As students down from their summer high, the campus is bustling with activity. Freshmen and transfers are welcomed by returning students, and the residence halls are flooded with new and returning students alike. A warm welcome to all new students, welcome back to returning students and welcome home to all,” said Dr. Karen Pennington, Vice President for Student Development and Campus Life. The 2013-2014 academic year promises to be a rewarding and promising one and we are happy that you have chosen to spend it at Montclair State University. Please know that there are many people here to help you, but we can’t do that if we don’t know that something is wrong. Don’t assume that someone else has already taken care of it or that nothing can be done to change it. Some new paths that were torn up during the renovation have now opened. The shuttles will be equipped with GPS tracking, so students can track them on the MSU mobile website. Polling stations will be available on campus, which is perfect timing for the gubernatorial elections in the fall. Speaking of which, Montclair will host the first debate of the election in October at the Alexander Papers Theater, so students should keep an eye out for that. Students can look forward to Homecoming as well, which takes place on Oct. 12. In her opening day address, Haas Coule breathed new life into the Montclair Campus in the form of a new initiative called “It’s All Here.” That new identity, said Cole, incorporates the key strengths that have helped Montclair State grow into the thriving university we are today! Cole went on to describe the image of growth that she wants to share with the world: “The fundamental messages in Montclair State’s mission, gives ambitious, motivated students the opportunity to succeed and lead. In our message is Montclair State University to learn and grow both inside and outside of the classroom. Take a chance; do something you’ve never thought possible!”

As soon as I stepped on campus, not only did I feel immediately welcomed, but I also felt this was a place where I could call home. “Red Hawk Frenzy.”

The new heating and cooling plant gives green. 

MSU: Cooler Than Ever

The new heating and cooling plant located on Yogi Berra Drive near CurPac Dome was completed on Sept. 3. Construction for the combined heating, cooling and power plant (CHCP) project began earlier last year. The recently built facility will efficiently provide the campus with its delivery of chilled water for air conditioning and steam for heat. It has replaced an energy generation plant in 1993. There will now be electric cooling provided through natural gas throughout the new building. Cooling continues on Page 7.

Red Hawks Look To Repeat Success

Although the Red Hawks suffered a tough 2012-2013 season, the MSU teams plan on ending the year with a suc- cess spree.
Anyone who has information regarding these incidents is urged to call the police station from any campus phone at T-H-P-S (8477). All calls are strictly confidential.
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The Montclarion • September 5, 2013 • PAGE 3

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Additional testing suggests it will only be fully operational for only a few weeks, so it is still breaker.

The new plant has been designed to be greater than 90 percent efficient and environmentally responsible. The Combined Heat & Power facility has been working hard to finish all of the legwork of project over the summer. The biggest part of our equipment included the Combined Heat & Power plant, or CHP for short, located next to CarParc Diem.

Construction workers have been working hard to finish all of the legwork of project over the summer. That steam is then either sent to drive a steam turbine or generator or sent to a Heat Recovery Steam Generator (HRSG). Heat is then rejected from the turbines and used to drive steam in HRSG (Heat Recovery Steam Generator). Heat is then rejected from the turbines and used to drive steam in HRSG (Heat Recovery Steam Generator). The plant uses natural gas.

"After the most recent bond referendum was approved," said Connolly, "it was determined that our master plan for the MSU campus was 90-100,000 square foot facility. That's out of the way, and work that took place last year. These projects are speculating to take approximately 18 months, so any students who don't graduate before March of 2015 should look forward to the use of these new facilities.

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Welcome to the 2013-14 academic year at Montclair State University. Whether you are a resident or a commuting student, I encourage you to spend as much time on campus as possible and to pursue your studies with diligence. To ensure a successful year, I offer the following advice:

1) Ask questions! If you have questions, ask. Ask your professors, your advisors, your Student Government Association (SGA) leaders. Ask the professional staff members who are prepared to guide you through all the requirements that organize our lives here on campus. So when in doubt and when you are confused, just ask.

2) Get involved in at least one significant campus activity! Students who are active in campus life are more likely to succeed academically, be satisfied socially and graduate sooner than students who are uninvolved in the University community. The SGA sponsors many clubs and organizations that will welcome your participation. Are you interested in sports, theater, music, foreign languages, service to others, politics or culture? Montclair State has it all. Find the groups to which you can contribute your talents and from which you can learn something new. Don’t be shy about it. You have as much to offer as the next person, and your involvment will be welcome. Commuter students, don’t just come to class and head right home. Activities on campus just as much for you as they are for resident students. Take advantage of creaks in your schedule to join a club, attend an activity in the Student Center or work on campus. Get in touch with the Coordinator of Commuter Student Programs and Services located on the 2nd floor of the Student Center.

3) Explore public trasportation! The number of cars on campus continues to grow along with the University. Try to get out of your cars to explore the convenience—and contribute to the environmental benefits— of public transportation. The University has two train stations, and both NJ Transit and DeCamp buses stop on campus. To facilitate the use of mass transit, NJ Transit offers students a 25 percent discount on monthly passes. To receive this discount, students can log on at www.montclair.edu. If you are not sure, visit the Center for Advising and Student Transitions (CAST) on the 2nd floor of Webster Hall and ask. First-year and transfer students should make every effort to develop a relationship with their academic advisors. These individuals are the staff members who worked with you during your summer orientation and they will be there for you during the entire academic year. First-year, veteran and undeclared transfer student advisors also can be found in the Center for Advising and Student Transitions. Transfer students with declared majors should seek out their academic advisors within their respective colleges. Make yourself known to the people who are here to help you. I assure you that they want to know you and they genuinely want to be of assistance to you.

4) Take responsibility for your University life! Although your parents and other family members want to assist you, an important part of the University experience is developing your ability to tackle challenges and problems on your own. Begin to build your own network of advisors and resources to enable you to realize your ambitions and work at getting the information you need.

5) See your academic advisor often! Advisors for new students and for returning students who have yet to declare a major are located in Webster Hall. Advisors for students who have already declared a major are located in their department, college or school. If you do not know who your advisor is, log on to your WESS account at www.montclair.edu. If you still are not sure, visit the Center for Advising and Student Transitions (CAST) on the 2nd floor of Webster Hall and ask. First-year and transfer students should make every effort to develop a relationship with their academic advisors. These individuals are the staff members who worked with you during your summer orientation and they will be there for you during the entire academic year. First-year, veteran and undeclared transfer student advisors also can be found in the Center for Advising and Student Transitions. Transfer students with declared majors should seek out their academic advisors within their respective colleges. Make yourself known to the people who are here to help you. I assure you that they want to know you and they genuinely want to be of assistance to you.

6) Plan your working hours carefully! We realize that some students must work to cover their expenses and many others choose to work. To the extent that you are able, I urge you to limit the hours you work to preserve time to focus on both your studies and other campus activities. If you are to benefit fully from your opportunities at the University, your studies must be your first priority. One excellent solution for many students is to work right here at Montclair State, where there are many different types of jobs available for students. For example, you could be a computer lab assistant or work in the Red Hawk Diner. Both are well-paid positions that will help you meet people on campus and get you connected to this community. Check the jobs postings at www.montclair.edu/CareerServices/studentjobservises/jobinstructions.html, or drop into the Center for Career Services & Cooperative Education in Room 232 of Stone Hall.

7) Be respectful! You now belong to a University community whose members enjoy an extraordinary degree of freedom. For the University to function as it should, its members are expected and obligated to behave in a respectful manner toward other members of the community: fellow students, professors, University police officers, and staff. As a member of this community, you are also obligated to treat the University’s facilities, equipment, and grounds with care so that everyone can benefit from them. In return, you have the right to expect that you yourself will be treated with respect and that your enjoyment of the University’s facilities will not be ruined by the carelessness or disregard of others.

Finally, if you see me on campus, please say hello. I will probably ask you how you are doing, and I will really want to know.

Have an exciting year!
President Susan A. Cole
2013-2014 Campus Shuttle Routes

- **Red Hawk Deck-Univ. Hall-The Heights**
  - Servicing Montclair Heights, Red Hawk Deck, University Hall and The Heights
  - Monday-Friday

- **NJ Transit Station-University Hall**
  - Servicing Lot 60, NJ Transit Station, Sinatra Hall, Hawk Crossings and Univ. Hall
  - Monday-Friday

- **Village-University Hall**
  - Servicing Fenwick Hall, Basie Hall, Sinatra Hall, Hawk Crossings and University Hall
  - Monday-Friday

- **Shoppers Shuttle**
  - Servicing Red Hawk Deck, Park Street Y and Clifton Commons
  - Saturdays Only

- **All Campus Local**
  - Servicing all campus shuttle stops
  - 7 Days a week

**Shuttle Services hours:**
- **Mon-Fri:** 6:00am-3:00am
- **Sat-Sun:** 8:00am-3:00am
- A-route service only after 11:00pm and weekends

**Contact:**
- shuttle@mail.montclair.edu
- www.montclair.edu/shuttle/nextbus
Diner Prices Spike

Ethan Fria

Contributing Writer

Students who have no-
ticed the unmarked police cars on campus should rest easy. The cars aren’t part of a new undercover initia-
tive. They are simply getting a facelift in the form of new decals, according to Lieutenant Karen Barnett.

For about two weeks, the police cars on campus haven’t sported the traditional blue-and-gold police decals, leaving an empty white space and giving the cars an unassuming look.

According to Barnett, the cost for the new po-
ic decals is minimal and will come directly from the MSUPD operational budget. The police cars will be furnished with the new de-
cals in two to three weeks, Barnett said. The reason for the update is that the old decals were becoming faded, worn and peeling, with even
some becoming unreadable. “We are moving away from the fact that we have presentable, well-
marked vehicles to our com-

munity and this has to hap-
pen in stages,” Barnett said. “Our goal is to improve the appearance of our vehicles and arrive at the station.

Some students were con-
cerned with the time it was taking to attach the new decals and how it will affect the atmosphere on campus. “I think the fact that there have been no in-
stances in the past when meal plan prices increased while retail food prices re-
ained relatively stable. This is like the rest of the world, MSU is subject to the fluct-
uation of food prices with facilities added. It is difficult to determine how much the “minor negotia-
tions” actually raise prices.

When asked if food on campus was too expen-
sive, senior Anthony Pi-

lardo said, “I think the food at Café Diem is too expensive, but the diner is pretty decent and it’s dif-
ficult to choose between different services.” The Red Hawk Diner does offer a different atmosphere than a typical college cafeteria and Pigna-
taro said the Diner’s busi-
ness continues to grow each year, despite the prices.

With all college costs in-
creasing, from tuition to textbooks, it should not come as a shock that MSU’s food prices have gone up.

New Police Car Decals

Ethan Fria

Contributing Writer

Many prices at the Red Hawk Diner have been raised as of Aug. 1. These higher prices are not a temporary measure to boost the diner’s revenue, but rather a permanent increase. This increase is a result of the contract that MSU maintains with the University’s food vendor, the France-based multinatio-
nal corporation Sodexo. According to Pignataro, the Dining Service provider of Adminis-
terial Services, prices are adjusted each year based on several factors.

One determining fac-

tor is changes in the Consumer Price Index (CPI), which is a collection of consumer price data re-
leased by the United States Department of Labor Bu-
reau of Labor Statistics.

The CPI is calculated according to the average cost of producing food and takes into account the farming of staple goods, utilities and fuel price that affect food production. The CPI records the changes in price structure of staple foods like flour, bread, fruits, vegetables and many others. The increased prices may also reflect ex-

panded operating hours at the diner.

The CPI is the basis of price incre-

ases, but additional opera-
tional costs are also includ-
el, according to Pignataro. An overall increase in the CPI translates into higher food prices on campus.

Higher prices do not necessarily drive dinning ser-

vices workers higher wages since the pay scale is nego-
tiated by Unite Here, the union that represents din-
going service workers, or will customers necessarily

look to our community as the marked police car—

people need that visual confirm-

ation. The look helps scare off the bad guys.” Barnett said. “Are they really trying to protect us? Are they trying to give us more tickets [by looking like regu-
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While retail food prices re-
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Although all the cars are stripped of their decals as of now, they will all be sport-
ing decals again once the new decals are in. Barnett said there are minor negotiations to determine the final pric-
e.” The Red Hawk Diner will not be the only dining facility with new prices this semester, because the contract between MSU and Sodexo applies to all din-
ing services on campus. Despite the overall in-
crease, prices of hamburg-

er and bagels at the Red Hawk Diner were reduced and Pignataro explained that there have been in-
stances in the past when meal plan prices increased while retail food prices re-
ained relatively stable.

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some becoming unreadable. “We are moving away from the fact that we have presentable, well-marked vehicles to our community and this has to happen in stages,” Barnett said. “Our goal is to improve the appearance of our vehicles and arrive at the station.

Some students were concerned with the time it was taking to attach the new decals and how it will affect the atmosphere on campus. “I think the fact that they removed it so early on is a little off,” said Mehtax Mangioglu, a junior history major. “I’m glad that people will know about this decal work. Say if you’re looking for help and you can’t find the marked police car—some people need that visual confirmation. The look helps scare off the bad guys.” Barnett ensured that those unmarked vehicle decals work as part of any undercover work and that the new decals will strive for police solidarity. “This is not a plan to imple-
ment undercover vehicles or surprise our community. Our goal is to improve the appearance of our vehicles as they were deteriorat-
ing and provide a uniform look to our community as a professional police force.

Along with the new decals, some of the older vehicles are receiving repairs as well.

For Rent

New Police Car Decals

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Contributing Writer

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energy distribution system. The system will provide the campus with all of its steam requirements and close to 75 percent of its electricity needs.

The construction of the new plant is another part of a bigger system that is currently in its development, and Montclair State is a part of the New Montclair District Energy System.

The construction of the new plant and system had been undertaken by a $40 million public-private partnership. The partnership, Montclair State University and the state-approved public-private partnership, the partner Energia LLC, is a leading developer and owner of combined heat and power systems. Energia has also held a long-time partnership with Marina Energy, LLC; a subsidiary of South Jersey Industries, and DCO Energy LLC. Facilitated by 2009 New Jersey Economic Stimulus Act, it was estimated to have generated at least 400 jobs in construction.

The new plant and system will help Montclair State’s second public-private partnered construction project. The Heights, being NJ’s largest on-campus dining complex and residence, being the first public-private partnership under the 2009 Economic Stimulus Act. Construction was completed in 2011. The project’s carbon reductions include 4,480 tons of chilled water, 100,000 Bar of steam and 2.4 megawatts of Electricity. The chilled water, condensation and steam will be delivered to and returned from campus buildings through the new energy distribution system.

The majority of the campus’ required electricity specifications will be totally satisfied by the onsite plant, which has been designed to operate continuously producing electric power for the University. When asked how he felt about the new plant and economic efficiency of the initiative friendly for the environment, Thomas Mika, a senior filmmaking major, stated, “Most plants are green. What’s the big deal? But in all seriousness, Montclair State University and the School of Communication is a very progressive.” Karen Lopez, an undeclared freshmen, replied, “This pleases me. I am very glad that our school is doing this.”

Pronouncedly nominated a “Green College” by the Princeton Review’s Guide to Green America, the initial issue in 2010, Montclair State has been devoted to delivering and producing environmentally responsible energy services which include solar energy at both the main campus and in the New Jersey School of Conservatory campus in Stoke Forest. According to Shawn Conlin, the Associate Vice President for Facilities, “Having these students to vote in their hometowns is why we should encourage to register.” Students who commit to vote in the off-campus voting last semester, two students to a polling booth to vote, 3 will determine whether or not there will be more locations available for students to vote on campus. Two possible additional locations would be Clow Hall, which is in Essex County, and Bohn Hall, which is in Passaic County. This would allow more student voters to vote in their district on campus, rather than having to go off campus like in past years.

Last year, students were prompted to transport students to a polling booth to vote in their hometowns. “I feel that this will make a lot more students want to vote in their hometowns so much more convenient.” Lisa Radwanski, a junior who participated in the off-campus voting last semester, said, “Having voting booths on campus would not only be more convenient for students but there would be a larger outcome. Last year, I was fortunate enough to hear about the off-campus shuttle, but there was not a large outcome.” Radwanski feels as though having voting booths on campus would amount to a higher percentage of student voters. She said, “Every vote counts, which is why we should encourage to register.”

Students are encouraged to register to vote in their hometowns are encouraged to register and vote through the university so that our campus can have as much participation in elections as possible.

Energy

Continued from page 1

Cooling

The Montclarion | page 7

PAGE 7 | September 5, 2013 | The Montclarion

The Montclarion is looking for writers for their News Section!

For more information, email msnews@montclair.edu

Photography Coverage by Ethan Fria

Students headed to Mt. Hebron High School for the presidential elections.

Photo Courtesy of Mike Peters.

As long as the bugs are worked out and the system is set up, it will revolutionize MSU’s parking system for the long run, regardless of looking up license plates.

Polling

Continued from page 1

“Having voting booths on campus would not only be more convenient for students but there would be a larger outcome. Every vote counts, which is why we should have campus booths...”

-Lisa Radwanski
With September weather bouncing between warm and cool, it can be difficult to figure out what to wear for the month of September. Unsure whether to retire your summer favorites or bring out your brand new fall pieces, the decision could be harder than getting used to a new class schedule.

**Feature**

**Fashion Tips?**
**Tweet us**
@MSU_fashion

Jessica Czarnogursky
Editor-in-Chief

**What’s Trending?**
Back to School Fashion: The “DOs” of Transition Weather

DO: Keep the Summer Dresses

The easiest way to stretch your flirty summer dresses is to add tights. Opt for an opaque shade that compliments your dress and pair with flats or booties for a transition perfect fall piece. Pair a dark blazer over the dress as well as an added way to stretch the look.

DO: Keep Maxi Dresses

Pair one of your favorite summer maxi dresses with a cropped denim jacket or scarf to stretch the look even into the fall. Just remember, some strapless and sheer styles may be best left at the beach.

DO: Keep the Sandals

Stretching out your sandal wear isn’t a bad idea if done correctly. Pair with jeans and three-quarter length shirts for the final days of temperatures above 70 degrees. Just remember: when the temperature starts to drop, it’s time to drop the sandals too.

DO: Add a Scarf

The staple of fall and winter is the easiest transition piece. Find a scarf in a light or sheer material and layer it with just about anything for a classy back-to-school look.

DO: Add Fall Hues

Add splashes of the signature fall leaf colors to your basic everyday outfits. Incorporate burnt oranges, rust reds and mustard yellows, or choose the classic transition palate of khaki, white and blue.
Three Tips for Freshmen Survival

Paddraig Gonzalez
Assistant Features Editor

Those first two weeks of fun and events will really help you get acquainted with everyone on campus. College is quite an adventure. You will definitely find out your strengths and weaknesses along the way. For many of you, this will be the first time you live alone. Homelessness will definitely set in, but don’t be discouraged. It should go away eventually. You will come to find that you need to plan to stay on campus which boils down to friends and the various activities that are put on by the various offices that promote them. College is definitely fun for the first couple weeks since the workload is moderate.

The number one biggest tip I can give you is: Go to class. I can’t stress that point enough. You are paying for all of this and should reap the benefits. Classes run from an hour-and-a-half to two-and-a-half hours a day. Besides, in retrospect, there are 168 hours in a week. Even if you have a schedule that’s packed, you should only have 15 hours’ worth of class. That is a measly part of your week. Obviously, there are extraordinary circumstances that can prevent you from going to class, but for those who choose not to go they realize they’re missing out. Whether what you’re missing is the professor’s knowledge about the subject matter or some vital piece of information crucial to the midterm, you will definitely be missing something.

My second piece of advice is to get used to the campus. During those first couple of weeks, professors are lenient about students coming in late to class. Don’t make it a habit. Take the time out of your week to learn where your classrooms are and how long it takes you to get there. Factor in driving for all those commute times and know the times you need to leave to get to campus early and on time.

The third tip that I can tell you all is to use your professors as a resource. You may think that this is a no-brainer, but many students choose not to use their professors' knowledge about the subject matter. The professors here at MSU are extremely qualified individuals, all of whom are here to push higher learning to new heights. They love meeting new students passionate about their academics or even those who are just struggling and need help. This isn’t high school anymore and asking for this kind of one-on-one with a professor can be arranged via their office hours or with correspondence between you two.

Lastly, have fun. College is a blast and is one of the most memorable times of your life. Remember to focus on studies, but get comfortably with relaxing and enjoying life. If you have any questions or need help, everyone on campus is friendly and supportive of the underclassmen.

Enjoy your semester!

Have a story idea?
Want to see your name in the paper?

EMAIL MSUFEATURE@GMAIL.COM

Photo courtesy of: www.collegetocareer.com
15 Tips For Avoiding The Freshman 15

Alexis Fissinger
Staff Writer

In the Dining Hall:

1. Moderation, not deprivation.
2. Download a free smartphone app to track your calories.
   - MyFitnessPal is great, especially for Montclair students. Just scan the barcode of the food item that you purchase on campus, and it gets tracked right onto your phone!
3. A healthy plate consists of 3/4 vegetables, fruits and whole grains. Here are some tips:
   - Daily staples: Fresh fruits and vegetables, whole grain breads and cereals (Cheerios, Total, all-bran, oatmeal), low-fat dairy and baked meat and fish
   - Watch out: Sugary cereals, fried foods, soda and fruit juices, cheesy or creamy sauces, salad dressings and sugary desserts (ice cream, brownies, cookies)
4. Use your storage space wisely.

In the Dorm:

7. Stay hydrated.
8. Eat before a social event.
   - Parties are often a setup for overeating, thanks to the distractions that prevent you from monitoring your intake and signals from your stomach. Eat a little something like low-fat Greek yogurt or a piece of fruit with peanut butter for a combination of healthy carbs and protein to keep you full and less tempted to snack on party finger foods.
9. Avoid late night dining traps.
   - Late-night cafeteria runs and ordering-in can be fun but will really pack on those pounds. Ask yourself: are you really hungry? Or should you just call it a night?

While Socializing:

10. Stay active.
   - Try the Group X classes at the Recreation Center. Classes are a great way to have fun and meet people, all while sweating out stress and increasing focus. Also, the instructors are phenomenal and will motivate you to come back every week. Try out the classes at the Group X-po on Monday, Sept. 9.
   - These are key situations in college where overeating comes into play. Be conscious of what you are putting in your mouth and pay attention to whether you are really hungry or if you are filling some other need.
12. Eat breakfast.
   - The brain needs fuel and so does your stomach. If you wait until midday to eat, you will likely binge, especially in the presence of buffet-style dining halls. Quick and simple choices for a busy morning include fruit, single-serving cups of low-fat Greek yogurt or instant oatmeal packets.
13. Plan ahead.
   - Have a busy day coming up? Pack some healthy snacks to prevent you from getting too hungry.

Keep In Mind:

14. Myth: Eating less during the day means you can drink more at night.
   - When you restrict what you eat before a night out, alcohol affects you more quickly, causing your blood sugar to drop and hunger to take over. Since alcohol also lowers your inhibitions, you will likely eat more than you would have with some food in your stomach to begin with.
15. Set yourself up for success.
   - Find healthy foods that you enjoy and can easily store in your living situation. Keep them around instead of processed junk foods. Both stressful and social situations are sure to tempt your sweet tooth, but by consuming more of those great foods and less of the not-so-great, you are less likely to put on the Freshman 15!
**The Weekly Debate**

**When is provocative dancing too much?**

**He Said**

Hmm, provocative dancing. Well, all dancing is somewhat provocative. Your body is one giant sex muscle, but I guess you can go over the line. Did Miley Cyrus cross the line? No. She was simply trying to keep up with a trend that has been yours in the making. Ever been to the club lately? That kind of dancing that prompted the town in Fischlouse to ban all forms of boogying. But we shouldn’t fear sex or sexy dancing. We should embrace it. The more tubas we make, the more kids will try to cross the line and basically engage in intercourse on the dance floor. Bodies should mingle when the music starts. Keep the penetration in the bedroom, though. If you have to go to the pharmacy after a night of dancing to get a pregnancy test, you may have left the territory of shaking your tail feather and entered the territory that Marvin Gaye affectionately refers to in “Let’s Get It On.”

There’s a time and a place for over-the-top sexy dancing. If you’re in your home with a couple of good friends and the boozing is flowing, then let things happen, have fun, be safe and let your bodies converge like those salt and pepper shakers that are supposed to promote peace. I’d like to keep the clubs and music venues free of bodies should mingle one-sided, I’d like to see dancing become tamer, but that isn’t going to happen. Inform yourself, though. The kind of dancing that your butt does can lead to things that you might not want.

**She Said**

Since the beginning of time, there have been so many dance crazes that have baffled society. From the Macarena to the Cupid Shuffle to the Wobble, teenagers and adults alike have enjoyed partaking in the newest dance fad. However, the most recent craze has left me quite baffled. Teens across the country have been shaking their buns while moving to the tunes of FIN’TThEZe’s “Don’t Drop that Thun Thun” and anything else with a pumping baseline.

“Twerking” is such a strange craze and I simply cannot comprehend how people are able to move their buttocks and hips in that fashion. In a way, twerking is like a fish out of water that was violently thrusting, trying to make their way back into the water. If you can make your body move in that way, move power to you. However, like most things in life, there is a time and place for all things that have to do with twerking. Was it okay for a group of students to use their school’s film equipment to make a music video of themselves twerking and straddling a brick wall? Absolutely not. The kind of dancing that would put Miley’s performance to shame. Some venues, where the lights are bright and the boozing is scarce, are for the kind of dancing that you do in sixth grade gym class: the other’s chin on your shoulder, gently rocking in each other’s arms, lost in a embrace.

Twerking can be obnoxious, and to me, it’s a little weird, but hey, it is the VMAs, and strange acts are nothing new to that award show. Is it okay for you to twerke like crazy in the mirror of your dorm room? You go for it, Red Hawk. A moral for all students: please keep the twerking to the privacy of your own dorm room. Get a group of people together, find a dark, secluded room and go twerke crazy. Make a ‘Vine’ of it if you really want to. But please, make the public more power to you.

**Email your Campus Concerns to MSUFeature@gmail.com**
**Toons**

**HOROSCOPES**

**Aries** March 21 - April 19
People who have deceived you in the past may emerge into your life once again. Although it may be wise to be wary of others, don't go out of your way to condemn every one of the people you encounter.

**Taurus** April 20 - May 20
Lately you've been feeling criticized and looked down on for the decisions you've made. Stop putting yourself down and start believing that you acted in your best effort. If others refuse to understand your actions, then this says more about their personality than yours.

**Gemini** May 21 - June 20
Although you know that your schedule is already full of priorities and plans with others, you cannot help but make more. Try setting some time aside for yourself as you could possibly feel overwhelmed in the near future. Do not feel obligated to make plans you know that you cannot fulfill.

**Cancer** June 21 - July 22
The simplest things can sometimes leave you with a smile. If you cannot learn to appreciate or recognize the significance of these little things, then perhaps it is your character that needs to be fixed, not the world around you.

**Leo** July 23 - August 22
Others find your plans for the future to be somewhat strange or impossible. Ignore them and tolerate the negative feedback. Rather than giving mind to these comments, put more into the things that you truly enjoy.

**Virgo** August 23 - September 22
Don't assume that you know everything because of your age or your experience in a certain area. We all lack knowledge in something. You will find that with the more points of view you come across, the more you will be able to accomplish.

**Libra** September 23 - October 22
There is a habit that others have been advising you to break. Whether it is harming your health or making you miss out on opportunities, you know that it has been hindering you in some way. Perhaps you can try changing your entire routine to take your mind off this certain fix of yours.

**Scorpio** October 23 - November 21
Concerns about close ones or your own insecurities can hinder your routine this week. Don't be hasty to get things out of the way, as you may not be ready for such changes.

**Sagittarius** November 22 - December 21
Your excuses seem endless when it comes to regaining contact with someone you were once close with. Call that person and let them know why you decided to part ways. It is never a good idea to cut someone off abruptly.

**Capricorn** December 22 - January 19
Sometimes the things that you really want aren't the best for you. Keep your options open. Maybe someone you've ones hated will turn out to be something you will enjoy.

**Aquarius** January 20 - February 18
Lately you've been feeling so wanted that the rest of the world feels secondary to you. It is not often that you are in a position where you have to choose whom you want to spend your time with but it seems necessary to do so.

**Pisces** February 19 - March 20
Although time is rapidly moving, you find it rather slow since you've been waiting for something to come along. You want to make this certain thing happen right away and you're willing to go where you've never gone before.

**LOVE TO DRAW?**
Submit your comics/cartoons to The Montclarion at msuproduction@gmail.com

**FOLLOW US ON TWITTER!**
@themontclarion
Are you a college student experienced in child care and looking for a stable income while pursuing your degree? Becoming a Nanny can provide fulfillment and still allow the time to pursue outside endeavors. Contact Kelley at Perfect Fit Nanny Placement Agency: Kanazarian@gmail.com or call 862-485-5111.

After school care for a 5 year old in Cedar Grove, starting in September 2013. Five days a week, but would consider 2-3 days. Contact: Sarahi.grande@yahoo.com or call 973-615-7371.

Seeking sitter for well-behaved 14 year old twins, Monday-Friday, 4-8 p.m. Safe driving (our car) and dinner preparation needed. Please call Eve at 973-699-6829.
Your young hearts want to build a better world... You are the ones who hold the future! Through you the future is fulfilled in the world ... Don’t be observers, but immerse yourself in the reality of life, as Jesus did.

- Pope Francis

Join us this Sunday – First Sunday Mass on Campus (Student Center Café B & C)

7:30 PM – Do you sing or play an instrument? Join us as we rehearse music for tonight’s Mass.
7:30 PM – Sacrament of Reconciliation. Fr. Jim is available to hear confessions until 8:15 p.m.
8:30 PM – CATHOLIC SUNDAY MASS – RIGHT ON CAMPUS! STUDENT CENTER CAFÉ B & C Followed by raffle and free pizza!

See our bulletin on campus for more upcoming events.
A Gaggle Of Freshmen Waddle Their Way To MSU

Question of the Week

How do you feel about the increased size of the freshmen class this year?

Alyssa Bartron
Sophomore
Graphic Design

“I don’t really think the increase in freshmen will affect school. They’re just getting the freshman experience, and they’re all excited like we were then. I don’t think it will change anything.”

Christian Salas
Junior
Physical Education

“It doesn’t really affect me. It’s cool, I guess, to have this many freshmen.”

Michael Bouchotte
Senior
Economics

“I don’t think it will affect us. It’s a big school. There’s constant construction so we can accommodate for more students. I don’t think it’s a problem. It’s a good thing.”

Savannah Salgado
Freshman
Computer Science

“Anytime there’s construction, people are more excited. We’re all more involved. It’s a better place.”

Monica Salgado
Senior
Exercise Science

“I don’t know yet. It’s the first day! It should affect campus. More people, more fun. I don’t think anyone’s complained yet.”

Veredillo Ogando
Junior
Psychology

“I just transferred in. The parking is going to be crazier, but I think it’s a good thing that more students are coming to school and getting involved. It actually makes me happy that more students are coming, and have knowledge about the school, and that you have to go to college to have a more successful life.”

Opinion

A Gaggle Of Freshmen Waddle Their Way To MSU

Opinion

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Thumbs Up

Freshmen Enrollment
Finished Construction
Free Stuff

Thumbs Down

I.D. Lanyards
Less Parking
New Construction

The Montclarion • September 5, 2013 • PAGE 15
Robert Remmert, please visit the Montclarion website at www.themontclarion.org

The Fine Line Between Politics and Propaganda

Opinion

Political movies and other art forms for propaganda versus perspective

It wasn’t until two weeks ago that I wasn’t addicted. It isn’t as if I can quit whenever I want. I often would mention that it was a huge benchmark in my life. Senior in college that has been more difficult choice. Today can fight the force, whatever it is that I am fighting. It is hard to believe that I have been smoking for six years, this is a huge change in my life.

I would often wonder that I can quit whenever I want or that I can quit whenever I want. The world of medical disclaimer, people would be able to think about it and analyze. It is most important, but the fact is, that I was addicted and my time as last as more important. I want to try it to quit smoking.

I have not done it to the art itself or the writer to write off movies like Elysium are propaganda. I am against the use of art as a tool to present political or social ideas, to present them in a certain or conventional ideas. Artistic creation containing political or social message is not necessary convert viewers to the art’s beliefs. It’s just a way for us to say to the world, and it is not something that means it was trying to form others to accept these views as their own or anything similar to that for a certain party line.

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The tobacco market is challenged by many of our current society compared to the previous one is encouraging the way a person thinks or feels about something, or looks at the world. But I want to be relevant to me and the world of medical disclaimer, people would be able to think about it and analyze. It is most important, but the fact is, that I was addicted and my time as last as more important. I want to try it to quit smoking.

The world of medical disclaimer, people would be able to think about it and analyze. It is most important, but the fact is, that I was addicted and my time as last as more important. I want to try it to quit smoking.
A Fast Track to Success? Decoding the two-year law school dynamic

At Brigham Young University on August 23. He believes that law students would be better off clerking at an actual law firm during that third year, for two reasons: first, they would be earning some of the money they’ve spent on obtaining their degree. I don’t say this often, but Obama’s right. In today’s competitive job market of slim, slumping economy, on-the-job experience, no matter how meager, is still considered more beneficial than spending an extra year in the classroom, being hammered with pre-ordained theory. It’s a simple matter for a company to clean the slate and order a recycle of criminal defense. President Obama is not alone. Advocates for the reformat of law school policy and procedure have realized that due to the plethora of gradu- ate students toiling with tu- tion costs and facing a dismal job outlook in 2014, something must be done to facilitate the modernization of such and more administrators, pro- fessors and school board of- ficials are arguing for exten- sive reform when it comes to legal education. Even Obama may be the driving be- hind this new wave of yearning to reform law schools, the idea that unless they change, they will not survive. Professor Brian Tamanaha of the Washington Univer- sity School of Law has been a prominent face for this plan for years now. His 2012 book, Law Schools in the Red, covers the mounting anxiety with the crisis in legal education. He even goes as far as to publish a book that “many observers ex- press the fear that the focal point of the paragraph will be the flux and furore of the law and not the personal stories behind the cases.” His book is now starting to cause some friction because of President Obama. Now, some law schools in- cluding Northwestern Law Univer- sity or Vermont Law School of- fer accelerated J.D. programs in which a student can attain his or her law degree in two years rather than three. However, there is a major catch to this seeming cut to legal education. These students must still take the same number of cred- its and pay the same amount in tuition as three-year stu- dents. The Northwestern Law School website states under their tuition and financial aid page: “Students in this pro- gram benefit financially by securing the opportunity cost associated with re-entering the workforce a year sooner than they otherwise would. In addition, these students gain the financial advantage of education-related living ex- pense.”

Obama and his supporters may have tried to give it a name, but what the heck... I think long and hard about what path you want to walk in life. If you are a student at MSU, you have a different vision and, in my opinion, a more beneficial one to prospective law stu- dents. Cut and revise the cur- riculum for the years that third year practicing in law clinic and gaining some professional responsibility.

As nice as this plan sounds, every hero needs a villain to ruin his parade. The Montclarion’s issue with Obama’s logic is that by cutting the third year of law school in order to make it more practice-practice, it will most likely require a financial upheaval at some universi- ties and bracket a lawyer’s school’s financial stability and capacity to provide an effective and ever- so-competitive legal education.

Are You A Real Woman?

Concerning Editorials and Columns

Main editorials appear on the first page of the Opinion section. They are unsigned articles that represent the opinion of the Montclarion staff. Columns are written by individuals and do not necessarily reflect the opinions of The Montclarion staff.
The Real Horror of “The Walking Dead”
Deconstructing Mankind’s Inherent Immorality

Kenneth Mazzi
Staff Writer

The new foundation for horror television, “The Walking Dead” continues to enthrall audiences with its explicit yetuman and unforgiving landscape. The show projects a zombie apocalypse, a callous eviction of mankind which seems like an occurrence only fit for the satirization of zombie television, lacking any frag ment of realism. The reality, however, of “The Walking Dead” overtly silhouettes may come across as quite prophetic to the conscious American.

The face of The Walking Dead is not Rick Grimes, nor Carl Grimes or even Daryl Dixon. It is the flow of humanity. At the core of the show, amidst the incessant bloodshed and undisguised sadism. It is not the bloodshed or trivial. Bloodshed is the only way you have, the higher power you have, the higher you will be in the new so cial hierarchy. A man like the Governor, who is willing to kill his own race during a time of war. The tension and anxiety stemming from knowing that any character could die at any moment makes The Walking Dead a must-watch. Sure, the show has its flaws, but unlike cable and network television, if you’re looking for insight on the intentional death of flesh eating zombies, sure, tune into “The Walking Dead”.

As the ratings for the show continue to grow, more and more characters continue to fall. The tension and anxiety stemming from knowing that any character could die at any moment makes The Walking Dead a must-watch. Sure, the show has its flaws, but unlike cable and network television, if you’re looking for insight on the intentional death of flesh eating zombies, sure, tune into “The Walking Dead”.

As the show continues into its fourth season, the Governor is left broken and powerless, killing his own soldiers out of spite and regret while Rick is equipped with both the sensi vity of his growing numbers and the walls of the prison in which they currently reside. Although the words that Rick spoke not long ago, “This isn’t a democracy anymore. We’re starting to come to an sce naru. The tension and anxiety stemming from knowing that any character could die at any moment makes The Walking Dead a must-watch from a pure amusement standpoint, but the real entertainment de pends from something deeper: the tension and anxiety stemming from knowing that any character could die at any moment makes The Walking Dead a must-watch from a pure amusement standpoint, but the real entertainment de pends from something deeper: the tension and anxiety stemming from knowing that any character could die at any moment makes The Walking Dead a must-watch from a pure amusement standpoint, but the real entertainment depends from something deeper: the tension and anxiety stemming from knowing that any character could die at any moment makes The Walking Dead a must-watch from a pure amusement standpoint, but the real entertainment depends from something deeper: the tension and anxiety stemming from knowing that any character could die at any moment makes The Walking Dead a must-watch from 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HAIM
DAYS ARE GONE
The trio of L.A.-born, su·fi·ul·i·re·cough·al·um, Days Are Gone, set to be released September 30. The sisters have already caused sensational buzz from their released tracks “The Wire” and “Don’t Save Me.” Their voices blend so beautifully together, making it easy for you to hit the repeat button over and over again.
- Victoria Nelli

STATIC JACKS
I’LL BE BACK
The Jacks are back with a new name and a sound like no other. Their Most Recent Drunk Karaoke Party Over, the fast beat and catchy chorus will have you singing and dancing along in no time and it seamlessly showcases their ability to go from softer, delicate side of rock to rousing garage rock in a matter of seconds.
- Emilia D’Alberio

SARA BAREILLES
THE BLESSED UNREST
She’s incredible. Simple as that. It’s not just how she can see eachother more clearly between each of her albums. The beautiful songwriting from Cellophane Confessions is more present than ever, especially with help from Fun.’s Jack Antonoff on her latest single, “Breathe.” The album features up-tempo numbers like “I Choose You,” and emotional ballads such as “Manhattan.”
- Emilia D’Alberio

MODERN BASEBALL
SPORTS
Modern Baseball is Penniless mini-based indie punk soul. Their latest album, Sports, is filled with well-written tracks packed with high-energy instruments, dynamic vocals and relatable lyrics that’ll make you smile as you reminisce over your angsty, high-school days (we’ve all been there). Plus, they’re incredible live.
- Kelly Magrory

BRIDGET MENDER
HELLO MY NAME IS...
What’s Streaming?

Want to see more of this? Write a Rap about it!

WRITE RAP ID
FI RE REV EWS!
40 - 50 WORDS
M SUARTS@GM AI. L.COM

“Jii! Jii! Jii!”
For one to fully understand the world of Jii, or at least try to recreate it, LSD might help. This video is a Japanese commercial for an electrical lighter that also functions as a USB drive. To reel the customer in, a setting of molted magma is presented and the voice of a “Jii” sings to you. The commercial then cuts to what slightly resembles a hot pink Wii remote with Mr. Personality-like eyes. Squinting will happen naturally. The product in question jumps from a pirate ship to being in bed with a talking queen chess piece. A whole neighborhood lines up with their cigarettes to use his burner. All hell breaks loose.

“Playing Recorder with Nostril”
If you could cut cleavage into a frog outfit, I guess it would be what this man was doing. In a commercial for an electric lighter that also functions as a USB drive. To reel the customer in, a setting of molted magma is presented and the voice of a “Jii” sings to you. The commercial then cuts to what slightly resembles a hot pink Wii remote with Mr. Personality-like eyes. Squinting will happen naturally. The product in question jumps from a pirate ship to being in bed with a talking queen chess piece. A whole neighborhood lines up with their cigarettes to use his burner. All hell breaks loose.

“Bobby McFerrin Demonstrates the Power of the Pentatonic Scale”
Bobby McFerrin decides not to play an instrument but to play the music in this video. Explaining the pentatonic scale to people by simply asking them to sing it, this musical maestro seems like a magician. Going further to explain why this scale is somehow inherent in human beings, McFerrin blows your mind during the rest of the video by playing the music like a piano. When strangers are so coordinated in harmony with each other, one gets the same feeling as when Disney-animated animals congregate to sing you a good morning.
Welcome Back from Parking Services!

We’ve made several exciting improvements!

Commuter and Resident surface lot permit prices have not increased this year!

Red Hawk Dollars are accepted for in-office transactions!

Weekend daily passes are available using new pay-by-phone technology! Visit www.paybyphone.com to sign up!

The Parker app can be utilized to view commuter parking availability from home, or directly on your smartphone!

Zipcar is available to all students, faculty, and staff. Zipcars are now located in Lot 20!

Visa is now accepted in-office and online!

Resident permits will continue to be honored in all commuter lots overnight (7:30pm-7:30am) and on weekends!

Addition of 140 General (yellow) spaces in Lot 60!

Don’t Forget: we offer free jump starts if your car battery dies on campus. Just call the office at 973-655-7580.

Find us at http://www.montclair.edu/parking
Email us at parking@mail.montclair.edu
Follow us on Twitter @MSUParking
THE OFFICE OF THE DEAN OF STUDENTS

WELCOMES YOU TO THE

FALL 2013 SEMESTER

montclair.edu/dean-of-students
Student Center, 4th floor, Suite 400
askdeanofstudents@mail.montclair.edu
Award shows often show us a snapshot of what is popular and the new and upcoming trends. It is also a time for celebrities to make a statement. This past year, it looks like the queen of making statements, Lady Gaga, was outshown by a younger star.

In the past, Lady Gaga has camped out in a human-sized egg to make a statement about the birth of the artist and has worn a meat dress to state how we should be conscious about what we wear and eat. At the 2013 Video Music Awards, it seems that Miley Cyrus was trying to make a statement, that in many people’s eyes, completely backfired.

For those of who didn’t watch the VMAs this year, here is a rundown of what happened: Lady Gaga opened with a performance of her new single, “Applause;” Macklemore did a heartfelt performance of his new single, “Same Love,” which seemed to speak to everyone; Justin Timberlake performed a full concert in which the legendary boy band ‘N Sync absolutely rocked it; the show ended on Katy Perry’s fantastic performance of her single, “Roar.”

Miley Cyrus also performed, but not in a good way. Her problems started off with the interesting fashion choice of her bear onesie that she would later strip out of into a skin-tone-colored bathing suit. She then began to “twerk” on Robin Thicke and danced around provocatively with a giant foam finger.

A lot of people are wondering why she jumped off the deep end in last few months. Even with her latest music video, “We Can Do What We Want,” people have noticed a change in the superstar. It seems the general public has practically condemned the star for acting out because that’s what our society demands. That might be true. Our society as a whole may be demanding these stars to set out for fame and fortune and not care about morals or etiquettes. However, there may be another reason that doesn’t excuse the behavior but may enlighten why Cyrus may be acting crazy. She may be having a hard time adjusting or earning respect as an adult star. She may be having issues breaking the connection to Hannah Montana and Disney. The only way she may know how to do that is by making a new name for her that is completely different from her previous alter ego.

Stars have always said that going from a child star to an adult star is a monotonous process. She may be just following in the footsteps of Spears and her downhill spiral. But look at Britney now; she is headed to the top again if she is not already there.
Red Hawks Look to Repeat Success

With the semester underway and the beginning of fall sports around the corner, we take a look back at the six Montclair State teams that dominated their opponents en route to an NCAA Tournament berth. Softball, field hockey, women’s soccer, women’s lacrosse, women’s basketball and men’s lacrosse all plan on repeating their 2012-13 success.

Field Hockey
- NJAC Champions
- NCAA Runners Up

Mens Lacrosse
- Skyline Champions
- NCAA Tournament (1st Round)

Womens Basketball
- NJAC Champions
- NCAA Tournament (Sweet 16)

Mens Soccer
- NJAC Champions
- NCAA Tournament (2nd Round)

Softball
- NJAC Champions
- NCAA Tournament (2nd Round)

Montclarion Staff NFL Predictions

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- Ravens vs. Broncos
- Buccaneers vs. Jets
- Giants vs Cowboys
- Patriots vs. Bills
- Bengals vs. Bears
- Dolphins vs. Browns
- Falcons vs. Saints
- Titans vs. Steelers
- Vikings vs. Lions
- Raiders vs. Colts
- Seahawks vs. Panthers
- Chiefs vs. Jaguars
- Cardinals vs. Rams
- Packers vs. 49’ers
- Eagles vs. Redskins
- Texans vs. Chargers

This year, the Montclarion sports section is bringing back a fun segment that has been absent the last few seasons. Each week the Sports Editor, Editor-in-Chief and Arts Editor will make their predictions on the upcoming NFL games. Join in and do the same with your friends to see who knows the NFL the best.
Montclair State University Shuttle Services introduces...

Getting around campus just got easier! Use NextBus, MSU’s new realtime passenger information system to find out when the next MSU Shuttle will be arriving near you.

NextBus lets you:
• Receive actual arrival information at bus stops or via the internet.

• Receive alerts via your computer or handheld device before the NextBus arrives at your stop.

• Access real-time maps that show actual bus locations.

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Scan here to connect to NextBus now!

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STUDY ABROAD FAIR

DID YOU KNOW?
- Montclair State University offers academic programs in over 50 countries
- Semester, academic year, summer and short-term programs are available
- Programs can fit most majors’ study plans without delaying graduation
- Financial aid is available
- Credits for study abroad may be used toward major, minor or general education requirements
- Classes are available in English
- Employers value international experience and it’s a resume booster
- You will have the experience of a lifetime!

TWO DAYS OF STUDY ABROAD SPECIAL SESSIONS

FRIDAY, SEPTEMBER 20, 2013
Dickson Hall, Cohen Lounge
9:00 a.m.
Exchange Programs Information Session
12:00 p.m.
Taking Your Diversity Abroad: Study Abroad for All
1:00 p.m.
Budgeting Tips for Study Abroad: Saving, Raising, and Winning
2:00 p.m.
Applying for a Gilman Scholarship for Study Abroad (PELL Grant Recipients Only)

THURSDAY, OCTOBER 17, 2013
Student Center, Room #211
9:00 a.m.
Budgeting Tips for Study Abroad: Saving, Raising, and Winning
12:00 p.m.
Exchange Programs Information Session
1:00 p.m.
Montclair-Grass Valley City Scholarship Information Session
2:00 p.m.
Taking Your Diversity Abroad: Study Abroad for All

RSVP for special sessions via the link on our website

STUDY ABROAD WEEKLY INFORMATION SESSIONS
Every Wednesday, 2:30 p.m. • Starting September 4, 2013
No pre-registration required
Global Ed Conference Room • 32 Normal Avenue • (Across from Panzer Athletic Center)
LOVE SPORTS?

Interested in writing for sports or taking photos?

Contact Nick at montclarionsports@gmail.com
**Game of the Week**

**Soccer**

vs. SUNY Cortland

September 6, 7 p.m.

The Red Hawks host SUNY Cortland in what will hopefully be their third straight win.

For updates, check out:

[www.montclairathletics.com](http://www.montclairathletics.com)

and follow @TheMontclarion on Twitter

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**Who’s Hot**

**Danielle Butrico**

Forward — Field Hockey

Butrico posted a solid weekend during the Red Hawks’ 2-0 run. She recorded two goals and currently has a 1.000 shots on goal percentage.

---

**Rebecca Brattole**

Goalkeeper — Field Hockey

Brattole helped lead the Red Hawks to a 2-0 start last weekend by recording eight total saves with zero goals allowed.

---

**Ryan Morris**

Midfielder — Men’s Soccer

Morris, like Olla, scored two goals of his own during last week’s 2-0 run.

---

**Mike Olla**

Forward — Men’s Soccer

Olla helped the Red Hawks get off to a 2-0 start with two goals and a .400 shots on goal percentage.

---

**Game of the Week**

**Field Hockey**

vs. Alvernia

September 7, 1 p.m.

The Red Hawks hope to extend their win streak to three games against Alvernia.

For updates, check out:

[www.montclairathletics.com](http://www.montclairathletics.com)

and follow @TheMontclarion on Twitter
Red Hawks Open Season with Back-to-Back Wins

Coming into this year, everyone on the Red Hawks field hockey team know that other competing squads are just sitting and waiting for a chance to play them. The captains, who have been here all four years, know this better than anybody.

“I think there is an obvious bullseye on our team being that we are currently the NJAC champ and national runner up,” said senior defender Sierra Rauchbach. “Every team that plays us knows it will be a challenge and they come out fighting. This only makes Montclair State field hockey work harder. We embrace the challenges, which makes winning that much more rewarding. We won’t take any team for granted, and go out each game playing our best.”

Despite lots of RPI subs in the make up of this Red Hawk field hockey team. Despite losing star goalkeeper Kate Rosland, sophomores Rebekah Brattole has filled the void perfectly and already has eight shutouts to open the season. Despite this target our best.”

“We return our entire midfield and defensive unit except for our goalkeeper. We added a talented group of freshmen to help give us depth. We have a variety of talented athletes. We don’t want to rely on any one player but have a well-rounded team.”

“This year’s team has so much talent, commitment and desire,” said Captain Rauchbach describing the program. “What makes our team so successful is each individual’s drive to win combined with the power of teamwork. We all play together for one another. We have a strong group of returning players along with new players that all bring their own determination and skill. Together, we are Montclair State Field Hockey.”

Mike Panepinto
Staff Writer

Field hockey work harder. We embrace the challenges, which makes winning that much more rewarding. We won’t take any team for granted, and go out each game playing our best.”

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Mike Panepinto
Staff Writer

Montclair State will look to participate in its third straight NCAA tournament, following last year’s runner-up finish.