**SGA Secretary resigns**

"I want the momentum to keep on going. In order to do that, I would need to give more time; time I don't have."

- David Pizzi, former SGA Secretary

**Pizzi cites time and grades in resignation**

By Nikki DiBartolo

Staff Writer

The resignation of Dave Pizzi as the Secretary of the Student Government Association, Inc., on Jan. 18 came as quite a shock to the SGA Executive Board. Pizzi officially entered his resignation in writing on Jan. 13. He made the announcement at last Wednesday's SGA meeting.

"We [the executive board] were surprised. He [Pizzi] just didn't feel that he could put as much into it as someone else could. He needs to go on with his life and accept the decision and our excited to see a new member to the team," SGA Vice President John Giuffre said.

Pizzi's reasons for resigning were "purely personal in nature," and partly due to "academic challenge as well as time constraints," according to his official letter of resignation. He feels it's his decision to step down from his position in the best interest of the SGA.

"I want the momentum to keep on going. In order to do that, I would need to give more time; time that I don't have. We [the executive board] put a lot of things together and make a really good team. They [the student body] see a different executive board. We created a great foundation." Attorney General Lauren Jacoby immediately put into effect plans to replace the vacancy. The process of election has already begun. Petitions are available in the SGA office for interested and eligible students. Petitions are due on the second floor.

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**Computer labs consolidated**

By Amanda Iwanoff

Assistant News Editor

Freeman and Bohn Hall, which formerly housed their own labs, have closed their doors to their residents and shipped their computers to other campus labs. Freeman's lab shut down at the end of last semester. Bohn's lab is closed and the final decision on what will be done with the computers is still being made.

"The labs are being consolidated," said an Information Technology Staff worker, "Russ Hall will get Freeman's computers and Blanton Hall will get Bohn's computers."

This unannounced change comes as a shock to residents who are angered by the inconvenience of the change.

"Coming back from winter break and finding that the Bohn Lab was closed permanently was a let down. I found it unprofessional that they didn't even post a sign on the door people would just be waiting outside the lab for it to open. Even though the hours weren't the greatest in the Bohn lab, it was always busy and had a comfortable work setting," said Shannon McCandless, a Bohn Hall resident.

Some Freeman residents were equally annoyed about the closing of their lab before break.

"It makes me mad that I have to go out of my building to use the computers. If a computer lab is given to one dorm, all dorms should be given one. It's like the Russ people are more important than we are," said Nicole Luciano, Freeman Hall resident.

According to the Information Technology Staff worker, the consolidation of the labs will create more access to computers, especially during finals when labs are busiest.

"I don't think it's a good idea to change the labs. It's convenient for people when they can just stay in their own building. People will just get aggravated now," said a lab assistant.

Although Blanton is open 24 hours, many students see how adding computers to an already cramped laboratory is still being made.

"Stop the music: WMSC goes off the air indefinitely"
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OFFICE HOURS
The office hours of Montclarion staff posted in our office at the Student Center Annex Rooms 113, or call 655-5237 for staff office hours.

Advertising Policy

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The Montclarion is distributed on Thursdays and any such errors or omissions in the following Monday (transcripts for pre-paid ads must be repaired). Thru 10/31 dates are given for payment after the insertion date, after which a 15% finance charge is levied, to sixty (60) days, when accounts are referred to an outside collection agency.

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MSU CRIME REPORT

• 1/21 Male Clove Rd resident returned to lot 28 and discovered his parked car missing.
• 1/21 Male reported he was using the bathroom in the Student Center Annex when an unknown male entered the stall door and masturbated in front of the victim. Officers responded to the area. Suspect could not be located.
• 1/21 Two professors in the Fine Arts building report power tools and electronic equipment missing from an office and a locked caged area.
• 1/21 Media Center

SGA NEWS & NOTES

• John O'Brien, Assistant Director of Academic Technology, discussed self-taught computer tutorial, now available in the library, and the possibility of a Student Technology Development Center. Expansion of 24 hour computer labs was also addressed.
• Parking survey and Analysis report will be addressed next week.
• Some organizations up for recharterment: CIC, CLUB, ISO, LASO, The Montclarion, OSAU, Players, WMSC-FM, Bahai Student Association and the Computer Science Club.
• Two Justices were appointed.
• A check cashing service and Ch. 3 programming are being researched.
• Petitions for secretary are due Feb. 3 by 4 p.m.

FOR THE RECORD

In “Term Papers for Sale,” Dan Jones and Mike Taylor were not the individuals’ real names. The Montclarion apologizes for the error.

The Montclarion willingly corrects its factual errors. If you think that we have made a mistake in a story please call Editor-in-Chief, Kevin F. Hancock at 973-655-5230.

School system
funds diversity

The S. Orange Maplewood Board of Education approved an equity and diversity policy Monday that commits the district to educational settings of high quality that are integrated by race and gender.

It was approved, 8-1, with William Gold opposed. Gold said the district should focus on improving educational offerings for all students.

Drought worries washed away

Concern over a drought in NJ are giving way to a concern unthinkably worse: three weeks ago: floods.

This month, regions around the state have received as much as nine inches of rain.

Montclair rates and budget rise

Spending will rise by $450,990 to a total of $60,571,484, under a tentative 1999-2000 budget outlined Monday by the Montclair Board of Ed. The increase in property taxes will depend on the state aid to be awarded this week.

What's to come

Blanton Cafe Closes

Assistant News Editor, Amanda Jeannot, reports on the topics discussed at the University Senate Meeting.

New major added to university

A new Justice Studies program has been added to the list of majors at the University. The Montclarion takes to Dr. Marilyn Taylor about the addition.

NEWS

Thursday

Shower/Sun

HI: 44° LO: 35°

Mostly cloudy

HI: 47° LO: 29°

Mostly cloudy

HI: 33° LO: 20°

Partly cloudy

HI: 35° LO: 14°

U.S. News

Clinton called for a deposition

WASHINGTON — President Clinton’s Senate impeachment trial entered its 13th day Wednesday, with a request from House prosecutors for Clinton to appear for a deposition without a subpoena.

Sabers are grinding over two competing questions: whether to dismiss the charges against Clinton and whether to seek witness testimony. House prosecutors want to issue subpoenas for three witnesses: Monica Lewinsky, presidential friend Vernon Jordan and presidential aide Sidney Blumenthal.

Pope embarks on 30 hour tour

ST. LOUIS — Church officials are describing the Pope’s St. Louis stop on Tuesday as “pastoral,” aimed primarily at the clergy and faithful.

Pope John Paul II will make three public processions through the city in his protective “popemobile.” He will be greeted by President Clinton. They will have a private, 15 minute conference.

The pontiff has voiced criticism recently of the U.S. policy toward Iraq and the use of capital punishment in the US.

Peterman Co. goes bankrupt

NEW YORK - The J. Peterman Company, best known from the satirical depiction of the company’s founder on the TV show “Seinfeld,” filed Chapter 11 Monday at the US Bankruptcy Court in Lexington, KY.

The attorney representing Peterman told the bankruptcy court that soft sales in its catalog have caused the layoff of 20 people at its headquarters. More layoffs are planned.

World News

US and Russia
even out odds

MOSCOW — US Sec. of State Albright met Tuesday for talks with Russian Foreign Minister Ivanov and President Yeltsin in which they downplayed differences between the countries by issuing a joint statement on Kosovo.

Russia and the US have been at odds over a variety of issues, from US military action in Iraq to US suggestions that it may break a 1972 arms control treaty.

Columbia quake claims 518 lives

ARMENIA— Rescue workers Tuesday stepped up the search for survivors of Monday’s magnitude 6 earthquake that, according to authorities, killed 518 people.

"More victims are appearing each moment." Deputy Interior Minister Eastman said. Local officials estimate that the death toll could reach 2,000.

Hussein suffers possible relapse

AMMAN, Jordan— King Hussein returned to the US for urgent medical treatment Tuesday, after what his doctor described as a possible cancer recurrence.
**Shutdown CONTINUED FROM P. 1**

WMSC blames administration for not providing adequate improvement funds

"I even went to Dean Helen [Matusow-Ayres] last week about how the FCC has been going around checking every station for the EAS system compliance," asserted Dilorio.

"If you asked me a year ago, did you think things were going to get solved soon? I would have said yes, absolutely," Matusow-Ayres claims. "But, I didn't intentionally throw up barriers."

Both the radio station and Matusow-Ayres stated that meetings about rectifying the situation were slated before the FCC's visit. Matusow-Ayres, who stated that she has known about the problems for a year and a half, cites poor communication, university bureaucracy, "mutual mistakes" and herself for not finding a remedy.

"I really want to take responsibility for the fact that I have known about this problem for a long time and I have not been able to solve it," confessed Matusow-Ayres, who also stated that the Student Government Association is "ultimately responsible" for the radio station.

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**Consolidation CONTINUED FROM P. 1**

Cost a major factor in relocating computers

even longer line in Blanton when finals come around. It doesn't matter how many lab [Academic Technology] change the computers around. We don't need more computers in one space, we need more computers per period," says McClandes.

Apparently, the recent, unexplained changes are creating an angry residential community. "Besides the lab being closed in Bohn Hall, I can't even get in touch with RES NET to have them turn on the box in my room so that I can have internet access from my own computer. It's just been one hassle after another since I've gotten back from break," complains one Bohn Hall resident.

Due to all of the computer lab confusion, the main questions students want answered are, what is the big secret? Why aren't the students being told what's going on with their labs?

"The SGA had been getting complaints about the long lines in the Blanton lab, so they came to me for help," said John O'Brien, Assistant Director of Academic Technology. "We had to get Res Net opened as a 24 hour lab immediately, which meant having to make the sudden decision about closing the Blanton lab. I apologize for not giving sooner notice to the students, but it had to be done."

What students also do not realize is that each lab costs $1,000 per week to keep open due to the manpower needed to run them.

"We'd rather spend that money to support students in other ways, such as purchasing more hardware," said O'Brien.

With the consolidation of the labs, O'Brien hopes to create two large labs on the north and south sides of campus, each containing between fifty to eighty computers. However, these are not yet proposals, only ideas that O'Brien has to expand access to students.

"The SGA needs to create a Technology Committee so that the students can decide what their own needs are," said O'Brien. O'Brien is currently working on future proposals that will benefit students both academically and technologically.

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**Resignation CONTINUED FROM P. 1**

Elections for secretary slated for Feb. 10 and Feb. 11; Campaigns start next week

on Feb. 4 and run through Feb. 10. Elections are scheduled for Feb. 10 and 11.

In the meantime, Jeanette Mammaro, a freshman legislator, is serving as Interim Secretary. Mammaro was previously the acting clerk, responsible for keeping the official meeting notes of the SGA. Although she will not exercise the voting or executive power of an elected secretary, Mammaro will continue to keep records of the SGA meetings. Mammaro is unable to run for the official position in the upcoming elections. She does not have enough credits to qualify.

Pizza's full schedule this spring includes an 18-credit course load, a position as an Admissions Ambassador, and Campus Life Chairperson of Pi Kappa Alpha fraternity. This created a conundrum for Pizza, who earned only 12 credits, but held positions within his fraternity, his job as an Admissions Ambassador, and functioning as a Teaching Assistant for Dr. Friedman's Psychology 101 class. He maintains a 3.045 cumulative Grade Point Average.

"It was hard then," says Pizza, "that job [Secretary of the SGA] is at least a 30 hour a week job. I don't have the hours for it."

Pizza told himself, "I can handle it. I'm not a quitter. But it get hectic; I put school first."

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**Important GRE Newsflash**

From The Princeton Review!!

Your No. 2 days are numbered!

There's only one more chance to take the GRE in the current paper-based format.

After April 10th, the GRE will only be administered as a Computer Adaptive Test (CAT). While the math and verbal topics will remain the same, you may feel more comfortable with the familiar paper-based exam. If you would like to avoid the GRE CAT, then the time to prepare is now.

Not planning to apply to graduate school for a while? Don't worry! GRE scores are good for up to 5 years.

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Classes Are Starting Soon! Call To Reserve Your Space Today!
FINANCIAL AID INFORMATION 1999-00
FILING DEADLINE: MARCH 1, 1999

• IT'S NEW – THE RENEWAL APPLICATION
If you filed a Free Application for Federal Student Aid (FAFSA) for the 1998-99 academic year, you should receive in the mail a new kind of federal student aid application the renewal Free Application for Federal Student Aid, designed to simplify the application process for 1999-00. The form will allow you to update only that information which may have changed, rather than require you to fill out a whole new application.

• WHAT DOES THE RENEWAL APPLICATION LOOK LIKE?
The renewal application looks a lot like the 1998-99 Student Aid Report (SAR) you received this year, but it will be printed on white paper. It will also include an instruction booklet and envelope for mailing it back to the processor.

• NOW THAT IT'S HERE WHAT DO I DO WITH THE RENEWAL APPLICATION?
Essentially, you treat it like a new 1999-00 FAFSA. Carefully follow the instruction for completion, change those items which need updating, and leave the others as they are. You and your parents should copy the income and tax information from completed 1998 Federal Tax Returns or estimate the data required.

• WHEN CAN I SUBMIT THE RENEWAL APPLICATION TO THE PROCESSOR?
Just like an original FAFSA, you may file this form any time after January 1, 1999. All students must file the Renewal Application by March 1, 1999 to ensure compliance with our “on time” deadline date.

• WHAT IF I DIDN'T RECEIVE A RENEWAL APPLICATION BEFORE JANUARY 1, 1999?
Not to worry! If you have not received a Renewal Application by the end of the holiday break, come by the Financial Aid Office and pick up a regular 1999-00 FAFSA. The same applies if you misplace the one sent to you. Duplicate Renewal Applications are not available. The processor will accept either form. However, do not send both in, just submit one or the other by the priority deadline date.

• WHAT IF DID NOT APPLY FOR FINANCIAL AID IN 1998-99 BUT WANT TO APPLY FOR AID IN 1999-00?
Come to the Financial Aid Office in CO-321 of College Hall. Pick up a 1999-00 FAFSA and instruction sheet. Be certain to complete and file the FAFSA by March 1, 1999.

***SPECIAL NOTE FOR GRADUATE STUDENTS***
Proceed as described above and submit the “Institutional Application for Graduate Student Financial Aid - Academic Year 1999-00 by March 1, 1999. This form is available in the Financial Aid Office, College Hall, Room CO-321.

• FILE THE FAFSA ON OR BEFORE MARCH 1, 1999
Applicants who fail to submit the FAFSA by the MSU deadline date are not guaranteed award notification in time for Fall 1999 billing (about July 7, 1999) and must be prepared to pay the term bill in full from personal resources.

• 1999-00 FAFSA ON THE WEB/RENEWAL FAFSA ON THE WEB
You may now file your FAFSA directly over the World Wide Web! Just go to www.fafsa.ed.gov to file. You will need the Domestic Release of Netscape Navigator 3.0 or higher, Netscape Communicator 4.0 or higher, or Microsoft Internet Explorer 4.0 or higher. If you are not sure, FAFSA on the Web will tell you if your browser is compatible. You may also file a Renewal FAFSA on the Web from the same site (www.fafsa.ed.gov), provided you live at the same address printed on your 1998-99 FAFSA. Instructions will be provided with the paper renewal application that you will receive in the mail.
By Kristen Anderson
Staff Writer

D o you like the idea of ink being forever etched in some sort of design into your flesh, or do you cringe at the thought of it? Maybe you are considering getting a tiny piece of metal shoved through your lip or eyebrow for decorative purposes. Or maybe not. When 65 MSU students were asked whether or not they’d like to get or have a tattoo or piercing, the answers were quite varied and even somewhat surprising.

Why would someone want to get a tattoo or a piercing anyway? Especially since a tattoo is forever. That’s exactly why those who want one haven’t gotten it done yet and those who don’t want one, well, don’t get it. “I don’t want to get any tattoo,” I’m not a fan of having ink permanently in my flesh,” stated MSU student Richard Weiss. When asked about getting a piercing, student Doug Rockhill responded by saying, “I don’t want to put any holes in my body. I have enough as it is.” While Weiss did not want to get a tattoo, he did, however, already have and want another piercing.

It was obvious that many students found it easier to commit to a piercing (since it can always be taken out) than to commit to something they would have to live with forever. Plus, as sophomore Luisa Viglino points out, a piercing can even be quite useful: “I got my eyebrow pierced because it holds my cigarettes for me and it was the only thing I thought would look good. I want to get a tattoo but that’s permanent and I’m not sure what I want yet.”

Cliff Blessings, Proprietor of Pleasures of the Flesh (a nearby tattoo and piercing shop), advises that when deciding on a tattoo or piercing, “You must think about yourself, not the spur of the moment, and (I got a) nipple ring because my friend said I was too much of a wuss to get it. So, I got it to prove I wasn’t. The nipple ring hurt like hell to have done and it doesn’t improve sexual pleasure. I also got my tongue pierced. I want to get a tribal arm band tattoo and my other nipple pierced.”

Like other some students, Strohmeyer stated he had to be careful with the piercing and tattoos he chooses because of parental related reasons. Other students stated work (etc.) as reasons they weren’t pierced or tattooed in clearly visible places. It’s okay to get them done, in other words, as long as nobody can see it, but this causes conflict for some because most want their piercing to be seen. “I had my nose pierced but I had to take it out because of work. I would get my belly button pierced but I’d want it to be seen and I’d do my eyebrow but I can’t because of work,” said an MSU student.

While most of students were open to the idea of piercing and/or tattooing, nine said it just was not for them no matter what. When asked the questions, student Daichi Iida responded by answering “No, not really, I’m not interested in (getting a tattoo or piercing done). If you have it done it kind of looks sick and like it hurts.” In one area or another, most students were dissuaded either by a particular piercing or by where a person had tattoos on his body.

The most frequent answer to the question “What in particular grosses you out about either tattoos or piercings?” was, of course, genital piercing. The idea of having THAT done does not generate a pleasurable feeling inside. Other common “gross outs” were bridge piercing, earlobe stretching, and septum piercing. (A bridge piercing is on the area between your eyes. Ear lobe stretching is just what it sounds like, done in order to wear bigger pieces of jewelry. And your septum is that little area in your nose between your two nostrils.)

Not too many gave tattoos in less than desirable points. A few said they did not like above the neck tattoos and/or that some people took it all too far.

Some people didn’t even care what other people did to themselves. Al Moussab, an MSU student, said he was personally interested in getting either done but he didn’t care what other people did at all. “It doesn’t fit in with my personality but if someone wants to do it, that’s fine with me.”

One of the most hilarious (sorry, it is funny even if it does sound painful) things a student mentioned that appalled him the most was said by Dave Lentz. “A Jenny Jones guest had these spikes coming out of his head!!!”

The majority of responses, however, went along with what the two professionals I spoke to told me about business in their shops. According to Blessings, the most popular piercings at his shop are for the guys: tongue and for the girls: navel. He added that the least popular piercing is the genitals. In addition, Adam Block (Pleasurable Piercings) said that the most popular piercings at his shop are the navel, tongue and eyebrow. Similarly, the least popular is the genitals.

Surprisingly, one student polled did not cringe in pure agony at the mention of genital piercing. Rather, he seemed honestly interested in, yes, actually getting it done. MSU student Eric said that he was “looking into getting a genital piercing for decorative purposes.”

Next week’s issue: Learn more about the facts from interviews with Blessings and Block as well as some fun historical facts.
Do you have a creative mind that you would like to put to use? Then join the Feature writing staff of The Montclarion. Call Carolyn at x5241 or leave a message in the office, SC Annex 118

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FEATURE

PREVENTING THE COMMON COLD

By Lisa Gribben
Staff Writer

It’s that lovely time of year again. The winter blues have arrived. Time for struggling to get our heads out of the covers, and walking across campus without sliding across the ice. Endless days of gray sky where the sun refuses to visit. Snowstorms that trap us at home while school is still open. To top it all off, it is flu season, and if we are not down enough, a cold or flu can help us feel even worse. But don’t worry! These tips can help you physically feel better in no time. Remember, there are only 52 days left of winter, and only 36 days left until spring break! So what do you do if you come down with a cold? There are lots of ways to feel better fast that won’t cost you an unnecessary trip to the doctor’s office. (If your symptoms persist for more than a few days, however, you definitely should pay your doctor a visit.)

The first thing that you should make a priority is rest. There is no way you can feel better without taking it easy for a couple days. No, you shouldn’t miss classes for a week and say that a writer from The Montclarion told you it was okay. But you also can’t force your body to work when you are physically run down. Relax in whatever ways you like. You can read, watch trashy talk shows all day, talk on the phone, whatever ever. Just don’t force exerting yourself if you have a fever or truly feel terrible.

So you are now at home or in your dorm room resting for the day. What else should you do? Like Mom always said, drink lots of fluids. Juice, water and chicken soup are good examples. Beer is not. It is not a good idea to sit on the couch and drink beer all day and consider that resting and getting enough fluids. Alcohol will dehydrate you and make you feel even worse. So take all the party girls and boys, there will be plenty of time for that when you recover.

If you have a sore throat, there is a great way to feel better fast. No, it isn’t cough syrup, but salt water. Gargling with salt water will instantly soothe your throat and has been proven to reduce swelling on the tissues. Mix one teaspoon of salt to a tall glass of warm water and you have an instant remedy. Trust me, this really works. I’ve recently tried it and it works wonders. If you smoke, however, it won’t, so lay off the butts for a while.

Eating certain foods can also help get rid of your cold faster. The book Preventive Prescriptions for Healing states that eating foods containing hot peppers, curry, or chili powder can help unplug a stuffy nose. However, this does not mean you will feel better if you join your friends at a Mexican restaurant, eat nachos and drink margaritas. Cough drops containing zinc are also a great way to open up your sinuses and reduce sneezing. Garlic also helps you feel better as it has been proven to boost the immune system. Although it will not help your love life, you shouldn’t be kissing people if you’re sick anyway, so eat up.

Vitamin C is also a medically proven to reduce cold symptoms. If you’re sick of drinking orange juice all day, you can take tablets that will provide you with more than enough vitamin C to help you feel better in no time. Nancy Ellson, nurse practitioner at the MSU Health Center, said it is not dangerous to take too much vitamin C. She recommends 1,000 milligrams of vitamin C a day to help boost the immune system. You can also take it daily to help prevent colds in the future.

So you are now prepared to fight a cold as soon as you get one. If you are already suffering from one, these tips will help you get back to your classes in no time.
There is life beyond football...

By Carolyn Velchik

There is life beyond football anymore. This summer, "relays new student David Preston.

Marketing major Jordan Yanco admits to watching the Superbowl solely for its commercial entertainment. Remember last year's talking lizards? The creative commercialism has only begun to open up new doors for all forms of business and entertainment. With Cher singing the National Anthem and Stevie Wonder and Gloria Estefan singing during half time, it is bound to be interesting for many.

Of course, football and its commercials are not for everyone. If you don't want to watch the football teams contend for a $10,000 Vince Lombardi Trophy while possibly drinking beer, eating chips, pizza, subs and an array of other junk foods, then you can make your own party. As Jennifer Berndt suggests, "go play pool, go watch movies, go to bars, or just hang out."

"If the weather permits it, "casually trek into the city." A few students said that "if you get plastered enough you can enjoy anything." Just remember that every country has its own sport, like Spain's bull fighting, and it only comes once a year.

...or is there?

I t's 4 p.m. and there you are running to the couch to get your prime seat. You jump up and stand proud while the National Anthem is sung. When finished, you scream for joy, as that is the sign for the beginning of Superbowl XXXIII. Suddenly your stomach grows in the middle of the first quarter and you realize you have no food!!! Do you get up or leave your tummy empty?

Before this happens to you, make sure you are prepared. A quick snack idea is Nacho Cheeseier. Place a cup of salsa and a cup of diced cheddar cheese in a microwaveable container. Heat on high until the cheese melts. Stir, and you have a dip.

With Cher singing the National Anthem and Stevie Wonder and Gloria Estefan singing during half time, it is bound to be interesting for many.
MINDOVERMATTER
By Dr. Susan Herman

Controlling your anger part 2

A
nger is a normal and, at times, healthy emotion. But when it gets out of control and turns destructive, it can lead to problems: problems at school, at work, in your personal relationships and in the overall quality of your life. It can make you feel as though you are riding a horse at breakneck speed and are out of control.

Letting anger out uncontrollably actually escalates anger and aggression and does nothing to help you (or the person you are angry with) resolve the situation. It is best to find out what it is that triggers your anger and then to develop strategies to keep those triggers from pushing you up over the edge.

STRATEGIES FOR CONTROLLING YOUR ANGER

Relaxation
Simple relaxation tools such as deep breathing and relaxing imagery can help calm down angry feelings. Some simple relaxation techniques are:

1. Breathe deeply, from your diaphragm; breathing from your chest (shallow breathing) won’t help you. Picture your breath coming from your “gut.”
2. Slowly repeat a calm word or phrase, such as “relax,” “take it easy.” Repeat it to yourself while breathing deeply.
3. Use imagery, visualize a relaxing experience, from either your memory or your imagination.

Stressors, strenuous, slow yoga-like exercises can relax your muscles and make you feel much calmer. Practice these techniques daily. Learn to use them automatically when you’re in a tense situation.

Cognitive Restructuring
This means changing the way you think. Angry people tend to swear or speak in highly colorful terms that reflect their inner thoughts. When you are angry, your thinking can get very exaggerated and overly dramatic. Try replacing these thoughts with more rational ones. For instance, instead of telling yourself, “oh, it’s awful, everything is ruined,” tell yourself, “it’s frustrating, but it’s not the end of the world and getting angry is not going to fix it anyway.” Be especially careful about words like always or never when talking about yourself or someone else. “This machine never works.” Or “you’re always forgetting things” are not just inaccurate, they also serve to make you feel that your anger is justified and that there is no way to solve the problem. They also alienate and humiliate people who might otherwise be willing to work with you on a solution.

For example, you have a friend who is constantly late when you make plans to meet. Don’t go on the attack. That will make it unlikely you can resolve the problem and will only alienate your friend. The goal you want to accomplish is to get you and your friend there at the same time. So avoid saying things like, “you’re the most irresponsible, incomprehensible person I have ever met!” That can only hurt and anger your friend.

State what the problem is. Try to find a solution that works for both of you. Or set the meeting half an hour earlier so that you friend will in fact get there on time. Either way, the problem is solved and the friendship is not damaged.

Logic defeats anger, because anger, even when it is justified, can quickly become irrational. USE HARD LOGIC ON YOURSELF. Remind yourself that the world is not “out to get you,” you are just experiencing some of the rough spots of daily life.

Do this each time you feel anger getting the best of you, and it will help you get a more balanced perspective.

This is such an important topic and there are so many strategies that can help you that I invite you to stay tuned for PART III. EVEN MORE STRATEGIES FOR CONTROLLING YOUR ANGER.

The Finance Column
By Rob Splioti
Staff Writer

Last week was a hard and bumpy ride for the stock market but hopefully this week should show gains. There were a few essential forces driving the market including Brazil’s economic problems and many earnings are coming out this week. The Dow Jones fell over one hundred points on Friday and closed at 9120. Also the NASDAQ showed a small drop of three hundred points on Friday and closed at 3,377 along with the Standard and Poor 500 at 1225.

One interesting trend in the market recently is that although many company’s earnings are better than expected their prices have fallen. This can possibly be explained by money managers looking to sell. An other suggestion is that although these companies surpassed expectations many estimates had predicted even higher earnings. In general terms, they did fine but not as good as expected.

In this volatile market picking a stock can be tricky. The recent explosion has been generally broad, but certain sectors have easily outperformed others. An important thing to remember is that it can be difficult and expensive trying to find a wonder stock that will go up twenty points in a day. The investor with patience has a greater chance of making money. The fundamentals of a company are very important and should be considered before purchasing. As long as these do not change although the stock may stumble it most likely will return to its true value.

STOP!

DONT SWALLOW THAT COKED崙, it’s one of 1000 it’s never been or does exist here.
And do not attempt to play horseman if you go through Colorado.
www.galaxys.com/student
University Gallery displays award winning art

By Victoria Tengelis

Staff Writer

Montclair State University, along with First Union National Bank, is sponsored the 1999 New Jersey Regional Scholastic Art Awards. Award winning pieces are being exhibited in both the University Gallery and Gallery One until Feb. 12. Dorothy Heard of the Fine Arts Department at MSU, who served as coordinator for the program, explained that the purpose of the awards program is to recognize the artistic talents of young students in grades seven through twelve and their teachers as well to celebrate what they are doing and encourage them to continue.

New Jersey students in grades seven through twelve competed for a chance to be entered in the national competition. The winners are grouped into three categories: gold, silver and honorable mention. Those entries receiving the gold award will be forwarded to New York where they will be judged against entries from students across the country. The students will be eligible for scholarships as well as cash awards.

The panel of seven judges made up of professional artists from New Jersey and New York had to choose from over 400 pieces of artwork which were submitted. They received help from MSU students who sorted the entries for the judges and who will help package the entries to be shipped back to students after the exhibit is over. The judging will also be put out away from the competition.

The exhibit itself is very impressive. A variety of mediums are used ranging from painting and sculpture to photographs. The pieces are not hung according to any winning category and the winners have not yet been posted. Some of the pieces tackle very emotional issues and are not quite moving, such as one submitted by Annie Reeds of New Providence High School about the Holocaust. Others combine art work with literature. There were many paintings of people that brought the features of the subjects to life.

Only a few sculptures are shown. One work in particular, entered by a 13-year-old Jennifer Bin, caught my eye. Her sculpture of a brightly colored dragon is impressive for someone her age. There are some pieces which are enlightening. One such piece that comes to mind is by Denise Sarkor of Our Lady Help of Christians. It portrays a forest scene in all black and white with the exception of a wilted red rose on the side of the forest path. It is eerie yet beautiful at the same time.

The exhibit will run in both galleries until Feb.12, 1999. All community members should exercise the opportunity to check out the talent that is blossoming in our state.
The Montclarion - Thursday, January 28, 1999

ARTS & ENTERTAINMENT

GOLDEN GLOBES ‘99
Compiled By Lynette Surie

MOVIE AWARDS

Best Picture, Drama
Saving Private Ryan
Steven Spielberg, Saving Private Ryan
Best Director
Marc Norman and Tom Stoppard, Shakespeare in Love
Best Original Score
Burkhard Dallwitz and Phillip Glass, The Truman Show
Best Original Song
“Out of the Blue” from “Quest For Camelot: The Magic Sword,” music and lyrics by David Foster and Carole Bayer Sager

TELEVISION AWARDS

Best TV Series, Drama
“The Practice”
Best Actress, Drama
Gwyneth Paltrow, Shakespeare in Love
Best Actor, Drama
Shakespeare in Love music and lyrics by David Camelot: The Magic Sword,”
Best Actress, Musical/Comedy
Cate Blanchett, Best Actor, Musical/Comedy
Best Picture, Foreign
Stoppard, Shakespeare in Love
Best Supporting Actress, Drama
Lynn Redgrave, Best Supporting Actor, Drama
Ed Harris, The Truman Show

By Jon Lee Sullivan

Not Just Reviews

Hip - Hop Top 10

1. R. Kelly
2. DMX
3. Redman
4. Defari
5. T.I.
6. DJ Clue
7. Jay-Z
8. Nas
9. Eminem
10. DJ Jedi

Haze - WMSC 90.3

On my radio this week:

1. R. Kelly
2. DMX
3. Redman
4. Defari
5. T.I.
6. DJ Clue
7. Jay-Z
8. Nas
9. Eminem
10. DJ Jedi

Mon, Feb. 1
John Malina & The Swing Society, Sardi's, NYC
Wayne Roberts and the Onyx Club Jazz Sextet, Firebird Cafe, NYC

Tues, Feb. 2
Novelty, Spiral, NY, NY
Young Concert Artists, 92nd St., NYC

Wed, Feb. 3
John Hiatt, Bottom Line Cabaret Theater, NYC
Natalie Cole, Blue Notes, NYC
Rock On, Brownies, NY, NY

If there are any exciting and worthwhile events you know of that would like to be placed on this calendar, feel free to contact Lynette at x 5241.

By JoiTia Sullivan

Staff Writer

THURS, JAN. 28

A History of British Documentaries, Museum of Modern Art, NYC
An Evening with Edgar Allen Poe, Ye Weaverty Inn, NYC

FRI, JAN. 29

Andy Warhol: Shadows, Dia Center for the Arts, NYC
Ashes to Ashes, 7:30 p.m., Gramercy Theater, NYC

SAT, JAN. 30

Blindmans, Wetlands, NYC
Blue Velvet / Brave New Girl / Cosma Suma, Arlene Grocery, NYC

SUN, JAN. 31

Between The Eyes, Arlene Grocery, NYC
Andy Warhol, (same as above)
Syrsa on a “Quest”

By Paul Lewiarz
Assistant Sports Editor

Syrsa’s “The Quest” is a very surreal outtake of music very well put together and played just the same. Syrsa has been able to make a deep and lasting sound which at times, very unique and at times a cross between Dave Matthews Band and The Cure. Syrsa’s T. Adler’s vocals resonate strongly throughout the recording and with great authority. He can definitely get his point across with great accuracy and deep poignancy. Grant Grueninger does a good job on keyboards and piano. The whole recording plays well and is consistent from beginning to end. Songs like “Mystica” and “Fade” support the bands heavy minded vocalizations and are generally more heavier than “Shattered” and “Drift” which are a little lighter. All in all, the band does a good job balancing both light and heavy songs to create a package which is both appealing and entertaining.

The eclectic quality of the album toward the end does a good job at mixing the style of music and is both good to hear and a pleasant surprise. “Drift” captures the eclectic quality in the best way as the song immediately takes you into its style and depth. Syrsa is not a group for everyone, a deep and intelligent understanding of music is needed to appreciate all its many facets. On the other hand, it is also a laid back band which you can put into your CD player, press play, sit back and listen away. Needless to say, Syrsa’s “The Quest” is just for this purpose. When you think the next song will be lighter, it’s heavier and vice versa. Syrsa leaves the listener guessing and asking questions about his music.

Pierre A. Leeman does an excellent job on drums and Geoff Hartman compliments him with his blistering bass playing. These guys sure know their music and they play very well, not missing a beat. The band evens out “The Quest” with “Palace of Dreams” and “No Follow Through” which are the two last songs on the CD. These songs end the recording and the quest is through. And it really is a quest as the songs ask fundamental questions about faith, innocence and purity. There are two songs which particularly stand out. They are “One Sup” which is about finding yourself in the world and “The Quest” which is a song about the whole CD.

All these songs are very inspirational and warm when you stop and listen to the deep and momentous lyrics. Syrsa vocalizes lyrics like, “Now the quest is over. I found what I was searching for. It was right here inside of me,” and “Inside angels in the snow, moonlight dinners, candlelight, we skate across the ice side by side.” Love and the search for self is what Syrsa’s newest album is about. They have traveled these waters perilously and with great courage. They have created a fine piece of music which livens the soul and evokes thought about issues which are deeply engraved in the songs they sing. In a musically inclined world where artists rarely stay true to themselves and always sell out, Syrsa has done a good job and has always remembered why it is they do what they do. The answer is simple, to make cool music which they can be proud of.
EMS MSU NEEDS YOU!

Montclair State Emergency Medical Services is looking for EMT's to complete the duty roster for the spring semester. We are hoping that old members who volunteered and helped us provide this essential service during the fall will stop in or call the EMS office ASAP. We are also looking for new individuals who are experienced EMT's to get involved as members and in leadership roles. This is a great opportunity to gain practical, hands on allied health experience. The SGA & the MSU Administration are committed to this valuable service.

If you are interested, please call 655-7836 or 7840, or stop in our offices in the SC Annex room 105. You may also call John Davis, staff advisor at 655-5250.

WE LOOK FORWARD TO YOUR INVOLVEMENT!
(no more splitting headaches)

Free AT&T Call Organizer™ Service.
Say good-bye to the hassle of splitting phone bills between roommates.* Plus, enjoy 10¢ a minute calls and get 100 FREE minutes.

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Who says breaking up is hard to do. With our free AT&T Call Organizer Service, we divide your monthly bill by roommate.* So you’ll know who made what call when.

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Sign up now and get 100 FREE minutes.*
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Would you ever consider paying for a term paper? How much would you pay for an A?

I would never consider paying for a term paper. If a student finds himself or herself in trouble with much work, he or she should find positive alternate ways to solve the problem. The better person is the one who gives it his or her all despite the circumstances. As a student, I know that most of us strive to achieve an A in all of our classes, but I am also human, therefore the quick fix remains desirable.

Anthony Visco, English

Do you think that the problems with swag in Blanton Hall are being handled properly?

Let your voice be heard!

Call 655-7616 or e-mail VellucciJ@alpha.montclair.edu to respond.

Dean of Students Helen Matsouw-Ayres recently received a letter from the long-overdue Emergency Alert System, delivered in 1996, will finally be installed at WMSC, this university's radio station, on Saturday and $20,000 has been set aside to do all the renovations and repairs that the station has been filing requests for throughout the last four years. For all of a sudden, the change of heart? Three little letters and one big problem: F - C - C.

The Federal Communications Commission visited MSU on Monday and, after setting foot in the Student Center Annex, asked that WMSC's transmitter be shut down, running through a potential laundry list of violations and calling into question the failing health of the station. As the music faded, all fingers pointed toward Dean Helen and the department of Student Development and Campus Life.

When Bell Atlantic cut a remote wire near the NJTransit line running next to campus, the administration did not replace it. For years, the station has had no chief engineer. Finally, in August, the university signed a contract with Steve Pepe, a technician, to begin repairing much of the station's ailing and aging equipment. He has worked for over four months and has not been paid. Two weeks ago, when a column appeared in the opinion section calling into question the failing health of the station, all fingers pointed toward Dean Helen and the administration opened its eyes and started to remedy the problems at MSU, whether they'd like to or not.

The Montclairian, January 28, 1999
Examining the Growing Dependence on Technology

In the book entitled Literary Life and Other Curiosities, revised by Robert Hendrickson, there is a section discussing "Editorial Errors." The most expensive error apparently occurred when the Venus-bound U.S. space probe Mariner I, "resuspended erroneously" because the programmers didn’t really understand the program. The issue is not that of assigning blame, but to raise awareness that such dependence was placed on the computer. If one can outline grammatical errors could cause an eighteen and a half million dollar loss, it is obvious that technology does not always help people, which is for what it was intended. Simple errors that cause devastating results as this are far too common upon consideration of computers’ increasing role in everyday life.

People have a dangerous dependence on technology.

Consider a student’s classic example of technological disappointment: you work until four o’clock in the morning perfecting a twenty-hour term paper and you save it on a disk only to find that it was dysfunctional. Instead of printing the paper and relying on old-fashioned ink and paper, you had to reluctantly accept the fact that you’ve taken technology for granted and, in turn, lost your work. Even though the loss was not as serious as the off-course space probe, you placed an important assignment in the care of an inanimate machine.

Another famous example of reliance on technology that promises destruction is the Year 2000 Problem, or, as it has become popularly known, Y2K. When the year 2000 hits, computers will recognize the abbreviations “00” as either the year 1900 or a millennium. As a result, these alarms contain the loss of sleep. For the most part, these alarms are not a technological disappointment: you work unceasingly to build security procedures, but in the end, your work is shut down.

A. the glitch could throw out of whack the change may be simple as retyping a researcher’s name.

B. If one cultural element fails, however, it is culture’s nature to change and adapt. The change may be simple as retyping a researc

C. If that does not sway the reader, I will continue to ring several times before the system is simply shut down.

D. On the morning of Jan. 25, our alarm system experienced another malfunction and went off at approximately 5:15 a.m. While the fire department was quick to respond, I found that it was well after 6:00 a.m. I was unable to salvage anything, let alone dinner.

The alarms, however, did not stop there. There were two more malfunctions that night and before I knew it, it was 7:30 a.m., an hour before I was supposed to get up. Knowing that sleep was useless, I went down to the coffee shop and started consuming large amounts of coffee. While I did make it to my 9:00 a.m. class, I was completely exhausted and essentially deprived of sleep. I was not one of the residents of sleep. For the most part, these alarms are not a result of juvenile pranks. They are caused by apparently essentials to fire alarm malfunctions since his initiation. Chances are that he has been involved in either his fraternity’s events program or hisuchen campus group. Check out a regular meeting of the SGA and count the number of times that the speakers are weekends, politicians and visitors. Read the paper? Guess what. The last three editors-in-chief have been in fraternities. Count the number of philanthropic and on-campus events organized and sponsored by Greeks. Try to imagine Homecoming Weekend without Greeks spending hundreds of hours building floats and choreographing dances. Lame, isn’t it?

If that does not sway the reader, I will present these facts of fraternity life:

1. All but two U.S. presidents since 1825 have been fraternity men.

2. Sixteen U.S. vice presidents have been fraternity men.

3. 63% of the U.S. president’s cabinet members since 1900 have been fraternity men.

4. 71% of all fraternity men persist to graduation. Only about 50% of non-fraternity men graduate.

Fraternities make mistakes. We human. But to suggest that Greeks do any more harm than good is preposterous. Fraternities help individuals in their quest to become better human beings through hard work, trust, and persistence. As an outsider may question the methods, but results speak for themselves. Fraternities are a valuable asset to the university. They should remain an integral part of this university.

To Whom It May Concern:

I am writing on behalf of the residents of Stone Hall concerning the issue of our malfunctioning fire alarm system. During my two years as a resident of this dormitory, malfunctioning fire alarms have been an annoyance but this seems to be a recurring issue at least once every four weeks. The alarm goes off at approximately 3:00 a.m. and 6:00 a.m., continue to deprive its residents of sleep. For the most part, these alarms are not a result of juvenile pranks. They are caused by apparently essentials to fire alarm malfunctions. In the end, however, people will be certain they will agree to more policies since 1910 have been fraternity men.

- 85% of the Fortune 500 executives are fraternity members.

- Of the nation’s 50 largest corporations, 43 are headed by fraternity members.

- 71% of all fraternity men persist to graduation. Only about 50% of non-fraternity men graduate.

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I am in a fraternity here at Montclair State University. From that statement alone, several conclusions can be drawn. I drink alcohol and go to many gatherings. I wear fraternity letters. I enjoy hanging out with my brothers. But, if you come into the stereotype, I am also lazy, uneducated, unmotivated, apathetic and lacking any ambition. Nothing could be further from the truth. I work twenty-five to thirty hours a week to pay for my own schooling. I intend to go to graduate school. I am an editor at The Montclarion and I made Dean’s List last semester. Why point this out? The unfortunate truth is that fraternities are, all too often, portrayed only as beer-swalling oafs. This is not suggesting that Greeks have never done anything that might warrant such a label, but there is more to a fraternity than is not visible to the eyes of an outsider.

How often has the average non-Greek seen a movie such as Animal House or picked up a paper and learned that a fraternity was held responsible in an alcohol-related death? And how often has such a person shrugged and muttered words like, “Damn frat guys what got them into that?” Animal House was a very funny movie, but it was never intended to be taken seriously. By the same measure, fraternities are not organs of binge drinking and lust. I know that I cannot speak for all fraternity men, but, in my experience, such topics are not only unfair, but also uninformed and ignorant. I am not qualified to paint an accurate picture of life in a fraternity, something about which s/he knows nothing.

I realize that in the past few months, fraternities here at Montclair State have received an undeservedly bad reputation. I urge all who think fraternity men are dolts to something revolutionary: ask a man wearing letters what he has accomplished since his initiation. Chances are that he has been involved in either his fraternity’s events program or hisuchen campus group. Check out a regular meeting of the SGA and count the number of times that the speakers are weekends, politicians and visitors. Read the paper? Guess what. The last three editors-in-chief have been in fraternities. Count the number of philanthropic and on-campus events organized and sponsored by Greeks. Try to imagine Homecoming Weekend without Greeks spending hundreds of hours building floats and choreographing dances. Lame, isn’t it?

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Fraternities make mistakes. We human. But to suggest that Greeks do any more harm than good is preposterous. Fraternities help individuals in their quest to become better human beings through hard work, trust, and persistence. As an outsider may question the methods, but results speak for themselves. Fraternities are a valuable asset to the university. They should remain an integral part of this university.

It is not fair to the Director, the R.A.’s, and, most importantly, the residents to lose sleep and education because the administration is unwilling to find an effective solution.

I do not know how the current system has been in place but if events such as the aforementioned Monday morning continue to happen I think that Resi­dence Life should look into replac­ing our fire equipment in its entirety. It is not fair to the Director, the R.A.’s, and, most importantly, the residents to lose sleep and education because the administration is unwilling to find an effective solution.

Thank you for your time and I look forward to a swift response.

Bret S. Morgan,
No major given
ATTENTION ALL CAMPUS RESIDENTS
OFFICE OF RESIDENCE LIFE FALL 99
ROOM SELECTION SCHEDULE

CLOVE ROAD APARTMENTS & RUSS HALL
Clove and Russ assignments will be based on class standing and review of judicial files.

Sign up for Clove OR Russ
with YOUR Residence Director................January 25 - February 11

******CLOVE/RUSS INTEREST MEETING******
*******BOHN LOUNGE FEB. 3rd @ 7:00PM*******

- Eligibility Status Letters..............................................February 17
- Applications distributed..............................................February 24
- Pay $30.00 deposit at Business Office (located in College Hall)........................Feb. 24 - March 3
- Submit group application by 4:00pm...............................March 3
- Assignment Information sent out.................................March 18 - 29

RESIDENCE HALLS

- Room Selection Booklets Distributed................................March 22
- Pay Deposit at Business Office (College Hall)........................March 25 - April 19
- Apply for Single Room Lottery........................................April 5 & 6 (Sign-up in the Office of Residence Life)
- Clear Delinquent Accounts (Business Office)...........April 5 - 14
- Deadline to Accept a Single........................................April 19
- Room Selection (Blanton Hall Atrium).........................April 21 & 22

Questions? Call x7447 - Tear Out and Save!
I am NOT John J. O’Sullivan

By Chris Finegan

It’s not John J.

I am well aware that the Humour Section started by John J. O’Sullivan here at The Montclarion gravely insulted people. His column endeavored to iritate as much as possible those who would seek sensitiv-

Editor’s note: John Frusciante is NOT the guitarist from the Red Hot Chili Peppers. That’s someone else. If he was a Pepper, I’d bow at his feet. But I hate peanut butter.
We apologize for any inconvenience.

The Horoscope Never Lies

**VIRGO** (Aug. 23 to Sept. 22)
Virgo finds true love this week. Signs figure

**LIBRA** (Sept. 23 to Oct. 22)
Libra finds true love this week. Signs figure

**SCORPIO** (Oct. 23 to Nov. 21)
Scorpio finds true love this week. Signs figure

**SAGITTARIUS** (Nov. 22 to Dec. 21)
Sagittarius finds true love this week. Signs figure

**CAPRICORN** (Dec. 22 to Jan. 19)
Capricorn finds true love this week. Signs figure

**AQUARIUS** (Jan. 20 to Feb. 18)
Aquarius finds true love this week. Signs figure

**PISCES** (Feb. 19 to March 20)
Pisces finds true love this week. Signs figure

**ARIES** (March 21 to April 19)
Aries finds true love this week. Signs figure

**TAURUS** (April 20 to May 20)
Taurus finds true love this week. Signs figure

**GEMINI** (May 21 to June 20)
Gemini finds true love this week. Signs figure

**CANCER** (June 21 to July 22)
Cancer finds true love this week. Signs figure

**LEO** (July 23 to Aug. 22)
Leo finds true love this week. Signs figure

**VIRGO** (Aug. 23 to Sept. 22)
Virgo finds true love this week. Signs figure

**LIBRA** (Sept. 23 to Oct. 22)
Libra finds true love this week. Signs figure

**SCORPIO** (Oct. 23 to Nov. 21)
Scorpio finds true love this week. Signs figure

**SAGITTARIUS** (Nov. 22 to Dec. 21)
Sagittarius finds true love this week. Signs figure

**CAPRICORN** (Dec. 22 to Jan. 19)
Capricorn finds true love this week. Signs figure

**AQUARIUS** (Jan. 20 to Feb. 18)
Aquarius finds true love this week. Signs figure

**PISCES** (Feb. 19 to March 20)
Pisces finds true love this week. Signs figure

**Aries finds true love this week.**
I'm still not John J. Notice a pattern?

CONTINUED FROM P. 17

ely old guy with enough hair to choke a rhino that lives by himself in the middle of a swamp might get a big kick out of me. I'm not the sort to go out of my way to find a Yoda. I never thought much of a Yoda. I assume he is not Yoda.

Let's get back to the topic at hand, then. John J. is a book editor by trade. He is currently working on a book of political sarcasm entitled "I Was a College Pinko, I Recovered and So Can You!" Look for it wherever he gets his lazy ass in gear and finishes writing it.

He's still John J. I think that's good.

CONTINUED FROM P. 19

up for all of the beer-soaked days of old. One thing that makes sleeping in early during weekends. Saturday and Sunday are a topic for another article, or maybe a book.

One thing that makes sleeping in early during weekends. Saturday and Sunday are an old coffee can, experiencing mortality. So far, it’s overrated.

He's still John J. I think that's good.

...and one box of those bigger blank.

Continued from p. 19

CONTINUED FROM P. 17

Hello, this is Satan here—what the f&@%-8 did you just say?

Satan? C'mon Chris, is this one of your skins interfering with my article? You get to do this every week. This is very rare for me. Let me finish my own article.

"No, this isn’t Finegan, dammit. This is Satan, the Prince of Darkness, Baal, the Arbiter of Evil, the Ultimate Doer of

Wrong...Satan!"

OK. Chill. Breathe deeply or something.

"Oh shut up, dammit...listen...what was that you just said? Nothing about me, let me see, you’re not cynical anymore?"

Uh, yeah. I don’t see the point of being cynical anymore. I’d rather just live.

"Well, thanks a lot!" I’m snowing down here. Thanks a lot, you #(@*ing bastard.

Uh...I’m still sarcastic though, doesn’t that count? I still am excitable about politics. I extremely dislike Clinton.

"You leave my boy out of this, OK?"

Boy, that felt better. I guess if you’re going to piss someone off, it might as well be the Prince of Darkness. So much for not mentioning politics—I can’t help it. I could talk forever about politics, but that’s a topic for another article, or maybe a book... Hmm...
Part-time babysitter needed immediately. 2 children ages 5 and 2. Wed. & Fri. 8:30am to 3:30pm. Call 973-867-8265

Loving, experienced, reliable babysitter wanted for children, ages 2 & 5. Monday, Wednesday, and Friday evening, occasional afternoons. 15-20 hours per week. Non-smoker. $7 hourly. Call 746-5463

Child Care Desired: Can you come play with us while our Mommmy writes her books? 20-26 hours weekly/ times flexible. References required. Please call 746-9774

For only $10 you can reach out to the 13,000 students of Montclair State University. Call The Montclair advertising department at 655-5237 to find out how you can take out a classified ad today.

Valentine’s Day

It’s right around the corner, and we’ve got the gifts that could save your pacha.

Shopping.com
Your source for Back to School Everything

Organ & Tissue Donation
Share your life. Share your decision.

For a free brochure call 1-800-355-SHARE.
North Jersey Federal Credit Union....

the missing piece to your financial puzzle.

Do you find it puzzling to manage your financial affairs? If so NJFCU has the products and services you need to complete your financial puzzle.

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Win streak stops at seven

By Tess Sterling

Sports Editor

Junior guard Meleena Edwards scored a game-high 22 points and teammate Jessi-
ica MacNeill grabbed a career-high 26 re-
bounds as Rowan University (12-4, NJAC
10-1) remained in second place in the NJAC
with a stifling 70-54 victory over Montclair
State University (12-4, NJAC 8-3) in a New
Jersey Athletic Conference women's basket-
ball game played in MSU's Panzer Gym last
night.

Edwards was on fire from the free-throw
line, making 11-12. She scored 13 of her 22
points in the second half when the Profs
outshot MSU 36-31. MacNeill had 15 of
her 26 rebounds in the second half. Rowan
was on point all night, turning a 22-21 lead
with 4:40 left in the first half, into a 34-23
score at halftime after outscoring the Red
Hawks 12-1 to end the first.

Rowan kept their fire burning in the sec-
ond half, scoring the first eight points for a
42-23 lead with 17:45 left. For Rowan, Jessica Pointin-Hahn added
with 15 points and three steals, while Kristi
McCullough finished with 11 points com-
ing off the bench. Although the Red Hawks
were held to just a .307 shooting percent-
age (23-75), they had two players in double
figures. Junior guard Felicia Ingram fin-
tished with 18 points and grabbed 11 re-
bounds, while Marlena Lawrence added 10
points.

This win marked the seventh straight
correct for Rowan, while at the same time
ending Montclair's seven-game winning
streak. The Red Hawks have now lost nine
straight to the Profs dating back to the 1994
season, and has fallen behind Rowan by two
games in the NJAC into third place.

The Hawks will return to action Sat-
date, Jan. 30 playing at Kean University at 4
p.m.

Student Support

CONT FROM P. 24

Saturday, Jan. 30
* Men's Basketball @ Kean University, 2 p.m.
* Women's Basketball @ Kean University, 4 p.m.
* Men's and Women's Swimming @ Stony Brook, NY, 1 p.m.
* Men's Wrestling, New England Duals, 10 a.m.
* Men's and Women's Indoor Track @ Boston, MA, 9 a.m.

Sunday, Jan. 31
* Men's and Women's Indoor Track @ Boston, MA, 9 a.m.

Monday, Feb. 1
* Men's Basketball vs. Caldwell College, 7 p.m.
* Women's Basketball @ Mt. St. Mary's, MD, 7 p.m.

Wednesday, Feb. 3
* Women's Basketball @ Ramapo College, 6 p.m.
* Men's Basketball @ Ramapo College, 8 p.m.
* Men's Wrestling vs. Delaware Valley, PA, 7 p.m.
* - NJAC matchup

BOLD - Home game
Where are the fans??

By Paul Lewiarz
Assistant Sports Editor

Where are the fans? After covering organized sports at Montclair State University, I have come to a grim conclusion: there is no school spirit. Well, there at least appears to be a very big lack in school spirit. Let me first explain myself in great detail. Let's start with football at Montclair State University. At most home games, attendance was maybe half full to capacity. At night games there is usually a great deal more people than during the day. Most parents work during the day and so, therefore, they were only able to come during the evening hours. There are probably more parents at the football games than students, which isn't saying much for the student body. But I'm not talking about parents, I'm talking about the 10,000+ student body that on a daily basis fills the campus of Montclair.

When Montclair football plays, the seats should be full and not necessarily with fans of the school. The very same students who take classes here have an obligation to themselves and to their school to show up to support their school. All the sporting events are free to students of Montclair. But I don't understand why most students just don't care. For instance, anyone who has ever gone to a men and women's double header basketball game can attest to this. The women's game almost always has fewer fans than the men's game. Granted, more men generally go to the men's game and vice versa but I feel that the student body should show the same amount of support.

This is a disturbing trend, which will hopefully improve as the season progresses. Men's and Women's teams in basketball are both doing exceptionally well, both have winning records, both are contending for playoff spots and both are fun to watch. I don't understand then why both would not be totally filled to absolute capacity. I feel there can be only two possibilities. There are only so many basketball fans at Montclair or there is no school spirit. Well, school spirit is certainly not in abundance at MSU. This was no where better seen than at the football pep rallies held last semester. If I remember correctly, the football team did rather well last season and their effort was more than respectable in all of their games, so I wouldn't see why MSU students didn't come out and support more.

Where are the fans??

MSU beats #4 ranked TCNJ

By Betsy C. Montanez
Staff Writer

The Montclair wrestling team who is nationally ranked #18 in Division III defeated The College of New Jersey (#4) last night at Trenton with a score of 24-13.

Dan Geleta (149 lbs.) set the pace for Montclair. He was taken down in the first period before he reversed his opponent. There were no points earned in the second period. Geleta chose bottom in the third period where he escaped and took the first take down. Final score was 9-3.

Following up was Dominic Dellegatta (157 lbs.) who gave up the first take down in the first period, but went on to tie the score in the second period, 2-2. In the third period Dellegatta choose the offensive position. Ending the third period with a score of 3-2, but since Dellegatta earned 3:06 riding time he earned a point tying the match 3-3. In overtime he scored the first take down and earned three near fall points. Final score 8-3. Dellegatta's opponent is currently nationally ranked fourth at 157 lbs.

Freshman Rami Ratel (149 lbs.) was bumped up two weight classes and wrestled at 165 lbs. Ratel scored the first take down and continued to score on his opponent for a final score of 10-0. Ratel's opponent is also currently nationally ranked third at 165 lbs. P.J. Rappis (174 lbs.) wrestled a scoreless first period and earned an escape point in the second. The match was tied at 1-1 in the end of the third period sending the match into overtime where there were also no points scored. It wasn't until sudden death that Rappis scored the first point winning his match 2-1.

At first things didn't look good for Todd Goings (197 lbs.) who was trailing 1-0 at the end of the second period. Choosing the defensive position in the third period, Going escaped tying the score at 1-1 and then earned a take down making the score 3-1. With only a few seconds left he gave up an escape, which lead him to win with a score of 3-2.

Currently ranked fourth in the nation for Division III wrestling, Capt. Bearette Cervetto (HWT.) began wrestling a scoreless match. It wasn't until the third period of wrestling that Cervetto scored his first escape and took down winning 3-1.

Capt. Floriano Ghinea (141 lbs.) who is nationally ranked first in Division III, ended the night by taking down his opponent four times and winning his match by a technical fall of 16-1.

Montclair will wrestle at home on Sat. at 10 a.m. in the NJ/NE Duals and Wed. at 7 p.m. against Delaware Valley.

Pollard named All American

Midfielder is the eighth Montclair State soccer player to receive All American honor

By Tess Sterling
Sports Editor

Senior midfielder Marlon Pollard has been named as a 3rd team All American. The announcement came on Jan. 25 from the National Soccer Coaches Association of America. The native of Guyana ended his senior year with three goals and five assists, and lead MSU into the NCAA Tournament as the team captain.

As stated by head coach Rob Chesney, "Game in and game out, Marlon's intensity, work ethic and determination were unmatched," Chesney adds, "His physical presence and leadership was immeasurable this season." His excellent leadership boosted the Hawks to one of their best seasons in the history of MSU. The team went 14-3-3, qualified as the second seed in the Metro region for the NCAA Tournament, and achieved the program's highest national ranking ever at #6 by the National Soccer Association of America. "It was my first All American award, and it was my last year playing; so it was a nice way to go," said Pollard. Pollard is now the eighth soccer player here at MSU to be recognized as an All American. He started 82 straight games, and finished his career with 20 goals and 24 assists, including six game winning goals. He adds this award to his collection, which includes two straight first team All New Jersey Athletic Conference nominations and MSU's 1998 MVP award. Pollard will have an opportunity to add to these achievements in the spring in the U.S. Inter-Regional Soccer League.