Student Arrested, Person of interest in Freeman Arson Case

Kulsoom Rizvi
News Editor

The investigation into the arson incidents at Freeman Hall in the past six weeks continues, according to Lieutenant Kieren Barrett, as 19-year-old Lauren Shinn is considered as a person of interest in the investigation.

“The person who was approached by Shinn has not, and will not be charged, as they did the lawful thing by coming forward.”

Kieren Barrett
Lieutenant

Shinn was charged with witness tampering in connection with the Sept. 23 fire on the sixth floor of Freeman Hall last Thursday.

Barrett said that the charge itself indicates that Shinn attempted to entice the help of another to fabricate an account of events.

“The person who was approached by Shinn has not, and will not be charged, as they did the lawful thing by coming forward,” he said.

The 19-year-old was re-

The United State Army ROTC from Seton Hall University raised the flag of National Colors on Monday, opening the events planned this week for Veteran’s Day.

The Montclair State University Veterans Association held a Veterans Day celebration on Nov. 13 in the Student Center quad to recognize and raise awareness for American troops.

“Just doing the best I can to be a veteran of this week and honor those who died in combat,” James Song, a freshman English major and veteran of the Marines for two and half years, said.

During the Veterans Day celebration, the Veterans Association collected donations for care packages that will be sent to troops stationed overseas. Items collected included clothing, magazines, toiletries, DVDs and snacks.

Cash donations were also accepted to help out a lot of people,” Jorge Posada said.

You can see how we achieved to stay together, and stay healthy and stay active, but at the same time, have a fun time doing it.”

An estimated total of 1,400 students, faculty and staff members have received the H1N1 vaccine, starting Monday.

Donna Barry, director of the University Health Center, admitted that, although there has been a “steady trickle” of people coming in to get vaccinated, more students should consider receiving the vaccine.

“We are concerned about students hearing inaccurate information of the vaccination and its symptoms,” she said.

Nine hundred doses still remain out of 2,300 that were shipped to the university. Barry added that the university certainly ordered 9,000 doses in total, but shipping has been haphazard with the increase in demand of the vaccine.

Six thousand more doses are in transit and will be available to the Montclair community once they have arrived.

“We still have vaccines available, and strongly encourage our students to get vaccinated,” she said. “Hearing the flu is an unpleasent experience and this is a high-risk community. There is

Montclair-Fanwood Line Extends its Trails MSU Not on the List

H1N1 Vaccinations: Swine Not? Transgender Remembrance Day A Glimpse into the Life of Scott Posada

Signed

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The student voting rights empower, now is the time to do it.”

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Anyone who has information regarding these incidents is urged to call the police station from any campus phone at T-I-P-S (8477). All calls are strictly confidential.

SGA Notes
- The Student Affairs Committee is setting up a speaker series with Chris Christie.
- Carlise Road will become a two-way road in 12-16 months.

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New Playhouse for Cats Designed by Montclair Students

Jillian Knight
Staff Writer

Montclair State University students “purrfect” a playful design for cats at Montclair’s animal shelter.

A team of six industrial design students took part in building a room for cats during the summer at the shelter, using an aspect of the architectural history of the town of Montclair.

Students came up with their own designs for the room, and ultimately, they chose Latcia Suarez’s design.

“The design was a playground design for the large cat room, and my map design for the small cat room,” senior Jillian Kearney said, who was the design leader.

With the design in hand, and a group of five students to fabricate and execute the idea, the students went to work. The fabrication team was made up of Kearney, Andrew Zheng, Kevin Frank, Erik Pavon and senior Anthony Perpepaj.

These students used many skills that they had learned in their classes, such as woodworking, plastering and dimensioning to build the new playhouse.

“This project seemed like a great way for Montclair State to give back to the community.”

Anthony Perpepaj
Senior

Most of the work took place on Montclair’s campus inside the new industrial design facilities, and to top it off, a lot of the materials were actually donated to the cause, including an $8,000 anonymous donation from a Montclair resident.

“This project seemed like a great way for Montclair State to give back to the community. Also, it was the first time as students, could work on a project from beginning to end, and have our designs used by others,” Perpepaj said.

Kearney added, although it only took a couple of weeks to design the two rooms, it took almost three months to build and install everything.

“Some weeks, we would work 40 to 50 hours a week. It was a full time job for all of us,” she recalled. “The hardest part was time management. I underestimated how long it would take to pick up materials, the time it took for things to dry, trying to estimate travel time, installing time and working with the shelter’s schedule.”

All of the students who participated in this project were part of the industrial design class taught by Professor Denis Feigler, director of the industrial design program and the originator of the project.

“[Dr. Feigler’s] main objective for this project was not only to give his students experience working in the real world, but want to have the Industrial Design program become more involved with the town of Montclair on future projects,” Kearney said.

The students also learned a lot, seeing as they did, the project from start to finish, which encompassed the entire process of design. Generally, this kind of process can involve four companies to execute the job and seeing how our efforts made the room a better, healthier place for the cats and kittens,” Perpepaj said.

For more photos
http://www.themontclarion.org
Laura and Jorge Posada pose with Thomas (left), Brianna (center) and Katie Phelan (right) during their visit to Yogi Berra Museum.

Thomas was diagnosed with craniosynostosis, a condition that affects the growth of the brain and skull. The Posada's son was diagnosed with the same disease, and the Phelan family are involved with Jorge Posada foundation.

Jorge Posada holds a drawing two kids (right) drew for Posada when he visited the Yogi Berra Museum for the signing of the Posada's book: Fit Home Team: The Posada Family Guide to Health, Exercise and Nutrition, the Inexpensive and Simple Way.

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For more photos http://www.thenmontclarion.org
President Cole Named Member of Christie’s Transition Team

Roberta Aljols | Photo: Chuck Eberle

Montclair State President Dr. Susan A. Cole has been named as one of ten members of a transition team for Governor-Elect Chris Christie. “I am honored to be asked to be a member of Governor-Elect Christie’s transition team,” Cole said in a written statement on the Montclair website. “I look forward to working with the other members of the team to do all we can to support a smooth transition and a successful start to the new administration.”

The team also includes two Democratic politicians and officials from Christie’s campaign.

Cole will be the lone higher education representative on the team. She had been involved in the previous five gubernatorial elections.

Certificate Programs Aid Students in Finding a Job During Recession

Stefanie Sears | Photo: Mike Peters

With the recession at its peak and job search success at an all-time low, people can turn to higher education to earn a degree by participating in at least one of the thirty certificate programs offered at Montclair State University.

Having this piece of paper in hand, along with excellent communication skills, displays preparation for the advancement of jobs, and is more attractive to the eyes of employers.

Montclair has the largest number of certificate programs with 371 students enrolled. Besides child advocacy, others include health education, paralegal, advanced counseling and molecular biology.

Montclair is very famous for its education doctoral and its auditory doctorate and child advocacy program are unique in the state.

The certificate programs consist of at least a bachelor’s degree or post-bachelors degrees. People choose to move beyond the Bachelor’s degree because it does not prepare its students as much as specialized education for employment, since it is an general. It takes at least one semester to earn a certificate, which may include internships and spending an amount of time off campus working in a particular field.

“A quality university is characterized by quality faculty, quality facilities and quality students. To create quality graduates, we are predicting education, our expectation,” Constantine E. Theodore, dean of Montclair State University’s graduate school, said.

“We hope to continue to improve the quality of what we have to develop new programs that will be needed in the future,” she said.

This statement describes Montclair State University perfectly as it responds to the needs of society by providing the necessary education accordingly.

“Schooling means self-improvement or professional development, social training and educational training for being successful in life.”

Constantine E. Theodore
Dean of Montclair State University’s Graduate School

If an individual is laid-off, he or she can always collect unemployment, but eventually, must find another job. This other job may not even be an option, because it requires more knowledge than what the person already holds.

In those situations, the individual, can decide to go back to school and receive a certificate, which is a rapid way to get new expertise and employability.

What is unfortunate is that loans are not often available, even if a person already holds a degree.

In these situations, the individual, can always collect unemployment, but eventually, must find another job. This other job may not even be an option, because it requires more knowledge than what the person already holds.

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accepted. Soldiers that will benefit from these packages were found through www.anysoldier.com, a website that provides a list of soldiers, sailors and airmen, and what they’re requesting.

“You open the package and ... it feels good to know that people care about you. It makes you proud to know you have a purpose,” Brian Shaw, a justice studies major and Army National Guard veteran said. Shaw used to receive care packages from elementary schools, the U.S.O. and churches while he was stationed in Germany.

Besides donations, students were also invited to take the PT challenge, a contest to see if a student can do enough push-ups and/or sit-ups to meet military guidelines. The U.S. Marine Corp also set up a pull-up bar, and the National Guard set up a football toss.

“It’s a day to celebrate the student veterans and [let students] to be able to meet and talk to them,” Denise Rodak, coordinator of veteran and military resources, said. Students were also asked to make a card to send to a U.S. serviceman stationed overseas, take a picture in front of a Humvee or try a military issue MRE (Meal Ready to Eat).

“I put ‘Thanks for the hard work’ and drew an American flag,” Joe Kowalski, a sophomore geo-science major, said. Kowalski and two other friends each made a card thanking troops stationed overseas.

The MSU Veterans Association has also celebrated veteran and military students this week by raising the national colors at the student center flagpole on Monday morning. The flags were raised by the Seton Hall ROTC and will be retired by the Marine Corps on Friday, Nov. 13.

“The color guard team that raised the colors actually went down to the Children’s Center and made cards with one of the pre-school rooms,” Rodak said.

According to Rodak, there are currently 113 undergraduate students who are military veterans.

Donovan Bembridge, junior, received the highest score of 20 pull-ups during a PT fitness challenge yesterday for Veteran’s Day. Other challenges included push-ups and sit-ups where one student did 57 sit-ups.

A Humvee was parked on the Student Center Quad yesterday afternoon. Students were able to pose in front the military vehicle.
There aren’t many college students that have taken longer to graduate than Linda Flores. Flores, 36, is in her last semester at MSU, and is graduating after an eight-year journey, pursuing a degree in teaching.

No, she hasn’t changed her major a year journey, pursuing a degree in teaching. Flores said, as she thought about her experience of having to fend for herself in the military to help her get through her college classes. "Being in the military helps a person mature, and it helps them be more responsible, and it helps them open up their minds to something that is outside their own stuff, washing their own clothes and just growing up," Flores said, as she thought about her basic training experience.

Flores said, "I knew I needed to re-enlist was because I knew I needed to get used to doing things on your own. Taking care of your own stuff, washing your own clothes and just growing up," Flores said, as she thought about her basic training experience.

Her goal now is to use her degree to teach physical education and health full-time next September. Flores says that the biggest advantage of coming out of the military are responsibility and discipline. She used being called into active duty forced Flores to put her education on hold in 2001 and 2003. After coming back home in 2003, Flores took time to transition back into civilian life before returning to MSU, two years later to continue her education. "It was very frustrating … I knew I had to do it. The reason I decided not to re-enlist was because I knew I needed to finish school, because I really want to be a teacher," Flores said.

"[Being in the military] helps a person mature, and it helps them be more responsible, and it helps them open up their minds to something that is outside your town," Flores said.

"I grew up in the urban neighborhood of Paterson, N.J., Flores enlisted in the Army after she turned 18. She was shocked by the difficulties of transitioning into a military life. "I grew up in the inner city, so it was kind of rough. I wanted to get out of there," said Flores. "I couldn’t really go to college. So I said, ‘Let me join the military.’" Flores says that the biggest advantage of coming out of the military are responsibility and discipline. She used the experience of having to fend for herself in the military to help her get through her college classes.

"First time I got a stomachache, I went nuts, because [my mom] wasn’t there. It was bad, but then you get used to it. You get used to doing things on your own. Taking care of your own stuff, washing your own clothes and just growing up," Flores said, as she thought about her basic training experience.

While waiting for graduation day in the spring, Flores moonlights as a student teacher, security guard at Giant Stadium and special part-time police officer in Fort Lee, all while taking 12 credits at MSU.
Montclair-Boo ton Line Extends its Trail
MSU Not on the Stop List

Students wait and catch the train running at Montclair Heights, a stop on the Montclair-Boo ton Line. The Montclair-Boo ton Line has extended its service for the weekends from Bay Street to New York Penn Station, however, MSU has not been added to the list.

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**FACTS**

- Weekend trains will now be available every two hours heading both to and from Hoboken with stops at the following locations: Glen Ridge, Bloomfield, Watsessing Avenue, Newark Broad St., Hoboken, New Jersey-Englewood-Chestnut Hill, New Y ork beginning at 6:11 a.m. and end at 1:34 a.m. Trains return from New Y ork beginning at 6:13 a.m. and end at 1:34 a.m. The estimated times for both trips are roughly 35-40 minutes.

- Montclair Parking Authority has announced that they are allowing free parking Saturdays and Sundays through Dec. 31 to encourage use of weekend trains.

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**Leased on bail, set at $25,000 and has been escorted off campus.**

Barrett added that Shinn was identified as committing this offense through her own statements and the interview of other residents with usable information related to those incidents.

“In this age we have interviewed many who were within the building, and detectives may re-interview people if warranted,” Barrett said.

The case is still under active investigation, and in response to the incidents and serious concerns, the university police has increased patrol and posts within the building.

“The department has also implemented several other methods of prevention and detection which can’t be shared with the public,” he said.
Dear NG: I’ve heard the buzz about Omega-3 fatty acids, but I’m a vegetarian and don’t eat fish. Are there any other ways to incorporate these beneficial fats into my diet?

Omega-3 fatty acids are essential, meaning the body does not produce them internally, and therefore must be obtained through diet. Recent research shows that the average American intake of omega-3 fatty acids is suboptimal, meaning most of us are deficient. Conversely, the majority of the U.S. population greatly exceeds the recommended amount of omega-6 fatty acids, sources of which are found in vegetable oils used in processed and fried foods, including chips and salad dressings. One teaspoon of corn oil, for example, satisfies the daily omega-6 requirement; however the typical American consumes 10-20 times that amount.

So how do you incorporate these beneficial fats into your diet? For starters, plant-based omega-3 fatty acids, such as flaxseed oil, tend to be more polyunsaturated and are harder to get your body to use efficiently compared to other forms of omega-3s. A few examples include:

- Flaxseed oil: Contains 20% omega-3 fatty acids, which is less from plant sources, and is often poorly absorbed and only converted to usable forms is less from plant sources, and is often poorly absorbed and only converted to usable forms.
- Canola oil: Contains about 97 percent of all omega-3 fats in the form of α-linolenic acid (ALA), which is in the plant world.
- Leafy greens: Contains about 2-fold the conversion to usable forms is less from plant sources, and is often poorly absorbed and only converted to usable forms.
- Seeds: Contains a high percentage of omega-3 fats in the form of ALA, which is in the plant world.

A plant-based source providing smaller amounts of EPA is found in seaweed, types of which include kelp, laver and wakame. On the food supplement front, new omega-3 fortified products are being showcased on the industry horizon, new omega-3 fortified products are being showcased on the industry horizon, new omega-3 fortified products are being showcased on the industry horizon. A plant-based source providing smaller amounts of EPA is seaweed, types of which include kelp, laver and wakame. On the food supplement front, new omega-3 fortified products are being showcased on the market. These new products may provide some supplementation, however consumers must be aware of the amount of EPA being served, in order to meet daily requirements. I believe some are better than none, but optimal is best. As a result of these new innovative products, including fortified seeds, eggs, pastas, milk and poultry, individuals may be able to better meet the fatty acid recommendations that were envisioned years ago. The American Heart Association recommends the consumption of two servings of polyunsaturated fats (i.e. salmon or anchovies, not fries) per week, which translates to 400-500 mg EPA+DHA daily. For those with known coronary heart disease, the recommendation increases even further.

For those concerned with environmental contaminants of seafood, this is a legitimate concern that needs to be addressed. Although debate exists, studies show that farm-raised fish tend to be higher in contaminants such as mercury and polybrominated biphenyls (PCBs) vs. wild caught. New research is focusing on ways to minimize contaminant levels in farm-raised fish, and establishing consistent methods for consumption advice. In the meantime, try to avoid seafood, shellfish and king mackerel; keep in mind albacore (white) tuna has more mercury than can safely be used, and removing fish skin can help reduce consumption of environmental toxins. Lastly, if you are worried about the importance of omega-3 fatty acids, alpha-linolenic acid (ALA), sources of which include flaxseeds, walnuts, soybeans, pumpkin seeds and olive oil, and in smaller amounts, leafy greens such as kale. Research highlights the cardioprotective and so many other benefits of consuming the healthy fats. The media doesn’t put much emphasis on everything, is being aware and stay current is the key, but in all aspects of your life. I know, easier said than done. Give it a try.
It’s getting to be that time of the semester. You’re checking the syllabus, calculating and re-calculating exactly what it’s going to take to slide by with a C. You’re starting to think about that term project your professor has been talking about since early September. Finals loom on the horizon. What percentage of your grade does lab count for again? And if you’re anything like me, you’ve found yourself transfixed in a desk at Sprague Library, well after sun down, with scholastic intentions, but unconsciously clicking through pictures on Facebook of the latest in coed Halloween fashion (I see you dressed as a cat this year — meowww). As if your lackluster attention span wasn’t troublesome enough, your stomach is beginning to vie for your attention. Another cordon bleu panini from Café Diem isn’t going to cut it tonight. Well, I’ve got you covered. Café Eclectic is a short ride from campus into the heart of downtown Montclair. When you think of a coffeehouse, it probably conjures something along the lines of this place. The space is divided into two large rooms, one which houses the counter and a number of small tables, and the other containing a spirited collection of garage sale salvaged furniture. A gold-painted tin ceiling resides high above the place. Original artwork hangs from the walls. A steady mix of acoustic music streams in the background. The menu here is drink-heavy. The entire front page of the menu is dedicated solely to coffee drinks (in small font). In addition, there are dozens of options of teas, sodas, steamed milk drinks, even a selection of milkshakes. The options for food are more modest. A few salads, a handful of sandwiches, soup and a few specialty dishes comprise the balance of the non-dessert menu. Of particular interest to the “late-in-the-semester-no-loan-money-left” student may be the two-hot dog or grilled cheese special. A choice of either food item comes with a choice of soda for under six dollars. There are plenty of options for desserts as well, including ice cream. I found solace from my schoolwork with a cheddar and chicken quesadilla and a vanilla and spiced chai milkshake. Both were delicious. The quesadilla came with generous portions of chicken and fresh sour cream and salsa. The milkshake was just right, not too sweet, and adorned with a dollop of whip cream on top. This cost about $12.50, but the milkshake accounted for nearly half the bill at five dollars. Had I ordered a soda, coffee or tea I could have been out the door for under nine bucks. Wireless internet, late hours and lots of caffeinated refreshments make Café Eclectic a good option for studying (or reviewing status updates). This place does bustle at times though, and they advertise regular live music. You may want to check the website to make sure your study plans don’t conflict with the latest local screaming prodigy. Café Eclectic is the antithesis of the branded coffee house (i.e., Starbucks, Dunkin Donuts). A little time spent here reveals a real personality to this place. This cafe is as much about poetry as it is about profit. Need a break? Check it out.
Where Can You Get A Vitamin For Free?

“One Vitamin for Free”

Jim Cameron
Staff Writer

Of all the vitamin bottles found in pharmacies and nutrition stores, there is one vitamin that you can get for free. Can you guess which one? Hint: It’s probably the hottest vitamin discussed in both medical and scientific circles, and it has been widely publicized in newspapers and magazines during the past few years. Don’t know? Well, here’s a hint that appears in the lyrics of an 80-year-old song — music and words by Dorothy Fields and Jimmy McHugh from their 1929 tune, “On The Sunny Side Of The Street”:

Grab your coat and get your hat, have your worries on the doorstep; Just direct your feet to the sunny side of the street. Can’t you hear that pitter-pat? And that happy tune is your step! Life’s a garden and it’s flowering; Come on everybody! Happy flowers are blooming everywhere. It’s February, and with the upcoming cold weather, the trees are bare, and the flowers are gone. By the way, I hope every-}

ok, back to the main topic of today’s feature... Ok guys, here’s another clue that appears in the newspapers and magazines during the past few years. Har-
The Montclarion

Fun & Games

HAPPYLAND! by Lou Cunningham!

Answers to Last Week

This Week's Puzzles

Get all of the words associated with the armed forces in honor of Veterans Day this past Wednesday.

ANSWER: _______ Field

ANSWER: _______ Field

Unscramble the words to find soccer terms in honor of the men’s soccer team’s fourth straight MAC championship and first-round bye in the NCAA tournament. The first letter of each term will spell out the names of the soccer field behind the Red Hawk Den commonly known as MSU Soccer Park.

ANSWER: _______ Field

Scarf Imposter

by Jess Sims

layptn
eronstimensi
kltec
trrenouv
esav
Indniee
er crdda (2 words)

ANSWER: _______ Field

eudsttn
swreetb
nymtiumi
anewnrm
epcmieid
remfnae
flei
srtyiinveu

ANSWER: Swine Flu

student
webster
immunity
newman
epidemic
freeman
life
university

military
medal
freedom
hero
air force
marines
navy
coast guard
veteran
victory
soldier
honor
hero
america

Scarves

by

Montclair

Montclair

MSUProduction@gmail.com
A Glimpse into the Life of Scott Gordley

Montclair State University’s Chairman of Art and Design: More Than an Artist

The simple act of walking into Scott Gordley’s office diminished all previous expectations. As chairman of the Department of Art and Design at MSU, there were previous expectations of paint here, brushes there and, maybe, even a few unfinished works lining the office. This wasn’t the case.

He was wearing light jeans, a vest, a colorful tie and a button-down shirt. His office was lit with the warm glow of lamps, unlike the fluorescent lights that fill the halls of Calvin. The dark wooden desk made the office feel like a law office rather than an artist’s office.

A couple of paintings hanging on the walls, an etching in his left ear and his publications on the bookshelf relieved feelings of doubt of being in the wrong office. Having only seen his self-portrait, Gordley knew exactly what he wanted to do at four years old. With an artistic mother, drawing was always known as the artist’s office.

With an artistic mother, drawing was nothing less than disturbed. Gordley’s early jobs provide an impressive résumé. His carnival adventures in everyday life through art.

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When most people think of Bam Margera, they think of the decap-ating star or the professional skateboarder, but very few people think of Bam Margera as a director. Released on June 24, 2003, Haggard marked Bam’s mainstream cinema debut, but this is not his first filmmaking experi-ence. Growing up not too far from here in West Chester, Pennsylvania, he and all his friends filmed each other acting in short skits and stunt videos, which later evolved into the CKY videos and Jackass, where Bam achieved most of his fame, outside of skateboarding. Some considered him a sell out because of his hit MTV series, Viva La Bam, but anyone who has seen his earlier films knows his stunts are real, and his films are hilarious.

Haggard does not follow the traditional style you might expect from Bam, Ryan Dunn, Bam Bihl, Buke Yohn and Brandon DiCamillo. The film starts out with Bam’s character, Ry, smashing random objects such as a television and a portrait of who you, later, find out is his girlfriend, who had just broken up with him. As the film progresses, Ry gets more and more depressed and desperate, and seeks out revenge on her and information in her and her new boyfriend, nick-named Hello. The flashbacks range from amazing things all over her house to breaking in to read through her diary. But, the heart of this comedy does not just lie in the main plot, most of the laughs are found in one liners and random events, that sets it apart is the use of montages throughout the film. After major scenes, short two to three minute montages show characters, time lapses and some occasional skateboarding, help break up some of the tension and show time passe-ing in a visually appealing manner. The camera work is also surprisingly good throughout the film, including Bucky Lasek, Tim O’Connor, Aaron Ellis, Mike Mahanade, and, even, Tony Hawk. What this film lacks in major star power, it makes up for with interesting filmmaking and laugh-a-minute writing. There are probably more random jokes, sequences and regu-lar dialogue, but, rather than just make the film seem scatter brained, it actual-ly keeps the flow of the scenes tight and brings the comedy factor way up. One of the most welcomed aspects of this film is that sets it apart is the use of montages throughout the film. After major scenes, short two to three minute montages show characters, time lapses and some occasional skateboarding, help break up some of the tension and show time passing in a visually appealing manner. The camera work is also surprisingly good throughout the film. The director of photography, Joseph Fraunza, who also shot several shows for MTV, is working on the upcoming film, Dream Seller, and does an amazing job shooting in Haggard and his other works. The soundtrack also brings the film together, featuring bands like HIM, CKY, New Order and Iggy and the Stooges among others.

So, whether you’re a fan of Bam Mar-gera or not, Haggard is sure to entertain. Check out this film and also the pseudo-sequel, Mindbenders, both available on DVD and Blu-ray. Do not let his television reality show fool you, Haggard is a hilarious film that will keep you laughing from beginning to end.

Disagree with anything I have said? Have anything to add? Any requests for movies you want me to mention or review? Send an email to msuarts@gmail.com with “Jon Reino” in the subject heading, and you will be heard.

Pelican Playlist
Favorite Songs of War and Peace

“Bring the Boys Back Home” by Pink Floyd
Amanda Balbi, Assistant Feature Editor

“Gimme Shelter” by The Rolling Stones
Katherine Milso, Opinion Editor

“Imagine” by John Lennon
Katie Winters, Assistant Copy Editor

“Give Peace a Chance” by the Beatles
Kulsoom Rivzi, News Editor

“War” by Edwin Starr
Emily Gollub, Arts & Entertainment Editor

“The War is Over” by Sarah Brightman and Kazem Al Saher
Mike Campbell, Managing Editor

Movies You Should Have Seen:

Haggard

A&E

Success Starts Here

3 Weeks of Concentrated Courses
December 28, 2009-January 13, 2010

Put your holiday break to good use!

• Enroll by mail or in person.
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ENROLLMENT HAS STARTED

Late enrollment period for Wintersession begins December 21, at which time a $40 late fee will be charged.

CLASS SCHEDULE:

December 28 through January 13.

No classes January 1

Check course offerings and availability from our website:

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MIDDELSEX COUNTY COLLEGE

WEB SITE SCHEDULE:

Classes meet daily, Monday through Friday,
the desperate parts of life; the order of chaos. Like most artists, Gordley’s personal life plays a huge part in his work. In one of Gordley’s paintings, titled Skins, he shows men standing with no shirts on at various stages of life. He painted his father, his nephew and himself. When asked to remove their shirts, his father, surprisingly, had no problem. His nephew, on the other hand, was very reluctant. This brought back memories of Gordley, as an adolescent, being very uncomfortable and insecure with his body. The emotions are clear on the faces of the men in the painting about how they felt bearing their bodies. His father has a very happy-go-lucky face, at ease, without a care and almost proud. His nephew, on the other hand, has clenched fists and a look of anger. Now, Gordley bases a lot of his work around a class he taught in Nice, France called Art of Visual Narrative. The classes teach students to look at ordinary things in a new light. It teaches them to stop, and pay attention to the world around them. Gordley lives in Stonington, Conn., where he also has his studio. He also has an apartment in Montclair, and borrows the MFA studios on campus. His wife has her own interior design business in Connecticut. Gordley splits his time in Stonington and Montclair.

Between talking about his influences and wide range of jobs, Gordley offered a piece of advice for art students; Gordley recommends, “Do more than one thing. Have a safety net against recession.” He emphasized balancing more than one thing. He suggested teaching. He also warns that artists are often very isolated in their studios, and that isolation can be devastating. Gordley suggests getting out in public and socializing. Gordley’s goal is to just stay grounded. His profession can lead to a very “narcissistic lifestyle,” and as long as he can pull away from that, give, contribute and teach, he hopes to give his students guidance and truly hopes the best for them. Gordley says that teaching is very parental.

Throughout the entire interview Gordley answered the questions quickly. It was clear he had done many interviews before. It was almost a defeated feeling though. Clearly, he has “been there, done that.” But the last question caught Gordley off guard. When asked what his greatest accomplishment was, he quickly responded with, “Besides my daughter?” He chuckled, but quickly became serious as he began to ponder. He broke the silence with a sigh and stating that, “…this is a hard question.” He finally responded with, “Just trying to be a good person I guess. I know it’s a bit generic.”

This week in Entertainment

- Grey’s Anatomy’s Dr. Isobel Stevens (Katherine Heigl) returns from hiatus.

- Up leads the record 20 eligible films for the Best Animated Feature Oscar at the 82nd Academy Awards.

- Fox’s Dollhouse is officially canceled.

Be Heard!

Submit pictures, critiques, ideas and anything else you want to be shared in the Arts and Entertainment section!

Submit all work to msarts@gmail.com

Self-Portrait oil, 50 x 70 in

All Photos Courtesy of www.gordley51.org

Located in downtown Montclair off Bloomfield Ave.
For email updates, sign up at www.wellmonttheatre.com!

The Wellmont Theatre

This Sat! Nov 14

Pink Floyd

NEKO CASE

with Joey & John of Calenixo

Nov 15

Lynyrd Skynyrd

God Guns

Nov

Joshua Radin

Simple Times

with special guests Bloomington Twins and the Kim

Sat Nov 21

The Gaslight Anthem

with special guests

Fri Dec 11

David Archuleta

Christmas concert

Dec 13

All of your favorite "Idol" Anthems sung All of your favorite Christmas Tunes

Tickets available at tickets.com, 877-WELLMONT (965-6668) and The Wellmont Theatre Box Office.
5 September Street, Montclair NJ. For more info, WellmontTheatre.com or tickets@wellmonttheatre.com. Box office hours: noon-three Mon-Sat Noon-4PM; lunch hours Mon Noon-2PM.
Lovers will increase their scrubbing, grades will drop significantly and ultimately, time will be consumed. It’s that time of year again, the time of year when developers release their biggest games. Inarguably, the biggest game of this year was released this Tuesday, Nov. 10. Of course, that game is Call of Duty: Modern Warfare 2. Developed by Infinity Ward for the PS3, XBox 360 and PC, Infinity Ward once again aims to tap into the same kind of magic they did with the runaway success of 2007’s Call of Duty: Modern Warfare. The story of Modern Warfare 2 picks up where the last game left off. In reality, this is the antepenultimate moment of the last game, as considered a service to numerous Russian terrorists for causing nuclear catastrophe. And while he is dispatched in the final moments of the prequel, we find out that his lieutenant, Vladmir Makarov, is coming linearly into a great story. The locations, much like last game, vary from Europe to the Middle East to South America. Along with the campaign mode, the developers added Special Ops, which can both be played singularly or with a friend. This mode acts somewhat like an arcade mode type game. Levels are not related to the missions showing how well you did. The scenario anywhere from a snow mobile race to moving down an esplanade. While Special Ops is an added treat, it isn’t the mode that has millions across the country addicted. Multiplayer is almost the coronation of Modern Warfare 2. This being said, campaign and special ops are still great modes. The multiplayer in Modern Warfare 2 is the secret ingredient, which keeps anyone coming back. Additions include: new weapons, new levels, numerous new perks to have fun with, emblems and awards to collect, 15 kill streak rewards to unlock and a plethora other positives. Luckily, for those with the urge for customization, Modern Warfare 2’s new users customize the powers received during kill streaks on top of the already customizable classes. Factor all this in with the already addictive multiplayer formula of the first game, and anyone can see that multiplayer is a staggering success.

Among some other great and noteworthy changes is Modern Warfare 2’s presentation. Graphically, the first game was already pretty good. This installment, however, looks amazing. And while the character models didn’t change too substantially, the lighting, shadows and physics among the graphical qualities, are so enhanced from the first game that anyone will think that’s even more than two years or between games. Call of Duty as a franchise has always had good reputation for soundtracks and sounds, and Modern Warfare 2 keeps this reputation intact. Fresh game Modern Warfare 2 has any flaws, it is especially with a big game like this, some very questionable material has been implemented in terms of violence. And while there is a very intelligently placed warning mechanism, it doesn’t make the material any less cringe worthy, even if you are of age. Fortunately, with an amazing single player campaign, outstanding presentation and multiplayer that defines the word engaging, any gamer will see Modern Warfare 2 for what it is — the best game of the year.
H1N1 Vaccinations: Swine Not?

Deanna Barry, a registered nurse and director of the University Health Center told Montclarion reporters that she was concerned that students are listening to inaccurate information and not basing their decisions on fact.

"It’s a very, very safe vaccine," Donna said. "You get the shot, and go about your business.”

Bad reactions and fever are not common. Typically those who receive the vaccine may feel some soreness at the injection site. Students may have been put off by hallucinatory testimonies and edited videos on Youtube depicting horrible, paralyzing reactions as a result of the vaccine. If these reactions were truly that common, health officials would not be encouraging pregnant women to get vaccinated.

As of Wednesday, Barry estimated about 1,400 people on campus had received the vaccinations so far. This is out of approximately 20,000 students, faculty and staff on campus.

There are 900 doses left on site, and close to 6,000 in transit. The university ordered 9,000 doses. More clinics can be scheduled over the following weeks if the health center sees a demand for them.

Currently, however, students at Montclair don’t appear to be worried about catching or spreading this flu virus. The health center, so far, reports 15 confirmed cases of influenza on campus. This number is actually much lower than expected considering the size of the school, according to university health officials. Because H1N1 is a new influenza virus, people are significantly less immune to it.

Barry said that she would like to see more students and faculty take advantage of the free vaccinations. The vaccine on campus is given by intramuscular injection. It’s quick and relatively painless, and may prevent you from having to miss classes. The vaccine on campus is given by intramuscular injection. It’s quick and relatively painless, and may prevent you from having to miss classes. The vaccine on campus is given by intramuscular injection. It’s quick and relatively painless, and may prevent you from having to miss classes.

This weekend marks two of the most important games in recent Montclair State sports history. Red Hawk Football takes on Kean University this Saturday at 1 p.m.

The winner takes home the New Jersey Athletic Conference Title and an automatic bid to the NCAA Division III Tournament.

The very next day, Men’s Soccer takes on either Stevens or York College in the second round of the NCAA Tournament. If both teams emerge victorious, it would prove to be one of the greatest 48 hours for the Red Hawks in a long, long time.

But will anyone be there to watch it?

What has been evident here at Montclair over the past few years is a lack of support for our sports teams.

Football lost their first game of the season, but went on to win eight conference games in a row to improve to a 9-1 record. Football has won 16 straight regular season home games.

Men’s Soccer hasn’t lost a home game since October of 2010. Those two teams have accomplished all of this with a lack of fan support. The only game that consistently pulls the seats every year is the annual Homcoming football games. This year, seats were sold out.

More than 6,000 people showed up withstanding-room only to see the Red Hawks edge out William Paterson, 2-17. Remember, this was homcoming weekend.

Most of the people came just to pre-game, get drunk and watch football. But will anyone be there to support their Red Hawks in a long, long time.

Luis Cunningham | The Montclarion

Show MSU Sports Some Love!

Lou Cunningham | The Montclarion

Not to mention, men’s soccer have been personally ranked contenders in all of Division III for the last few years. They haven't even gotten half as much of a fan turnout as football.

The cumulative attendance for the year, so far, for Men’s Soccer is 4,151. That’s more than 1,500 people less than the Homecoming football game alone.

For the NJAC Championship game against Rowan, less than 600 fans came to show their support. And, these are pretty generous estimates.

Where is the love for Montclair State sports?

As students, we shouldn’t just use Homcoming as an excuse to get out of the games. Money isn’t a good excuse either. Saturday’s football game is free for all Montclair students, and Sunday’s soccer game is just three dollars for students.

Montclair State’s Football and men’s soccer teams have played well at home all season with little fan support, just imagine what they could do playing before a full house.

This weekend could be history in the making for both the MSU football and men’s soccer teams. Why not go out and be a witness to that history?

Get out of bed early on Sunday, get together with your friends and go support your Montclair State Red Hawks this weekend.

-MM & NDP
Equal Rights in N.J.

JONAH NELSON
COLUMNIST
The Montclarion

The legislative debate regarding Gay Marriage has been in the news recently. Chris Christie has said that he will not sign a bill of marriage if it was to be elected again. However, with an incredible amount of support for engagement, the question of who should be able to engage in marriage is one that genetics and culture need to deal with. The issue that the debate has been about is whether or not to engage in marriage.

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Support Returning Veterans and Their Families! Check Out:

www.give2thetroops.org
www.dev.org (for Disabled Veterans)
www.cenveast.org/org/national-veterans-foundation
www.donerschose.org

Students Speak:

Will you be getting the free H1N1 vaccine on campus this week?

Liette Stanzione
Junior
Health and Physical Education major

“I will not be getting the H1N1 vacc
...
Good thing I’m John ...

I can’t wait until Thanksgiving!
Nom nom nom ...

Time for Christmas music, fellas!
Let’s go Red Hawks!
I got my mojo workin’. It just won’t work on you.

Hey Katherine, where’s my candy?
Dr. Tran is the man.

Welcome!... line...

Kel, I have the essentials to succeed in journalism.

Phil Corso is a moosey head! P.S. let’s go make one at Build-A-Bear.

Don’t worry, be happy!

You got that food on campus? Yeah, who knew?

MMM.... SOUP!

Where are you going? NOWHERE!!!

And the whole... world... loves it when you don’t get down...

Jorge!!!
Meghan Rothschild didn’t think indoor tanning would hurt her.

She was wrong.

UV light from indoor tanning, especially when exposed at an early age, can increase your risk of melanoma... the deadliest form of skin cancer.

That’s what Meghan developed when she was 20 after being a frequent indoor tanner since she was 17.

Current estimates show that 1 in 5 Americans will develop skin cancer.

Do you want to be the one... like Meghan?

Indoor tanning is out.

To read Meghan’s skin cancer story or to learn more about protecting your skin go to www.aad.org/media/psa
On Saturday afternoon at Sprague Field, Montclair State and Kean will face off for the NJAC football championship. The winner will receive an automatic berth to the NCAA playoffs. The Red Hawks will be looking to avoid their second straight loss to the Cougars has season, a loss that, essentially, cost them a playoff spot in the game. In Montclair, Kean State led at halftime, 14-6, before Kean came back in the second half to spoil the Red Hawks’ postseason party. This season, both Montclair State and Kean have had very similar seasons. Both teams saw their only loss come in non-conference action, with the Red Hawks losing to Wilkes, 37-10, in their season opener, and Kean falling to Delaware Valley College, 30-17, in their first game.

The Red Hawks have had some rather big wins and other wins that came down to the wire. The Red Hawks easily disposed of Montclair State, 52-0, in their home opener, and also routed Western Connecticut, 50-7, in their second outing.

However, they needed a late score to get past Montclair State, 21-17. The Cougars have 14 interceptions this season, and this has been the Cougars that have been the only ones Rowan would get, as they would only score 14 points on the season. Those points, however, would be the Cougars that have been the only ones Rowan would get, as they would only score 14 points on the season.

Both teams have had ups and downs this season. Despite some tough games in both teams’ journeys, they have found ways to manage to win every conference game and they have both been tied atop the NCAA at 8-0. The question still remaining is who is going to win on Saturday.

On paper, both offenses look rather similar in build. Both Kean and Montclair State have a solid running attack, but in this season it has been the Cougars that have been the stronger team. Led by senior Brian Tweer, the Montclair State offense has had a hard time scoring, averaging 26.9 points per game, good for 14th in the nation. A linebacker core led by senior Brian Tweer, the Montclair State defense has had a hard time scoring, averaging 26.9 points per game, good for 14th in the nation.

However, the Cougars have yet to meet the Red Hawks defense, which is ranked number one in the NJAC against the run. The Red Hawks have thrown 15 interceptions with Montclair State’s Gary Knoeppel for the season, led by Jamahl Williams, who is tied for the nation’s lead in interceptions with 10. The Red Hawks have run the ball seven times on the season, the Red Hawks managed to keep the Cougars out of the hands of the Kean offense, Montclair State embarked on an 11-play, 84-yard drive that ate over six minutes off the clock in the first quarter. It culminated in a short two-yard touchdown run by Senior Jeff Bliss to give Montclair State the early 7-0 lead.

Meanwhile, the Red Hawk offense did their part early by controlling the football, and keeping it out of the hands of the Cougars offense. The Red Hawks averaged 156 rushing yards per game, good for 14th in the nation.

The Red Hawks defense has been very strong on the season, allowing just 15 points per game on the season. The Red Hawk defense has been very strong on the season, allowing just 15 points per game on the season.

In the second quarter, the defense, as quarterback Tom Fischer threw a touchdown pass on the Red Hawk eight-yard line. The offense also expanded the lead in the second, as quarterback Tom Fischer threw a touchdown pass on the Red Hawk eight-yard line. The offense also expanded the lead in the second, as quarterback Tom Fischer threw a touchdown pass on the Red Hawk eight-yard line. The offense also expanded the lead in the second, as quarterback Tom Fischer threw a touchdown pass on the Red Hawk eight-yard line.

The Montclair State defense sur- pounded the young, fast, and talented Red Hawk offense that doesn’t always score down the field, driving into Red Hawk territory after a 35-yard completion to wide receiver Vinnie Grilli. However, this next play swung the momentum in the other way, as senior linebacker Brian Tweer intercepted Wilczynski and returned the ball 68 yards to the Red Hawk 21-yard line.

The Red Hawks’ three interceptions in a row against Montclair State has been the key to the team’s success, as they have been able to keep the Cougars out of the game. The Red Hawks are now 6-1 on the season and, most importantly, 6-0 in the NJAC. Saturday will be one of the biggest regular season games in football’s recent history as Montclair State will host Kean University, with the winner being crowned champions of the NJAC and going to the NCAA playoffs. According to the Red Hawks, the Cougars are looking forward to having a chance to steal the spotlight this week.

“As a team, again, we will be playing with a chip on our shoulder and with something more to prove,” Tweer said. “This week of practice will be essential for us, and we will be making sure that we are more than 100 percent ready come Saturday.”

Saturday’s game is also senior day for the football team. The game will begin at 1 p.m. at Sprague Field.
Volleyball Falls to Stockton for Title

Red Hawks Win in Semis, Fall Short in NJAC Finals

Stockton captured its third New Jersey Athletic Conference championship in the last four years, as the Ospreys swept past top-seeded Montclair State at the Panzer Athletic Center on Saturday evening.

Stockton sophomore outside hitter Christine Velott had 16 kills with eight digs, as the Ospreys knocked off the Red Hawks 25-14, 25-19, 30-28 to claim their sixth conference title overall, while earning the league’s automatic berth into the NCAA Division III Tournament.

Senior middle blocker Anna Chesnakova had 11 kills and five digs for Montclair State. The Red Hawks ended their season at 14-16 overall. Montclair was seeking its third title overall and second in two years.

Montclair State was entering the game after finishing a 3-0 sweep of William Patterson last Thursday. In that game, senior middle blocker Kara Burnham collected nine kills, while senior outside hitter Adrianne Moe added six kills, five aces and six digs to advance to the New Jersey Athletic Conference championship against Richard Stockton.

Knotted at 2-2 in the first set, the Ospreys scored six of the next seven points. Freshman Stephanie Warner had a kill to tie the game at three, and Velott had her first of six first-set kills as Stockton took a 4-3 lead; it would not surrender. Velott’s second kill and a service ace by Laura Hausman extended the lead to 10-4. Montclair State would battle back to within 11-8, however Christine Astarita served five straight points, including an ace as Richard Stockton widened its lead to 16-8. Velott would put away the set with her final kill, as the Ospreys took a 1-0 lead in the match with the 25-14 win.

In the second set, Richard Stockton led 6-5 before scoring the next four points. Freshman Stephanie Warner had a kill to tie the game at three, and Velott had her first of six first-set kills as Stockton took a 4-3 lead; it would not surrender. Velott’s second kill and a service ace by Laura Hausman extended the lead to 10-4. Montclair State would battle back to within 11-8, however Christine Astarita served five straight points, including an ace as Richard Stockton widened its lead to 16-8. Velott would put away the set with her final kill, as the Ospreys took a 1-0 lead in the match with the 25-14 win.

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Leah Tepperman: Goalie of the Year

For three seasons, women’s soccer has had a reliable keeper tend the nets and keep MSU a solid team in the NJAC conference. Leah Tepperman was named NJAC Goalkeeper of the Year, and was named to First-Team All Conference for the second time in her career. Also joining her with honors are teammate Tina Della Fava, Lisa Offreda, Natalia Fute, Jackie McGrath and Stefani Elefther.

Tepperman has had a career that is surprised that I won this award,” Tepperman said, when speaking of the team’s 2-0 first round exit in the NJAC Tournament. “I know that goal is going to haunt me for a long time, especially since it really shifted the momentum of the game.”

Part of the senior class was a really strong one,” said Tepperman. “But I think since we are all graduating, it’s going to force next year’s team to really step it up, and play strong next year. I see good things coming for next year’s team.”

You would think that for a three-year starter finding the best of enemies would be difficult to pinpoint. But, Tepperman knows what she will always remember and cherish.

“One of my favorite memories was beating TCNJ last year. The whole team played great together, and really gave it their all,” Tepperman said. “Everyone really stepped it up during those games, and they were fun games to play in.”

Tepperman also remembers the harder moments.

“The worst memory I have is the last game, and the last goal I gave up,” she said, when speaking of the team’s 2-0 first round exit in the NJAC Tournament. “I know that goal is going to haunt me for a long time, especially since it really shifted the momentum of the game.”

But, for all the good times and the bad, Tepperman has remained one consistent and a winner. And, she is one bad, Tepperman has remained one thing; a winner. And, she is one things.

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“AAP: I’m the only one who is surprised that I won this award,” Tepperman said, when speaking of the team’s 2-0 first round exit in the NJAC Tournament. “I know that goal is going to haunt me for a long time, especially since it really shifted the momentum of the game.”

All along with her high number of wins, Tepperman helped lead MSU to the semi-finals of the NJAC in 2007 and 2008.

Whose Hot This Week

William Griffin
Defender Men’s Soccer

Griffin’s first goal of the season was probably the biggest of his career as the senior’s header was the lone goal scored in MSU’s 1-0 win over Rowan in the NJAC Championship Saturday.

A.J. Letizia
Wide Receiver Football

Letizia had 10 yards receiving and four touchdowns to help lead MSU past Rowan 14-7 and set up a shot at the NJAC title Saturday against Kean.

Game of the Week

Football
Nov. 14, 1 p.m.
NJAC Championship Sprague Field

For the second straight season, these two NJAC rivals will face off against each other. This time, however, the conference championship and NCAA Tournament berth is up for grabs.

Leah Tepperman Season Stats

<table>
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<th>SAVE — 116</th>
<th>RECORD — 9-6-2</th>
<th>GAA — 0.97</th>
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<td>CAREER STATS</td>
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</tr>
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<td>GAMES PLAYED — 60</td>
<td>RECORD — 29-25-5</td>
<td>GAA — 1.28</td>
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</table>
MEN’S SOCCER BEATS ROWAN, WINS FOURTH STRAIGHT NJAC TITLE

Nelson DeVriesquale Senior Staff

Men’s Soccer has won their fourth NJAC Championship in as many years.

The ninth-ranked Red Hawks shut-out Rowan in a 1-0 victory at Sprague Field this past Saturday for the title. All the offense that was needed came in the 16th minute from senior midfielder William Griffin, who headed in a three-in from junior Mike Krol.

“This win officially silenced the critics arguing whether or not this Red Hawk squad will thrive with the loss of defender William Griffin, who, now, play professionally in Puerto Rico.

“It was just great,” senior midfielder and captain Michael Cullen said. “The whole season, midfielders and captain Michael Cullen, who, now, play professionally in Puerto Rico.

“We knew the ref was going to let us play,” senior midfielder and captain Michael Cullen said. “The whole season, midfielders and captain Michael Cullen, who, now, play professionally in Puerto Rico.

“Anytime you come out against Rowan, Rowan is going to give their heart and soul on the field.” Cullen said. “They’re a great opponent. The first game of the season we won 2-1 against them, it could have gone any other way. We mean, that’s a bunch of brutes, man. They’re going to come out there, and they’re going to throw their fists around, and throw their hearts out there and wear their emotions on their sleeve. But, you got to match it, you have to overcome it, and that’s why we came out with a 1-0 victory. It’s all about character. It’s all about coming up in the big game. We should have put a few away, but you know what, it’s better than losing.”

Winning four NJAC Championships in a row is a feat that has only been done by Trenton State (NJIT) in the 60s and Gloucester State (Rowan) in the 80s. This team accomplished something that may never happen again, and they should be proud. When asked who was to be credited for this amazing accomplishment, Joe Cullen answered:

“Everyone, from front to back, from the coaching staff to the last guy on the bench to the first guy on the field, everyone put in the work all season long, and we got what we got because of it.”

The hard work doesn’t end here. They are hosting either Stevens or York College in the second round of the NCAA Division III tournament this Sunday at Sprague Field at 1 p.m.

Photo Courtesy of Jeff Leavy

Seniors (left-to-right) Daragh Odea, Tyler Stakiwics, Teddy Ritter, William Griffin, Joe Cullen and Mike Cullen have been on all four NJAC title-winning seasons in a row for the Red Hawks.

MSUSports@gmail.com

Leah Tepperman: Goalie of the Year

P. 23

Photo Courtesy of Jeff Leavy

Midfielder Joe Cullen takes control of possession against forward Peter Lundie. MSU was in control for most of the game.

“You haven’t had him before, but before the game we talked to him, and he said he is going to let a lot of the little stuff go and let us play. That’s what it should be, he’s not going to call the little stuff, so he let us play. It was hard fought both ways, and we came out on the right end of it.

“Any conference game is real heated,” Michael Cullen said. “Especially with Rowan. It’s a good rivalry, it’s fun and that’s how the games always end up. They are always fast, physical, hard. That’s NJAC soccer for you.”

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