**Irish Word of Wisdom**

*Inspiration comes in the verses of poetry*

Erie Mathis  
Staff Writer

On Nov. 14, Montclair State was honored to have Bernard O’Donoghue, a contemporary Irish poet and Professor at Wadham College, Oxford, as well as an author of seven books, visit our campus to give a reading reading.

He was the second Irish poet to read in this semester’s Master Fears-Brandon Irish Poetry Readings. With a navy blazer and neatly combed gray hair, O’Donoghue recited several poems to an eager audience comprised of teachers and students in Dickinson’s Cohen Lounge. He spoke with a steady and confident voice, often including brief explanations and humorous stories in between poems.

One poem that proved to be a crowed favorite was titled “History.” It told the true story of a girl he once knew an old woman who “never forget that you once read some-...”

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**Money, Money, Money?**

*Reports of fraudulent bills on campus spark investigation*

Andrew Ouellet  
Staff Writer

Over the past few weeks, there have been three isolated incidents of counterfeit money reported on campus.

This is not as uncommon as one might think. According to Lt. Kieran Barrett of University Police, approximately 1 in every 10,000 bills is counterfeit.

This shocking statistic is news to Joanna Covert, a junior. “I’ve worked in retail, and it’s crazy how many people think they can get away with passing fake bills.”

Kristen Desorcia-Dolin, a senior, has become sensitive in retail, and it’s crazy how many people think they can get away with passing fake bills.

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**CRAFTING THE IDEAL MAN CAVE**

*Leonardo Clinic  
Staff Writer*

Every man is entitled to enjoy his cave to its full potenal. It’s a natural right bestowed from the heavens, that provides a domain free from female intrusion. As but do men themselves, man caves need to mature. They grow with each and every spilled beer and cigarette butt, just as the cushions of a couch. Consistent faith and commitment is essential to ripening your cave. If no one attended a party, is essential to ripening your cave.

Upon entering the Rec Center, one can find a place to workout, train, play sports or simply relax and watch TV.

The center not only offers these options but fosters dozens of group activities and classes that any member of the community can participate in from Zumba to self-defense training.

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**Rec Center Recognized**

*Acclaimed facilities ranked amongst top in nation*

Michael Klein  
Staff Writer

Montclair State University is proud to announce that its Rec Center was ranked among the Top 20 Rec Centers in the country by Best Value Schools. Quoted as the “best of the best – the standard by which other student recreation facilities will be judged for years to come,” the Rec Center has become a force to be reckoned with.

Completed in 2008, the Rec Center was home to state-of-the-art fitness and wellness programs. According to the university website, the Rec Center offers “fun and safe recreational opportuni-...”

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**Forbes named one of the top five college basketball teams in the country**

Rumors are flying around the university’s Recreation Center regarding the basketball teams performance this season. According to Dr. Karen Pennington, one of the top five college basketball teams in the country, Pennington admitted “we made the list even before the season started.”

Continuing to attract many students each month with [in] well-rounded pro-...
Anyone who has information regarding these incidents is urged to call the police station from any campus phone at T-I-P-S (8477). All calls are strictly confidential.

On Nov. 14
A graduate student advisor reported that a 17-inch MacBook was stolen from Room 120a in Schmitt Hall. This case is under investigation. (building #35)

On Nov. 15
A student reported that their unattended wallet was removed from a third floor restroom in University Hall. This case is under investigation. (building #37)

On Nov. 15
A student reported that she lost her wallet while in the C-Store. Upon checking with the Student Center desk, she was able to retrieve her wallet but noticed $60 missing. This case is under investigation. (building #40)

On Nov. 16
After the football game against Kean, a riot ensued between football players from both teams while on Sprague Field, causing injury to a student assistant. This case is under investigation.

On Nov. 16
A student reported that their unattended wallet was removed from a third floor restroom in University Hall. This case is under investigation.

On Nov. 17
A student reported damage to fraternity boards within Café Diem. This case is under investigation.

On Nov. 18
A staff member reported that her cell phone was stolen from a restroom in Blanton Hall. This case is under investigation.

On Nov. 20
A student reported that her cell phone was stolen from a restroom in Blanton Hall. This case is under investigation.

On Nov. 21
Student Michael Stabile, 29, of Augusta, Ga was arrested and charged with disorderly conduct for a noise violation in Hawk Crossings. Stabile is scheduled to appear in Little Falls Municipal Court. (building #52)

On Nov. 22
A student reported that their unattended wallet was removed from a third floor restroom in University Hall. This case is under investigation.

On Nov. 25
A staff member reported that her cell phone was stolen from a restroom in Blanton Hall. This case is under investigation.

On Nov. 26
Student John Carroll, 21, of Montclair, N.J. was arrested and charged with trespassing, disorderly conduct, resisting arrest and two counts of aggravated assault for his involvement in an incident in Bohn Hall. Carroll is scheduled to appear in Clifton and Montclair Municipal Courts for charges. (building #47)

On Nov. 27
Student Michael Stabile, 29, of Augusta, Ga was arrested and charged with disorderly conduct for a noise violation in Hawk Crossings. Stabile is scheduled to appear in Little Falls Municipal Court. (building #52)
DOES YOUR NECK, BACK OR SHOULDER SLOW YOU DOWN?

PARABOLIC PERFORMANCE & REHAB

Face the world injury-free! A special announcement for the MSU community.

To All MSU Students, Staff, Faculty, and Family,

Injuries and pain don’t just result from accidents. Simply working at a computer, or performing other activities of daily life, can cause physical stress and strain. If you suffer from back pain, neck pain, repetitive stress injuries, or have other pains or movement problems, Parabolic Performance & Rehabilitation (formerly Proactive Spine Therapy) can help — and you don’t even need a prescription or doctor referral — since N.J. has direct access laws, you can just come on in and start receiving treatment — without ever having to leave the MSU campus!

Our new state-of-the-art facility located in Floyd Hall Arena will be open to everyone on December 9th, 2013.

As such, we extend a warm invitation to the entire MSU community to visit us at One Floyd Hall. Come and tour our newest facility, meet our therapists, and see why we’ve been setting the standard for physical therapy for the past several years.

FLOYD HALL ARENA
ONE HALL DRIVE
LITTLE FALLS, NJ

15 BLOOMFIELD AVENUE
MONTCLAIR NJ, 07042

GOPARABOLIC.COM
1 (973) 774-2770
Second floor lounge continues to be a key area

The first few weeks of classes were over and students were deciding whether or not to make the second floor lounge their study space. This past Monday, the lounge was once again buzzing with activity as students took the “second floor lounge test” to see whether or not it proved itself to be a key area for students to study and socialize in.

The lounge, a free area that is open to students and faculty alike, offers a quiet study place for students to get work done and socialize with their peers. The lounge is divided into three sections: a main room, a computer lab and a music room. These places allow for students to work alone, work in small groups or work within the larger lounge.

The lounge was open the entire day Monday, Oct. 12, with students stopping by to see if they liked the area. Accounting major Alex Welborn was one of the students who decided to check out the lounge. He said that he really liked the quietness of the area and would most likely be spending a lot of his time there. The lounge itself is open the full week and students are able to use the areas for studying, socializing or taking a break.

“Ultimately, I am sold on the lounge,” Welborn said.

The lounge is a relaxing area to unwind and study in, but the second floor of the building can be a daunting area, therefore making the lounge a great study area.

“I like where the lounge is,” said Welch. “I don’t have to walk too far or go through the main part of the library to get there.”

The lounge is open to all students and faculty who desire a quiet and comfortable place to study, whether it be for classes, research or any other purpose. It is open daily and students and faculty are welcome to stop by and check out the lounge for themselves.

Students and faculty alike.

Zellner shares her TEDx presentation

Dr. Debra Zellner, professor of psychological food for thought, has shared her TEDx presentation, titled “Food for Thought,” with the students and faculty of Montclair State University. The presentation was presented last month at the TEDx Montclair State University event and is now available for public viewing.

The presentation focuses on the role of food in our lives and how it can impact our overall well-being. Zellner shared with the audience how food can influence our emotions, mood, and even our cognitive abilities.

“I believe that food is not just something that we eat, but it is a part of who we are,” Zellner said. “It plays a significant role in our lives and it is something that we should be mindful of.”

Zellner went on to discuss how food can influence our decision-making processes and how it can impact our behavior. She also shared how food can be used as a tool for socialization and how it can be used to build relationships.

“Food is a powerful tool that we can use to connect with others and it is something that we should be mindful of,” Zellner said.

The presentation was well-received by the audience and many students and faculty shared their thoughts on the topic.

“I really enjoyed Dr. Zellner’s presentation. It was very informative and it made me think about the role of food in our lives,” said one student.

“I thought the presentation was really insightful. It made me realize how much food can influence our lives,” said another student.

The presentation is available for viewing on the TEDx Montclair State University website and is highly recommended for anyone interested in learning more about the role of food in our lives.

Students learn the secrets behind their cravings

Ethan Fria

Photos Courtesy of Mike Peters

Mike Peters

Food for Thought

Students learn the secrets behind their cravings

Ethan Fria

Photos Courtesy of Mike Peters

Psychological Food for Thought

Students learn the secrets behind their cravings

Ethan Fria

Photos Courtesy of Mike Peters

Poetry

O'Donoghue’s and his book, here No More!

The author and his book, O’Donoghue’s, are a topic of discussion among many students and faculty. The book is a collection of O’Donoghue’s poetry, which is a topic of interest to many. The book is available for purchase at O’Donoghue’s in Madison, Wis.

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Your immune system is, simply enough, your body’s defense system which protects you from disease. The stronger your immune system, the less likely you will get sick. There are many ways to combat against the common cold and flu this season like washing your hands, getting enough sleep, drinking lots of water and exercising.

Did you know that proper nutrition is a natural way to prevent and lessen the severity of colds and flu’s? It is also much less expensive than running to the drug store at the first sign of a cold. So skip those pills and vitamin C tablets and turn to these tips to prevent the common cold from getting in your way during finals and the upcoming holiday season.

Eat Your Omega-3s
Omega-3 fatty acids play a vital role in preventing against chronic inflammation in the body. Inflammation can have a negative effect on your immune system, increasing your chance of infection with a cold or flu virus. Keep yourself guarded by consuming great sources of omega-3s, including fatty fish like salmon and tuna, walnuts and canola oil.

Eat your greens, reds and oranges
Greens- Dark leafy greens contain a superb amount of phytochemicals, which may help prevent against a variety of diseases. The darker the green, the bigger the benefit.
Reds- Red bell peppers are an excellent source of vitamin C. One red pepper has even more vitamin C than an orange.
Oranges- In addition to the obvious citrus fruits like oranges, grapefruits and lemons, there are a few other orange-colored produce that pack a punch when it comes to preventing colds. Sweet potatoes and carrots are rich in beta carotene, which is an antioxidant that gets converted to vitamin A in the body. Adequate vitamin A intake is essential for a healthy immune system.

Imunity Boosting Antioxidants
Garlic- Garlic contains a compound called allicin which produces antioxidants. For the biggest benefit, consume raw versus cooked garlic. How can you do this? Try incorporating raw garlic into homemade salad dressings, guacamole, salsas or cold pasta salads.
Blueberries- These tiny berries have a high concentration of the antioxidants known as anthocyanins, which happen to be one of the most potent of antioxidants. Add fresh or frozen blueberries to your morning cereal, yogurt, salads, desserts or just eat a handful as a snack to boost your flu-fighting power with antioxidants and vitamin C.

Fennel and anise teas
Fennel and anise naturally help clear the throat and nasal passages. In a tea-like form, they can soothe the throat and calm a constant cough. All teas, regardless of their main ingredient, contain a potent antioxidant—catechins—which may strengthen your immune system and perhaps even fight the flu.

Replace alcohol with water
Excessive alcohol consumption knocks down your defenses by weakening your immune system in a variety of ways. To prevent getting sick in the first place, try to limit alcohol consumption to one glass a few times a week.

Splurge on citrus fruits
Contrary to popular belief, studies have not proven that loading up on vitamin C actually helps prevent a common cold. However, adequate consumption may lessen the duration or severity of one. Turn to citrus fruits like oranges and grapefruits instead of purchasing those vitamin C tablets that have much more of the vitamin than your body actually needs.

Eat Your Omega-3s

Fennel and anise teas

Eat your greens, reds and oranges

Imunity Boosting Antioxidants

Splurge on citrus fruits

Replace alcohol with water

Combine all of these tips to make your own homemade remedy

There is nothing more comforting than homemade soup during the winter. This warm comfort food also helps clear congestion and soothes a sore throat. Combine the following ingredients with a low sodium broth of your choice for a super soup:
- Chopped red pepper for vitamin C
- Mushrooms for a powerful boost of antioxidants
- Handfuls of spinach and/or kale to pack a phytochemical punch (leafy greens will wilt down as they cook into the soup, so do not worry about adding too much)
- Lean protein like white meat turkey or chicken breast, or beans as a vegetarian source of protein to build antibodies which protect your body against infections
- Parsley, oregano and basil are wonderful herbs to give your soup a savory burst of flavor with added health benefits
- Experiment with any other vegetable of your choosing. Also, try to add all of your vegetables at the end of cooking, as to keep as many nutrients in the soup as possible since heat can decrease many of the natural vitamins found in vegetables.
How to Ensure Your Man Cave is Living Up to Its Potential

Leonardo Dinic  
Staff Writer

Availability of Indulgences, or Availability of Beer

There is perhaps no act as blasphemy as denying a fellow polokino a “pop” in a man cave because you’re out of beer. For any woman who might be reading this, a “pop” refers to the noise a bottle of beer makes when the cap is removed. From now on, “pop” equates beer. Forgetting to replace the batteries in the remote or lending the third season of It’s Always Sunny in Philadelphia is something your friends can let slide. But disregarding the inventory of your fridge is simply unforgivable. Beer is a necessity in man caves and most cave dwellers can do just about anything while drinking a beer. Remember, though some of your pals might think they’re beer connoisseurs, the brand probably doesn’t matter. Variety is a luxury and, in most men's lairs, quantity trumps quality, as you can never have too much beer. Make sure you maintain your beer resources at a healthy quota and then worry about the other necessities, like food and nonalcoholic beverages.

Design

The designing of a cave often brings a man to a fork in the road. The two paths are distinct and choosing can be difficult. There’s the well-lit cave, decorated with a collage of signed sports memorabilia. It usually houses a large bar attended with just places and jistlers. The well-lit cave is more traditional. It’s a cave where your dad would hang out. There’s beer, of course, but there’s also a big-screen television, a frame filled with championship rings and a trophy cabinet to show it off. The downside of this type of cave is that it can sometimes be tacky, especially if a sign that reads “The Doghouse” is hanging at its entrance. In contrast, there’s the dark man cave. It’s often beautified with obscura art, hamster wheels and lots and large collections of films, books and music. The dark man cave represents entertainment. Its meetings are different every time and there is little to no structure. Men wander in and out bearing six packs of craft beer and DVDs. It isn’t about the Yankees or fantasy football in the dark cave, but discussions, documentaries and music.

Minimization of Penetrability

If your man cave is frequently being penetrated by females, it isn’t a man cave. If friends of friends often wander in, it isn’t a man cave. If your mother comes down to bring you and your friends pizza bagels, it isn’t a man cave. Man caves are exclusive in their nature. For starters, females are absolutely prohibited from entering, but under extreme circumstances, exceptions are made. Women who are exceptionally well-informed about “man-friendly” subjects don’t judge the cave’s cleanliness or stench and enjoy beer are sometimes permitted. Most man caves are visited by a lone female who’s passed evaluation and been accepted into the community because of one reason or another. The same exception applies for wives, girlfriend or significant others. If a female can prove that she is tolerant of the cave’s condition and genuinely enjoys the company of men, she can join the community. But the minimization of penetrability should remain a top priority. If too many exceptions are made, they aren’t exceptions; they become the norm.

Comfort and Convenience

If your man cave isn’t comfortable and set up conveniently, it isn’t serving its purpose. Basic requirements include and are not limited to: a kegerator or oversized fridge to keep beer cold, seating space to house all of your fellow men (always assume that all of your guys are attending) and reasonable distances between attendees and their indulgences (this includes anything entertaining, e.g. television, dart board, pool table, record player, gaming system, musical instruments, bar, etc.). A bathroom should be within reasonable distance of the “nesting areas.” These are locations where men sit for extended periods of time while engaged in “man-friendly” activities. If a few guys are sitting around listening to The Doors or are involved in a heated discussion about their hatred for LeBron James, they should never need to venture too far from the nest. Cold beer and the bathroom should only be a few steps away.

Entertainment

Only one rule applies when planning how to entertain yourself and your guests in your dude den. Everything must be team friendly. No video games that aren’t multiplayer, no playing instruments alone and no watching what only one member of the cave’s community wants to watch. Everything should be about the collective. This is usually overcome by voting when the cave is occupied by an odd number of men. But when that isn’t the case, group deliberation is useful. Before deciding what to play, watch or drink, at least a majority of the men should be satisfied with the decision. Diets aren’t fun when you’re the only one playing and conversations are much better when everyone thinks they’re funny. Man caves are about bonding and everyone should be entitled to their input.

Pass on the Knowledge

Now that you’ve become more knowledgeable about man caves, help your friends upgrade theirs or begin designing your own. A dude den is an essential escape every man should use during times of stress. Retreating into your lair with your best friends to drink, laugh and share knowledge is every man’s dream. The valuable experiences forged in man cave teach lessons and reinforce friendships. Cultivating your man cave to its full potential will result in more lifelong memories shared with your bros.

Video Game themed man cave.  
Movie Theater themed man cave.  
Sports themed man cave.  
Barbecue themed man cave.  
Entertainment
Happy Holidays & Good Luck on Finals!

Join Registered Dietitian Julie Rhule for a relaxing day before finals!

STUDENT CENTER CAFE
December 12th, 11a—2p
Sugar rubs, cucumber eye treatments, tea, and food for the brain!

KEEP CALM AND RELAX

Holiday Meals

New Year’s Dinner

12/17
4-6p
Sam’s Place
Featuring shrimp w/sherried lobster sauce over angel hair, beef filet w/ demi sauce & roasted potatoes!

Holiday Dinner

HERE FOR A LIMITED TIME ONLY

NEW REUBEN SUB
Corned beef and Thousand Island kraut with Swiss, served toasted
Peak Performances

DEPARTMENT OF THEATRE AND DANCE
JOHN J. CALI SCHOOL OF MUSIC

falsettos
The hit Tony Award-winning musical!

Book by William Finn and James Lapine
Music and Lyrics by William Finn
Direction and Musical Staging by Joe Joyce
Musical Supervision by Gregory J. Diagos

Dec. 6, 9, 10 and 11 - 7:30 p.m., | Dec 7 - 2:00 p.m., | Dec. 8 - 6:00 p.m.
L. Howard Fox Theatre

DEPARTMENT OF THEATRE AND DANCE
Works-A-Foot 2013
Dec. 4, 5 & 6 - 7:30 p.m. | Dec. 7 – 8:00 p.m. | Dec. 8 – 2:00 p.m.
Memorial Auditorium

JOHN J. CALI SCHOOL OF MUSIC
An Evening of Chamber Music
Dec. 6 – 7:30 p.m.
Alexander Kasser Theater

JOHN J. CALI SCHOOL OF MUSIC
MSU Jazz Ensemble
Jeffrey Kunkel, director
Dec. 7 – 3:00 p.m.
Alexander Kasser Theater

JOHN J. CALI SCHOOL OF MUSIC
Montclair State Opera Workshop
Spotlight on Opera’s Dysfunctional Families!
Jeffrey Gall, director, Dmitri Korneev, piano
Dec. 7 – 8:00 p.m.
Alexander Kasser Theater

973-655-5112 | peakperfs.org | Every Seat $15

*Undergraduate students at MSU receive one ticket at no additional charge to every event through the Performing Arts Fee with their valid student I.D.
Black Friday or Wack Friday?

Yasmin Abboushi
Staff Writer

After all the oversized turkey, stuffing and pumpkin pie, we Americans hibernate until the madness of .99 markdowns emerges at midnight. What are we thankful for? We’re grateful that everything is $100 less than usual and we can’t wait to shove these unthankful plebeians out of our way. Black Friday is the cultural phenomenon that sweeps the nation after Thanksgiving every year. It’s a simple and powerful marketing scheme. By December, fashion forecasters already have planned what will be popular for the spring and summer. These forecasters communicate this to the retailers we adore. It’s important for the beginning of winter to get rid of all the trendy chunky sweaters and stylish jackets at a discount. It’s all a devious maneuver to make way for next season’s trends so these avid consumers can take a mental note of what’s to come in the spring.

Were you really the smart shopper this past Black Friday? Saving on trendy items on this hectic bargain day is not the best route to take. The classics such as a simple black dress, white shirt, plain jeans, etc. are the items shoppers should be looking for. Saving on trends is like saving on soon-to-be-sour milk. There’s really no point when the newer, fresher bunch is around the corner.

As a ridiculously avid shopper, I saw another side of retail this November. Working at the Willowbrook Mall, I saw firsthand the amount of theft, contempt and absolute chaos that ensued. The majority of my peers and people I’ve questioned about partaking in Black Friday generally came to the same answer: “Hell no.” Not only are we buying trends that have a rapidly approaching decline, but we’re also being shoved and disrespected at the same time. After being in a food coma the previous day, I’ve come to the conclusion I would much rather lie in bed with a stomachache than be punched in the stomach for a $15 top.
This winter, give yourself some credit.

Register for Winter Session

- Earn up to four credits in four weeks
- Courses run from December 20-January 17
- Online and hybrid courses available
- Undergraduate and graduate courses
- Log into WESS to register

View the course schedule at montclair.edu/winter

Montclair State University

montclair.edu
The Montclarion • December 5, 2013 • PAGE 11

Classifieds

Help Wanted

Are you a college student experienced in child care and looking for a stable income while pursuing your degree? Becoming a Nanny can provide fulfillment and still allow the time to pursue outside endeavors. Contact Kelley at Perfect Fit Nanny Placement Agency: Kanazarian@gmail.com or call 862-485-5111.

After school care for a five year old in Cedar Grove, starting in September 2013. Five days a week, but would consider 2-3 days. Please contact Sarahi.grande@yahoo.com or call 973-615-7371.

Help Wanted

Babysitter/Mother’s helper. After school help for 3 children in Upper Montclair. Days & hours flexible. Occasional nighttime babysitter also required. Contact Lesley: lesley@abdulhayoglu.com or call 201-565-2847.


Room for Rent

Save $$$ - Female students, grads, transfers. Furnished room rentals Jan – May, across from Campus on Valley Road. Internet included. Single or shared. Call 973-778-1504.

Parking

Reasonable off-street parking, M.F. Only three min. walk to MSU Bridge & Shuttle! Call 973-819-6334
Sun-Sat, 5 a.m. - 8 p.m. ONLY.

Part-time dog walker needed in Montclair area between 11 a.m. & 3 p.m. Mon-Fri. $10 per 30 minute walk. For more info email Janine at MontclairPetGirl@gmail.com

Full-time Nanny wanted from 3:00 - 6:30 p.m. Minimum of 3 days per week (prefer 5) for 2 elementary age children in Pompton Plains. Requires homework help, transportation to extracurricular activities, light housework and cooking. Please call Allie 973-476-5892.

Help Wanted

Part-time male or female student to help promote The Montclair Boutique and also work part-time. Contact Jeff 201-506-5555

Advertising

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TERMS & CONDITIONS

DEADLINES
The deadline for Advertising submissions is the Wednesday of the week before publication at noon. The Montclarion reserves the right to change the deadline without notice.

CANCELLATIONS
Cancellations of all advertising space can be done no later than Friday of the week before publication at noon.

Phone: (732) 655-9237 Fax: (732) 655-7804 Email: mcfavoritenews@gmail.com
And now time for something different ...

SUDOKU!

8
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9 2
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4 5 7
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9 4

THE RED HAWK PALS
BY ASHLEY NATARAMA

BRACE YOURSELVES...

THE LIBRARY
AND COMPUTER
LABS ARE
ABOUT TO
BE PACKED!

HELP WANTED

ASSISTANT PRODUCTION EDITOR
CONTACT MSUPERDUCTION@GMAIL.COM

LOVE TO DRAW?
Submit your comics/cartoons to The Montclarion at
msuperduction@gmail.com
The Darkest Day of the Year

B lack Friday has become a modern rite of passage for many American consumers. In recent years, the day has been marked by frenzied crowds, violent altercations, and even death. This year, Black Friday deaths and injuries have once again been headline news.

According to the National Safety Council, there were 30 deaths and 713 injuries reported on Black Friday in 2013. Of those injuries, 132 were serious and required hospitalization. Additionally, 2,388 people were injured in Black Friday-related incidents in 2012, and 2,243 people were injured in 2011.

The dangers of Black Friday shopping are not limited to physical harm. Many stores have been forced to close early due to high volumes of traffic. In 2012, Macy's announced it would close its stores on Thanksgiving Day due to the danger of customer injury.

The threat of violence on Black Friday is not new. In 2006, two people were killed and 59 were injured in a stampede at a Walmart in Pennsylvania. In 2008, a woman was killed in a各部门 锁 Lunar New Year.

Because of that, Black Friday’s name has been dubbed the name for Black Friday: blackfri

daydeathcount.com. Over 200 people have died in Black Friday-related incidents since 2006, and many more have been injured.

Alex Kritz
Business Junior
“I would imagine that they’re having such a popular day when stores make 25 percent of their yearly revenue, they’re going to make up the price with- out telling anyone before they knock down a price and tell everyone. When people think that they’re saving money, they might not be, but I don’t really know because I do not shop on Black Friday.”

Rachel Saccomanno
Pre-Freshman and Child Studies Minor
“I don’t think Black Friday sales are worth it because the sales really aren’t sales. It’ll be the same price [as weeks before] and people are fighting and being trampled for materialistic things the day after they’re thankful for everything that they have. I don’t think it’s worth it.”

Sara Leung
Psychology Junior
“This, because I’ve never gone Black Friday shopping. I hear all these weird, seemingly unrealistic stories of people fighting over something like a vacuum cleaner. I always did the pre-Black Fri-

Black Golowko
Undeclared Freshman
“I just don’t like that they were so early this year. A lot of people left their Thanksgiving dinners early. [Because of that], Black Friday’s not really worth it.”

Toni Alston
Theater Studies Junior
“I think it could become worth it because a lot of stores opened on Thanks-

day by many has even been dubbed the name ‘Black Friday Eve.’ According to Harvard his-
torian Nancy Koehn, in the 1950s, the name ‘Black Friday’ was given the name the day after Thanksgiving. Factory managers because many

employees rallied in sick. Koehn also states that in the 1960s, police began to use the term when cities became congested with shoppers and crowd control became unmanageable, leading to a streak of thefts and shoplift-
ing. It was then that Black Friday became the staple for the beginning of the holiday shopping season.

It wasn’t until the 1980s when retailers began to make the ordeal a positive situa-
tion, noticing all the ‘black ink’ that showed up on bal-

ancel sheets. Black Friday began to rack in profits for companies and is now con-
ed as an unfinished holiday. Unfortunately, as sales im-
mproved, people became more violent.

In 2006, there were the first reports of violence on Black Friday. The first death ac-
counted in 2008 was when a Walmart employee was trampled by a stampede of people. Those in the ambulance that pledged by a stampede of people.

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counted in 2008 was when a Walmart employee was trampled by a stampede of people. Those in the ambulance that pledged by a stampede of people.
Don't Be So Swift To Judge America's Sweetheart

In 20 years, Taylor Swift will remain in our hearts and on our radios.

By Kristen Bryfogle

Swift has had the success and recognition that many other celebrities have had; she has had the success and praise of a music 25 years into her career. Her success is constant and continues to grow. Swift is changing and yet never changing as drastically as people don't recognize her.

Years from now, when we have children of our own, we will play her songs to them just as they will play the songs they love to their own children. Swift is an important part of our life as well as many others.

In her song "Long Live," she says, "I'm not going to be a screaming sold-out crowd of "it's like Taylor Swift" under the rain."

Swift has the ability to be the biggest pop star in the world but also seem like the girl who sits next to you in math class. She is relatable and that's why she's nothing like any other celebrity out there. She's a businesswoman; she's a brewer; she's a human being. She seems human, like a friend we all know. She does this every once in a while. Swift has had the success and praise of a music 25 years into her career. Her success is constant and continues to grow. Swift is changing and yet never changing as drastically as people don't recognize her.

Years from now, when we have children of our own, we will play her songs to them just as they will play the songs they love to their own children. Swift is an important part of our life as well as many others.

In her song "Long Live," she says, "I'm not going to be a screaming sold-out crowd of "it's like Taylor Swift" under the rain."
In the 1990s, the divided people of Bosnia and Herzegovina walked the streets in fear of being hit by mortar shells or struck down by sniper rounds. The bloody civil war that followed after the breakup of Yugoslavia left 100,000 people dead and the country infested with mass graves. With its infrastructure devastated and economy in shambles, Bosnia remains a beaten down place where positivity is hard to come by.

Fortunately during the siege of its capital Sarajevo, a group of men planted seeds of hope with music to find an escape from the explosions outside of their basement bomb shelter. These men had a different plan for Bosnia’s recovery. Dubioza Kolikiti was founded in 2003, a merging of Zenica and Sarajevo and have become known to be the best live show to see in Eastern Europe. They’re a group of gentlemen who enjoy their performances as much as the audience does. Watching them dance for close to four hours in black and neon-yellow soccer jerseys is what to expect. But what you experience on stage is a mixture of musical styles with influences ranging from hip-hop, rock, dub, reggae, and traditional Bosnian folk. Dubioza’s originality excludes the group from any single genre, their only consistent concept is civil disobedience. With albums both in their native language and English Dubioza’s songs preach for ethnic tolerance, anti-fascism and social change in Bosnia. Time and BBC both consider the group to be the legitimate voice of the country. Their albums encourage listeners to criticize nationalism, injustice, corruption and authority. The band’s sixth release, Wild Wild East was released this past year which, unfortunately for English-only listeners to “Wake Up.” The first song of the album immediately introduces Dubioza’s reggae sound with a hint of accordion and drum. The song is Adis’ Rastafarian-sounding voice repeating “Wake up,” cut short by Almir’s warning, “or you gonna swing like a puppet on a string.”

The song is definitely a sound of rebellion that motivates the listener to at least think about social change. It’s safe to say that Che Guevara would be proud. “Euro Song,” a criticism of the European Union’s most prominent politicians and their policies, is as catchy as they get. It’s a repetitive song marked with electronic base tones during the verses quickly interrupted by a dimetric Punjabi-like instrumental that makes you want to wave your fingers around and shake your head. They compare the union’s members to pigs.

The Montclarion was one of the many who enjoyed the live performance of “Euro Song!” The song is a combination of random and Ba’ashic melodies that lead back into Dubioza’s traditional vocal exchange between Adis and Almir during the verses. The song is derivative in the sense that the artist wants to “swear the Stone Age” and go to America, a sentiment shared by many Bosnians. After the chorus, Adis reassures the listener, “one day you will understand” that there is “no place like the motherland.” This message re-inforces DBC’s agendas of social change and discourages simply fleeing the problems in Bosnia.

The second to last song on the album is a rendition of Fatboy Slim’s “The Rockafeller Skank” entitled “Balkan Funk.” The introductory vocals are another example of a gypsy cry that sounds like the voice might crack at any second. After all, it’s a gypsy song sung by two guys who smoke two packs of cigarettes a day over ska guitar up-beats and a jumping accordions. His breakdancing voice simply cries out the chorus “I am from Bosnia, take me to America I really want to see the Statue of Liberty can no longer wait; take me to United States.”

Music Blurs Lines

In the 1990s, the divided people of Bosnia and Herzegovina walked the streets in fear of being hit by mortar shells or struck down by sniper rounds. The bloody civil war that followed after the breakup of Yugoslavia left 100,000 people dead and the country infested with mass graves. With its infrastructure devastated and economy in shambles, Bosnia remains a beaten down place where positivity is hard to come by. Fortunately during the siege of its capital Sarajevo, a group of men planted seeds of hope with music to find an escape from the explosions outside of their basement bomb shelter. These men had a different plan for Bosnia’s recovery. Dubioza Kolikiti was founded in 2003, a merging of Zenica and Sarajevo and have become known to be the best live show to see in Eastern Europe. They’re a group of gentlemen who enjoy their performances as much as the audience does. Watching them dance for close to four hours in black and neon-yellow soccer jerseys is what to expect. But what you experience on stage is a mixture of musical styles with influences ranging from hip-hop, rock, dub, reggae, and traditional Bosnian folk. Dubioza’s originality excludes the group from any single genre, their only consistent concept is civil disobedience. With albums both in their native language and English Dubioza’s songs preach for ethnic tolerance, anti-fascism and social change in Bosnia. Time and BBC both consider the group to be the legitimate voice of the country. Their albums encourage listeners to criticize nationalism, injustice, corruption and authority. The band’s sixth release, Wild Wild East was released in 2011 and might be Dubioza Kolikiti’s best English album. It was possibly their greatest until they released Aspirađus this past year which, unfortunately for English-only speakers, is exclusively in Bosnian. Though “Wake Up,” “Euro Song,” “U.S.A.” and “Balkan Funk” are personal favorites, Wild Wild East has other hidden gems that support whole blowing, rating, and “herbal medicine.” It’s a revolutionary album that every activist should give a listen to.
PLAYLIST
SONGS TO STRESS TO

Under Pressure - David Bowie/Queen
- Jessica Czarnogursky
  Editor in Chief

Survivor - Destiny's Child
- Thea LeCour
  Asst. Entertainment Editor

Nowhere to Run - Martha and the Vandellas
- Nick Taylor
  Copy Editor

Sacrilege - The Yeah Yeah Yeahs
- Ajwije Bahrami
  Asst. Entertainment Editor

Totally F*cked - Spring Awakening
- Catherine Baxter
  Managing Editor

Don't Stop Believing - Journey
- Christine Ham
  Asst. Copy Editor

It's the End of the World As We Know It - R.E.M.
- Nick Verhagen
  Sports Editor

My Way - Frank Sinatra
- Rob Rowan
  Asst. Sports Editor

Hate Times 8 - Psychostick
- Monika Bujas
  Opinion Editor

Cry Me a River - Justin Timberlake
- Jaycra Guedluce
  Asst. News Editor

Survivor - Destiny's Child
- Thea LeCour
  Asst. Entertainment Editor

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  Opinion Editor
Disney announced last week that two of its biggest upcoming films—Alice in Wonderland 2 and The Jungle Book—have been given release dates—2015 and 2016, according to Deadline.

The Jungle Book will be hitting theaters in a live-action film on Oct. 9, 2015. It has been confirmed that Jon Favreau will be directing it from a Justin Marks script based on the book by Rudyard Kipling. Favreau has directed other popular films including Elf, Iron Man, and Iron Man 2, and is also well-known for his acting and producing. His acting has been seen in all three of the Iron Man movies, as well as I Love You, Man and Identity Thief. Favreau has also worked as an executive producer on The Avengers and the three Iron Man movies.

Following the Johnny Depp-fronted Alice in Wonderland, which was released in March 2010 and grossed over $1 billion worldwide, Alice in Wonderland 2 is set to hit theaters May 27, 2016. Dope will also be starring in other films set for 2014, including the crime drama Mortdecai, with Ewan McGregor and Pine, Emily Blunt and Meryl Streep, set for Dec. 25, 2014. Wasikowska, who will be starring as Alice in the sequel, is known for various films such as Stoker (2013), Anna Karenina (2013) and The Kids Are All Right (2009).

The Australian-born actress also has a few films lined up before the release of Alice in Wonderland 2. One of those films is Maps to the Stars, a drama that takes a look at Hollywood and what it reveals about Western culture. Wasikowska will be starring with Julianne Moore, Robert Pattinson, Olivia Williams, Carrie Fisher and John Cusack in this film coming out in 2014. Currently being filmed, and set for a 2014 release date is Madame Bovary, in which Wasikowska stars alongside Paul Giamatti and Ezra Miller. Audiences everywhere can expect to see two of Disney’s highly anticipated films, The Jungle Book and Alice in Wonderland 2, hit theaters in the next couple of years.
Red Hawk Round Up

Womens Basketball

The Red Hawks bumped up their season record to 4-0 with a win over Rowan and William Paterson in the week before Thanksgiving. In both games, junior forward Melissa Tolbe scored over 20 points in each game which put her over 1,500 points for her entire Red Hawk career. With these wins, Montclair looks to have another spectacular season.

Mens Basketball

Montclair has turned around their slow start as they picked up two wins over Rowan and Centenary before the Thanksgiving break. Senior forward Orlando Golden posted a double-double in each game while scoring 21 points in the first game and 10 in the latter. With these two dominating wins, the Red Hawks are now 2-0 in the conference and have picked up their slow start.

NBA Power Rankings

1. Miami Heat (14-4)
   It’s nice having Dwyane Wade for photo bombing LeBron James. This team has gotten the monkey off their backs and could make a strong playoff run.

2. Indiana Pacers (14-5)
   The true definition of a team. Paul George has become a superstar and I’d take him over Carmelo Anthony any day of the week.

3. Oklahoma City Thunder (14-5)
   Will this finally be the year that Kevin Durant can break the stigma and become an MVP?

4. San Antonio Spurs (14-5)
   The Spurs continue to age like fine wine.

5. Portland Trailblazers (14-5)
   As long as they have Damian Lillard in town, the Trailblazers will always be respectable. Fun, Mason Ellis has fit in nicely with his new squad.

6. Houston Rockets (13-5)
   Don’t look now, but the Rockets are heating up. They continue to pick up from last season by leading the league in scoring.

7. Los Angeles Clippers (13-5)
   Chris Paul’s 12 assists per game is one of the best in the world. Let’s see if Doc Rivers can truly work his magic with the better team in L.A.

8. Golden State Warriors (11-5)
   This was my handshake team from last season. They need to play better outside of their Oracle Arena to give themselves more comfort in the standings.

9. Dallas Mavericks (11-5)
   As long as they have Dirk Nowitzki in town, the Mavericks will always be respectable. Fun, Mason Ellis has fit in nicely with his new squad.

10. Denver Nuggets (10-6)
    Head coach Brian Shaw was the perfect insurance policy to take over for George Karl.

11. Minnesota Timberwolves (9-6)
    Instead of Minnesota being sellers just because of getting rid of Derrick Williams, the Timberwolves added some depth to help out the dynamic duo of Ricky Rubio and Kevin Love.

12. Washington Wizards (9-6)
    Watch out for this Wizards team, they have a very bright future, especially since they first round pick Otto Porter Jr. has yet to even make his debut.

13. Phoenix Suns (9-6)
    Eric Bledsoe is one of the best point guards of this era. With a new logo, and the Morris brothers, this Suns team may surprise this year.

14. New Orleans Pelicans (8-8)
    It’s a shame to see Anthony Davis sidelined for over a month because this 20 year old has been turning into a phenomenon.

15. Memphis Grizzlies (8-9)
    They were starting to become one of the powerhouse teams in the West. Now with Marc Gasol out with an MCL injury, this team will need to claw their way to hang on.

16. Detroit Pistons (6-10)
    The Pistons have a formidable lineup but their best player, hands down, who’s ceiling that has untapped potential is Andre Drummond.

17. Atlanta Hawks (3-10)
    Despite losing Joe Johnson and Josh Smith in the last two seasons, the Hawks have no intention on being at the bottom of the Eastern Conference as they were in the late 90s to mid-2000s.

18. Los Angeles Lakers (3-9)
    Wouldn’t you love to be Kobe Bryant’s team? He’s gone from making $48.5 million in the last two seasons. He should be back playing on the court by date December from that achilles injury.

19. Chicago Bulls (7-5)
    Even before going down with yet another season-ending knee injury, Derrick Rose didn’t look the superstar we were accustomed to seeing.

20. Charlotte Bobcats (6-11)
    Who knew that the Magic would end up on the much better and offensively more team in dealing Dwight Howard.

21. Orlando Magic (6-12)
    Who knew that the Magic would end up on the much better and offensively more team in dealing Dwight Howard.

22. Boston Celtics (6-12)
    Trading an old Paul Pierce, Kevin Garnett and Josh Anderson who doubted that Rondo Walker’s game wouldn’t transition well in the NBA level was wrong.

23. Brooklyn Nets (6-13)
    Deron Williams is doing a great job in this league, but his injuries have limited what this team in a big way.

24. New York Knicks (6-13)
    This team has definitely missed Tyson Chandler’s presence but with or without him, they are for no means a contender in any sense of the word.

25. Sacramento Kings (4-12)
    The talk about moving to another city can be put to rest and locking up DeMarcus Cousins to a 4-year extension could make them playing for the purple and black quite enticing.

26. Cleveland Cavaliers (3-14)
    They talk about moving to another city can be put to rest and locking up DeMarcus Cousins to a 4-year extension could make them playing for the purple and black quite enticing.

27. Utah Jazz (3-13)
    As a team, these Jazz have failed to live up to expectations.

28. Sacramento Kings (3-14)
    They talk about moving to another city can be put to rest and locking up DeMarcus Cousins to a 4-year extension could make them playing for the purple and black quite enticing.

29. Utah Jazz (3-13)
    They talk about moving to another city can be put to rest and locking up DeMarcus Cousins to a 4-year extension could make them playing for the purple and black quite enticing.

30. Milwaukee Bucks (2-14)
    They let go of their two top scorers in Brandon Jennings and Monta Ellis last offseason.
LOVE SPORTS?

Interested in writing for sports or taking photos?

Contact Nick at montclarionsports@gmail.com
This year, the Montclarion sports section is bringing back a fun segment that has been absent the last few seasons. Each week, the Sports Editor, Editor-in-Chief and Arts Editor will make their predictions on the upcoming NFL games. Join in and see who knows the NFL the best.

**Who’s Hot This Week**

Ordel Goldson  
Forward — Basketball  
Goldson posted an outstanding 39 points and 18 rebounds.

Melissa Tobie  
Forward — Basketball  
Tobie helped lead the Red Hawks to their fourth straight win with 46 points against Rowan and William Paterson last week.

**Game of the Week**

**Womens Basketball**  
@ Ramapo  
Dec. 7, 1 p.m.

The Red Hawks look to continue their win streak against Ramapo.

For updates, check out:  
www.montclairathletics.com  
and follow  
@TheMontclarion on Twitter and Instagram

**‘Montclarion’ Staff NFL Predictions**

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The Montclair State mens basketball team rebounded from back-to-back losses to start the season to record two consecutive wins at home.

They put on an offensive show against NJAC rival Rowan Profs, winning by a score of 92-73. After following it up with a dominating 74-40 win over the Centenary Cyclones, the Red Hawks improved to 2-2. Senior forward Ordel Goldson had a career-high 39 points and 18 rebounds in the Red Hawks' dominating win over Rowan. Senior guard Daniel Singleton contributed 16 points, six rebounds and six assists as well.

The Red Hawks quickly jumped out to a nine point lead in the first five minutes of the game and were finally able to extend it to double digits with 7:25 remaining in the first half, taking a 26-16 lead. The Profs would cut the lead down to three with a three-pointer from Matt Whitworth and a three-point play by Jason Sofman. However, the Red Hawks would go on a 20-6 run to extend the lead back to double digits. Goldson finished the half with 21 points and 10 rebounds to complete the double-double.

The Rowan offense had no response for Goldson and the Montclair State defense. The Red Hawks did not allow the lead to be cut to single digits and cruised on to a 92-73 win in their conference opener. They shot 52 percent from the field in the first half and went 3-4 from three-point land. Gonzalez scored 11 of his 13 points in the first half, which included a three-pointer to put his team up by 10. The Red Hawks were able to extend the lead to 20 just over three minutes into the second half.

Back-to-back layups in the paint by Singleton put them up by 25 with 15 minutes left. Singleton added four more points just minutes later with a good dunk and a jumper, followed up by a Goldson three-pointer.

Goldson put the Red Hawks up by 30 with 9:20 remaining with a put-back off of McGorry's missed jumper. The Red Hawks would coast to a 34-point victory to improve to .500 on the young season.

The Red Hawks performance in the paint once again proved to be a major difference as they outscored the opponent by 20 in the paint. They also saw 23 points come off the bench, which included seven from Kris Bergstol and four from Chris Torres.

The Red Hawks returned to action when they traveled to Newark to take on the Rutgers-Newark Scarlet Raiders this Wednesday night in their second conference game of the season. The Red Hawks will play their third conference game this Saturday when they travel to take on the Ramapo Roadrunners. They’ll return home for their next home game on Dec. 10 against the College of Staten Island.
Montclair State Club Wrestling hosted the first home wrestling matches in nearly seven years on Sunday against two formidable teams: Gloucester County College and Rutgers University Club team. After dropping a match to Gloucester, MSU turned the momentum around and defeated Rutgers.

The day got off to a rather slow start, as the Red Hawks were downed by Gloucester 39-15. At 125 pounds, Zafer Nuralis of Montclair lost by Technical Fall in 3:46. Zach Matthijs also dropped a 7-0 decision at the 133-pound weight class. Travis McDowell picked up a forfeit for the Roadrunners at 141 and Dan Pak cruised Montclair’s Brian McCrystal to pick up a pin at 149. The Red Hawks’ 157-pounder Nick Carbonaro interrupted the momentum slightly with an 11-6 decision over Deon Henry. However, Gloucester picked up three more pins in bouts at 165, 174 and 184 pounds.

Matt Tamburri picked up a comeback win over Anthony Lentini, pinning him in 6:35 after taking advantage of his opponent’s mistake in technique. Heavyweight Andrew Guadagnino took a forfeit to close out the match.

The match against Rutgers went much differently, with Montclair winning 36-12. At 141, Zach Matthijs pinned Anthony Aldana in 4:08 after Zafer Nuralis took a forfeit at 125. Brian McCrystal and Nick Carbonaro picked up two more forfeits at 149 and 157, respectively. At 165 pounds, Michael Sakele of Rutgers pinned Cody Ormsbee in 2:15 to make up for lost points.

Then the momentum shifted back to Montclair when Ricky Mitra defeated Benjamin Butler 11-7 and Andre Bastas took down Joshua Jasick, 6-1. However, Montclair lost its final individual match, as Andrew Guadagnino was pinned in 2:42 by Robert Tancer. There were mixed feelings about the outcome of the meet.

“You win some, you lose some. We didn’t wrestle as well as we should have,” said Zach Matthijs. “It’s still a huge stepping stone for the program.”

Results

**Gloucester 39 def. MSU 15**

- Etai Yonah (G) - Tech - Zafer Nuralis (M)
- Tyler Kaminski (G) - Dec - Zach Matthijs (M)
- Travis McDowell (G) - FF - (MSU)
- Dan Pak (G) - Pin - Brian McCrystal (M)
- Nick Carbonaro (M) - Dec - Deon Henry (G)
- Nick Moore (G) - Pin - Ricky Mitra (M)
- Nick Dell'Prisco (G) - Pin - Cody Ormsbee (M)
- Todd Button (G) - Pin - Andre Bastas (M)
- Matt Tamburri (M) - Pin - Anthony Lentini (G)
- Andrew Guadagnino (M) - FF - (GLO)

**MSU 36 def. Rutgers 12**

- Zafer Nuralis (M) - FF - (RUT)
- Zach Matthijs (M) - Pin - Anthony Aldana (R)
- Brian McCrystal (M) - FF - (RUT)
- Nick Carbonaro (M) - FF - (RUT)
- Michael Sakele (R) - Pin - Cody Ormsbee (M)
- Ricky Mitra (M) - Dec - Benjamin Butler (R)
- Andre Bastas (M) - Dec - Joshua Jasick (R)
- Robert Tancer (R) - Pin - Andrew Guadagnino (M)
- Matt Tamburri (M) - Tech - Anthony Lentini (G)
- Andrew Guadagnino (M) - Tech - (GLO)

The Montclair State University Club Wrestling team posing for a group photo.
The Montclair State University women’s basketball team is picking up where they left off last season. MSU is currently 4-0 overall and 1-0 in the NJAC (New Jersey Athletic Conference).

The Red Hawks are 32-1 in their last 33 games, with the only loss coming to Christopher-Newport in the third round at the NCAA Division III Sectional Tournament.

As the season progresses, head coach Karin Harvey believes four players will have breakout seasons this year. Melissa Tobie, a preseason All-American is probably the best swing player in the country, and we can always count on her for a variety of things: leadership, rebounding, scoring and defense. Nicole Henry is our senior guard currently leads the NJAC in scoring and defense. Nicolette Aquino is the offensive end.”

Jenny Malone is back as our starting point guard. She is an amazing leader on and off the court and a great defender and has improved a great deal on the offensive end.”

Montclair started their season on Nov. 15 at the Gwynedd-Mercy Tip-Off Tournament in Gwynedd Valley, Pa. MSU defeated the University of Scranton 86-75 in this sea-

sen’s opener. Junior guard Aquino had 24 points (pouring in 17 during the first half), senior guard Henry scored 22 and juvenile forward Tobie chipped in with 10 and with two of their star players (Tobie and Henry) in foul trouble with two each.

In the final half, a rejuvenated Montclair State team outscored the Pioneers by 14 points to get the job done. Tobie also became the 18th player in MSU history to reach a career-high 1,000 points. Tobie was also named the NJAC Player of the Week on Monday. This comes after her performance in the William Paterson game, where she recorded a double-double and surpassed 1,000 points in her college career. She currently leads the NJAC in scoring with 20.5 points per game.

The Red Hawks’ next game was Wednesday, Dec. 4 at the Rutgers-Newark Scarlet Raiders, with tipoff slated to start at 8 p.m.

The outcome of the game was not available at press time. Montclair State will also travel to Mahwah on Saturday, Dec. 7 to face the Ramapo Roadrunners at 1 p.m.

Harvey and the team have a meeting every year before the season starts. At the meeting, the squad has to set some of the goals they hope to accomplish. This year, Harvey said the team has four season goals.

“Win the NJAC Championship, earn a bid to the NCAA Tournament, a team GPA of 3.0 or better and an emphasis on more community service projects/outreach,” Harvey said.

Melissa Tobie takes off in the paint.

Students celebrate the tip-off of the 2013-14 season.

Melissa Tobie takes off in the paint.

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The Red Hawks’ next game was Wednesday, Dec. 4 at the Rutgers-Newark Scarlet Raiders, with tipoff slated to start at 8 p.m.

The outcome of the game was not available at press time. Montclair State will also travel to Mahwah on Saturday, Dec. 7 to face the Ramapo Roadrunners at 1 p.m.

Harvey and the team have a meeting every year before the season starts. At the meeting, the squad has to set some of the goals they hope to accomplish. This year, Harvey said the team has four season goals.

“Win the NJAC Championship, earn a bid to the NCAA Tournament, a team GPA of 3.0 or better and an emphasis on more community service projects/outreach,” Harvey said.

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