Now restrictions on parking along roads off Valley Road in Clifton and streets close to campus in Montclair were announced in an e-mail sent to all students last Thursday.

"Effective immediately, the City of Clifton will be dramatically increasing ticketing of illegally parked vehicles," read the e-mail.

This applies to cars without local residential permits who park on McCosh Road, East Normal Avenue, Woodlawn Avenue, Hidden Places, McLean Road, Charles Street, Pine Court and Robin Hood Road.

Additionally, parking on Valley Road has been restricted from 8 a.m. to 8 p.m. each day.

Parking on Valley Road has been restricted from 8 a.m. to 8 p.m., extending the former 5 p.m. limit.

Avoid Getting the Boot

Parking Continued on Page 1

No Blackout for Blackboard

Blackboard Continued on Page 5

The Montclarion will not have a printed edition next week, Feb. 14, 2013.
The Montclarion is a freely distributed newspaper providing one copy per person. Additional copies are $0.25. The Montclarion is published weekly, except during examinations, summer and winter sessions. The Montclarion is funded by student fees distributed by Montclair State University and incoming advertising revenue. The views expressed in the Opinion section, with the exception of the Main Editorial, do not necessarily reflect the views of The Montclarion. The first edition of The Montclarion, then named The Pelican, was published on November 28, 1928.

Correction

From the Jan. 31 edition, in the "Pelican Police Report," Daniel Valles was not arrested for the possession of marijuana. University Police regrets the error.

From the Jan. 31 edition, in the "Voices In Our Webs" column, one of the comments was from Mark Ludas, not Mark Ludis.

The Montclarion willingly corrects its factual errors. If you think there is a mistake in a story, please call Editor-in-Chief Lori at ext. 5230.

"In America, the president reigns for four years, but Journalism governs for ever and ever." -Oscar Wilde
On Feb. 1:
- Governor Chris Christie will not be using public funds for the gubernatorial election. Governor Chris Christie announced that he is considering running for the New Jersey Senate next year. He stated on his talk show that he has been in touch with the Republican Party, and is seriously contemplating running for the New Jersey seat as a Republican in 2014.

- Officials revealed that teen pregnancies in New York public schools have dropped 27 percent over the last 10 years. 73 out of 1,000 girls ranging from 15 to 19 years old reported an intrusion of their systems. The issue came to light after U.S. companies and government computer systems. The issue came to light after Congress can come to an understanding. Congress must decide if these cuts will be stopped or not, but Democrats and Republicans have yet to reach an agreement.

- The Chairman of the Assembly Budget Committee is investigating a contract signed with a Florida debris-removal company after Sandy. It was rumored that citizens were questioned, since that money is used to restore the shore. The Chairman of the Assembly Budget Committee is investigating a contract signed with a Florida debris-removal company after Sandy. It was rumored that citizens were questioned, since that money is used to restore the shore.

- Bullying in some New Jersey schools is coming to a halt. Education Commissioner Christopher Cerf supports the decisions of Tenafly and East Brunswick's school boards to discipline students who bully their classmates.

- The Chairman of the Assembly Budget Committee is investigating a contract signed with a Florida debris-removal company after Sandy. It was rumored that citizens were questioned, since that money is used to restore the shore.

- A female student reported being harassed by a known individual while in Blanton Hall. The victim declined to pursue charges in this matter. (building #48)

On Feb. 2:
- A discussion will take place at the Boy Scouts' national executive board in regards to the admittance of gays in the Boy Scouts following a statement made by President Obama on Sunday. The suggestions are being taken into consideration.

- A St. Patrick's Day parade will be held in Keyport, honoring first responders from the boroughs that are helping restore the neighborhoods post-Sandy. Even though the damage is still visible, the parade will be held to show that Sandy did not defeat our state.

- As of Saturday, Democrat Senator Barbara Buono raised enough money to receive public funds for the gubernatorial election. Governor Chris Christie will not be using public funds in this year's election.

- About $1.3 billion was raised Monday from an Iraqi telecom company in Baghdad's small stock exchange. Almost two thirds of that money was raised by foreign buyers.

- A female student reported being harassed by a known individual while in Blanton Hall. The victim declined to pursue charges in this matter. (building #48)

- Alyssa Trovarelli was arrested for simple assault and domestic violence while in Blanton Hall. She is scheduled to appear in Little Falls Municipal Court. (building #40)

- Timothy Zoll, 19, of Flanders, was arrested for disorderly conduct while in Blanton Hall. He is scheduled to appear in Little Falls Municipal Court. (building #48)

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On Feb. 4:
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- A discussion will take place at the Boy Scouts' national executive board in regards to the admittance of gays in the Boy Scouts following a statement made by President Obama on Sunday. The suggestions are being taken into consideration.

- After a 30-minute power outage during Super Bowl XLVII, the Baltimore Ravens beat the San Francisco 49ers 34-31. Half of the stadium's lights in the Mercedes Benz Superdome in New Orleans were out, play could not resume until power was fully restored.

- Beginning March 1, spending cuts of $1.2 trillion are set to go into effect unless Congress can come to an understanding. Congress must decide if these cuts will be stopped or not, but Democrats and Republicans have yet to reach an agreement.

- Officials revealed that teen pregnancies in New York public schools have dropped 27 percent over the last 10 years. 73 out of 1,000 girls ranging from 15 to 19 years old became pregnant in 2010, which was down from 99 girls in 2001.

- Ed Koch's funeral was held this week in New York City mayor by speaking at the services.

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“Conversion means changing the direction of the path of our lives ... It is going against the current when the “current” is a superficial, incoherent, and illusory way of life that often drags us down, making us slaves of evil or prisoners of moral mediocrity.”

- Pope Benedict XVI

Join us for Ash Wednesday, the start of the Lenten season.

Schedule
Masses: 12:15; 3:00; 5:00 & 8:00 PM - Student Center Ballroom
Confessions heard 11:30AM -8:00 PM - before and after each Mass
Thinking About Education

The National Association for Music Education sponsored a very prominent philosopher of education who critiqued the current state of pedagogy this Wednesday in the Jedeshowitz Recital Hall.

Nel Noddings, Lee L. Jackie Professor of Education Emerita at Stanford University and MSU alumna, spoke to a room full of education majors, professors and teachers. She delved into the contents of her newest book, Education and Democracy in the 21st Century, saying that she wanted to “try to get fundamental concepts philosophically right.”

The topic of democracy was discussed—Noddings explored what she called the “knowledge that a specialist had, she responded, ‘the knowledge a specialist gains can only be enhanced by exploring other areas. Educators will then appreciate the importance of critical thinking’.

Her expectations of teachers extended to anyone with a specialty. “As a math teacher, she would insist that the teacher be a shining star that guides the class in critical thinking,” she said. “The teacher would have to rethink, revitalize our ideas of democracy. It isn’t just a matter of voting—it’s just a procedure. It’s a matter of working through the topics before we vote,” she said.

She described democracy as “a mode of associated living,” stressing the dependence that we have on each other and the importance of finding a concrete objective, she described it as “a knowledge that a specialist gains can only be enhanced by exploring other areas. Educators will then appreciate the importance of critical thinking.”

Critical thinking was a salient concept in her discussion (and in her book) and she believed that teachers were approaching the education of critical thinking the wrong way. Instead of critical thinking being a concrete objective, she described it as a cardinal sin. Critical thinking should be a shining star that guides the class in critical thinking, she said. “It’s a matter of working through the topics before we vote,” she said.

She delved into the contents of her newest book, Education and Democracy in the 21st Century, saying that she wanted to “try to get fundamental concepts philosophically right.”
An Attempt at Ending Violence

Retired officers hired in Lodi in an attempt to prevent school shootings

Borough officials in Lodi, N.J., have proposed putting ex-cops in the town's elementary schools, the Bergen Record reported Monday.

Five retired officers, one for each elementary school in the district, would be armed and charged with the tasks of meeting visitors and patrolling the building during school hours. In order for the students at the school to feel some sense of ease, the officers would be wearing civilian clothing instead of the traditional Lodi police garb.

The school board has yet to approve the measure, but there is already about $225,000 set aside for the hiring of the officers. The next school meeting is scheduled to take place on Feb. 27.

Frank Quatrone, the school's superintendent, said, "I'm keeping an open mind on ways to enhance security in all of our school buildings."

In the past, Governor Chris Christie has rejected the proposal from the National Rifle Association whose leaders declare that stronger gun control itself would not help prevent another tragedy like the Newtown shooting.

This hasn't stopped other towns from moving forward with armed security guards. In January, Totowa began placing armed police officers in their elementary schools to serve as guards.

Steven Engravalle, a superintendent in Fort Lee, was adamant in placing armed guards in every school in the borough, saying that it was "the only way" to avert another school shooting.

Mayor Frank Berardi became the first town to deploy extra security in the form of hired police officers when the Board of Education voted to station armed guards at their schools for at least 90 days.

Many are worried that placing armed guards in the schools will upset the students' sense of security instead of enhancing it. A fear that schools might become a type of "armed camp" is a worry that Gov. Christie expressed.

Mahwah police chief James Batelli spoke in a County School Board panel discussion on Jan. 24. "It won't stand the test of time. [Instating armed guards] may look good now, and may make you look like a proactive school district, but I guarantee eight months down the road they won't still be there," said Batelli in a Fort Lee Patch article.

In Garfield, the topic of armed guards in school has been met with intense debate. "I do not believe we should turn our schools into prisons or jails," said school board member Charles Nucifora in an article for the Bergen Record.

Advocates of the armed guards made the point that the police officers could do more for the school than just protect it against a shooting.

If fighting fire with fire, or in this case, guns with guns is not the solution, then how can we prevent another elementary school shooting? Escort service for visitors, insurance of safety protocol and deterrence of any potential predators could all be valuable functions of the armed guards. The officers, if hired, would have to maintain their certification in first aid and CPR.

Schools all over the state have already enacted armed security measures, such as more camera surveillance and a swipe in system with ID cards.

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The results are in: While the rest of the hot-wing eating, beer drinking, football-loving world was celebrating or grimacing the victory of the Baltimore Ravens this past Sunday, you were silently plotting ways to escape the crowds and dig up your old Destiny’s Child CD, as well as maybe hitting the gym somewhere in between. You know darn well those finger foods aren’t going to look as good on you as they tasted.

For the fashion-savvy, the Super Bowl is usually nothing but a Super-snore. The field is covered with wall-to-wall sweatbands and spandex. While it just might be acceptable if every single player in the history of the NFL looked like Joe Flacco—I digress, the football fashion usually just doesn’t cut it.

But this year, in the midst of our kick-off refreshments, we were given a breath of fresh fashionista air in the form of Alicia Keys. Taking the piano and our ears by storm, Keys gave us understated elegance in a floor-length deep red racer back-style gown by Alaia. Paired with a simple gold choker necklace, Miss Keys sang our national anthem to a “T,” ensuring all of us we were proud to shop in the land of the free and “the home of the fabulous.”

Fashionistas cheered again when Jennifer Hudson took the field to sing “America The Beautiful” looking just that in a black long-sleeve leather top by Monika Chiang, paired with a simple white pencil skirt by L’Wren Scott and killer pumps by Yves Saint Laurent. With all those major fashion players on the field, who needs athletes?

But we, the chic people of the world, were overruled and sentenced to two excruciating 15 minute long quarters of passes, fumbles and flags until— the mother load: Beyoncé, in the flesh, taking fashion football to infinity and Bey-beyond at the halftime show.

From the moment she took the stage in a futuristic leather outfit that evaporated piece by piece into a barely-there lace-embroidered body suit, we were “Crazy in Love.” With her wacky facial expressions aside, Beyoncé proved she could own both her look and her moves with those trademark hip swings. Also, Single Ladies and 90s babies everywhere rejoice! Kelly and Michelle of pop group Destiny’s Child exploded onto the scene just in time to join Beyoncé in tailored, complementing black leather body suits, and a mirror image of their days as girl-band royalty.

While the boys were whimpering over the stadium blackout, we were all giving Beyoncé a nod of approval for truly knocking the lights out of Super Bowl XLVII. When the final pass was thrown and the final punt was kicked, we fashion-lovers were free to be on our merry way, strutting our stuff out of the parties, fully aware that we will never look as fierce as Sasha Fierce herself, but too proud to care anyway.
Losing weight is a great way to encourage healthy eating habits and to keep track of calories. Keeping a food journal is a great way to improve your quality of life within days of creation.

2. Reach and maintain a healthy weight

Excess body fat significantly increases your chance of developing diabetes, high blood pressure and high blood cholesterol, all of which are bad for your heart. The keys to losing weight include physical activity and managing calories. Keeping a food journal is a great way to become aware of unhealthy food habits and to keep track of calories.

3. Move!

Regular physical activity alone can help the body lower cholesterol levels, blood sugar and blood pressure. To stay healthy, adults should participate in at least 30 minutes of moderate physical activity five days a week.

Too busy? Start slow and incorporate more activity into each day by parking farther away from your destination, taking the stairs instead of the elevator, getting active during lunch and pointing to a map to re-orient on different floors. Trust me: little steps like these will motivate you.

4. Lower your blood pressure

High blood pressure is the primary risk factor for heart disease due to the strain that it puts on your heart and arteries. To lower blood pressure, the American Heart Association recommends limiting sodium to 1,500 mg a day. This is equivalent to less than 1 teaspoon of salt! Check the nutrition facts label for sodium content. Anything with more than 20 percent of the daily value of sodium per serving is high and should be consumed in moderation. In addition to salt, high amounts of sodium are present in canned and frozen foods, cold cuts and processed snack foods like chips, crackers and cookies.

5. Decrease your cholesterol levels

Too much bad cholesterol cirulating throughout your body builds up plaque in your arteries, which are the roadways that blood uses to travel away from the heart. To lower cholesterol levels, consume fat-saturated and trans fats and limit foods high in cholesterol.

Here are some tips: Switch from full-fat to low-fat or fat-free dairy products and consume fatty fish twice a week instead of beef to replace bad fats with heart-healthy omega-3 fats. Studies have also shown that fiber helps to control the levels of cholesterol in the blood, so there is one more reason to eat your fiber-rich fruits and vegetables.

6. Control your blood sugar

Complications from diabetes are some of the leading causes of cardiovascular disease. Prevent or control diabetes by trading in most refined grains and simple sugars for whole grains and fiber-rich foods. Daily exercise also helps your body process sugars more effectively.

7. Eat a healthy diet

Eating a healthy diet incorporates all of the above advice to maintain a healthy weight and lower blood pressure, blood sugar and cholesterol. In a nutshell, consume lean fish, whole grains, fruits and vegetables, while limiting intake of sodium, cholesterol, simple sugars and saturated and trans fats.

‘Life’s Simple Seven’ to Prevent Heart Disease

Alexis Fissinger

February is American Heart Month, which makes it the perfect time to talk about prevention and control of the number one cause of death in American heart disease. 35 percent of Americans are currently living with some form of cardiovascular disease. However, many of us are unaware that most risk factors are controllable. The impact that nutrition has on the health of the heart and the entire cardiovascular system is very important. By focusing on a few key lifestyle changes, you can prevent and decrease existing heart problems.

Recently, the American Heart Association established seven simple goals for individuals to follow for optimal heart health. Whether you are focusing on prevention or battling a form of heart disease, “Life’s Simple 7” will equip you with the defenses you need to keep your ticker ticking.

1. Refrain from smoking

These messages on cigarette cartons tell the truth, folks. Smoking damages the entire cardiovascular system and decreases your lung capacity, making it more difficult to handle physical activity that is necessary for good health. If you smoke, quitting is the best way to improve your quality of life within days of cessation.

2. Reach and maintain a healthy weight

Excess body fat significantly increases your chance of developing diabetes, high blood pressure and high blood cholesterol, all of which are bad for your heart. The keys to losing weight include physical activity and managing calories. Keeping a food journal is a great way to become aware of unhealthy food habits and to keep track of calories.

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It is never too early or too late to start focusing on the health of your heart. By incorporating healthy tips into your everyday life, you can set yourself up for fewer complications down the road.

If you, or anyone you know, has uncontrolled diabetes or high blood pressure, please consult a registered dietician for personalized recommendations.

Instagram Reshapes Health

There are whole communities of health-conscious Instagrammers who encourage each other by taking photos and sharing their own. Those who follow these users range from groups of five to over 20,000.

The health-related trends on Instagram range from users sharing motivation-al quotes to personal progress mirror shots, to healthy and nutritious recipes posted under a photo of the finished product.

Vanessa Quintero, 19, from Arcadia, Calif., is a prime example. Vanessa’s passion for healthy eating is clearly displayed through her Instagram profile. She captures the beautiful detail of her meals and normally includes a list of ingredients underneath each photo. She creates nutritious meals which could fit into anyone’s busy schedule.

“The meals I put together fuel you for a busy day, but they also take less than 10 minutes to make,” says Quintero. “My favorite thing to cook is egg white pitas because they are fast and tasty.”

Don’t be fooled. Quintero doesn’t just take photos of her food creations because she likes the way they look. Like other photographers on Instagram, she experiences unique effects and then share with all of your friends. This app has become way more

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What is you’re go-to application when it comes to staying in shape? My Fitness Pal? Runkeeper? Or do you defer to one of the most popular smartphone applications to stay on top of your health?

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Hair ‘Die:’ Do Blondes Really Have More Fun?

Ljusice Doyle
Feature

“Hair die” refers to the correlation between a horror film’s start date and a date of significant annual event for another day. Does the lightness or darkness of the hair convey or reveal a certain personality traits like promiscuity? Does same hair color predetermine the level of sex appeal and virility? Much ink has been spilled over the possibility of sacrificial return, spill the most blood. Brains have been relegated to the space in between the lines. If this is the case for the blonde, then the brunette is the natural red head.

“What is the special appeal of blonde hair, an appeal so strong that it has led to the bizarre situation that there are now more artificial blondes in the world than real ones?” questions ethnologist Desmond Morais. In fact, despite the fact redheads have been historically viewed as the “other” hair color, one is more likely to come across a natural redhead than a natural blonde.

Women in Rome were awed by the advantages of a blonde, and blamed their hair. Biologically speaking, the natural blonde expresses subtle signals that transmit femininity. The fineness of the hair promises an eagerness to take care of her hair. Morais’s account, this echoes the softness of the femininity.

This act of imitation, however, became associated with femininity, and provided a form of proud and accomplishable object. In turn, the man-made blonde, through use of wigs or dye, signified professional sexuality. The feminity of the hair was outdone by the Roman prostitute was eventually required by law to don blonde hair by the 1st century.

Movie stars of the golden age of cinema also relied on blondness to sell a persona. The 1930s saw actors like Jean Harlow and Mae West come into fame through their bawdy, working-class character. There was also a sort of blonde whose locks appeared more natural; their>>>
Peak Performances

JOHN J. CALI SCHOOL OF MUSIC

MSU Wind Symphony
Thomas McCauley, conductor
Feb. 19 • 7:30 p.m.
Alexander Kasser Theater

DEPARTMENT OF THEATRE AND DANCE

MSU Symphony Orchestra
Ken Lam, conductor
Feb. 23 • 8:00 p.m.
Wagner - Excerpts from Die Walkure
Brahms - Symphony No. 2
Alexander Kasser Theater

DEPARTMENT OF THEATRE AND DANCE

Dance Collage
Feb. 20, 21 & 22 • 7:30 p.m. | Feb. 22 • 1:00 p.m.
Feb. 23 • 8:00 p.m. | Feb. 24 • 2:00 p.m.
Memorial Auditorium

973-655-5112 | www.peakperfs.org | Every Seat $15

*Undergraduate students at MSU receive one ticket at no additional charge through the Performing Arts Fee with their valid student I.D.
Wanted: 29 serious people to work from home using a computer. Up to $1500 - $5K PT/FT. www.ValleyIncomeOnline.com

HAVE FRENCH WILL TRAVEL: Experienced tutor will prepare you for any exam, presentation or first-time travel to France. Learn just what you need to know. $40/hr. reginavandyke@hotmail.com or 862-506-7978.

Wanted: 29 serious people to work from home using a computer. Up to $1500 - $5K PT/FT. www.ValleyIncomeOnline.com

HOMEWORK-HELPER Wanted for 10 year-old, Monday 4:15-6:15pm in Montclair - $15.00 per hour. Call Mary Kate 973-865-8769

Before school care and driver needed for 12 and 14 year old in our Cedar Grove home (close to campus) from 7A-8A Monday to Thursday. References, background clearances and car required for transportation to school. 610-993-8796 or ncarrelli@carebridge.com

Needed ASAP: P/T caring babysitter for 2-yr-old daughter. 3 days/week, schedule flexible. Needed for morning routine and daycare drop-off, noon pick-up, afternoons. Must drive/have car, prior childcare experience, references. Extremely discounted apartment available for right person. Contact Logan 767-797-7773 for interview.

CONGRATULATIONS CLASS OF 2013
Schedule Your Free Senior Portrait Session Now!

MSU’S OFFICIAL Yearbook and Senior Portrait Photographer will be on campus from January 31st through February 15th.

NEW FOR 2013: In addition to your yearbook and graduation portraits, Lors is now happy to include professional portrait poses for resumes, job applications and social media outlets like LinkedIn as part of your Senior Portrait session.

SCHEDULE YOUR FREE APPOINTMENT ONLINE AT: www.lorsstudio.com/schedule or use your smartphone to scan the QR code below.

Please Note: Times and locations per day vary. Check the online schedule for the date and location convenient for you.

If you do not have access to a computer, you may call Customer Service at 908.964.3040

Suggested Dress Code: Professional business attire. Your FREE Portrait Session will include Professional Profile Portraits and Yearbook Portraits, as well as Cap & Gowns provided by the studio.

Email montclarionadsales@gmail.com for more information and details.
Aries March 21 -April 19
You are a social butterfly this week; the events in your life will encourage new opportunities that could be helpful in future endeavors. Let your personality shine and remember the faces you meet, you may see them again in your future!

Taurus April 20 -May 20
Your career and social life are both upbeat. A very special opportunity will come your way — be quick off the mark, however, don’t miss out on something great!

Gemini May 21 -June 20
Be cautious about your life choices; especially ones linked towards your career. Don’t sell out though you may be tempted to do something that isn’t in your best interests.

Cancer June 21 -July 22
You may come into good financial standings, which may encourage you to travel; whether it is an international journey, or a spiritual one.

Leo July 23 -August 22
You are quiet the cool cat! You will be faced with not only popularity, but affairs that will require group interaction and work. Get-togethers or parties should go down well and could be a hit!

Virgo August 23 -September 22
You are in charge this week, whether it is disputing an issue or making executive decisions. Don’t go too far and sacrifice your own needs for someone else’s.

Libra September 23 -October 22
This week you are in a mood to party it up. As a bonus, your romance zone is also in focus. You might need to pace yourself and don’t rush things.

Scorpio October 23 -November 21
Your home life will be peaceful, you could get some good news regarding money, perhaps from your family.

Sagittarius November 22 -December 21
Your thinking seems to be sharp and original. You’re able to come up with fast answers and resourceful ideas.

Capricorn December 22 -January 19
Your finances seem to be in good shape. You could get a raise, a nice commission check, or other money coming through your job. Looks like you’ll be in good financial standing!

Aquarius January 20 -February 18
While you may have a lot on your plate, it will all be worth it in the long run. Positive things are headed your way, as long as you are persistent in your work.

Pisces February 19 -March 20
Pay close attention and focus on your dreams, don’t stray away from the path, even if you need a little push.

Keep a look out in your email for The Montclarion’s latest graphics contest!!
Cash prize awarded to the winner, so stay tuned!

what the kid in the back is thinking

Hum Bucking Harold

We learn to recycle Abigail from these Cayotes
They’re putting her in all sorts of bright colored war
She looks like, Norman Rockwell's

We value our friends
Life is a great adventure
She’s my best gal

My Bick is going to explode when I post this
Her eyes are going out on me

I thought you looked neat
We’re still a pair
You’re still a pair

Check out the earlier episodes at article1k.blogspot.com
Complaining about parking? Trust us, you are preaching to the choir here. Montclair State University is infamous not only for construction, but also for its lack of parking. Many of MSU’s commuters try to avoid parking on campus at all costs, whether it be forking over cash to the University or avoiding the chaos of the on-campus parking situation.

Off-campus parking has now become a bit of a challenge with Clifton’s new parking restrictions and most of those who park on Valley Road will no longer be allowed to park there unless they insist on getting a pretty little ticket from the town’s police department.

In order to park on streets such as McCosh Road, East Normal Avenue, Woodlawn Avenue, Hibben Place, McClean Road, Charles Street, Pan Court and Robin Hood Road, you will need to be a resident of the town and would need to obtain a residential permit. As for Valley Road, it will be off-limits between 8 a.m. and 8 p.m., the primary class time for most students. What was once an available parking area for both residents of Clifton and the students of MSU is now an empty strip of asphalt.

This is a complete waste of space, with Valley Road being the best potential space for free parking. Many don’t realize that this is poison for both our students and the residents. With Valley Road being incapacitated, the residents of the town will have no choice but to buy residential passes. Soon, every street will require a parking pass. This will also be problematic to students, regardless of those who have parking passes and those who do not. Both use Valley Road when our campus parking is lacking, which it usually is.

The university is claiming that the stairway near the Newman Center, seen hazardous, claiming that this is a better alternative for student safety. It almost feels like this could be a ploy by Parking Services, but it’s probably safe to say that this would be giving them too much credit. Something so genius in nature couldn’t and wouldn’t have been crafted or influenced by our administration.

It is confusing as to why the town has decided to implement this new restriction. There has never been a problem with people parking on Valley Road, but the town finds it necessary for it to be closed down. The alerting email that was sent to students came as a surprise to most. The sudden urgency to close down Valley Road was shocking to say the least and it would have been nice to have some warning in advance.

Now students have to find a new place to park. The mass panic for spots has caused some increase in parking pass sales. Other students are trying to work the system, either parking somewhere further from campus or will risk parking on Valley Road, hoping to take their tickets to court.

Though I think appealing to a judge with the phrase “this is totally bogus” may not be proper court etiquette, it definitely describes the current predicament. Valley Rd. should be available to both the students and the residents. We commend those who would like to battle their tickets in the courtroom because we all know that this is madness. “No, this is parking!” With this new restriction, the town of Clifton will literally be kicking us into a hole, plunging towards an even more desperate need for parking.

Vicky Leta | The Montclarion

The Montclarion • PAGE 13
themontclarion.org

Opinion

You Gotta Fight For Your Right To Park Here

The Week In Review

Thumbs Up

Chocolate
The Puppy Bowl
Nicolas Cage (forever)

Thumbs Down

GoDaddy.com commercials
Fire drills

Destiny’s Child and their “microphone malfunctions”
Kristen Brygolle, a Classics major, in her first year as assistant opinion editor for The Montclarion.

McEnroe's Child who did not become near-

ly Williams; the other two members of Des-

Kelly Rowland and Michelle Wil-

Regarding the pregame conference. Upon

I would say McEnroe was certainly ready, ready to give Amer-

relations we form are always formed be-

Beyoncé had, by quite a margin, the lowest microphone.

No Way But The Beyoncé Way

Super Bowl halftime was super disappointing

Anticipa-

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Lights, Camera, Blackout

Stadium lights blown out by a blow dryer

Leiloni Levon Syers
Columnist

It was a year ago I wrote a column about how our beloved New York Giants received so positive attention in the wake of their recent Super Bowl victory. While the next NFL season is all-but-predictable, one thing is inevitable: Super Bowl XLVII will be held in the Garden State. This game, set on Feb. 2, 2014 at Metlife Stadium, will truly be one for the ages, annouc- est or not, as it will be the first to be held outdoors in cold weather. Even if the Giants or the New York Jets don’t make the playoffs, our tri-state area will be shaking from the abundance of excitement on that very day.

Why am I talking about the Super Bowl once again? I mean, haven’t we heard enough about the Harbaughs and the hype over Ray Lewis’s retire- ment? Well, I’m here to talk about the aesthetic future of these games. Yes, I’m talking about the endangered Super Bowl logo. Until Super Bowl XLV in 2011, each game had its own logo. These logos commemorated the uniqueness of each season and the game it represented. Some were de- signed for their location, like Super Bowl XXXI in 1997, which took place in New Orleans and had ribbons of purple and green to echo the Mardi Gras. However, since the 2010 NFL season, the league thought of a way to generalize the unofficial holiday by creating the same “T-1000” style logo with a different numeral to be X’ed out every year. That monstrosity was used in New Orleans this year, and, boy, what a dud contrast.

The logo, which will always be the same with the Venus Lumberdi Trophy towering above monochrome silver-dipped letters, does not encour- age creativity whatsoever. That’s similar to the atrocious 2012 Olympics logo from London sticking around for Sochi in 2014. I’m glad that the same team hasn’t won twice since 2011. Yes, I’m sure, hypothetically speaking, Giants fans will point to that logo they have more than one of and be confused about what happened specifically those years.

There is something this new, ge- netic Super Bowl logo possesses, in one word: commercialization. The NFL wants to use the Tiffany-made Vince Lombardi Trophy as a way of representation, like the Olympic rings. They want to make the Super Bowl into a brand, an advertisement, a symbol of underlying dynamic. Fox Sports reporter Erin Andrews posted on Twitter an anticipatory print ad for next year’s Super Bowl, and lo and behold, that same atro- cious logo bears the additional “I,” even though their robot mascot Clea- verly trying to have certain photos- ers such as ESPN.com, was apparent- ly found.

Considering the intensity of Be- yoncé’s performance, which would then in turn tarnish her otherwise entertaining perfor- mance. I really liked it.”

The blow dryer itself is a special edition Philips “Omegas,” designed specifically to give Beyoncé’s hair that Jen’s mane look. Diamond-en- crusted and made from pure plati- num-coated titanium, it produces close to 1,210,000,000 watts (1.21 gigawatts), which, if channeled into a flux capacitor, would generate the reaction necessary for time travel. At half-power, the machine produces enough heat to warm an entire New York City block in the dead of winter indefinitely. At full power, it can do much more horrifying things than cause a blackout. I’m talking about blowing out stadiums.

It’s no wonder then that Be- yoncé’s performance has been franti- cally trying to have certain photos of Beyoncé’s performance taken down from various media sources this week. If these pictures were to linger for too long, the class would eventually lead back to her hair dry- er, which would then in turn turn her off-message performance.

People have yet confirmed nor de- nied any involvement with the in- cident or the rumors surrounding the blackout, but it did create such fan present at the Super Bowl a compli- mented the performance from the audience.

Although blow dryers are powerful enough to continually cause black- outs within our homes, they are certainly not enough to cause a blackout at stadiums. Lights, as fragile as an lit year ago as editor of The Montclarion. What did you think of the Super Bowl halftime show? A 28-year-old hip-hop star, Beyoncé, took a knee and pointed to a sign with Tiffany’s logo. The blow dryer itself is a special edition Philips “Omegas,” designed specifically to give Beyoncé’s hair that Jen’s mane look. Diamond-en- crusted and made from pure plati- num-coated titanium, it produces close to 1,210,000,000 watts (1.21 gigawatts), which, if channeled into a flux capacitor, would generate the reaction necessary for time travel. At half-power, the machine produces enough heat to warm an entire New York City block in the dead of winter indefinitely. At full power, it can do much more horrifying things than cause a blackout. I’m talking about blowing out stadiums.

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Concerning Editorials and Columns

Main editors appear on the first page and are responsible for commissioned articles that represent the opinion of the editorial board on a particular issue. Columns are written by individuals and do not necessarily reflect the opinions of The Montclarion staff.
TransiTransitioning Trends and Musical Tastes
tioning Trends and Musical Tastes

Many can remember 10 to 15 years ago when somebody casually mentioned that they played guitar or drums the waves of “Awesome!” or “Cool!”. Now, with the current mainstream music scene, musicians are cast in the side in favor of 80’s and Heartbreaks. With digital instruments sneaking into popular songs in traditional genres with Taylor Swift’s radio-friendly “I Know You Were Troubled” being the most recent example, the importance of those “classic” instruments are slowly fading out.

Causal music listeners have generally responded positively to this change with their wallets. The digital sale of electronic music has increased by 42 percent in 2012. A stark contrast from the marginal increase of 16 percent for rock music. Even more telling is the chatter of Facebook posts about how everybody wants to go to festivals such as Electric Daisy Carnival instead of Coachella or Bonnaroo. Hell, even Bonnaroo had Skrillex in its lineup just to stay appealing to these consumers.

This evolution, that many cry over as “the death of music,” is an interesting phenomena that repeats itself every generation. Remember punkster raps and parachute pants from the early 90’s. It’s an interesting thing to see how these guitarists and other musicians adapt to stay relevant in their extremely competitive industry. The engineering behind their sounds is becoming increasingly digital with effects that modulate the signal and alter the timing of their instrument. Some artists are digitizing their analog signals with special hardware that allows their sounds to be digitally edited in live time.

This fusion of analog and digital equipment leads some to wonder what music will be like in the next twenty years. What do we know though, is that it won’t be the devil’s music and, of course, the children will be safe.

Six daydreamers turned rockstars!

Nicole Duque
Staff Writer

These six daydreamers from Iceland are best known for crafting catchy, folky pop songs that are not only treasured about in their motherland but are spreading across the globe like wildfire. Iceland’s annual battle of the bands, Músiktilraunir, started it all, granting these young musicians a beginning as total rock stars in 2010.

Having only one album thus far, highly recommended listens include, “Little Talks,” “Love Love Love,” “King and Lionheart,” “Mountain Sounds,” and “Dirty Paws.”

Nanna Bryndis Hilmarsdottir, the band’s co-singer and guitarist, was not expecting the successful turn out of the competition. Celebrating the victory at her home with some beer, she realized that this was just the beginning of her career and quickly convinced the hearts of many listeners that her and her bandmates have amazing talent.

The groups’ single, “Little Talk,” set a solid stage for not only Nanna, but her companions (guitarist Brynjar Leifsson, co-singer/guitarist Ragnar “Raggi” Porhallsson, drummer Arni Eiriksson Hilmarsson, and bassist Kristján Páll Kristjánsson) triggered a rapid rise in a year that was thrown by Of Monsters and Men in the near future. With fate on their side, more music is to be released and tours to be held.

Their inspiration for melodies and lyrical content come from stories they’ve read, particularly about people in history who have become legends from the most bizarre of situations. Nanna recalls “Six Weeks” being inspired by a true tale of American frontiersman Hugh Glass and his encounter with a bear.

Although their music seems to be uplifting and fun to sing to, the words do not follow this same trend. The band mates feel as though their country can be isolated, and so this idea radiates into their messages. “Little Talks” speaks of loneliness and insanity, whereas “Love Love Love” relates to heartbreak. The goal here is for you to sing along and feel happy, even though what is being sung to you isn’t exactly what you’d expect.

In September 2011, another par- ty was thrown by Of Monsters and Men, this time to celebrate their full-length debut, My Head Is an Animal. This album hit No. 1 in Iceland soon after it was released, and was released worldwide in 2012. In both instances, they cut out animal masks for attendees to wear making them monster-men and women.

Relatively young on the music market, a lot is expected of Of Monsters and Men in the near future. With fate on their side, more music is to be released and tours to be held.

Live Shows
Cosmopolitan Hotel
Las Vegas, Nev.
April 17
Red Rock Amphitheaters
Morrison, Colo.
May 20

Erykah Badu fuses analog and digital technology.

(PHOTO: Courtesy of synthtopia.com)

(PHOTO: Courtesy of synthtopia.com)
The Plight Of Michelle Williams

Destiny’s most awkward child

Rashad Bradshaw
Arts Editor

Destiny’s Child’s legacy in the music industry has spawned an amazing Grammy-filled career with millions of albums sold worldwide. Setting records and trends, the group proved to be a force of nature.

The group’s longevity surpassed losing members, spin-offs and the bad outfits sewn by House of Dereon member, Triarch Tina Knowles to become the world’s most acclaimed girl group (after The Spice Girls or The Supremes). The group’s longevity surpassed losing members, egos and those tacky outfits sewn by House of Dereon member, Triarch Tina Knowles to become the world’s most acclaimed girl group (after The Spice Girls or The Supremes).

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“Twenty years from now you will be more disappointed by the things you didn’t do than by the ones you did do. So throw off the bowlines, sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover.”

– Mark Twain

Valentine’s Day Playlist

SONGS THAT MAKE YOU WANT TO GET IT ON

“Let’s Get It On” – Marvin Gaye
Lori Wieczorek, Editor in Chief

“Casual Sex” – My Darkest Days
Jessica Zarnogursky, Feature Editor

“Sexual Healing” – Marvin Gaye
Lindsay Rossman, Managing Editor

“I Want You Back” – Discovery
Jonathan Molina, Assistant Arts Editor

“Give It To Me Baby” – Rick James
Nick Verhagen, Sports Editor

“It’s Not Unusual” – Tom Jones
Kristen Bryfogle, Assistant Opinion Editor

“Ride” – Ciara
Carley Hussain, Production Editor

“Buttons” – The Pussycat Dolls
Tiffany Sarr, Assistant Production Editor

“Lowdown” – Boz Scaggs
Nick Taylor, Chief Copy Editor

“Climax” – Usher
Catherine Baxter, News Editor

AVOID THE CLAP

USE PROTECTION

MATISYAHU

Arts & Entertainment

themontclarion.org

PAGE 18 • February 7, 2013 • The Montclarion

Ten Times a Madman – Acoustic Finale – Tour with O.A.R. & Steel Pulse

You’re Made of Me

Acoustic Finale

Tickets at mayoarts.org (973) 539-8008

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Brooklyn’s own Matisyahu comes to Mayo PAC with the Acoustic Finale Tour for the release of their new album Ten Times a Madman. The band’s sound combines traditional Jewish elements with reggae music. This tour is an acoustic interpretation of their new album. The concert is on Monday, February 18, 2013 at 8pm. Tickets are $20 for students with promo code 13STUDENT. Tickets are available at MayoArts.org. Mayo PAC is located at 100 South Street in downtown Morristown, walking distance from NJ Transit’s Morristown stop.
2012-13 ENTERTAINMENT

JAN 19    TUBBS SNOWSHOES
          ROMP TO STOMP
JAN 22    TOUR DE CREEK
          SHOP CHALLENGE
JAN 25—27 BURTON MOUNTAIN FESTIVAL
          @ VERNON BASE
FEB 2—3   USASA MID-ATLANTIC SERIES
FEB 2     THE NERDS @ RED TAIL LODGE
FEB 9     K2 PRETTY IN PINK
          GIRLS ONLY RAIL JAM
FEB 16    VOLCOM PEANUT BUTTER
          & RAIL JAM
FEB 16    THE AMISH OUTLAWS
          @ RED TAIL LODGE
MAR 2     THE NERDS @ RED TAIL LODGE
MAR 10    SNOW PLOW LUAU & POND SKIM
          @ VERNON BASE

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Swimming Makes Splash in Final Duel Meet

Both Montclair State’s men and women swimming teams ended the regular season on a high note, and possibly generated some momentum heading into the postseason by defeating NJAC and in-state rival William Paterson.

Together, the Red Hawks and Lady Hawks combined for 21 first-place finishes between both teams.

MSU’s men took on the William Paterson Pioneers in Wayne on Feb. 2 at 1 p.m. Montclair State came away with a decisive victory in a tight contest, winning by a score of 159-140. Junior Michael Paterson claimed his first triumph. His other win came in the 100m backstroke where he registered a time of 58.57. which was just enough to claim victory over his closest opponent.

On the women’s side, MSU went against the William Paterson Lady Pioneers on Feb. 2 at 1 p.m. The Montclair State women won a race by the score of 171-68. Senior Ashley Vallys and junior Kelsey Dobran were the high achievers on the day, winning a series of events each.

Their first win came in a joint effort as they teamed with freshman Katherine LaCava and sophomore Jessica Joseph to win the 200m medley relay in a time of 2:03.35. In the 200m breaststroke, Vallys swam a time of 2:19.68 to claim her first victory.

Vallys’s other win came in the 50m freestyle when she swam the event with a time of 25.75. Her final win of the day came in the 100m breaststroke where she notched a time of 1:03.70. Dobran went on to win both the 200m breaststroke event by claiming victory in a time of 2:19.81. LaCava also had an individual triumph in the 200m butterfly, where she claimed a time of 2:14.84.

Both swim teams will now take a well-deserved break before the Metropolitan Swimming and Diving Championships on Feb. 15.

Despite the gloomy overcast, the event was set up by the students. The Recreation Center hosted its second annual Intramural Sports Spring Season Kickoff.

Hosted by the Intramural Sports department, the event was aimed toward enticing the 2000+ students who come to participate in the various sports provided by Intramural Sports during the 2013 Spring semester.

A raffle from the array of activities offered, music was provided by a DJ while complimentary beverages were served to those who were interested.

Free prizes, ranging from New Jersey Devils baseball caps to Xbox 360s, were given away to those who decided to participate or enter in one of the many raffles during the event.

The events that were being featured at the kickoff included a full-court basketball tournament, a three-point competition, a soccer shootout, dodgeball and wallyball (volleyball played inside of a racquetball court).

Prizes were also awarded to the winners of each game.

The winners of the day were recognized with a certificate and a gift card to a local store.

One of the winners received a gift card toalmart.

The winners of the day included:

- Freez: Rauh
- Tennis: Davis
- Dodgeball: Marcus
- Wallyball: Choo
- Basketball: Clark

The Montclair State University Campus Recreation Center offers a variety of intramural sports opportunities for students to participate in. Intramural sports are a great way to stay active and have fun with friends.

For more information on Intramural Sports, please visit montclair.edu/campus-recreation.
Red Hawks Hit Some Turbulence

The Montclair State men’s basketball team was unable to follow up strongly after back-to-back victories, losing both of last week’s slate of games to conference rivals Ramapo College and Richard Stockton College by scores of 75-58 and 82-75 respectively.

The Red Hawks traveled to the Bradley Center in Mahwah to take on conference rival and 13th-ranked Ramapo Roadrunners. Tension was expected following the second half scuffle that occurred in the Red Hawks’ home match-up against the Roadrunners earlier this season.

Coming off earning NJAC Player of the Week honors the week before, junior forward Ordel Goldson put up his ninth double-double of the season with 14 points and 13 rebounds. Senior guard Ken Rubenstein also posted impressive numbers with 13 points and four steals. Senior guard Brandon Sessoms had seven points and four assists in the loss.

The Red Hawks quickly fell behind and trailed by 10 within the first five minutes of the game. However, they remained competitive for the remainder of the first half, entering the locker rooms at halftime trailing by just five points.

Ramapo went on a 7-0 run to start the second half with a 41-29 lead. The Red Hawks countered with an 11-2 run to pull back within three points. However, the Roadrunners proved why they are one of the top teams in the nation, scoring 11 of the next 13 points to seal their second victory over the Red Hawks this season.

The Red Hawks returned home this past Saturday to host conference rival and Stockton Ospreys for a second time this season. Goldson, Sessoms and Rubenstein each had yet another sensational performance, registering 20 points, Sessoms and Rubenstein each had 21.

Similar to the loss to Ramapo, the Red Hawks fell behind early thanks to poor shooting and trailed by as much as 15 in the first half. They fought back thanks to a three-pointer and a pair of free throws by Rubenstein to reduce the deficit to 10 going into the halftime break.

The second half started positively for the Red Hawks as Sessoms opened it up with a three-pointer for the first score of the half. The Red Hawks would pull back within two points five minutes into the half thanks to six points and a block by Goldson. On the ensuing Osprey possession, Sessoms stole the ball from sophomore guard Jesse Hunt and took the ball down the court for the game-tying layup. The Ospreys would retake the lead, however, scoring on back-to-back possessions to take a four point lead with 14 minutes remaining.

The Red Hawks stayed com-}

In MSU’s last two game, Chris Torres has recorded 13 rebounds, seven points and four assists.

Having already been eliminated from contention for the NJAC postseason tournament, the Red Hawks have three games left before they close out the 2012-13 season. They will hit the road again for back-to-back conference road games against New Jersey City on Wed, Feb. 6, and Kean University on Sat, Feb. 9. They will close out the season on Wed, Feb. 13 when they host The College of New Jersey Lions.

Brandon Sessoms recorded 20 points, nine rebounds, four steals and two assists in the Red Hawks’ 82-75 loss to Richard Stockton.

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Interested in writing for sports or taking photos?

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Contact Nick at montclarionsports@gmail.com
**Game of the Week**

**Womens Basketball**

@ Kean  
February 9, 1 p.m.

After a 79-36 rout of NJCU, the Red Hawks will travel to take on Kean with hopes to win their 24th straight game.

For updates, check out:  
www.montclairathletics.com  
and follow  
@TheMontclarion on Twitter

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**Who’s Hot**

**Shalette Brown**  
Guard - Basketball  

Brown helped the Red Hawks clinch the NJAC title by averaging 14 points and 10 rebounds in two games last week. Brown is currently ranked second in the NJAC with four steals per game.

**Michael Smith**  
Mens Swimming and Diving  

Smith helped the Red Hawks close out their dual meet schedule with a 159-140 victory over William Paterson on Saturday. Smith won three individual events and also anchored a relay team to a first-place showing.

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**This Week**

**Mens Basketball**

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<thead>
<tr>
<th>Team</th>
<th>NJAC</th>
<th>Overall</th>
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**Swimming & Diving**

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**Last Week**

**Mens Basketball**

2/2 Stockton 82, MSU 75

**Swimming & Diving**

No Event Scheduled

**Womens Basketball**

2/2 MSU 159, W. Paterson 140
NJCU Mourns Loss of Soccer Alum

Nick Verhagen
Soccer Editor

It has been over a week, but many still talk about the loss of former New Jersey City University soccer goalie, Justin Grant, who passed away Jan. 27 at the age of 24.

Grant, who was two weeks shy of turning 25, played in 13 games this season by tearing his ACL on Dec. 18, 2011. After a terrible ACL injury, Peterson beat the odds and fell short of Eric Dickerson's single-season rushing record by only six yards. Against all that being said, I'm already looking forward to April's draft. Let's hope that we won't have to deal with any more labor strikes heading into next season.

Grant left his family and loved ones.

This man led all rookies with 1,351 rushing yards, including 13 touchdowns. This is why Adrian Peterson was the MVP of the league this year despite ending last season by tearing his ACL. Regardless of who makes it to next year's Super Bowl out in Meadowlands Stadium, the Manning brothers will square off for the third time in East Rutherford.

Regardless of who makes it to next year's Super Bowl out in Meadowlands Stadium, the Manning brothers will square off for the third time in East Rutherford.

With all that being said, I'm already looking forward to April's draft. Let's hope that we won't have to deal with any more labor strikes heading into next season.

Grant leaves behind his family, including grandmother Nann Campbell. A wake was held Friday, Feb. 1 at St. Matthews A.M.E. College where he played under Patrick Snyder. As the man who added the depth to the NJCU soccer team, Grant received All-State and All-Conference. Montclair High School where he played under Rick Jacobs and Jack Webber. All four of these coaches have coached Grant.

"Justin was one of the funnest players I have ever coached," said Snyder. "He gave us a lot of energy and was always ready to hustle. He was self-deprecating and just generally fun to be around. As a player, he had tons of potential with flashes of brilliance."

Grant attended Montclair High School where he played under Rick Jacobson, eventually winning league titles every year on the team resulted in a form record and was named to the state championship in 2002 and 2003 and was selected in his senior year as Atlantic Essex County honors in 2004 and 2005.

In his junior year, Grant returned from an injury and sparked a Montclair offense that resulted in a 20-2 record with a team that only allowed nine goals. A week was held Friday, Feb. 1 and the funeral took place on Saturday, Feb. 2 at the New Jersey Girls A.M.E. Church.

Grant loves behind his father, Fernwood Grant Jr., sister Erin Grant, nephew Julien Grant and grandmother Nan Campbell. Our thoughts and prayers go to his family and loved ones.