MSU loses a good friend and professor

BY JOHN J. O'SULLIVAN
MANAGING EDITOR

Dr. Ray Stover of the Department of Counseling, Human Development, and Educational Leadership, died on Sunday after a long battle with cancer. Stover, a dedicated teacher and Residence Life official, was a caring and respected member of the faculty who persevered as an instructor in the face of illness.

Stover began his career at Montclair State 30 years ago as the Director of Residence Life. According to the current Director, Margarette Coleman-Carter, Stover built the “strong foundation” that Residence Life runs upon. “He was a wonderful man, dedicated to housing and Residence Life. He truly was concerned about the personal growth of the students, trying to provide an educational home for students,” said Coleman-Carter. “He was also a good friend, and a warm person to talk to.”

After seventeen years with Residence Life, Stover moved on as a professor for the Department of Counseling, Human Development, and Educational Leadership in Spring 1987, although he stayed involved with Residence Life in a lesser role as a counselor. As a teacher, Stover was admired by his students, and According to Dr. Arlene King, chair of the department, he was a “...strong member of the department, who was available to the students. His counseling skills, and his hold on ethics and multiculturalism were strong.”

He was admired by his students, and despite his sickness, he continued to teach until he physically was unable to in November. Everyone who knew him would agree that he will be missed by the MSU community, as a strong professor, mentor, and person.

SGA starts with service in mind

BY TOM TRACY
EDITOR-IN-CHIEF

Extended library hours and a book swapping program highlight the goals and projects of the partially new executive board of the SGA for the upcoming semester. President Amy Fisher hopes to lead the legislature in looking for ways to extend library hours on the weekend from the normal closing time of 9:00 p.m. and institute some type of a program that will help students get a better resale value on their textbooks.

After a rough fall semester which saw the removal of the president and treasurer of the SGA and several cabinet resignations, the SGA appears to be headed in one direction with one goal in mind according to Fisher: “Serving the students and publicizing the many services that the SGA has to offer.”

Other endeavors of the SGA this semester will be to answer the concerns of many students who have noticed that the entrance guards in the parking lots leave their posts during the night, when the campus and their cars may be most vulnerable. According to vice-president Lauren Pytleski, “it is a problem if there are no guards at the lots at two in the morning, when most of the bars are emptying out and people try to get on the campus who do not live here.”

Anyone who has tried to use a computer in one of the many labs on campus during exams last semester noticed the long lines and abundance of people on the computers. According to Fisher, there is some speculation that people who are not students at MSU may be using the computers at a time when students are waiting in line to do work for class. “We may need to institute some sort of ID checking process to ensure that students are the getting use of the computers when they need them,” said Fisher. An issue that came up last year in light of the heavy accumulation of snow was the paving of the dirt lot across the street from the Clove Road apartments. The issue will be brought up again this semester to see what the advantages and disadvantages would be to paving it.

There were several changes made to the cabinet of the SGA. New faces include Director of Programming Joy Robbins, Director of Welfare and Internal Allen Pytleski, Director of Service Victor Cerillo and Public Relations Director Jill Levine. These new faces have brought a “renewed” spirit to the organization and should help her in better organizing the individual committees of the SGA, according to Fisher.

Fisher stated that she was working with Director of External Affairs Ruddy Andrade to create a program that would better educate students on issues affecting college students all across the country and run a successful voter registration campaign to make sure that every student on this campus is registered to vote. Pytleski added that another goal is to get the Senior Committee off the ground and produce a successful seminar of programming. The SGA is now actively searching for students to help with this committee.

One of the most intriguing projects of the semester may be the book swapping program that the SGA is trying to initiate. “We are going to start it on a small-scale basis, and see how it works,” said Fisher. “If it takes off, then maybe we can put it on the Internet somehow.”

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The Students' Voice

Thursday, January 16, 1997

Volume 76 No. 16

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International

Netanyahu's Cabinet accepts Israel's Hebron deal with Palestinians

Israeli Prime Minister Benjamin Netanyahu's Cabinet accepted Israel's Hebron deal with the Palestinians Thursday by a vote of 11-7, a spokesman said. The vote followed a meeting lasting nearly 12 hours.

Science Minister Benjamin Begin, son of the late Prime Minister Menachem Begin, resigned in protest at the accord, said the spokesman Shai Bazak.

"The government decided to approve the agreement by a vote of 11-7. After the vote minister Benny Begin announced his resignation from the government," Bazak said.

Marxist rebels accept government proposal to oversee peaceful solution to hostage situation

Marxist rebels holding 74 hostages at the Japanese embassy in Lima accepted Wednesday a government proposal to set up a "guarantor" committee to oversee a peaceful solution.

"The proposal to set up a committee is acceptable," Tupac Amaru Revolutionary Movement (MTRA) leader Nestor Cerpa Cartolini said in a radio conversation from within the residence monitored by news agencies.

Cerpa also pledged the rebels would not "execute" any of their hostages. "It is not in our minds to carry out executions, nor to give any ultimatum," he said. "We have never spoken of executions."

China hands over remains of American airmen

Yesterday China handed over to U.S. military officers the remains of American airmen who died 52 years ago when their bomber crashed into a remote southwestern Chinese mountain during a World War II.

"No matter where we must go or how much time it takes, America does not forget its warriors and we will endeavor to bring each and every one home," said Alan Liotta, deputy director of the MIA/POW office under the Department of Defense.

A formal ceremony for the airmen is to be held in Beijing on Friday.

National

Astronaut's stay on Mir space station comes to end

A four month tour of duty aboard Russia's Mir space station ended for U.S. astronaut John Blaha on Wednesday.

The space shuttle Atlantis docked with Mir late last Tuesday night to bring home Blaha and drop off his successor Jerry Linenger. The change of shift occurred officially at 4:45 a.m. EST when Linenger's gear, including a specially molded seat for an emergency return to earth, was moved aboard the station.

Figure skater Baiul arrested on charges of drunken and reckless driving

Olympic figure skating champion Oksana Baiul Tuesday turned herself in to police and was arrested on charges of drunken and reckless driving after she ran her car off a road during a weekend accident.

"Today at approximately four p.m., Oksana Baiul came voluntarily to the Bloomfield Police Department, was arrested by warrant for reckless driving and driving under the influence of alcohol," a Bloomfield Police spokesman said.

The 19-year-old Baiul, darling of the 1994 Lillehammer Winter Games for her gold medal performance, was released on a written promise to appear in court on January 27, police said.

Republican member of House Ethics Committee steps aside from Gingrich Case

A Republican member of the House ethics committee said Wednesday he had agreed to step aside from the Newt Gingrich case to restore the panel's even party ratio following the departure of Democrat Jim McDermott in a controversy over a leaked tape.

"I will not participate in any further actions of the Committee on Standards of Official Conduct relative to the speaker's case," Rep. David Hobson of Ohio said.

McDermott stepped aside Tuesday, one day after a Florida couple said they had handed him a tape of a Dec. 21 conference phone call on the ethics case involving Gingrich and his top lieutenants. Leaks of the tapes were published two days later.
Orientation informs new students

by Timothy Casey
Photo Editor

This Tuesday an orientation session was held for new and transfer students for the Spring 1997 semester. Several student organizations were represented by students recruiting new members. C.L.U.B. and The Montclarion were among the Class One organizations informing the new students of their existence and role at MSU. Social organizations participated in the orientation, offering new students some insight into the various Fraternities and Sororities on campus. Theta Xi and Tau Kappa Epsilon Fraternities and Phi Sigma Sigma, Sigma Delta Phi, and Sigma Sigma Sororities answered questions and shared information with new students.

Orientation workshop leaders Allyson Green, Paola Ciappina, Karyn Deming, Joy Robbins, Drajon Tubjonic, and Jenn Lynch led tours and interacted with the students to get them excited about their futures here at MSU. In the first part of the orientation, incoming students were greeted with enthusiastic speeches by Dean Helen Matusow-Ayres, Dean James Harris, Dr. Lee Wilcox, Dr. Anthony Piccinino, and SGA President Amy Fisher, who focused on the new motto of the Student Government Association: “Making Our Mark.”

New students also received information at the Student Services Fair, where presentations given by Faculty Preceptors gave the students an idea of the departments on campus. Students set up their E-Mail accounts, made their I-Cards, received a financial aid briefing and evaluation, followed by a tasty lunch in the Students Center Cafeteria.

Joy Robbins, an Orientation Workshop Leader commented “It was awesome to see so many excited faces at this orientation. I hope it encourages them to get involved and take advantage of all Montclair has to offer its students.”

MSU wins at quiz show

by John J. O’Sullivan
Managing Editor

A team of two Montclair State Students and an administrator won three out of four rounds on a cable quiz show, winning a $1,000 award for the university scholarship fund.

“Remember This,” a news-oriented quiz show shown on MSNBC and hosted by Al Roker, features local colleges and universities that compete for monetary prizes for their institutions.

MSU’s team consisting of students Michael Roessner, and Ed Graf, and Director of Student Activities, Charles Feiner, defeated teams from the University of Pennsylvania, La Salle University, and St. Joseph College, winning the $1,000 award for Montclair State. Since MSU fared well in the preliminary competitions, they will be competing in final competitions starting February 5. The grand prize of $20,000 could be within their grasp if they compete as they did last year.

The matches were far from easy wins. The Montclair State team struggled hard against the other teams, oft in the face of adversity. In their match with La Salle, MSU was 210 points away from victory. Only after Montclair, lead by Roessner, answered every question in the final round, were they able to claim victory. During the match with Penn, MSU defeated the College Bowl powerhouse by one question. “The matches were exciting to be in, and to watch on television after all was done,” said Feiner. “We conquered them once, and we can’t wait to beat them again in February.” Roessner boasted.

CLASS ONE, Cont. from front page
walls and ran countless feet of computer wiring. The final stages of the installation will occur within the upcoming months, where internet T-1 sockets will be installed in the walls, to give Class One’s direct connection to the internet.

“We want to make the Student Center a ‘smart building,’ where anyone can plug in a computer to, for example, make a presentation,” said Anderson. The Student Center is picking up half of the cost of the wiring, the remainder is being paid by the University. The wiring of the building itself began last spring, when all of the buildings on campus had network hubs installed. The installation of the hubs brought the wiring to the buildings, but it didn’t distribute the network feed to the various offices.

Among the improvements on the infrastructure of the campus computer network in the Student Center, major cosmetic renovations are being planned for the annex offices. Office walls, doors, doors tops, and the like will be repainted, and the old original damaged carpeting will be replaced with new carpeting. “Many of the offices are in real need to be repainted—some still have their original paint,” Anderson said. The renovations are roughly scheduled to begin during spring break, although much of it will be done little by little. Currently, the Student Center is considering three different sources for the paint, and is talking to several different manufacturers of carpet to find the best price. In the future, the annex corridors will be repainted and renovated, although this could take some time, due to budgetary constraints.

The improved cosmetic image, and the connection to the internet is hoped do more than beautify. A revamped image is hoped by Student Center operations, and the SGA, to increase student membership of organizations, and to improve image to outsiders. “We’re trying to use this to show interest in student groups and to encourage good programming to do great things for the student body,” said Anderson.
January 27 thru February 7 at the Student Center

MAKE YOUR PORTRAIT APPOINTMENT

by Calling

1-800-521-4009 Ext. 106
Mon. - Fri. 8:30am - 4:30pm

NOW!!

There is no charge for this first sitting and you must have your picture taken in order to appear in the yearbook!
Exciting events planned for Spring Semester

BY SUZANNE FEGLE
CAMPUS LIFE EDITOR

Welcome Back! I hope your break was more enjoyable than mine. I finished my finals, blinked, and now I'm back here at the wonderful Montclarion office! However, I'm not complaining. I like my work here. Although there is one event which.

Many of my writers either graduated or began internships. This means that my assistant Michele and I must find new writers or learn how to clone ourselves! Considering that we are both English majors and not Biology majors, I think the latter is impossible. That is why I am taking this opportunity to beg for your help.

Now I know that many people find the Montclarion office to be a dark hole inhabited by strange and unusual people. This is true. But it is also a great place to meet interesting people and learn about all the incredible events that occur on campus.

While January is a pretty dull month on campus, February looks to be quite busy. Beginning February 17, the MSU Alumni Association will begin its Annual Winter Phonathon. If you would like to get involved, contact Colleen at 655-4141.

The Women's Center will also begin its Lunchtime Lecture Series on February 26. Lieutenant Paul Cell of Campus Police will discuss and illustrate numerous techniques that will enhance our awareness about safety issues at noon in Student Center room 417.

The Lunchtime Lecture Series will cover topics such as eating disorders, menopause, equity in the workplace, women's sports and much more. Director Dr. Joan Ficke is extremely excited about the upcoming programs put into an account known as unappropriated surplus which is used to provide moneys for the functions of class II and III organizations.

How can I get involved? Well, you are already giving money, so, you may as well give your voice too. Whatever your interest may be, the SGA has an organization that will provide you with hours of enjoyment. And if they don't, then as long as you can find some other people who share your interests, you can start your own organization. Just by attending the many events that are held on campus, you can help make a success.

There is simply no excuse to not know what is occurring on this campus. Read the newspaper, listen to the radio station, or walk into the student center annex and stop by the SGA office (Room 103) or any of the other organizational offices that are located there.

Simply put, life at MSU is what you make it. If you are content to sit in your dorm room or at home with the family dog watching Brady Bunch reruns, then by all means go ahead. If on the other hand, you want to participate, then come on down, the door is always open and new friends are always welcome. Many people fought very hard to provide the programming structure that we have at MSU, and it is up to you the students to make it work.

and the three Presidential Achievement Awards that are now available to the women of MSU. "I would like as many students as possible to know that these opportunities are available and should be taken advantage of. Women students are a valuable asset to the MSU campus and I'm glad they can be recognized through these awards," said Ficke.

The application deadline is February 17, so to receive an application or more information, contact the Women's Center at 655-5114.

Now that you know that there are some great upcoming events to attend, why not build up your resume and write for the Montclarion? While I might be prejudiced, I do believe the Campus Life Section is the most interesting because writers attend a very diverse amount of events.

Also, this is my last semester as the Campus Life Editor. I would love to find someone brave enough to replace me when I move on to greener pastures. Think about it! Now you know what's going on and I've said my plea - have a great semester!

What exactly is the SGA?

BY TOM TRACY
EDITOR-IN-CHIEF

For those of you who are new to the campus this semester, you may be wondering what types of activities there are to do on this campus. To find your answer, the best thing for you to do is to become acquainted with the Student Government Association.

The SGA, as it is more commonly referred to, is a student-run corporation that includes within its makeup different services to meet the needs of the undergraduate student body. The SGA charters many organizations on this campus that program the majority of events that occur on this campus. From concerts and theatrical events, to publications and cultural awareness events, the SGA offers a little something to everyone.

Don't feel guilty to take advantage of it either. You see, you actually pay a $3.10 fee per credit that you take (maximum charge is $37.20 for 12 or more credits) which goes directly to the SGA to spend on campus programs and activities. The SGA has an annual operating budget of over $500,000 which is used to fund many student services such as a subsidized pharmacy program and reduced priced parking tokens. The remainder of this money is allotted to Class One organizations in the form of a structured budget, and whatever is left is put into an account known as unappropriated surplus which is used to provide moneys for the functions of class II and III organizations.

How can I get involved? Well, you are already giving money, so, you may as well give your voice too. Whatever your interest may be, the SGA has an organization that will provide you with hours of enjoyment. And if they don't, then as long as you can find some other people who share your interests, you can start your own organization. Just by attending the many events that are held on campus, you can help make a success.

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Dear Career Services... Q&A

Q Since I love to travel, I'm thinking of doing an internship overseas other than for my own enjoyment. What would be the benefits for me and how would I go about it?

A What's to be gained from an internship or volunteer program? A lot. An internship is an entry-level opportunity, an invitation to learn about a new field. In the type of global society we're becoming, international experience is becoming increasingly important.

Through an internship, students can learn and understand the culture of a different country, while working in a supportive environment that opens up opportunities they might not have under traditional work-study assignments. Additional benefits include:

- Practical experience in your field of study/training PLUS invaluable cross-cultural experience and language training / development.
- Exposure to international industries and technology.
- Beneficial international contracts and networking.

In the Career Services office, Room 104, Student Center Annex, there are two excellent resources to narrow your search in order to help you find the internship most appropriate for you. The Directory of Jobs and Internships Abroad provides advice on how to get the job/internship you want, rules and regulations, and specific opportunities in each country. International Internships and Volunteer Programs provides application procedures and program descriptions. In addition, World Wise has a very helpful Website for those computer literate (hopefully most of you!): http://umanitoba.ca/student/ics/wise.html. They have specific information on a number of opportunities that can help you in obtaining the spot you want.

Q I'd like to go to graduate school but I don't want to borrow money to do so. I will have to repay my undergrad loans quite soon and don't want more debt. Any suggestions?

A One way to pay for grad school is to try to get a graduate assistantship. Offered by all universities, a graduate assistantship pays your tuition and even provides you with a small stipend($3,000 - $6,000) in exchange for your work in a college office. The best kind of assistantship will be one that gives you experience in the work you are training to do: in a lab, as an instructor, as a research aide, as a media assistant, counselor, dorm director, and so on. Even if your assistantship has you doing nothing more than word processing for one of your professors, any honest work that pays your tuition is worth doing, and besides, you may make a lifelong friend of that professor.

In order to learn about assistantships it is wise to write or call for info to both the department you are planning to apply to and the graduate admissions office. Every institution does things in their own style and it is best to cover all bases. Very often departmental secretaries are an excellent source of information.

In addition to assistantships, there is money available from the private sector. Foundations, corporations, trust funds, associations, and fraternal groups offer financial help to graduate students. Come to the Career Services library to look at the Graduate Scholarships Book which identifies many of these sources. In addition, visit our homepage for more information.
A Message from Mountainside
Family Practice Associates

BY ANTHONY PASTENA, DO
CONTRIBUTING WRITER

Cigarette smoking, unbeknownst to many, is an addictive behavior fulfilling all the criteria for drug dependence. Although the number of smokers is in the minority overall, smoking is considered the number one cause of death in the United States. And the single most preventable factor contributing to death.

In national surveys, an overwhelming majority of people maintain that smoking is bad for your health. Then why do so many adolescents and young adults become addicted? Despite the obvious reasons of image, peer pressure, example from parents, influence from advertising, and the false belief that cigarettes relax them, the detrimental effects of this potentially deadly habit are not readily apparent to these youngsters because they are unfortunately not affected until years later.

Statistics point out that approximately 45 million American adults and 3.1 million adolescents smoke cigarettes with an additional 1 million individuals using smokeless tobacco. Among those who started smoking in early adolescence, it is estimated that half who have failed to quit will die directly or indirectly as a result of nicotine dependence. By the age of 17, about 77 percent have experimented with cigarettes, with approximately 25 percent becoming daily smokers. In a poll of adult smokers, 91.3 percent and 77 percent respectively stated that they had their first cigarette and became daily smokers before the age of 20. It is a known fact that the earlier one begins to experiment with cigarettes the greater the chances of becoming a daily smoker in adulthood.

It follows then that as young smokers become older, the average number of cigarettes consumed daily and the percentage of becoming daily smokers increase greatly.

Nicotine, the centrally acting drug component of tobacco, is delivered through the lungs to the brain by inhaling the smoke of cigarettes. A drag of nicotine is delivered in approximately 10-20 seconds to the brain and an increased blood level is established. Contrary to popular belief, nicotine acts as a stimulant to the central nervous system causing an increased heart rate, blood pressure, and bodily functions.

The relaxation people believe they experience is actually the result of their bodies getting the nicotine they are now dependent upon. After prolonged use, dependence develops and more nicotine is needed to avoid a withdrawal syndrome. This includes nervousness, restlessness, irritability, impaired concentration, hunger, fatigue, insomnia, and a craving for cigarettes.

Despite many health risks associated with smoking, like lung disease and heart disease, many adolescents and young adults not only fail to comprehend their reasonable risk, but also fail to see the short term consequences including cough, shortness of breath with exertion, bad breath, stained teeth, respiratory infections, and foul smelling clothes.

Because the epidemic of nicotine dependence continues as a major health problem in the US, it is our desire as Family Physicians to take an active role in promoting not only smoking cessation, but advocate public policy restricting smoking in the workplace, public facilities and schools, and the sales of cigarettes to minors. We are only a small part of a much needed national effort to implement these policies.

News from the Office of Public Information

“Field Studies in Humanities and Sciences,” an environmental education workshop for teachers, naturalists, interpreters, and concerned citizens, will be held at Montclair State University’s New Jersey School of Conservation Friday, Feb. 7, to Sunday, Feb. 9.

Participants will enjoy the beauty and serenity of Stokes State Forest while learning about the environment from two perspectives: humanities and the sciences. Graduate or undergraduate credit is available to students through MSU for the workshop.

Humantities courses to be offered include: art from found materials; children’s environmental literature; perception and creative writing; lapidary; leathercraft: an introduction; papermaking: cycling and recycling the forest; and environmental values.

Science courses include school-site analysis techniques, computer-aided environmental education, vegetation and the global crisis, ways of wild birds, good earth technologies, energy alternatives and winter ecology.

The workshop begins with a buffet dinner Friday at 6 p.m. and ends Sunday at 2 p.m. Saturday evening’s program consists of a presentation by a guest speaker on a current issue related to the environment, followed by refreshments and music.

Participants are asked to bring sturdy footwear (as well as ice skates), warm waterproof clothing and a flashlight, along with their own bedding, pillows and towels. Sleeping quarters are in heated cabins and dormitories. All classes are taught outdoors, regardless of the weather. For more information, or to request a registration form call (201) 948-4646.

The New Jersey School of Conservation, located in the 300.00 acre Stokes State Forest, is the largest university operated resident center for environmental education in the world.
Healthy Living: Relaxation, and a Good Night’s Sleep!!!

by Rob Kenney
Staff Writer

Blissful sleep is that rejuvenating, recharging repose in which about one third of our lives is spent. Only during rest do the bone marrow and lymph nodes produce substances to empower our immune systems. It is during the beginning of our sleep cycle that much of the body’s repair work is done. According to Oriental medicine, one hour of sleep before midnight is worth two hours after. However, for many of us, peaceful sleep may sometimes be elusive.

Sleeping pills impair calcium absorption (especially crucial to women), are often habit forming and paralyze the part of our brains that controls dreaming. They can leave us feeling less than rested and impair clarity of thought. The best way to deal with insomnia is to determine and change the cause.

Many prescribed drugs can leave us unable to sleep. Antibiotics, steroids, decongestants, cold remedies, appetite suppressants, contraceptives and thyroid medications can all contribute to sleep problems.

Studies show that people who are more active in the daytime are less likely to have problems with sleep. However, it is best to exercise a few hours before going to sleep. The hours between 4:00 and 8:00 p.m. are said to be ideal. Yoga, tai chi, meditation breathing exercises, biofeedback and guided visualizations are effective non-invasive methods to aid sleep. In Oriental medicine, it is believed that insomnia occurs when yang (the active stage) can not enter yin (the passive stage). Sleep is considered the supreme yin tonic.

In conversation with a classmate, I was informed of the effects of ingesting different herbs (not marijuana). He put rest some of my doubts related to their potency. The following is a list of herbs that do what they say they do!

Chamomile (Matricaria recutita) has long been used as a remedy for sleep disorders. It is considered a nerve restorative and helps calm anxiety and stress. Chamomile is ideal for people who are bothered by almost everything. It can be taken before bedtime. Chamomile is also a traditional remedy for nightmares. Chamomile is high in nerve and muscle relaxing calcium, magnesium, potassium and some of the B vitamins which also release tension.

Hops (Humulus lupulus) helps to induce sleep and provides a pleasant numbing sensation. This herb contains lupulin which is considered a strong, safe and reliable sedative. It can help mellow a person with a quarrelsome nature. It is also an anodyne, meaning it can help ease pain. Though its taste is bitter, it is safe for children.

Passion flower (Passiflora incarnate) helps to relax the mind. It is useful for worried insomniacs. It slows the breakdown of serotonin and norepinephrine, allowing one to maintain a more peaceful state of consciousness. Passion flower has traditionally been used to treat hysteria and to aid recovery from nervous breakdown. It is an anti-spasmodic and sedative.

Skullcap (Scutellaria lateriflora) is considered one of the best tonics for the nervous system. It has long been used to calm teething babies, quiet restless children, and help to nourish the nerves. When taken before bed, they are easily assimilated by the body. Deficiencies in the B vitamins and the B vitamins can also be factors in poor sleep.

By now, you have probably heard of the hormone, melatonin. It naturally occurs in the body as a secretion produced by the pineal gland derived from the neurotransmitter serotonin. It helps the body regulate circadian rhythms and is being promoted for a multitude of benefits from jet lag to immune enhancement. Melatonin has been studied since 1956, and may have many benefits, including slowing down process. Since most of the studies have been done on rats, it will be a while before we understand the long-term effects on humans. So, rather than taking this as a first choice, it is always best to treat the cause of insomnia, rather than masking the symptoms, whether it be by the use of herbs or melatonin.

If you are still skeptical about herbs and want a good nights sleep try the following. Banish all thoughts from your mind and focus on the rhythm of your breathing. You should soon be able to fall asleep yourself.

UPDATE: This is the final notice regarding the development of my abdominals. If you have missed the two articles previously written; I challenged the credibility of the Ab Isolator with an ab program taken from Men’s Health. My friend achieved a washboard in two months using the Ab Isolator and rollerblading everyday. I am reluctant to admit that I did not achieve comparable results using the program from Men’s Health. One major factor might have slanted the contest. I did not do any cardiovascular exercise during the two month span. Go figure!

Opening your Alpha account and safety on the Internet

by Rita Bronnenkant


More and more professors are using email to communicate with students. Some even have paperless classes - all assignments submitted via email. So join us for an adventure in cyberspace! You will soon wonder how you ever did without it!

What’s your Alpha password? Shhhhh! You’re not supposed to tell me! Don’t give out your password. If someone else can access your account, he could send email that would appear to be sent by you. Recently some MSU students used another student’s email account to send, ummm, suggestive email.

The recipient, who also happens to be a student, noticed something strange in his inbox. He read the email and then went back to his apartment to watch a video. Allegedly he tortured her.

This incident is being used to point up the “evils” of the Internet. Not all situations are perfect. Please keep in mind that you don’t really “know” anyone you have met through email, chat rooms, newsgroups, etc., until you have met him/her in person, in the real world. Apply basic common sense and we won’t be hearing about you on the 10 o’clock news.

The Alexander Law Firm of San Jose, California, has put up the Consumer Law Page, http://consumerlawpage.com/, containing links to over 100 consumer information brochures, collected articles, and resources. Find out about class actions lawsuits, product recalls, state and federal laws, archives, libraries and university databases, toxic torts, and more! This law firm is hoping that you will remember their name and hire them if you require legal services, but all the information is free for anyone to use. Take advantage of all the research someone else did.

Time for me to head to the bookstore and invest in some bargain used books! TTYNW - Talk To You Next Week.
Free Food and For Sale, two bands with promising futures

BY ERIN PERSEY
ARTS EDITOR

There’s just something I love about seeing a bunch of talented musicians begin to try and mesh their individual contributions and work together to create an original sound of their own. On Thursday, Dec. 12, in the Ratt, I had the opportunity to see two such struggling, although equally promising bands, Free Food and For Sale, with about fifty people in attendance.

Free Food opened the free show with a free warning; “We’ve only had three rehearsals.” Free Food features John Peterson (cello vocals, guitar, sax), Bill Hobbs (guitar), Sarah Gilbert (vocals), Chuck Doell (bass), Ken Adessa (drums), and a talking E.T. doll.

Despite their limited rehearsal time, Free Food sounded great, playing such tunes as Deep Blue Something’s “Breakfast At Tiffany’s,” and Eric Clapton’s “Wonderful Tonight.” The band also entertained the crowd with original works entitled, “Race Against Time,” “Younger Years,” “Sometimes Image,” “It’s Alright With Me,” and “The Age of Change.” Joining the band on stage for another original song, “Destination,” was singer, Peter Hope. Another surprise guest was the lead singer from the S.O.B.’s, Steve Pippino, playing with Peterson on saxophone, they did their rendition of U2’s “Angel of Harlem.” My only criticism of Free Food was their cover of John Lennon’s ballad, “Imagine.” Some greats just should not be messed with guys.

The show also featured the band, For Sale, who played despite a missing member. For Sale is composed of Sue Remus (lead guitar), Dave Hilton (bass), and Jay Clark (drums). They played an original instrumental cleverly titled, “The Napkin Song,” because it was composed on one.

Overall both bands sounded good, a bit rough and raw, but the potential is definitely there. Hopefully after a few more practice hours, they will play another show for the music lovers of MSU.

To see Branagh or not to see Branagh, that is the question

BY KEVIN SCHWEIZER
ADVERTISING MANAGER

Why, in the age of million dollar, Victoria Secret camisole-thong-plotted, under two hours blockbusters, would anyone make a four hour film in a language that most people don’t even realize they speak? Because if someone doesn’t, classic pieces of epic literature will be forever sheared down to the level of the audience, rather than lifting them up to the level of the work.

Kenneth Branagh, the modern father of Shakespearean film presentation and preservation, now offers us Hamlet. But unlike any Hamlet film that precedes it, this film offers the complete vision of Shakespeare’s “most celebrated work,” running just over four hours in length. Yes, four.

Set in a Czarist Russia-type period, filmed in the glory that is 70 millimeter by Alex Thomson, the film offers us a truly epic look and feel. And why not? If you are going to ask an audience to accept a four-hour anything, it has to look good. Contributing to this success is the costume designer, Alex Byrne, and the production designer, Tim Harvey, and a beautiful score by Patrick Doyle. Their work is extraordinary here.

Branagh’s gone to extreme lengths to select the cast of this film as well. The international flavor includes such talent as Derek Jacobi, Robin Williams, Charlton Heston, Kate Winslet, Billy Crystal, Sir John Gielgud, Sir Richard Attenborough, Brian Blessed, Gerard Depardieu and Branagh himself. They take their roles to heart and it’s obvious that even the least of their performances deserve some sort of award for meritorious valor. There is no one single performance that leaped out at you, negatively. Several, including Branagh, Blessed (as the Ghost) and Heston were particularly stunning.

The story is the one we are all familiar with from our days of high school, as well as the film versions of the past. “Sex, violence, sword fights, the ghost of a dead father, a journey into madness, the politics of a country and a family at war – a quite extraordinary story,” is how Branagh describes it. Most recently, Mel Gibson, (directed by Franco Zeffirelli) gave us a version of this story most audiencies accept. It was short and sweet, running about two hours, with great performances by another stellar cast. So where did Branagh find two or so hours? You can see in his version why former directors made the cuts they did in the telling of this story. The restored scenes are mostly extraneous plot devices that have little to do with the story as a whole, though they are entertaining and provide Branagh a way to put a few different spins on some elements of the story which were previously taken for granted. For example, if you know the story, you know that Polonius is an overbearing father to Ophelia, yet he shows only normal parental concern toward his son, Laertes, as he goes off to school in France. However, Branagh restores a scene where Polonius hires Reynaldo, to spy on his son at school, as presented in the original text. Then he uses the visual portion of the scene to convey another implication. A disheveled Polonius, is giving orders to Reynaldo while smoking a cigarette and sitting on a bed in, what appears to perhaps be, a seedy rumpus room while a young, pathetic servant girl sits on the same bed, not daring to move or even look up, for the most part, holding up the front of her dress. This gives us an obvious opinion as to what has transpired just prior to the scene. All of this serves to tell us that Polonius is not only a jerk, but, in fact he’s a big jerk.

In fact any political references are often cut out if they interfere with the human story. But these scenes can and, as Branagh shows us here, do serve a useful purpose. They are the difference between a story and a complete story, as the author intends. Who amongst us has gone to see a novel-turned-to-film, and hasn’t come out saying the book was better? This is why. You can’t sell the average audience complete texts, except in the form of bad mini-series, and they are another story all together.

And the criticism on everyone’s mind is “Was the Branagh better than the Gibson? Or the Olivier? Or whoever?” This is an irrelevant comparison. Comparing Branagh’s cast’s performance to Gibson’s is like comparing red-delicious to Granny apples. They are both apples! But one is red and one is green. Gibson himself, tends to punch every punctuation, while Branagh tends to be less critical of it. Does it really matter? No! And if you are going to see this movie to compare Schofield’s ghost to Blessed’s, or Bonham-Carter’s Ophelia to Winslet’s, or for any other reason except to see, what will undoubtedly be, a historical piece of film, you are foolish. This is not Branagh’s intent. “For me, Hamlet still produces the feeling of excitement that overwhelmed me all those years ago, when I first saw the play. For audiences familiar or unfamiliar with the story, that’s what I’d like to pass on.”

Branagh’s great achievement here is the direction. Even before that, this film was daring from its conception. This was a big risk to take and we need to thank Kenneth Branagh for having more faith in audiences than Hollywood often does. And his direction is near flawless. In fact, it is the use of his adaptation that further buttresses his shot selection. His choices are bold, smart, and in some cases unique in the telling of this story. Ok, I did say near flawless. The death of Claudius, a bit too Hollywood, so shoot him. If you make a four hour film and you only have one “ify” scene, you have truly mastered the art of filmmaking. And I believe, if I didn’t already, that Branagh has.
**TriStar Pictures’ Jerry Maguire, a movie that inspires**

**BY ERIN PERRY**
**ARTS EDITOR**

Ahh, January... snow, slush, meltdown, more slush. Are you looking for a movie to inspire you during the dismal days of winter? Try TriStar Pictures’ romantic comedy, *Jerry Maguire*, written and directed by Cameron Crowe. It might just do the trick to warm up your life.

*Jerry Maguire*, produced by James L. Brooks, features Tom Cruise as Jerry Maguire, an ambitious top sports agent at Sports Management International who is completely devoted to his seventy-twoclients, and callous fiancee, Avery Bishop (Kelly Preston). This is the stereotypical role you would expect from Tom Cruise... Maguire is attractive, successful, confident, and charming. But as time passes, Maguire finds himself searching for such luxuries as loyalty, trust, and honesty in the unscrupulous corporate world of celebrity sports endorsements. Further, plagued by his mentor, Dicky Fox; “the secret to this job is personal relationships,” Maguire realizes he hates his place in the world, “I was just another shark in a suit.”

Then suddenly, during a middle of the night moment of “breakdown” or “breakthrough,” Maguire writes a visionary mission statement for the future of his company describing fewer clients, but despite the support he receives; “Yeah, hang your balls out there... that’s how you become great,” he ends up getting fired in a crowded restaurant by a sleazy coworker, Bob Sugar (Jay Mohr).

Now unemployed and disenchanted, Maguire declares, “the fish will come with me!” and decides to start his own company, with the hopes of keeping his abundant amount of clients. Joining Maguire in his uncertain crusade is the stereotypical role you would expect from Tom Cruise... Maguire is attractive, successful, confident, and charming. And of course Dorothy and Jerry’s business partnership turns into much more to which Maguire declares, “Now I feel like Clarence Thomas,” and Boyd replies, “Well I might not sue.”

The casting for *Jerry Maguire*, done by Gail Levin, is done to perfection. The actors seemed to be made for their parts, especially flip the fish. As an added bonus to the film and what always makes or breaks a film for me, is the soundtrack. This one, available on Epic Records, features the musical talents of Kurt Cobain, Bob Dylan, Mick Jagger, Paul McCartney, Tom Petty, Keith Richards, Bruce Springsteen, Pete Townshend, and Neil Young.

So whether your love life is sailing smoothly or has hit rock bottom, this movie is sure to make you smile.
A defense of “all Greek lettered organizations”

This is in regard to Mr. Bryan Murtha’s letter in the December 12th issue of the Montclarion, regarding to the bashing of fraternities and sororities.

First, let’s start off with Mr. Murtha’s assumption that all fraternities and sororities are bad. As a member of a national sorority which is over 70 years old, I would like to say that unless you have been in every sorority or fraternity, you cannot say or condemn them in any way. Sororities and fraternities play a big role in college, they have a very big influence on individuals and are positive. I am not saying that being in a sorority or a fraternity is for everyone, because it’s not. But I am here to defend all Greek lettered organizations when it comes to people like Mr. Murtha trying to make us look bad.

Yes, there have been some devastating incidents occurring to people while “pledging”, I have read the tabloids myself, and I also watch the news. But what Mr. Murtha doesn’t know is that all of that has been illegal since the spring of 1990. So people make a choice when they want to join any organization, whether it be Greek or non-Greek.

Mr. Murtha continues on to say that he is “prejudiced” when it comes to fraternities, and that wearing Greek letters on someone’s chest is showing “a lack of self-respect”. Again, if he doesn’t like fraternities and sororities, that is his business. Just because he is prejudiced against Greek organizations doesn’t make it right that he tries to persuade others to be an idiot like him. Tell that to Bill Cosby (ΩΨΦ), Dr. Martin Luther King, Jr. (AIA), Rev. Jesse Jackson (ΩΨΦ), or former President Ronald Reagan (TKE).

To me, it really sounds as if Mr. Murtha is a wanna-be reject with a vengeance, afraid of what he really wants. Think about it.

Andrea M. Rouse
Sociology & Criminal Justice major

State of the World

By Tom Tracy

Welcome back to another fun-filled semester of the Montclarion. I am not sure where the winter break went, but it is over. I hope that everyone had a healthy and prosperous new year and all that other good stuff. As the Editor-in-Chief of this newspaper, it is my job to recruit as many of you as I can to help in its production. With a campus population close to 15,000, one would think that it would be easy to find enough people willing to spare some time and help out. Wrong.

I have learned from my first semester as Editor-In-Chief that this is a thankless job. There are about 15 hard-working students who run this newspaper. We also go to class (occasionally), work (a lot) and try to keep students as possible in the coming months. If there are personally look forward to working with as many students as possible in the coming months. If there are any questions regarding this organization, I will be more than happy to answer them. My office number is 655-5230, or e-mail me at tracy@alpha.montclair.edu. Best wishes for a great semester.

A message from the Editor-in-Chief

Welcome back to another fun-filled semester of the Montclarion. I am not sure where the winter break went, but it is over. I hope that everyone had a healthy and prosperous new year and all that other good stuff. As the Editor-in-Chief of this newspaper, it is my job to recruit as many of you as I can to help in its production. With a campus population close to 15,000, one would think that it would be easy to find enough people willing to spare some time and help out. Wrong.

I have learned from my first semester as Editor-In-Chief that this is a thankless job. There are about 15 hard-working students who run this newspaper. We also go to class (occasionally), work (a lot) and try to keep some type of a social life. I do not want any pity, we do this of our own volition. What I do expect is understanding from the campus community as to how difficult this job is. When we miss an event or make an error in a story, no one feels worse than we do. This is something I hope everyone keeps in mind over the next 15 weeks or so.

There are many ways that students and professors alike can help out the newspaper without even coming to our office. We have a hotline for the news section. Just dial 655-5169 with any information you have about a possible story. For those who are active in other organizations on campus, we will publicize your events! Simply e-mail our campus life editor at feigle@alpha.montclair.edu. Include the name of the organization, date, time and location of the event, and we will do the rest.

What’s in store for the Montclarion in 1997? Well, we have many goals and aspirations. We hope to continue to work with all members of the campus community in openly discussing campus issues in our editorial section. We would like to create some sort of a student organization directory to publicize all that this place has to offer. We would like to break down and explain how the Student Government and Greek system works at this university compared to other colleges in this state. The results may surprise you.

As you can see, we plan on keeping busy here at the Montclarion, as we always have. It would be great to see some new faces down here, but if not, the presses will still run. It is going to be a good semester and I personally look forward to working with as many students as possible in the coming months. If there are any questions regarding this organization, I will be more than happy to answer them. My office number is 655-5230, or e-mail me at tracy@alpha.montclair.edu. Best wishes for a great semester.

Montclarion Mailbag Letter Policy

- All letters must be typed and no longer than 250 words. Letters exceeding this length will be edited to 250 words.
- Please keep letters to a single topic which is relevant to the issues at hand.
- Once received, letters are property of the Montclarion and may be edited for length, content, and libel.
- Letters will not be printed unless they are signed, include the author’s name, major, phone number, and social security number. The last two items will be used for verification only.
- Only one letter by an author will be printed each month.
- Letters and e-mail must be submitted by Monday at 6:00 p.m. Any correspondence received after this time will not be considered for publication in that week’s issue.
- Correspondence may be submitted through e-mail to navetta@alpha.montclair.edu or sent to The Montclarion, Attn.: Editorial Editor, MSU, 113 Student Center Annex, Upper Montclair, NJ 07043.

The spring starts anew

As the saying goes, it ain’t over till it’s over. And while many of the incidents which took place at MSU last semester might have made thoughts of a successful spring semester almost impossible, the hard work of several members of the campus community have helped us avoid such a fate.

To start with, the SGA has announced future multifaceted plans for the spring semester. It has pledged to help extend weekend computer lab, library, and Clove Road laundry room hours. Additionally, plans to investigate a system which would prevent non-MSU students from using computer labs and taking computer time away from students. They also plan on trying to improve the new security system and finding solutions to current complaints with the system. Also, the SGA wants to place more emphasis on external affairs which would bring more opportunities to MSU students to become involved in voter registration drives and to come in contact with political speakers. Finally, the SGA is attempting to develop a "book swap program" which would allow students to keep their book costs down via textbook exchange programs.

The Student Center is also being renovated to improve life at MSU. It is being wired for the Internet so that all offices will have Internet capability and truly be on-line. Class One alley is getting a much-needed facelift by getting painted and having new carpet installed.

Finally, the people at MSU are already accomplishing award-winning feats. The college bowl team appeared on an MSNB game show and won $1000 for a scholarship fund. They will be competing against more tough schools in the near future. Additionally, the National College Bowl Tournament will be held at MSU in March.

So after all we’ve been through, its far from over. In fact, the best is yet to come at MSU. With a unified SGA, improvements on campus, and outstanding student accomplishments, we all have a lot to look forward to this semester.
Additionally, the National College Bowl Tournament will be held at MSU in March.

With a unified SGA, improvements on campus, and outstanding student accomplishments, we all have a lot to look forward to this semester.

Where have all the feminists gone?

In 1992 at the American Bar Association Conference, Hillary Clinton presented Anita Hill with the Margaret Bent Women Lawyer's Achievement Award. In her presentation, she commented, “All women who care about equality of opportunity, about integrity and morality in the workplace are in Anita Hill's debt.” Perhaps in some undeserved sense this is true — the frequency of sexual harassment claims has skyrocketed since the Anita Hill - Clarence Thomas hearings in 1991. According to the EEOC, there were 6000 cases reported in 1991. That number has steadily increased to 15,000 in 1996. In some (but far from all) situations, changes that were made in civil rights laws have empowered many women to challenge inappropriate behavior of their coworkers in the workplace.

As expected, left-wing feminists have touted these changes as their victory. Anita Hill and Gloria Steinem created the Coalition on Sexual Harassment and appeared at a conference entitled "Women Tell the Truth". Former Colorado Congresswoman Pat Schroeder recommended that for her accomplishments, Hill be named Attorney General. And at the 1992 National Democratic Convention, Senator Barbara Mikulski shouted that, "Never again will a woman who comes forward to tell her story before a committee of the US Senate be assaulted for telling the truth."

But it seems that the feminists who all answered to Anita Hill's unfounded, flimsy, and disproved story with a call to arms against sexual harassment are suddenly missing from the scene these days. Despite Paula Jones's sexual harassment case against Bill Clinton which has warranted the defense of Bob Bennett, a $475 per hour attorney for Clinton and a furious spin from the White House lie machine, feminists have been conspicuously absent from Jones's defense. In fact, the same tools who pressed for laws which make it easier for a woman to prove her sexual harassment case are now making excuses for Clinton to avoid going to court during his tenure. These objections are not on the grounds that forcing a current president to stand trial would set a new precedent, but rather (in the view of feminist legal scholar Susan Estrich) that now a woman's complaint of sexual harassment can't be taken at face value.

It's funny how people can selectively change their tune for political expediency. Before the Hill-Thomas hearings even started, Patricia Ireland, the leader of NOW announced (of Thomas) "We're going to bork him." Flo Kennedy, another feminist spokeswoman said, “We have to bork Thomas...we kick ass and take names...We're going to kill him politically.” All these comments were made before any of Hill's alleged "evidence" had surfaced. However, today, despite the vast agreement among lawyers that Paula Jones has a strong case and Bill Clinton has a fairly poor reputation when it comes to sexual misconduct and fidelity, neither of these leaders are crusading for Bill Clinton's political demise — or even his testimony.

So maybe now it is time to face the truth. Backing Paula Jones won't threaten the confirmation of a conservative Supreme Court judge with a spotless record. It could substantially humiliate the smooth-talking liberal politician that many of these feminists voted for. And Paula Jones isn't a lawyer and college professor who spews terms like "misogynist society" and who talks about the "powerlessness of women". She's a woman who was characterized by one prominent journalist as "some sleazy woman with big hair coming out of the trailer parks."

For the liberals, the chickens have come home to roost. All the changes in the law which were so urgently made and all the powerful comments which were so carelessly voiced are finally being applied to them. And they don't like it. Suddenly Anita Hill's infamous comments that "Women should be supported regardless of proof" doesn't sound as good as it used to. And now the White House spin has to work hard to cover that up.

So while Paula Jones waits to see if she will be granted her constitutional rights of due process and a speedy trial, the accused will be attending inaugural balls and continue to believe that he is above the law. Jones will continue to fight for "...equality of opportunity, integrity, and morality in the workplace", alone.

The self-proclaimed women's libbers like Anita, Hillary, and Patsy are hypocrites. After all, some of them will be attending these galas with a man who has less respect for women than Bob Packwood or Clarence Thomas ever did. Once again, the leaders of the liberal women's movement have shown that proof doesn't matter. If you don't have enough and you're in their club, they will help you. And if you have more than you need, but are an average American with no political agenda, they don't care. So Paula Jones and other women across the country who are truly the victims of sexual harassment will find that they are in the same boat as they were before the Hill-Thomas farce: alone.

"Freedom is nothing else but a chance to be better, whereas enslavement is a certainty of the worse."
- Albert Camus

Exercise your freedom to be part of the debate. Write to the Montclarion Mailbag.
Assistant Managers for Residence Life

AT LEAST SOPHOMORE LEVEL WITH MINIMUM GPA OF 2.5

Free Room ★ Stipend ★
19 Meal Plan Waiver
Leadership Experience

Your Ticket to Success!

Interest Meeting/Mocktail Party
Monday, January 20, 1997
7 pm Bohn Hall Lounge

Applications available starting Tuesday, January 14 in all Residence Directors' offices and the Office of Residence Life. Application deadline 4 pm, Monday, January 27, 1997.
Classifieds...

- Child Care Wanted -

Baby-sitter needed Mon., Tues., Wed., 7-9 AM. until May 16th for two boys ages 6 & 9. Own transportation, non-smoker, 746-6704.

Montclair family seeking tutor for after school study/play with 6 yr. girl. 4-7 PM two to three times weekly. Preference: female student affiliated with Center for Pedagogy. 744-6661.

Child care needed in Montclair for 3 & 5 yr. old, T/Th afternoons. Must drive! Call Helen at (201) 783-4349.

Child care: responsible and reliable person to care for 1 yr. old child in my Totowa home. One to two evenings per week, references required. Call after 9 PM only; 256-0152.

Responsible, fun-loving baby-sitter needed for 3 kids in Montclair, ages 10, 8 & 6. 3-4 afternoons per week from 3-7 PM. Driver’s license required. Call Ellen 744-4221.

Student who enjoys children to care for 8 year old in our Upper Montclair home Monday & Thursday 5:00 PM - 7:30 PM. Call 783-3908.

N/S Driver needed for PM pick-up of kids in Montclair schools. 2 refs. req. and some experience with kids. Call 783-6020 & leave a message.

Baby-sitter wanted. Part-time for Wednesday afternoons in our Clifton home for adorable 11 month old boy. (other times and days too). Non-smoker and references please. Call Shawna 772-5216.

Looking for a Baby-sitter 2 days/week, Wed. and Fri. or Tues. and Fri., for our son (3 1/2 y.) and daughter (9 mo.) in our home in West Caldwell, (201) 364-0062.

Responsible student to baby-sit for 4-5 evenings in exchange for free Room & Board. Own bathroom and entrance. Very flexible. West Paterson area. Call 684-1859 leave a message.

- Fundraisers -

Free T-shirt + $1000. Credit Card fundraisers for fraternities, sororities & groups. Any campus organization can raise up to $1000 by earning a whopping $5.00/VISA application. Call 1-800-932-0528 ext. 65. Qualified callers receive FREE T-shirt.

- Spring Break -

Spring Break ’97 Cancun, Jamaica, Bahamas!!! 7 nights w/air from $399. Panama City $129 Beach front & Daily Free Drink Parties! Group Discounts Available!!! Endless Summer Tours 1-800-234-7007.

Wanted: persons or persons who are English majors or journalism minors to work in the News Dept. of the Montclarion. Great for resume. Have your work published. Turn the clips in later to your future employers!! Call 655-5169 and ask for Tom.

To place a Classified Ad please call the Advertising Dept. at 655-5237. The cost per insertion is $10 for up to 30 words, and $20 for 31-40 words, etc.

Who’s Who Among Students in American Universities and Colleges 1996-97

Application and Nomination forms for Who’s Who Among Students in American Universities and Colleges 1996-97 are now available for students with a minimum GPA of 2.75, plus 90 earned credits as of October 1, 1996 at the following locations:

Student Center, Room 400 I Acedemic Advising Center
Student Government Association
Residence Life Office
Bohn Hall

The Filing deadline is Wednesday, January 22, 1997, 12:30 p.m.

Who’s Who Among Students in American Universities and Colleges is a prestigious biographical volume that provides a permanent tribute to the leaders of today’s college generation.

Each year a select group of students is nominated to receive national recognition for their scholastic achievement, participation and leadership in extra-curricular activities, citizenship, service to Montclair State, and their potential for future achievement. Their resumes are reviewed by a committee comprised of administration, faculty members, professional staff members, and undergraduate and graduate students. The names of those students who are selected by the committee as outstanding leaders in these areas are then submitted as nominees to receive this exclusive national honor.

For further information please call Veronica Harris at 655-4206 or 7609.
HUMOR/Thursday, Jan. 16, 1997

FOR EVERY UNIT OF WORK I DID, I GENERATED AN EQUAL AMOUNT OF UNNECESSARY WORK FOR CO-WORKERS. I FIGURE I BROKE EVEN.

I DIDN'T READ ALL OF THE SHRINK-WRAP LICENSE AGREEMENT ON MY NEW SOFTWARE UNTIL AFTER I OPENED IT. APPARENTLY I AGREED TO SPEND THE REST OF MY LIFE AS A TOWEL BOY IN BILL GATES' NEW MANSION.

THE NETWORK WENT DOWN AND I LOST MY WORK. I'M CALLING MY LAWYER.

AS YOU REQUESTED, HERE IS A SCHEDULE OF ALL FUTURE UNPLANNED NETWORK OUTAGES.

YOU HAVE BEEN CHOSEN AS BILL GATES' TOWEL BOY. BUT FIRST YOU MUST ANSWER THIS QUIZ.

HERE'S YOUR ANNUAL PERFORMANCE REVIEW, TINA.

I FOCUSED ON YOUR PERFORMANCE FOR THE PAST TWO WEEKS BECAUSE I DON'T REMEMBER ANYTHING FARTHER BACK.

I WAS ON VACATION FOR THE PAST TWO WEEKS!!! NO TIME TO CHAT. I NEED TO SPREAD SOME MOTIVATION OVER HERE.

BUSINESSES USED TO BE LIKE CHRISTIANITY; IF YOU WERE FAITHFUL AND OBEDIENT, YOU COULD OBTAIN BLISS IN THE AFTERLIFE OF RETIREMENT.

NOW IT'S MORE OF A REINCARNATION MODEL. IF THE WORKER LEARNED ENOUGH IN HIS CURRENT JOB, HE CAN PROGRESS TO A HIGHER LEVEL OF EMPLOYMENT ELSEWHERE.

THE MORE WORK I DO, THE MORE I'M GIVEN.

IT DOESN'T PAY TO BE A TALENTED AND HARD-WORKING EMPLOYEE.

I REALIZE THIS WILL BE A HARD SHIP, BUT IF YOU HAND ME YOUR NECKTIE I'LL SHOW YOU WHY THIS IS BEING DONE.

WHAT DID HE SAY WAS THE REASON?

"BECAUSE I CAN'T."
Work faster with it.

Simplify your life with it.

Communicate to the world with it.

Have fun with it.

Get $150 back with it.

Macintosh* Performa* 6400CD
180 MHz/16MB RAM/1.6GB/8X CD-ROM
15” display/keyboard
Now $2,107

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Communicate to the world with it.

Have fun with it.

Get $150 back with it.

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Now $2,107

For further information visit
University Bookstore
Lower Level – Student Center Building or call 655-5460

Power Macintosh* 5400
PC compatible/120 MHz/16MB RAM/12GB/8X CD-ROM
15” display/keyboard
Now $1,627

Power Macintosh* 7600
132 MHz/16MB RAM/1.2GB/8X CD-ROM
15” display/keyboard
Now $2,523

Power Macintosh* 7200 PC compatible/120 MHz/16MB RAM/12GB/8X CD-ROM
15” display/keyboard
Now $2,523

Apple* Color StyleWriter* 2500
300x300 dpi B/W
Now $327

Apple* Personal LaserWriter* 300
600x600 dpi B/W
Now $553

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FINANCIAL AID INFORMATION 1997-98

FILING DEADLINE: MARCH 1, 1997

IT'S NEW - THE RENEWAL APPLICATION

If you filed a Free Application for Federal Student Aid (FAFSA) for the 1996-97 academic year, you should receive in the mail a new kind of federal student aid application- the Renewal Free Application for Federal Student Aid, designed to simplify the application process for 1997-98. The form will allow you to update only the information which may have changed, rather than require you to fill out a whole new application.

WHAT DOES THE RENEWAL APPLICATION LOOK LIKE?

The Renewal Application looks a lot like the 1996-97 Student Aid Report (SAR) you received this year, but it will be printed on white paper. It will also include an instruction booklet and envelope for mailing it back to the processor.

NOW THAT IT'S HERE WHAT DO I DO WITH THE RENEWAL APPLICATION?

Essentially, you treat it like a new 1997-98 FAFSA. Carefully follow the instructions for completion, change those items which need updating, and leave the others as they are. You and your parents should copy the income and tax information from completed 1996 Federal Tax Returns or estimate the data required.

WHEN CAN I SUBMIT THE RENEWAL APPLICATION TO THE PROCESSOR?

Just like an original FAFSA, you may file this form any time after January 1, 1997. All students must file the Renewal Application by February 1, 1997 to ensure compliance with our “on time” deadline date.

WHAT IF I DIDN'T RECEIVE A RENEWAL APPLICATION BEFORE JANUARY 1, 1997?

Not to worry! If you have not received a Renewal Application by the end of the holiday break, come by the Financial Aid Office and pick up a regular 1997-98 FAFSA. The same applies if you misplace the one sent to you. Duplicate Renewal Applications are not available. The processor will accept either form. However, don’t send both in, just submit one or the other by the priority deadline date.

WHAT IF I DID NOT APPLY FOR FINANCIAL AID IN 1996-97 BUT WANT TO APPLY FOR AID IN 1997-98?


*** SPECIAL NOTE FOR GRADUATE STUDENTS ***

Proceed as described above and submit the “Institutional Application for Graduate Student Financial Aid - Academic Year 1997-98” by March 1, 1997. This form is available in the Financial Aid Office, College Hall, Room CO-321.

FILE THE FAFSA ON OR BEFORE MARCH 1, 1997

Applicants who fail to submit the FAFSA by the MSU deadline date are not guaranteed award notification in time for fall 1997 billing (about July 7, 1997) and must be prepared to pay the term bill in full from personal resources.
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Men's basket-ball cont.

just over 13 minutes left. When Sutherland hit his third of his five three-pointers, a MSU school record held by five other players, the Red Hawks never looked back. The final score was 65-52, boosting their record to 17-4-2 in the NJAC.

In their fourth home game against the College of Staten Island, it was Fowler and Sutherland again, with 17 and 23 points, respectively, that carried the Red Hawks to a 74-67 win. Fowler hit a 19-foot fade-away jumper that put MSU ahead 70-65 with a little over a minute left. The Dolphins reached within three points, until Rex, on a pass from Reilly, slammed in two points that put the game away.

Fowler, this week's NJAC and ECAC Player of the Week, finished with 17 points, seven rebounds, and six assists, while Sutherland had 23 points, 12 of those points coming off three-pointers. Reilly had 11 points and tied his career-high with 11 assists. Rex ended with 12 points and nine rebounds.

With their victory against Staten Island, the Red Hawks are now 8-4 in the NJAC. MSU will need to continue their aggressive streak as they travel to face Rowan College on January 15 and the College of New Jersey January 18. MSU hosts the first of three games at home on January 22 against Rutgers-Newark in the Panzer Gym at 6:00pm.

The Montclarion needs Sportswriters! Call 655-5169 or email demercuriod@alpha.montclair.edu

Former MSU Grad Blazejowski named General Manager of Women's NBA New York team

BY JEFF ERLICH
Assistant Sports Editor

MSU class of 1978 graduate Carol Blazejowski was named vice president and general manager of the WNBA's New York franchise on January 7, 1997. “This is a dream come true for me to be here in my backyard and to be the VP and general manager of the WNBA's New York franchise,” said Blazejowski at the Madison Square Garden press conference. “I made my mark as a player in women's basketball history and I've always wanted to contribute to making the sport bigger and better. Now the opportunity to make an impact, a difference, at a new level is a challenge that I welcome,” Blazejowski confidently said.

Blazejowski was a three-time Kodak All-American for the Red Hawks in the late 1970's. She set MSU single game records for most points, with 54 in 1978; most field goals, with 24 in 1977; and most field goal attempts, with 36 in 1975. She set seven single season records, among them are the 1,235 points scored in the 1977-78 season. She set eight career records including the NCAA mark of 3,199 points. She even holds the single game collegiate scoring record, for men's or women's basketball, in Madison Square Garden when she scored 52 points scored against Queens College in 1977. For her achievements she was inducted into the Naismith Memorial Hall of Fame in Springfield, MA.

Blazejowski, 40, has been working in the NBA offices for the past six years, and most recently as the NBA's director of basketball development. She has also served as the NBA's director of licensing and its director of women's basketball programs.

“I felt my basketball career was complete until this day,” she proclaimed. “We plan to present, expose it in the way it should be exposed and treat women athletes the way they should be treated.” The eight team league should begin play in late June.

MSU vs. Antigua All-Stars

Women's b-ball cont.
gave them the ball and they scored. In the second half, we cut back our turnovers and forced more from them, which we were able to score on.”

Senior guard Hiedi Klingert had 21 points, went 3 for 4 on three-pointers, had 3 assists, and six steals. Tracey Singletary (Keasby) tallied 17 points and three steals. Junior guard Jill Schultz (West Milford) added 10 points, one assist, and three steals as well. Lisa Villalta (Harrison), a senior guard, had nine points, six assists, and four steals.

On January 10th, the Red Hawks traveled to face Lincoln University where they won 71-51, despite being behind at the end of the first half. Schultz lead the team in scoring with 15 points, with Singletary behind her with 13. Klingert added 11 points and three assists. Sophomore guard Wykemia Kelly (Paterson) had nine points, seven assists, and five steals in the 9th straight victory for MSU.

The Red Hawks travel to NJAC rival Rowan College January 15th and to the College of New Jersey January 18th. MSU hosts the first of three games at home on January 22nd against Rutgers-Newark in the Panzer Gym at 6:00pm.

**Notes:**

- Greg Fowler (Plainfield) shoots for two.

- Rohan Sutherland (Miami) shoots a 1 and 1.

- Men's basket-ball cont.

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- Blazejowski's achievements:
  - Three-time Kodak All-American for the Red Hawks in the late 1970's.
  - Set MSU single game records for most points, 54 in 1978.
  - Set MSU single game records for most field goals, 24 in 1977.
  - Set MSU single game records for most field goal attempts, 36 in 1975.
  - Set seven single season records, including 1,235 points scored in the 1977-78 season.
  - Set eight career records, including the NCAA mark of 3,199 points.
  - Holds the single game collegiate scoring record, for men's or women's basketball, in Madison Square Garden.
  - Inducted into the Naismith Memorial Hall of Fame.

- Blazejowski's current role:
  - Worked in the NBA offices for the past six years.
  - Most recently as the NBA's director of basketball development.
  - Has also served as the NBA's director of licensing and its director of women's basketball programs.

- Blazejowski's quote:
  - "I felt my basketball career was complete until this day," she proclaimed.
  - "We plan to present, expose it in the way it should be exposed and treat women athletes the way they should be treated."
Men's Basketball wins four straight at home, now 8-4

By Dennis DeMercario
Sports Editor

After losing their fifth straight game at home to Jersey City State, the Red Hawks have used their time off to turn things around and have won their past four home games. In their loss to the Gothic Knights, MSU's scoring was led by senior guard Rohan Sutherland (Miami) with 22 points, six rebounds, and four assists. Sophomore guard Greg Fowler (Plainfield) also had 13 points and two assists. Sophomore guard B.J. Reilly (Middlesex) added 11 points and 11 assists in the attempt to stave off Jersey City State. The Gothic Knights prevailed however and defeated MSU 86-80. The loss was the fifth straight loss at home dating back to last January. Their record following the loss was 4-4 overall and 1-4 in the NJAC.

On December 29th, Christmas came again for the team as Fowler delivered seven of his 13 points in the final 56 seconds of the game as MSU defeated Caldwell College 65-58. Junior center Raheem Rex (Atlantic City) sank both of his free throws for a 61-58 lead with 18 seconds showing. Caldwell's Ryan Tremblay's three-pointer with six seconds left was no good, and Fowler grabbed the rebound and dunked the ball for the final score of 65-58. Sutherland had a game-high 21 points, while Rex added 12. Fowler also had eight rebounds and four steals.

Against Stevens Institute of Technology on January 6, the Red Hawks dominated with a MSU school record of 32 turnovers for a 95-59 victory. Reilly led the charge with 19 points and nine assists, with Fowler adding 18 points, six rebounds, and four assists. Weipz, Rex, and Sutherland had 13, 12, and 10 points, respectively. The Red Hawks were 6-4 overall, 1-4 in the NJAC with two straight wins at home.

Fowler continued to heat up, as his performance against NJAC rival Kean College proved. Playing point guard for the first time this season, he produced his first triple-double of his career. His final tally was 25 points, 13 rebounds, and 10 assists. Sutherland netted 23 points, including two key three-pointers in the final five minutes. MSU led 28-24 at the half, but fell behind 38-35 with 3:13 left and held on to it. Fowler continued on p. 19

Lori Kadezabek (Lambertville) vs. Antigua National player
we threw it away. Kean had 18 points on 13 turnovers. We continued on p. 19

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Stat of the Week

Greg Fowler (Plainfield) was named New Jersey Athletic Conference and Eastern Collegiate Athletic Conference Player of the Week.