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I have never seen, since the 1960s, an issue which college-aged students have been so passionate about,” Dr. 18 was her only option,” the chairperson of modern languages and literature said. “How to Touch a Hot Stove,” a documentary film Dr. Oppenheim is creating, is based on people dealing with a variety of mental illnesses and the stigma that comes from it. The lives that are being documented are Montclair State University’s own students. “The ‘hot stove’ is a metaphor for psychological disorders that are frightening to us and for behaviors that appear rational to us,” replied Dr. Oppenheim when asked about the title of the documentary. “How to Touch a Hot Stove” is part of the campaign “Thy ‘R. U.,” which Dr. Oppenheim created as part of the “Changing Our Consciousness” movement initiated by Dr. Alice Maher, a psychiatrist from New York. The campaign’s spokespersons, who will also be in the documentary, is John Turturro. “The boy had blood-shot eyes, he was gasping for air and he had trouble keeping himself afloat,” Rusiniak said. When they got to the boy he said that his bloodshot eyes and his labored breathing made him still somewhere under the water. After repeated dives, Rusiniak and his two friends, 20-year-old John Spaulding and 18-year-old Kevin Biglin saw nothing and decided to bring the boys to shore before going back and searching more for his brother.
Pelican Police Report

The Montclarion

The Montclarion is a freely distributed newspaper providing one copy per person. Additional copies are $0.25.

Corrections

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SGA Notes

Senator Bob Menendez will visit on Jan. 15 to discuss higher education and healthcare.

Financial management, Economic Society and NASO have been rechartered as Class I organizations.

The Montclarion

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The group’s goal was to communicate to several countries as a peace ambassador and human right activist, and also traveled to the United Nations telling the world that this was successful. Today, Liberia has the largest human peacekeeping force in the world.

Clinton also attended several international meetings as an ambassador for The New Liberia and the United Nations to request the support of the United Nations and other countries to work on the civil reforms in Liberia. Clinton also states that the European Union, the French government, and the United Nations have condemned Liberia for violating the agreement signed in September 2003 with the International Criminal Court on Civil and Political Rights, which originally abolished the death penalty.

Liberia’s society has lost so many broken homes, and there are people that have books here, we have desks and chairs we don’t want. There are people that have books here, we have desks and chairs we don’t want; there are people that have books here, we have desks and chairs we don’t want. There are people that have books here, we have desks and chairs we don’t want. There are people that have books here, we have desks and chairs we don’t want. There are people that have books here, we have desks and chairs we don’t want. There are people that have books here, we have desks and chairs we don’t want. There are people that have books here, we have desks and chairs we don’t want. There are people that have books here, we have desks and chairs we don’t want.
John King, anchor of CNN’s State of the Union and his wife, CNN senior congressional correspondent Dana Bash, discussed their personal and professional lives with a group of Montclair State University broadcasting students at the Dumont TV Center last Monday.

“We try to keep each other balanced,” Bash said of her husband and fellow CNN correspondent, King. “Sometimes it’s tough.”

Bash is the daughter of MSU broadcasting professor and ABC news producer Stuart Schwartz. Bash and King answered questions from about 40 students from the broadcasting department’s “Introduction to Broadcasting” and “Media Ethics” courses.

“It’s kind of cool to have their perspective on things besides professors you see every day ... We’re all trying to get jobs like [King and Bash], so it’s good to hear what they’re saying,” said Timothy Feeley, a senior broadcasting student in the “Media Ethics” course.

King and Bash shared tips with the students on how to make the most out of their college education and be successful in the future job market. Bash suggested that internships are valuable learning tools.

“The business is changing in ways we can’t fully understand. If you get an internship, you’re that much more ahead of the curve,” King said. “People are still hungry for information, and those who know how to deliver it will do quite well.”

Bash also told the students that the most she learned about the field and what she wanted to do in her career was through internships. She started two careers working in the CNN talk library and has been with the news network for 16 years.

King started his career working as a print journalist for the Associated Press after graduating the University of Rhode Island. He told students that having a curious and having good writing skills are just as important as having technological skills in the field of broadcasting.

“It’s all about being relevant to your audience,” King said. “With the fireside of your own standards.”

This was King’s first visit to the MSU campus and he says he enjoys learning from students. After the class period ended, he spent 30 additional minutes talking to five broadcasting students about the future of the news industry.

Last month, CNN announced that John King would host a new show that will air during the time slot formerly occupied by anchor Lou Dobbs. King’s new show is expected to debut in early 2010.

In the past months, the topic of healthcare has been up for discussion among many individuals, and the student body of Montclair State University has also been concerned.

On Nov. 20, a healthcare discussion was held in Richardson Hall, hosted by Dr. Lisa Lieberman from the department of health and nutrition and Dr. George Zilbergeld from the department of political science. The discussion was held in order to further educate the students about the current bill proposed by President Obama and to also answer difficult questions.

The discussion began with a clear clarification that healthcare is, indeed, a necessity and everyone needs to have it.

“There are many places that, to this day, do not have healthcare,” Dr. Zilbergeld said.

It cannot be denied that the cost of healthcare has been the main concern for many people but “there is nothing more silly than talking about the cost when it comes to healthcare,” Zilbergeld said.

Throughout the seminar, there was an understandable comparison between Canada’s free healthcare for all, as opposed to the United States.

The comparison was made between Canada’s free healthcare for all, versus the United States’ capitalist society that does not offer healthcare to all.

“The comparison was made between Canada’s free healthcare for all, versus the United States’ capitalist society that does not offer healthcare to all,” Lieberman reminded the students present that “as college students, we are already in a greater minority of having healthcare because of a college education.”

As time passed, it has been expressed that pharmaceutical companies charge whatever they desire for a patient’s healthcare. One student asked “Is there an incentive for pharmaceutical companies to stop charging so much when it provides a steady income for companies?” Lieberman replied, “The pharmaceutical company does not decide, the health insurance decides which one they will cover.”

The major concern now is the proposed healthcare bill by Obama, which has been causing a buzz throughout the US, “Will it work?” The students at Montclair State University had their own views on the bill.

“I think Obama’s healthcare plan is wonderful because it provides low income families with healthcare,” freshman Shuwan Ward said.

One important statement made by Dr. Lieberman during the discussion was, “The system can only work on the basis of the fact that everyone is in the system, even the healthy.”

Mike Szumro, student government association vice president, asked “What if I was to get extremely sick, can the public option drop my insurance plan?” The response to his question was a simple “no.”

The question to be asked is how many students knew about healthcare?

“I never knew the importance or the cost of healthcare when I was in college. For a couple years, we are really going to feel it because we will pay. Cost rates are not reducing expenses for patients and doctors and that is the reason why most people don’t think about it,” Szumro said.

Even though the United States is a capitalist country, there seems to be some indoctrination as to what to do when it comes to healthcare.

The seminar was ended with one important note, “For our generation, it is going to cost you, at the same token, it is going to cost you if you don’t do something about it,” Zilbergeld said.
Students, faculty, staff and family members arrive at an H1N1 clinic at Blanton Hall yesterday. Barry said leftover doses will be shipped to other centers who are low on the H1N1 vaccine. The University has administered over 2,000 doses of H1N1 flu vaccine and has additional vaccine available. The number of cases of flu on campus have decreased significantly in the past two weeks, according to the director of the University Health Center, Donna Barry. "The clinic was a huge success with many students and others to understand the differences and to see that there are ways of nearing a "hot stove."

Dr. Oppenheim wants to break down assumptions about those with mental illnesses and reduce the stigma that comes from fear. The documentary is not only going to focus on students suffering from any kind of mental illness but on those who, whether within their family or their group of friends, are affeted by the stigma. It will also initiate a process of real change. In fact, change is what will be documented in the film.

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Along with the interviews, the documentary is not only going to focus on students suffering from any kind of mental illness but on those who, whether within their family or their group of friends, are affeted by the stigma. It will also initiate a process of real change. In fact, change is what will be documented in the film.

Another clinical study is going to focus on students suffering from any kind of mental illness but on those who, whether within their family or their group of friends, are affeted by the stigma. It will also initiate a process of real change. In fact, change is what will be documented in the film.

A clinical study is not only going to focus on students suffering from any kind of mental illness but on those who, whether within their family or their group of friends, are affeted by the stigma. It will also initiate a process of real change. In fact, change is what will be documented in the film.

The filming of students will most likely conduct another clinic before the end of the semester,” Barry said. “We still have a large amount of vaccine left and will most likely conduct another clinic before the end of the semester.” Barry added H1N1 flu is now widespread in New Jersey and approximately 200 cases have occurred on campus. The University has administered over 2,000 doses of H1N1 flu vaccine and has additional vaccine available.

Barry said leftover doses will be shipped to other centers who are low on the H1N1 vaccine.
Rusiniak then, decided to plead guilty and luckily, the fine was dropped. “Money was never the issue, I just wanted to plead my case of not guilty in court,” Rusiniak said. He also said that it was about principle and doing the right thing in a bad situation, even if it was breaking the park rules.

Rusiniak, who is part of troop number 102 for Eagle Scouts in Wayne, was glad that the skills he learned from his swimming and life saving merit badges came into effect. Rusiniak was able to save a life and help others be safer in difficult situations.

Terrence Pond, the place where junior Michael Rusiniak saved an 18-year old from drowning last summer, is located in Wawayanda State Park.

When he and his administration took office, they felt that getting a two thirds vote from the student body was not going to be effective. Instead, the Executive Board did research. “The Executive Board spent hours piling through minutes from 1976 and 1994 Legislative meetings. We found that back in 1977, the SGA’s Board of Trustees failed to obtain a 2/3 vote when these changes were made. The articles were also amended in 1994, without obtaining a 2/3 vote of the undergraduate student body,” explained Preciado.

The SGA presented their discoveries in the Superior Court of New Jersey. The amendments of 1977 and 1994 were rescinded through the NJ Division of Revenue. Preciado’s administration was able to resolve the issues of both amendments in a successful manner. Preciado concluded, “At present, the SGA’s Certificate of Incorporation is in alignment with the tax codes of the State of New Jersey and the IRS. No further action needs to be taken, and none of the SGA’s assets will be lost for this issue.”
Deceptive Centers

Attention MSU Students!

Go Green

Bring in your old phones to be disposed of in an eco-friendly fashion and receive a $175 early termination fee/line, other charges & restrictions. Offers and coverage not available everywhere, limitations & maps in an eco-friendly fashion and receive a $175 early termination fee/line, other charges & restrictions. Offers and coverage not available everywhere, limitations & maps in an eco-friendly fashion and receive a $175 early termination fee/line, other charges & restrictions. Offers and coverage not available everywhere, limitations & maps.
# Meal Plans & Red Hawk

**AS THE FALL SEMESTER WINDS DOWN, START PLANNING FOR SPRING 2010 AVOID THE LINES. REMOVE ONE MORE THING FROM YOUR TO DO LIST**

Applications for new Meal Plan or changes to an existing meal plan for the spring semester are being accepted now. No waiting in line. Simply drop off the completed and signed application at the Meal Plan Office (Student Center 1st Fl.)

Changes will be made within 24 hours and charged via your WESS account for the upcoming spring semester.

**LATE CHANGE REQUESTS MUST BE SUBMITTED BY DECEMBER 18, 2009**

## RED HAWK DOLLAR ACCOUNTS

Get your Red Hawk Dollars for Spring 2010 before the semester begins!

Purchase your school books at the University Bookstore by transferring credit from financial aid to a Red Hawk Dollar account. No need to wait for your WESS account refund.

As soon as your financial aid package is listed on WESS for Spring 2010, send in the completed Account Credit Transfer Form and have your Red Hawk Dollar account ready prior to the start of the semester!

If you have any questions, please e-mail: mmsudiningser@mail.montclair.edu. Thank you and we look forward to serving your Red Hawk Office & MSU Dining Services.

For your convenience, students residing at the Hotel, Village or Clove Road Apartments, as well as Commuters, may select any one of the 14 meal plans offered.

### How to Add or Change a Meal Plan???

- Go to the MSU web site (www.montclair.edu), select Quick Links - Dining Services, Meal Plan, Student Plan and print the appropriate form.
- Place the completed form in the lock box outside the Meal Plan Office (Student Center 1st Fl.) next door to the Computer Lab or you may fax the form to 973 655 3427.
- Visit the Red Hawk Dollar web site for more information on transferring credit and purchasing Red Hawk Dollars with cash, check or credit card.
- www.montclair.edu under MSU A-Z - Red Hawk Dollars

## Meal Plan Change / Cancel Form

**FAULK 2009 – SPRING 2010**

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**Section 1: Identify your current meal plan then select the change you are requesting:**

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<tr>
<th>1st Year Residential Students, or all other students</th>
<th>Current Meal Plan (Check one):</th>
<th>Change Meal Plan To (Check one):</th>
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<tr>
<td>Current Pass with $300.00 Flex Dollars ($)</td>
<td>$1,560.00</td>
<td>Current Pass with $300.00 Flex Dollars ($)</td>
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<td>Current Pass with $270.00 Flex Dollars ($)</td>
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<td>Current Pass with $270.00 Flex Dollars ($)</td>
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<td>Current Pass with $400.00 Flex Dollars ($)</td>
<td>$1,860.00</td>
<td>Current Pass with $400.00 Flex Dollars ($)</td>
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**2nd Year Residential Students, or Cove, Village, Hotel and Commuter students**

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**Cancel my meal plan**

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**Montclair State University**

Dining Services, 1 Normal Avenue Student Center 1st Fl. Room 100

FAX (973) 655-3427

For more info, please visit www.montclair.edu/diningservices

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**RED HAWK DOLLAR ACCOUNT**

**STUDENT ACCOUNT CREDIT TRANSFER**

**IMPORTANT**

Please review your WESS account to determine the amount of credit that can be transferred to a Red Hawk Dollar account BEFORE submitting form.

Student name (Print): 

CWD: __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __.__
The beginning of the Hills of Harvest Run

words of encouragement. He started training with the girls in September, along with 16 other Montclair Students at Brookdale Park. At the first meeting, Bachman taught stretching techniques and they all ran a mile together. "Treat it like a regular race. Do not do anything you wouldn't do on any other day," Bachman had said.

Before the race began, Carrie Sullivan, who is an ambassador for Team in Training, gave the runners a few words of encouragement. At this following the race, the Recreation Center held an information session about Team in Training and the Hills of Harvest Run. There were 25 students, mainly from the Campus Recreation Staff and a few additional professional staff members. The first training with Bachman began a week later at Brookdale Park with 16 students in attendance. "As time went on, injuries started to reduce the numbers drastically," Eaker-Kelly said. The 13K run was a seven-day-a-week commitment for eight weeks. Bachman was an excellent trainer and an advocate for the social pace group. The social pace technique allows you have a conversation while running, and if you can't, you are running too fast. At the beginning of the training, Eaker-Kelly began to doubt herself. "I was not a believer," she said. She finished the race in an hour and twenty-nine minutes and focused on not being placed last. Eaker-Kelly felt overjoyed by her accomplishment when she crossed the finish line. "I get out of breath going up stairs," she said. The main motivation she had throughout the race was that she was a part of team and she did not want to let anyone down. The course consisted of many hills and was a challenge for many of the runners. When Bachman started to train, he prepared them for a flat surface course, but due to the change of the location of the race due to road construction in Great Kills, the initial course was flat compared to the course located at Conel Corporate Park. "I wasn't really prepared so much for the course, which was the toughest part for me. The hills were so numerous and much worse than I could have imagined they would be," Hardy said. After the first mile, Eaker-Kelly was ready to give up.

After the 13K Run, Laduecour and Hardy have their hearts set on a half or 15K marathon that will take place in London, in May and will make a commitment to run annually with Team in Training. Team in Training is a great program that helps college students become a part of a great experience. "It's not just for fun, do it to make a difference. Let Team in Training help you Train, Endure, Achieve and Matter," Sullivan said.

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Four MSU students run for a good cause. Four MSU students run for a good cause.

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"I felt as though I could have done better, but overall, I am proud of my performance." Catherine Hardy

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"Treat it like a regular race. Do not do anything you wouldn't do on any other day."

Glenn Bachman

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After four months of training, all the aches and sweat were worth it for four MSU students who participated in the Hills of Harvest Run on Sunday, Nov. 15, in Berkeley Heights, NJ. Connell Corporate Park, early Sunday morning, was not full of businessmen and women making their way into the office. It was full of sweat and motivated runners ready to run a 13K or 15K race that supports The Leukemia and Lymphoma Society. Along with the numerous participants, there were runners for the Team in Training University, students from Montclair State University and Rutgers University. Both teams raised over $6,000 dollars to help support the cause.

The proceeds benefited the society’s mission to cure Leukemia, Lymphoma, Hodgkin's Disease and Myeloma, and to help improve the quality of life for patients and their families. The four runners representing Montclair State University were Christina Ladhoe, Kella Fernandez, Catherine Hardy and Martha Garcia. Along with support to her teammates was Romayne Eaker-Kelly, the director of the Campus Recreation Center at Montclair State. The Team in Training runners were all sporting navy blue T-shirts that said, "New Jersey. Only the Strong Survive." When these four outstanding leaders started training for the 13K Run, they all were hesitant about completing the 9.3 mile run. The training started at Brookdale Park on Sept. 17, where Glenn Bachman, a volunteer for the Leukemia and Lymphoma Society, was assigned to train the Montclair State team. After a weekend of torrential rain, the weather was mild and dry, and in the runners favor. While the runners were waiting to take off, various vendors were available such as water, snacks and food for the runners. A DJ was playing motivational and upbeat songs to help the runners get warmed up. Twenty-one year old Martha Garcia was running her first 15K run while also representing the Montclair State team. The Rutgers Team in Training runners for the Team in Training help you Train, Endure, Achieve and Matter."

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For More Information, Contact a Campus Recreation Staff Member. For More Information, Contact a Campus Recreation Staff Member.
Ah, the age-old dilemma. You are definitely not alone in this battle. Every time you sit down to a meal, people have had to deal with unwanted guests surrounding the table. We’ve all had to deal with a story about your friend’s-HAND UP WITH ME THE EX! - and everyone has their stories of how to deal with their ex. Personally, I’m sure it’s better to have a happy animal. It’s like killing two birds with one stone. Rule 2: Conversation is not necessary. Your ex comes in the room and sits down in that seat they sit in right in front of you. Your very first instinct tells you that he or she should acknowledge that he or she entered the room with a quick “Hi” and maybe a chat. WRONG! Don’t because you have been so close with this person for a period of time before, don’t mean you’re obligated to talk to them all the time. Remember, this is the same person you just went through that nasty break up with. Who cares if you don’t talk to them? Don’t get me wrong, a little chatter here and there is good for the friendship, but going overboard is very bad for it. It will make things uncomfortable every time you guys talk in the future.

Rule 3: Accept the awkwardness. Awkward situations are a part of nature, everyday life. I can’t remember one day in my life where I haven’t had some situation that was at least a little awkward. It doesn’t just happen to you. Everyone stumbles upon those painstaking moments. The best thing to do to break that awkward silence is put on a smile and laugh about it. That brings us back to rule number one. But then again, if you follow rule number two you will probably run into situations like those very rarely. That finally brings us to rule number four.

Rule 4: They are human too! Your ex is most likely going through the same stuff you are. Even if they broke it off, they still have feelings and emotions that come to mind when they think of you and your past together. So remember that, even though you might despise each other now, you are both in the same boat. These four rules, when melded to together, give one underlying theme; everyone is going through the same thing you are. Have a good one darlings!

Rule 1: Always be happy. So, don’t you have to be as happy as you can? But it works all the same. Having a smile on your face will only make things better for both parties. Not only does giving off a jolly vibe make for better, lighter conversations, but it’s generally in and make a scene, question why he party involved acts like they could care less that things have changed. The main course consists of your turkey, mashed potatoes, corn, peas, stuffing, etc. I find it very satisfying just chill. If you are jolly, know that there is no need to press for a con-versation. Accept the inevitable awkwardness, acknowledge that your ex is going through all the same things that you are feeling and you will survive your break up, guar-anteed. So just chill and enjoy the single life while you are still single. For dessert, plop on a few scoops of Ice Cream (any flavor) Instructions:

For all you avid Cooking with Nelson fans out there, this dish is very similar to “The Daily Delish” sandwich, with some differences of course. Instead of one sandwich for breakfast, lunch and dinner, this sandwich is good for your appetizer, your main course and some delicious dessert. This is like a mini-Thanksgiving for yourself, after all your crazy relatives are gone. “The Leftover Cornucopia” has been a family favorite in my circles for decades.

First, cut and roast the whole Italian bread loaf. On the first part of the bread, pile on all of the leftovers you can handle. Any pasta is fine, but in my experience potato and pasta go the best. It should cover the first third of your sandwich. This is the appetizer. The main course consists of your turkey, mashed potatoes, peas, corn, stuffing, etc. I usually put some hot sauce on this part. It gives the dish a little extra zip that the Thanksgiving dinner you had the night before. Now, since the main course con-tains the most food, it is ideal to use a bit more of only one-third of the bread. I usually just take a few inches off the desert section and add it to the main course. No biggie.

For desert, open up a few scoops of your favorite ice cream, add strawberry and some chocolate kisses and you’re ready to go. Who knew leftovers could add some yummy hours, Smarties or even pretzels to txt. Hey it’s your desert, do what you want! Well that’s all there is for this week’s edition of Cooking with Nelson. Be sure to catch me next week for the Christ-mas special! Have a good one darlings! Nelson DePasquale

Sports Editor

Hello fans! I hope everyone had a very jubilant Thanksgiving. How did that happen come out? Well, I’m sure it was fabulous. My stomach is rumbling from my family’s feast. We almost had to call the animal hospital for Uncle Papa-Georgio (don’t ask, it’s a long story).

Ingredients:

•Leftover turkey
•Leftover mashed potatoes
•Leftover corn, peas, stuff-ing, etc.
•Whatever the hell else you have left over
•Italian bread
•Hot sauce

The Montclarion • December 3, 2009
Sick of (or from) the food on campus? Take a short ride with me to explore the culinary diversity along the historic thoroughfare that is Bloomfield Avenue — on a college student’s budget, of course.

Ok. So, for purposes of full-disclosure I have to admit that Cambridge Bagels was a staple of my adolescence. This popular breakfast nook is a staple of Bloomfield Avenue as well, having resided in the same location since 1985. I doubt I’m alone when I say I wax sentimentual about a place from my youth where many early mornings were spent with close friends enjoying the simple pleasures of breakfast amidst good-natured jousting and desultory conversation. For me, this place is Cambridge Bagels.

“Bagel Brunch,” as it is affectionately referred to by regular patrons, is a place frozen in time. It houses the same blue-collard apron it put on when I first stepped foot inside the place as a pre-teen. Not a menu board, not a napkin holder, not a stool has been replaced or altered. A drop ceiling and a tile floor speak to the pragmatic philosophy of the place. Hard working (my friends and I are sometimes the exception) men and women move in-tact to the left upon entering the store and stand single-file, patiently waiting their turn to order at the counter. Your eggs hit the griddle before you’re done speaking your order and then it’s a quick side step to your right to pay the cashier. Cash only. If you’re inclined, you can pick up a Star Ledger to read with your morning coffee. Only moments later, out comes your food housed in a Styrofoam container — regardless of whether you’re eating in one of the booths or taking your food to go.

I ordered the popular breakfast special consisting of two eggs any way you like (I had mine over medi-}

um), a bagel and a generous portion of home fries. All this is for only $2.50. $1.99 before 9 a.m. A side of bacon, an orange juice and lots of ketchup and hot sauce draped on everything rounded out the meal to $4.50. In all my years coming here, I’ve never, despite much mocking encouragement, been able to finish one of those breakfast specials. I’m no more of a man today than I was at sixteen. I had half an egg, a corner of a bagel, and a few home fries in my container when I called it quits. And believe me, I was hungry.

Cambridge Bagels has an almost industrial cadence to the way they serve food. And not surprising-ly, the counter in the front is usually the facade of a much larger operation. On the same premises, approximately 30,000 bagels (yes, 30,000) are baked fresh daily, almost all of which are sold wholesale to retailers throughout the area. But customers have a choice of more than just bagels and breakfast foods. The shop serves lunch daily and offers a full range of hot and cold sandwiches including hamburgers, cheese steaks and chicken cutlets. They also offer a variety of wraps and chicken salad platters. Catering is also available for all occasions. The menu is extensive and in all it could very well be the reason for the shop’s success. Cambridge Bagels is open from 6 a.m. to 3 p.m. Monday through Friday and 7 a.m. to 2 p.m. Saturday and Sunday.

Bloomfield Avenue is open from 6 a.m. to 3 p.m. Monday through Friday and 7 a.m. to 2 p.m. Saturday and Sunday. Cambridge Bagels is a spot worth checking out if you’re in the area. Feat. Writer

Scott W. Buchanan

The Feature Section is looking for WRITERS!

Interested? Send us an e-mail!

MSUFeature@gmail.com

Motivational:
Miss New Jersey
Chenoa Greene

When you think of pageant girls, what comes to your mind? One of the first words that leap to mind is “bimbos.” Am I missing the point? Or is it that maybe it’s a certain pageant girl’s fall from grace that has brought the point to the forefront due to a certain incident found on the Internet. Whatever your image of ‘pageant girl’ is, throw it out the window and meet Chenoa Greene, Miss New Jersey 2010. She prides herself of being a motivational speaker and is very well decorated. She spoke to a group of students on Wednesday to help them balance their social lives and schoolwork.

“I hope my message inspires you as well,” she started. She lives her life based on four steps to success:

1) Education is important.
2) Stay in your lane.
3) Network and Communicate.
4) Always believe in yourself.

No matter what the situation is, always remember that education is number one. Greene shared a personal story where she was offered a prestigious anchor job by MTV, but turned it down because she wasn’t finished with school. Her philosophy was to get the best education she could before moving into the real world.

“Stay in your lane” entices you to not let your eye judge for you. Perception isn’t everything and just because someone looks happy with fancy cars, they don’t mean they are truly happy with their life. This also means that you should “look to your left and right to congratulate others for their success.” Greene continued. Bottom line is: no one is a one-seer loser. If you do not ac-

knowledge someone’s success, you can never truly be successful. Greene’s motto is “Keep it moving,” it is to watch out for “haters.” Greene warned that haters could be close to you; family, boyfriends or girlfriends. However, they usually show up when you’re at the peak of your success. “If you do have haters, you’re doing something right,” states Greene.

All in all, step away from your “toxic people,” even though you still can love them. Networking is very important for be-

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“Look to your left and right to congratulate others for their success.”

Chenoa Greene, Miss NJ
THE MONTCLARION

Word Search

Winter

Find all the words associated with the winter season.

winter snow December
sledging skating fireplace
ski snowman scarf
mittens cold earmuffs
shovel

Answers to Last Week

swon (3 wds.) tseniowlt murbella oehsvl (2 wds.) tohocolhteac

ANSWER: ______ (2 wds.)

(3 wds.)

ANSWER: Black Friday

What are we doing?

© 2023 KenKen Inc.
Burton Brings His Nightmare to the MOMA
Tim Burton’s Creative Work Comes to NYC

Richard Gladis

Top Ten Movies of the Decade

Part I of II: Movies 10-6

Richard Gladis
Arts & Entertainment Assistant

Chosen from a master list of over 150 movies, this top ten was crafted with these criteria in mind: the narrative, the intellect, the emotional impact, its relevance to its genre and the overall entertainment value. With a forward acknowledgment of the subjectivity of best of comprehensions and an admission that there are many great films of all kinds, we encourage you to check out these titles.

Zodiac (2007): There’s an ominous shape that lurks in the fog of misty San Francisco. Zodiac is less about a man than it is a vision in the form of a man. Haunting, dangerous and impenetrable, the specter of violence is always out of reach. Unlike other films about conspiracy, the clearer the complexion draws its characters in, the more intangible its manner becomes.

Zodiac is the only movie I’ve seen about a serial killer that is willing to examine the society’s twisted obsession with lunacy for what it is. The Zodiac killer was the subject of the short story collection The Most Dangerous Game, in which a wealthy people to his secluded island to hunt them. As compelling a story these murders make, the film decides to focus on these individuals who practically create and eventually run their own by striking the disparate and elusive clues the Zodiac left behind.

What makes Zodiac such a rewarding experience is precisely what makes it frustrating. The film revels in dissonance, only implying what its loose threads might bind. Robert Graysmith, (the theme Cylkirkall), whose obsess to know the identity of the murderer drives the film, wrote the book the movie is based on. His sincere crisis to know the truth is almost as haunting as the unsolved crime that committed the crimes.

The director takes time to il- lustrate that mystery long after the Zodiac murders stop, people still fixate on him beyond reason. The need to satisfy this un- thinkable curiosity is downright hollow.

The film makes an apparatus to really grasp the growth of the artist. The Tim Burton exhibit runs from Nov 22 to Apr 26, 2010. Admission, with student ID costs $12, which grants you admission to the exhibit, as well as access to the entire museum. It’s rec- ommended you purchase guaranteed timed tickets through the MOMA website to ensure instant access with no wait time. The Burton exhibit is a must see. Any fan of art, or simply a fan of Tim Burton will enjoy themselves. From familiar to unfamiliar, his work is sure to intrigue and in- spire those in attendance.

Sketches such as the one above have gone from paper to the big screen.

Wall-e (2008): Wall-e is one of the greatest animated films of all time. This unique child’s fantasy is also one of the few, real action figure movies made this decade. It’s a love story, a cautionary tale, practically a silent movie,Goldenly sentimental, grippingly emotional, beautiful to look at, heavenly satirical and extremely cute.

Perhaps its most mind-blowing achievement is its pitch perfect recreation of Chaplinesque phys- icality and wonderful screwball romances.

As you peel back the many intricate layers, you discover that at its heart, Wall-e is a very sim- ple story. The thematic premise is almost universal in nature. Its composition pulsates rhythmically, its motifs move effortlessly and then and the instrumentation... if there were any more were would be diminishing.

Wall-e is the story of a hope- lessly romantic robot left to clean an earth devastated by piles and piles of garbage. His every days are filled by the com- pany of his single companion, a scrap. As he wanders the wasteland, constantly piling all the garbage he can crush, he discovers a single plant in the desola-

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When it comes to cult classics, few have as much of a fanatic following as Kevin Smith’s breakthrough hit, *Clerks*. Released on Oct. 19, 1994, *Clerks* was Smith’s first full-length feature, which skyrocketed his career by leaps and bounds. Clerks was filmed almost completely in Leonardo, N.J., not far from Smith’s home town of Red Bank, with a budget of roughly $27,000 and financed mostly by maxed-out credit cards, money from his parents, and even an insurance settlement from Smith’s car, which was destroyed in a flood. Smith came out on top, considering the total domestic gross for the film is $3,151,130, according to distributor Miramax. The film also marks the beginning of Smith’s saga of returning characters, Jay and Silent Bob, where Smith, himself, plays Silent Bob.

The film opens with Dante, a convenience store clerk at the local Quick Stop, being rudely awakened by his boss asking him to come in to work on his day off. A montage then plays, showing him preparing for the day and also foreshadowing just how bad his day will be. As he goes to open the shutters, he notices that someone has jammed gum in the locks. He goes inside as a customer buys coffee, yet the customer turns out to be a representative of a gum company who tries to convince Dante that he is a “death merchant.” It also does not help that Randal, Dante’s best friend who works at the video store next to the Quick Stop, is almost an hour late opening the store and customers keep coming up to Dante and harassing him about it. The sketchy drug dealers, Jay and Silent Bob, show up on the scene to hassle the customers and steal the occasional Twinkie. And the worst part is, he is not even supposed to be at work today. Do not underestimate how bad his situation becomes over the course of the film and how weird the situations can be. The love of his life is engaged to an Asian design major, his rooftop hockey game is halted when their only ball flies off into a drain and Randal accidentally sells cigarettes to a four year old, resulting in a $500 fine for Dante. The best part is that most people who grew up in New Jersey can appreciate the everyday antics of hanging out at the local convenience store and working for a little bit of money to spend.

The visual style, to be honest, is extremely plain. The very basic style causes you to focus more on the sarcastic and extremely messed up dialog. This movie is not for people who are easily offended — Clerks definitely spares no expense while attempting to make everyone cringe. Smith’s writing is strangely intelligent and witty, while maintaining its subject matter’s shock value. The beginning of each scene is titled with a word or phrase that sums up the basic idea of the scene. *Clerks* is a fun and addictive indie comedy that will have you quoting with your friends forever, guaranteed.

Disagree with anything I have said? Have anything to add? Any requests for movies you want me to mention or review? Send an email to msuarts@gmail.com with “Jon Reino” in the subject heading, speak and you will be heard.
Next semester the Arts and Entertainment Section is looking to have a “Photo of the Week” in each issue. Send in your pictures to MSUARTS@GMAIL.COM.
The spring semester is right around the corner. Build up your résumé and portfolio! Submit review and articles relating to the arts!

If you are interested in covering a show, please contact Emily Golloub at MSUARTS@GMAIL.COM
We’ve got the perfect vehicle to accelerate your degree program.

Earn up to 4 credits in 4 weeks during Winter Session at Montclair State University.

Winter Session at Montclair State can keep you on the road to graduation or put you in the fast lane toward your degree goals. You can earn up to 4 credits in just 4 weeks in a variety of courses, offered either fully online or in a hybrid (online and in person) format. It’s the perfect time to get ahead — or to stay on track for graduation.

View our winter course schedule online today. Registration for current Montclair State students begins November 9, and registration for visiting students begins November 18. All registration closes on December 15. Classes run from December 21, 2009 through January 15, 2010.

Interested in Summer Sessions? You’ll find our summer schedule posted online in December at montclair.edu/summer.

Visit us at www.montclair.edu/winter or contact us via e-mail at winter@mail.montclair.edu
**OPINION**

**Why Vote? The SGA Can Decide For You!**

By Lou Cunningham | The Montclarion

No matter what you were aware of, the ongoing Student Government Association saga with the IRS has been a screaming bald.

For over a year, our SGA has been involved in serious legal proceedings with the IRS, involving millions of dollars in corporate taxes. The ordeal began last fall when former SGA President Ron Preciado said that the SGA would make every attempt to get the word out on the vote. Out of the 12,439 students eligible to vote, 4,320 students voted. This was the worst voter turnout.

But, let’s face it. A majority of students to participate in their decision. The slogan on the website, ‘Your campus, your money, your SGA!’

While there is no argument that Rusiniak and his friends were qualified and, really, worthy of gratitude and honor, it is this kind of heroism that should be celebrated and not penalized. A group of heroes were disavowed for doing the right thing. Had they not been there at the time, both people would have died.

But, we’d like to think that at least the Student Government Association wants to get the illusion of democracy and student participation.

Rusiniak’s actions were totally selfless and the consequences of his ‘crime’ were dropped. When threatened with the possibility of additional trespassing charges, however, Rusiniak pleaded guilty and these fines were dropped.

While none of the charges, thankfully, stuck against the three, the sheer amount and fact that comes from appearing in court is punishment enough for someone who deserves praise.

The Montclarion commends Michael Rusiniak and his friends for risking their own lives to save another.

This wasn’t a problem, except for the fact that the group has over a million dollars of our money at their disposal. The decision of what to do with your money is in the hands of very few people. Not to mention, a majority of student funds on campus are financially dependent on the SGA.

When students do have the chance to vote on something that could determine the future of the SGA, the democratic rituals are quickly gotten out of the way and the real decisions are made with lawyers behind closed doors.

But, let’s face it. A majority of people on campus view the SGA as a joke. It’s seen as a hyped-up club made up over ever-achieving, self-serving community from high school student governments.

For an issue that directly involved the students and had the potential of recreating the SGA, it was kept pretty quiet.

Had students voted ‘Yes’ on the amendment, it would have been overturned and the SGA would carry on just as extensively as before.

Had students voted ‘No’, the SGA would have been disbanded and the money would have gone towards recreating the organization. New rules and contracts would have been instituted. It would also have given the administration the opportunity to have a written contract with the SGA, as opposed to the verbal one that has existed for decades.

But the importance of this vote was largely kept from students. Had enough voted ‘No’, it would have meant changing the established system. The vote gave students the biggest chance they had in decades to recoup their student government.

Instead of making more attempts to get student votes, the SGA used a

**By RA**

A hero is a man who does what he can.” This quote by French novelist Romain Rolland is the type of mentality that Michael Rusiniak, a junior at Montclair State, and his friends had when they saved a person drowning in a pond at Wawayanda State Park in West Milford.

While this sounds like a fool worthy of gratitude and honor, it was instead greeted with a sum-
maneous by police.

Rusiniak, an Eagle Scout, and his friends were fined for swimming in the pond, which goes against the park’s rules. A $37 fine was issued to the three men and a date in court was to follow.

As an Eagle Scout, Rusiniak was required to obtain merit badge,
one of which is Emergency Preparedness. According to the official Boy Scouts of America website, the requirement for the badge is to “Show how you could safely save a person from the following” with the last option reading “Drowning, non-swimming rescue.” Rusiniak was qualified and, really, obligated to save a man’s life and did just that. While there is no argument against the rules of the park in regards to their pond, it is irresponsible and immoral to punish the good intent in order to protect the water to save the life of another.

Rusiniak and his friends were guilty of swimming in the lake in the literal sense, but though their courageous actions count as an exception to the rule.

If someone is having a heart attack in a locked house, would you charge a civilian with breaking and entering, even if it saved the person’s life? Rusiniak, in a bold and brave act, skipped not guilty to the charges on a matter of principle.

In the heat of the moment, Rusiniak did not care about the rules and, in doing so, did the right thing.

When threatened with the possibility of additional trespassing charges, however, Rusiniak pleaded guilty and these fines were dropped.

A group of heroes were discouraged for doing the right thing. Had they not been there at the time, both people would have died.

While none of the charges, thankfully, stuck against the three, the sheer amount and fact that comes from appearing in court is punishment enough for someone who deserves praise.

The Montclarion commends Michael Rusiniak and his friends for risking their own lives for a stranger.

Their actions were totally selfless. And, the consequences of the alleged swimming violation resulted in the saving of a life.

It is this kind of heroism that comes from appearing in court is punishment enough for someone who deserves praise.

The Montclarion commends Michael Rusiniak and his friends for risking their own lives for a stranger.

Their actions were totally selfless. And, the consequences of the alleged swimming violation resulted in the saving of a life.

It is this kind of heroism that comes from appearing in court is punishment enough for someone who deserves praise.

**Be Prepared ... To Get Arrested**

By Lou Cunningham | The Montclarion

This wouldn’t be a problem, except for the fact that the group has over a million dollars of our money at their disposal. The decision of what to do with your money is in the hands of very few people. Not to mention, a majority of student funds on campus are financially dependent on the SGA.

When students do have the chance to vote on something that could determine the future of the SGA, the democratic rituals are quickly gotten out of the way and the real decisions are made with lawyers behind closed doors.

But, we’d like to think that at least the Student Government Association wants to get the illusion of democracy and student participation.
E
ever see an ad around campus saying, “Are You Scared? Need Help?” It’s all about abortion. Abortion is still a hot topic, and being a college student is a choice for many. I have recently been outraged at the amount of Crisis Pregnancy Centers (CPC) that exist on or near many universities such as Montclair State. The clinics, also known as “Pregnancy Resource Centers,” are not only a haven for young women who may be confusing their contraception, but abortion is not an option. They do not provide any information on types of contraception that can be used, nor twists and turns all the troubles. Instead, they believe that a young person must abstain from sex. CPCs are really misleading organizations. When I first heard about their fraud, I could not believe that they would say that to get their advice from certified doctors and be more aware of these fake clinics and choose an organization, you must practice abstinence and if they do conceive, then abortion is not an option. In fact, CPC does not discuss abortion as an option. Then, instead of informing the young people the dangers of abortion, the staff members that are at these clinics are not certified medical doctors, nurses or counselors, but individuals who lecture young people. They provide false information if they get an abortion, which can cause problems that are more serious than abortion. If someone does not want to have a child, it is their own personal choice, and should be respected. When I watched a video about this on YouTube, I was appalled and disappointed at how they were treating all these young women into keeping their babies.
Mailbag Policy

The Montclarion • December 3, 2009

Calica Hall: What’s Wrong with This Picture?

The Neglected Art Building and Facilities Can’t Be Ignored Any Longer

LUCY ROBINSON
COLUMNIST

Our campus has many beautiful buildings, many of which have lovely landscaping around them to capture the attention of those who pass by. One building that does not seem to fit into this picture is the decrepit and dilapidated Calcia Hall. Calcia Hall is home to 800 art and design students, 50 full-time faculty, many adjuncts and other staff. Although “home” is meant to be a familiar and warm place where those who work and learn feel safe, I find the opposite true for Calcia Hall.

I had an interesting conversation with an art professor recently that enlightened me. I explained to him that I was not talking about the graffiti, but demonstrate that the school stands by its artistic wares. After interviewing various faculty members about the messes inside Calcia Hall, I had a meeting with Assoc. Dean of the School of the Arts Ronald Sharpe, and Dean of Students Russ Mary Howell. When I entered the meeting with high hopes for positive changes and open minds, I left disappointed because the walls in the building were painted to remove the graffiti, but students’ artwork was covered and has not been recovered.

The response I received from Dean Sharp was extremely disappointing and honestly, offensive. “You guys (students in Calcia Hall) are just a pain... No one is going to have sympathy for you because you just built the music building and also recently built the Kasser Theater.” I explained to him that I was not talking about the entire art building, I was referring to the building at Calcia Hall.

We want, but more importantly, we need change. If you agree, I urge you to speak up. The Montclarion from now on will come together before it has faced challenges and inertia. The needed change will benefit not only the art and design community. We may have to accept the fact that sometimes we must walk on the snowy road of the 21st century in order to learn how to move on from the 20th century’s discoveries. The Montclarion education is one of high quality. Lucy Robinson, a filmmaking major, is in her second year as a staff writer for the Montclarion.
Why are they selling Whiffleball bats in the bookstore? I seriously don’t care that you found a lonely cow on your farm. Good thing I have all these swipes left. Cookies for everyone! Don’t make me go all Mrs. Tiger Woods on you ...

CA-CAW! Why are they selling Whiffleball bats in the bookstore?

I really miss Laura Lentin, just sayin’. I seriously don’t care that you found a lonely cow on your farm.

JEFF DUNHAM PUPPETS!!! Good thing I have all these swipes left. Cookies for everyone!

Seriously, why does he have his own show? Don’t make me go all Mrs. Tiger Woods on you ...

Hey Buddy, you wanna pick some snow berries? Insomnia is my friend.

Happy Birthday, Lauren Corrente.

Hey, guess what … You can sell books back already?

Ok, get naked. I’ll wait.

Finals = Evil

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The Montclarion • December 3, 2009

Head Football Coach Rich Giancola won NJAC Coach of the Year for the ninth time in his career after leading the Red Hawks to a conference title and playoff victory since 2003.

If you asked him, however, he wouldn't say a moral victory and a game against a strong program is no moral victory. We lost. Bottom line is you either win or lose.

But for a team that was picked to finish third in the conference at the beginning of the season, some might say a moral victory and a game against a strong program is no moral victory. Giancola and the Raiders buckled down defensively. Mount Union would follow the MSU score with another Short rushing touchdown to make it a 35-14 lead before the half.

Montclair State’s defense would shut down the Red Hawks for their next three drives, keeping the score at 35-14 for most of the third quarter. However, the offense was dealt a tough blow, when Fischer would be knocked out of the game halfway through the period.

From that point on, things went downhill fast for the Red Hawks, as backup quarterback Ryan Beyen would throw an interception on the ninth play, and Montclair State would turn that into yet another short touchdown to make it a 41-14 score.

From there, turnovers were the story, as the Raiders would convert three Montclair State giveaways into three more touchdowns, capping off the scoring at 42-14: the worst loss in Montclair State’s playoff history.

“Those defenses had some holes and we had some success moving the ball on them,” senior running back Jeff Bliss said. “As the game went on, we think that just ran out of steam. That team was probably the best football team I have ever played against, as you can’t really take anything away from them.”

“That was definitely a tough one to swallow for our team,” senior linebacker Brian Tweer said. “The way that we lost and the way the game went really left us with a sour taste in our mouths.”

The tough loss overshadowed the great season the Red Hawks had as a whole. The team came a long way from their season opening loss at Wilkes and defied many people’s expectations by sweeping through the NJAC and winning their first conference championship, as well as their first NCAA playoff game, since 2003.

“Tweer. “Starting 0-1 and losing badly to Wilkes week one, we really turned the season around and finished higher than most people had expected.”

Despite the tough ending, this season’s team was arguably the best MSU team this decade. The Red Hawks will look to continue this year’s success next season as they look to defend their NJAC title.

Coach Led Football to First NJAC Title and Playoff Victory Since 2003

Head Football Coach Rich Giancola won NJAC Coach of the Year for the ninth time in his career after leading the Red Hawks to a conference title and a second-round game in the NCAA Tournament.

If you asked him, however, he wouldn’t even mention the award or anything that comes along with it.

“I’d prefer to focus on the kids,” said Giancola on Tuesday.

“It was an exciting year that had a lot of twists and turns. The beginning didn’t start out well, but we kind of pulled ourselves together.”

After a season-opening loss to Wilkes, MSU won nine games in a row to win the conference title and secure a spot in the NCAA Tournament. In that span, the team averaged just over 28 points per game and gave up about 12.5 points per game along the way, earning NJAC Offensive, Defensive and Special Teams Players of the Week and even a Division III all-conference team of the week honor. Fifteen players were chosen as All-Conference as well and that is something Giancola is proud of.

“That is the mark of this team, resilience,” said Giancola. “We aren’t blessed with a lot of superstar, but the team had good chemistry and a good make up with what we had was kind of magical.”

Giancola is no stranger to success in his 27th season as head coach of MSU. Along with his nine NJAC COTY awards, he holds a 19-87-2 record all time and is 121-46 in the NJAC. He has reached the NCAA’s eight times and has won the conference now for his ninth time. In total, he has spent 35 years on the sideline and is as good as an assistant. In all those years, Giancola has preached excellence.

“There have been spans of time where we were consistently winning conference championships, and times where we haven’t,” said Giancola, who won four NJAC titles from 1993-2003. “We preach to the kids to win the NJAC and get into the playoffs and we have for we can take that.”

This season, it took them to the second round, after defeating Maritime Mariners in the first round, 22-12, MSU’s first NCAA Tournament game since 2003. However, the season came to an end in the next round as MSU lost to defending champion and D-3 powerhouse Mount Union 62-14. No matter the outcome, Giancola always expects a win for MSU at the end.

“It doesn’t matter that it was Mt. Union or an underdog,” Giancola said. “We try not to let the loss ruin every season as they look to defend their NJAC title.

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Football’s Season Ends at Mount Union

Red Hawks Suffer Worst Loss of the Year Against Nation’s Top Team

Sophomore Dan Keegan grabs a pass for a touchdown (left) and Matt Jimenez runs to avoid a Raider defender (right) in MSU’s loss to Mount Union on Saturday.

Coach Wins NJAC Coach of the Year

Coach Led Football to First NJAC Title and Playoff Victory Since 2003

MONTCLAIR STATE UNIVERSITY FOOTBALL HEAD COACH

RICK GIANCOLA

27 YEARS OF COACHING AT MSU

Overall Record: 191-87-2 (165)

NJAC Record: 121-40 (725)

Nine NJAC Championships

Eight NCAA Division III Playoff Births

Three ECAC Championships

Photo courtesy of Jerry Goldman, graphic by Keira Bohn

Jake Del Mauro Assistant Sports Editor

Montclair State University Football Head Coach

THE MOUNTCLAIRION - DECEMBER 3, 2009

The Red Hawks ran at a Division III National Championship ended in Alliance, Ohio, on Saturday, as they fell to the top-seeded team in the country, Mount Union, by a score of 62-14. Saturday’s matchup was clearly tilted towards the home team, who has appeared in every Division III championship this decade, with the exception of 2004, and has won ten of the last 16 championships in total. In contrast, the Red Hawks close claim to a national championship was a win in the now defunct Kenko Banke Bowl in 1970, before a Division III football championship existed.

It seemed as though everthing the Mount Union Raiders did on Saturday was perfect, as they thoroughly dominated the Red Hawks in every aspect of the game. The Raiders amassed an incredible 597 yards of total offense on the day and had just one turnover, compared to 210 yards of offense and eight turnovers for the Red Hawks.

Mount Union’s defense was exploited, with 62 points allowed, the most ever in a single game in MSU football history; the previous high was 69 versus Kutztown State in 1951. The Red Hawks fell in a hole early, as the Raiders converted their first three possessions of the game into touchdowns, with two touchdown passes from senior quarterback Kurt Reocin and the third score from a touchdown run by senior Cecil Shorts. Those three put Mount Union up 21-0 just 13 minutes into the game.

Montclair State would answer at the end of the first quarter with a 75-yard bomb from sophomore quarterback Tom Fischer to sophomore Dan Keegan that kept the Red Hawks in the game for the time being at 21-7. However, the Raiders would strike back with a two-yard rushing touchdown from senior Terrance Moving to make it 28-7. Montclair State would cut the lead the final time the Red Hawks would score. The Raiders buckled down defensively. Mount Union would follow the MSU score with another Short rushing touchdown to make it a 35-14 lead before the half.

Montclair State’s defense would shut down the Red Hawks for their next three drives, keeping the score at 35-14 for most of the third quarter. However, the offense was dealt a tough blow, when Fischer would be knocked out of the game halfway through the period.

From that point on, things went down fast for the Red Hawks, as backup quarterback Ryan Beyen would throw an interception on the ninth play, and Montclair State would turn that into yet another short touchdown to make it a 41-14 score. From there, turnovers were the story, as the Raiders would convert three Montclair State giveaways into three more touchdowns, capping off the scoring at 42-14: the worst loss in Montclair State’s playoff history.

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“That was definitely a tough one to swallow for our team,” senior linebacker Brian Tweer said. “The way that we lost and the way the game went really left us with a sour taste in our mouths.”

The tough loss overshadowed the great season the Red Hawks had as a whole. The team came a long way from their season opening loss at Wilkes and defied many people’s expectations by sweeping through the NJAC and winning their first conference championship, as well as their first NCAA playoff game, since 2003.

“We try not to let the loss ruin every season as we did accomplish during the year,” said Tweer. “Starting 0-1 and losing badly to Wilkes week one, we really turned the season around and finished higher than most people had expected.”

Despite the tough ending, this season’s team was arguably the best MSU team this decade. The Red Hawks will look to continue this year’s success next season as they look to defend their NJAC title.

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The number of seasons head coach Rick Giancola has coached MSU Football so far.

Mike’s Picks (Assistant Sports Editor)
Jets over Bills
Colts over Titans
Texas over Jaguars
Bears over Chiefs
Steelers over Raiders
Saints over Redskins
Bengals over Lions
Rams over Bears
Panthers over Bears
49ers over Seahawks
Vikings over Cardinals
Patriots over Dolphins
Packers over Ravens

Nelson’s Picks (Sports Editor)
Jets over Bills
Falcons over Eagles
Bucks over Panthers
Bears over Rams
Bengals over Lions
Titans over Colts
Upset Pick: Texans over Jaguars
Broncos over Chiefs
Pats over Dolphins
Steelers over Raiders
Saints over Redskins
Chargers over Browns
Giants over Cowboys
49ers over Seahawks
Vikings over Cardinals
Ravens over Packers

Jake’s Picks (Assistant Sports Editor)
Jets over Bills
Eagles over Falcons
Panthers over Bears
Rams over Bears
Bengals over Lions
Pats over Dolphins
Steelers over Raiders
Saints over Redskins
Chargers over Browns
Giants over Cowboys
49ers over Seahawks
Vikings over Cardinals
Packers over Ravens

Who’s Hot This Week

Tom Bonard
Guard — Men’s Basketball
The junior lead the team with 15 points and was one of four Red Hawks in double figures in MSU’s big win over Berkeley 80-39.

Kisandra Ayanbeku
Forward — Women’s Basketball
Ayanbeku put up 16 points and grabbed eight boards in the Red Hawks victory 66-54 over Stevens.

Game of the Week

Ice Hockey
Dec. 5, 9:10 p.m.
vs. WPU
MSU looks to have a packed Floyd Hall rocking as they take on their rivals in a SECHL square-off.

Courtesy of Liz Collins

Swimming & Diving
This Week
12/4-6 @ ECAC Championship (Diving Only) TBA
12/5 Drew
12/8 Seton Hall
This Week
12/5 vs. WPU
12/7 vs. Manhattanville
12/9 vs. Baruch
This Week
12/5 vs. Kean
12/7 vs. Manhattanville
12/9 vs. Baruch

Men’s Basketball
This Week
12/5 vs. Kean
12/8 vs. Ramapo
This Week
12/5 vs. Kean
12/7 vs. Manhattanville
12/9 vs. Baruch
This Week
12/5 vs. WPU
12/8 vs. Ramapo

Women’s Basketball
This Week
12/5 vs. Kean
12/7 vs. Manhattanville
12/9 vs. Baruch
This Week
12/5 vs. WPU
12/8 vs. Ramapo

SECHL
Siena
MSU
WPU
Marist
New Hampshire
CCSU
NYU
Holy Cross

ICE HOCKEY

This Week
12/5 vs. WPU
12/7 vs. Manhattanville
12/9 vs. Baruch
This Week
12/5 vs. WPU
12/7 vs. Manhattanville
12/9 vs. Baruch

Swimming & Diving

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It was pick-your-poison all night for Berkeley College as they stepped onto the hardwood at Montclair State only to be the victims of an 80-38 thrashing by the Red Hawks, which started the season 3-2.

The Hawks played nearly flawlessly for the entire 40 minutes with their suffocating defense, which allowed for easy shots on the offensive end. No matter who was on the floor for MSU, the communication amongst the players and active rotations made it seem as if they were playing together for a lot longer than four years.

The defensive side of the ball is where the Red Hawks stamped their mark on the chests of the Berkeley Bulldogs, both literally and figuratively.

Their main defense consisted of active rotations amongst every player on the court. The zone that MSU ran forced Berkeley into taking shots that the entire gym knew they did not want to take, shooting a measly 26 percent from the field, with Berkeley guard Jarrel Young scoring 18 of their 38 points, making seven out of 15 shots.

Senior forward Daniel McRae shut down the inside for MSU with his game-high four blocks to go along with eight rebounds. He also scored nine points on two-of-three shooting.

The Red Hawks were not shy, spreading the ball around to a plethora of players, as they shot 48 percent for the entire game. The offensive dominance was led by junior guard Tom Bonard, scoring a team-high 15 points initiated by a three-pointer within the first five seconds of the first half.

Senior guard Ken Dudley showed his generosity with the orange by dishing out eight assists. Bonard was one of four players to score in double figures, along with sophomores guard Ali Mix (10), junior guard Rodney Freeney (12) and junior center Sean Young (10).

Coach Ted Fiore commented on the evolution of their all-around attack. He said, “This is one of our deepest teams and you gear your game to your personnel. We have a lot of quick guys who can defend and we can get a lot of fast breaks out of our defense as well as guys who can shoot the ball.”

In the post-game when asked about any further improvements for the offense going to conference play, Coach Fiore stated, “We need to execute better on offense. It was tough tonight to get on our mark on our offense.”

As the competitive NJAC schedule draws nearer, the confident Red Hawks still find themselves without a go-to scorer for the more difficult games. For Bonus Video Coverage of MSU’s Win over Maritime, log on to www.themontclarion.org.

The next day against Case Western Reserve, the Red Hawks fell just short of pulling off a solid comeback in three tries. Losing by just two at halftime, Case Western jumped out in front early in the second half and were up by as much as 12, before the Red Hawks battled back. However, time would run out on Montclair, as they fell in 3-2.

The men return home on Dec. 5, where they begin conference play against Kean University, ranked second in the NJAC South Division.