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Pelican Police Report

1. On Sept. 12: A male student reported the theft of his unsecured wallet in Dinello Heights. This matter is under investigation.

2. On Sept. 12: Three suspicious males were reported by a resident in Whitman Hall. Police identified the three individuals as residents of the building.

3. On Sept. 13: A male student reported the theft of his unsecured backpack from the Recreation Center. This matter is under investigation.

4. On Sept. 13: A group of unknown individuals were reported swimming in the pool at the Village after hours. It was discovered that the pool had not been secured. The pool was secured and the individuals were gone on arrival. This matter is under investigation.

5. On Sept. 13: A male student reported the theft of his parking hangtag from his unsecured vehicle inside of the Red Hawk Parking garage. This matter is under investigation.

6. On Sept. 13: A staff member of Fire Safety reported being harassed by a known individual. The victim declined to pursue charges in this matter.

7. On Sept. 13: A female student reported the theft of her unattended iPad 2 in Car Parc Diem. This matter is under investigation.

8. On Sept. 17: Brian Cullen, 19, of Clementon, was arrested and charged with possession of marijuana while in Blanton Hall. He is scheduled to appear in Little Falls Municipal Court.

9. On Sept. 18: A homeless man trespassing on school property was escorted off campus after being discovered inside of Sprague Library. No charges were filed in this matter.

Anyone who has information regarding these incidents is urged to call the police station from any campus phone at T-I-P-S (8477). All calls are strictly confidential.

The Montclair is a freely distributed newspaper providing one copy per person. Additional copies are $0.25.

The Montclarion willingly corrects its factual errors. If you think we’ve made a mistake in a story, please call Editor-in-Chief Lori at ext. 5230.

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A group on campus is working to re-evaluate and optimize the University’s current business processes. Such processes that were not evaluated are budget and planning, finance, human resources and many more.

The project coined as “OneMontclair,” is being worked on by a team taken from many different departments across campus. Students are working on this project as well.

One of the goals of OneMontclair is to build a smarter approach to the way MSU does business with everyone in the campus community.

The goal of OneMontclair is to make the daily experiences and interactions for new and returning students and their families much more streamlined and friendly. This means simplifying and creating more customer-focused processes, making key information such as course schedules, testing and placement or faculty assignments more easily accessible and usable.

Although the project is being run by such a large group, the main proponents of the group include John Shanahan, Vice President of University Advancement and Team Chair; Edward Chad, Vice President of Information Technology and Team Vice-Chair; and Sam Bakane, Project Executive Director.

“It’s not often that a large organization like this gets such an opportunity to examine its inner workings and have a structure in place to actually do something about it,” said Paula Malandi, Co-Chair, OneMontclair Program Executive. “The organization is as big and complex as MSU, so it is able to engage its services in the process from beginning to end.”

The initial areas being affected by OneMontclair are the finance, budgeting and planning, student and emergency services and human resources.

“One must be established and citizens in their outstanding operations, additional areas of opportunity that have been identified and receive research reporting and analytics and university advancement,” said Malandi.

A memorial was placed on campus to commemorate the victims of the fire.

Specifying broadly, process improvements and new capabilities that are made possible by enabling technologies are the key deliverables for each of these areas.

And it is a good thing that these systems are being updated now; according to Malandi, the systems that are being updated have not been changed since the 1960’s.

The OneMontclair team is very excited about the changes that they will be bringing to campus.

“This is an amazing opportunity where we can improve the way we do business,” said Malandi.

“For those who have the chance to participate in this endeavor, it will be a highly rewarding experience.”

A memorial was placed on campus to commemorate the victims of the fire.
Zipcars Available to Students and Staff
Faculty and students able to rent cars already stationed across campus

For many students, not having a car on campus can be a blessing and a curse. Although they may not have to deal with parking issues and fees, they do have to deal with limited access to off campus destinations and resources. However, Montclair State University will now provide those students with a better option: Zipcars!

Many universities around the nation have adopted Zipcars as an option for students who cannot afford or can not have a car on campus. “Zipcar for Universities” is a car-sharing service that allows students, faculty and staff (18 and older) to rent a car for up to four days for a fee.

In a campus wide e-mail sent by parking services, students are encouraged to become members and are even given a promotion-al code to use a $40 dollar credit that will allow them to try the service before truly committing to the idea.

“Students who do not own a vehicle or who do not have their car on campus will be able to utilize the Zipcars to run errands, shop, etc. at any time of the day. We believe this service will be of great benefit to the student community,” said Tim Carey, Associate Vice President of Facilities Services.

Carey also explained that there are already four Zipcars on campus that are ready for use. Two are located in Lot 21 (near Machuga Heights) and two in the NJ Transit Parking Deck on Clove Road.

The car models include Ford and Toyota Hybrids and come complete with car insurance and gas coverage so members don’t have to worry about any extra costs or consequences that come with owning a car.

Students like senior Rachel Yanosh, who did not have the option of renting a Zipcar when she was a freshman, still believes that despite her title as a “car owner,” this will be a great alternative for people without cars.

“It’s a good way to give freedom to students who don’t have any other means of transportation and don’t want to take a chance with the unreliable shuttle system. Sure, there’s always a risk factor with students renting a car, but that shouldn’t take away from the benefits,” she said.

To learn more or become a Zipcar member, visit: http://www.zipcar.com/montclair
Heights

(continued from Page 1)

Dunkin' Donuts will be sampling iced coffee, hot coffee and Munchkins in the Bohn/Blanton Quad on:

Wednesday, Oct. 3
Thursday, Oct. 4
Friday, Oct. 5

Monday, Oct. 8

No matter how luxurious the Heights may be, residents are still constantly worried about these luxuries being taken from them due to damages. Just two weeks into the new semester, the second floor elevator button in Machuga had to be replaced because it went missing.

Students are reminded to speak up about vandalism to stop it from happening.

Although, at times, these damages make it hard to think of the Heights as "luxurious," students still have to see what they were truly given.

This huge residence hall complex, with equally beautiful rooms and lounges, houses a great amount of students. When students hear the luxurious title that the Heights was given, maybe this will help them remember what a great place they have to live – and reduce the number of damages.

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Multiple sclerosis interrupts the flow of information between the brain and the body, and stops people from moving. With the help of people like you, the National MS Society addresses the challenges of each person whose life is affected by MS and helps them stay connected to the great big moving world.

JOIN THE MOVEMENT
jointhemovement.org

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Rec Center Hosts 3rd Annual Sports Kick-Off

The nominees are in!
Check your MSU e-mail for the link to vote for who you would like to see perform this year at MSU:

- All American Rejects w/ Boys Like Girls
- B.O.B.
- Big Sean
- Flo Rida
- Frank Ocean
- Fun.
- Gym Class Heroes
- Jay Sean
- Mac Miller
- Meek Mill
- Owl City
- Plain White T's
- Taking Back Sunday
- Yellowcard
- Young Jeezy

Voting ends Sept. 21 at 9 p.m. Brought to you by SGA and SLAM.

Students participated in many activities to kick off intramural sports.

Levon Syers
Contributing Writer

Montclair State University’s Campus Recreation Center along with its Intramural Sports group held their 3rd annual “kickoff” today: an outside event held in order to promote their upcoming Fall intramural sports leagues, while simultaneously providing a place for like-minded students to come together and socialize.

Students had the opportunity to sample the sports that will be featured this fall, which included volleyball, extreme dodge ball, soccer and corn hole. There was also free food, raffles for prizes — such as an Xbox 360 with a copy of the video game “Madden 2013” — and a disk jockey playing songs such as the “Fresh Prince of Bel Air” theme featuring Will Smith at such a high volume it left me partially deaf for the next 12 hours.

Coupled with the magnificent weather Montclair had Tuesday, the result was a scene wrought with the activity of curious bystanders and active participants. It proved to be a triumphant return after losing some of their possible participants last year to the grand opening ceremony of The Heights.

The Fall 2012 intramural season at the Recreation Center features several sports during the semester, including: *spring* football (flag football), dodge ball, street hockey, volleyball, table tennis, handball, racquetball and outdoor soccer.

There are several weekend tournaments, most of which are free, that the Recreation Center hosts as well, such as corn hole, street hockey, wiffle ball and basketball (basketball requires a small fee). During last year’s Fall semester, changes were made in scheduling intramural sports after a few discrepancies were noted in prior seasons.

Matt Vecchi, Area Supervisor of Intramural Sport explained the situation: “We used to schedule intramural sports only during the weekdays, but people were not participating as much. I remember my sophomore year sitting around an empty table during the weekends for some sports.”

Vecchi continued, “Last year we changed the schedule so that all intramural sports were going on during the week.”

The change in scheduling undoubtedly resulted in a higher number of participants. There was more work to be done, however.

This year, the Recreation Center took a new approach to their intramural seasons by utilizing “IM Leagues,” enabling staff to track statistics, organize teams, set up sports leagues, schedule games and send mass notifications. Students now have the ability to create their own intramural sport profiles and teams, as well as the ability to track their individual and group statistics cumulatively. Think of it as “Facebook” for intramural club sports leagues.

Since the Recreation Center’s opening in March 2008, intramural sports have played a significant role in their overarching mission statement, which is to expose students to a positive and productive college lifestyle.

Unfortunately, the positive impact that intramural sports has on student life isn’t easily recognized throughout both public and academic circles.

In an article from the Journal of Student Affairs Research and Practice, entitled “The Social Benefits of Intramural Sports,” Lori Artinger et. al (all) conclude in a field study they conducted at Brock University with this notion: “While intramural sports are one of the most popular co-curricular activities for many students on college campuses, and one of the most beneficial social outlets for students, it is not publicly recognized as such.”

Despite the oversight on the positive effects intramural sports have for students outside of the University’s walls, participation from students in extra curricular activities has continually increased at Montclair State University’s Campus Recreation Center since it has been established; a positive sign for the future to come.

So, what are you waiting for? There is still plenty of time to register for most intramural sports events this fall! If you are a new student who doesn’t have a whole group of friends to form a sport group with, don’t worry. Students can sign up as free agents and then be matched with existing teams.

For more information, you can visit the MSU Campus Recreation Center’s website at: www.montclair.edu/campusrec or call the Rec Center’s front office at 973-655-3341.
Some may call it the jean phenomenon, but I call it “jean-ius.” A jean vest, jean jacket or jean shirt is a casual way to break into fall fashion on campus. The jean trend is casual enough for class, still functional for the fall season, as the material can keep you warm as the temperatures begin to cool down. Be careful not to overload. Too much jean material can be too dense. Pair the trend with a floral-patterned skirt or autumn-colored pants in maroon, a mustard yellow or hunter green. Follow for your daily dose of fashion. @MSU_fashion.
Generally speaking, we females are notorious for lustfully looking at clothes or something overly expensive, splurging on it with what little we have from our paycheck and wondering why we’re left high and dry for another two weeks. Saving money can be hard, especially if your money is directly deposited, or given in mostly tips. From the savvy writers at Cosmo and other bits of real life advice, here are some fun ways to save money and continue living a fabulous life.

1. Share with friends/siblings
As one of three girls, all blessed to be relatively the same size, my wardrobe has the possibility to be tripled on a daily basis and I take advantage of that fact quite frequently. However, not everybody can have the luxury of living at home with their siblings. If you’ve established a great relationship with your roommate, see if they’ll let you borrow pieces from their wardrobe. Remind them of pieces they haven’t worn in a while. Chances are they either forgot about it, or they hate it so much now that you can keep it.

2. Decorate for free
Freecycle.org is the perfect place to find free furniture and room decorations. Also, look into Montclair’s Bulky Waste Garbage Night, where it is common practice for people to pick up perfectly good used items (and sometimes new) from the curb and turn it into their perfect treasure. Friends who are graphic designers or artists of any kind can also help decorate your room on a budget or help with some of the decorating themselves!

3. Limit your date nights
Since my best friend and I are working off an equally small budget, we limit ourselves to one night a week to go out and spend money. Granted, for the socialite, this may seem like a death sentence, but there are plenty of alternative ways to have fun and get out of your dorm without having to spend all your savings.

4. Use thrift stores
Though gaining in popularity by a growing number of eco-friendly people and hipsters, thrift stores still don’t get as much business as they should. Goodwill, local stores and even Marshalls or T.J. Maxx can be a cheaper alternative to a dress you could spend your entire paycheck on at Macy’s.

5. Treat yourself, and your clothes, nicely
By keeping the abuse that you and your possessions experience to a minimum, you’ll be amazed how much less you need to buy and how much less you’ll visit the doctor or drug store. Always read washing instructions on your clothes. Check Google to see how to preserve their life. In addition, make sure to get enough sleep, eat healthy and take vitamins.

6. Use the library
Even though three of your best friends recommend a book, it doesn’t necessarily mean that you’re going to be in love with the same cliché love story. The library offers you the freedom to rent – completely free – books, DVDs, CDs, magazines, video games, and in some cases, even e-readers. Using that option will save you hundreds on things you may find out later were terrible in the first place.

7. Save, Save, Save
I put away a minimum of $40 out of each paycheck into a savings account I leave strictly for school. Granted, there are weeks I’ll have to say no to the extra night out at the Cheesecake Factory, but the money I’ve saved – and the unneeded expenses – have paid off in the long run. Start small, save $20 and gradually work your way up as you become a more thrifty spender.

Don’t end up carrying around your debt because you splurged too much!

Jessica Czarnogursky
Feature Editor

WRITERS NEEDED!
Write for
The Montclarion’s Feature Section!

Contact msufeature@gmail.com
for information and details
If I have learned anything from living in a generation of technological advances, it's that courtship will never be the same. I remember, with a degree of fondness, a time when dating was simple. You would know if a guy was interested if he asked you out on a date, plain and simple.

Now, flirtation is a game of cat and mouse, or rather, a game of snake. Our phones are now a conduit to bertweening relationships and traditional dating has fallen to the wayside.

The traditional structure of dat- ing is flipped upside down and turned inside out. More than likely, a relationship begins before any formalized dat- ing.

Relationships have always stemmed from lust, that innate attrac- tion to another person that takes hold of us in all of its chaotic instability. But rather than asking out another person because you think they are attractive, we take the more direct route, the physical.

Oddly, there are, before you formally begin to date someone, and by formal I mean that cliché official Facebook status of ‘you are sleeping with them,’ testing the waters, so to speak. Instead of waiting for the fourth date to take that step across the threshold to the bedroom, our generation starts at the grand finale.

And how about day-to-day tex- ting? Are you the first one to start a conversation? Do you wait for him to ask you to hang out? And then, aside from all of these other questions, you have to consider tone. Your text messages may be thought out, intelligent even. But you may interpret his text messages as works of philosophical thought when at the same time he is generating automated responses to a plethora of other lucky ladies.

Despite our tendency for overzeal- ous physical behavior, there is the problem of courtship texting. So you’re asleep with him. Does he text you? Do you text him? Does he do you wait to text him? If he texted you, how long do you wait to text him back? You don’t want to seem too eager, so you wait minutes, perhaps even hours to respond to something as simple and inane as “Hey, what’s up!”

I am reminded that court- ship has never been as simple as it was portrayed in It’s a Wonderful Life. I’m sure Mary didn’t question George’s intentions when he asked her, ‘What is it you want, Mary? You want the moon? Just say the word and I’ll throw a lasso around it and pull it down. Hey, that’s a pretty good idea.’ I’ll give you the moon, Mary.

Talk about serious court- ship. I fear we are destined to over analyze simplistic sentences until we are fatigued from this new form of relationship.
Letters from Home

USPS keeping military families and themselves afloat

Jessica Czarnogursky, Staff Writer

Dear John,

Those two words have come to identify a culture and a representation of what it means to receive or send letters and from the military, all thanks to the sappy romance of Nicholas Sparks’ book by the same title. Digging deeper passed that, the heart of the book (besides the obvious love story) is the letters, the hand-written, mailed letters that become the only sense of connection between two people.

For anyone who has ever had, or currently has, a friend or family member serving in the military, you know exactly what sides the obvious love story) is the letters, the hand-written, mailed letters that become the only sense of connection between two people.

Three weeks shy of her eighteenth birthday, my sister shipped out to join the toughest branch of the military, for a thirteen week stay in Parris Island, South Carolina: the United States Marine Corp. Along with their mantra of being the few and the proud, and having one of the toughest and most strict rounds of training of the major branches — Army, Navy, Coast Guard, Air Force — there are also rules instilled on those people affiliated with those recruits.

While the recruit may have chosen to join, those affiliated are drafted, taken along for that ride with similar heartaches and rough patches, right along with their loved one.

For the Marine Corps, the only sort of mail, or contact for that matter, a recruit can receive has to come via the United States Postal Service. First class and priority mail shipments are the only sort of connection between two opposite ends of a relationship. For a Marine family, thirteen weeks is a very long time to only have a hand-written connection.

In the cases of other branches, or even deployment, think of the fact that every country the United States military visits does not have our level of technological advancement, making snail mail and the postal service your only means of contact. Think of that: the next time FedEx drops a package at your dorm full of mom’s food and extra toiletries, a package that doesn’t have our level of technological advancement, and that wait anxiously everyday for mail already old and out of date, or those soldiers’ days in the desert, grasping at any form of hope to keep on. And with each day that passes and grows closer to graduation or the next assignment or leave, even when society moves in the opposite direction, those people still faithfully practice that hand-written sentiment with that 45 cent postage stamp since. Yet, sometimes life gets in the way and we forget that a hand-written sentiment with that 45 cent postage stamp can sometimes be all the difference to a soldier feeling as if all sense of hope and support have escaped him or her.

As a nation with so much emphasis on our freedom and those who fight to keep it intact, keeping our military encouraged and supported is crucial, perhaps now more than ever. Those of us old enough to remember writing to servicemen and women and thanking them for their service after 9/11 know that things have not gotten much easier since. Yet, sometimes life gets in the way and we forget that the letters that send news of the family, of world events — as in many cases, internet updates of our common knowledge aren’t so common to them — and constant encouragement and support, boot camp and serving the country in general would prove impossible and a sure place of depression and desperation.

Looking at statistics, the USPS total mail volume for 2010 was 171 billion parcels, versus 207.5 billion in 2001. According to the USPS website, “The decade ended with the appointment of Postmaster General Patrick R. Donahue, a dramatic recession-induced decline in mail volume and the very real need to adjust and right size every part of a national infrastructure that took decades to expand to its current size.” It’s safe to assume that perhaps one day in the future, the idea of almost everything having a post office will be a thing of our childhood, mainly due to the fact that no one has the need anymore.

Letters can overlap, information can be repeated or missed, and with a system with more room for human error, what’s the point? With the numbers obviously decreasing every year, would it not be more economical to close down, or severely limit our interaction with handwritten mail and the post office?

From my little home in the suburbs of Bergen County, to the swamps and cliffs of Parris Island, there is a four day gap between letters. For a generation so set on receiving breaking news via Twitter, or that needs to replace their ‘old’ electronics every six months, that four day gap makes anything contained in there matter more, dead issues.

In the cases of other branches, or even deployment, think of the fact that every country the United States military visits does not have our level of technological advancement, making snail mail and the postal service your only means of contact. Think of that: the next time FedEx drops a package at your dorm full of mom’s food and extra toiletries, a package that was probably shipped on priority and arrived the next morning.

So when you’re passing the antique buildings that generally are the post offices, think of families like mine that wait anxiously everyday for mail already old and out of date, or those soldiers’ days in the desert, grasping at some form of hope to keep on. And with each day that passes and grows closer to graduation or the next assignment or leave, even when society moves in the opposite direction, those people still faithfully practice that dying art of mailing and waiting for letters from home.
Part Time Child Care Needed -- for two wonderful boys ages 2 and 5. We are located in Emerson, NJ (about 15 minutes from the school). Hours are: 12pm to 6pm on Monday, Tuesday and Wednesday. Must drive and have a reliable car. Start Oct. 1st. If interested, please contact Pam at TOKEN1@ATT.NET.

Professional parents need after-school care/homework supervision for my daughter, age 12, and son, age 9. In West Caldwell (6 miles from campus). Licensed driver with clean record, own car for transportation to activities. No cat allergies. Tues-Fri. 3p.m. to 6:30 with additional hours on school holidays and some evenings. Contact barbhennesy@verizon.net.

Babysitter needed in Ridgewood for 2 kids, ages 6 and 8. Mondays, Wednesdays and Thursdays, 3-6:30pm. Includes school pick up and driving to activities. Contact Ingrid Laub: 917-817-7833 or ingridlaub@gmail.com.

The Montclarion
AdverTisemenTs

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Stop by our office in SC Annex Room 133

The “It’s Only Another Beer”
Black and Tan
8 oz. pilsner lager
8 oz. stout lager
1 frosty mug
1 icy road
1 pick-up truck
1 10-hour day
1 tired worker
A few rounds with the guys

Mix ingredients. Add 1 totalled vehicle.

Never underestimate ‘just a few.’ Buzzed driving is drunk driving.
All About Animals

This crossword puzzle is about all different kinds of animals. Learn all you can about animals.

Across
1. Type of this animal: gray, black, and white
2. Given as a nickname to skeletal remains of fish: fish
3. Group of them are called birds: female is called a hen: move around the neck
4. Kind of bird: unlike most birds, it does not build nests: move around the neck
5. Any of several small, slender, often brightly colored butterflies: baby frill
6. I am a good animal to hang out with: have a tasty treat
7. I am a good animal to hang out with: have a tasty treat
8. I am a good animal to hang out with: have a tasty treat
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22. I am a good animal to hang out with: have a tasty treat
23. I am a good animal to hang out with: have a tasty treat
24. I am a good animal to hang out with: have a tasty treat

Down
1. A person: pink color: pink curly hair
2. A caterpillar becomes this animal
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HAVING CLASS OUTSIDE JUST AIN'T THE SAME THESE DAYS!

I DROPPED MY PENCIL!

THE COMMUTERS DEG
Montclair State University has hopped on the bandwagon and adopted “Zipcars for universities,” allowing students without cars to rent cars.

As of now, Montclair also allows most of its students to park on campus. NJ Transit offers parking passes as well, with easy access to a shuttle.

There are many ways for MSU residents to get around campus, but apparently that’s not enough. MSU has hopped on the bandwagon and adopted “Zipcars for universities,” allowing residents without cars to rent cars.

As of now, Montclair State University has four Zipcars on campus. An e-mail was sent to students encouraging them to take the opportunity to obtain a complimentary $40 credit in order to try out the cars. Students are being given the opportunity to try out the Zipcars before making a commitment to renting them.

If the students enjoy using the Zipcars, then they’ll enjoy renting the cars. The cars are already insured and have gas coverage. Students will only be required to pay a small fee per hour and will only be able to rent a car up to four days at a time. This could be looked at as a fantastic and convenient way to travel, but is it the best improvement our school could have made?

It’s an interesting idea, as most of us know, public transportation can be unreliable at times. So it’s refreshing to have access to a car instead.

There is an old proverb that can perfectly describe every freshman’s reaction to the new Zipcars. It’s like giving candy to a baby.

Giving cars to college students without them having the responsibility of being the car’s owner just spells out “destruction of campus property.” The cars may be insured, but not if students crash the car. You can imagine damage charges as large as crashing head first into a tree to the mysterious scratch on the passenger door. It will be a pleasure to receive the bill for said damages, especially when it’s added on to your tuition bill.

In addition, with the possible destruction of these cars there is also many other problems that come to mind. We already have a huge parking issue on campus. If you see the parking lot near Machuga, you will notice two Zipcars are already parked in Zipcar only spots. When more Zipcars are added into the picture, less spots will be available for commuters to park in. Our university is a community-based school. So with less spots we would be depriving the majority of the school of the extra parking spaces we desperately need.

We are always complaining about public transportation because it is unreliable. If many students switch to using the Zipcars at one time, they may potentially become an obsolete form of transportation themselves.

Also, what if you really need the Zipcars, but there’s a two week wait to rent one.

It will be just as backed up as the Freeman kitchen staff. We’re just contributing to air pollution. Students have a few ways to get around; it’s just all about perspective.

You can complain about the transportation system or you can make the effort to learn about how the system works. MSU is working hard to make our school more residential friendly, there are some concerns as to how the Zipcars will affect the community.

As far as we are concerned students have been able to manage this long without the cars, so are they really necessary?

Dayalisse Olivares
Junior
Public Health

“It’s not such a bad idea. I guess you would prefer to use someone else’s mileage than yours.”

Jeremy Hoffman
Senior
Biology

“It’s a good thing. It helps people on campus get to locations, who don’t have cars.”

Ronit Levin
Sophomore
Fine Arts

“I think it’s a great idea, right? Cause then it can prevent strangers or foreigners or somebody who is a risk or not a student, it can prevent you, you know, you have to use your student ID right? Yeah, so I think it’s a great idea, yeah. I wonder why they didn’t do it before. I know other universities that use this technique, and you know, it works. It’s good.”

Victoria Leta | The Montclarion
For example), there is a striking lack of vegetarian and vegan options. The only substantial vegetarian option is the "Hummus and Tabbouleh Wrap," with the other options being fruit cups, veggie sticks or a plain bagel. For lack of other vegetarian options on a Greek Salad or Garden Salad, which both have cheese. Considering that there is essentially only one substantial vegetarian option on Café Diem’s almost 30-item menu. The problem is not limited to Café Diem either; in fact, most dining locations on campus provide only two vegetarian options on their entire menu (and usually uncreative options at that). In fact, if it were not for the vegetarian at Sam’s Place, vegetarians would be stuck eating the same handful of options every day. Unlike café Diem, most students (especially commuters and residents of Clove and the Village) do not have Constant Pass meal plans, so it is not economically viable for them to eat at Sam’s Place, leaving many vegetarians with a severe lack of options. Even the non-vegetarian students at MSU complain about a lack of dining options, so imagine the frustration of the vegetarian students who have only a fraction of the options available to the average student.

This is why Café Diem and the other on-campus dining locations need to seriously reevaluate their vegetarian options and adjust their menus accordingly. Besides, although vegetarian options are not designed for the average student, anyone can enjoy vegetarian options, regardless of dietary habits. The expansion of vegetarian options is an expansion of dining options for all MSU students. Who among us could not benefit from healthier on-campus dining options? Even these options also happened to be vegetarian, then every student at MSU could enjoy it. Personally, I would love to see a falafel option at the Red Hawk Diner or the Rathskeller, if only for the added variety in addition to the health benefits. Even less well-known dishes, like those that substitute quinoa or tempeh to make vegetarian sloppy joes or tacos, are all that the on-campus dining options because they imitate familiar dishes that can appeal to non-vegetarians as well.

I believe MSU Dining Services is more creative than the "Hummus Sandwich" option at the diner would lead one to believe. It should be no problem for them to come up with even better and more vegetarian options so that all of Montclair’s students can take full advantage of their services. It would just be a lot less bother for us to purchase a uniform. We, as the student body, will continue to push them until they are sold in our school. It would just be a lot less bother than if they weren’t so costly.

When I have To See a falafel option at the Red Hawk Diner or the Rathskeller, if only for the added variety in addition to the health benefits. Even less well-known dishes, like those that substitute quinoa or tempeh to make vegetarian sloppy joes or tacos, are all that the on-campus dining options because they imitate familiar dishes that can appeal to non-vegetarians as well.

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T he entire premise of college is to provide a more build- character and prepare you for the real world. Whether you attend a state university or even a county college, it is truly an expense like few others.

Even though county college is a lot less expensive than a university, it can still be the amount of $3,000 per semester. Something that is truly consistent with certain higher education is that the cost of textbooks are astronomically high. Whitney Burns, a senior studying family and child studies, was required to get four books for her semester.

She first realized this after carefully examining each one of her syllabi, which was both surprising and excruciating.

"After being here for four years now, I have no idea what I am and what to expect."

While there is no way to illustrate the fact that the textbook is just another business, there is no other way to make money, it is troublesome that the fact is the one of 68% of the students in consideration.

Many professors can go as far as to make sure you can only get their book from the bookstore, whether it is because they published them or because they have a correspondence with the company and then the book becomes Mountains, State specific. Another frustration with books is that books for the core classes, that are consistent through all majors, are the most expensive. These are classes that are mandatory and everyone wants to take. Even classes that you wouldn’t think

Dylan Soltis, an English major, is in his second year as a columnist for The Montclarion. E-mail us maybe? msuopinion@gmail.com Come write for us!

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Since the release of his major-label debut album, Channel Orange, R&B singer Frank Ocean has been making quite an impact on the music industry. With his poetic lyrics, raw energy and heartbreakingly honest, Ocean manages to release an album that single-handedly redefined the R&B genre.

After publishing a letter on his Tumblr in early July where he stated that his first true love was actually another man, he set the contest for the kind of artist he would be and the kind of songs we would find on his album. The fact that Ocean's personal life had come under fire just before the release of Channel Orange has simultaneously guaranteed him a stronger, more loyal fan base. Not only did many of his current fans applaud his courage, but also he identified himself with a broader audience, that respected his honesty, all of which is evident on the sophomore, more emotion-al second album like the songwriting of You” and “Forest Gym.”

However, the real core of his artistry is more prominent in songs with tru-ly serious, raw concepts like “Crack Rock” and “Super Rich Kids.” These songs address topics on toxic relationships involving drugs and the effects of wealth, mainstream America on future generations. Ocean delivers consistent lyrical depth throughout the album as well as genuine vocal ability, which makes him easy to lis-ten to and “catchy” in his own right.

But how has he affected the col-lege demographic? Most students who are listening to his album rep-resent the kind of people that make up his fan base; those who want honesty and aren’t afraid to identify themselves as “different.” Students, like senior and MTV Intern Kristi Daké, believe that he is bringing something new to the music scene, which makes him worth a listen.

“I think Frank Ocean is such a true artist and that’s what makes him worth listening to,” she said. Others believe that Ocean is changing what it means to be a mainstream R&B artist.

“Nowadays many people in the R&B and hip-hop industry can get away with just being catchy and commercial, but Frank Ocean is a true artist and that’s what makes Channel Orange so good. He’s a tal-ented singer and songwriter,” ex-plained junior Brian Chambers.

The Montclarion

The Frank Ocean Phenomenon
Artist bares all and challenges the foundations of R&B

Stephanie Agudelo
Staff Writer

Photo courtesy of thatgrapejuice.net

Is Ocean music’s latest game changer?

“Life is beautiful. Really, it is. Full of beauty and il-lusions. Life is great. Without it, you’d be dead.”

- Solomon (Reynolds)
September 27, 2012
Montclair State University
Conference Center
University Hall, 7th Floor

7:00 p.m.
David “Sonny” Lacks, accompanied by his son David Jr., will join a conversation about what it meant to find out—decades after the fact—that his mother’s cells were being used in laboratories around the world, bought and sold by the billions. The discussion will be moderated by Brigid Harrison, professor of political science and law. A book signing will follow.

Sponsored by the Center for Writing Excellence, the College of Humanities and Social Sciences, the First-Year Writing Program and Student Development and Campus Life.

This event is free and open to the public.


David Lacks
Bioethics and the Body Politic

September 27, 2012
University Hall Conference Center, 7th Floor

Constitution Day presents:

Keynote Addresses
“Bioethics and the Body Politic”
2:00 p.m. – 3:30 p.m.

Dr. Jessica McCormick, a bioethics expert from UMDNJ and Dr. Leslie Wilson, professor of history at Montclair State will discuss the underlying questions in the book, *The Immortal Life of Henrietta Lacks*, by Rebecca Skloot and the consequential tension between scientific progress and social exploitation. Dr. McCormick will discuss the challenges presented by the policies and regulations of bioethics then and now and the resulting impact on our lives as citizens. Dr. Wilson, a historian, will address the social issues that surround the question as to whether or not Henrietta Lacks’ rights were violated and if indeed the fact that she was a poor black woman are of relevance to our civil rights as guaranteed by the Constitution.

Dr. Brigid Harrison will moderate. She is professor of political science and law at Montclair State and is an expert on the politics of the Millennial Generation. Additionally, she is a frequent commentator on national and New Jersey politics for print and electronic media, and for television including FOX News, NJTV, ABC News and local affiliates of ABC, NBC, and CBS. She is the author of *American Democracy Now, A More Perfect Union, Power and Society and Women in American Politics*.

For further information, please contact Carolyn Jones, American Democracy Project Campus Coordinator at jonesc@mail.montclair.edu.

All events are free and open to the public. To register visit: http://tinyurl.com/2012ConstitutionDay

The American Democracy Project (ADP) celebrates Constitution Day. ADP is a national multi-campus initiative focused on higher education’s role in preparing the next generation of informed, engaged citizens for our democracy. Constitution Day commemorates the signing of the Constitution in September 1787 by the Founding Fathers as one of the most important and influential events in American history, establishing the many rights and freedoms “We the People” enjoy today.
The Master
One of the films that I am most excited for is The Master. Philip Seymour Hoffman stars alongside Joaquin Phoenix and Amy Adams. This religious drama is sure to rise from the screen.

Beasts of the Southern Wild
One of the only films that premiered during those unbearably hot months that is worth my recommendation would have to be Beasts of the Southern Wild. But last week marked the completion of the Toronto Film Festival, an independent film festival that has risen among the ranks to land among the greats.

Toronto is now considered alongside Cannes, Berlin and the Venice film festivals. Success at Toronto often ensures Academy recognition, and over the past few years, that grand award for Best Picture, No Country for Old Men, The Hurt Locker, The Artist and The King’s Speech all won awards at the Toronto Film Festival.

I have never pretended to possess the knowledge of a film critic nor have I ever boasted the title, but films for the passionate have always been my forte. I am fortunate enough to live in a town that happens to have its very own independent theater. The Clairidge Theater, located in downtown Montclair just off of Bloomfield Ave., will be sure to feature the noteworthy films that premiered at the Toronto Film Festival.

One of the films that I am most excited for is The Master by acclaimed director Paul Thomas Anderson. Anderson is one of those directors that I can always rely on for an intensely psychological experience. Anderson has also directed There Will Be Blood, Punch Drunk Love and Magnolia. I would never group him into the category of a conventional director but he is the type of filmmaker that has a complete and utter mastery over the formal aspects of filmmaking.

He knows exactly how to guide his audience into experiencing one of our most powerful emotions: anxiety. We feel Sandler’s inadequacy in Punch Drunk Love and we feel trapped in silence alongside HW in There Will Be Blood. The Master follows the tale of a Navy veteran that falls enthralled by a charismatic leader and his cause.

Sure to be a hit for mainstream moviegoers is the Wachowski sibling’s Cloud Atlas. The Wachowski siblings also directed Scream Queer and all three The Matrix films. These film powerhouses also wrote the screenplays for V for Vendetta along with all of the films they have directed. Cloud Atlas has inspired widespread attention for its imaginative storyline that spans across multiple generations in a myriad of creative ways.

Not only does this film play with our perception of character structure, but it also features a gold mine of actors. Cloud Atlas stars Tom Hanks, Hugo Weaving, Hugh Grant, Jim Sturgess, Susan Sarandon and Halle Berry. Cloud Atlas seems like one of those films that will be an experience just to see.

The Wachowski siblings also directed Speed Racer and The Matrix. The Wachowskis also wrote the screenplays for V for Vendetta and all three of the films they have directed. Cloud Atlas is based off of a true story that follows six Americans taking shelter in the home of a Canadian ambassador during the Iranian Revolution. The CIA wants to, needs to, ensure the safety of these Americans and creates an elaborate hoax in order to return them safely to America.

Ben Affleck stars as the leading CIA agent. The hoax he constructs is entwined in the Hollywood system. These Americans are simply working on a highly marketed film. That’s the cover and there is nothing that the Academy likes more than a film about film. Argo is so much more than my plot summary, but I don’t want to give too much away.

These three films are far from the only films I want to see in the upcoming months, but these are the ones I am urging you all to see. The independent film industry deserves your money, so instead of wasting your time, just take a quick ride to our very own Clairidge Theater.
Experience the power of our super-fast Samsung 4G smartphones.

Insertion Date: 9/13
Publication: MontClarion - MediaMate
University: Montclair State University
S:10.5"
T:10.75"
B:10.75"
Volleyball Continues to Dominate
Red Hawks stand 13-3 and 1-1 in NJAC play

Rich Efrus
Sports Writer

Over the weekend, the Montclair State volleyball team improved their record to an outstanding 13-3. Sophomore setter Angela Campo registered 24 assists in a three set NJAC match where the Red Hawks had a dominant performance in the team’s home opener against New Jersey City University at the Panzer Athletic Center Tuesday evening.

Ten different players registered kills and freshman Dana McNish added seven kills to help the Red Hawks fly to their 13th win of the season, improving to 13-3. This year’s team has already improved beyond last year’s 12-18 record. MSU also picked up their first NJAC win after a convincing 25-7, 25-8, 25-11 win. The team is now 1-1 in the NJAC.

Montclair State never looked back once they jumped out to an early 10-2 lead in the first set after Kathylyn Irwin served two aces and Alyssa Batiste scored a point on a kill. To end the first set, outside hitter Daniella Salemo tallied the kill. To end the first set, outside hitter Daniella Salemo talked about the team’s chemistry and unity. “This game really showed our potential. We all worked together so well and it was really great to see everyone coming together as one.”

Freshman middle blocker Nicole Wojtowicz also gave her thoughts about the victory and how the team really had to come together to get the win in the match. “Despite the loss of two vital players, we pulled out a victory by playing as a team and not as individuals. Our win was for them and now we’re just taking it one game at a time.”

The Montclair State Red Hawks return to action on Thursday, Sept. 20, when the team travels to Camden. They will be looking to improve to 14-3 on the season when they take on Rutgers-Camden in a conference match.

The start time for the match is scheduled for 7:00 p.m. The Red Hawks are looking to beat the Scarlet Raptors after being defeated by them the last two times the teams have met.

New Jersey City is not scheduled to play again until Tuesday, Sept. 25. They will be looking to break their losing streak when the team plays host to Hunter College. That match has a 6:00 p.m. start time.
A message from the NBA and its players

THINKB4YOU Speak.com
Who's Hot This Week

Matt Mancino
Defensive Back — Football
In Montclair State's first win of the season, Mancino recorded two crucial interceptions to lead a Red Hawk defense that allowed only 193 total yards. Mancino was also named NJAC Defensive Player of the Week, becoming the third straight Red Hawk to be awarded the title.

Marta Topor
Outside Hitter — Volleyball
Topor played a key role in the Red Hawks’ trip to the Jay Street Challenge last weekend. Topor was awarded Most Valuable Player and averaged 3.07 kills and 3.13 digs over the course of five games. Topor is currently ranked in the Top 10 of the NJAC in three categories, including being ranked fifth in kills per game with 2.58.

Game of the Week

Football
@ William Paterson
September 22, 12:00 p.m.

The Red Hawks will travel to Wayne to take on NJAC rival William Paterson with hopes of avoiding a 1-3 start. A win would put the Red Hawks at 2-0 in NJAC play.

For updates, check out: www.montclairathletics.com and @TheMontclarion on Twitter

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Men’s Soccer

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Women’s Soccer

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Field Hockey

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<tr>
<td>NJCU</td>
<td>0 - 1</td>
<td>2 - 4 - 2</td>
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Last Week

9/15 MSU 2, Mary Washington 0
9/14 MSU 7, Old Westbury 0
9/12 MSU 4, St. Joseph's 0
9/14 MSU 7, Old Westbury 0
9/18 MSU 3, NJCU 0
9/20 MSU 1, Brockport 0
9/19 MSU 1, Cortland 0
9/13 MSU 2, New Patlz 1
9/15 MSU 2, Misericordia 0
9/22 @ TCNJ 1, Rowan 0
9/24 vs. City College of NY 7, TCNJ 2
9/26 vs. RU-Newark 7, TCNJ 2
9/20 vs. NJCU 1, Brockport 0
9/22 @ TCNJ 1, Rowan 0
9/26 vs. RU-Newark 7, TCNJ 2
9/20 vs. NJCU 12, Brockport 0
9/22 @ York & USMMA 2, York 0
9/15 MSU 7, Montclair State 0
9/19 MSU 1, Cortland 0
9/13 MSU 2, New Patlz 1
9/15 MSU 2, Misericordia 0
9/22 @ W. Paterson 12, William Paterson 0
9/15 MSU 7, Montclair State 0
9/19 MSU 1, Cortland 0
9/13 MSU 2, New Patlz 1
9/15 MSU 2, Misericordia 0
9/22 vs. TCNJ 6, Rowan 0
9/24 vs. City College of NY 7, TCNJ 2
9/26 vs. RU-Newark 7, TCNJ 2
9/20 vs. NJCU 12, Brockport 0
9/22 @ York & USMMA 2, York 0
9/15 MSU 7, Montclair State 0
9/19 MSU 1, Cortland 0
9/13 MSU 2, New Patlz 1
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Red Hawks: Record First Win of the Season

MSU avoids 0-3 start with narrow win over Mustangs

It may have been an ugly win, but it was a win none-the-less. It has been an ugly start to the season for the Montclair State football team, but they managed to walk away with a win last weekend at home against the Morristown State Mustangs by score of 7-0 in their NEC opener.

Junior running back A.J. Scoppa rushed for a career-high 169 yards while junior safety Matt Mancino intercepted two passes and registered two tackles for an NJAC title and Division III playoff berth after their recent two games. The Red Hawks took care of business for MSU last weekend at home against Mount St. Mary's, but it was a win none-the-less. It has been an ugly win, but it was a win none-the-less. It has been an ugly start to the season for the Montclair State football team, but they managed to walk away with a win last weekend at home against the Morristown State Mustangs by score of 7-0 in their NEC opener.

The defense did the rest of the work in the first half, as they didn't allow the Mustangs across midfield for the entire half. The Mustangs went three and out and were forced to punt on all three first quarter possessions. Scoppa quickly added a fourth-down conversion on a Scoppa run.

Unfortunately, they were not successful on their second fourth-down conversion attempt, as Cathey's pass fell incomplete. The Red Hawks took the game by a final score of 2-0 overall and 1-0 in the conference. They will continue conference play this Saturday as they make the short trip to William Paterson University to have any shots on goal.

the Red Hawks nearly increase their lead once again, as junior linebacker Adran Sakari intercepted Hardamon's pass on the very next play. The next Mustang possession saw the Red Hawks once again increase their lead on the first play of the drive, followed by a touchdown run from senior quarterback Drew Cathey to senior wideout A.J. Latto for 49 yards to put them in Red Hawks territory for the first time. The completion put them at the MSU 29-yard line. However, the threat was quickly diminished, as Mancino intercepted Hardamon's pass on the very next play.

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The drive ended with a blocked field goal attempt in what would be the Mustangs' final scoring opportunity. Scoppa's first quarter touchdown proved to be all the Red Hawks would need as they held on for a 7-0 victory. Scoppa had a great game against the Mustangs, rushing for a career-high 169 yards on 34 carries, and scoring the game's only touchdown while Cathey completed seven of ten passes for 55 yards and was sacked three times.

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I’ve been trying to come up with something that can best describe New York Giants quarterback Eli Manning. He’s not flashy like a Michael Vick or a Cam Newton and he’s not the go-to player like Tom Brady or Aaron Rodgers. After last week’s triumphant battle against the Tampa Bay Buccaneers, the word “special” immediately comes to mind. The win against the Bucs was Eli’s 9th “4th-quarter comeback” since the beginning of last season.

In the home-opener against Dallas, the Giants were almost on their way to yet another comeback victory before short Gene Hackman told Keanu Reeves to stop. “Winners always want the ball when the game is on the line.” Manning is a living example of how true that quote is. No matter the situation, Manning is sure to put up a fight until the final whistle blows.

When it comes to leadership, Jay Cutler, quarterback for the Chicago Bears, can learn a thing or two from Manning. After a dismal performance last Thursday against their division rival Green Bay Packers, Cutler inadvertently pushed his offensive tackle J’Marcus Webb on the sidelines.

Manning threw for three interceptions in the first half, with the last one being returned for a touchdown. Instead of blaming his offensive line, he vowed to rely on his team on sidelines. Not only did he go on to redeem himself by throwing for a career high of 510 yards, he also helped create history.

After a miserable performance when he hosted Saturday Night Live, Joe,” Manning proved to have quite the sense of humor this past summer. Manning made light of the fact that he threw for three interceptions, while jokingly stating, “I probably lead the league in interception returns back.” Even though it’s only been two games, Eli leads the league in passing yards. I might be looking ahead, but if he continues on this pace, he’ll be on his way to throwing for over 5,000 yards.

Eli and his Giants will have to recover sooner rather than later, since they have a Thursday night away game against the Carolina Panthers. Giants fans that are out there, never give up on this team no matter how lopsided. They may look at times. With Eli at the helm, they always have a chance in winning. It’s kind of scary for other teams around the league to think that he has already won two Super Bowls and he’s just entering his prime.

Team Leaders

Offense
Passing: Eli Manning - 723 yds, 62.7%, 4 TD, 91.6 rtg
Rushing: Ahmad Bradshaw - 94 yds, 4.3 avg, 1 TD, 47 yds/game
Receiving: Victor Cruz - 237 yds, 13.9 avg, 1 TD, 118.5 yds/game

Defense
Antrel Rolle - 12 solo, 2 ast, 14 total
Jason Pierre-Paul - 7 solo, 5 ast, 11 total, 1 sack
Chase Blackburn - 8 solo, 3 ast, 11 total, 1 sack

Upcoming Games
9/20 @ Carolina - 8:20 p.m.
9/30 @ Philadelphia - 8:20 p.m.
10/7 vs. Cleveland - 1:00 p.m.
10/14 @ San Francisco - 4:25 p.m.

Give us your feedback! Comment Online themontclarion.org

In only nine years, Eli Manning has led the New York Giants to two Super Bowl victories, both of which were against the heavily favored New England Patriots.