Burn Baby Burn: Six Work Out Tips
Stephanie Chavarria
Staff Writer

People are always looking for the next exercise to lose weight. They want to lose their bellies by burning up their health. Remember, it’s actually important to both exercise regularly and have a well-balanced diet in order to lose weight. There are exercises you can do that are fun and can help you lose weight. You no longer have to search to see which ones are the top six that are sure to make you burn the fat right off.

Exercise continued on Page 12.

Shut Down: What Happens Now
Kelly Potts
Assistant News Editor

Parts of the United States government have been shut down as of Oct. 1 after Congress could not agree on a spending bill for the budget of the next fiscal year. 800,000 federal workers have been furloughed for the time being, and if an agreement is not made between the House and Senate by Oct. 17, the U.S. could fall into a fiscal crisis.

Depending on how long the shutdown lasts, the total cost the economy could face will reach $65 billion. This leaves millions of people, especially students, without inclusivity, feeling unsure about what to expect in the future.

Victoria Fink, a junior, believes that the shutdown is ridiculous. “I would consider college students lucky since it does not dis- cover the situation, so as opposed to other programs like the WIC program,” says Fink. The Women, Infants, and Children Program, which provides nutrition, education, and counseling, is no longer funded by the govern- ment due to the shutdown. Fink stated that for the most part college stu- dents are not really affected.

In terms of funding for the construction costs of the new School of Business and Center for Environmental and Life Sciences, the state has approved a substantial portion of the costs from the Building Our Future bonds program. Donald Capillo, Montclair State Vice President for Finance, explained that these are obligatory bonds of the state, not Montclair State University.

The University currently expects to issue tax-exempt bonds to cover its portion of the remaining construction costs of these buildings in January 2014, says Capil- lo. “Since the University is not dependent on federal funds for these buildings and given the timing of our bond sale, I would not ex- pect the current shutdown of the federal government to have a negative impact regarding the remaining portion of these construction costs.” However, other students seem to have concerns for the biggest impact. Fink be- lieved that the government is going to default because I

Shutterstock continued on Page 6.

Blanton Sprung A Leak
Kelly Potts
Assistant News Editor

The leak, which took place behind Guy Fieri on Cam- pus was discovered around midnight on Thursday. Junior Danielle Ianetta said that because community assistants and police offi- cers evacuated students several hundred feet away from Blanton, “all the residents of Blanton were pressed up all the way against Bohn for approximately two hours.”

Gas continued on Page 4.

The leak was discovered behind the Guy Fieri Restaurant in Blanton Hall.

The Montclarion/ Kristen Bryfogle

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Gas continued on Page 4.

Blanton Sprung A Leak
Kelly Potts
Assistant News Editor

A gas leak in Blanton Hall forced residents out of their dorms for approximately two hours on Oct. 3. The leak, which took place behind Guy Fieri on Cam- pus was discovered around midnight on Thursday. Junior Danielle Ianetta said that because community assistants and police offi- cers evacuated students several hundred feet away from Blanton, “all the residents of Blanton were pressed up all the way against Bohn for approximately two hours.”

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On Oct. 3

Students Gabrielle Fasola, 18, of Whippany, N.J., Ronald Scoopettuob, 18, of Morris Plains, N.J., Kelly Gray, 20, of Montclair, N.J., Nicholas Jacobelli, 18, of Lyndhurst, N.J., Joseph Wasowski, 18, of Clark, N.J., Daniel Sanchez, 18, of Montville, N.J., Nicholas Jacobelli, 18, of Cedar Knolls, N.J., Grant Verity, 19, of Julianstown, N.J., and Jakeylon Gavreens, 18, Ambika Gour, 18 and Suma Varanasi, 18, of Flaxboro, N.J. were all charged with underage consumption of alcohol while in Einstein Hall. All parties are scheduled to appear in Little Falls Municipal Court on Oct. 22. (building #49)

On Oct. 4

A student reported that he was punched in the face outside Banis Hall. The suspect is described as a 5’9” light-skinned black male. This case is under investigation. (building #62)

On Oct. 5

Non-student Jacqueline Gage, 19, of Tinton Falls, N.J. was arrested and charged with simple assault as an act of domestic violence for striking student Michael Berner, 19, of Tinton Falls, N.J. in the quad outside Blanton Hall. Subsequent-ly, Berner was arrested and charged with assaulting a police officer and resisting arrest for his actions during this incident. (building #48)

On Oct. 6

Non-student Julio Rosario, 23, of Perth Amboy, N.J. was arrested and charged with disorderly conduct for his behavior as police officers arrived at his room in Alice Paul Hall. Rosario is scheduled to appear in Little Falls Municipal Court on Oct. 10. (building #62)

Anyone who has information regarding these incidents is urged to call the police station from any campus phone at T-I-P-S (8477). All calls are strictly confidential.

World News

• According to health officials, a salmonella outbreak has infected 278 people in 18 states. Raw chicken products from Foster Farms, a California poultry producer, have been identified as the likely source of the outbreak but packages have yet to be recalled.

• The Organization for the Prohibition of Chemical Weapons announced Tuesday, a second team of U.S. experts will be sent to Syria to oversee the elimination of the nation’s chemical weapons.

• Delta Airlines reviewed footage earlier this week from an incident in which a nine-year-old boy boarded a flight from Minneapolis to Las Vegas, alone and without a ticket, the boy is being held in Las Vegas while his status is reviewed.

• On Monday, the Oneida Indian Nation held a symposium for their campaign to find a new name for the NFL’s Washington Redskins.

• The space epic Gravity, directed by Alfonso Cuaron and starring Sandra Bullock and George Clooney, set an October record as the top movie at the box office.

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• According to estimates from the United Nations, over five million people who currently live in Syria will be forced to leave Syria by the end of next year because of the current civil war.

• 53 people have been killed in Cairo, Egypt in recent fights between those who support and oppose the Egyptian government after former president Mohamed Morsi was dismissed.

• LG announced plans that it will start selling screen phones with OLED (organic light-emitting diode) panels to make their phones more flexible for users starting in 2014.

• Canadian Prime Minister Stephen Harper weighed in on the violence of hockey on Tuesday afternoon. Harper feels that even though fighting is commonplace it does not break the rules of the sport.

• Newark mayor Cory Booker and New Jersey State Senator Barbara Buono will appear at the Montclair Democratic Committee headquar ters on Oct. 11 for a rally in support of their campaigns for U.S. Senate and governor, respectively.

• Bloomfield resident Khalid Khan has been found guilty for murdering his wife in their home in Montclair in July 2011 after being on trial for three weeks. Khan is expected to serve the rest of his life in prison after getting sentenced in December.

• The Ashbury Park Boardwalk welcomed 0,989 “zombies” on Sunday to make a Guinness World Record history. Officially the largest undead gathering in the world, the New Jersey Zombie Walk will continue to make its way down the shore this October.

• The Montclair Art Museum held an art program titled “Senior Park Bench” for senior citizens on Oct. 9. The program included a tour of the museum’s works of art and a discussion about the artwork.

• Set up the craps tables. The Atlantic City Borgata Hotel Casino and Spa received the state’s first online gambling permit on Wednesday, according to Northjersey.com.

International

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• The space epic Gravity, directed by Alfonso Cuaron and starring Sandra Bullock and George Clooney, set an October record as the top movie at the box office last weekend with $85.6 million.

• 23 people were killed after fighting between local militias and former Seleka rebels erupted early Tuesday in a small village in the Central African Republic’s northernwestern region.

• A South Korean spy agency told law-makers Tuesday that North Korea has restarted a plutonium reactor at its main nuclear facility. There are unconfirmed reports that North Korea promised to re-start the reactor.

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Along with the new buildings that are currently in construction, another grandiosely planned project is in the works: a giant bronze hawk statue is planned to be built near the south entrance of campus.

In the past, potentials for being called “Red Hawk Rising,” this campaign has been proposed to improve a partnership between the Student Government Association, Campus Life, Student Development, Residential Education and the administration.

While there are no exact specifications yet, administrators are planning on making the statue of a hawk with its wings spread to be about 20 feet high and made of pure bronze. It would be placed on a base and be made of bronze. It would be placed on the lego model.

The statue will act as a symbol for MSU and those who have their names placed on the lego model. So far, no design has been chosen for the statue, but administrators have looked at several designs and are considering those that are the most affordable and representative of school spirit. The statue will be placed on a base and be made of bronze because of its durability.

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Continued from page 1

Tina Teal is a national name. Gold- 
man described the move as a "fun way for people to connect 
with the brand, you know, and get to know the brand.
Again, Goldman stressed the importance of connecting 
to the people, saying that when his business was being 
based on the honest system: you could 
take a bottle for free, but that wouldn't be honest.
The result: huge amounts and 
gaps in equal measure throughout the audiences.
Turns out the State at the 
which the brand is based, could 
not be as honest as it could.
He continued: "I heard that 
you're in the right place at the 
right time." But even his 
are not always successful, 
but it is part of what is im-
portant. People say you were 
in the right place at the 
right time, but it took us 10 
years to get to that place.
"So if you're looking for the 
right place, you're in the 
right place at the right time."

Tina Teal's marketing mix has 
up his branding campaign.

Shut down?

Continued from page 1

"That's because we have 
covered all the bases," said 
Ander- 
son, "so there are no other 
edges to come up."

"We used to have to take 
the issue very seriously. 
Now they're more 
comfortable, they're 
more open to coming forward. 
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Transform your life.

The Graduate School
Open House

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University Hall

Register online: montclair.edu/graduate

It’s all here. Montclair State University

montclair.edu
973-655-5147
graduate.school@montclair.edu
Majors and Minors Fair

Wednesday,
October 16
1:00-3:00PM
Student Center
Ballrooms

Explore the possibilities of your academic career!
The future is in your hands!

The Majors and Minors Fair provides students opportunities to gather information about all of the options available at Montclair State University so you can make an informed decision about your area of study.

Sponsored by The Center for Advising and Student Transitions
What’s Trending

Fashion Bloggers

About 10 years ago, blogs used to be personal journals of nothing too serious. They were our electronic safe haven. Fashion publications were the glossy pages we flipped in our spare time or on a long flight home. We paid $5 to have all the trends and latest fashions within our fingertips.

Today, all we need is a URL. We don’t have to pay a dime for the fashion world at our disposal. In runway shows, we would see the magazine editors’ front row with celebrities and socialites. Now, it’s no surprise to see the top-notch bloggers rubbing elbows with Beyoncé in the front rows. Fashion bloggers have become the style icons. We seek their witty advice and love their input on what’s beautiful and one-of-a-kind. What sets bloggers apart from writers for fashion publications is their undeniable raw honesty and opinion. They are their own editors. Bloggers don’t have to cut and trim their creative output; they aren’t restricted. Today, everyone has a Tumblr or Blogspot. Basically, blogs are the new Vogue minus a couple pounds. Here are a few celebrity bloggers, their websites and when they first started.

1. Leandra Medine, “The Man Repeller” 2010
2. Tommy Ton “Jak & Jil” 2008
3. Leah Chernikoff “Fashionista” 2007
4. Yvan Rodic “Face Hunter” 2006
5. Kevin Ma “Hypebeast” 2005
6. Phil Oh “Street Peeper” 2006
Five “Bad” Foods You Should Be Eating

Alexis Fissinger
Staff Writer

With all of the health and nutrition information out there, it can be hard to decipher fact from fiction, especially when the bulk of information is coming from fad-diets, diet books and personal blogs. If we get down to the facts, there are a few “bad” foods (as termed by those self-proclaimed diet gurus) which are actually quite beneficial for individuals to consume as part of a healthy diet.

Potatoes

This nutrient-dense vegetable is one of those “white foods” that everyone stays away from, but with their skin, potatoes are an excellent source of potassium, fiber and vitamin C. While I agree that the more colorful the plate, the more variety of nutrients you have, it certainly does not mean kicking out the white! When you eat potatoes, it is all about what you eat with. For example:

- Healthy toppings: Instead of a baked potato with the works, try topping your potato with salsa or plain low-fat Greek yogurt with green onions and fresh chopped tomatoes.
- Balance your meal: Another unfortunate group that potatoes belong to are the high glycemic foods which cause a rapid spike in blood glucose. However, when it comes to the glycemic index, it is the entire composition of the meal that matters, not just the potato. Choose low glycemic foods to eat at the same meal, like fiber-rich vegetables, whole grains and lean proteins like chicken or fish.

Eggs

Perhaps the biggest misconception when it comes to mistakenly “unhealthy” foods are actually healthy are eggs. The poor egg seems to be associated with high cholesterol and nothing else. However, aside from cholesterol, this food is a perfect source of complete protein, vitamins and certain antioxidants. The high quality protein keeps you full with nutrients such as choline, which strengthens brain and nerve cells, and antioxidants like lutein and zeaxanthin that prevent age-related eye disease. Recent studies have even concluded that one’s dietary intake of cholesterol does not influence high blood cholesterol as much as dietary intake of saturated and trans fats. Individuals with healthy cholesterol levels should not be worried about eating an egg a day. Try mixing one whole egg with two egg whites when making your morning omelet or scramble. Doing it this way can obtain all of the good nutrients from a whole egg without overdoing it.

Soy

Soy is an excellent source of plant-based, complete protein. However, the contradicting health findings surrounding this food make it a controversial topic that keeps consumers wondering, is it a health food or a harmful food?

Fruits & Vegetables

A common misconception about produce is that fresh is the best way to go, but this is not always the case. Fruits and vegetables have a limited season. When purchasing them out-of-season, they often have to travel a long way to get to your plate, are quite expensive and have lost much of their nutrients. The longer a fruit or vegetable ages after having been picked, the fewer nutrients it contains. However, when you purchase frozen fruit and veggies, these are harvested and then immediately flash frozen, which locks in all of the nutrients before the produce has time to age. The winter is the best time to buy the healthiest frozen. Plus, frozen vegetables are an easy way to include vegetables into college student’s diets since they are easy to store, do not spoil as rapidly and can be quickly prepared. All you need is a microwave!

Peanut Butter

There are not many diet books that will tell you to eat peanut butter thanks to its high fat content. However, when it is not paired with excess sugar like most commercial brands, it can actually be a healthy food. The healthy fat from the nuts keeps hunger at bay which could ultimately help you to consume fewer calories throughout the day. Remember, a proper balance of carbohydrates, fat and protein will help you maintain a healthy weight and diet. Do not cut out peanut butter for fear of fat. Just pay attention to your serving sizes. Plus, nuts are a great source of certain vitamins and minerals such as vitamin K, niacin, folate, manganese, phosphorus and magnesium. Bored with peanut butter? Try almond or cashew butter for a slight taste difference but with just as many healthy nutrients.

Avocados

This is yet another health food that has earned a bad reputation due to its fat content. The fat in avocados is an extremely healthy fat, making it an extremely healthy food especially when you consider all of the not-so-healthy foods that it can replace. Avocado is a delicious spread on sandwiches or wraps instead of the usual mayo or butter. It can also replace cheese in sandwiches, salads or appetizers. Most know avocado is a real treat as a dip. Guacamole can be so much healthier than any other chip or vegetable dip. Just remember that, although the fat is healthy fat, it is still fat and no matter what you eat, sticking with proper serving sizes will help you to stay healthy. If you love guacamole like I do, you know it can be hard to limit yourself. Try cutting the calories and fat in half by replacing half of the avocado with pureed asparagus. Yum!

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The Right to Protest

Leo Dinic

Parents, professors and politicians urge students to question the authority of their peers. At least for the sake of humanity, I hope they do.

The youth is encouraged to embrace the free expression of their ideas. It is a classroom, participate in online debates, discuss current events in newspapers and keep an open mind with regard to political, economic, social and racial biases.

How do people react when the media portrays criminals as illegal? Because of their sometimes “entertaining” views, some protesters discount them when they are seen with false and misleading words coined by the members of society who serve to protect the individual who questions those more relevant to do as when portrayed negatively by the lenses of society?

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Stephanie Chavarria  
Staff Writer

Exercise
Continued from pg. 1

1. Kickboxing: 600 kcal per hour
This exercise is very intense and helps work out your whole body. Not only does it burn off calories, but you also tone up your body. Kickboxing also helps relieve stress. Classes often use punching bags in order to help with maximum calorie burn. These classes are often one hour long but are definitely worth taking.

2. The bicycle: 500-1000 kcal per hour
This is a fun way to get your exercise during the day. You can either go bicycling outside or do the stationary bikes inside. Either way, bicycling is a great exercise that helps you lose weight. The best way to guarantee weight loss is by pedaling faster and going up and down hills. When the weather is nice out, why not take a bike ride around? You will be burning off the fat while enjoying the pleasant scenery outside. If you don’t have the luxuries of cycling outside, then use your stationary bike in your house or at the gym and crank up the endurance so you can simulate going up and down hills.

3. Swimming: 800 kcal per hour
This is one of the best cardiovascular exercises around. Yeah, it might be chilly in the winter to swim, but why not take advantage of the pool we have here in our very own Recreation Center? Swimming helps you lose weight and tone all your core muscles. When you swim, you are using your arms, legs, and core simultaneously. Try using different strokes such as the breaststroke and the backstroke. When the summer comes, you will be proud to wear your swimsuit.

4. Elliptical machine: 600 kcal per hour
This is one of the best machines to help you both work your arms and legs at the same time. It also helps tone your chest and it isn’t as intense as running. If there is a TV nearby, you can exercise while watching TV at the same time. With those machines, you can raise the resistance of the machine and also raise the ramp so you can burn more calories.

5. Jogging or running: 500-600 kcal per hour
This exercise is one of the easiest that can be fit into anyone’s routine. You do not need equipment or any type of technology for this exercise. You can run outside or on a treadmill. This exercise is great for your body because it helps with your cardiovascular system. Also, with enough practice, you will be able to run a mile without stopping. It’s a great way to relieve stress and also allows you to think while having a great workout.

6. Rowing: 600 kcal per hour
This exercise is proven to build upper body strength and build a high amount of calories. Being a difficult exercise, rowing uses all your upper body and core. This is why so many calories are burnt. In order to try this exercise, you can get involved with the local rowing club and try it for free or you can use the rowing machine at the gym. It is a very effective and new exercise for one to try.

Special Event

“ROAM THE WORLD”

Monday, October 14th
12:00 pm – 2:00 pm
Outside the Student Center
Run by fellow student
Marisa Cangialosi
Gilman Scholarship Winner to China

Tables representing continents where MSU offers study abroad programs.

Come learn about programs and scholarships from students who have studied all over the world.

Supported by the Global Education Center
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<td>Are you a college student experienced in child care and looking for a stable income while pursuing your degree? Becoming a Nanny can provide fulfillment and still allow the time to pursue outside endeavors. Contact Kelley at Perfect Fit Nanny Placement Agency: <a href="mailto:Kanazarian@gmail.com">Kanazarian@gmail.com</a> or call 862-485-5111.</td>
<td>Part time dog walker needed in Montclair area between 11 a.m. and 3 p.m., Mon-Fri. $10 per 30 minute walk. Email Janine for more info, <a href="mailto:montclairpetgirl@gmail.com">montclairpetgirl@gmail.com</a></td>
<td>Distinctive Care a state licensed private agency offering positions throughout NJ for P/T caregivers - hours flexible. Work w/children and young adults w/ autism and other special needs. Work for the family directly, arranged through us. Exp Preferred, but ALL interested applicants are encouraged to apply. Contact us at <a href="http://www.dc4kids.net">www.dc4kids.net</a>.</td>
<td>After school care for a 5 year old in Cedar Grove, starting in September 2013. Five days a week, but would consider 2-3 days. Contact <a href="mailto:Sarahi.grande@yahoo.com">Sarahi.grande@yahoo.com</a> or call 973-615-7371.</td>
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MONTCLARIONADS@GMAIL.COM

FOR MORE INFORMATION AND DETAILS
Aries March 21 - April 19
In order for you to effectively attract what you truly want and deserve in your life, you must look back on decisions you have made thus far. Think deeply about all of the pros and cons, as commitments you make today can be long term and vital but may end up needing revision later.

Taurus April 20 - May 20
Rather than looking like a fool for not thinking your actions through, you prefer to hide your actions and comments to avoid being misjudged. At times, you will feel as if you don’t have anything left to say. In truth, you just need to learn how to express yourself clearly. Seeing and speaking the honest truth, however, can be a challenge.

Gemini May 21 - June 20
A very complex combination of excitement and apprehensiveness approach you as someone now conjures memories from the past in the present. Avoiding this particular person won’t work. Rather than sidestepping from the truth, be the first to confront it.

Cancer June 21 - July 22
Wouldn’t it be great to power our way through our work and still have enough time left over to unwind with some friends? Unfortunately, it doesn’t work that way all the time. We often underestimate how long it takes to accomplish something. Always give yourself plenty of extra time, for you may not be able to fully relax knowing that you left something incomplete.

Leo July 23 - August 22
This week could be a turning point, as you cannot seem to stop thinking about your shortcomings. Everyone has regrets; there are always things that you could have done better and there are things that you shouldn’t have bothered doing. Instead, acknowledge the fact that you are human and that there are others who are in worse situations than you. Think about your accomplishments and what you can do to recreate that success.

Virgo August 23 - September 22
It’s great to see different views on a particular subject. However, undermining others with your criticism may be biased. Giving others constructive feedback may be seen as nitpicking their work. If they decide to consider your judgment, good for them; if they don’t, oh well. There's no use trying to change one's mindset.

Libra September 23 - October 22
Despite your desire for something new, you may feel as though you are stuck in a rut for now. Recent setbacks may even make you feel less ready for what’s to come. Rather than lamenting over your actions in the past, turn your focus to the present, as there are parts of your life that will change for the better.

Scorpio October 23 - November 21
Wouldn’t we all be happy if we knew for sure where our lives are heading? Life, unfortunately, is unpredictable. Your pessimism is weighing you down and you feel burdened by things you feel you shouldn’t be responsible for. There is no clear-cut solution for now, but for the moment, it is best to focus on you. What’s the point in making others happy if you cannot be happy yourself?

Sagittarius November 22 - December 21
Considering all the tasks you take up, you keep yourself busier and more exhausted than you can handle. The current commotion in your life might seem worse than it actually is because others cannot seem to stop relying on you for certain things. Remember that you don’t always have to be in control of everything.

Capricorn December 22 - January 19
It is no doubt that we do not keep to ourselves when we are in a good mood. Exhibiting such optimism, however, may annoy or even offend others. Being happy is a great thing; however, don’t let it overcome you as you consider the emotions of others that you encounter.

Aquarius January 20 - February 18
Looking at the situations of others, you can say that you’ve been there and have done that. This experience convinces you to believe that you know what’s best for everyone else. Your ideas, however, may be contradictory to the expectations of others. Finding out what happens is a surefire way to know who was right all along.

Pisces February 19 - March 20
Defending your values and beliefs can be quite invigorating. Fulfilling your current responsibilities, however, is more important than daydreaming about the future. Your one-of-a-kind perspective really does impact others, so there’s no need to hold back when it comes to sharing these visions you have about the future.
Do you think the alerts given for on-campus crimes are effective?

**Charles DePiero**
Senior
Psychology

"I really wouldn't say that they do. I have been noticing that there have been a lot more reports about things happening on campus. While it is kind of entertaining to read about them, like the Flasher appearing out of nowhere, I don't really feel that it deters crime away, especially since there haven't been anything going on every week now."

**Taylor Schaad**
Sophomore
Italian

"Yes, I do think that they are effective. I don't really see that they are sent out because I come from a place where, criminals are on the loose. It's not really talked about, and when any- thing bad happens, everybody knows, and everybody freaks out about it. To know when something like that is happening, you can get a heads up on it. I remember the most recent incident that we were informed about was a rape, and that was unacknowledged to me. If not for those sorts of alerts, I would have never heard about it."

**Juan Contla**
Sophomore
Undeclared

"I just feel like there should be more roaming police officers on campus because this is happening in the dead of night. I don't think that most people are aware that this is happening, and when they go to their secluded places and you see someone assulting them, I don't think there's much you can do if there's no officer around. More roaming law enforce- ment officers at those hours would be more effective."

**Joseph Vecchione**
Sophomore
Classics/Latin

"I feel that the small alerts are helpful. I think that if people are in the area and they know something about it, that helps people to find the criminal. If you are the criminal and going to the school and getting the emails, it's going to cause guilt to the perpetrator while they're committing crimes and realizing, Oh, somebody knows I did this. What if they find me?"

**Erika Molina**
Senior
Photography

"I think they could be effective depending on who the person is, be- cause if you actually see something, you might send back to the people and they can get information through that way. Other than that, I don't really think it makes a difference to the students who don't really know what's going on, but it makes more aware, being a commuter, to watch out when I'm in the parking lot. It makes me more aware that you have to watch out for things. I'm Failing to my own."

**Nilsa Kenezoga**
Sophomore
TV and Digital Media

"I think that the alerts are necessary. If there's a crime happening on campus, we want to be aware of it so if I know what steps to take, I think they are effective because it gets people thinking. It changes their mindset if they think that nothing hap- pens on a college campus. It definitely informs people. I think it makes people trust the police more because information is being held back, so it's a good thing and it's effective.

**Silas Zeringue**

"I'm not really aware of a lot of rape and drug-related incidents. As students, we should have the right to know these things. Of course we get reports on crimes such as sexual assault and the "lewd" incident, but the lack of crime alerts on other crimes isn't en- suing us safety.

Now, this shouldn't be interpreted as an attack on UPD, but maybe there is a way to fund some sort of compromise. On the is- sue of reporting rape, it was brought to our atten- tion that usually they are private affairs because sexual offenses are usu- ally not an alternation between two strangers. Usually, a victim knows the perpetrator and can identify the individual so they can easily be apprehended.

Though the notifica- tions do comply with the law, there should be ad- ditional follow up alerts about the apprehension of these unmentioned incidents. Also, drug related inci- dents that aren't reported via the alert system also fall under the umbrella as "a crime that has no immediate threat to the community." We had four reports of students get- ting arrested for heroin. Herein itself is becoming problematic on most col- lege campuses because it is a very inexpensive drug.

Although these may not necessarily be poten- tial threats, it does not mean they should not be addressed to the stu- dent body. Even if notify- ing students about these crimes isn't mentioned under the Clery Act, it does not mean they have to be addressed im- mediately. For optimal safety and consciousness among the student body, we should be receiving alerts about these crimes as soon as they happen.

UPD is acting in accor- dance to the law. Maybe the Clery Act itself needs to be adjusted. The law re- quires that the university have a census of crimes committed during the year, but could be a good way to spread awareness throughout the year and reduce the shock of when some- thing unreported ap- pears on the Clery Act list.

We should not have to wait a year to be able to see what crimes were committed, but instead we should have the op- portunity to stop crim- inality throughout the year.

**The Not So Crème De La Clery**

The students of Montclair State Uni- versity have always been concerned with the safety and consciousness of the law. The Clery Act is a federal law that requires colleges and universities around the United States to disclose all informa- tion about crimes on campus. This law also states that if a Clery Act crime that poses a serious or ongoing threat to students, the police must release timely warnings about the crime. The police also have to be aware of how many rapes or drug violations happened on campus last year.

The Jeanne Clery Act is a federal law that requires colleges and universities around the United States to disclose all informa- tion about crimes on campus. The law also states that if a Clery Act crime that poses a serious or ongoing threat to students, the police must release timely warnings about the crime. The university or college is also required to have an emergency notification com- munication system and proce- dures.

Although we have a notification system, students aren’t notified right after an inci- dent. Many of us weren’t aware of the number of rapes and drug-related incidents. As students, we should have the right to know these things. Of course we get reports on crimes such as sexual assault and the "lewd" incident, but the lack of crime alerts on other crimes isn’t en- suing us safety.

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Although these may not necessarily be poten- tial threats, it does not mean they should not be addressed to the stu- dent body. Even if notify- ing students about these crimes isn't mentioned under the Clery Act, it does not mean they have to be addressed im- mediately. For optimal safety and consciousness among the student body, we should be receiving alerts about these crimes as soon as they happen.

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A beginner fan’s perspective on a full year of pro basketball

The Montclarion

Is The NBA All About Repetition?

Nicholas Taylor

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Arts & Entertainment

The Montclarion • October 10, 2013 • PAGE 15

SHE AND HIM VOLUME 3
Alexis Krauss and Beck Miller return to the tour circuit with a new sound that splits from their earlier spoken-or splitting sounds. With punk and R&B influences making surprising cameos, Bitter Rivals comes across as an acquired taste with the same loud results.
- Nicole Dupre

SLEIGH BELLS BITTER RIVALS
Alexis Krauss and Beck Miller return to the tour circuit with a new sound that splits from their earlier spoken-or splitting sounds. With punk and R&B influences making surprising cameos, Bitter Rivals comes across as an acquired taste with the same loud results.
- Nicole Dupre

DRIFTER HOLDING MY BREATH
Drake never seems to disappoint his fans. From one of his first albums, So Far Gone released in 2009, to his very popular album Take Care to now his most recent album Nothing Was The Same, this 26 year-old hip-hop artist really shows that literally nothing is the same.
- Jared Caprioni

JOAN JETT UNVARNISHED
Joan Jett and the Blackhearts prove the validity of the phrase, “if it ain’t broke, don’t fix it.” As Jett’s 13th album, these lyrics move away from sex, drugs and rock and roll and instead touch upon both personal issues and social critique. Also, Jett’s trademark vocals are raspy as ever.
- Kelly McGoury

LOUSY WITH SYLVANBRIAR
This long-running psychedelic indie-pop troupe’s 12th album is their best to date. Trippy synths were replaced with laid back, seven-ties-sounding vibes and a solid southern rock foundation. Lousy with Sylvanbriar is welcomed return to the band’s folk foundation.
- Victoria Nelli

HELP!! Write Rapid Fire Reviews! 40-50 Words
msuarts@gmail.com

What’s Streaming?

“Machete Kills – If Looks Could Kill”
Robert Rodriguez is back with another installment of the Machete saga. Starring Danny Trejo, Machete Kills is action packed and, not-so-surprisingly, women-packed. Sofia Vergara, Amber Heard, Michelle Rodriguez and Lady Gaga all have roles in the new movie. Playing up the spaghetti-western influence that is blaring throughout the trailer, Rodriguez makes sure the audience takes in a very unique experience. Guns, knives, explosions and female-power make the new film a watch for everyone.

“Telemkinetic Coffee Shop Surprise”
Uploaded by CarrieNYC, “Telemkinetic Coffee Shop Surprise” is a really fun video. An example of a prank at its finest, actors fill a cafe and, for one unsuspecting actual customer, make a supernatural horror movie come to life. Some people scream, some people run and some people do both while videotaping. The event was a promotion for the upcoming remake of the film adaptation of Stephen King’s book, Carrie.

“Telemkinetic Coffee Shop Surprise”

“We Did Stop - SNL Highlight”
Upset about the government shutdown? Upset about Miley Cyrus’ “We Can’t Stop” video? This video has both. Taran Killam stars as John Boehner and Miley Cyrus takes on the likeness of Michelle Bachman in this spoof of the new popular music video. If you liked the dancing and licking in “We Can’t Stop,” then this video lets you to watch a poorly spray-tanned US Speaker of the House do it as well. No elephants were harmed in the making of this video.

- Nicole Duque
- Jared Caprioni
- Victoria Nelli
- Kelly McGoury
- Victoria Nelli
- Jared Caprioni
- Victoria Nelli
- Kelly McGoury

Theadora LeCour
Asst. A&E Editor

- Victoria Nelli
- Kelly McGoury

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- Jared Caprioni
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- Jared Caprioni
- Kelly McGoury
Drake breaks his record for most first week albums sold with his new album, *Nothing Was The Same*, selling 630,000 copies. It is also the second biggest first week album sale of the year. The album features "Started From The Bottom," as well as one of his biggest hits yet, "Hold On We’re Going Home."

The soundtrack for the upcoming sequel to *The Hunger Games*, *Catching Fire* has become one of the most anticipated soundtrack in a long time. The soundtrack, which is set to be released on Nov. 3, before the actual film, has three singles released from it, the most recent being Christina Aguilera’s "We Remain."


This week, the top three spots are still taken by female artists but a big switch has occurred, as Lorde’s "Royals" has hit the top spot, pushing Miley Cyrus to #3. It is Lorde’s first #1 single. Drake cracks his new peak position with "Hold On We’re Going Home," hitting #4. That’s his biggest hit since his debut single, "Best I Ever Had." "Yive get their first top ten hit with their song "The Fox," hitting #8 this week.

**Biggest Jump: #46 - #28 "Demons" by Imagine Dragons"**

**Billboard Hot 100**

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**Producing Quality: Televisions top producers**

Victoria Nelli

As a member of the technologically driven generation, it is easy to agree that if you don’t look up to someone, you will lose interest. Television is one of the most competitive mediums. With all of that pressure to keep audiences engaged, the producer is stuck with the daunting task of coming up with fresh, smart and brilliant ideas.

From *Breaking Bad* and *Stardust* to Modern Family and Orange is the New Black, these shows are the perfect example as to why television is king right now. Vince Gilligan hooked audiences and took everyone’s initial idea of a character and threw it out the window with *Breaking Bad*. Gilligan created hysteria over the finale of his AMC hit. An astonishing 10.3 million tuned in to watch the end of Walter White. Another producer making headlines recently is Jeni Kohan. Kohan’s works include *Weeds* and Netflix’s *Orange is the New Black*. These shows have been monumental; her show has gained such high praise in such a short amount of time and is drawing fans in left and right. Shonda Rhimes is also one of the best producers out there. Her shows include Grey’s Anatomy, *Private Practice* and *Scandal*. I first saw Rhimes’ work when I was in seventh grade. I fell in love with her characters and the stories that drove them. Now, in my sophomore year of college, I’m still entranced with her work.

Two producers who are running comedy television are Michael Schur and Steven Levitan. Schur is the creator and producer on NBC’s quirky comedy *Parks and Recreation*. He created the character Leslie Knope, played by the flawless Amy Poehler. Schur’s shows always feature comedians who are not incredibly well-known, but because of his shows, they are a household name. If the name Steven Levitan sounds familiar, that’s probably because you’ve heard it called numerous times at the Emmys. Levitan’s *Modern Family* is the best-written comedy on television right now. It’s casted perfectly and the dialogue is spot on. As a television major myself, I look up to these tremendous producers. I enjoy their mind-set and admire their passion and drive. They have created characters that have warmed the hearts of millions, have made fans weep over character deaths and have caused waves of hysteria. These producers aren’t just creating shows, they are creating worlds in which their characters live and breathe. They are creating an hour-long escape for the workingman, and a half hour comedy break from a middle schooler’s homework time. Whether they know it or not, their work has impacted people and has changed peoples views on many issues. I’ve been spoiled the last eighteen years of my life. I have been exposed to many magnificent shows and have been immersed in the talents of incredible producers. Television is one of the last things everyone can do together.

Since our parents were young, families would gather ‘round the TV and enjoy a good laugh or cry together. Sure, the content has changed drastically since then, but I think the message and purpose is still the same. Television is meant to inform, intrigue and entertain, and I think TV has never done a better job of doing that than it is today.
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This is the sci-fi game changer that everyone’s been waiting for a long time. It may have hit the mark with its groundbreaking visuals, but unfortunately, the story was very thin. Next year, Prometheus, boasting a well-rounded cast and heading a technical crew to the Alien films. This didn’t really hit it either. Gravity, however, hits that mark.

Gravity has set the bar up to impossible heights and it’s such a wonderful thing. Featuring some of the most immersive visuals in a feature film to date, it creates a submersive and unforgettable movie-going experience. Director and co-writer Alfonso Cuarón has done it again. With breathtaking visuals and fantastic technique, Gravity is one of the most gripping and thrilling films to be released in recent memory.

Gravity showcases a suspenseful and insightful journey of survival after an accident sets a medical engineer and an astronaut adrift in merciless space. Dr. Ryan Stone (Sandra Bullock) and Matt Kowalski (Kevin Costner) must fight against the odds to survive in space. It’s a unique and powerful premise that allows the audience to become more immersed than most science fiction films.

With falling into spotlit territory, Gravity tells us something very emotional and personal journey. The film’s tagline “Don’t Let Go” will mean more than you initially think. This is Cuarón’s cinematic masterpiece. He crafts this story with such impeccable technique; it’s like nothing you’ve ever seen at the movies before. Cuarón waited until the technology was just right in order to make this film, and thank goodness he did.

There is so much to praise from this film that it’s hard to find exactly where to start. I’ll begin with the hypnotically beautiful cinematography from Emmanuel Lubezki. It is set, from the way the extremely fast-moving, following the scene in such a fascinating way you wouldn’t think Lubezki was really up there above Earth getting his shots. Composer Steven Price provides a simultaneously thrilling and beautiful soundtrack to the film that really keeps you sealed into the film. The script that Cuarón co-wrote is so wonderfully layered and engaging that it paves the way for spectacular direction from Cuarón. Speaking of which, the pacing that this film has is nothing short of extraordinary. The film pulls you right in from the get go and doesn’t let go until the credits roll. It’s just so good.

Bullock reaches new heights as an actress, and her performance as Stone is so powerful that you can’t help but become completely obvious that he also has feelings for Bullock. On the other hand, though, all of Bullock’s newfound confidence is shot when a rival co-worker, Kendal (Kate Donkin), shows up at the piano bar with all intentions focused on stealing Royce’s attention away from Boubier. Quinn though, is on the scene again to perfectly pitched singing voice on stage, leaving Boubier even more nervous to the point that she actually relieves her childhood episode of fainting when she finally takes the stage.

Montreal, Bullock brokeres to go back on stage to sing, but is then comforted by the support of her two friends in the ladies room to stand up for the all of the not-so-perfect people in the world like themselves, and get back on the stage to sing her butt off. After pulling herself together, Bullock returns to the stage to sing a rendition of Meat Loaf’s “I’d Do Anything For Love (But I Won’t Do That)”* Determined to take Boubier down, Quinn jumps up on stage with Boubier and tries to steal the spotlight. Despite the fact that Quinn ultimately does steal Boubier’s shining moment and wins the competition, she does not stand Royce’s heart or take away Bullock’s triumphant moment. There’s just no fear—which is good enough for Bullock and her best friends.

The first episode of Super Fun Night proved to be just as humorous as it was hyped up to be. Between the many comedic moments, the activity mostly around Wilson’s physical presence of her roommates’ nerdy personas, the show still manages to overcome in inspiring yet funny themes that apply to the reality that we all live on a daily basis.

**Rebel Wilson Shines in New TV Series ‘Super Fun Night’**

Morgan Megill
Staff Writer

Rebel Wilson fans have long- waited for the opportunity to watch the Australian comedic star in her very own television series. From her cameos performance as Kristen Wiig’s strange roommate in Bridesmaids to her humorous supporting character in Pitch Perfect, “Fat Amy,” has earned her own television sitcom on ABC called Super Fun Night, which premiered on Oct. 2 at 9:30 p.m.

In the pilot episode, we are first introduced to Wilson’s character, Kimiko Boubier, a painfully awkward yet successful lawyer as she films herself in her video diary. Viewers not only find out that she just recently been fired from her law firm, but also learn that Boubier lacks any self-confidence.

As the episode progresses, viewers meet Boubier’s two roommates, Marika (Laura Ak) and Helen Allen (Liza Lapira), who are stereotypically characterized as nerds and are anything but a part of the “cool” crowd. Together, the three roommates create “Super Fun Night” jar, and each write on slips of paper different places that the ladies room to stand up for the all of the not-so-perfect people in the world like themselves, and get back on the stage to stand up musician, and thank goodness he did. Rebel Wilson as Kimiko Boubier. Photo courtesy of www.abc.com

Super Fun Night airs on ABC at 9:30 p.m. on Wednesday nights after Modern Family.
Jennifer Lawrence continues to dominate the big screen, as her three highly anticipated movies are set to hit theaters at the end of this year. The 23-year-old actress is teaming up with her Silver Linings Playbook co-star, Bradley Cooper, for two movies coming out and also continuing The Hunger Games series with Catching Fire.

After receiving rave reviews for her performance in The Hunger Games, Lawrence suits up again as Katniss Everdeen for the film adaptation of the second book of the trilogy, Catching Fire. This film picks up where the first one left off after Everdeen and Mellark return from their victory in the 74th Hunger Games as targets of the Capitol and must prepare for the rebellion of the districts of Panem and some unexpected plot twists. Lawrence stars alongside Josh Hutcherson and Liam Hemsworth in this long-awaited film hitting theaters Nov. 22.

Following her Oscar win for her role in Silver Linings Playbook, Lawrence stars again with Cooper in two different films coming to the theaters soon. In Serena, which was originally supposed to be released on Sept. 27 but has been pushed back, Lawrence and Cooper play George and Serena Pemberton, a newlywed couple in the film adaptation of the New York Times best-selling novel by Ron Rash. This film, set in the 1930s, directed by Susanne Bier, follows a couple who moves to North Carolina in order to seize control of the timber industry. Infidelity and infidelity force Lawrence’s character into a jealousy strong enough to plot murder on Cooper’s character’s illegitimate son. Serena does not currently have a release date, but is said to hit theaters at the end of this year or in 2014. Lawrence and Cooper are also set to hit the silver screen on Dec. 25 in American Hustle.

This award-winning actress has a list of movies she is set to star in, including X-Men: Days of Future Past, The Hunger Games: Mockingjay - Part 1 and The Hunger Games: Mockingjay - Part 2, all coming out within the next couple of years. Needless to say, Jennifer Lawrence is not going anywhere anytime soon and everyone can expect to see her on the big screen many more times.
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Sports

Womens Soccer
The womens soccer team has been playing beyond exceptional. With their 3-0 win over Rutgers-Camden, the Red Hawks increased their record to a perfect 11-0. Not only was it the team’s tenth shutout of the year, it was their third game this season where they didn’t allow a single shot from an opposing player. They look to maintain their momentum when they host Eastern University and Rowan University in the coming days.

Volleyball
Since last week, the volleyball team has won its last three games. The Red Hawks defeated John Jay College of Criminal Justice, The College of Old Westbury and The City College of New York all in straight sets.

The 11-6 Red Hawks now set their sights on this week’s opponents: William Paterson and Ramapo. With only four NJAC games left, the Red Hawks need to maintain their level of play.

Field Hockey
Sadly, the Red Hawks suffered their first loss of the season last week when they fell to Rowan in a 3-2 loss. The loss snaps MSU’s 25-game regular-season winning streak.

However, the Red Hawks didn’t let that affect them and came back against Fairleigh Dickson for a 4-0 win. MSU will face off against TCNJ with seven games left in the season.

As the season progresses, the Red Hawks are showing more signs of improvement. MSU is still facing struggles in its ground game, but Ryan Davies is starting to find his footing under center. In MSU’s 21-16 loss to TCNJ, Davies threw for 177 yards and two touchdowns and completed 58 percent (22/38) of his passes.

If the team can keep making small steps, they can salvage the season.

Football
MSU’s 5-0 over Rhode Island, they improve to 10-2-1 on the season. The Red Hawks seem to have successfully bounced back from the 0-2-1 performance that they suffered in late September.

The Red Hawks played excellent defense, allowing Rhode Island to take 11 shots, only four of which were on target.

Next, MSU hits the road to take on Rutgers-Camden in what will hopefully be their fourth straight win.

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‘Montclarion’ Staff NFL Predictions
This year, the Montclarion’s Sports section is bringing back a fun segment that has been absent the last few seasons. Each week, the Sports Editor, Editor-in-Chief and Arts Editor will make their predictions on the upcoming NFL games. Join in and do the same with your friends to see who knows the NFL the best.

This week’s winner

Giants vs. Bears
Steelers vs. Jets
Bengals vs. Bills
Lions vs. Browns
Raiders vs. Chiefs
Panthers vs. Vikings
Eagles vs. Buccaneers
Packers vs. Ravens
Rams vs. Texans
Jaguars vs. Broncos
Titans vs. Seahawks
Cardinals vs. 49’ers
Saints vs. Patriots
Redskins vs Cowboys
Colts vs. Chargers

Nick (Sports)
41-36
This Week 4-10

Bill (Jets)
Bengals
Lions
Chiefs
Vikings
Eagles
Packers
Texans
Broncos
Seahawks
49’ers
Saints
Cowboys
Colts

Jessica (E.i.C.)
43-34
This Week 8-6

Giant (Jets)
Bengals
Lions
Chiefs
Panthers
Eagles
Packers
Rams
Broncos
Seahawks
49’ers
Saints
Cowboys
Colts

Jonathan (Arts)
46-31
This Week 9-5

Bears
Jets
Bengals
Lions
Panthers
Eagles
Packers
Texans
Broncos
Seahawks
49’ers
Saints
Redskins
Colts

This Week 4-10

This Week 8-6
This Week 9-5

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Red Hawk Round Up
A look back at how MSU teams did each week

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Nick Verhagen
Sports Editor

MSU

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Titans vs. Seahawks
Cardinals vs. 49’ers
Saints vs. Patriots
Redskins vs Cowboys
Colts vs. Chargers

Nick Verhagen
Sports Editor

MSU
**Game of the Week**

**Football**

vs. SUNY Cortland
Oct. 12, 2 p.m.

Despite their 1-3 start, the Red Hawks look to pull through and win the 2013 homecoming game.

For updates, check out:
www.montclairathletics.com and follow @TheMontclarion on Twitter and Instagram

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**Who’s Hot This Week**

**Melissa Koster**
Setter — Womens Soccer
Koster was named the NJAC Womens Soccer Defensive Player of the Week due to her effort with the immovable Red Hawk defense.

**Michael Gonzalez**
Goalkeeper — Mens Soccer
Named NJAC Mens Soccer Rookie of the Week, Gonzalez recorded nine saves and allowed only two goals as the Red Hawks went 2-0.

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**Season Stats**

**Saves** — 16
**Goals Allowed** — 2
**Save Percentage** — .889

---

**Team Season Stats**

**Shots Allowed** — 53
**Shots/Game** — 4.8
**Goals Allowed** — 1
One Giant Nightmare
Do the 0-5 Giants still have a chance?

Corey Ann
From Werks

It’s no secret how awful the New York Giants have looked so far this season. However, it’s unfair to take your chances with a two-time Super Bowl MVP like the likes of former Giants quarterbacks such as Dave Brown or Danny Kanell.

The Giants have had at least a few atrocious years back in the mid-1990s. Even though Eli Manning has led this franchise to its glorified moments, the past is the present and it’s all about exciting moments. It’s not to say that Manning deserves to be blamed for the team’s many bad predicaments and not a matter of getting in some bad breaks,” said Manning.

That’s not to say that Manning deserves to be blamed for the team’s entire burden, but if he’s continuously making commercials, it should remind him to strictly focus on his day job.

The biggest head-scratcher of all is that Manning has usually been one to be calm, cool and collected, especially when the game is on the line. That hasn’t been the case this year, as he’s thrown four interceptions during the first five games. Manning no choice but to constantly go with the passing game has been so unreliable that it almost looks non-existent out there.

Every week, there’s been a different starting relation whether it’s been due to injuries or the lack of consistent play. However, if you can take at least one positive from the offensive line, it’s that rookie tackle Justin Pugh has held his own and even has the versatility to play at the guard position.

On top of the dismal offensive line, the ground game has been so unreliable that it’s given Manning no choice but to constantly go with the passing plays. David Wilson looks to have sustained a serious neck injury and could miss significant time. Plus, the re-signing of Brandon Jacobs over Willis McGahee, who had worked out for the Giants, was undoubtedly the wrong decision.

If you weren’t already depressed, the defensive line, which has always been this team’s backbone, sits just about dead last in the league with a meager five sacks. The Haitian sensation Jason Pierre-Paul, who’s thrived in his first couple of years in the NFL, has struggled mightily while coming off of back surgery this past off-season. If the season does turn out to be a lost cause, the team should highly consider placing Pierre-Paul on the Injured Reserve list to prevent further distress on his body.

For the past few years, Justin Tuck has been a mere image of his former self. Tuck will enter free agency after this season and, despite him being a fan favorite, this league’s a business and the Giants could ill afford to give him a stealthy contract to return if he agrees to take on a considerable hometown discount.

The lone star on defense belongs to third-year cornerback Prince Amukamara. Amukamara had to go through a very difficult acclimation while entering the NFL during its lockout year. He had also suffered a broken leg and was even hazed in last year’s training camp, despite not being a rookie, by being thrown into an ice tub that had gone viral. Despite Amukamara having gone through these obstacles, he is proving to become one of the league’s most coveted cornerbacks.

In order to bolster up the team’s linebackers, the Giants did something out of the ordinary by making their first in-season trade since 1996 by acquiring former pro-bowler Jon Beason in exchange for a late round draft pick.

LB Spencer Paysinger has done an honorable gesture by giving his #52 jersey over to the rep-utable Beason. Let’s just hope that this can rejuvenate Beason’s career and, most importantly, give a jolt to the team.

Safety Will Hill came back from a four game suspension last week as you constantly saw #25 on your television screen making plays all over the field. As terrible as things may seem for Tom Coughlin’s team, the Giants aren’t mathematically out of the hunt and fans shouldn’t count down for next year’s draft just yet.

After all, the NFC East in general has been dreadful. This may even be pushing it but, if the Giants happen to win against the Bears this Thursday in Chicago, plus with the help of Dallas and Philly both losing, that would mean New York is only one game out in the division.

Things do look bleak, but the G-Men still have the talent on paper and the personnel to some how turn this thing around and defy all odds. However, that could all just be wishful thinking.
The Montclair State women’s volleyball team had four matches last week, including one against a conference team. The Red Hawks went 3-1 overall and 0-1 in their New Jersey Athletic Conference (NJAC) match.

MSU started their week on Oct. 3 against Richard Stockton at the Panzer Athletic Center. Montclair State lost in three straight sets (20-25, 17-25, 20-25), which snapped an MSU four game-winning streak. Freshman outside hitter Courtney Matlock had nine kills for the Red Hawks. Sophomore middle blocker/outside hitter Rebecca Matasker had seven kills while freshman opposite Leah Slone tallied six more kills to MSU’s total. Junior setter Angela Campo added 30 assists and five digs for Montclair State.

Senior libero Kaitlyn Irwin and sophomore opposite Alexis Waters contributed 11 and nine digs each in the losing effort. The Red Hawks were the last NJAC team to beat Stockton in the regular season last year.

On Oct. 5, Montclair State had two matches at home in the Panzer Athletic Center. Their first match was against the John Jay College of Criminal Justice Bloodhounds. The Red Hawks swept the Bloodhounds in all three sets (25-16, 25-12, 25-7). Matlock, Matasker and senior outside hitter Sara Girgus each had seven kills for MSU in the win.

Campo had a solid performance with 29 assists and four digs in the game. Irwin finished with a team high seven digs. Nine, senior defensive specialist/ libero Kimberly Butzro and freshman outside hitter Melissa Terpstra each collected four aces in the winning effort.

Montclair State’s second game was against the College at Old Westbury Panthers. The Red Hawks had another clean sheet in their second match of the day by winning the three sets (25-12, 25-11, 25-13). Girgus led the attack for MSU with seven kills and four blocks.

Terpstra and Matlock each contributed to the offense with six kills apiece. Camp led the Red Hawks in assists and digs again with 29 and seven, respectively; in this match. Montclair State hit for a combined .306 between both wins. MSU won its third straight game on Oct. 8 against The City College of New York when they won in straight sets (25-12, 25-21, 25-14). Terpstra led the team with nine kills and recorded five digs behind Irwin’s team-leading 10.

MSU is now 11-6 overall and 2-2 in the NJAC. On Thursday, Oct. 10, the volleyball team treks to William Paterson to face the Pioneers in the annual renewal of their long-standing rivalry. Game time is set for 7 p.m.