Students Await New School of Media

Montclair State University’s Board of Trustees has approved the creation of a new School of Communication and Media set to open in the fall semester of 2012.

The School of Communication and Media will combine existing degree programs with new offerings to accommodate the rapidly changing communication industry. The School of Communication and Media will offer Bachelor of Arts degrees in Communication Studies, Television and Digital Media and Communication and Media Arts. The school will also offer a Bachelor of Fine Arts degree in filmmaking and a Master of Arts in public and organizational communication.

Female Student Assaulted

A female student narrowly escaped an assault by two males in the lower level of the Student Center Annex on Dec. 16, 2011. Grabbed from behind, the victim broke free after almost being dragged into a bathroom. The case is currently under investigation.

“The incident was unfortunate but it appears that the individuals did not mean any harm,” said Lt. Kieran T. Barrett.

“After the victim escaped, she met with friends who later encouraged her to contact the police. The men, currently unknown, stated they were not interested in any wrongdoing.”

University Launches PaperCut Software

Print from Anywhere with New Page Limits

As the spring semester begins, students can expect to see changes in the printing labs all across campus. These changes were implemented on Jan. 18.

The Department for Information Technology has added flexibility and mobility to the computer lab services so students can borrow a laptop with software needed for their courses. This enables them to research anywhere on campus. Also, with the addition of PaperCut, students will be able to submit print jobs from virtually anywhere on campus using an Internet-based application. They can keep track of their printing with a personalized meter that lets them know how many pages they are printing.

Blanton Hall Renovation Raises Health Concerns

Despite ongoing construction, Blanton Hall is in preparation for a Fall opening.

A $10.4 million renovation to Blanton Hall is now underway, but at what cost to students? Clouds of dust and the piercing sounds of jackhammers greet the brave souls who dare to venture to the University’s Health Center located on the second floor of Blanton. Visitors to the Health Center must walk through construction areas and down twisted corridors on route to the cramped offices of the health center.

“It was hard to feel like I was getting adequate treatment while such loud construction was going on,” said Dan Truitt, a Junior who has recently visited the health center under these conditions.

“I definitely felt unsafe by having to walk by [active] jackhammers in order to get up to the health center,” he said.

Blanton Hall has been vacated since May 2011 and will remain that way until August 2012. The opening of the Heights this past fall semester allows the university to complete renovations to Blanton.
Pelican Police Report

On Dec. 13: Matthew Groszew, 23, of Denville, and Dylan Thomas, 19, of Levittown, Pennsylvania, were charged with possession of marijuana and drug paraphernalia while in Bohn Hall. They are scheduled to appear in Clifton Municipal Court.

On Dec. 14: Two residents of Basic Hall reported an unknown male knocking on their doors early in the morning and trying to gain entry. This matter is under investigation.

On Dec. 16: A male resident of Einstein Hall was a victim of a bias crime. This matter is under investigation.

On Dec. 17: Daniel Avento, 22, of Montvale was arrested for disorderly conduct while at the Red Hawk Diner. He is scheduled to appear in Little Falls Municipal Court.

On Dec. 19: Dan Berkefeld, 22, of Stanhope, was arrested for filing a false police report while in Alice Paul Hall. She is scheduled to appear in Little Falls Municipal Court.

On Dec. 21: A female employee reported the theft of a cash box from her unsecured desk drawer inside of Calcia Hall. This matter is under investigation.

On Jan. 12: A male employee reported a fraudulent Twitter account registered under his name. This matter is under investigation.

On Jan. 15: A female non-student reported being sexually assaulted at Hawk Crossings. This matter is under investigation.

Anyone who has information regarding these incidents is urged to call the police station from any campus phone at T-I-P-S (8477). All calls are strictly confidential.
Spring 2012 Welcomes Schmitt Hall

Mike Conforti

The Departments of Modern Languages, Spanish and Italian and Linguistics have relocated to their new home in Schmitt Hall. Formerly Finley Hall, Schmitt opened its doors this semester to students at Montclair to house the overpopulation of majors in Dickson Hall.

Schmitt Hall is renamed after former Montclair student Conrad J. Schmitt, a 1958 graduate with a B.A. in Spanish, French and English.

After the completion of University Hall in the fall of 2004, it was apparent that the various lounge areas offered many opportunities for students to interact. Expanding on that principle, faculty and administration hope to encourage students learning foreign languages to interact while sharing cultures and ideas.

Michael Heller, director of language learning technology, notes the expansion of the departments and the need for extra space. “The new expanded facilities here will be extremely beneficial as we had outgrown our space in Dickson,” he said.

The two instructional facilities that existed in Dickson have grown to these in Schmitt. Also, the addition of meeting rooms, lounge areas, international televisions, a language-testing center, a First-Avenue Language Lab with a video-recording booth and a video viewing room and a translation and interpreting lab with HD video conferencing offer students various mechanisms to group their new language.

Professor Diana Giaume-Cruz of the Department of Spanish and Italian highlights the benefit. “I like the fact that it has more light and it is convivially located,” she said. “More importantly, we (Modern Languages, Spanish and Italian, and Linguistics) are all situated together and can mingle more, exchange ideas more easily and prepare activities together.”

Dickson Hall separated Spanish and Italian, formerly located on the third floor, from Modern Languages and Linguistics which was located on the first floor. The combination of those three departments on one floor offers professors and students the unique opportunity to bridge cultural gaps and learn in an immersive environment.

Professor Jefferon Carrall, who teaches Russian for the Modern Languages Department, is fond of the new technology. “I think the technology is going to allow us to more fully immerse students in the language,” he said.

Aileen Cart, a junior and linguistics major, is excited for the changes. “The rooms here are more spacious and more academically friendly than in Dickson,” she said.

“Languages are becoming really important to Montclair [and Schmitt Hall] will be the center for language learning,” said Dr. Lois Oppenheim, chair of the Department of Modern Language and Literatures. “It will put MSU on the map for languages.”

Mike Conforti

Students get their work done in the Student Center printing lab.

Haylee Lenkey

Printing

Continued From Page 1

The newest, and final, set of renovations undertaken a major renovation of Blanton Hall, during the present Academic Year 2011-2012,” said Bressler.

The renovation will also include, "converting existing rooms to be ADA-compliant suites, renovating all student room bathrooms, replacing the corridor flooring and lighting, painting the student rooms and corridors, replacing the closet doors with new wardrobes in all student rooms, re-finishing the student room doors, replacing building signage, upgrading the fire alarm system throughout the building, constructing a new entrance into the Roadside Hall portion of this building and, adding a new security desk and renovate the first floor student lounge area.”

Bressler said.

The project is funded under Montclair State University’s Housing Plant Funds.

Continued From Page 1

Haylee Lenkey

The Montclarion

The Montclarion

Construction takes place in the Blanton A/B Hall atrium.

Mike Conforti

During the 2011-12 period.

While Blanton may be vacant of residents, students wishing to visit the University’s Health Center currently have to walk through areas being demolished. “The demolition will be complete Friday, Jan. 20,” according to Gregory Bressler, vice president of university facilities. “With the completion of the demolition, the noise and dust will be dramatically reduced.”

Post-demolition, “The Contractor will then construct a physical barrier [to] direct pedestrian access from the southern entrance of Blanton Hall to the center stair and elevators. This will provide the access to and from the Second Floor Temporary Student Health Center. This will be completed by next Wednesday and will remain in effect until the Student Health Center is relocated back to its original location.”

“Also effective on Wednesday, Jan. 25, we will close the northern access to Blanton Hall,” Bressler said.

Bressler also said “By mid-March 2012, we plan to have the Student Health Center back where its original entrance to the Student Health Center will be re-opened.”

Bressler states that the opening of the new rooms in The Heights has increased Montclair’s student residence offering from three thousand beds to five thousand beds. “This transition provided an opportunity to take some of its existing residence halls offline for repairs.”

However, Blanton Hall is no stranger to renovation as work was done during the summers of 2009, 2010 and 2011. The newest, and final, set of renovations began on Jan. 3, 2012 and are expected to be completed by July 27, 2012.

Over the next year plumbing and bathroom improvements will have renovations, heating, and cooling will be repaired, as issues in those areas were ongoing. “Thus, the decision was made to undertake a major renovation of Blanton Hall, during the present Academic Year 2011-2012,” said Bressler.

The renovation will also include, “converting existing rooms to be ADA-compliant suites, renovating all student room bathrooms, replacing the corridor flooring and lighting, painting the student rooms and corridors, replacing the closet doors with new wardrobes in all student rooms, re-finishing the student room doors, replacing building signage, upgrading the fire alarm system throughout the building, constructing a new entrance into the Roadside Hall portion of this building and, adding a new security desk and renovate the first floor student lounge area.”

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Students get their work done in the Student Center printing lab.

Mike Conforti

The Montclarion

The Montclarion
communication. Students have the option to remain in their current program with no changes or switch to the new one, which has a slightly different core group of classes and more flexible electives.

“I’m glad Montclair is moving toward new technology and giving new opportunities to media students,” said Jon Aronoff, current graduating broadcasting major. “I think being so close to New York City, I think it’s going to allow students to get that extra added real life experience.”

“The School of Communication and Media will offer a comprehensive program that is academically superior and reflective of the emergent digital technologies that have resulted in unprecedented cultural and global interactivity,” said Montclair State University President Susan A. Cole in a press release. “This initiative underscores the University’s commitment to aligning our programs with evolving critical workforce needs in the state and beyond.”

“The School of Communication and Media will give students the option to have a broader based educational experience. The University’s development of outside media partnerships will give students a chance to work alongside professional media operations as part of academic life on campus.”

“The new school is a response to a changing broadcast communication industry,” said David Sanders, chairperson of the broadcasting department. “It’s our feeling that people entering the field today need to have a very broad background that can take them in many different directions as professional opportunities present themselves.”

“The new program will greatly expand the University’s journalism offerings, and will feature some exciting new facilities such as a multi-platform newsroom. The curriculum also will encourage a lot of cross-discipline work, which is very important in today’s job market.”

“I think it’s going to be beneficial for the respective majors in the long run,” said Rob Dickerson. “I’ve seen [communications] majors taking a couple courses in our program as it is. The whole thing is going to provide a really stream-lined and well-rounded education for everybody. I’m definitely very excited to see the new school get off the ground.”

“In making these curricular and organizational changes within the University’s communication program, Montclair State is responding to scholarly changes that have influenced the study of communication,” said Geoffrey Newman, dean of the College of the Arts in a press release. “This is an exciting time to be engaged in the field of communication, particularly with the University’s accessibility to the nearby media markets of New York City and northern New Jersey.”

In addition to the School of Communication and Media, the University recently completed a major technology upgrade of its DuMont Television Center to a state-of-the-art high-definition studio, which includes the most technologically advanced equipment. The University also announced that it will become the new headquarters for NJTV’s news division and will provide studio space for the public media network’s nightly news broadcast.
Think Before You Print!

Save trees and money when you print smart with PaperCut.

PaperCut is a print management software system that lets Montclair State's Division of Information Technology help you manage and monitor your printing and printing costs.

Start printing smart today with PaperCut—and by following these tips before you push "print."

1. Think before you print! Do you really need to print this email, webpage, or article?

2. Use duplex printing.

3. When printing a slide show, print multiple slides per page.

4. Always use print preview to finalize your document before printing.

5. Save research material by emailing the URL to yourself.

6. If your document has not printed yet, do not reprint. There may be multiple jobs ahead of yours.

7. When printing study guides or class notes, reduce margins and font sizes to lower page counts.

As the student center is so heavily occupied, there are obvious precautions that must be taken.

"In all the years I've spent in Montclair, I've learned it's better to be safe than sorry, sometimes a little too safe and then it becomes paranoia," said Justin Roque, 21, a student who spends a great deal of his free time in the Student Center Annex. "This incident doesn't concern me too much other than the fact that I should take extra care when roaming the Montclair University grounds."

Most campus clubs and organization offices are located in the lower level of the Student Center. "As an organization that is here to serve the student body, the SGA is greatly alarmed by this incident," said Ryan Fleming, Press Secretary, on behalf of the SGA.

"[We] will work with administration to explore any possible solutions that can better assure student safety." Students are encouraged to practice safety habits and operate on a buddy system if personal safety feels threatened. As information on this event continues to develop, students will be on guard.

"I am not that surprised this happened because this is an open campus and there is lack of security, such as surveillance cameras," said Gramsceu.

"I definitely feel that my safety is compromised. I don't like being by myself on campus at night to begin with, and this situation doesn't help," he said.

Students are strongly encouraged to report any suspicious behavior to the University Police at (973) 655-5222, the confidential TIPS line on campus at extension 8477 from any phone on campus, or utilize the TIPS text alert system. More information on this can be found at http://www.montclair.edu/socialnet/.

Some students are taking extensive caution and purchasing mace.

identified, approached the victim shortly after she used the Bank of America ATM outside out the student center bookstare. Information regarding the images of the offenders is currently unknown, although one of the males was described as wearing a darker colored sweatshirt.

In response to this, the University currently remains calm, yet cautious.

“Students should be aware of their surroundings and if they see things that don’t seem right, they should contact University Police,” said Dr. Karen L. Pennington, vice president of student development and campus life.

Response to this event varies across campus. Many students, notified of this incident via email, have raised concerns over safety and the true sinister nature of the crime.

However, Lt. Barrett assures that the police, “have increased patrols and relayed information to students and staff to ensure information regarding personal safety is encouraged in this area.”

But as information continues to slowly trickle in, students continue to form their own opinions. There is also considerable concern, as the student center is a heavily trafficked area.

“What happened in the student center was disturbing because when you hear of situations like this, you assume it happens in a parking deck or walking somewhere on campus, never in a building where a lot of students are in,” said Alexandra Gramsceu, 21. Gramsceu is one of many students who question how this event could have occurred in a busy campus section.

“However, when the incident occurred, it was during finals week and it was a Friday night [when] not many students are on campus, let alone the student center. It seems like the two guys who attempted to attack the girl were aware of the change in MSU schedule.”

As the student center is so heavily occupied, there are obvious precautions that must be taken.

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Some students are taking extensive caution and purchasing mace.
The new year is finally here! It brings a new slate of opportunities and expectations to fruition.

Let’s face it, the vow to lose weight isn’t a brand new resolution. In order to come up with a solid, doable, short-lived resolution. We have all heard it too often: promise to lose the weight, see the waist and raise the memberships that are bought with great intentions. Yet, the unrealistic diet regimes continue to plague us, fostering what become unsustainable plans.

As college students, we are at a pivotal stage in which we develop habits that will remain throughout our lives. The ultimate promise to stay healthy, strong and fit to feel our best should be the recalibrated reso-

For university students, it’s hard to drink fresh veggies and fruits. They go bad quickly and you wind up throwing them away. Produce, on the other hand, is expensive. Using frozen vegetables can help. Frozen veggies are just as nutritious as fresh vegetables. The key is to purchase high-quality frozen vegetables. Here are some of the best vegetables to choose from:

- **Broccoli**
- **Carrots**
- **Peas**
- **Green beans**
- **Asparagus**
- **Green beans**
- **Broccoli**

Frozen vegetables are a great way to have a well-balanced diet. They are easy to prepare and can be used in a variety of dishes. In addition, they are a great way to save money on groceries. Frozen vegetables are often cheaper than fresh vegetables. This can be especially helpful if you are on a tight budget.

In conclusion, using frozen vegetables can help you eat healthier and save money on groceries. They are easy to prepare and can be used in a variety of dishes. So, the next time you are at the grocery store, consider purchasing some frozen vegetables. You will be glad you did!
World Premiere | January 21–29

Bill T. Jones Arnie Zane Dance Company

Story/Time

Conceived and Directed by Bill T. Jones
Choreography by Bill T. Jones with Janet Wong and members of the company
Featuring Bill T. Jones
Music by Ted Coffey
Text by Bill T. Jones
Decor by Bjorn Amelan
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Food Allergies vs. Food Hypersensitivities

Eighty percent of American children and three to four percent of American adults are affected by food allergies, according to the Food Allergy and Anaphylaxis Network (FAAN). The seven most common food allergens include milk, egg, tree nuts, peanuts, fish, shellfish, soy, and wheat. With significant increase in food allergy prevalence over the last 10 years, it is important for the general public to note key clinical points between what is considered a food allergy and what is considered a food hypersensitivity.

A food allergy is an immunological response to specific food proteins, or allergens. The human body is programmed to recognize foreign invaders as bacteria or viruses. Defensins are known as antibodies attack these invaders. In a similar fashion, sometimes the body recognizes food proteins as foreign invaders. When the allergen is ingested, an allergic antibody called Immunoglobulin E is released, attacking the allergen while releasing a large amount of the chemi- cal called histamine. Histamine trig- gers allergy symptoms ranging from mild to severe. Symptoms may include hives, itching or eczema, runny nose, sneezing, tingling or itching in the mouth, swelling of the tongue, guttation and swelling of the throat, tongue, lips, wheezing, rapid drop in blood pressure, and fainting. Immune cells in the administration of epinephrine must be given to reverse the life- threatening symptoms.

Food hypersensitivity is an um- brella term that houses various types of food-related adverse reactions. A food intolerance is a physical re- sponse to food that is not of allergic origin. Common food intolerances are the physical response of the gastrointestinal tract to certain foods. There may not be enough of the en- zyme, lactase, to properly break down lactose, leading to lactose intolerance. The most common example is the scombroid toxin in fish like tuna, marlin, can cause symptoms of skin tingling or itching, hives, itching or eczema, runny nose, sneezing, tingling or itching in the mouth, swelling of the tongue, guttation and swelling of the throat, tongue, lips, wheezing, rapid drop in blood pressure, and fainting. Immune cells in the administration of epinephrine must be given to reverse the life- threatening symptoms.

This is all within your parents' life- times. To this day, on average, women make less money than their male counterparts for the same work. Asian women make $83.2%, white women make $83.7% of what Ameri- can women make $81.9% and Latina women make $80.6% to the average white male $1=1.0.

High school and even many col- lege history classes will completely ignore or steamroll over women's history; particularly the perspectives belonging to women of color and LGBT communities. Women's and Gender Studies and LGBT Studies exist but not to put these groups on ped- estals or override heterosexual male discourse, but to give a space to oth- erwise ignored minority groups.

One in four women are victims of sexual assault and are the women who report the incident. In one in four women are engaged in bingeing and purging to control weight in college. Twenty-five per- cent of college women.

Last semester we saw an increase in coverage and reported incidents of sexual assault on campus.

Feminism can cover any variety of subjects, ranging from the aforemen- tioned topics like suffrage, intimate partner violence, policy changing, pay equity, sexuality, rape and body image issues. Even more broadly, you may hear feminism talk about popular culture, sports, music, film, reproduc- tive rights, global issues, pornogra- phy and sex work, education, health care, patriarchy, capitalism and way more. All with the types of feminisms out there, there's a good chance you fall into the wide spectrum of people who believe in equality among the sexes. There are liberal, pro-sex, anti- porn, Chacana, Womitante, riot grrrl, third-wave, fourth-wave, radical, Anarchco, cultural, eco, essentialist, lesbiant, Marxist, pop, postcolonial, psychoanalytic, conservative and separatist feminisms. Taking a WMS class will introduce you to a wide va- riety of feminisms, it's only the tip of the iceberg. Many individu- als will pick and choose their favor- ite elements of multiple branches of feminism and create their own brand tailored to their needs; as long as you believe men and women deserve equality, there's really no wrong way to go about it.

More than anything, feminism is about viewing the world through a new lens. Gender runs deep, it may be one of the first things you notice about a person. Do you act to- wards a stranger when you can't determine whether they are male or female? How much does this affect the way you respond to them when you make physical contact with them? How do you talk about this person later? Even if you don't identify as a feminist, or even if you've never consciously given sex and gender a second thought, consider this: college is about opening your view of the world. So challenge yourself to thinking about gender. Consider yourself to the i-word: feminism.

Photo Courtesy of Toddlers-are-fun.com

The CDC names pregnant women, older adults and three to four percent of American adults to fall ill from food poisoning.

A more rare form of poisoning caused by the scombroid toxin in fish like tuna, mackerel, mahi mahi, sardine, anchovy, herring, bluefish, amberjack and marlin, can cause symptoms of skin flushing, mouth burning, wheezing, low blood pressure and fainting, all mimicking an allergic reaction. Oddly enough, the cause of these food pois- onings is the over production of his- tamine toxins on the fish. It is important to consider food safe- ty when cooking and handling food such as purchasing from reputable sources, storing at appropriate tempera- tures and cross contamination. The CDC names pregnant women, older adults and persons with chronic ill- nesses as the most susceptible groups to fall ill from food poisoning.

Food poisoning is a hypersensi- tivity due to intense dislike from past psychological, social or cultural experiences with food. In this case, there is no immunological, physical or chemical reason food cannot be processed appropriately. If anyone has fallen victim to spending part of the night over bathroom porcelain, a food aversion to the sight and smell of your meal of choice may ensue over a lifetime. A theory proposed by David Sole, a Ph.D. student in the Department of Psychology at The University of Michigan, suggests that a food afer- rence is the brain's way of keeping you away from a substance that once poisoned your body. Food aversions are not randomly or completely set in a person's mind, but rather are learned or determinated by some biochemical mark- ings on the brain or neurological signaling or traced back to a physical source.
Sitters wanted. $12+ per hour. Babysitting, housesitting, petsitting. Register free for jobs near campus or home and start earning cash now! www.student-sitter.com

After School Care Looking for responsible, flexible, friendly, caring student to pick up 11 and 13 year old after school (3PM), help them with homework and take them to activities until we arrive home from work. 4-5 days per week. Must have own car, clean driving record and references. Call Mike or Barrie at 201-463-6940 or Email us at Michael10@comcast.net.

The Montclarion will be having an Open House today from 4-8:00 p.m.

Stop by and talk to the staff!

Free Pizza!!

Nobody dreams of having multiple sclerosis.

Some dreams are universal: scoring a perfect 10 on your last attempt to win the Gold medal, standing on the podium as the national anthem fills the arena. Finding out that you have MS is not one of them.

Multiple sclerosis is a devastating disease of the central nervous system where the body's immune system attacks the insulation surrounding the nerves. It strikes in the prime of life — and changes lives forever.

This is why the National MS Society funds more research and provides more services for people with multiple sclerosis than any organization in the world. But we can't do it alone.

To help make the dream of ending MS come true, call 1-800-FIGHT MS, or visit us online at nationalmsociety.org.
A new year and a new semester means new surprises!

The College of Humanities
The newest dorm buildings
The center building of
The biggest theatre on
located in this building.
and Social Sciences are
located off campus.

Across
4 The art building.
5 The Library.
6 The biggest theatre on campus.
7 The center building of campus.
11 The newest dorm buildings that house thousands of students.

Down
1 These group of apartments are said to be haunted.
2 Located next to the Library.
3 The financial department is in this building, as well as the honors department.
8 Located on clove road, named after a famous musician.
9 The newest finished and newly renamed building.
10 Advisors and career services lie in this building.
12 The music school lies in this building.
14 Only Freshman are allowed to live in this building.
16 This dorm typically houses transfer and international students.

13 This building houses the School of Business.
15 The bundle of apartments located off campus.
17 The College of Humanities and Social Sciences are located in this building.

The Montclarion is looking for cartoonists!

Email msuproduction@gmail.com for more details!
The Montclarion MSUOpinion@gmail.com

Make an Exception: Drop the SOPA

When Al Gore invented the Internet in the early ’90s, his dream was of a world where all people, young or old, rich or poor, coherent or rambling could transmit information in perfect harmony down the information superhighway—not just by the content of their character, but by the timeline on their Facebook pages.

Now Congress is trying to pass a bill that will prove to be more damaging to the First Amendment than all of the people who have defended our outrageous amendments with said amendment throughout U.S. history.

On the surface, the Stop Online Piracy Act, or SOPA, seems generally appealing to the First Amendment than our job is to host as many LOLcats websites as the World Wide Web can hold, giving a group of people from “outside of the Internet” power to send you to jail for posting YouTube videos on your Tumblr page is a breach of our basic liberties.

This also means that if your status update links to The Pirate Bay, Facebook posts or sites indexed by Google. If they don’t, then it is goodbye Facebook. This bill, if passed, would give a small group of people the power to enforce the Internet under their own values and essentially create a caste system in virtual space, one that is judged not by the content, but by the forum.

In a self-policing reality like the Internet where people have developed their own methods to circumvent the distribution of child porn and Cher’s n00b. Either you have supreme power or you are just another citizen. This is our freedom. These inalienable rights, the right to use your eyes and the right to express your angst to the world with Adele’s “Someone Like You” instead of being forcibly prohibited forever. Under SOPA, corporations, organizations or even various government offices will have the power to order an Internet service provider to block an entire website simply based on allegations of copyright violation. If this doesn’t scream “abuse of power,” then you just aren’t listening closely enough.

So, all of you pirates out there, your best advice would be to usefully download as much context as you can and stockpile it for the dark ages to come because when people want to watch the third season of Lost, but can’t afford to pay the $60 to buy it, they’ll be knocking on your door to “borrow it from you.”

Professors: Al Gore must be rolling in his grave.

Hannah Scherba | The Montclarion

Is “Good Enough” Good Enough?

The opening of Schmitt Hall, or the reopening of the former Finley Hall, was met with excitement, especially since it has been closed for four years. The College of Humanities and Social Sciences needed the space. Badly.

Dickson Hall was starting to feel like a dorm room, with all of the faculty, staff and students roaming its halls and exiting its doors.

However, Schmitt Hall isn’t exactly ready. Students poorly curiously into doors, unsure if the boxes and cables strewn about mean that their classes are meeting elsewhere while the tech team runs around trying to get everything functional. It isn’t quite the world of Adele’s “Someone Like You” casually surf RedTube without judgment from your Facebook status being immortal in my mind, are at risk of being forcibly

This project has been behind from the start. First the building was closed well before work was able to start. Most students on campus had never seen that building open until this very semester, though construction only started in the fall of 2010. Then, once construction started, strikes and union protests, following by switching demolition companies or mascots to alleviate these problems, continued so slow everything down.

Things were finally going along at a decent clip recently, except for the few mishaps that befell the neighbors. Despite knowing construction was finished on schedule, the University continued itself that Schmitt would be open for Spring 2012. And it is. Mostly.

While most classrooms are open and functional, several rooms are closed as unpacking continues. Professors are having problems getting into their offices, and those responsible for setting up the computer runs are forced to attempt to get a whole building online in two days.

If the building wasn’t open, as many staff members feared, there was going to be a scramble for space. No structured plan existed; there were only a lot of prayers. This might sound dramatic, but professors were only allowed into the building last Thursday, and then the building was closed that weekend for further work.

The possibility of having an unfinished classroom the first week of class, or even the first month, was a very real and justified fear. It is situations like this, and others in recent memories such as the displacement of Freeman residents following fires and Clove Road, Village and Sinatra residents following October’s snowstorm, that make us wonder about the University’s back-ups plans.

Namely, do they have any? We don’t seriously doubt that the University is unprepared for a serious emergency; the bomb threats in Spring 2008 seemed well handled. We worry about minor problems like a building not being quite ready for the first day of classes or a building or two full of residents needing someone to sleep besides a floor. Rather than creating simple alternatives to alleviate hardship for students and faculty, the University often leaves them to fend for themselves. We don’t expect everything to be planned for us, but we would appreciate a Plan B every once in a while.
Overzealous Yoggling May Lead To Injury

World looks on in horror as health craze makes a few people less healthy

**Travis Lancaster Columnist**

As college students, we have the opportunity to see this on a regular basis — we see “gym guys” huffing and puffing each other to the point where we don’t even understand where their motivation comes from.

What is it about these men that has risen and finally a fast following? These men are hot-tempered and of sweating, pinkish lumps.

The frightening fact is that they are not more than extreme façades, but it is the subterranean characters, but it is the subterranean characters that one install with 29.

If each of these candidates sincerely projects “anti-responsibility” to “Professor” Gingrich are more caricature than candidate

It is more or less the shock value that is used as a doormat for the outcome.

From Rick Santorum calling liberal

The dynamic of reality television is composed in a manner that allows the respective insanity of the characters to play off one another. It is how the shows are cast so that hugely amusing spectacles are in a constant form of creation. It is the kind of undivided and involuntary attention akin to watching two trains collide or a hot air balloon explode. It is more or less the shock value that keeps your attention, you can’t believe what you’re seeing or heating and you can’t look away.

**Alexa Coppola, a fine arts major, is in her first year as a columnist for The Montclarion.**

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Candidates Make Reality Stars Look Tame
Extreme Americans are extremely frightening in election year
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There have been, to date, 23 Republican debates. In addition to eight more planned, we will be left with 29. That’s a total of 32 debates.

**Alexa Coppola, Assistant Opinion Editor**

These men are heaven-born and account for every kind of right extremism.

Like some of you reading this article, I’m something of a fitness nut. I go to the gym every day, my diet is packed with whole grains and protein and I’m an extremely active individual. I’m outgoing, spontaneous — and, before this starts to sound like a dating bio, I’ll go to the point — and I’m usually up for trying anything.

Which is why, about six months ago, I decided having never taken a yoga class in my life to try Bikram Yoga.

Colloquially referred to as “hot yoga,” one is trying to get both of your legs behind your head while you try not to slip on the solid inch of sweat that has accumulated around you on the floor.

All joking aside, Bikram Yoga was one of the most intense, yet enlightening experiences of my life.

But not everyone walks away from the class with the same effects on their minds and bodies. In fact, some have difficulty walking away at all.

Recently, the dangers of yoga have been at the forefront of the media’s attention — and without reason. Yoga, done incorrectly, can actually be very harmful to the body.

Like most other popular fitness programs, yoga is a “hype” and physically demanding activity, one that requires substantial flexibility, stamina and core/muscle strength.

What did I learn from my “hot yoga” experience?

That the body can twist in ways I didn’t know it could, that I can sweat much more than I thought I could and that 90 minutes of supposedly serene and peaceful postures is actually extremely grueling.

Now, you might be thinking: okay Tran, Bikram Yoga is different than other types of yoga because of the altered room temperature.

But the truth is, the difficulty of yoga depends solely on the individual performing the activity.

According to the New York Times article, “How Yoga Can Wreck Your Body,” “not just students but celebrated teachers too, injure themselves in classes because they have underlying physical weaknesses or problems that make serious injury all but inevitable.”

I consider myself relatively fit, but I have paroxysmal tontinises in both of my knees and chronic lower back pain.

I left Bikram Yoga pain-free, relaxed and with a slight sweat dripping down the back of my neck (though I left those pounds on the floor in the final moments of doing a pose of sweat, but not everyone is so lucky).

One of the main things I remember, is my instructor — a dreadlocked, bampot-stroked hippie — telling everyone, “work at your own pace if you can’t do something thing, don’t force yourself.”

Her message was to have fun — and be one with nature, or something like that — but as I looked around the room I still saw many people struggling to elevate their bodies skyward while sustaining the entirety of their weight with their necks.

Staying active, healthy and in shape is very important in today’s society, but you can really call it staying healthy when you’re injuring yourself beyond repair by attempting insane poses the human body probably wasn’t meant to be in.

**Travis Lancaster, an English major, is in the second year as a columnist for The Montclarion.**

LIVE YOUR DREAMS Pass It On.

THE FOUNDATION FOR A BETTER LIFE
www.forbetterlife.org
Get Down to Dubstep: A Flash Flood of Colour
Enter Shikari’s new album delivers life lessons

Christine Byczkiewicz
Staff Writer

For those dismissive of the dubstep genre, even in the slightest, take this into consideration. The post-hardcore band Enter Shikari does not use such electronic elements just to entertain and/or make listeners dance, but to inform and educate, especially on their latest album, A Flash Flood of Colour. Here are some valuable lessons that will never get old:

No one is too big or too small to help those in need, a lesson from “System...Methdown.”

No matter how much one complains about human behavior, he or she still shouldn’t be just sitting back, but rather taking a stand, as stated in “Izsmukipt.”

Going through obstacles to reach your goal and learning to take initiative and responsibilities instead of waiting until someone else takes action, especially when it is too late to do so is the main moral to learn from “Arguing with Thermometers.”

War and hatred not being the answer is easily learned through “Thermolife” and “Gandhi Mate, Gandhi.”

Instead of blaming one person for all the world’s problems, we are actually all responsible. Thank you, we can still do something to help fix that and the people most capable of bringing change for the better are those who hold no political power, a theme alluded to multiple times.

The evils of some pride are the tale of “Hello Tyrannosaurus, Meet Tyrannicide,” and the values of loved ones are explained in “Constellation,” which shifts from the political standpoint to a more psychological, emotional standpoint.

Utilization of such lessons isn’t the only gem of this album, but also the utilization of different genres. From electronic to acoustic, to mellow singing to screaming to spoken word, all have an appropriate effect on every theme touched upon. For example, in “Search Party,” there is an initial mellowness of vocals and electronic music so danceable that one may not realize how serious this track actually is until 2:20 into it, when vocalist Rou Reynolds (literally) yells out “I know that we’ve got to find something new!” followed by “All hands on deck/we’ve got to scrub these —— out!”

“Gandhi Mate, Gandhi” uses almost every element famous in Enter Shikari’s music. When Reynolds screams out of pure anger towards the majority of the human race, spoken word is provided by his band mates, reminding him to “Calm down, remember Gandhi,” in reference to his non-violent protests. The only two tracks to provide a relatively steady tone are “Stalemate” and “Constellation,” both appropriate for their respective themes.

Whether or not a listener is a fan of hardcore, dubstep or other forms of metal and electronic music, this is a project that has something for everyone. It goes beyond simply entertain ing and exemplifies life lessons and universal truths.

weekly new artist spotlight

Maluca Mala as photographed by Terry Richardson

Maluca Mala is an interesting release from post-hardcore band Enter Shikari. Whether or not a listener is a fan of hardcore, dubstep or other forms of metal and electronic music, this is a project that has something for everyone. It goes beyond simply entertaining and exemplifies life lessons and universal truths.

Across the spotlight

Maluca Mala
Los Angeles, CA

Since her debut singles “Puñito” and “My World” went viral on YouTube, Iggy Azalea’s has been making some major waves on the Internet. The mixes and hip-hop lovers alike can’t seem to get enough of this sassy beauty with a hardcore flow and pop princess grooming.

Azalea is proving that Nicki Minaj isn’t the only female MC worth listening to and that the male-dominated rap game is not only unisex, but bratial. This Australian beauty, who

moved to California in 2006, has a flair that made music lovers quickly forget about former White Girl Mobb rapper Knuxshawn of Gucci Mane fame whose shining star is quickly dimming.

Azalea’s mixtape Ignorant Art is a free download that is simply delicious and her third single, “The Last Song,” is my favorite song of the moment. Azalea is all about girl power and is a testament that hip-hop music is still all about the substance and less about the packaging.

If you’re looking for some much-needed spice in your life, Dominican princess Maluca Mala has got the right spice in her music, infused with freestyle, merengue, vogue, hip-hop, cumbia, disco and house influences. Philadelphia DJ/producer Diplo works closely with Maluca and the two produce dance floor treasures that are infectious and powerful.

Her debut single “El Tiempo” (available via Mad Decent) catapulted her into the spotlight and draws on her Dominican electron-merengue roots.

Maluca recently released a track with The Party Squad called “Lola (Cin Don-ga)” that would have to be one of the sickest dance tracks I have ever heard!
The Artist, which saw a very limited release in November, has finally received if not a full-scale national release, at least one which makes it to Montclair’s own Clairidge Cinemas, purveyors of arthouse and independent films. A silent black and white movie about the era at the end of silent films and the beginning of the “talkies,” it is as revealing as any documentary could be.

The plot centers around George Valentin (Jean Dujardin), a star of silent films in the same vein as Rudolph Valentino, the “Latin Lover.” A superstar of the highest caliber, we are told almost everything we need to know about him within the first ten minutes: his ability to charm audiences, his love of his dog and above all, his pride. We are also introduced to a colorful cast, including an aspiring actress, Peppy Miller (Berenice Bejo), the boisterous studio boss (John Goodman) and the loyal chauffeur (James Cromwell).

Valentin’s character, upon being introduced to Peppy Miller, began an awkward adorable infatuation with her in a series of scenes which can only be described as sweet. Eventually, this pride of his brings him to a catastrophic downfall, as he refuses to make any films with sound and attempts to make his own silent film without any studio support and himself as the actor, director and producer. This film then fails in the face of a talkie blockbuster, which, in conjunction with the beginning of the Great Depression, caused his financial ruin, with his large mansion being exchanged for a tiny one-bedroom apartment. Eventually, he is redeemed by his former infatuation, Peppy, who has become the modern superstar and retained her love for his films. This leads to an eventual reconciliation and a surprisingly upbeat ending.

The use of black and white film, the ancient aspect ratio of 1.333:1 and the lack of audible dialog all would seem to be working against it, but due to the influence of director Michel Hazanvicius and the incredible acting from everyone involved, it was able to become an amazing movie. On Sunday, it won the Golden Globe for Best Picture, Comedy or Musical. Hopefully the accolades continue.

Alan’s Grade: 5 out of 5 Stars
Rock Your Face Off On The Ride Home
Band puts the life back in pop punk

Pop punk may be on the decline lately, but in the small suburban town of North Haven, Conn., it is most certainly alive and well. Last weekend at the Webster Underground in Hartford, Conn., up-and-coming group On the Ride Home jumped, kicked and rocked their way onto the pop punk radar. Their fast-paced early-Fall-Out-Boy-meets-The-Swellers sound combined with the amount of sheer energy this band has makes them an incredibly unique act that is sure to get the audience on their feet and moving to the beat. Drummer Mike Donto fearlessly led the group into songs like their own “Happy on a Dare,” with which they opened, as well as an incredibly accurate and awesome cover of Taking Back Sunday’s “Make Damn Sure,” to which the crowd was singing along with energetic frontman Jared Hunter. But Hunter is definitely not the only energetic member of the group; bassist Sean Robichaud and guitarists Brendan Sullivan and Richard Kim were constantly in motion on the stage, bouncing around from side to side, amp to amp and even sometimes into each other. The vibe that On the Ride Home gives off in their live performance is similar to that of pop punk superstars New Found Glory, Fall Out Boy or even Good Charlotte — perfectly coiffed hair and heartthrob bassist aside, this band has it all: witty banter, catchy tunes and an energy that will eventually send them straight to the top of the charts. On the Ride Home is definitely a band to see live; they will certainly impress you because, according to their Facebook fanpage, their main interest is “ROCKING YOUR FACE OFF.” What kind of person wouldn’t want that?

By Emilia D’Albero
Staff Writer

Emilia’s rating:
3.5 out of 5
rooked faces

What’s New with Dining Services?

Rathskeller
Revised Dining Hours
Saturday: 3:00 pm – 9:00 pm
Sunday: 12:00 pm – Midnight

C-Store
Revised Dining Hours
Saturday: 10:00 am – 2:00 pm
Sunday: CLOSED

Sam’s Place
Revised Dining Hours
Saturday: 9:30 am – 8:00 pm
Sunday: 9:30 am – 8:00 pm

Monday-Friday
Dickson Hall
8 am-10 am (Serving Breakfast Items)
11 am-7 pm (Serving Ethnic Foods)
Greek
BBQ
Latin
Asian

Monday-Friday
Bohn Hall
7 am-9:30 am (Offering Breakfast Items)
Student Ctr. Annex/ Across U-Hall
10:30 am-7 pm (Full Menu)

We have added another food truck with a rotating menu and another location to our campus!

Come Visit Us!
Still Running Strong
Montclair Celebrates the 40th anniversary of 15-0 men’s cross country team

During halftime at the men’s basketball game against Kean University on Saturday, Jan. 7, the 1971 men’s cross country team was honored for their perfect 15-0 season. This extraordinary group is one of a select few Montclair State teams to finish a perfect season. What makes these men so special is that they didn’t just go undefeated, they won all 15 games that they played in ’71. The cross country team was the fourth team in school history to have a perfect season. The only three teams to accomplish this before them were the 1947, 1960 and 1964 football teams. Since then, the 1982 football team and the 1989 men’s lacrosse team have been the only two other teams that have been able to achieve such an accomplishment.

Win Puts Men’s Basketball in Second Place in NJAC Conference

Montclair State jumped to an outstanding 18-0 lead in the first nine minutes of the game. After slightly reducing the lead throughout the rest of the first half, the teams went to the locker rooms with Montclair State leading Rutgers-Camden 27-18. The Scarlet Raptors started to fight back in the second half. They were able to cut the lead to five and almost had a shot at taking the lead away from the Red Hawks for the first time all day. Montclair State quickly got its act together and exploded with 15 minutes left in the game. Within minutes, the Red Hawks were able to bring the lead back up to 17 points and they didn’t stop there. The Red Hawks didn’t let their guard down after almost losing the lead. Montclair State continued to pressure the Rutgers-Camden offense and capitalized on missed shots. With just under two minutes left in regulation, the Red Hawks held an outstanding 24 point lead. The Red Hawks continued to play their hardest until the final buzzer rang.

The Red Hawks have seven games left in the regular season. All seven of them are conference games and four of them are home games. This works out for the Red Hawks because they haven’t lost a home game since Saturday, Nov. 26. Montclair State is set to Rowan on Saturday, Jan. 21 at 1 p.m.
OPEN HOUSE TODAY!

The Montclarion
January 19th, 4-8 p.m.
Student Center Annex
Room 113

Writers and Photographers wanted!

Free Pizza!
The men’s swim team started the new year off right with a 108-76 win against New Jersey Institute of Technology. Only six days removed from their intense eight day training trip in St. Croix, the Red Hawks won 11 events, five of them being first and second place finishes.

Junior freestyler Thomas Long and sophomore distance freestyler Joseph Berry also contributed with two first place finishes of their own. Long had a time of 22.70 and 50.48 in the 50 and 100 yard freestyle, respectively. Berry finished with times of 1:40.08 and 1:00.01 in the 1000 yard freestyle and 100 yard backstroke, respectively.

“It was a good meet to start the new semester. We were swimming doubles a day on top of doing some running meters a day throughout the week and about 10,000 through the week,” said coach McLaughlin.

McLaughlin.

“It wasn’t the most amazing meet, but the guys are pretty well-rounded this year. The only thing we’re lacking is a little depth,” said coach McLaughlin.

Junior freestyler Zak Wisterberg won two individual events, edging out fellow Red Hawk Michael Volko in the 200 yard freestyle with a time of 1:52.30 and finishing just ahead of Sam French in the 100 yard butterfly for a 1-2 finish with a time of 56.41.

“I think Vassar should be red down there as well. Sometimes individually it can go either way, people can be broken down, or conversely some people just get that extra bump from training,” said McLaughlin.

The Red Hawks would continue to dominate in the relays. Wisterberg, Long, French, and Chris Lee won the 200 medley relay with a time of 1:43.07. Lee would also be victorious in the individual medley with a first place time of 2:13.07.

“IT wasn’t the most amazing meet, but we swam solidly. I think Vassar should be a tight, they match up well with us,” said McLaughlin. “We just want to build on the hard work that was done first semester try and keep focused. The season starts to get long this time of year. We just get to keep our eyes on the finish line.”

The men’s team defeated Vassar 115-107 on Wednesday, Jan. 19. Montclair State will continue its season on Friday, Jan. 20 when the men will go up against New York University and Old Dominion.

The women’s basketball team plans on extending its win streak to four games when the Red Hawks take on the Profs this Saturday. Montclair looks to avenge last year’s 71-73 road loss to Rowan.
Hockey fighting to finish the season on a high note

Check out TheMontclairian.org on Monday for Recaps of this Weekend’s Games

Women’s basketball team currently in fifth in SECHL standings

Skating on Thin Ice

Red Hawks stand in fourth place after winning 8 of last 10

The Red Hawk hockey team limped into winter break hoping that when they came back, nearly a month of practices would allow them to gain control of the rest of the season. The first game of the new semester rewarded their efforts.

On Thursday, Montclair played at home against their rival, William Patterson University in their second match-up this season. In a back and forth game, neither team came away with the win. The tie will keep the Red Hawks (4-5-2) in the top four in the SECHL conference with 10 points, right behind University of New Hampshire.

Back in October, Montclair beat WPI by a score of 2-6. With a win and a tie against the top-ranked Pioneers, the Red Hawks would hold the tie-breaker if it comes down to them to decide the division. However, that won’t happen this season. The Red Hawks need to kick it into gear as they enter the tie-breaker if it comes down to them to decide the division.

“As much as I would have liked to win this game, I can’t really complain too much with how the boys played. They came back after being down in the game twice and really showed some heart,” said coach Frank Baron on Thursday’s game.

Cody Ingle was the top performer in the game. He scored a goal and had two assists, giving him a total of three points, all coming at just the right time during the game. Tyler Timeck, Albert Abruenez, and Thomas Lindquist made the other goals for Montclair. In 60 minutes of play, Kevin Fox racked up 41 saves on 45 shots and had a save percentage of 0.911.

Montclair hit the road on Saturday to Central Connecticut to take on a surging Blue Devils team ranked second in the SECHL behind William Patterson. In a very physical game which landed a combined total of 16 penalities, the Red Hawks, 70-66, dominated Hamilton University 70-45.

Against Widener, Montclair State had two fairly easy contests against New Jersey City (6-1) with a score of 5-3. The game was closer than the scorebook would show. The Red Hawks facial 50 shots and stopped 46 of them. The other goal was an empty net goal. Fox wasn’t the only goalie who showed he belongs on the ice. John Palmieri of CCSU stopped 46 of 47 penalty shots and eight goals, the Red Hawks had a long bus ride home after they fell to Central Connecticut State (6-1-3) with a score of 5-3.

The women’s basketball team has been on fire over the past few weeks. After ending the semester with a record of 6-4, the Red Hawks went 4-2 over winter break to increase their record to 10-6 (2-4 MEAC). The Red Hawks were able to win six straight games before losing two at home to William Patterson and Kean University.

Montclair State ended 2011 on a high note with wins over Widener University on Dec. 29 and Hamilton University on Dec. 30 during the Land of Magic Tournament in Daytona Beach, Fla.

Against Widener, Montclair State was able to tie the game at 65 with five minutes left in regulation. The Red Hawks were then able to hold the lead for a 74-72 win. Senior guard Jaime Ericson finished the game with 21 points and 10 rebounds.

The next day, the Red Hawks dominated Hamilton University 70-55 and freshman standout Melissa Tobie was able to score 22 points and seven assists.

Montclair State had a less-than-spectacular homecoming when they returned to the Panzer Athletic Center. The Red Hawks took on the undefeated Pioneers of William Patterson on Wednesday, Jan. 4. The Red Hawks held their own through-out the contest, but ultimately fell short after the Pioneers took the lead with 30 seconds left in the game. Tobie and sophomore guard Theresa Towns both helped the team with 16 points each.

After the close loss to William Patterson, Montclair State went up against Kean University (13-2). Once again, the Red Hawks pushed the opposing team into the final seconds. The Red Hawks tied the game at 66 with four minutes left, Down 66-62, Tobie stepped up for the three free throw attempts.

Tobie sunk the first two but brought the Red Hawks two points within. After Tobie missed the third shot, Ericson grabbed the rebound, but unfortunately turned the ball over to Kean. Tobie finished with a game-high 19 points and nine rebounds.

Even though the Red Hawks lost both home games, they could be proud of their performances, and the Red Hawks will look to build momentum as they affect their next two games on the road.

Montclair State had two fairly easy contests against New Jersey City on Wednesday, Jan. 11 and Rutgers-Camden on Saturday, Jan. 14. The Red Hawks were able to beat New Jersey City 65-63 after taking and holding the lead 10 minutes into the game. Freshman guard Janitza Aquino and freshman forward Sara Farrell both scored 14 points while Ericson finished with nine points and 11 rebounds.

During the game against Rutgers-Camden, Montclair State had yet another dominant second half. The Red Hawks went into halftime with a 39-30 lead. Those nine points were more than enough breathing room as the Red Hawks would eventually hold a 27-point lead (69-42) with six minutes left in the game. The final buzzer rang with the Red Hawks up 73-58. Tobie led the Red Hawks with 17 points and seven rebounds.

Montclair State is set to face off against Rowan University on Saturday, Jan. 21. The Red Hawks will need to win if they want to stay in the running for the conference title.

The Red Hawks are currently in fifth place in the SECHL with seven games left in the regular season. With only six games remaining on the regular season schedule, four of them are conference matchups.