SGA e-board tuition bill rescinded
Discussion halted until spring semester

By Nikki DeBartolo
Asst. News Editor

At the Student Government Association’s final meeting of the Fall 1997 semester, debate raged hotly over bill F97063, the Tuition Subsidy bill, which called for the subsidization of up to twelve credits tuition for each of the executive board members.

The SGA meeting, which begins at four p.m. on Wednesdays, did not address the bill until 7 p.m., after discussing much of the year’s end business.

The bill was assigned to the appropriate committees last week by the Vice President of the SGA, Jennifer Lynch. The two committees into which the bill was assigned are:

1. The Finance Committee
2. The Scholarship Committee

SGA cont. on p. 3

Winter Wonderland

Let Winter Begin: Snow began to fall early Wednesday and tapered off during the evening dumping three to four inches on campus. Meteorologists are calling for light rain or snow today, with icy conditions.

By Tom Boud
Staff Writer

The Montclair State University Emergency Medical Services (EMS) may be operational by January, according to EMS chief Thomas J. Hynes. As of press time, Hynes reported that Dean of Students Helen Matusow-Ayres is tending to some final administrative formalities. EMS will be the first ever student run ambulance service in the history of the university.

Hynes said in a telephone interview on December 9 that the 30 member EMS is still waiting for official approval from MSU’s executive council. He expects the council to give EMS the green light by January. Hynes stated that the Faculty Senate endorsed the EMS at their November meeting. He added that the Student Government Association (SGA) originally granted the organization a class III charter in the Fall of 1996.

Hynes noted that EMS will soon buy an ambulance. He further commented that EMS will

Baseball stadium to be finished in spring
After minor setback construction continues

By Melissa Butler
Staff Writer

The Yogi Berra Stadium, which is currently being constructed by Point Construction, is scheduled to be completed on March 15 with one minor setback, said MSU Baseball Coach Norm Schoening.

According to Schoening, Point Construction was four weeks behind schedule in receiving a permit to lay cement for the outer shell of the stadium. However, now that the permit has been received construction has continued.

“The permits were received and they are in the process of moving forward with the outside shell,” stated Schoening.

Fortunately, the funding for this $6.5 million project has not

Stadium cont. on p. 5

Calcia Hall damaged in pipe explosion

By Nicholas P. Clunn
News Editor

While students were away at Thanksgiving break, a steam pipe burst in Calcia Hall, causing severe ceiling damage to the second floor hallway. Ceiling tiles are currently being replaced, and the pipes are repaired. Reportedly, the situation could have been avoided after some faculty members informed the maintenance crew about the leaking steam pipe on Wednesday Nov. 26, the last day of classes before the break.

“We had a steam valve blowing steam all weekend,” said a Calcia Hall Arts professor. “They told us that (the pipe) is the way it is supposed to be.”

Although the damage is

Pipe cont. on p. 5

Student run ambulance on the horizon

By Tom Boud
Staff Writer

The Montclair State University Emergency Medical Services (EMS) may be operational by January, according to EMS chief Thomas J. Hynes. As of press time, Hynes reported that Dean of Students Helen Matusow-Ayres is tending to some final administrative formalities. EMS will be the first ever student run ambulance service in the history of the university.

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International

Train crash in Germany injures 50

HANOVER, Germany — At least 50 people were injured when a passenger train and a freight train collided near the town of Lehrte, east of Hanover on Tuesday afternoon, rail officials said. Three rail freight cars, apparently carrying diesel fuel, exploded and burst into flames. Firefighters battled the blaze to prevent it from spreading to a fourth freight car, officials said.

Rescue teams set up makeshift first-aid stations near the crash scene where some of the injured were given medical attention. Others were taken to hospitals.

North and South Koreans end silence

GENEVA — More than 44 years after the Korean War ended, the opposing sides began talks on Tuesday in a bid to achieve a lasting peace on the divided Asian peninsula. Formal negotiations involving all four key participants in the war opened with a two-day session in Geneva and are widely expected to last many months or even years.

North and South Korea remain technically at war because the 1950-53 Korean War ended with the signing of an armistice but not a peace treaty.

Mexico: Minefield for the working media

MEXICO CITY—Since 1970, more than 100 journalists have been killed. Since 1995, 500 reporters have been targets of violence, according to Juan Bautista, president of the Fraternity of Mexican Reporters. This year alone, 10 were slain.

The campaign of violence and intimidation against journalists makes Mexico the most dangerous country in Latin America for journalists, many observers say.

National

Student acted alone in Kansas shooting

WEST PADUCAH, Kentucky — While the investigation into a high school shooting spree continues, there is no indication so far that anyone helped a student charged with killing three classmates, authorities said Monday.

McCracken County Sheriff Frank Augustus, who initially said he suspected more than one person was involved in the December 1 shootings at Heath High School, now says he has no evidence to support a conspiracy theory. Weekend interviews about the killings produced no information that would lead to additional arrests, and none were foreseen, Augustus said.

Drug Abuse still most troubling problem

WASHINGTON — Adults continue to rank drug abuse as the most troubling problem facing children in America, according to a new survey. Crime emerged as the second biggest worry, followed by family breakdown.

Experts were concerned, however, that respondents to the survey commissioned by the Harvard School of Public Health and the Robert Wood Johnson Foundation did not rank poverty, child care and health care among the issues facing children.

Gov’t still investigating TWA plane crash

BALTIMORE — In the final moments before TWA Flight 800 blew up, pilots chatted about restless passengers, a wildly fluctuating fuel gauge and how the jet was climbing faster than normal, like a “homesick angel.”

At the end, there is an abrupt, tenth-of-a-second noise that trails off into silence, possibly the sound of the center fuel tank exploding.

The safety board explained how a thorough examination of the wreckage ruled out a bomb or missile as the cause of the crash.

Questions? Comments?
E-mail The Montclarion
Montclarion@saturn.montclair.edu
was placed were the Appropriations committee and the Government and Administration committee. The bill passed the Appropriations committee this past week with a vote of 4-2. However, the bill was tabled in Government and Administration in the interest of further researching the stipulations of the bill.

The bill was brought to the focus of the SGA when a motion was made to discharge the Government and Administration committee and place the bill on the floor for immediate consideration. After eight minutes of debate, the motion passed 11-1-2.

Awaiting the author’s report, George Raffa made an immediate motion to remove Vice President Jennifer Lynch from the chair. She squelched the motion by willingly removing herself. In her place, President Pro Tempore, John Griffin, took, and subsequently removed himself form the chair. Finally, Attorney General, John Brost, filled the vacancy.

With the appropriate chair seated the bill was brought to the floor. Immediately there was a call for a ruling on the constitutionality of the bill. As Brost reviewed all the relevant statutes, Karen Cardell, the author of the bill and President of the SGA, was permitted to start her report. Yet, before she was able to begin, Attorney General John Brost decided on the aforementioned ruling. He ruled the Tuition Subsidy bill unconstitutional.

### Many SGA e-boards get paid nationwide

**College Press Service**

For Johnathan Brill, heading up student government at the University of Miami, Coral Gables, Fla., isn’t just a job. It’s $19,140 a year.

Although he’s probably the highest-paid student-government official in the nation, Brill isn’t alone in picking up a monthly paycheck, tuition credits or cash payment, up to twelve credits, of tuition for the Executive Board members of the SGA. He further bolstered his position by illustrating that the Executive Board members qualify for the Executive Board Tuition Subsidy to come to the legislative floor. According to Cardell, the fact that the legislators did not have the final say “scared the hell out of me.”

In defense of her bill, Cardell cited the fact that she was paid approximately $3,000 over the summer as the Summer Director of the SGA. She used this information to justify the SGA expenditure for the payment of tuition credits. The Executive Board members of the SGA. She further bolstered her position by illustrating that the Executive Board members qualify for the Executive Board Tuition Subsidy to come to the legislative floor. According to Cardell, the fact that the legislators did not have the final say “scared the hell out of me.”

President Pro Tempore of the Student Government Association, John Griffin addresses the legislature on the topic of the e-board tuition bill at yesterday’s meeting while Attorney General John Brost looks on.

### Student Salary Survey

A recent survey by Student Leader Magazine shows most student government leaders get paid something for their hard work.

**Overall % offering salary:** 70%

**Public schools offering salary:** 88%

**Private schools offering salary:** 48%

**No. of surveys sent:** 900

**Respondents:** 150

**Private schools:** 52

**Public schools:** 72

**Community schools:** 26

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12/3/97
Bias Incident/Criminal Mischief
Person(s) unknown vandalized elevator in Dickson Hall and drew two swastika’s on elevator wall.

Medical
A female dance student injured her ankle during practice in Life Hall. The female was transported to Health and Wellness Center and later taken to hospital by ambulance.

Property Damage
A male Bohn Hall resident, had his room 307b/c, rummaging through documents.

12/4/97
Assist Other Agency
Person(s) unknown stole a phone from a circuit breaker box. Circuits were replaced by MSU electricians.

Fire Alarm
A female student tripped on the sidewalk by Blanton Hall, injuring her left ankle. Female was taken to the Health and Wellness Center for treatment.

12/5/97
Medical
A female Blanton Hall resident complained of pains in her abdomen. Officers responded to the scene, ambulance was secured and the Passaic County Bomb squad responded to the scene. The search revealed the noise came from a discarded but still active, smoke detector.

12/6/97
Burglary
Person(s) unknown unlawfully entered room 307b/c, rummaging through documents.

Fire Alarm
A smoke sensor in a ninth floor room in Bohn Hall, was activated by residents using a hair dryer.

12/7/97
Theft
A male student had his combination lock stolen from Panzer Gym.

12/8/97
Criminal Mischief
A male Bohn Hall resident, had his vehicle vandalized while parked in lot 18.

12/9/97
Theft
Person(s) unknown stole a phone and clock radio from an office in Moorehead Hall.

Property Damage
A student had clothing and sports equipment stolen from his locker in Panzer Gym.

12/10/97
Medical
A female student suffered an asthma attack while in the lobby of the Student Center, injuring both her legs. The female refused medical treatment.

Criminal Mischief
A female student opened striking and damaging a student’s vehicle.

Medical
A female fell down the front stairs of the Student Center, injuring both her legs. The female refused medical treatment.

Medical
A female student tripped on the sidewalk by Blanton Hall, injuring her left ankle. Female was taken to the Health and Wellness Center for treatment.

Fire Alarm
Person(s) unknown responded to the smell of smoke in Panzer Gym. The building was evacuated and Montclair Fire Department responded. The smoke was coming from a circuit breaker box. Circuits inside the breaker box were replaced by MSU electricians.

Medical
A female student suffered an asthma attack while in the lobby of police headquarters. Female was given her inhaler and refused medical attention.

12/11/97
Theft
Person(s) unknown stole a phone from a classroom in the Sprague Library.

Medical
A male student had clothing and sports equipment stolen from his locker in Panzer Gym.

Property Damage
A gate at the top Quinn Road swung open striking and damaging a student’s vehicle.

12/12/97
Criminal Mischief
Person(s) unknown vandalized a phone in lot 15.

Medical
Person(s) unknown stole a VCR and clock radio from an office in Moorehead Hall.

Property Damage
A female student opened striking and damaging a student’s vehicle.

Medical
A female student had clothing and sports equipment stolen from her locker in Panzer Gym.

12/13/97
Medical
A female student tripped on the sidewalk by Blanton Hall, injuring her left ankle. Female was taken to the Health and Wellness Center for treatment.

Criminal Mischief
Person(s) unknown vandalized a phone in lot 15.

Theft
A male student had clothing and sports equipment stolen from his locker in Panzer Gym.

12/14/97
Burglary
Person(s) unknown unlawfully entered room 307b/c, rummaging through documents.

Fire Alarm
A female student tripped on the sidewalk by Blanton Hall, injuring her left ankle. Female was taken to the Health and Wellness Center for treatment.

12/15/97
Theft
Person(s) unknown stole a VCR and clock radio from an office in Moorehead Hall.

Property Damage
A female student opened striking and damaging a student’s vehicle.

Medical
A female student fell down the front stairs of the Student Center, injuring both her legs. The female refused medical treatment.

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Happy Holidays from the news staff of The Montclarion! See you next semester!
AMBULANCE cont. from p. 1

soon be establishing a campus ambulance base.

“It is likely that the ambulance will be housed somewhere close to the Student Center, since that’s where our office is. We will be most likely aligned with the Health and Wellness Center at Blanton Hall, although (Department of Safety and Security) Director Philip Calitri will have a strong voice in certain aspects of the operation”, Hynes said.

EMS Public Relations Officer Nikki DeBartolo indicated that the ambulance will be purchased with an appropriation from the administration. DeBartolo said the ambulance itself will cost about $60,000, while the remainder of the allocation will be used for equipment. She added that an exact dispatch protocol has yet to be worked out.

“We would like for all ambulance calls to feed directly from DSS dispatch, since they receive all medical calls on the X4111 emergency line. We may have our own radio system. It’s still pretty much all up in the air at this point,” DeBartolo informed the Montclarion, and also pointed out that EMS is a necessity because in order to decrease response time to all medical calls.

“If it is a life threatening situation, DSS will simultaneously call for an ambulance and dispatch an officer, but in other situations, DSS will only dispatch an officer to assess the situation. Certain seemingly non-life-threatening situations such as asthma attacks and leg fractures above the knee, can quickly become life threatening,” DeBartolo said.

EMS is located in Room 105 of the Student Center. To become a member, or for further information, please call Montclair State University Emergency Medical Service (EMS) at 1-888-460-7759.

STADIUM cont. from p. 1

been a problem. Mr. Floyd Hall, President and CEO of Floyd Hall Enterprises and CEO of K-Mart in Michigan has provided the funding for the Yogi Berra Stadium as well as the Floyd Hall Ice Arena, a donation totaling $12.5 million.

Hall, a resident of Montclair Heights, simply wants to give back to his community, said Schoening.

The Red Hawk’s first game in Yogi Berra Stadium is scheduled for Tuesday, March 24 against Allentown, Pennsylvania at 3:00 p.m. While Schoening does not feel it will effect the MSU baseball team’s performance, he believes the new stadium will effect the overall recruiting in both academic and athletic programs.

Looking for some extra money to pay off those holiday bills?
Are you a computer literate, ambitious, college student?

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Remember temporary employment is a great way to get started in your career! We look forward to speaking with you and Happy Holidays!
The year is 2013.

One man walked in
off the horizon
and hope came with him.

THE POSTMAN

KEVIN COSTNER

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www.thepostman.com
Candle light vigil closes World AIDS Day events

By Kara Richardson

A bout 40 people attended the Candle Light Vigil held on De
cember 4th. The 7:00 P.M. event was a touching closure to the series of lec
tures and movies to remember those who are fighting or have lost the battle with AIDS.

A poignant introduction was given by Mirha Tejada. Lambda Tau Omega, Inc. played an influential role in the organiza
tion and production of the events held from December 1 (World AIDS Day) until December 4. Other contributing or
ganizations were the Health and Wellness Center, Psychological Services, the Newman Catholic Center, the Campus Ministry Council, the Campus Protestant Foundation, and the Women’s Center.

Father Al, of the Newman Catholic Center, gave a moving benediction remem
ering those lost to AIDS. “I was happy that I could participate in the event. There was a sense of support and sensi
tivity to those people who are afflicted with the disease,” Father Al said.

The OSAU Gospel Ensemble followed the benediction with a piece called “No Greater Love.” Kenyatta Montgomery (one of the eight perform
ers) commented, “It was another wonderful event that the sisters of Lambda Tau Omega, Inc. put to
together.”

After Dean Harris spoke eloquently on the subject of AIDS, the candle light vigil was held. Par
ticipants then lit candles in a circular formation to honor those living with AIDS and those who have passed away. “The solemn remembrance touched the attending students, faculty and staff,” according to Sue.

Red ribbons were hung from many trees on campus to increase AIDS awareness.

Holiday stress survival

How to get through those holiday blues

By Susan J. Herman, Ph.D.

T he holidays are approaching and the semester is coming to a close. It is a time full of parties and fam
gy gatherings, but for some people, it’s a time of self-evaluation, sadness, loneli
ess, and anxiety about an uncertain fu
ture.

Usually the holidays are supposed to be a time full of joy, good cheer and optimistic hopes for a new year, but for many people this time can prove to be a stressful time in their lives. These feel
ings can be stimulated by many situations including: anxiety about final exams, possi
bility of failing a course, graduation time, difficulty concentrating, making an important decision, wondering what to do with your life and reevaluating why you are in college. Other factors include go
ing home, difficulty being with one’s fam
ily, unrealistic expectations, over commer
cialization, strife with a parent or strug
gle to be independent from you parents.

Students help children through Project Santa

By Kara Richardson

S anta’s Helpers had warm smiles on their faces as they wrapped the gifts with brightly colored paper. On December 9, 1997, about 20 MSU stu
dents who volunteered to help Project Santa get gifts ready for Christmas.

Project Santa is a nonprofit organi
d that distributes gifts during the Christmas season to children who are less fortunate. This year, Project Santa will touch about 350 children’s lives. Project Santa will visit 15 different orphanages, shelters and hospitals in the New Jersey area this year to distribute the gifts.

David Cozzi, an MSU Alumni, be
gan the generous project back in 1994 when he visited hospitals dressed as Santa. His rapidly growing project is hoping to give even more to children this year.

“We were very fortunate to have Rosie O’Donnell donate. The process took a while but she sent a huge box to us with about 40 different gifts in it!”

Danette Dickinson, Project Santa com
teed. The nonprofit organization has received donations from many corporate sponsors such as baseball caps from PAW Distributors and Kids of America who donated many stuffed animals. Local businesses like Book Corner in Montclair showed their generosity to Project Santa by donating many books.

Project Santa collects new and used toys, books and clothes. The presents are separated according to age group and sex of the child. Project Santa depends on the increasing number of volunteers through out the season. They also accept financial donations to keep the organization running.

Danette Dickinson, MSU student, mentioned that the organization is attempt
ing to charter with the SGA to increase the membership among MSU students. Dickinson hopes the association with the SGA will provide a central work space on campus and will be able to give to even more children.

According to Dickinson, the organiza
tion also hopes to develop into a year long project. Possibly making monthly trips to shelters, hospitals and orphanages to celebrate birthdays or other holidays. People interested in helping Project Santa can call (973) 748-3936.
Emma Donoghue delights Pursuits of English class

By Kara Richardson

Four sections of the prerequisite English course, Pursuits of English, crowded into the Calcia lecture hall to hear Irish author Emma Donoghue lecture. The December 8th presentation, sponsored by the Visiting Writers Committee of MU's English Department brought insight into the work of the critic novelist and playwright.

Donoghue is the author of two novels Hood and Stir-Fry. Hood was the winner of the American Library Association Gay, Lesbian and Bisexual Book Award. She is also credited for the groundbreaking history Passions Between Women: British Lesbian Culture, 1668 - 1801.

Emma Donoghue first shared her short story called "Words For Things" from the Penguin Book of Lesbian Short Fiction. Donoghue described her work in historical fiction as a "refreshing diversion from the chatty novels about contemporary Dublin."

The reading was a preceded with a request to wave in the air if the audience could not understand her quick Irish accent. Her witty nature were brought to life within her writing and her lively reading of the piece.

After the reading, the lecture was turned over to the audience in an open forum manner. The class was anxious and interested to learn more about Emma Donoghue’s life as a writer.

She answered questions about character development, literary influences and writing style. Donoghue seemed pleased to answer each question asked by the students. She often had the crowd laughing as she spoke candidly about her writing experiences, when asked about what part her real-life experiences added to her writing she just said with a smile, “I’m afraid I’m a bit short on those.”

She also said that she is just now dipping into her teenage diaries for writing material. “It’s dangerous to use your own material too soon, there is a bit too much chance for a shot of revenge in your writing,” Donoghue added.

When asked whether she prefers writing novels or her new endeavors in short stories Donoghue responded, “Well, novels are very tiring,” with a jovial laugh. Students of the Pursuits of English class were also given a piece called “Counting the Days”, a touching piece that Emma Donoghue will include in her upcoming collection of historical fiction which she hopes to call Histories of Nothing.

Get into the holiday spirit!

Follow these tips!

By Kara Richardson

Are you feeling a little more like a grinch this Christmas? Here are some ideas to help lift your spirits this season.

1. String popcorn and cranberries with some friends.
2. Sit by a fire with cocoa with a friend and reminisce about Christmas past.
3. Donate a toy to a charity drive like Project Santa.
4. Take a late night drive with a friend to check out other people’s decorations.
5. Drive out to the countryside and see the NYC Christmas tree and then maybe do some skating.
6. Go to Rockefeller Center to see the NYC Christmas tree and then maybe do something else.
7. Send out Christmas cards on time this year.
8. Bake cookies for someone who has helped you all year round!
9. Play Christmas tunes lightly in the background as you cram for exams.
10. Get involved in a holiday service project that will touch someone less fortunate than you this Christmas.
11. Take a romantic walk in freshly fallen snow. Take a moment to see how it twinkles from the street lamps.
12. Get your picture taken with Santa while shopping.
13. Cater to young children. If you live with or are visiting young children who still believe in Santa, take a bite out of a cookie that was left for him and leave a thank you note. Another cute idea my father used to do is take big boots and make an elf print from the fireplace to the tree.
14. Trim a tree.
15. Strategically hang mistletoe.
16. Watch Christmas specials on TV.
17. Go Christmas Caroling.
18. Make paper snowflakes and hang them on your window.
19. Take you smallest relative to see Santa Claus.
20. Don’t forget the Egg Nog!
**African-Americans celebrate 31st year of Kwanzaa**

By Rhoda Donat  
*Staff Writer*

This December marked the 31st year in which Kwanzaa is being celebrated. This holiday is intended to be the daily aspiration of the African American people. Kwanzaa begins on December 26th and lasts until December 31st. The inventor, Dr. Maulana Karenga, based the African American holiday on the cultural principle known as Kawaida. "The Kawaida theory premise is that social revolution change for Black America can be achieved by the act of revealing and disclosing individuals to their cultural heritage," according to a Kwanzaa information web site.

The concept of Kwanzaa was designed to address three conditions which served as social barriers to the people of the Black community during the civil Rights Era. Prior to the development of Kwanzaa, there was no holiday which specifically addressed the African American culture. The second condition was the exploitation of Black Americans during the months of October, November and December - the Christmas season. The third issue addressed was the need for reassessment, reclaiming, recommitment, remembrance, retrieval, resurrection, and rejuvenation of those principles (Way of Life) utilized by African Americans. These principles are one of the many things attributed to the African American survival of slavery, racism, and oppression.

Kwanzaa is a celebration which focuses on the oneness of a community and the goodnness of life. It is a family-oriented celebration which aims to reinforce the bonds between parents and children teaching them new views and values. It is a time to get together and gives thanks, enjoy the company of family and functioning as a family.

Although is often described as a spiritual holiday, it claims no ties with any religion. The celebration is aimed towards strengthening collective self-concept as a people, honor their past, critically evaluate their present and commit themselves to a fuller, more productive future. In short the holiday was designed to help African Americans relate to the past in order to understand the present and deal with the future.

Kwanzaa is based on seven principles known as Kuza Saba. The seven principals are represented as candles when Kwanzaa is celebrated. These are social and spiritual principles, dealing with ways for us to relate to each other and rebuild our lives in our own images. The seven principles are:

Umoja (Unity) - To strive for and maintain unity in the family, community, nation and race.

Kujichagulia (Self Determination) - To define themselves, name themselves, create for themselves and speak for themselves.

Ujima (Collective Work and Responsibility) - To build and maintain their own stores, shops and other businesses and to profit together from them.

Nia (Purpose) - To make as their collective vocation the building and developing of their community in order to restore their people to their traditional greatness.

Kuumba (Creativity) - To do always as much as they can, in the way that they can, in order to leave their community more beautiful and beneficial than when they inherited it.

Imani (Faith) - To believe whole heartedly in their parents, their teachers, their leaders, their people and the righteousness and victory of their struggle.

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**Muslim fast of Ramadan to begin in December**

By Ibrahim Mahmoud  
*Staff Writer*

The Muslim community in America and around the world will begin the month-long fast of Ramadan (rom-a-don). Ramadan is the month on the Islamic lunar calendar during which Muslims abstain from food, drink and other sensual pleasures from break of dawn to sunset. The fast is performed to learn discipline, self-restraint, and generosity; while obeying God’s commandments. Fasting (along with the declaration of faith, daily prayers, charity, and pilgrimage to Mecca) is one of the five pillars of Islam. Because Ramadan is a lunar month, it begins about eleven days earlier each year.

Who must fast?

* Fasting is compulsory for those who are mentally and physically fit, past the age of puberty, in a settled situation (not traveling), and are sure fasting is unlikely to cause real physical or mental injury.

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**Ranya seduces in the Rathskellar**

By Kara Richardson  
*Feature Editor*

Belly dancer Rayna seduced an audience of about thirty people in the Student Center on Wednesday night. With her brightly colored, jeweled costume, Rayna brought to life a dance that she describes as “empowering to women of all shapes and sizes.”

Her improvisational rhythmic movements were to a mixture of Arabic, Egyptian and Spanish music. Rayna discussed the improvisational nature of the dance as a “freedom of expression.”

The International Student Organization sponsored event heated up a cold, snowy night for those in attendance on Wednesday night. Rayna’s trance-like movements were well received by clapping and cheering during her dances. She was also well appreciated with applause at the end of each song.

The talented performer shared the stage with a some of the more brave onlookers. One of the people enticed to the stage was Saad Benaballa, Vice President of the International Student Organization. Rayna gently wrapped her long turquoise scarf around his neck and brought him to the stage. Rayna also brought some women participants to learn to dance the traditional dance.

Her eight years of studying the art of belly dancing was made obvious as she moved vigorously around the stage. Rayna is an American and has been performing professionally for about four years now. She believes that Belly dancing “enables women to enjoy the body that they have.”

Ranya entertains the Rathskellar crowd.
international focus

By Tom Boud

Staff Writer

People in Macedonia are very friendly. Macedonians are a diverse people. We are used to coexisting with other ethnic groups. The mentality we developed over the centuries is to accept other cultures as part of our own," said international student Goran Grozdoski on December 8. Grozdoski hails from Skopje, the capital of Macedonia. Grozdoski is finishing his third semester of study at MSU as a business major. When not studying, Grozdoski volunteers his time as Director of Programming of the International Student Organization (ISO).

According to Webster's Dictionary, Macedonia is a country of over 1.6 million people north of Greece and southwest of Bulgaria. Macedonia was a part of Yugoslavia from 1946 until 1991, when Yugoslavia disintegrated. Since then, Macedonia has been an independent country with its own official language. Macedonia belongs to the Slavic group of languages (which includes Bulgarian, Belorussian, Czech, Polish, Russian, Serbo-Croatian, Slovak, Slovene, Ukrainian, and Wendish).

Grozdoski stressed that yesteryear Macedonia was different from its present day version. "It is important to note that Macedonia was under communism for a half century when it was a part of Yugoslavia. There was no freedom of speech, no freedom of travel, no private ownership, and no economic motivation. Religion was not forbidden, but it was discouraged. All this led to a limited variety of choices, and the jeopardizing of individual freedom," Grozdoski recounted.

Grozdoski added that Macedonia has changed a lot since acquiring independence. "Communism was not meant to last. It was an appealing idea with no practical value. So Macedonia's independence opened the gate to the Western world, including America. I was there this summer, and there were many new companies and factories. There were more foreign cars, more clothes, new technology, and media such as movies and CDs. More things became available as foreign capital poured in. The change brought by the daylight of independence was obvious in every sphere of social life. Unfortunately, it was less drastic in education. Therefore, many students as myself in Macedonia started studying abroad in America, France, Germany, and Holland," Grozdoski indicated.

Nonetheless, Grozdoski emphasized that the change from communism to capitalism in 1991 was not seamless. "Suddenly there is no more communism, and huge amounts of capital. The capital came, but there was no foundation or guidelines to support this change. A large amount of capital belonged to a small amount of people. As a result, we have high unemployment, and many companies going bankrupt," Grozdoski said.

Grozdoski offered insights on his experience in America. "The first thing I experienced on coming to America in 1996 was high school education. I was disappointed in the 12th grade, because what they taught was stuff I've already studied in the 8th and 9th grade in Macedonia, but going to college changed my opinion because I saw that I had the opportunity to pursue higher academic goals," Grozdoski observed.

"Even though most people I've met are international students due to my position in the ISO, I've befriended quite a few Americans with whom I can socialize intellectually. However, I also found many people to be culturally unaware, as well as lacking curiosity. Personally, I think lack of awareness is due to a shortage of educational information received prior to college," Grozdoski remarked.

"You see, people in Macedonia are more culturally aware. In geography class, they make you know the names of all fifty of the United States by heart. Yet surprisingly, when I came to America, I found many people confusing Macedonia with Mesopotamia (a country that hasn't existed for centuries) which proves not only a lack of knowledge in geography, but history as well," Grozdoski underlined.

Grozdoski urged all Americans not to take their country for granted. "What struck me about America is, to use one word, choice. Your people have many things to choose from, so be proud of your great country, and take advantage of the choices your country provides you," Grozdoski advised.

Grozdoski lastly offered his best holiday regards. "As they say in Macedonia, Seeken Bozic! (Merry Christmas)"

DONOGHUE cont. from p. 8

The Pursuits of English class heavily emphasizes literary criticism. The inevitable question of how she deals with literary criticism came up. She mentioned that she was relatively undisturbed by criticism and one critic often cancels out another. Donoghue is at times bewildered by the attachments and suppositions made by some critics.

Emma ended her question answer period with a question about her personal life intermingled into her writing. She said, "I've had a happy life, that's doom for a writer!"

STRESS cont. from p. 8

don't feel guilty if you have to say no once in a while.
Relax Take a few minutes every day to relax. Take a deep breath and let it occur slowly. Learn to moderate your physical reactions to stress. Slow, deep breathing will bring your heart rate and respiration back to normal. Meditation can also ease stress. Take breaks and get away when you can. Relaxation techniques can reduce muscle tension.

Exercise Try physical activity to build your physical reserves and reduce extra stress. Physical activity unwinds both the body and mind. Walking, swimming, cycling or jogging can release tension and make you feel better. Also, yoga combines deep breathing with body work to create a harmonious balance between your physical and spiritual selves.

Sleep Get enough sleep. A proper amount of sleep will help you be more productive. It is easier to handle stress when you're well rested.

Solve problems Look for creative solutions to situations that may be causing stress. Become aware of your stresses and your emotional and physical reactions. Don't ignore them. Problems do not usually disappear on their own. Ask for help if the problem seems bigger than you can handle on your own. There are ways of viewing things to happen to you. Sometimes talking to people about that you are experiencing can shed a kinder light on what you are experiencing.

Expect some frustrations, failures and sorrows. Be compassionate and patient with yourself. Be a friend to your self. It is not uncommon for people to become overwhelmed by all the stresses in their lives. It takes a while to put into effect coping strategies to deal with stress.

By utilizing the recommendations and suggestions presented in this article, you can learn to cope more effectively with distress as well as add more positive stress or stimulating changes, pleasure and excitement to your life.

Laura Donoghue, English teacher at Montclair High School, has an English class that focuses on the pursuit of English. She believes that English is not just a language, but a way of life. She teaches her students to appreciate the beauty of language and to use it effectively. Donoghue emphasizes the importance of critical thinking and analytical writing in her classes. She encourages her students to engage in thoughtful and constructive discussions, and to write with clarity and precision. Donoghue believes that the pursuit of English is an ongoing process, and that it requires a commitment to continuous learning and improvement. She fosters a learning environment where students feel safe to express their ideas and engage in meaningful conversations. Donoghue's approach to teaching has inspired her students to become more confident and articulate in their writing and speaking.
Exemptions from fasting (some exemptions are optional)
* Children under the age of puberty
  (young children are encouraged to fast as much as they are able).
* People who are mentally incapacitated or not responsible for their actions
* Those who are too old to fast
* The sick
* Travelers who are on journeys of more than about fifty miles
* Pregnant women and nursing mothers
* Women who are menstruating
* Those who are temporarily unable to fast must make up the missed days at another time.

Special Events
* Special prayers, called taraweeh, are performed after the daily nighttime prayer.
* Lailat ul-Qadr (“Night of Power” or “Night of Destiny”) marks the anniversary of the night on which the Prophet Muhammad first began receiving revelations from God, through the angel Gabriel. Muslims believe Lailat ul-Qadr is one of the last odd-numbered nights of Ramadan.

Eid ul-Fitr (“Festival of Fast-Breaking”)
* Eid begins with special morning prayers on the first day of Shawwal, the month following Ramadan on the Islamic lunar calendar, and lasts for three days. It is forbidden to perform an optional fast during Eid because it is a time for relaxation.
* During Eid Muslims greet each other with the phrase “Eid Mubarak” (eed-moo-bar-ak), meaning “blessed Eid” and “taqabballah ta’atakum”, or “may God accept your deeds”.

Q: What do Muslims believe they gain from fasting?
A: The main benefits of Ramadan are an increased compassion for those in need of the necessities of life, a sense of self-purification and reflection, and a renewed focus on spirituality. Muslims also appreciate the feeling of togetherness shared by family and friends throughout the month. Perhaps the greatest practical benefit is the yearly lesson in self-restraint and discipline that can carry forward to other aspects of a Muslim’s life such as work and education.

Q: Do people normally lose weight during Ramadan?
A: Some people do lose weight, but others may not. It is recommended that meals eaten during Ramadan be light, but most people cannot resist sampling special sweets and foods associated with Ramadan.
The 1998 Summer Sessions catalog is needed to complete registration. It includes complete registration, schedule and Visitor Information. The catalog will be available in late March.

Registration must be completed prior to the beginning date of the course.

STUDENTS ACCEPTED BY A REGIONALLY ACCREDITED COLLEGE OR UNIVER­SITY, other than Montclair State, may begin their studies in August. For Fall semester students, please follow Student Registration instructions. Attach a copy of your acceptance letter from the regionally accredited college or university you will be attending in the 1998 Fall semester to the completed Part A of the Visitor Notice Form from the MSU 98 Summer Sessions catalog, and submit both documents to the MSU Admissions Office.

FINANCIAL AID FOR MONTCLAIR STATE STUDENTS: The primary source of financial assistance for Summer Studies is a William D. Ford Federal Direct Stafford Loan Program. Loan assistance is not available if a student is requesting it for only Pre- and/or Post-Session study. This condition is a function of the William D. Ford Direct Stafford Loan Program disbursement regulations. Your Financial Aid Application and Student Aid Report (SAR) must be received by March 1, 1998. TO BE CONSIDERED FOR SUMMER SESSIONS FINANCIAL AID, you MUST REGISTER DURING THE PRIORITY REGISTRATION PERIOD, APRIL 1-6, 1998. After the priority registration period, students must meet all the required criteria to be eligible for financial aid.

Tuition and Fees: Tuition and fees are from the 1997 Summer Sessions and are subject to change for 1998 by University Board of Trustees action during the latter part of the Spring semester.

Key to abbreviation of days:
M=Monday
T=Tuesday
W=Wednesday
R=Thursday
F=Friday
S=Saturday
U=Sunday

Tuition and Fees:
Undergraduate
$105.00 per credit, New Jersey residents
$153.55 per credit, non-residents of New Jersey

Graduate
$197.05 per credit, New Jersey residents
$246.95 per credit, non-residents of New Jersey

Tuition and fees are from the 1997 Summer Sessions and are subject to change for 1998 by University Board of Trustees action during the latter part of the Spring semester.

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This preliminary listing of courses and programs is for general information purposes only, and is subject to minor changes.

The Summer Sessions office is located in College Hall (CO-215); telephone (732) 655-4362 Montclair State University is an Equal Opportunity/Affirmative Action Institution.
The Way It Is

For the past few weeks, there has been an ongoing debate over computer lab assistants, what their actual duties are and how much they should have to know in order to be employed by the department of MSU that runs the computer labs, Information Technology.

While I cannot tell you exactly what Information Technology’s hiring criteria is, or what it looks for when hiring lab assistants, I can give a pretty educated opinion which I believe to be fairly accurate being a lab assistant myself.

The situation is simple. MSU students need access to more computers and they have been letting the university know this for a long time. The need for this access is growing everyday as more classes require assignments to be done with certain programs, professors are using e-mail with their students more and the Internet is beginning to compete with the library as a source for information. Many of today’s students own their own personal computers, but there are many more who do not. While prices for PC’s are coming down, it is still a hefty investment.

Responding to this need, MSU and Information Technology have increased the number of computer labs on campus, along with the number of hours the labs are open, even creating a 24 hour lab in Blanton Hall. Along with the increased accessibility, the computers are constantly being updated, along with their software to keep up with the latest technology.

Now I’m sure that Information Technology would love to employ a trained computer technician in each one of these labs every hour that they are open. Unfortunately, this would be financially impossible. Lab technicians would demand a much larger salary than would a student assistant, making it impossible to buy new computers, update software, and pay all of it’s employees at the same time.

I am also certain that Information Technology would love to employ students who are very well versed in various computer operations and applications in every single lab, every hour they are open, so that they could solve a majority of the problems that lab patrons bring to them. However, finding these students is not always easy, especially when you are trying to meet the needs of computer lab assistants and the most experienced computer user. Unfortunately, many lab patrons do not see it this way, and are quick to blame assistants when there is a problem that cannot be solved.

Mr. Castanon, in his letter to the editor last week, points out that many lab assistants are “too busy doing homework” or “picking friends to give more than a simple answer to a student’s computer question.” He also makes reference to an assistant reading a “Smurf Sex forward” implying that the assistant should have been spending his time more efficiently. I wonder what a lab assistant should be doing during his/her hours? Writing computer programs? Or designing web pages? If you have ever had to sit in a computer lab for eight straight hours, which I have, you’ll find that there is not much else to do other than homework, e-mail or explore the Internet.

Ironically, Mr. Castanon implies that there is something wrong with lab assistants spending their time doing this, when actually one of the major problems lab assistants incur is students spending their time on computers doing e-mail, muddling, or leisurely surfing the net while other students wait in line with serious class work to do.

Trying to tell one of these students that they have to leave the lab because there is someone else waiting (who has something more important to do) is not fun. It is also not fun chasing that one student who refuses to leave the lab when it is closing time and you are about to lock up. Lab assistants are not all sitting back in reclining chairs being served drinks and massages all day while they “work.” Many are very knowledgeable, helpful people who are more than willing to help a student solve a computer problem.

The problem is many students like to use lab assistants as a crutch instead of learning how to use the computers and the software on their own. Lab assistants are there so the computer labs can be open, and if they have extensive computer knowledge it is a plus. Information Technology should be applauded for offering MSU student employment and a campus full of open computer labs for students to use.

In defense of lab assistants

Lab assistants work a service by offering part-time employment for students on campus. A lab that is open with one of these students is much better than a closed lab because Information Technology cannot find someone experienced enough to run it.

I’d also like to dispel the misconception that lab assistants are pampered students who earn outrageous salaries and do absolutely nothing while on duty. Being a lab assistant is a thankless job, where if you are able to solve a problem it is expected, and if you are not able to it’s because you don’t know how to do your job. Computers are very complex, and it is not always possible to solve every problem, even for the most experienced computer user. Unfortunately, many lab patrons do not see it this way, and are quick to blame assistants when there is a problem that cannot be solved.

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The entire staff of The Montclarion would like to wish every one a safe and happy holiday season.
The Nonconformist

The twentieth century has brought about many ideological changes in our country. This change is particularly evident in the way we view how we should punish our criminals. One crime in particular that is not being punished properly is rape. People who commit this dehumanizing crime only get a little bit of jail time, some counseling and then they are thrown out onto the streets to strike again.

For instance, a man in Elizabeth was recently sentenced to some time in a counseling program in a psychiatric center for the rape of a three year old girl. The girl was so badly injured internally that she may not be able to bear children. His sentence seems like such a minor punishment for ruining practically her entire adult life.

There have been countless sexual predators that have stricken children, as well as adults. Many go unreported, but for the ones that do the punishments are nowhere near fitting to the crime.

Many people say that rapists should be killed or castrated. But the only reason why rapists cannot receive the death penalty or be castrated is because rape is not yet listed as a capital offense. IT SHOULD BE.

Rapists should be dealt with in the following manner. The first offense for rape should be castration if the suspect is found guilty beyond the shadow of a doubt. The second offense should be the death penalty.

For those of you that do not know the definition of castration, in males, it is total removal of the testicles. This removes the ability to produce semen and testosterone. As a result, the subject is more subdued, less aggressive, and is unable to achieve an erection. In females, the clitoris is removed. This prevents her from becoming sexually aroused and takes away most, if not all sensation during intercourse.

For those of you that say this punishment is cruel and unusual, maybe thinking of the horror and pain that a rape victim has gone through will change your focus. I have spoken to a rape victim in the past, and I have read and heard many stories that they have bravely brought forward. Rape is cruel and unusual. There is nothing dignifying about one person using sex to overpower another.

In my opinion, rape is a crime worse than murder itself. First of all, it is a crime that is done live through the attack they are emotionally and psychologically scarred for life. Not to mention that physical internal injuries can result in children, especially when an object is used.

So, it is obviously clear. Americans need to choose if they are going to let sexual predators continue to take away the dignity of their victims. Instead, we should make a stand and let rapists know once and for all the seriousness of their crime! Making rape a capital offense could help to discourage future offenses.

Rapists should be castrated.

Dear Editor,

I would like to apologize for my remarks about American justice in my column with the Montclarion. I regret it was written because I did not want it to be printed after the interview.

I would like you to know that I am an individual international student and whatever I say represents only me. My remarks have no connection with ISO, even though I am currently the president.

Recep Kaplan

MONTCLARION MAIL BAG POLICY

- All letters must be typed, preferably on disk or via e-mail.
- Please keep letters to a single topic which is relevant to the issues at hand.
- Once received, letters are property of the Montclarion and may be edited for length, content and libel.
- Letters will not be printed unless they are signed, include the author's name, major, phone number, and social security number. The last two items will be used for verification only.
- Only one letter by an author will be printed each month.
- Letters and e-mail must be submitted by Monday at 6:00 pm. Any correspondence received after this time will not be considered for publication in that week's issue.
- Correspondence may be submitted through e-mail to Flanneryesophamontclair@edu or sent to the Montclarion - Attn: Editorial Editor, MSU 113 Student Center Annex, Upper Montclair, NJ 07043.
Montclair State University, as we all know, has a Multicultural Awareness Requirement. The idea is for students to gain more knowledge about a culture other than their own. It seems that our administration desires to put an emphasis on multiculturalism. I have no problem at all with this. In a pluralistic society, it can be very beneficial for one to learn about other cultures and their customs.

The only problem that I do have is the lack of patriotism emphasized by our administration. Yes, I know we have a Western Civilization requirement, but it is not enough. We live in a country in which most college students cannot name their two United States Senators. This simply does not seem right to me. I am dissatisfied to know that there are students who will graduate Montclair State and know in depth the history of Islamic, African or Indian Civilization, and know very little about the history of the founding of this nation. It disgruntles me that they will not be able to describe how men put their lives at risk for the very freedom that they complacently enjoy today. I was incensed on Veterans Day this year, November 11, when not one of our administrators organized an event to let students know how important it was to remember the brave men and women who fought to preserve our freedom. Instead, one of our administrators was at the Greek Council meeting speaking about multiculturalism and did not even mention that it was Veterans Day. It irritates me that young revolutionaries all over the world can cite the introduction to the Declaration of Independence and most students today cannot.

But this sentiment is not in any way limited to Montclair State University. For example, Memorial Day has slowly become a day to have a barbecue and go to the shore.

What do I see as the solution at Montclair State University to promote patriotism and nationalism? How about a requirement for each student to read the Federalist Papers? How about a requirement for each student to take a class on the Founding Fathers? How about patriotism 101? Now, I know these may sound impractical to some of you. Fair enough. I think I can offer some more feasible suggestions. How about putting an American flag in every classroom? How about giving us off on Washington’s birthday, to stress the importance of the father of this country? How about an administration that, without discarding multiculturalism, promotes events that stress our common American Culture. Our administration should make it a priority to stress patriotism, Americanism, and nationalism over multiculturalism.

40 Shades of Ed

This semester has been very enlightening for me. Last year, I wasted every Wednesday afternoon by attending the SGA meetings. After four months of jousting with the windmills in boring, nonproductive sessions, I realized that my services could be put to a much better use elsewhere.

Fortunately for me, I discovered the opinion pages of The Montclarion. I was able to speak to the thousands of students every week. I was able to give them my spin on a few topics while provoking others to let me know what they think. In this column, I would like to review the two main highlights of the semester.

Although there was a very intense debate on race and an interesting discussion on religiousness versus atheism, nothing came close to the controversy caused by Will Gibbs’ column concerning homosexuality. In his column, “The Nonconformist”, Mr. Gibbs has never shied away from taking on any topic. For his bravery, I honestly feel he should be commended.

The onslaught of letters I received regarding his column, which covered such topics as Ellen DeGeneres and the Bible, filled the Opinion pages for weeks. Mr. Gibbs’ column inadvertently did wonders for the homosexuals at MSU. While he was just one voice, dozens of responses poured in to support tolerance. Hopefully, the campus at large got the messages. First, homosexuality is not a problem. Second, there are more tolerant people in our University than there are bigots. I was pleased to see that maybe we could overcome hatred that is based on ignorance. The next topic I hope we can conquer once and for all is racism.

The second topic I would like to speak of is the epic saga that is our SGA. Without the rampant incompetence of the SGA as a whole, my job would have been so much more difficult. Keep in mind, there is a handful of honest, hard-working students involved in the SGA who do everything they can to serve the students, such as VP Jennifer Lynch, AG John Brost, and Legislators George Raffa, Lauren Jacoby and Rachel Kahn. On the flip side, there are total embarrassments running our SGA, especially President Karen Cardell.

While the future is uncertain for the SGA and Karen Cardell, I will always look back fondly at this semester as one where my position afforded me the opportunity to duel with corruption by letting everyone know what is going on behind our backs.

I am sure that I will never fall upon a lack of topics to cover at MSU. I only hope I will be able to continue to make you think and let you know that there will always be someone who wants to let you know what is happening. Until next year...

What’s your view of the parking situation at MSU? Write to The Montclarion and let us know!

Send your letters to flannere@alpha.montclair.edu or to Student Center Annex Room 113
Points of Versatility brings new perspectives

By Victoria Tengelies
Arts Editor

As I ride up the New Jersey Turnpike each morning on my way here I am greeted with visions of the Carteret Industrial area, the Elizabeth seaport and a string of various industrial sites which, until now, I have thought of as just being part of the hideous landscape surrounding the highway. This month the University Gallery is displaying Points of Versatility which are works of art by Valeri Larko and Carol Rosen which paint a different perspective on what most New Jerseyans consider unsightly structures. Both artists are New Jersey natives creating different types of art with similar themes.

Valeri Larko is a resident of Summit, New Jersey. Her paintings are generally of area industrial sites in such places as Woodbridge, Carteret and Perth Amboy. Her art work brings to life scenes that on a normal day we pass without a second glance. Her use of bright colors in paintings like “Transformers” and “Power Station in S. Kearny, N.J.” bring the paintings to life. Her painting entitled “Homeless Shelter” brings to mind more than just the abandoned building that is half rubble on the picture, you can actually envision the people condemned to living in that torn up structure. “Exposed” is of an abandoned construction site where shantybery has now taken root. Another painting in which her use of color helps to make the piece come alive is “G.O.D.,” which is a few trucks sitting smashed up in a parking lot.

Ms. Larko explains why she has chosen this theme “I am attracted to these industrial structures for several reasons. One of which is the rich visual experience of these places. The sensuality of the forms, the play of light and shadow, and the pure enjoyment of laying on paint continues to engage me. I find a certain beauty in these structures, even if its of a dubious nature.”

Carol Rosen’s works are sculptures made out of discarded items such as an old Singer sewing machine. Her work has a darker tint to it with pieces such as the one entitled “The Reaper” in which a sickle is placed on an apple picking ladder with a light bulb painted black attached to it.

Hildreth York described her work as “bringing formal dignity to assemblages composed of debris, a deceptive cover for works that are ironic, subtly nuanced, and often darker in spirit than they seem at first.” I found her work to be an interesting use of material that led the viewer to question and come up with their own answers and meanings. In “Coat of Arms” piping and other building material has been shaped into a ‘coat of arms’ on a red background; the choice of color and materials leaves you questioning. One of my favorites was “Broken Promises” in which she has placed various objects inside a wire mesh cage resembling a bird pen.

This exhibit is only running until December 17th, make sure not to miss it. It should prove to change the way you view your commute.
Hey! This is the last soap news for the semester, so you’re on your own for a month. See you in the spring!

One Life to Live: Tea had a dinner party for Rachel and Andrew; unknown to her Todd already had dinner plans of his own. Kelly and Ian had a dance at Rodi’s sparkling jealousy in Joey who turned to Dorothy for comfort. Mel rejected Dorian’s idea that they get more serious. Mel tells Kelly that he believes Miss Stonecliff is covering up information about the death of her grandparents.

General Hospital: Luke’s party ended in tragedy after gunmen opened fire on the friends. Although the would be known to her Todd already had dinner plans of his own. Kelly and Ian had a dance at Rodi’s sparkling jealousy in Joey who turned to Dorothy for comfort. Mel rejected Dorian’s idea that they get more serious. Mel tells Kelly that he believes Miss Stonecliff is covering up information about the death of her grandparents.

Port Charles: Chris used his knowledge of Bennett’s affair with Nicole to keep Bennett off his back. Scott’s trial got underway beginning with jury selection. Despite pangs of guilt Lucy stayed with her contention that Lee and Gail were not taking good care of Serena. Dominque’s ghost visited Serena. Serena waited for Scott to celebrate her birthday.

All My Children: Trevor can’t decide who to believe. Janet left Trevor because he doubted her story. Janet took a lie detector test to prove her innocence. Eugenia looks for a husband for Gillian; her main target is Edmund. Jack tried to dissuade Opal from helping Erica bust out of jail. Bianca couldn’t make it for her visit with her mom because she passed out.

The Young and The Restless: Danny took the stand in the custody hearing and relayed his story of how he was seduced by Phyllis. Meanwhile Paul is feeling pretty sorry for himself since his wife seems to be spending more time with Danny than him. Neil went to the apartment to visit Lily and she couldn’t quite understand why he doesn’t come back home. Unaware of Tricia’s decision to move in with Ryan Jill and Keith make plans to redecorate her room. When Tricia lets Ryan in on her plans he thinks it’s great except he already has a roommate. (I wonder who.)

As The World Turns: Chris, thinking that he started the church fire, went to the police station to confess. Carly and Jack told the boy that he wasn’t to blame for his mom’s injuries, that the fire hadn’t started in the basement. Holden is the main suspect in the beating of Molly. Despite attempts by Lily and his attorney to change his mind Holden submitted to the DNA testing (Big mistake!). Emma tried to persuade Molly to clear Holden but she could care less about his troubles. With friends and loved ones in attendance John buried Barbara’s and his son.

Guiding Light: The news of Alan and Annie’s engagement disturbs Amanda. Abby is challenged by Roy’s family and friends. Beth gets closer to Phillip through Annie. Dinah attempts to befriended Cassie. Cassie and Hart are still getting close. Jesse and Michele have a significant discussion.

The Bold and The Beautiful: Sally told Grant that the reason things went sour on his date with Macy was because he doubted her story. Janet took a lie detector test to prove her innocence. Eugenia looks for a husband for Gillian; her main target is Edmund. Jack tried to dissuade Opal from helping Erica bust out of jail. Bianca couldn’t make it for her visit with her mom because she passed out.

The Bold and The Beautiful: Sally told Grant that the reason things went sour on his date with Macy was because she had been hasty in expecting Grant to be thinking in that direction. Grant went to see her andafter a rough start proposed. Sheila lives through her suicide attempt. James went to visit her and professed his love for her letting her know how much he and Mary needed her.

Sunset Beach: Despite the doctor’s news that she would probably never have children again, Caitlin still couldn’t bring herself to tell Colle about the baby. After a nightmare she decided she needed to go back to Sunset Beach. Meg spoke with Ben’s old friend Quint about the night Maria died. Ricardo and Eddie tried to set up Gabi by taking pictures of Gabi and Ricardo kissing. Gabi went to Mark and told him about Ricardo trying to get her to drop the charges with a kiss.

Another World: Paulina has turned to alcohol to soothe her problems instead of pills. Thanks to Nikos, Rachel and Carl are stuck in the hospital elevator. Lila found out where Shane was and sent him a note saying from “Vicky” but he moved on before he could receive it and it was returned to Vicky’s house and Donna got a hold of it.

Days of Our Lives: Marlena lets John down again. After consulting with the Celeste and praying Susan decides to give up Elvis to Kristen. Dr. Rolf informed Peter that he had “jungle madness” and must stay at his camp. Travis still has Jenn who received an unwanted call from Peter. Jack has been caught by a militia man and tries to talk himself out of it.
Montclair State University’s School of Arts hosted The Beatrice C. Crawford Memorial Concert on Sunday, December 7th. Backed by a grant from the Keating Crawford Foundation the concert was sponsored in memory of Beatrice C. Crawford, a prominent supporter of the arts in New Jersey.

The concert featured talents from MSU faculty and alumni along with special guests, Oscar Ravina and Joe Morton. Mr. Ravina, the conductor of the MSU Orchestra, is a member of the New York Philharmonic. Ravina was the guest soloist on Mozart’s Violin Concerto #3. Other musical performances that night included Mozart’s Toy Symphony, which featured performances from Dr. Gregory Waters, Dr. Richard Lynch and Dr. Geoffrey Newman, and Schubert’s Symphony in B Minor and Strauss’ Frühlingsstimme.

The night’s aspiration was to encourage University musical groups to work together to provide the community with opportunities to enjoy their talents. The Dean of the School of Arts, Geoffrey Newman described its purpose: “This generous gift from the Crawford Foundation will allow the School of Arts, designated by the New Jersey legislature as a ‘Center of Excellence for the Arts,’ to further develop its mission in two ways. First, by fostering exposure to and collaboration with professional artists, we enhance the School’s goals as an institution dedicated to professional training. Secondly, by bringing such a high level of quality performances to campus, we enrich the musical and cultural life of northern New Jersey.”

The night proved to be a grand success and hopefully we will have more collaborations like this in the future.
Players puts on three terrific one act plays

By Gabrielle Wild
Assistant Arts Editor

Last night I went to the final dress rehearsal for an evening of one act plays presented by Montclair State University’s very own Players. The evening consisted of three plays, all great in their own right.

“He’s Having a Baby” was the first play of the evening. It is a one act farce by Fred Carmichales. This play is simply ironic. The play opens with the Monty Python’s “The Penis Song”. This song sets the scene for the entire play. The play itself features Miriam S. Lablans (Mrs. Murray), Jen Weaver (Mrs. Foster) and Stacy Rumakcr (Mrs. Groton) as expectant mothers. Only, they are not the only ones in labor — their husbands are in the play. The play takes place in the waiting room of a hospital, where all three women are waiting to hear news from Nurse Williams (Deanna Destitio) about their husbands and soon-to-be born children.

Lablans shines as a nervous Mrs. Murray, who’s expecting her first child and worrying endlessly about her husband. Both Foster and Groton add humor to the story line with their advice to Mrs. Murray. While Mrs. Foster sits back, drinks from a flask and patiently awaits the arrival of her seventh child, Mrs. Groton talks excitedly about how she hopes that her second child will be a girl and not another boy. Julie Barber plays Mrs. North, a friend of Mrs. Murray’s, who comes to comfort her friend during her time of stress. Barber also adds a dose of comedy to this play as she tries to put her friend at ease.

Both the director, Shannon Brandt, and stage manager, Sarah Gilbert, did a superb job in putting this one act play together. This play really made me think of what it would be like if men gave birth to children and women did not. And as the opening song suggests, the world would be a different place if women had penises.

“Abstinence” was the second play of the evening. This play was written by Lanford Wilson. The play takes place at Winnie (Kathy McFadden) and Lon’s (Robert J. Duane) apartment, where they are celebrating their anniversary by throwing a dinner party for one of Martha’s charitable causes. This year they are entertaining a support group of people who belong to liars anonymous.

McFadden made the character of Winnie really seem like a wife with a mysterious past. Duane brought a lot of humor to the character of Lon. His references to vegetables practically had me rolling on the floor with laughter. Dunna, played by Stacy Rumakcr, was the third point in this triangle of characters. Rumakcr made her role as a recovering alcoholic quite believable, as well as, funny. Craig Klein was hilarious as Joe, one of the guests at the dinner party. His lies seemd to grow and grow as they rolled off of his tongue with such ease, that you just had to chuckle out of disbelief.

Sarah Gilbert added comic relief to the play, with her role as Martha, the maid that talked directly to the audience. Director, Sean P. Hale, and stage manager, Mirium S. Lablans, seemed to have their hands full with this one act play. There were so many aspects to this play (sex, drinking, lying) and they brought each one to light with humorous dialogue and entertaining characters. This play even had its unexpected twists and turns. But, to find out these, you’ll have to see the play. The last play of the evening was “Shoes”, which is a one act play about life in New York by Jason Milligan. This play surprised me a bit because I wasn’t expecting it to be such an emotional one. Although there was a very small cast, the actors did an excellent job with such a dramatic play. The play is about two brothers, Jim (Ralph Cozzarelli) and Tony (Alan Niebuhr). Jim owns a diner, while, Tony is a successful businessman.

The play takes place in Jim’s diner where Tony is having his weekly breakfast visit at six o’clock in the morning. The brothers’ typical sibling conversation is interrupted when a shoeless foreigner (Neville L. Hector, Jr.) enters the diner and starts speaking gibberish about buses and shoes. Tony wants to help him, while Jim just wants to throw him out. Cozzarelli does a superb job as Jim, the struggling brother who never receives any help from his successful brother. Niebuhr hits the nail right on the head with his portrayal of Tony. Hector adds dose after dose of comic relief to the play, even though his character should be the one receiving the pity.

This play truly brought a tear to my eye and made me realize just how messed up our society is when it comes to helping out the needy. Director, Jason M. Wills, and stage manager, Mirium S. Lablans, both deserve a pat on the back for bringing this play to life.

I highly recommend checking this Player’s production out as soon as possible. This is one set of one act plays that you do not want to miss. I guarantee that they will all make you laugh and perhaps even get a bit teary-eyed.

Rap Shows a Tender Side at Madison Square Garden

By Claudia Caramiello
Staff Writer

If you can make it past the mobs of sardine packed people, push your way through the metal detectors while dodging parents with their young children (Montclair Square Garden decided to hold “A Christmas Carol” on the same night as a rap concert) not get dizzy from the noise for God.”

The true concert began when the Bad Boy family took the stage. Puff, Mase, Lil’ Kim, 112, The Lox, Lil’ Cease and Junior Mafia, undulated their hips, danced and rhymed with such feverish energy, that the Notorious B.I.G., whom the concert was dedicated to, would have been proud.

Perhaps the most intriguing personality of the Bad Boy family was the always lascivious and lovely Li’l Kim. Dressed in a cherry colored see through dress with matching knee-high boots, she shimmed her slimy body, rhymed with a strong voice and bonded with the ladies in the crowd.

Just when you’ve gotten mildly bored with the genital phrases, 112 provided the sweet harmonious voices you may have been craving. The soft velvet sounds seemed to melt over the momentarily sedated audience.

Being that the concert was dedicated to the Notorious B.I.G., there was the obligatory moments of thanking God, and putting your hand in the air for Biggie. Yet somehow these moments weren’t contrived.

When the sad trickling music of the piano began and people flicked on their lighters creating a sea of tiny yellow stars, the only word to describe the moment was chilling. With a soulful gospel choir in the background, Puffy’s passionate rhymes in “Missing You” and a big screen depicting images of the life of the Notorious B.I.G. you realized that this man is dead, and you began to feel sad.

Puff Daddy appropriately closed the show by telling his audience that rapping doesn’t have to mean violence. “No matter what we are all human beings and none of us are perfect. Now let’s make some noise for God.”

The only element missing from the concert was the Notorious B.I.G. himself. Because in the words of Puff Daddy, he would have ripped this shit down.
Godmoney is kicking

By Victoria Tengelics

A CD from one of your favorite bands is cool, however a CD with a compilation of superb artists is awesome. That is what has happened with the soundtrack to the movie Godmoney. There are so many powerful bands on Godmoney I don’t know where to begin but I will try.

Favorites such as Pennywise, Rollins Band, Guttermouth, Strife and Dance Hall Crashers are just a few of the 20 bands that recorded for Godmoney. Pennywise starts off with “Peaceful Day” which at first I didn’t think I could get into but on a second listen it wasn’t half bad, not one of my favorites but certainly not the worst.

One that I particularly favored was track five, Chance22’s “Hollow” which served a mention it had a great rhythm with skillful uses of their instruments together. Although I have never heard of Strife before I definitely liked their “Untitled” track. The only track I would advise missing off Godmoney would be Voodoo Glow Skulls “You Don’t Have a Clue”; their lead singer sounded like he had marbles in his mouth. This CD had kicking beginning and an eerie ending with the last track by Far entitled “All Go Down” this melodic song proved to be the perfect way to end this diverse CD. In my opinion Godmoney is a definite Christmas gift idea.

The Clarks with someday maybe

By Lynette Surie

For 10 years a little old group named The Clarks have been hiding in the music woodwork. Recently I had the chance to catch their latest album, someday maybe.

With the release of this new album they have finally reached stardom – N O T ! Some how I find it impossible that these four guys, Scott Blasey – vocals, guitar; Greg Joseph – bass, mandolin, vocals; Robert James – 6&12 string guitars, vocals, harmonies; and David Minarik – drums, vocals, could pack the copy room in Sprague library.

Their musical output consists of what they call, “grass-roots rock,” or what I like to call—wannabes-a-rockstar-country twang. Some of the tracks are somewhat groovy, but their lyrics cause the songs to fizzle! For example, “She liked the way I licked her feet/She brought me upstairs, showed me how/I stood there laughing all I said was wow/Courtney loves me now.” (Track 2 “Courtney”)

There’s talent for you. From my point of view they are the perfect way to end this diverse CD. Their musical output consists of what they call, “grass-roots rock,” or what I like to call—wannabes-a-rockstar-country twang. Some of the tracks are somewhat groovy, but their lyrics cause the songs to fizzle! For example, “She liked the way I licked her feet/She brought me upstairs, showed me how/I stood there laughing all I said was wow/Courtney loves me now.” (Track 2 “Courtney”)

There’s talent for you. When The Clarks first started to put out albums they had their own record label based in their hometown of Pittsburgh named KING MOUSE RECORDS. They even mention it in their song, “Cigarette”, which featured in the movie Boys with Girls.

The Clarks’ music is mainly about “fallen women” and, mushy stupid metaphors— “She’s swimming in the gene pool and I’m her DNA” (Track 7 “Fatal”). They remind me of some local bands, or maybe even a high school band. I did like one of their songs called “Stop!” It was a good choice on their part to put that song as the start to their CD; it enticed me enough to sit there and listen to the rest of the horrible tunes.

And all and all I think The Clarks make an immature attempt to be stars. They can pass for a band of toned down Garth Brooks’ in Eddie Bauer clothes. They may even become stars, “someday maybe.”

What’s Going On?

Thursday, December 11

“One Acts”, 8 p.m. SC Annex Rm. 126. More info? x5159
Angel Face, The Balcony Lounge at Webster Hall, NY

Friday, December 12

A Christmas Carol, Memorial Auditorium, 7:30 p.m. more info? x5112
“One Acts”, 8 p.m. SC Annex Rm. 126. More info? x5159
Angel Face, The Balcony Lounge at Webster Hall, NY

Saturday, December 13

“One Acts”, 8 p.m. SC Annex Rm. 126. More info? x5159
Ridgewood Holiday Music Festival, Benjamin Franklin School, Ridgewood, NJ, 8 p.m. More info? 201-493-1111

Sunday, December 14

Ridgewood Holiday Music Festival, Benjamin Franklin School, Ridgewood, NJ, 8 p.m. More info? 201-493-1111
Melanie, The Turning Point, Piemont, NY

Monday, December 15

Friday’s Child, Barnes & Noble Superstore, Paramus, NJ
Total Sexual Freedom, Elbow Room, NY

Tuesday, December 16

The Living, CBGB’s NY
Baby Jane Dexter, Eighty Eights, NY

Wednesday, December 17

Have a rocking winter break!
1. Parking: I know, this is probably the 23894782378497th time that I’m pissed about parking, but jeesh, it just keeps getting worse. During the first half of the semester, I just parked my car at home and hitchedhiked to school, to avoid the Montclair State parking lots. It made getting to campus fun, and it was like an automotive grab bag. Sometimes the rich and famous brought me to school. Man, when Oasis brought me to school, they got me so drunk that I collapsed in the middle of my Augustan Age class. My professor didn’t care for the vomitus that much, but hey—I didn’t have to fight for a spot in the Clove Lot!

Sometimes I had genetically mutated people pick me up. Once, this redneck that I snagged a ride from tried to make me ‘squeal like a pig.’ Fortunately, I was carrying a small vile of chloroform with me, so I knocked the buggerer out and kept him away from my arse.

Seriously though, since when did we have to fight for CLOSE spots??? This is ridiculous! Sometimes, every now and then, one of the verboten lots is open, and I try to snag a spot. Today the small lot by the Student Center was open. I drove right in and parked my car. All of the sudden, this daft old man starts screaming at me, saying, “What’s wrong with you? You’re not supposed to park here!” What’s wrong with me? Oh, I just want to park my car where I can easily reach it. I guess I’m just a dumb fool. Aduh.

2. Dumb people: Dumb people have no reason to live. Seriously. This country is getting dumber and dumber as the years go on. Case in point (and I am NOT making this up—I read it in The Star Ledger) A man is suing McDonalds for medical expenses and damages for mental trauma. This idiot was eating at his local McDonald’s restaurant, and claimed that he was injured when he put catsup on his burger...a catsup packet, that is.

Can you believe this? Some idiot put a whole catsup packet on his burger! What do you THINK when you do this? “Aduh. I love Big Macs™. Aduh. Mmm, I like catsup. Aduh. I like it so much, that I’ll put the whole packet on my burger. Aduh. Mmm, this is going to be great! OWWW! The catsup hurt my throat. Aduh. I’m going to sue. Aduh.” He said that there was no warning that said not to eat the packet. You know that they’re going to put a warning on the catsup packet that says, “Do not eat the packet.” Please help vacuum the gene pool. Thank you. (John J. O’Sullivan, President of Idioticide, Inc.)

3. Waiting tables: I am a poor sod in the profession from hell™. I’m a waiter in a chain restaurant in the Mall from hell™ (Name withheld to preserve my job from hell™). Granted, the money is a lot better than a McJob™, but the aggravation that one must face and smile through is enough abolitionist order and tonic.

Dummery theory that the 1 work at is
The future is written this week by that ripe jolly old elf himself, Santa Claus™

Aries (March 21 to April 19) Ho ho ho! This is Santa! Call my Christmas 900 number or Rudolph will poop on your car! Ho ho ho!

Taurus (April 20 to May 20) You'll be given everything you want, except for the nude Swedish stewardess. There's only so much that I can do. Ho ho ho!

Gemini (May 21 to June 20) Ho ho ho! Somebody has been really naughty this year! Maybe it's my fault—I gave you the land mines that you asked for.

Cancer (June 21 to July 22) You won't get anything from me this year...except for my dentist's bill. Last year, the cookies you left me were stale as rocks. Ho ho ow!! Damn cookies! You'll be hearing from my lawyer!

Leo (July 23 to Aug. 22) You've been REALLY good to me last year, so you'll be getting the Corvette... That teddy you wore really got my stocking filled. Ho ho wow! Just don't tell Mrs. Claus*

Virgo (August 23 to Sept. 22) Instead of that big train set that you wanted, I'm afraid the only thing I'll be able to get you is a nice pair of socks. Times have been tough up here in the North Pole after the stock market slump a month or so ago. But think positive: You can't jog with stupid model trains!

Libra (Sept. 23 to Oct. 22) I'm sorry, but I just can't take that Biochemistry test for you. I didn't finish high school Bio. I make toys and stuff—I don't know anything about genetics. Bite the bullet and study, you lazy bastard. Ho ho ho!

Scorpio (Oct. 23 to Nov. 21) Ho ho oww... I think ye' put somethin in the milk (hic). Yer have some good stuhph. I 'm gonna be sick or somfin... {barf} whops sorry about yer letter cauch. sorry

Sagittarius (Nov. 22 to Dec. 21) Cats will be the cause of your undoing. Your lucky numbers are 3, 62, 62, 1, 6, and 0. Ho ho ho!

Capricorn (Dec. 22 to Jan. 19) Ho ho ho! A Nintendo 64 will fall out of my sleigh and hit you on your head, killing you instantly. Whoopsie!

Aquarius (Jan. 20 to Feb. 18) I'm sick of candy canes. I mean, candy canes for breakfast, candy canes for lunch, and candy canes for dinner. Candy canes, candy canes, candy canes. Damn, you'd think that Mrs. Claus would buy a cookbook or something. Why do you think I ask for some cookies—I need variety! Somebody get me a leg of lamb!

Pisces (Feb. 19-March 20) If you want anything this year, don't have a fire roaring in your fireplace. Last year, I had third degree burns all over my bum. I couldn't sit for nine months.

*Since the writing of this horoscope, Mrs. Claus found out about Santa's illicit affair with a red-haired nymphette, and has began filing for divorce.

the humour™ section: we ate your sacred cows for lunch, cooked medium rare, with a side of fries.
used to it. Besides, all of us decided that
we’re going to rush en masse to Macy’s
and destroy the workers’ souls. It should
be fun—I’m looking forward to it.

4. Those silly vampire people: To all
of you who think that you’re vampires,
I have only this to say: Halloween ended
over a month ago.

You do not drink
blood, nor are you
the undead. Case in
point number II:
When I was seven
years old, I used to
pretend that I was
Cheetarah from the
Thundercats. We
pretended we were
stranded on an
island, and we had
to cross the moat
loaded with
crocodiles by
crossing a
dangerous bridge.

(Translation: we climbed on the jungle
gym.) It was fun, but if I did that
today, people would suggest that I
should start using Lithium. You are
not the Children of the Night. You are
losers. Get a life. (This also applies
to Trekkies and Lyndon LaRouche)

FOOTNOTES:
1. I only shot him figuratively. Seriously. He’s certainly not buried under the new
ice rink. Honest.
2. Heck, those folks who had eight kids got a free car. Why not give a guy that has
eight personalities a car?
3. Except for Antarctica. It’s far too cold there, although they have lots of snow™.
**Help Wanted**

**Child Care Wanted**

Childcare wanted: energetic student wanted to interact with 2 ages 3 and 5 Mon and Fridays 1-4 in our Montclair home near campus. $10/hr. 509-2132.

Babysitter wanted for school-aged children in Millburn, N.J. Live-in or home near campus, $10/hr. 509-2132.

Mother's Helper - Mature individual needed to assist mother of triplets. Hours are flexible. Person majoring in child development or child related classes preferred. Hourly rate - $8.00. Please call 973-669-1949 or fax resume/information to 973-321-8112.

Free board plus salary must drive and cook. Need Mom's helper. Call or fax info. 201-933-9939 Lyndhurst.

Immediate Opening - Montclair Family seeks babysitter in my home - Tuesdays 8am to 5:30 pm, and Thursdays 8am to 12:30 pm. Two girls, 11 mos and 4 yrs. Own transportation required. $100 cash per week. Call (973)744-2358.

**Computer Services**

Quality word processing and graphic design for students and faculty - resumes, term papers, certificates, invitations,whatever. On-line searches. Personalized PC tutoring. WE DO WINDOWS! Call Ellen & Karen (973)473-3838.

**Miscellaneous**

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**Who’s Who Among Students in American Universities and Colleges 1997-98**

Applications and Nomination forms for Who’s Who Among Students in American Universities and Colleges 1997-98 are now available for students with a minimum GPA of 2.75, plus 90 earned credits, and can be obtained at the following locations:

- **STUDENT ACTIVITIES OFFICE - STUDENT CENTER, ROOM 400**
- **STUDENT CENTER INFORMATION DESK**
- **STUDENT GOVERNMENT ASSOCIATION - STUDENT CENTER ANNEX, ROOM 103**
- **ACADEMIC SUCCESS CENTER - MOOREHEAD HALL**
- **EOF OFFICE - MOOREHEAD HALL**
- **COLLEGE HALL INFORMATION DESK**
- **RESIDENCE LIFE OFFICE - BOHN HALL**
- **CAMPUS RECREATION - FIELD HOUSE OFFICE**

**THE FILING DEADLINE IS FRIDAY, DECEMBER 19, 1997 AT 12:30 P.M.**

Who’s Who Among Students in American Universities and Colleges is a prestigious biographical volume that provides a permanent tribute to the leaders of today’s college generation.

Each year a select group of students is nominated to receive national recognition for their scholastic achievement, participation and leadership in extra-curricular activities, citizenship, service to Montclair State, and their potential for future achievement. Their resume are reviewed by a committee compromised of administration, faculty members, professional staff members, and undergraduate and graduate students. The names of these students who are selected by the committee as outstanding leaders in those areas are then submitted as nominees to receive this exclusive national honor.

For further information, please call Lisa Dittman at 655-4235.

Thank You.
Women’s basketball downs Rutgers-Camden 58-54

By Rob Williams
Staff Writer

Strong Red Hawk defense and quick meets to the passes proved to be a strong obstacle to overcome for Rutgers-Camden’s women’s basketball team 58-54 win against Montclair State University last night in Panzer Gymnasium.

While Rutgers-Camden left the game with an improved (4-3, 2-2) record, they knew the Red Hawks could not be taken lightly.

“We never take Montclair lightly because it is always an intense game every year when we play,” said Rutgers-Camden head coach Carol Ellerbe. “With the experience Gloria Bradley has, and the games we have played in the past, we make sure that we do our homework for this game.”

MSU head coach was not available for comments.

In the first half, MSU held the Rutgers-Camden defensively with a 31-25 halftime score. Red Hawk leading scorer Jill Schultz, who scored nine of her game-high 19 points in the first half, proved to be a key asset along with Marlena Lawrence, who scored six of her eight points in the first.

In the second MSU continued to hold to Rutgers-Camden, trailing behind less than eight points until with they were able to tie the score 48-48 with seven minutes left on the clock. Part of this was due to Rutgers-Camden guard Joy Martin, who injured her ankle six minutes before ended it six point run. This injury proved crucial to the MSU’s potential for the win.

The Red Hawks began a battle for the win as the tie continued to rise. But Rutgers-Camden, who took advantage of scoring at the line, proved to be the determining factor in the team’s win.

Ellerbe said the team was strong in competition and did not make the victory an easy one to obtain.

“Jill Schultz was awesome,” said Ellerbe. “I knew she was a good player from last year.”

“I was also concerned with how athletic a lot of the girls were on the team this year,” said Ellerbe. “You can not judge a team based just on their height.”

Ellerbe said this was a factor she realized once she saw MSU’s rebounding.

“You can not predict that your team will out rebound them based on height, because they gave us a hard time on the boards.”

Timothy M. Casey/Montclarion

The Red Hawk Wrestling team lost their first home match of the season to Hunter College on Tuesday. The Red Hawk grapplers fell to a 2-1 record on the season. In a close Heavyweight match, Keith Izsa (above) lost by decision.

Men’s Basketball:
January 5: vs. Widener, PA, 4:00 p.m. Panzer Gymnasium
January 10: vs. Lehman, 2:00 p.m. Panzer Gymnasium
January 14: vs. Rowan University, 8:00 p.m. Panzer Gymnasium
January 17: vs. The College of NJ, 4:00 p.m. Panzer Gymnasium

Women’s Basketball:
January 5: vs. Richard Stockton, 6:00 p.m. Panzer Gymnasium
January 14: vs. Rowan University, 6:00 p.m. Panzer Gymnasium
January 17: vs. The College of NJ, 2:00 p.m. Panzer Gymnasium

Men’s Swimming:
January 14: vs. USMMA, 6:00 p.m. Panzer Pool
January 17: vs. Bloomsburg, 2:00 p.m. Panzer Pool
January 24: vs. William Paterson, 2:00 p.m. Panzer Pool

Women’s Swimming:
January 14: vs. USMMA, 6:00 p.m. Panzer Pool
January 24: vs. William Paterson, 2:00 p.m. Panzer Pool

Wrestling:
January 14: vs. USMMA, 7:30 p.m. Panzer Gymnasium
January 27: vs. The College of NJ, 7:00 p.m. Panzer Gymnasium

*Home games only are listed. For more information about sports events, call Athletics at 655-5234.
SPORTS TRAINING
with William Mooney
1997 N.P.C. Natural Bodybuilding Champion
Certified Strength/Exercise Instructor
Senior P.E. Major

The shoulders are made up of three muscles, the front, side, and rear deltoid. These muscles can be easily stimulated with some simple basic exercises.

Begin your shoulder workout with the behind the neck press. This exercise hits all three heads of the deltoid.
- Group the bar with a wider than shoulder width grip.
- Begin slowly lowering the bar until it touches the upper part of your neck.
- As you begin to press upward, drop your shoulders and flex your lats (back).

Common mistake - During this exercise people have back as straight as possible throughout the entire movement. Tightening your abs may help prevent arching in your back.

If you want to put on mass perform 4-5 sets of 8-12 reps.
If your toning, perform 3 sets of 15-25 reps.

Bentover Lateral Raise
This is an important exercise for building thickness in the rear deltoids. Holding two dumbbells, bend over so that your upper body is parallel to the floor.
- Keep your elbows slightly bent while lifting the weight upward.
- At the top, squeeze your rear deltoids.
- Slowly lower back to start, using the strength of your muscles and not the momentum of the weight.

For beginners, this exercise may seem awkward. Remember to concentrate on raising and lowering the weight with your rear deltoids only. Stay tight throughout the entire movement.

Lateral Raise
This exercise works the side deltoid.
You can perform this exercise standing or seated. Hold two fairly light dumbbells at the sides of your body.
- Begin raising the dumbbells upward from the sides of your body, keeping your elbows rotated back.
- As your arms reach parallel to the floor, drop and squeeze your shoulders.

Common mistake - Don’t rock your upper body to get the weight up. Use a fairly light weight with total isolation on your side delts.

Workout tip: lateral Rises are shaping exercises. Use a fairly light weight with total isolation on the side or rear deltoid and you will develop a full rounded delt.

Try the bent over and lateral raises using 3 sets of each for 10-15 reps.

Positions Open

TARO Restaurant is now accepting applications for FT/PT positions.
Great Income for Students.

The following positions are needed:

1. Hostess
2. Wait Staff
3. Delivery Person

Candidate must be responsible and possess good social skills.

Previous restaurant experiences preferred, but will train the right person.

Apply in person at
32 Church Street, Montclair, NJ
Or Call Michael at (973) 509-2266.

W. B-BALL cont. from p. 28

... cit with 12:44 to go in the second half. After CNU switched to more of a pressure defense, the Captains outscored MSU 13-4 in the next three minutes that tied the game at 53-53 with 9:30 left. In this crucial offensive run, Hart scored 10 out of the 13 points, and the CNU defensive pressure caused MSU to commit six turnovers. The Red Hawks had a total of 26 for the game.

After the teams exchanged points to a 60-60 tie with 6:17 to go on the clock, the Captains captured the lead for good when Cherie Phillips converted a lay-up for a 62-60 lead that exploded to a 70-64 lead with 3:54 remaining. MSU cut into the lead with two successive steals and trimmed the lead to 70-68 when Senior captain Jill Schultz hit two free throws. The ensuing play, the Captains were called for an offensive charge, giving MSU an opportunity to win the game. With a couple of seconds to play, Schultz drove the baseline and put up a jumper at the buzzer, but the ball went in and out giving CNU the victory.

Though losing the game, two MSU players made the All-Tournament Team, Schultz (16 points) and freshman Marlena Lawrence who came off the bench to score 16 points and block three shots.
Women’s basketball outstanding in championship loss

By Jason Lampa

Junior point guard Wykemia Kelley on Friday had ice water flowing through her veins, as she hit a free throw with no time on the clock to propel the Montclair State Women’s Basketball team (2-3) past Wilkes University (2-3) 65-64, in the first round of the 19th Annual Dial Classic Women’s Basketball Tournament on Friday Night at Panzer Gym.

Kelly’s free throw with no time on the clock was the icing on the cake for a late MSU rally that erased a Wilkes 64-62 lead with 1:02 left on the clock. After Wilkes attempted shot didn’t fall, MSU’s 5’10 sophomore forward Lindsay Robinson grabbed a loose ball under the MSU basket and converted it into a basket for the Red Hawks to tie the game at 64-64 with only :43 to go in the game. Wilkes was then called for an offensive charge on their next possession, giving MSU the ball with :14 showing on the clock. MSU would have to time to set up a final shot.

Kelly took a pass at the top of key and let loose a 14-foot jumper that clanked off the front of the rim. Kelly refusing to let her team lose, hustled after her own shot. She grabbed the rebound, and was fouled while attempting another shot as time expired, setting up her game winning free throw.

Wilkes, who had been down by as much as twelve in the second half, received a big game out of Rebecca Baker who’s 21 points and seven rebounds were both team highs.

For Montclair State, senior guard Jill Schultz had a great all around performance. Schultz poured in 18 points, grabbed six rebounds, and dished out four assists. Schultz also showed impressive durability by playing 34 out of total 40 minutes. MSU also received strong performances out of freshman Marlena Lawrence and Ayesha Burney, Lawrence, a forward out of New York City, came off the bench to score 13 points and block four shots. Burney, 5’3 guard out of Summit, NJ, scored 11 points while dishing out four assists.

In the Dial Classic Championship game on Saturday afternoon at Panzer Gym, Christopher Newport University defeated MSU 70-68 behind Senior forward and tournament MVP Misty Hart’s 29 points and seven rebounds.

Hart, who scored 60 points in the two game, shot 8-22 from the floor and 10-12 from the free throw line. Hart led a second half chard that caused the Lady Captains to overcome a 49-38 deficit.

Men’s basketball defeat Rutgers-Camden

Victory against losingest team in basketball a close one

By Karl D. Benefield

Staff Writer

Being an athlete myself, I know what it is like to not consider your present day opponent the biggest threat and not push yourself the same way you might when playing a championship team. However, Wednesday night’s game against Rutgers-Camden displayed Montclair State’s undeniably talented starters, as well as some of the second stringer’s skills.

From the opening tip-off, it was very evident that Montclair was not approaching this game with the usual intensity seen, when Rutgers takes an early game, first quarter, nine point lead.

With no real anxiety or nervousness apparent, coach Darryl Jacobs (1st year) began to show his colors when bursts of emotional calls could be heard across the gymnasium floor. By the end of the first half, Montclair caught up and with some help from the bench. With a three pointer from rookie sensation Omar Boothe (a freshman from Teaneck), Montclair took the lead by one point, 40-39.

From the time the players left the court for the ending of the first coach Jacobs must have really had a lot to say… probably at a very loud tone. Anyway, like usual, Kyle Griffith (#50), Anthony Peeples (#44), and BIG B.J. Reilly had good games.

One difference about this game was the contribution from the bench. Omar Boothe came off the bench on point, connecting with an aerial assault of three pointers. Also, Thomas Fischer (a freshman from Keyport) came off playing for an aggressive third quarter time span—even showing his grit when an opponent pressed too far up on him.

The important thing tonight was the "W". Starter B.J. Reilly agreed that the bench had a lot to do with tonight’s victory in saying, “we have a great bench…tonight they showed what they got.”

Next week the RedHawks face Jersey City Away.