever have a chance.

I "he latest word out of New Jersey is that Derrick Coleman wants out. Coleman says that he can't see improving in the future for the Nets. All I want to say is if Derrick lived up to his billing of NBA title. Coleman is the biggest

Everyone's wondering if Buck Showalter is returning as Yankee manager. I strongly believe he'll be back, but he needs the respect from the Boss, George Steinbrenner. I admit, Buck did make key mistakes in the wild card series against the Mariners, but that's not enough to treat him unfairly. The Boss knows that Buck is one of the best in the game and the sooner he accepts the fact the better the Yankees will be.

Deion Sanders has been cleared to play on Sunday against his former team the Atlanta Falcons. The league nixed his contract invalid but they have still cleared him to play on Sunday. Sanders' contract is $1.39 million over the salary cap and therefore he is invalid. The good news for Cowboys fans is also that Sanders will be playing both offense and defense on Sunday and most of the season. Look out Cowboy opponents things are only going to get worse.

It's great to see local talent produce on higher levels. Former Garfield High School star Wayne Chrebet now playing for the New York Jets leads all NFL rookies with 34 catches.

Today, Thursday, October 26, is my 18th birthday. Now I'm legal! I could vote, I could join the army, I could buy cool magazines and rent cool movies. I could write another After the Bell column. I like that last idea.

The only point of watching baseball is for the post-season. The regular season is not exciting at all. It bores me. When I go see a Yankees game, I find it more fun to watch the fights in the bleachers. It gets interesting about the eighth inning (the game, not the fights). Don't get me wrong though, I love going to baseball games, and causing trouble.

One time, I went to a Phillies game with my friend Dan Grigal. They were playing the Rockies, and the Rockies were winning, so we decided to cheer for Colorado. The Rockies continued to score mad runs, and we were the only two cheering in Veteran's Stadium. There was this big, fat Phillies fan who was getting pissed at us, so we decided to turn up the juice. We were going crazy, cheering, giving old people high fives, and throwing stale pretzel pieces at the Phillie Phanatic. We left the game with no voices, and had about 30,000 people ready to kill us. It was a long walk back to the car. And that's all I have to say about that.

High school basketball. Freshman year, playing under the watchful eye of Mr. Preston. Practices were great back then, because they were at 4 o'clock. We would go to Al's every day, and buy waxes, Sour Cream and Onion chips, and a bottle of Mountain Dew. It was great. One time, Siuta, Koz, Dan, Fuzzy, and me went down the street. Koz proceeded to pick up Fuzzy Dave and turn him upside down. Then, he dropped him on his head. I heard the thump of his skull hit the concrete. I felt bad for the kid, but it was friggin' hilarious.

Vote for who you think has the best forecast comments! Call X 5241.

Clearing the Bench
With Nick Gantaifis & Bob Czechowicz

Fearless Forecasts

BOB CZECHOWICZ: WORLD-RENOWNED MERENGUE DANCER.
Jaguars +10 1/2 over Indy. If I was a Jaguar, I'd probably be eating you now.

RAF RICCI AND JEAN-MARIE (first female forecasters): EDITORIAL SEC.
Jaguars +10 1/2 over Indy. Giants can't win.

BRIAN HOFFMAN: I'M IN THERE LIKE SWIMWEAR.
Indy -10 1/2 over Jags. Jags surely can't win twice.

BILLY MADISON: BOB'S INSPIRATION.
Indy -10 1/2 over Jags. "Ms. Vaughn, so hot, want to touch the hiney." (Billy Madison)

Red Hawk Scoreboard

FOOTBALL: Loss to Ithaca 33-7

MEN'S SOCCER: Win over CCNY 1-0
Win over Drew 3-0

WOMEN'S SOCCER: Win over FDU 3-0
Win over JSC 2-0

FIELD HOCKEY: Win over WPC 1-0
Loss to East Stroudsburg 6-0

VOLLEYBALL: Win over Scranton 2-1
Win over CCNY 2-0
Win over Dominican 2-0
Loss to Sacred Heart 2-0

Fearless Forecasts

BOB CZECHOWICZ: WORLD-RENOWNED MERENGUE DANCER.
Jaguars +10 1/2 over Indy. If I was a Jaguar, I'd probably be eating you now.

RAF RICCI AND JEAN-MARIE (first female forecasters): EDITORIAL SEC.
Jaguars +10 1/2 over Indy. Giants can't win.

BRIAN HOFFMAN: I'M IN THERE LIKE SWIMWEAR.
Indy -10 1/2 over Jags. Jags surely can't win twice.

BILLY MADISON: BOB'S INSPIRATION.
Indy -10 1/2 over Jags. "Ms. Vaughn, so hot, want to touch the hiney." (Billy Madison)

Red Hawk Sports Week

FOOTBALL:
Saturday, October 28 at Trenton State 2:00 PM

MEN'S SOCCER:
Thursday, October 26 at Stockton State 2:30 PM
Saturday, October 28 at Trenton State 7:30 PM

WOMEN'S SOCCER:
Saturday, October 28 at Kean College 12 noon

FIELD HOCKEY:
Saturday, October 28 at Rowan College 12 noon

VOLLEYBALL:
Thurs. and Sat., Oct. 26-28 NJAC Tournament TBD

Call the Red Hawks Sports Hotline for all of the latest and up-to-date information on your favorite MSU athletic team:
(201) 655-7645.
Set for battle

Conference rivals come to MSU for NJAC Tournament. (Gantaifis, p. 34)