This Week On Breaking Ground

President Susan Cole outside the Student Center delivering her welcome speech in front of a crowd of students, faculty, staff and interested parties. Photo courtesy of Marta Hanaka.

The School of Business is slightly larger at 143,000 square feet. It will contain the School of Business offices, which will house the University's School of Business, Life Sciences and a new Center for Environmental and rate Social Responsibility. One of the building's main goals will be to foster the growth between partnersh ips throughout the New Jersey business community.

Business students were excited at the prospects that the new building hopes to bring. Meghan Green, a freshman accounting ma jor, said, “I thought President Cole really drove the initiative. I’m thrilled; that’s why I am here.”

As much as we hate to see the current buildings feel now in state bond funding. Only awarded nearly $94 million after the University was set in motion — was set in motion in the Student Center plaza front of a crowd of students, faculty, staff and interested parties.

By Thursday, September 26, 2013

The Montclarion Online Edition

Assistant News Editor

Kelly Potts

News, p. 3

Hawks Start Walking

In a campus-wide email sent out last week, MSU Police Chief Paul Celan announced that the police department would be bringing back the Hawk Walk student escort program.

Wednesday at 2:30 p.m.

MSU Meets BMX

The Montclair (Kelly Potts)

Terry Adams performing professional stunts on his bike outside Blanton Hall.

MSU Professor Featured in ‘Time’

Kelly Potts

Montclair State University professor David Sanders was featured in Time Magazine’s list of “teaching stars” in the article, “The Bestest Sents in Class.” Time accumulated this list by surveying students in colleges across the country to find the most popular professors. Sanders, who has a Ph.D. from New York University, is an associate professor in the Broadcasting Department and regularly teaches audio and sound design courses. Sanders was recognized as a teaching star by Time for many reasons, including his audio and sound program that he designed at Montclair State and the various courses he teaches, ranging from film

Sports, p. 29

Field Hockey Remains Red Hot

The Montclair State University field hockey team kept their streak going by winning two more games this week.

Volume XCIV, Issue 4

Thursday, September 26, 2013

THEMONTCLARION.ORG

Thursday 73°

Friday 66°

Saturday 72°

Sunday 63°

Monday 76°
Pelican Police Report

On Sept. 17
Non-students Qilar Maxwell, 21, Malik Jackson, 27, and Harry Meggett, 23, all of Jersey City were arrested and charged with defiant trespassing in the New Jersey Transit parking garage after given prior communication by a University Police officer to stay off campus. They are scheduled to appear in Little Falls Municipal Court on Oct. 1. (building #63)

On Sept. 18
A student reported that she was assaulted at an off-campus party by a former student. This case will be transferred to Lincoln Park Police for further investigation into this matter.

On Sept. 18
Student Azikiwe Abushe-Sabour, 23, from Piscataway, N.J., was arrested and charged for possession of marijuana (under 50 grams) while in the Am-phi-theater. Varsalona is scheduled to appear in Montclair Municipal Court on Oct. 8.

On Sept. 19
Student Peter Varsalona, 18 from Galloway, N.J., was arrested and charged for possession of property and unlawful involvement in pur-chasing items with a stolen credit card. Abushe-Sabour appeared in Little Falls Municipal Court on Sept. 24.

On Sept. 20
Student Dylan Frisoli, 18, from Edison, N.J. and Bill Vozut, 18, of Edison, were charged with defiant trespassing in Freeman Hall. They are scheduled to appear in Montclair Municipal Court on Sept. 24.

On Sept. 20
An employee reported that the sign, placed in Lot 66, was stolen. This case is under further investigation.

On Sept. 20
Students Dylan Frisoli, 18, from Edison, N.J. and Bill Vozut, 18, of Edison, were charged with defiant trespassing in Freeman Hall. They are scheduled to appear in Montclair Municipal Court on Oct. 3. (building #15)

Anyone who has information regarding these incidents is urged to call the police station from any campus phone at T-I-P-S (8477). All calls are strictly confidential.

**World News**

- **Two Plainfield men were formally accused of staging a robbery at the GameStop in Watchung. Ethan Henri-dri, the store manager, and William Curry allegedly conspired with a 17-year-old to plan the robbery, set to take place on Aug. 8.**

- **A teenager in Mount Olive who wanted “revenge” on a supposed bully was arrested. On Sept. 19, the 17-year-old smashed his way into a Kings Village apartment, where he attacked two people.**

- **The annual John Basilone Parade marched its way down the streets of Raritan this past Sunday. Today, the parade serves to honor the commit-ment in Afghanistan.**

- **The body of an unidentified woman was found in the aftermath of the Colo-rado flood this past weekend. With this confirmed fatality, the death toll in the state rises to eight.**

- **A pair of 22-year-old men linked to last week’s shooting in Chicago was arrest-ed Sunday night. The shooting wound-ed 13 people, including a 3-year-old boy, and is linked to gang violence.**

- **Apple sold nine million new iPhone 5s and iPhone 5c models during the launch weekend of the devices. The re-cord-breaking sales topped Wall Street expectations and sent the company’s shares up more than five percent.**

- **The winner of last week’s $400 million Powerball prize stepped forward anonymously. Both Powerball winners in South Carolina, but asks to remain anonymous. Both Powerball winners in the state have purchased their tickets at a Murphy Express.**

- **Kenyan forces and terrorists faced off at the Westgate Shopping Mall in Nai-robi on Monday night. With at least 62 people killed in the attack, police have vowed to “finish and punish” the terror-ists involved.**

- **Thirty world leaders gathered at the United Nations Headquarters in New York on Tuesday. The General Debate will set the stage for building a new global devolopment program which pro-jects and promotes equality, justice and prosperity for all people.**

- **A court in Egypt has banned “all activi-ties” by the Muslim Brotherhood, though harsher rules have been set since the overthrowing of Muhammad Morsi, the Egyptian president. The interim gov-ernment has been ordered to seize the Brotherhood’s funds which need an ap-peal for redemption.**

- **The Iranian President rallied for “a constructive approach” to international affairs. Hassan Rouhani called for every-one to “work together to end unhealthy rivalries” for the good of the world.**

- **Typhoon Usagi washed away the coast of southern China on Monday. The east-ern part of Guangdong was left complete-ly devastated and at least 25 individuals were killed in the storm.**
Hawks Start Walking

With the recent attempted robbery and lone-walker inci-
dents on campus, the Hawk Walk program has been a
welcome addition to student safety. “The things happen-
ing on campus now are just...it feels different,” said stu-
dent Jameka Carter. “It feels like you have someone
who will always be there to watch your back.”

Lt. Barrett said that being familiar with your surround-
ings and learning some basic self-defense are the best
ways to stay safe on campus. UPD encourages students
to attend the Street-Smart Self Defense class at the Rec
Center or to sign up for Guardian Tracking, a cell phone
application that allows UPD to locate the students via GPS and
ensure they arrive to his or her destination safely.

If the student does not arrive to his or her destination
within the time specified by the student, the police
then quickly reach the student’s via GPS and en-
sure that he or she arrives to his or her destination safely.

Joseph Bormett
Contributing Writer

In a campus-wide email sent out last week, MSU Police Chief Paul Cell an-
nounced that the police de-
apartment would be bring-
ing back the Hawk Walk student escort program.

The service will be available
during the duration of the fall semester. The program al-
lows students to call Univer-
sity Police any time between
10 p.m. and 4 a.m. to request
a walking escort. Students
must then wait in a safe
place for an escort to arrive.

Hawk Walk escorts have
no vehicles but are intended
to arrive in “a reasonable
amount of time,” according
to Chief Cell. All student es-
corts are employed by UPD
and will be easily identifiable
by neon vests. Hawk Walk es-
corts must also pass compro-
mise background checks.

“There are so many
resources for community
members that are avail-
able during times when
people have an apprehen-
sion about walking alone on
campus,” Lieutenant Kiernan
Barrett wrote in an email.

Lt. Barrett also men-
tioned that Hawk Walk has
been around for years with
different names. In addi-
tion to Hawk Walk, Lt. Bar-
nett wrote that UPD have worked with utilities to en-
sure that there is plenty
of lighting on campus paths.

With the recent attempted robbery and lone-walker inci-
dents on campus, the Hawk Walk program has been a
welcome addition to student safety. “The things happen-
ing on campus now are just...it feels different,” said stu-
dent Jameka Carter. “It feels like you have someone
who will always be there to watch your back.”

Lt. Barrett said that being familiar with your surround-
ings and learning some basic self-defense are the best
ways to stay safe on campus. UPD encourages students
to attend the Street-Smart Self Defense class at the Rec
Center or to sign up for Guardian Tracking, a cell phone
application that allows UPD to locate the students via GPS and
ensure they arrive to his or her destination safely.

If the student does not arrive to his or her destination
within the time specified by the student, the police
then quickly reach the student’s via GPS and en-
sure that he or she arrives to his or her destination safely.

Joseph Bormett
Contributing Writer

In a campus-wide email sent out last week, MSU Police Chief Paul Cell an-
nounced that the police de-
apartment would be bring-
ing back the Hawk Walk student escort program.

The service will be available
during the duration of the fall semester. The program al-
lows students to call Univer-
sity Police any time between
10 p.m. and 4 a.m. to request
a walking escort. Students
must then wait in a safe
place for an escort to arrive.

Hawk Walk escorts have
no vehicles but are intended
to arrive in “a reasonable
amount of time,” according
to Chief Cell. All student es-
corts are employed by UPD
and will be easily identifiable
by neon vests. Hawk Walk es-
corts must also pass compro-
mise background checks.

“There are so many
resources for community
members that are avail-
able during times when
people have an apprehen-
sion about walking alone on
campus,” Lieutenant Kiernan
Barrett wrote in an email.

Lt. Barrett also men-
tioned that Hawk Walk has
been around for years with
different names. In addi-
tion to Hawk Walk, Lt. Bar-
nett wrote that UPD have worked with utilities to en-
sure that there is plenty
of lighting on campus paths.

With the recent attempted robbery and lone-walker inci-
dents on campus, the Hawk Walk program has been a
welcome addition to student safety. “The things happen-
ing on campus now are just...it feels different,” said stu-
dent Jameka Carter. “It feels like you have someone
who will always be there to watch your back.”

Lt. Barrett said that being familiar with your surround-
ings and learning some basic self-defense are the best
ways to stay safe on campus. UPD encourages students
to attend the Street-Smart Self Defense class at the Rec
Center or to sign up for Guardian Tracking, a cell phone
application that allows UPD to locate the students via GPS and
ensure they arrive to his or her destination safely.

If the student does not arrive to his or her destination
within the time specified by the student, the police
then quickly reach the student’s via GPS and en-
sure that he or she arrives to his or her destination safely.

Joseph Bormett
Contributing Writer

In a campus-wide email sent out last week, MSU Police Chief Paul Cell an-
nounced that the police de-
apartment would be bring-
ing back the Hawk Walk student escort program.

The service will be available
during the duration of the fall semester. The program al-
lows students to call Univer-
sity Police any time between
10 p.m. and 4 a.m. to request
a walking escort. Students
must then wait in a safe
place for an escort to arrive.

Hawk Walk escorts have
no vehicles but are intended
to arrive in “a reasonable
amount of time,” according
to Chief Cell. All student es-
corts are employed by UPD
and will be easily identifiable
by neon vests. Hawk Walk es-
corts must also pass compro-
mise background checks.

“There are so many
resources for community
members that are avail-
able during times when
people have an apprehen-
sion about walking alone on
campus,” Lieutenant Kiernan
Barrett wrote in an email.

Lt. Barrett also men-
tioned that Hawk Walk has
been around for years with
different names. In addi-
tion to Hawk Walk, Lt. Bar-
nett wrote that UPD have worked with utilities to en-
sure that there is plenty
of lighting on campus paths.

With the recent attempted robbery and lone-walker inci-
dents on campus, the Hawk Walk program has been a
welcome addition to student safety. “The things happen-
ing on campus now are just...it feels different,” said stu-
dent Jameka Carter. “It feels like you have someone
who will always be there to watch your back.”

Lt. Barrett said that being familiar with your surround-
ings and learning some basic self-defense are the best
ways to stay safe on campus. UPD encourages students
to attend the Street-Smart Self Defense class at the Rec
Center or to sign up for Guardian Tracking, a cell phone
application that allows UPD to locate the students via GPS and
ensure they arrive to his or her destination safely.

If the student does not arrive to his or her destination
within the time specified by the student, the police
then quickly reach the student’s via GPS and en-
sure that he or she arrives to his or her destination safely.

Joseph Bormett
Contributing Writer

In a campus-wide email sent out last week, MSU Police Chief Paul Cell an-
nounced that the police de-
apartment would be bring-
ing back the Hawk Walk student escort program.

The service will be available
during the duration of the fall semester. The program al-
lows students to call Univer-
sity Police any time between
10 p.m. and 4 a.m. to request
a walking escort. Students
must then wait in a safe
place for an escort to arrive.
"I have seen this campus transform into one of the most beautiful communities in the state."
-
-Georgie Juzdan

Many of the visiting politicians praised President Cole for her perseverance, Assemblyman Ralph Caputo for his support and the people of Montclair for being a "lason of everybody" during this time.

The idea of MSU installations on campus is a lesson for everybody:

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.

Sanders says, "I am proud of being able to perform at 30 years old. There really is no better time to be in a career. At 21, Adams, the ‘Be-

"It's a cool way to bring performing arts to bring communities together," as stated in the article in Time.
STUDENT SUCCESS
OPEN HOUSE

VISIT THE NEW LOCATIONS OF YOUR STUDENT SERVICES DEPARTMENTS

Wednesday October 2, 2013
Webster & Stone Hall, 2:30pm—5:00pm

FREE FOOD. CHAIR MASSAGES. PRIZES.
ADVISING, RESUME REVIEWS, MOCK INTERVIEWS, AND MUCH MORE!

WEBSTER HALL
Student Academic Services
Disability Resource Center
Center for Advising & Student Transitions
Academic Success & Retention Programs
Educational Opportunity Fund (EOF) Program

STONE HALL
Health Promotion
Enrollment Management
Service-Learning and Community Engagement
Center for Academic Development and Assessment
Educational Opportunity Fund (EOF) Program
The Center for Career Services and Cooperative Education

Margaret and Herman Sokol Science Lecture Series

Cell Phones and Cancer Risk
What Do We Really Know?

David McCormick, PhD
Professor of Biology
Senior Vice President and Director
Illinois Institute of Technology Research Institute

Tuesday, October 1, 2013
8:00 p.m. at the Kasser Theater

Montclair State University

Tickets available at the Kasser Theater Box Office or by calling 973-655-5112.
Tickets are FREE to all MSH students, faculty, staff and alumni, $15 for all others.
WELCOME BACK!

Get Extra Flex Dollars Today!
Between now and October 4th receive extra Flex Dollars when you upgrade a Constant Pass 250 Meal Plan!

Go to: www.montclair.edu/dining-services/ - under Meal Plans select Student Meal Plans and click icon at the bottom.

Upgrade any Constant Pass 250 Meal Plan to a Constant Pass 400 Meal Plan and receive 50 extra Flex Dollars
*Students must register online and keep their plan through October 25th.

WHAT’S NEW?

FOOD TRUCKS!

Hummus! Falafel! Pita Bread!
The Shawarma Spot!
Offering authentic Middle Eastern cuisine.
Located next to the University Hall Bus Stop

WHAT’S BETTER?

EINSTEIN BROS

BAGELS AREN’T JUST FOR BREAKFAST ANYMORE!
COME VISIT EINSTEIN BROS BAGELS AT COLLEGE HALL, ON THE 1ST FLOOR TODAY!

VISIT US AFTER 3:00 PM FOR A FREE COOKIE WITH PURCHASE OF ANY LUNCH SANDWICH

Only one coupon per person per visit. Coupon is not redeemable with any other coupons or offers. Not responsible for typographical errors. Offer valid only at the following Einstein Bros. locations:

College Hall, Montclair State
973.655.5346
EXP: 10/11/13
*Valid Only At 3:00 PM

Advertised
It’s the most glamorous and prestigious time of the year for television: the Emmys. Whether it’s your favorite drama or comedy, it’s time to see your favorite actors get that prestigious Emmy. What can possibly top a life-changing, career-topping award like an Emmy? Well, the answer is sprawled out on that red carpet, preferably in silk chiffon and diamonds.

Like every glitzy award show, seeing the stars step out prior to their moment of truth is perhaps the peak of our excitement. We shake our heads at the mishaps and nod in approval at the showstoppers.

The notorious crowd pleasers came out to play this Sunday, including Prada, Ralph Lauren, J. Mendel, Marchesa, Vera Wang and several other A-list designers showcasing their works of art on the nominees. Regardless of the amount of head-to-toe designer couture each star wore, it seemed to be a battle of the stylist for this year’s Emmys. For example, Michelle Dockery (from Downton Abbey) owned that stunning Prada gown but Girls’ Lena Dunham got lost in her Prada emerald rose pattern-splattered get up. Here are a few of the designer battles on the red carpet.

Who’s your pick?

**In Prada:**
- Lena Dunham (From, Girls)
- Michelle Dockery (From, Downton Abbey)

**In J. Mendel:**
- Kate Mara (From, House of Cards)
- Zooey Deschannel (From, The New Girl)

**In Marchesa:**
- Alyson Hannigan (From, How I Met Your Mother)

**In Ralph Lauren Collection:**
- Linda Cardellini (From, Mad Men)
- Allison Williams (From, Girls)
Feature

Shopping Seasonally: Fall Fruits & Veggies

As the temperature drops and summer produce prices skyrocket, many are hesitant to purchase fresh fruits and vegetables. To the surprise of many, however, the fall is full of colorful and nutritious produce to eat alone or as part of a main dish.

Three reasons to shop in season:

1. It’s healthier: When you purchase produce that is out of season in your area, it has to be transported from elsewhere with optimal growing conditions. In addition, there are also preservatives used to keep the produce intact during the transportation process. The longer the transportation time, the fewer nutrients are left in the fruit or vegetable by the time you get to eat it.

2. It’s tastier: Have you ever taken a bite out of a tomato in the winter? It kind of makes you want to stop eating tomatoes. Fresh, in-season produce usually is the most flavorful because it has grown naturally in an environment which favors its growth. In reality, tomatoes that you eat in the winter are often harvested before their flavor even develops.

3. It’s cheaper: Quite simply, purchasing food that was grown closer to home is less expensive. The further away it was grown, the more money it takes to get to you. In addition, when a fruit or vegetable is in season, it grows abundantly, therefore allowing the prices to drop.

Choose these fall fruits and vegetables for a healthier, tastier and cheaper bite:

Fruit
- Apples
- Cranberries
- Figs
- Grapes
- Pears

Vegetables
- Artichokes
- Broccoli
- Beets
- Carrots
- Cauliflower
- Eggplant
- Kohlrabi
- Mushrooms
- Onions
- Pumpkin
- Sweet Potatoes

How to incorporate fall fruits and vegetables into your daily routine:

Sweet potatoes:
Rich in vitamin A and fiber, these are easily one of the most versatile vegetables of the fall season. Use these as a star ingredient in a dessert, savory dish or even a homemade snack food.
To make your own healthy sweet potato fries, simply rinse the potato well, cut into fry-like batons and bake in the oven at 400°F for about an hour. No added salt or fat is needed to make this simple, delicious snack.

Stew things up:
Fall vegetables are perfect for making hearty stews and soups. By making your own, you can avoid much of the excess sodium found in canned soups and stews. Just make sure to use low-sodium broth and lots of vegetables such as potatoes, carrots, onions and mushrooms.

Save the seeds:
Next time you carve a pumpkin, save the seeds! Pumpkin seeds, or pepitas, are full of fiber, protein, vitamins E and K and heart healthy minerals such as iron, magnesium, potassium, zinc and phosphorus. Just rinse, season, roast and eat! Pumpkin seeds are a perfect snack, but they also make a great addition to salads or soups by providing a boost of flavor and nutrients.

How to season:
For a savory/spicy seed: curry powder, cayenne pepper or chipotle flakes. Otherwise, just season with a dash of salt to bring out the natural flavors of the seed.

Favorite fall desserts gone guilt-free
Instead of apple pie, make an apple, pear and cranberry crisp. There are many simple recipes out there for crisps that are lighter on the butter and generous with the fiber-rich fruits.
To make a healthier pumpkin pie, substitute your usual pie crust with a low-fat graham cracker crust that you can make at home. However, in this context, forget the crust altogether and indulge in a 50-calorie crust—a low-fat graham cracker crust that you can make at home. However, in this context, forget the crust altogether and indulge in a 50-calorie crust—

Ingredients:
1/2 tsp pure vanilla extract
1 tbsp ground flax
2 tbsp oil, or omit and increase milk to 1 cup
3/4 cup plus 2 tbsp milk of choice
1 (15-oz) can pumpkin puree
2 stevia packs, or 2 extra tablespoons brown sugar
1/3 cup xylitol or brown sugar
1/3 cup flour
2 tsp baking powder
1/2 tsp salt
2 tsp cinnamon
1 tsp pumpkin pie spice

Directions:
Preheat oven to 400°F and grease a 10-inch round pan. In a large mixing bowl, combine the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well. In a separate bowl, combine all liquid ingredients with the first seven ingredients and stir very well.
Do DVD Workouts Really Work?

Stephanie Chavarria  Contributing Writer

There are many options to working out and exercising. Many people feel that in order to exercise, you have to go to the gym or join an expensive membership program. However, that is not necessarily true. Recently, there have been many TV commercials about workout videos with routines such as Insanity, P90X, Zumba and Hip Hop Abs. Many people have reservations about buying these videos. However, these videos are really effective and can actually be tougher workouts than going to the gym.

People are always looking for a new exercise or a new way to lose weight. It is good to sometimes change up your exercise routine, because after a certain time, your body will plateau. This is when a lot of people do not know what to do and lose motivation. Starting to do workout videos can spark your interest and motivation to exercise regularly.

Workout videos have many benefits and there is one for everyone out there, ranging from beginner to boot camp options. One of the main benefits to working out videos is that you can work out in the comfort of your own home or dorm room. Working out at a gym is great way to get in shape. However, many people feel self-conscious and do not like working out alongside many people. Workout videos give you the opportunity to work out at the times that are more convenient for you and also help you fit exercise into a busy schedule. They also keep you from getting bored of your workout routine. Workout videos usually come with eight or 10 DVDs that vary every day. They are made to give you the best results and also made to target many different muscles. The DVDs have a very specific routine that makes you feel like you have your own personal trainer by your side. There are a variety of different DVDs that can target different goals, like Zumba, which is made for weight loss and body toning. The benefit of this workout is that you are dancing away the pounds. Studies show that the average number of calories burned in one hour of Zumba is a whopping 817 calories. It is really fun for people that need variety in their workout routines and love dancing. The music and atmosphere this workout gives you makes you want to work out every day.

For more intense workouts, there’s Insanity or P90X, which are total body circuit training workouts that use only your body weight as resistance. P90X uses interval training, which means highly intense pace for longer periods of time with short thirty second rests. This workout is one of the most difficult cardiovascular DVD programs out there. Even though it is difficult, it doesn’t mean it is impossible. The results you get from this workout are real. Many people lose 15-30 pounds within a three to six month period and also build muscle mass.

The weather will no longer be an excuse anymore for not being able to work out. With at-home DVD workout programs, you will have to be dedicated and follow the program, but the results will be as successful or even more than going to the gym. If you are tired of your same gym routine and are thinking about doing something different, try doing a DVD workout program. It can make you love exercising all over again.

Have a story idea? Want to see your name in the paper?

EMAIL MSUFEATURE@GMAIL.COM

MONTCLARION OPEN HOUSE:

WEDNESDAY, OCT. 9
11 a.m. - 2 p.m.
STUDENT CENTER ANNEX, ROOM 113

MEET THE EDITORS, WRITE FOR THE PAPER AND EAT PIZZA!
AT FIRST I WAS EMBARRASSED. ME, A CAT, LIVING WITH A SINGLE GUY. BUT WHEN I WATCH HIM PICK SOMETHING UP WITH HIS HANDS AND EAT IT, I CAN'T HELP BUT LOVE HIM.

—MARU
adopted 01-10-10
Help Wanted

Are you a college student experienced in child care and looking for a stable income while pursuing your degree? Becoming a Nanny can provide fulfillment and still allow the time to pursue outside endeavors. Contact Kelley at Perfect Fit Nanny Placement Agency: Kanazarian@gmail.com or call 862-485-5111.

After school care for a 5 year old in Cedar Grove, starting in September 2013. Five days a week, but would consider 2-3 days. Contact Sarahi.grande@yahoo.com or call 973-615-7371.

Part time dog walker needed in Montclair area between 11 a.m. and 3 p.m., Mon-Fri. $10 per 30 minute walk. Email Janine for more info, montclairpetgirl@gmail.com

FOLLOW US ON TWITTER! @themontclarion

She snores more than I do, but I still love my human.

— Bandit

adopted 11-25-08

A person is the best thing to happen to a shelter pet

Montclair

Open House

Wed. October 9th
11am-2pm
Student Center Annex 113

Meet the Editors! Write for Us!
Aries March 21 - April 19
Actions speak louder than words, and you're currently thinking whether some of your most recent actions haven't shown the best of your character. It's never too late to clear up misunderstandings. However, keep in mind that certain things will never be the same as they were before.

Taurus April 20 - May 20
Besides putting your self-interest into all of your efforts, take the interests of others into consideration. Perhaps they have more in common with you than you think. New perspectives can mean new opportunities.

Gemini May 21 - June 20
Refrain from getting embroiled in disputes pertaining belief systems. There's no need to convince die hard followers that there is an alternative perception. As long as you're comfortable in your own beliefs and don't force your opinion on others, you are likely to gain the friendship of others without having to sacrifice your beliefs.

Cancer June 21 - July 22
You may encounter someone who is so troubled at the moment that you may actually start to appreciate your own good fortune. Previously, you always questioned why your life was so ill, but it is circumstances like these that make you feel grateful for what you have.

Leo July 23 - August 22
Enjoy this moment while it lasts for changes may lie ahead. Prepare for this as best as you can to avoid the overwhelming sense of anxiety and nervousness when such changes finally approach.

Virgo August 23 - September 22
There are some things that aren't worth doing because they strain your time and effort. The same applies with people. There are simply some who are so adamant that they are not worth trying to change. Some people are only willing to improve their circumstances without improving themselves.

Libra September 23 - October 22
Although your mind truly has the potential to adapt to the information it receives, you prefer to study the more practical. Any information, really, is useful and can be used as an advantage. With that said, it is best to try to get the most out of anything you do.

Scorpio October 23 - November 21
You've been feeling troubled about certain things lately. Despite your cries for help, no one seems to be listening to what you have to say. There are two ways to approach this issue: you can either choose to ignore those people as they do to you or can adapt to the circumstances, turn it around and make the best of it.

Sagittarius November 22 - December 21
Talking to yourself may sound strange but it really is an effective way to understand yourself. After all, who knows you better than yourself? Not only will you be able to rearrange your priorities, you will be able to distinguish what you really want without any external influence.

Capricorn December 22 - January 19
Your most important personal goals and reputation have recently received a boost from the recent sacrifices you made to concentrate on your work. On one hand, you feel great about yourself; on another hand, you feel as though part of you is lost somewhere. It's time to ask yourself, was it worth it?

Aquarius January 20 - February 18
While going back to square one may be tedious or even embarrassing, it may be necessary if you're stuck in a rut. Starting out clean on a clean slate is worth it. Never get caught up in the past and weighed down by its burdens. Embrace what's to come ahead.

Pisces February 19 - March 20
In truth, your imagination and creativity have increased which could benefit any artistic work you do. However, your ability to reason and be practical has now diminished. Your judgment regarding substantial matters is somewhat unclear, so it is best to delay making important decisions.
At much as we complain about construction, it might be the time to put all of our discrepancies aside to appreciate the benefits construction might have. We can all sympathize with commuter students and faculty, as Montclair State University has seized some parking lots in order to use the land as a platform for construction. Maybe the age of this being a “commuter school” is over. Perhaps it’s about time we identify with something more than that.

As much as we hate the construction, the new School of Environmental and Life Sciences and the new School of Business will be great additions to our campus. The School of Environmental and Life Sciences will be a whopping 107,500 square feet. The building will have new state-of-the-art classrooms and research labs that will be necessary for expanding all research infrastructures. It seems that MSU is hoping to improve its departments in biochemistry, pharmaceutical, and medicinal chemistry, as well as environmental sciences and geography.

The new School of Business will be 143,000 square feet and will include new lecture halls, classrooms, computer labs, a marketing research/search lab and a financial trading floor. Yes, it’s very unfortunate that we’ll have to wait until 2015 for the unveiling of these buildings and we’ll have to put up with two huge construction projects going on. There is also the doubt that these buildings will actually finish on time, but we believe that these buildings will still be a worthy investment.

Not only will it be im-proving the existing science programs, but it looks like it will add additional programs to the departments. It is the school’s new, expanding the scope of our institution. Now, as much as we could use a parking lot, this money was meant to better the resources for our education, and MSU decided that investing in these two buildings was the best way to improve our school. The new construction projects are also very beneficial to the state and local economies by creating jobs for construction companies.

Considering we had so much money granted to our institution, it really speaks for our school. MSU has been entrusted to use this money to benefit our education here. Being recognized by the state is indeed a huge honor and maybe in a few years, we’ll even be recognized as a national university. Although this will probably ensure that MSU will never fully put construction projects on hold, this might be a step in the right direction to making ourselves known throughout the country.
Massacring Our Faith And Security

D.C. Navy Yard shooting raises larger questions about gun control

Some will argue the Navy Yard shooting was a product of gun control failures in this country. However, with 20/20 hindsight, it’s hard to overlook that Americans in American security which should have been addressed already aren’t able to believe the need to. A number of individuals throughout the bodies of those incidents that couldn’t possibly have been stopped. It was the result of the work our government stopped to understand. In reality, every crime can be prevented in terms of an individual person, not able to be understood in one way or the other. Unfortunately, there are many more times this country and its government fail to comprehend the facts that.

Kennefick, M., an English major; is in her first year as a columnist for The Montclarion.

Why College Crimes Become A Joke

College campus crimes less sincere and more playful with prank crimes

According to statistics provided by the Department of Justice, crime on college campuses is at an all-time low. In 2011, the Santa Clara University and surrounding campuses saw 100% decreases in crime rates for theft and personal theft. This encourages a campus of community and safety, and the students and campus staff can live free of worry.

However, crime on college campuses is not always as unsavory as being caught up in campus almost never have any kind of consequences.

According to a recent study done by the National Center for Education Statistics, 21% of college students have experienced some type of crime on campus. Of those students, 64% report that it is a “joke.”

So, before you make fun of your friends who do it or run up behind your friend’s back to “prank” them, think about how you would like them to react if it was you. It’s not just a matter of being respectful to others, but also to yourself. One day, you might find yourself in the position of being the person pranked.

The Thieves of Being Bilingual

Knowing more than one language can help in more than just job-search

college, you have a choice to speak a foreign language to your advantage or to your disadvantage. However, the choice is not as clear-cut as it seems.

The ability to speak a foreign language is a valuable skill, not only to individuals who are born and raised in a bilingual household, but also to those who learn it as a second language. By being bilingual, you can open up career opportunities.

As a BiDepartment of Education study reveals, bilingual students tend to have higher standardized test scores. This is because bilingual students are able to think in different ways and see the world from a different perspective.

According to a recent study, bilingual people are better able to understand and express their emotions. This is because bilingual people are able to switch between different languages, allowing them to express their emotions in a more nuanced way.

However, speaking two languages can also have its drawbacks. When speaking in a second language, you may not be able to express yourself as clearly as you would in your native language.

The Montclarion is a student-run newspaper that provides coverage of news, events, and issues relevant to the Kean University community. The Montclarion is published by Kean University's Department of Communications and the Montclarion's Student Media Program. The Montclarion is distributed to all resident halls on campus and is available online at themontclarion.com.
**FRANZ FERDINAND**

**LOVE ILLUMINATION**

One of the tracks off of their new album, *Right Thoughts, Right Words, Right Actions*, is funky and definitely will make you want to dance. As usual, Franz Ferdinand delivers with a unique and exciting track that only adds to the excellency.

- Emilia D’albero

---

**ARCTIC MONKEYS**

**AM**

This British band led by Alex Turner never disappoints! This marks the fifth studio album by the band and it is one of their more dark albums. Although it’s a bit of a new sound for the band, they still stay true to their original roots. Tracks like “R U Mine” do not disappoint.

- Nicole Duque

---

**MONA**

**TORCHES / PITCHFORKS**

Somehow, Mona has taken country and rock music to “another level” and produced something wonderful. “Darlin’” is a super-fun track that combines a country/bluegrass feel with the intensity of rock and roll. The entire album is worth a listen or several.

- Emilia D’albero

---

**MINDY SMITH**

**STUPID LOVE**

I went to a Taylor Swift concert. Swift had the lyrics to her song “Love, Lust” on her arm. I looked the artist up later that night! I am so glad I did. Her voice is beautiful, and her lyrics are so powerful and catchy. It’s definitely someone new to check out.

- Nicole Duque

---

**SEBADOH**

**DEFEND YOURSELF**

After ending a 25-year relationship, Lou Barlow, the band’s lead singer and songwriter, presents his energy and feelings of change into both the album’s lyrical content and overall vibe. Post-divorce, hummers come from all corners with the soft acoustic “Let It Out” and the elusive “I’ll Kill.” What a way to return since last appearing in 1999.

- Emilia D’albero

---

**WRI TE RAP I D FI RE REVIEWS!**

**40- 50 WORDS**

**MUSIARTS@GMAI L.COM**

---

**What’s Streaming?**

*The Montclarion* - 13 videos

Deandra LoCuro Asst. Add Edtor

---

“Conduct Us - An Orchestra in the Middle of New York”

As a reader, you may be a student, a professor, a mother, a boss, a friend. Imagine being asked randomly to conduct an entire string orchestra for an audience of a hundred or so people. The opportunity and skill was given to a number of New Yorkers by Improv Asylum, with a once-in-a-lifetime chance to conduct an orchestra. The opportunity to mesh together with the hypnotic tones of EDM characterize the events to take place at Webster Hall this weekend.

Webster Hall Halloween 2013 - Official Trailer

Webster Hall has the new trailer out for its hard-core annual Halloween parade afterparty. Laser shows, huge transformers, ridiculously detailed costumes and a tribal virgin sacrifice all meshed together with the hypnotic tones of EDM characterize the events to take place at 123 East 11th Street. This New York City club for 18 and older finds itself as the place to be on October 31. Attendants can also win $5,000 in a costume contest. Watch the trailer. You may just have new holiday plans.

---

“Drake Makes Everything Sound Better”

The side effects of Zeflen and the instructions for timer cartridges change were the topics of sexual discussion for Drake on The Ellen DeGeneres Show this week. In a segment she called, “Drake Has One of Those Voices Where He Can Make Anything Sound Sexy,” viewers were briefly granted a romantic island vacation where Drake lists side effects of depression medication. Pouring butter into your ear, take a few seconds and listen to Drake teach you how to change a printer cartridge.

---

“Conduct Us - An Orchestra in the Middle of New York”

As a reader, you may be a student, a professor, a mother, a boss, a friend. Imagine being asked randomly to conduct an entire string orchestra for an audience of a hundred or so people. The opportunity and skill was given to a number of New Yorkers by Improv Asylum, with a once-in-a-lifetime chance to conduct an orchestra. The opportunity to mesh together with the hypnotic tones of EDM characterize the events to take place at Webster Hall this weekend.

Webster Hall Halloween 2013 - Official Trailer

Webster Hall has the new trailer out for its hard-core annual Halloween parade afterparty. Laser shows, huge transformers, ridiculously detailed costumes and a tribal virgin sacrifice all meshed together with the hypnotic tones of EDM characterize the events to take place at 123 East 11th Street. This New York City club for 18 and older finds itself as the place to be on October 31. Attendants can also win $5,000 in a costume contest. Watch the trailer. You may just have new holiday plans.

---
Recapping The Emmys Surprises and tributes

Victoria Nelli
Staff Writer

The fall movie season has hit the ground running, and thank goodness it has. From director Denis Villeneuve’s In the Valley of Elah, to the kidnaping of the innocent child, Keller Dover (Hugh Jackman) can’t still the demented and insane Luka (Jake Gyllenhaal) and have his young son back. All in one night, Keller Dover becomes a father when Dover begins to take it personally when he believes his police aren’t doing enough to find his children. It’s a gripping tale of perseverance and personal endurance that comes when all hope seems lost. The ensemble brings the story to an end Sunday, no show was more deserving. Winning Best Comedy Series for the second year in a row, Veep had an amazing year. Much was expected from its cast, but the producers of this year’s Emmys strayed far from the path. Anna Chlumsky from Veep is outstanding and would have been a great surprise if she were to have won. One of the most talked about wins was Jeff Daniels for his portrayal of Will McAvoy on The Newsroom. Critics and fans alike assumed the Emmy would go to Bryan Cranston for his raw, insane and inspiring portrayal of Walter White on AMC’s Breaking Bad. When Daniel’s name was called, the crowd was in shock, as was Daniels. Both of those stars are incredible and both worthy of Emmy praise, yet Daniels absolutely deserved the win.

The Outstanding Actress in a Drama Series award went well-deserved and obvious. Although fans on Twitter and other social media sites were amazed when Kerry Washington took home the gold, Claire Danes took home the top prize, and for good reason in her work on Homeland. She won last year and if she continues to shock us with her convincing portrayal of Carrie Mathis, she will probably take it home again next year as well.

The top honors last night were not pretty predictable winners. Best Comedy Series went to (shocker) Modern Family, probably one of the most deserved awards of the night. Yes, they win every year, but for good reason. Modern Family is not only the currently best written show on television, but also has the strongest cast and production team. For Best Drama Series, the winner was the Vince Gilligan-produced, Bryan Cranston-starring Better Call Saul. The cast was thrilled, as was everyone watching at home. In its last season and last episode airing Sunday, no show was more deserving. Winning Best Supporting Actor for the second year in a row, Paul Dano opposite Jake Gyllenhaal, makes the movie so gripping. The ensemble brings the story to an end Sunday, no show was more deserving. Winning Best Supporting Actress for the second year in a row, Voila Davis and the always incredible and talented Famke Janssen.

The fall movie season has hit the ground running, and thank goodness it has. From director Denis Villeneuve’s In the Valley of Elah, to the kidnaping of the innocent child, Keller Dover (Hugh Jackman) can’t still the demented and insane Luka (Jake Gyllenhaal) and have his young son back. All in one night, Keller Dover becomes a father when Dover begins to take it personally when he believes his police aren’t doing enough to find his children. It’s a gripping tale of perseverance and personal endurance that comes when all hope seems lost. The ensemble brings the story to an end Sunday, no show was more deserving. Winning Best Comedy Series for the second year in a row, Veep had an amazing year. Much was expected from its cast, but the producers of this year’s Emmys strayed far from the path. Anna Chlumsky from Veep is outstanding and would have been a great surprise if she were to have won. One of the most talked about wins was Jeff Daniels for his portrayal of Will McAvoy on The Newsroom. Critics and fans alike assumed the Emmy would go to Bryan Cranston for his raw, insane and inspiring portrayal of Walter White on AMC’s Breaking Bad. When Daniel’s name was called, the crowd was in shock, as was Daniels. Both of those stars are incredible and both worthy of Emmy praise, yet Daniels absolutely deserved the win.

The Outstanding Actress in a Drama Series award went well-deserved and obvious. Although fans on Twitter and other social media sites were amazed when Kerry Washington took home the gold, Claire Danes took home the top prize, and for good reason in her work on Homeland. She won last year and if she continues to shock us with her convincing portrayal of Carrie Mathis, she will probably take it home again next year as well.

The top honors last night were not pretty predictable winners. Best Comedy Series went to (shocker) Modern Family, probably one of the most deserved awards of the night. Yes, they win every year, but for good reason. Modern Family is not only the currently best written show on television, but also has the strongest cast and production team. For Best Drama Series, the winner was the Vince Gilligan-produced, Bryan Cranston-starring Better Call Saul. The cast was thrilled, as was everyone watching at home. In its last season and last episode airing Sunday, no show was more deserving. Winning Best Supporting Actor for the second year in a row, Paul Dano opposite Jake Gyllenhaal, makes the movie so gripping. The ensemble brings the story to an end Sunday, no show was more deserving. Winning Best Supporting Actress for the second year in a row, Voila Davis and the always incredible and talented Famke Janssen.

THE FOUNDATION FOR A BETTER LIFE
www.forabetterlife.org
SCHOLARSHIPS
FOR STUDY ABROAD

 DEADLINES for Spring 2014
 Gilman International Scholarship (GILS) - Grant Renewals - October 1, 2013
 International Study Abroad - October 23, 2013
 CEA Study Abroad - October 6, 2013
 School for International Programmers - November 1, 2013
 PRTA/MTA Scholarships - October 1, 2013

 DEADLINES for Summer 2014
 Gilman International Scholarship (GILS) - Grant Renewals - March 3, 2014
 International Study Abroad - February 26, 2014
 CEA Study Abroad - February 6, 2014
 School for International Programmers - April 1, 2014
 PRTA/MTA Scholarships - February 1, 2014

 www.studyabroadfund.org

 For additional help visit the Global Education Center and meet with an advisor
 http://www.montclarion.edu/global-education/study-abroad/

 Voted the Area’s Top Steakhouse
 Home of the 24 oz. Delmonico Steak $23.95
 Party Rooms Up To 80 People • Gift Certificates Available

 Happy Hour
 Sun.-Tues. ALL DAY
 Wed.-Sat. 3 PM-7 PM

 Late Nights Happy Hour
 Thurs. & Fri.
 10 PM-2 AM

 $5.00 OFF Your Total Bill
 of $40 or more.
 Cannot be combined with any other offer

 955 Valley Road • Clifton • 973-746-6600
 www.alexuststeakhouse.com

 Peak Performances
 WORLD PREMIERE – A PEAK COMMISSION
 Fold Here
 GALLIM DANCE COMPANY
 Choreography: Andrea Miller
 Sept. 26 - Sept. 29

 It Pays To Be Young!
 29 & Under Play for $29

 When you’re done with your courses, come out to ours!
 Play Great Gorge and Cascades Golf Courses.

 Free Rentals!
 Left Hand Clubs Also Available

 ~ Sussex County, NJ ~
As a life outside of actuality, Grand Theft Auto V offers a refreshing deviation from the conventionalization of today’s gaming world. Rockstar’s GTA V is not simply a diversion from the gamer’s reality but a departure from the norm for the characters within its digital world as well. As gamers begin to decipher all the features GTA V has to offer, the three main antagonists attempt to situate themselves within their new lifestyles. Rockstar’s epic fifth installment of the Grand Theft Auto franchise provokes both the gamer and the characters they adopt to forge a new existence inside the artificial, utopian city known as Los Santos. Grand Theft Auto V follows the story of three interrelated characters who are drawn together by one thing: crime. Despite their paths being intertwined, the lives of Michael De Santa, Trevor Phillips and Franklin Clinton could not be more disparate. De Santa is a former bank robber who faked his own death to escape jail time, only to be impressed later in the household of his dysfunctional and grief stricken family. He lives a lavish lifestyle complete with expensive cars and tailor-made suits, but he lacks the one thing money can’t buy: the admiration of his children. Phillips, De Santa’s former partner in crime, lives the complete opposite lifestyle. He lives a solitary life in a trailer park in the desert. He keeps himself isolated from everything except guns and drugs, which he uses to construct his reckless persona and uncontrolled behavior. Finally, there’s Franklin Clinton. A former cop man at a shady car dealership, Clinton develops a relationship with De Santa doing illegal odd jobs for him and his partner Lester in order to generate some quick income and work his way up in the criminal ranks. There is one main difference between De Santa and Clinton. Albert has notorious criminal background, De Santa tells his son he “always thought he was the good guy.” On the other hand, Clinton knows that his way of achieving the “American dream” is all but honest. However, a world riddled with fraudulence in pursuit of the almighty American dollar dishonesty is actually a valuable attribute and that is something De Santa fails to grasp. All of those characters want to create new lives for themselves and escape their scandalous fantasy world—the very world us gamers are trying to assimilate into, because we can never inhabit it within our own reality. If you are trying to avoid crime in the world of Los Santos, chances are you’re going to be thrust into the middle of it. Hijacking airplanes, smuggling drugs and robbing anyone with a pulse is what makes Los Santos a place ridden with delinquency. The vibrant economy, complete with beaches and boardwalks, coupled with a plethora of luxurious shops, at times, works to camouflage the corruption within the city. It is visually impressive with pulsating colors and gorgeous palm trees, tempting gamers to lose themselves within the immensity of its open world. The world of GTA V is so vast that, at times, you forget that you are living as a fictional character. You buy amenities, explore the open world and progress the stories of De Santa, Phillips and Clinton, all while trying to figure out what it all means after your system turns off. When you lose yourself completely in a game, that’s when you know it was worth every penny. Grand Theft Auto V accomplishes just that.

Kevin Camilo
Staff Writer

As a life outside of actuality, Grand Theft Auto V offers a refreshing deviation from the conventionalization of today’s gaming world. Rockstar’s GTA V is not simply a diversion from the gamer’s reality but a departure from the norm for the characters within its digital world as well. As gamers begin to decipher all the features GTA V has to offer, the three main antagonists attempt to situate themselves within their new lifestyles. Rockstar’s epic fifth installment of the Grand Theft Auto franchise provokes both the gamer and the characters they adopt to forge a new existence inside the artificial, utopian city known as Los Santos. Grand Theft Auto V follows the story of three interrelated characters who are drawn together by one thing: crime. Despite their paths being intertwined, the lives of Michael De Santa, Trevor Phillips and Franklin Clinton could not be more disparate. De Santa is a former bank robber who faked his own death to escape jail time, only to be impressed later in the household of his dysfunctional and grief stricken family. He lives a lavish lifestyle complete with expensive cars and tailor-made suits, but he lacks the one thing money can’t buy: the admiration of his children. Phillips, De Santa’s former partner in crime, lives the complete opposite lifestyle. He lives a solitary life in a trailer park in the desert. He keeps himself isolated from everything except guns and drugs, which he uses to construct his reckless persona and uncontrolled behavior. Finally, there’s Franklin Clinton. A former cop man at a shady car dealership, Clinton develops a relationship with De Santa doing illegal odd jobs for him and his partner Lester in order to generate some quick income and work his way up in the criminal ranks. There is one main difference between De Santa and Clinton. Albert has notorious criminal background, De Santa tells his son he “always thought he was the good guy.” On the other hand, Clinton knows that his way of achieving the “American dream” is all but honest. However, a world riddled with fraudulence in pursuit of the almighty American dollar dishonesty is actually a valuable attribute and that is something De Santa fails to grasp. All of those characters want to create new lives for themselves and escape their scandalous fantasy world—the very world us gamers are trying to assimilate into, because we can never inhabit it within our own reality. If you are trying to avoid crime in the world of Los Santos, chances are you’re going to be thrust into the middle of it. Hijacking airplanes, smuggling drugs and robbing anyone with a pulse is what makes Los Santos a place ridden with delinquency. The vibrant economy, complete with beaches and boardwalks, coupled with a plethora of luxurious shops, at times, works to camouflage the corruption within the city. It is visually impressive with pulsating colors and gorgeous palm trees, tempting gamers to lose themselves within the immensity of its open world. The world of GTA V is so vast that, at times, you forget that you are living as a fictional character. You buy amenities, explore the open world and progress the stories of De Santa, Phillips and Clinton, all while trying to figure out what it all means after your system turns off. When you lose yourself completely in a game, that’s when you know it was worth every penny. Grand Theft Auto V accomplishes just that.

Kevin Camilo
Staff Writer

As a life outside of actuality, Grand Theft Auto V offers a refreshing deviation from the conventionalization of today’s gaming world. Rockstar’s GTA V is not simply a diversion from the gamer’s reality but a departure from the norm for the characters within its digital world as well. As gamers begin to decipher all the features GTA V has to offer, the three main antagonists attempt to situate themselves within their new lifestyles. Rockstar’s epic fifth installment of the Grand Theft Auto franchise provokes both the gamer and the characters they adopt to forge a new existence inside the artificial, utopian city known as Los Santos. Grand Theft Auto V follows the story of three interrelated characters who are drawn together by one thing: crime. Despite their paths being intertwined, the lives of Michael De Santa, Trevor Phillips and Franklin Clinton could not be more disparate. De Santa is a former bank robber who faked his own death to escape jail time, only to be impressed later in the household of his dysfunctional and grief stricken family. He lives a lavish lifestyle complete with expensive cars and tailor-made suits, but he lacks the one thing money can’t buy: the admiration of his children. Phillips, De Santa’s former partner in crime, lives the complete opposite lifestyle. He lives a solitary life in a trailer park in the desert. He keeps himself isolated from everything except guns and drugs, which he uses to construct his reckless persona and uncontrolled behavior. Finally, there’s Franklin Clinton. A former cop man at a shady car dealership, Clinton develops a relationship with De Santa doing illegal odd jobs for him and his partner Lester in order to generate some quick income and work his way up in the criminal ranks. There is one main difference between De Santa and Clinton. Albert has notorious criminal background, De Santa tells his son he “always thought he was the good guy.” On the other hand, Clinton knows that his way of achieving the “American dream” is all but honest. However, a world riddled with fraudulence in pursuit of the almighty American dollar dishonesty is actually a valuable attribute and that is something De Santa fails to grasp. All of those characters want to create new lives for themselves and escape their scandalous fantasy world—the very world us gamers are trying to assimilate into, because we can never inhabit it within our own reality. If you are trying to avoid crime in the world of Los Santos, chances are you’re going to be thrust into the middle of it. Hijacking airplanes, smuggling drugs and robbing anyone with a pulse is what makes Los Santos a place ridden with delinquency. The vibrant economy, complete with beaches and boardwalks, coupled with a plethora of luxurious shops, at times, works to camouflage the corruption within the city. It is visually impressive with pulsating colors and gorgeous palm trees, tempting gamers to lose themselves within the immensity of its open world. The world of GTA V is so vast that, at times, you forget that you are living as a fictional character. You buy amenities, explore the open world and progress the stories of De Santa, Phillips and Clinton, all while trying to figure out what it all means after your system turns off. When you lose yourself completely in a game, that’s when you know it was worth every penny. Grand Theft Auto V accomplishes just that.
Field Hockey Remains Red Hot

Mike Pizziotti  Sports

The Montclair State University field hockey team kept their stupendous streak going by winning two more games this week to run their record to 8-0 overall and 1-0 in the New Jersey Athletic Conference (NJAC). MSU played their first league game and a tough independent opponent this week, but managed to win both games pretty easily.

On Sept. 18, the Red Hawks battled the Ramapo Roadrunners at Sprague Field. Montclair State came out firing on all cylinders and crushed Ramapo by a final score of 8-0.

Not even two minutes into the contest, freshman forward/midfielder Danielle Butrico found sophomores forward Maura Johnston, who scored her first goal off a rebound pass to put MSU up 1-0. Less than three minutes later, Johnston notched her second goal of the game from a rebound pass to give the Red Hawks the early 2-0 edge.

At the 7:41 point in the match, senior midfielder Jennifer Rauchbach connected on a shot off an assist from Hullings in the 21st minute, when she received an assist from Brooke Hullings and put the Red Hawks up 6-0.

At the 63:26 mark, freshman forward Erica Farrar connected with freshman forward/midfielder Gianna Moglino, who contributed a goal to the onslaught. Junior defender Abby Erier added a second goal of the game by knocking in a rebound near the net.

On Sept. 21, MSU welcomed SUNY Cortland to Sprague Field. The Red Hawks hit the ground running and drove in from the left side. Roughly eight minutes later, Johnston scored her second goal of the game by knocking in a rebound near the net. Lewis notched a goal less than four minutes and 30 seconds into the match to put MSU up 2-0.

Moglino connected on her first goal in the match roughly at the 12-minute mark. Butrico concluded the first half, scoring for the Red Hawks off of an assist from Hullings and drove in from the left side.

Through the first half of the season, the Red Hawks have dominated the competition thus far, look to remain undefeated.

This week’s winner

Mike Panepinto  Staff Writer

The Montclair State University field hockey program concluded the first half of the season with a 6-0 victory at home over SUNY Cortland. The Red Hawks advance to 8-0 on the season and are 1-0 in the NJAC.

The Red Hawks, who have dominated the competition thus far, look to remain undefeated.

51st of the season, senior forward/midfielder Danielle Butrico found sophomores forward Maura Johnston, who scored her first goal off a rebound pass to put MSU up 1-0. Less than three minutes later, Johnston notched her second goal of the game from a rebound pass to give the Red Hawks the early 2-0 edge.

At the 7:41 point in the match, senior midfielder Jennifer Rauchbach connected on a shot off an assist from Hullings in the 21st minute, when she received an assist from Brooke Hullings and put the Red Hawks up 6-0.

At the 63:26 mark, freshman forward Erica Farrar connected with freshman forward/midfielder Gianna Moglino, who contributed a goal to the onslaught. Junior defender Abby Erier added a second goal of the game by knocking in a rebound near the net.

On Sept. 21, MSU welcomed SUNY Cortland to Sprague Field. The Red Hawks hit the ground running and drove in from the left side. Roughly eight minutes later, Johnston scored her second goal of the game by knocking in a rebound near the net. Lewis notched a goal less than four minutes and 30 seconds into the match to put MSU up 2-0.

Moglino connected on her first goal in the match roughly at the 12-minute mark. Butrico concluded the first half, scoring for the Red Hawks off of an assist from Hullings and drove in from the left side.

Through the first half of the season, the Red Hawks have averaged five points per game while allowing an average of only .62.
MSU hopes to stay hot when they travel to take on the 6-1-1 Lions.

For updates, check out: www.montclairathletics.com and follow @TheMontclarion on Twitter.

Who’s Hot This Week

Maura Johnston
Forward — Field Hockey
Named the NJAC Offensive Player of the Week, Johnston helped the Red Hawks go 2-0 over the weekend with five goals.

Season Stats
Goals - 8
Assists - 3
S.O.G% - .833

Game of the Week

Field Hockey
vs. Stevens
Oct. 2, 7 p.m.

The Red Hawks look to maintain their momentum going into the fourth and final home game before hitting the road for two weeks.

For updates, check out: www.montclairathletics.com and follow @TheMontclarion on Twitter.

Who’s Hot This Week

Marc Aspinwall
Linebacker — Football
In a 33-10 defeat to Alfred University, Aspinwall recorded a career-best 14 tackles, including 2.5 tackles for loss.

Season Stats
Solo Tackles - 11
Assisted Tackles - 10
Tackles for Loss - 3.5

Game of the Week

Soccer
@ TCNJ
Sept. 28, 7 p.m.

MSU hopes to stay hot when they travel to take on the 6-1-1 Lions.

For updates, check out: www.montclairathletics.com and follow @TheMontclarion on Twitter.
Red Hawks Get Shot Down in 33-10 Rout

Nick Verhagen
Sports Editor

Sadly, the momentum of last week’s win did not last long as the Montclair State University football team fell to Alfred University 33-10 on Sept. 21.

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.

Ryan Davies

Although the Red Hawks lost the game, they did show improvement offensively from last week.

Ryan Davies, who completed seven of his mere 17 attempts, recorded 174 yards in the air with two interceptions and a touchdown. Unfortunately, one of those interceptions was returned for a touchdown.
OPEN HOUSE
October 9, 2013
4:30pm-7:00pm
683 Hoes Lane West,
1st Floor Atrium
Piscataway, NJ 08854

Take Your Passion and Enthusiasm for Protecting and Improving the Lives and Well-Being of Communities to the Next Level

Through our three campuses and eight departments, your education opportunities are plentiful.

- New Brunswick Campus
- Newark Campus
- Stratford Campus

- Biostatistics
- Dental Public Health
- Epidemiology
- Environmental and Occupational Health
- Health Education and Behavioral Science
- Health Systems and Policy
- Quantitative Methods: Epidemiology and Biostatistics
- Urban Health Administration

- Post Baccalaureate Certificates
- Master of Public Health (MPH)
- Master of Science (MS)
- Doctor of Public Health (DrPH)
- Doctor of Philosophy (PhD)
- Dual Degree Options Also Available

Meet with Faculty and Students about Public Health Degrees and Careers

Scheduled Activities:
- 4:30pm Meet with faculty and students
- 5:30pm Light Dinner and Academic Showcase
- 6:00pm Meet with faculty and students

For More Information and to RSVP, call 732-235-9700 or email sphinfo@sph.rutgers.edu

sph.rutgers.edu • facebook.com/RutgersSPH • twitter.com/RutgersSPH

The Montclarion • September 26, 2013 • PAGE 23

Study Abroad with TCNJ in Winter Session!

Earn four credits and study one topic very intensively while exploring a new culture!

- Studio Art: Experiencing Art: Barcelona—12/30-1/14
- Art History: An Odyssey in Greece and Turkey—1/1-17
- Sociology: Caribbean Culture and Society: Trinidad—1/4-1/12 (also African-American Studies and Education credit available)
- Literature: British Theatre in London and Stratford—12/31-1/16

Please note: Same program prices for out-of-state students!

More information is available from goglobal@tcnj.edu
http://www.tcnj.edu/global

The Montclarion • September 26, 2013 • PAGE 23

BARTEND
Make Money • Meet People • Have Fun!

340 Bloomfield Ave - Verona

• Day, Evening & Weekend Classes
• National Certification & Job Placement
• Hands-on Training
• Low Tuition / Payment Plans

CALL TODAY! 973-857-0200
or Register Online with keyword “MSU” at www.mixemup.com

Also Located in Linden and Flemington

340 Bloomfield Ave - Verona

• Biostatistics
• Dental Public Health
• Epidemiology
• Environmental and Occupational Health
• Health Education and Behavioral Science
• Health Systems and Policy
• Quantitative Methods: Epidemiology and Biostatistics
• Urban Health Administration

340 Bloomfield Ave - Verona

• Post Baccalaureate Certificates
• Master of Public Health (MPH)
• Master of Science (MS)
• Doctor of Public Health (DrPH)
• Doctor of Philosophy (PhD)
• Dual Degree Options Also Available

340 Bloomfield Ave - Verona

For More Information and to RSVP, call 732-235-9700 or email sphinfo@sph.rutgers.edu

sph.rutgers.edu • facebook.com/RutgersSPH • twitter.com/RutgersSPH

The Montclarion • September 26, 2013 • PAGE 23

Study Abroad with TCNJ in Winter Session!

Earn four credits and study one topic very intensively while exploring a new culture!

- Studio Art: Experiencing Art: Barcelona—12/30-1/14
- Art History: An Odyssey in Greece and Turkey—1/1-17
- Sociology: Caribbean Culture and Society: Trinidad—1/4-1/12 (also African-American Studies and Education credit available)
- Literature: British Theatre in London and Stratford—12/31-1/16

Please note: Same program prices for out-of-state students!

More information is available from goglobal@tcnj.edu
http://www.tcnj.edu/global

The Montclarion • September 26, 2013 • PAGE 23

BARTEND
Make Money • Meet People • Have Fun!

340 Bloomfield Ave - Verona

• Day, Evening & Weekend Classes
• National Certification & Job Placement
• Hands-on Training
• Low Tuition / Payment Plans

CALL TODAY! 973-857-0200
or Register Online with keyword “MSU” at www.mixemup.com

Also Located in Linden and Flemington

340 Bloomfield Ave - Verona

• Biostatistics
• Dental Public Health
• Epidemiology
• Environmental and Occupational Health
• Health Education and Behavioral Science
• Health Systems and Policy
• Quantitative Methods: Epidemiology and Biostatistics
• Urban Health Administration

340 Bloomfield Ave - Verona

• Post Baccalaureate Certificates
• Master of Public Health (MPH)
• Master of Science (MS)
• Doctor of Public Health (DrPH)
• Doctor of Philosophy (PhD)
• Dual Degree Options Also Available

340 Bloomfield Ave - Verona

For More Information and to RSVP, call 732-235-9700 or email sphinfo@sph.rutgers.edu

sph.rutgers.edu • facebook.com/RutgersSPH • twitter.com/RutgersSPH

The Montclarion • September 26, 2013 • PAGE 23
If you're a disgruntled New York sports fan, then you'll be happy to know that hockey season is only one week away from dropping the puck. Even Philadelphia fans have had little to cheer about in both of their baseball and football teams.

Speaking about the City of Brotherly Love, the Flyers are coming off from a very disappointing season of high expectations.

Though last season was shortened due to the lock-out, every other team in the NHL can no longer put blame on the lack of cohesion or not being physically ready. Things have been back to normal from a full training camp this off-season.

However, not everything was particularly normal, as Flyers captain Claude Giroux had the misfortune of injuring himself from playing another sport. The most commonly known sport that has hampered athletes outside of their profession has been basketball.

Take, for instance, linbacker Terrell Suggs suffering a torn achilles or former big leaguer Aaron Boone breaking a hip bone — all from shooting hoops.

Getting back to Giroux, he was playing golf and ended up having a freak incident when his golf club shattered, severely injuring his finger.

The beauty about sports is that you can't make mistakes up, but the good news is that he is slowly getting back into "the swing" of things by getting in some pre-season game action.

Fans are also happy to note that the notorious signing of Ilya Bryzgalov has been bought out, and now the team's former goalie has all the free time in the world to keep wondering about his fascination of the universe.

New even though the season begins in a week, the New York Rangers won't get to see home ice until Oct. 28. They start their season off by playing nine consecutive games on the road.

This is due to the final remaining renovations that Madison Square Garden has been working on for the last three years. MSG has been working on making a sky bridge that will be built across the upper tier from one side of the Garden to the other. The Blueshirts can also agree that they did not live up to their talent they have on paper as being a Stanley Cup favorite last season. They get rid of the firey John Torterella, who ended up switching places with a clean slate. I don't want anybody to come in with a clean slate. I don't want to come in here with any pre-conceived notions. I want guys to have a legitimate chance.

The big splash during this past year's NHL Draft at the Prudential Center was the New Jersey Devils rewarding their hosting crowd by surprisingly trading their draft pick to acquire Canucks goalie Cory Schneider. Despite losing Kovalchuk back to his homeland in Russia, the team was still able to somewhat compensate by signing a one year deal with the agiles Jaromir Jagr.

The NHL's realignment of teams in each division will also ensure for Devil fans to mark down March 20 on their calendars when the Minnesota Wild visit. The betrayal of Zach Parise deserves to get the type of boing that can be heard all the way back to St. Paul.

Fans should also mark down Jan. 26, because the Devils and Rangers will be playing an afternoon outdoor game at Yankee Stadium. These days later, the Rangers and Islanders will also be playing a night game out in the Bronx.

The often forgotten New York Islanders not only have been back to normal from a full training camp this off-season, but the team by mentioning, "I really want everybody to come in with a clean slate. I don't want to come in here with any pre-conceived notions. I want guys to have a legitimate chance.”

Some of those players will have a legitimate chance to step up because they’ll be without their captain Ryan Callahan and Swedish left winger Carl Hagelin. They both underwent shoulder surgery and still do not have a timetable on when they will be able to return.

Want to write for the paper!?! Stop by the Montclarion office to meet the editors and eat free pizza.

Want to write for the paper!?! Stop by the Montclarion office to meet the editors and eat free pizza.

Wednesday, Oct. 9
11 a.m. — 2 p.m.
Student Center Annex, Room 113

The Montclarion
NFL Predictions
Field Hockey Remains Red Hot
Games of the Week
Who’s Hot
Standing
Red Hawks Get Shot Down in 33-10 Rout

Table of Contents
pg. 20
The Montclarion
The Montclarion
NFL Predictions
Field Hockey Remains Red Hot

Games of the Week
Who’s Hot
Standings

Red Hawks Get Shot Down in 33-10 Rout

"I never blame myself when I’m not hitting. I just blame the bat and if it keeps up, I change bats. After all, if I know it isn’t my fault that I’m not hitting, how can I mad at myself.”

-Yogi Berra

MontclarionSports@gmail.com

Visit themontclarion.org for recaps and updates of weekend games and events.