Dining
Takes its
Time
Jaya Gagliardi
News editor

When it comes to choosing a university, campus dining is usually a huge deciding factor. For students, food is not a topic taken lightly.

In that sense, Montclair State has taken some drastic measures that have been criticized by some students. Over the summer, the university added Higher Education Dining Services to the list of food providers. The move is a result of the university’s efforts to improve food quality and variety.

While some of these initiatives and projects have been a hit with Montclair State community, some say the price of the food is too high and the selection is limited.

“When the students voted for the food options, they voted for the higher-end options,” said Scott Massarsky, Co-Founder of HawkSync online platform.

Massarsky added that the move to Higher Education Dining Services was made to improve the quality of food and make it more appealing to students.

On the other hand, students have mixed reactions to the change. Some say they like the new options available, while others feel like they are paying too much for what they get.

“When I was looking at the menu, I thought it was really expensive,” said Julia Higazi, Staff Writer. “But then I realized that the quality of the food was much higher than what I was used to.”

Massarsky also emphasized that the change is not permanent and that the university will continue to work on improving the food offerings.

“We’re trying to make sure that students have access to healthy and delicious food options,” he said.

Students seem to be divided in their opinions. While some are happy with the new providers, others are still waiting for a solution that meets their needs.

“I think it’s a step in the right direction,” said Higazi. “But I also hope that they will take student feedback into consideration when making future decisions.”

Overall, the change in campus dining has sparked a lot of discussion among students, with some feeling like their voices are being heard and others feeling like they are being left behind.

“We want to make sure that every student has access to quality food options,” said Massarsky. “And we will continue to work on this until we get there.”

Jaya Gagliardi
News editor

Check out Page 9 for upcoming events and part-time jobs!
The Montclarion willingly corrects its factual errors. If you think there is a mistake in a story, please call Editor-in-Chief Catherine at ext. 5230.

CORRECTIONS

The Montclarion is a freely distributed newspaper providing one copy per person. Additional copies are $0.25.

The Montclarion is a publication of Montelican Publishing, Inc. published weekly, except during examinations, summer and winter sessions. The Montclarion is funded by student fees distributed by Montclair State University and incoming advertising revenue. The views expressed in the Opinion section, with the exception of the Main Editorial, do not necessarily reflect the views of The Montclarion.

The first issue of The Montclarion, then named The Pelican, was published on Nov. 28, 1928.

THE MONTCLARION

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event,” Lubin said. “Walking into one of the speaker workshops with Shalom Gorsetman, an artist and professor of Video Art at Yeshiva University and Fordham Elementary School, you can see that all I was thinking was ‘yes, I should have attended that.’ In the Student Center ballroom, three different speakers were sitting in chairs arranged in a circle with Gorsetman standing in the middle of a large circle with the round room were quotes and speakers are quoted from, out inner peace, outer peace is impossible.”

Gorsetman would speak briefly about the idea of a certain meditation or pose and then he led the group into the meditation instructions. He kept bringing everyone back to the idea of being present, of the "breath" and after we were done, he said he would gently guide the group to "slowly come back to this place.

He acknowledged that most people don't meditate or can't meditate because they have too many things on their mind, to which he offered the meditation known as the Four Moors. In this practice, individually the "moms" can be focused on and other thoughts into their minds during the structured meditation.

The group of the participants shared after the exercise that the meditation was one in which they felt they "managed to add to delve into what you don't even know is going on." Also in attendance were Founders of The Peace Garden Project, Jennifer Levin and Scott Massey, who described the multiple concepts of mindfulness to students through an interactive lesson up through high school.

Overall, the dinner changed the participants, faculty and staff alike into a meditative mindset eager to see what the future may hold for their students.

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Do’s and Don’ts of Men’s Fashion

Jessica Mahmoud
Staff Writer

Getting a girl’s opinion on looks and dressing can be very helpful for guys. Over the last few days, I’ve polled whether these choices are a DO or a DON’T. Here are the results:

1. Shaving your beard: DON’T
   For most girls, it depends on how a guy looks and I got a complaint of burning when kissing a guy with a beard. However, beards are preferred. It was a close tie of 13 to 11.

2. Wearing scarves: DO
   Now that the colder weather is coming, scarves and gloves are coming out. By only one vote, guys wearing scarves is a DO. Be sure to stop by H&M and pick up a nice, cozy one for fall. This won 12 to 11.

3. Grow your hair: DO
   Cancel that appointment at the barber shop and grow your hair! If you want to impress the ladies this semester, try growing it out a little. Just think: if you usually have a buzzcut, you’ll probably stay warmer this way. This won 13 to 12.

4. Wear Necklaces: DO
   Although my sister disagrees here, necklaces are something girls like on a guy! Try to get something original from one of the boutiques in Upper Montclair or a thrift store. Make sure it says something about you and what you like, even if it is just your favorite animal. It was a clear majority of 14 to 9.

5. Dress up for class: DO
   If you want to impress the ladies, try putting a little effort into tomorrow’s outfit. This won 20 to 2! A polished guy is always spotted in a crowd of basketball shorts and plain tees. Try fitting the “school” look with pieces like sweater vests, cardigans, trousers and polos.

6. Wear Oxfords: DO
   When I say Oxfords, I mean the shoes, not the shirts. These shoes are a great alternative to sneakers and will definitely be noticed. They are not common on students, so make a statement! This won 15 to 7.

7. Wear Beanies: DO
   Wearing beanies is a definite yes! This fashion piece won 14 to 4! Beanies are a great addition to your fall wardrobe and look good with almost anything. Try pairing them with a sweater and jeans or flannel and jacket.

MSU has a lot of great fashion! Check out all the fashionable students on campus: Follow @montclair_state_university on Instagram and Montclair State Style on Facebook!
What Do We Do About Domestic Abuse?

Melissa A. Rivera  
CONTRIBUTING WRITER

When people think of abusive relationships, they think of women as the victims. In other cases, men and children can be the victims as well. Men are typically stronger than women, but it doesn’t mean they can easily escape violence in a relationship. If a man reports an abusive relationship, he will run into skeptical people. But remember, escaping is always possible. What do these stories say throughout our lives to just walk away, but in reality, how easy is that with so many different emotions going on? One might love the other person, the abuser or might say it’s your fault, you may be so scared you don’t want to leave. What do you do? Talking to someone is the hardest first step. Find someone you trust; a professor, friend, parent or a guardian. Their main goal is to help you. Don’t ever think you brought it upon yourself.

If you can’t speak to anyone, call the hotline 1-800-572-SAFE (7233). This is a 24/7 phone number to access information about domestic abuse or to gain help. When dealing with an abusive partner or parent, try and talk to someone you trust. Second, leave if possible. Do not retaliate or it might egg the other person on. Always get evidence and report all of the cases. What to do if you or a family member is in an abusive relationship? Try and get them to realize it. Show them that they deserve better. Do not try and bombard them with information. Talk to them about what you have noticed and see if they realize it too. Sometimes, victims just need a friend who can see it before they do or someone who can take the first step in the conversation.

Once you get away from an abusive relationship, it is hard to leave that mental-ity. You might still hear the other person degrading you or still live in fear that he or she might come back. What can you do now? You can become an advocate and help other people who are being abused. You can also join a support group.

Collaborate on this project with others. There are many out there that try and help you move past that section of your life and try to build your self-esteem. You can learn how to improve your life by positive changes. Most importantly, you can learn all the warning signs and never go through a negative relationship again. Also, learn that you deserve better than how you were treated.

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Kimberly Asman
Staff Writer

**It’s fun!**

Group X classes are set to awesome, motivating music that will help keep you enjoying the workout. The instructors also do their best to make the workouts as fun as possible by using different routines and styles in their classes.

We all know that exercise is important. It keeps you healthy, happy and can reduce stress. The Student Recreation Center at Montclair State is a fantastic part of this campus and every student should take advantage of it, especially since you are paying to use it through your tuition. If using machines and figuring out your own workout is not for you, there are so many other ways for you to get exercise. One of the best ways to have a fun, safe and effective workout is through group exercise. The group exercise schedule is jam-packed with a huge variety of classes for all fitness levels.

**It’s harder to quit when you’re in a group**

Picture this: you are running alone on a treadmill. You are only halfway through your workout but feel out of it today and are thinking about quitting and heading home. No one’s there to stop you. Everyone in the gym is focused on their own workout, so the only person to hold you accountable is yourself. Having trouble finding this motivation? Group X can help. When you are in a group of people and attending a class knowing how long it will be, you are more likely to stick with it until the end. If you want to quit in this situation, everyone in the class would notice. This can make you find the motivation to complete your workout by staying the entire time.

**Your workout is planned for you**

There is always a ton of information circulating the Internet about which workout style and format is the “best” for your body and the fastest way to get results. It can be confusing to weed through this information and plan your own workout, keeping it safe and effective. Going to a Group X class means this is done for you. The instructors at the Rec Center are all certified to teach and put a lot of time into planning a great class for their students. You do not have to plan; just show up and listen to the instructor.

**Group X gives you a set schedule**

It is easy to tell yourself that you are going to work out tomorrow, whenever you have the time. It is even easier to get carried away in all of the other things you are doing tomorrow and somehow run out of time for a workout. Going to a Group X class gives you a set schedule that you can make sure you stick to. By setting aside a specific time and day every week, you will know that you will make that time for your workout. Writing it down could also help. If you want to go to a Group X class this week, write it down where you write all of your other commitments. Treat it as a set part of your schedule that you have to go to and you will be a lot less likely to find you can not make time to work out.

**There is something for everyone**

Whether you are into lifting weights, dancing or mind/body classes, there is an option for every type of workout. Our Rec Center offers a huge variety. With a bonus, they are all included. Classes that may cost extra at independent gyms (TIK, Insanity) are all free to students. For those who love to dance, there is plenty of Zumba and Zumba Step. Anyone into martial arts can try Brazilian Jiu Jitsu (BJJ), Toe Down Do or kickboxing. Anyone looking to increase their flexibility, strength or just to relax can try yoga and Pilates. Anyone looking for a great way to build strength can try Body Torch, Pow- er Pump, Sund Slam, Body Sculpt and Mini Band Mania. There is Hydro Fit for anyone who feels like going for a swim while working out. These are just some of the awesome classes offered this semester. Check out the schedule for a full list of classes. Remember: try to arrive to class about 10 to 15 minutes early, especially when it is your first time. Always bring a water bottle, towel and sneakers and you are good to go.

For more information, visit montclair.edu or download the Campus Rec app (“msucampusrec” in the app store) to find out this semester’s Group X schedule.
Help Wanted

Babysitter wanted 24-32 hours a week to manage 8 kids. 12:30-5 p.m. Mon, Wed, Thurs. Looking for a “take charge” person with previous experience. Non-smoker, fluent in English. Driving not necessary. Call Melissa 973-707-7088 or email Melissa007@yahoo.com

PT/After School Nanny wanted for 3 children ages 7, & 12. Mon-Fri 2:30-6:30 p.m. Requires driving kids to activities, help with homework, light cooking for kids dinner & light cleaning/organizing. Call Helen 917-658-6304 or 973-748-0876 or email helen.appelbaum@gmail.com

PT Childcare for 9 yr old girl. Mon/Tue/Wed - 3 to 7 p.m. Child has some learning disabilities, so a Special Ed student would be great, but not necessary. $12.00/hr. Call Patti 201-248-0599 or email paf0115@hotmail.com

Montclair after-school “Driver” needed for two kids ages 13 & 11. Flexible hours. Minimum weekly fee. Call Bea 973-619-5650 or email Binkowsk2@yahoo.com

PT Driving Sitter for 6 year old boy & 3 year old girl in Montclair. Boy has minor allergies, so a Special Ed student would be great, but not necessary. $12.00/hr. Call Wendy at 201-206-2851.

Montclair after-school “Driver” needed for two kids ages 13 & 11. Flexible hours. Minimum weekly fee. Call Bea 973-619-5650 or email Binkowsk2@yahoo.com

PT & PT - Little Angels School House Chatham, NJ is looking for energetic individual. Duties include implementing lesson plans & assisting with meals,nap/diapering/ potty training. Contact Jade 973-981-7800 or rumanx@littleangelschoolhouse.com

P/T Montclair Cook, Cashier, Food Runner & Driver wanted. Ruthie’s BBQ & Pizza. Call 973-569-1134.

PT Dependable / Responsible Babysitter wanted for friendly Maplewood family - 2 children 12 & 16. Tuesdays & Thursdays (Wed, possible) from 2:45 to 7:00 p.m. Driving to activities (both kids) and supervising homework (for 12 year old). Must have valid driver’s license and clean record. Also have a sweet golden retriever, so comfort with dogs is a must. Email Liz at limevil@gmail.com. Please include references.

After-School Driver/Minder for cheerful 6th grade boy. 3-4 hours, 2-3 days per week... flexible! Drive to lessons & practice, oversee homework. MF encouraged to call Elizabeth at 917-576-6220 or email Edwiler@verizon.net.

P/T After School sitter in Fair Lawn to drive kids 7/13/16 to activities, supervision, playdates & homework until 8:00 youngest. Flexible Hours! Must like dogs & cats. Email jivaviewing@yahoo.com

Helped Wanted

OSAU General Membership Meeting
Every Tuesday from 7:00 - 8:30 p.m. Student Center Cafeteria B/C
Hosted By: Organization of Students for African Unity
Contact: osu.osau@gmail.com

OSAU General Gospel Choir Rehearsal
Every Monday from 6 - 7 p.m. and every Wednesday from 6 - 7:30 p.m. Student Center Cafeteria B/C
Hosted By: Organization of Students for African Unity
Contact: mos.osau@gmail.com

Xi Iota Information Meeting
Thursday, Sept. 35 at 7 p.m. University Hall Room 2021
Hosted By: Zeta Phi Beta Sorority Inc. “Everlasting” Xi Iota Chapter
Contact: zetaphibeta.zgmsu@gmail.com

EID Dinner
Thursday, Sept. 35 at 7 p.m. University Hall Room 2021
Hosted By: Zeta Phi Beta Sorority Inc. “Everlasting” Xi Iota Chapter
Contact: zetaphibeta.zgmsu@gmail.com

To Be Known: An IVCF Coffeehouse Event
Friday, Sept. 26 at 7 p.m. Student Center Cafeteria B/C
Hosted By: InterVarsity Christian Fellowship
Contact: IVCFatMontclair@gmail.com

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EID Dinner
Isn’t it Sweet to Know Your Rights?
Tuesday, Sept. 30 at 7:30 - 9:30 p.m. Student Center Cafeteria Rooms B/C with an opening at 8 p.m.
No cost to enter.
Hosted By: Organization of Students for African Unity
Contact: mu.osau@gmail.com

RedBoard Bingo
Tuesday, Sept. 30 at 7 p.m.
Rye Center Gym
Bring two cans of food for one extra board, get up to three extra boards!
Free entry with MSU ID!
Hosted by: RedBoard
Contact: redboardsmu@gmail.com

Help Wanted

EID Dinner
Immerse in the culture of those who celebrate EID Ul-Adha at this free event! Wednesday, Oct. 1 from 7 - 9 p.m. Student Center Formal Dining Hall
Free to all students, but limited space. Contact: mongtm@msu.edu

Relay For Life’s First Meeting
Wednesday, Oct. 1 at 8:30 p.m.
University Hall, Room 1030
Hosted By: Colleges Against Cancer
Contact: msuagaintsonc@gmail.com

Sunday Night Mass
Every Sunday at 8:30 p.m.
Student Center Cafeteria B/C
Hosted by: Newman Catholic Campus Ministry
Contact: msucatholic@gmail.com

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For Rent

Save $$$ - Female Students / Grads: Summer / Fall Room Rentals May - August or 2014 school year. Furnished, across from Campus! Internet included! Single/Shared. Rooms Available May. Call 973-778-1504.

Upcoming Events

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Au Bon Pain

By Norberto Maldonado

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Shuttles by Joe Stanisbury

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When does a college cross the line when it comes to your personal information?

Robert Pierre, Junior Psychology

“I know from my Fresenian Seminar a thing or two about boundaries especially if you don’t want to share that with someone. I feel that could be violating, especially if you don’t want the school knowing what activities you’re into or get yourself into and how that could possibly affect your college career as you go on. I don’t think it’s that bad. I think as long as this information is not shared with anyone outside source, that’s not a problem, but only if it remains confidential and helps you in some type of way, then I don’t see the problem with it.”

Darlyne Janvire, Junior Psychology

“I would say asking questions about your personal life, your home life and your family, something personal that has nothing to do with education.”

Joshua Okaman, Sophomore Communications and Media Arts

“It crosses the line when they ask you how much you drink or smoke cigarettes or use recreational drugs at the beginning of your freshman year during that survey. I feel that if it’s not happening on the campus and it doesn’t involve the school, then it’s none of their business to be asking you about that.”

Rachel Polak, Junior Television and Digital Media

“I think asking many personal questions, such as asking someone about their first time or any sexual questions, I feel that is too embarrassing and disrespectful especially if I am too young to be making my freshman year during that survey. I feel that if it’s not happening on the campus and it doesn’t involve the school, then it’s none of their business to be asking you about that.”

Tatiana Ignatowicz, Junior English

“So I was at the Health Center. I had to go for an appointment and the doctor asked me so many questions like if I drink and if I smoke and where do I do those things. I don’t think it was really necessary to know where. She asked me a lot about what I eat and drink and how much coffee I drink and what size cups I use. I don’t think that was necessary.”

With the rise of social media, many colleges and universities have come into the spotlight because of their controversial investigations into students’ personal lives. But one school has recently taken personal invasion to the extreme, Clemson University, a public institution in South Carolina, has made headlines for requiring that students and staff fill out a mandatory survey as part of a course about Title IX, a document which deals with gender-based discrimination and sexual violence in educational environments.

Officials at Clemson hoped that they could better address students’ concerns about Title IX by asking them to share information about themselves and their attitudes toward sexual violence, thus forming a foundation to work from in future discussions about sexual harassment and assault. Although the survey seemed innocent enough, it started to raise concerns with students and staff alike due to questions which probed too deeply into students’ personal lives. Questions such as “How many times have you had sex?”, “How many sexual partners have you had?” or even “Do you drink or do drugs?” required students to reveal personal information about themselves to the administration of the school. Although the surveys were said to be anonymous, students were required to sign into an online course with their student identification number and name in order to take the survey.

Not only were those questions uncomfortable to answer, but they were also impertinent to the issues they were supposed to address in Title IX training programs. Of some of the other questions asked students whether they had less than four sexual partners, if they were sober at the time of their sexual assault or students who have had less than four sexual partners. Therefore, to demand students to reveal this information to the school, even for anonymous statistical purposes, is wholly unnecessary and propagates implications of victim-shaming in a course which is intended to inform students about how the university can protect them in issues of sexual violence.

Clemson distributed this survey as part of their mandatory sexual violence education, as all universities which receive federal funding are required to provide Title IX training to new and returning students and staff, according to Emanuella Grinberg for CNN. There is no set format for this education, however, and colleges can create whatever Title IX training programs they feel are suitable for their institution.

As college students, we feel that education about issues of sexual violence is important, but not at the cost of making students self-conscious about their personal choices and uncomfortable about the amount of personal information they are required to reveal about themselves. What may be a more constructive survey that still addresses the campus’ familiarity with issues of sexual violence is a true or false or multiple-choice test about sexual violence on college campuses. A question like, “True or false: a person in a committed relationship cannot be sexually assaulted” offers a better evaluation of how much students already know and what information about sexual violence needs to be emphasized in the Title IX training programs. Some of the other questions in Clemson’s survey which asked students how they would respond to varying scenarios of sexual violence seem to constitute a much better approach to sexual violence education.

We understand that addressing sexual violence can be a challenging issue for universities, but if college厭seeks less on the personal and more on the educational, then we feel that issues like that which Clemson is currently facing would be few and far in between.
**Shuttle Trouble in Red Hawk Country**

by Kristen Bryfogle, Opinion Editor

Shuttle services are on point—part of the main campus. During the semester, the NJ Transit Deck, transports students to many aggregate, it also means that for students to work and continue their education, it offers many open spaces. While this great area of land and the whole campus spanning about 250 acres of campus is a safe campus and suspicious and criminal activity is always reported and investigated. Yet, walking alone at night can cause anxiety even in safe conditions, especially in the areas of campus which are not as well-lit as others, such as the path to the Transit Deck and some of the areas around the library on main campus.

The Nextbus application is not as efficient and reliable as it seems. Many resident students work at both on-campus positions and off-campus positions and to take the shuttle to their residence hall late at night is to play Russian Roulette with Nextbus and the all-campus shuttle.

When there are no predictions yet the shuttle is allegedly still running, you take the risk of waiting up to 20 or 30 minutes for it, only to have it not show up and for you to walk back even later than you intended to take the shuttle. Get it not show up and for you to walk back even later than you intended to take the shuttle. The Nextbus application is not as efficient and reliable as it seems.

The students can reach their locations, many do not know about or use these resources and much unease walking alone in the dark could be fixed by a more dependable Nextbus application.

With a more dependable Nextbus application, many troubled cross-campus walkers could find a way home in the safety of a shuttle, no longer victim to the "no current predictions" message. Kristen Bryfogle, an English/Classics major, is in her first year as the Opinion Editor for The Montclarion.

**Have an Opinion?**

**Email:** msuopinion@gmail.com

**Let your voice be heard**

The Montclarion
To say things are starting to hit the fan in Charm ing would be a gross understatement. Executive producer and writer Kurt Sutter is building an excellent sense of tension and suspense for the final season of his show and thank goodness he’s executing it in an intriguing way. The amounts of lies that are causing such catastrophic destruction are going to manifest themselves in a way that I cannot wait to see. As always, the cast carries the complex script in natural fashion, with Charlie Hunnam again proving so far this season that he’s quite the capable leading man without any sort of recognizable idiosyncrasies that Ron Perlman provided in past seasons.

One of the biggest moments I was anticipating arrived this episode when Juice finally confronted a member of the MC. This scene was handled with the same underlying tension that has been defining this season so far and, needless to say, waiting week-by-week to see what unfolds is going to be so nerve-wracking.

This episode also featured some nice character moments that the cast portray so well. Even with relative show newcomers like Jimmy Smits, whose Game-runs such of his scenes to soaring heights, it’s no wonder that the cast is so dynamic. Charlie Hunnam in particular has really cemented his status as a great leading man. Let’s hope he takes up more interesting projects after the show ends. Pacific Rim was a fun step in the right direction for him.

On the technical side, this episode didn’t really feature any stand-out moments, but that was thankfully made up with a script that moved with a swift pace and didn’t feel like filler. Things are only moving quicker and quicker, and hopefully this trend sticks for the remainder of the season.

All in all, this was a good addition for the season. It’s continuing to lay the building blocks for what is going to come, but sooner or later, the blocks are going to fall. A lot of blood is being spilled in Charm ing and SAMCRO is pulling a lot of sticks for the remainder of the season.

In the end, I’m going to say that after each episode, things are not going to end pretty.

Lana Del Rey “Meet Me in the Pale Moonlight”

This is not Lana’s typical sad song, as it is more upbeat and faster. It’s also a rare find because it’s actually not on her album. This track leaked online before the album was released. If you haven’t heard it, you should give it a listen. You’ll have to Google it because you won’t find it in the iTunes store for purchase.

Sylvan Esso “Habits (Stay High)”

Sylvan Esso is an alternative duo of Amelia Meath and Nick Sanborn. According to theluminaryarts.com, Sylvan Esso was not meant to be a band; the couple actually met when they were under separate names, and Amelia asked Nick to put his twist on her song. After the success of the song, the two became a band together.

Jasmine Thompson “Rather Be”

This song has a catchy beat to it. It’s basically another song about a guy loving a girl and saying he’ll wait for her, minus the mushy love mood. The Strokes is an alternative rock band that formed in 2001 and was very popular in the UK. They have five albums out, but none are as popular as their debut, which includes their most popular song, “Last Nite.”

Tove Lo “Habits (Stay High)”

This is Tove’s second song about drugs, the other one being “Not on Drugs.” Although the song lyrics are funny, the beat is sure to make you laugh as well. If you haven’t heard this on the radio yet, you probably will just opened for Katy Perry on Monday.

Tove Lo is a Swedish 24-year-old who was originally named Karolina Ellisson. "Habits" is her second song about drugs, the other one being “Not on Drugs.” Although the song lyrics are funny, the beat is sure to make you laugh as well. If you haven’t heard this on the radio yet, you probably will just opened for Katy Perry on Monday.

The Strokes “Undercover Drake”

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Vocationizer “Paradise Waiting”

This song will take you right back to summer! It has a tropical tone that will make you feel like you’re back on the beach. Just like the name, this alternative band of four guys perform all relaxing songs. Vocationizer was formed in 2011. They are based in Pennsylvania and tour all around the country. Next time you’re stressed or just miss the summer, go on “vocation” with their lyrics.

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Offerman, who is also a... woodworker, Offerman is also very ar... Pride and Prejudice. She is referring to comedic actor Nick Of... r at least 220 attendants. "If you were here last year, then you know how awesome tonight will be," said... own Cornetto, his name of his cowboy alter ego – his answer was "Wild Bill". Offerman told the crowd that he plans on filming indie... -based or social media post in the near future, that is if he doesn't get... for his personal favorite Ron Swanson line, he said, "When I eat, it is... name of his cowboy alter ego – his answer was "Wild Bill". 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I don’t think any show either debuting or returning this season has stirred as much hoopla as Fox’s Gotham and it’s not hard to understand why. The new series is inspired by the world of one of the most beloved comic book characters of all time: Batman.

While it’s difficult for many superheros to have a mainstream appeal outside of the comic books, the caped crusader has been one of the few to transcend the comic book boundaries and become a staple of American pop culture. When it’s announced that there will be a television series focusing on a few main characters, establishes their basic personalities, gives them a light conflict to resolve and begins to set up the overarching storylines of the series… With Gotham, we’ve thrown right into the thick of the action as we focus on rookie Detective James Gordon (Ben McKenzie) and veteran Detective Harvey Bullock (Donal Logue) investigating the murder of Thomas and Martha Wayne. Even though this show focuses on a few main characters and too many big moments thrown into this first episode, as a whole, there’s no real time for any of the story threads to breathe and for some pivotal dramatic moments to have that much emotional impact. None of these storylines are bad; in fact, most of them are actually very enticing so far. I won’t say that anything’s simply doesn’t feel like an arduous connect-the-dots game from A to Z. While the pilot hits the ground running by throwing us into the midst of several storylines, that’s also the episode’s weakness. I won’t say that anything’s incoherent or difficult to follow, but I think that the pilot is somewhat too busy for its own good. I feel like there are too many plotlines, too many characters and too many big moments thrown into this first episode. As a result, there’s no real time for any of the story threads to breathe and for some pivotal dramatic moments to have that much emotional impact. None of these storylines are bad; in fact, most of them are actually very enticing so far. I simply believe that the writers of this show could’ve easily spaced out the plotting of this episode into two or even three episodes worth of story, that’s the denseness this episode had, folks.

My other gripe with this pilot is the characterization of Detective Gordon. I feel that for a rookie detective, he’s written as too perfect a character. He always seems to be on top of things, he always says the right thing at the right moment and his only flaw seems to be Harvey Bullock, but the character requires some more complexity to fit with the other, far more dynamic characters of the show. Enough complaining though, let’s get back to what this pilot excels in.

Every actor of the ensemble has been perfectly cast in their role. Whether it’s Ben McKenzie’s strong work as James Gordon, Donal Logue’s scene-stealing turn as Harvey Bullock, Robin Lord Taylor’s creepy turn as Oswald Cobblepot or Jada Pinkett Smith’s surprisingly menacing work as crime lord Fish Mooney, everyone is giving total commitment here. The production design of the show is also solid, managing to evoke a gritty, noir-like atmosphere to Gotham that perfectly fits a crime-ridden city before superheroes and supervillains began battling in the streets. Unlike Marvel’s Agents of S.H.I.E.L.D., this doesn’t feel like a cheap, watered-down version of a movie universe and evokes the tone of a network crime drama like NCIS.

This is the rare show based off of popular source material that can actually stand on its own without having to read a single Batman comic book. It feels fresh and new while still being respectful to what made Batman so popular to begin with. I’m excited for what follows next after this ambitious beginning chapter of what could be a great new television show.

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Alexandra Tinder, Blogger

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**Running With the Red Bulls**

**New York Red Bulls notch huge win over Seattle**

The New York Red Bulls defeated the Seattle Sounders FC 4-1 on Sept. 20, holding on to fourth place in the Eastern Conference.

In the 89th minute between the Red Bulls and the Western Conference opponents, Bradley Wright-Phillips stunned fans in the Red Bull Arena in Harrison, N.J. by scoring a hat-trick.

After Sounders goalkeeper Stefan Frei saved a shot on Ambrose Ogumбо Obita, Wright-Phillips opened the scoring at 29 seconds, sending the rebound into the back of the Sounders' net.

In the 48th minute, Wright-Phillips scored again, successfully converting a penalty after teammate Lloyd Sam was fouled by Dylender Remick on the edge of the penalty area.

With the pitch still covered in white smoke from the fans' celebration of his second goal, Wright-Phillips scored a third goal in the 55th minute, sending a right-footed ball into the center of the Sounders' goal.

Wright-Phillips currently leads the league in scoring.

With the Red Bulls leading 3-0, the Sounders substituted Kenny Cooper for Clint Dempsey, the captain of the U.S. men's national team, in the 61st minute.

Two minutes later, Dempsey, with an assist from Lamar Neagle, sent the ball past Red Bulls keeper Luis Robles, bringing the score to 3-1.

Tim Cahill, who replaced Wright-Phillips in the 58th minute, quenched the hopes of Sounders fans by scoring a fourth goal for the Red Bulls only three minutes after Dempsey's goal.

With the final score at 4-1, the Red Bulls broke the Sounders' four-game winning streak.

Only 10 teams, five from each conference, will qualify for the postseason playoffs.

The Sounders, who lead the Western Conference with 34 points, have already qualified for the 2014 MLS playoffs as they cannot fall below fifth place in the Western Conference, even if they lose their remaining six games.

With the best regular season record, the Sounders also lead the race for the Supporter's Shield.

The Red Bulls, who won the Supporter's Shield last season, are fourth in the Eastern Conference with five games left in the regular season.

On Sept. 28, the Red Bulls will play against the LA Galaxy, another Western Conference opponent, at the StubHub Center in Carson, Calif.

The Red Bulls possess fourth place by only one point over fifth place Columbus Crew. They are also only one point behind the New England Revolution for third place. Third would give them a first round bye while fourth and fifth means they would have to play in the first round. Los Angeles is currently tied for first in the Western Conference with the Seattle Sounders, yet Seattle has a game in hand over the Galaxy. Both teams head into a huge game this upcoming weekend.

**NFL WEEK 4 PREDICTIONS**

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**Mens Soccer**

**Continued from Page 20**

**Shakeema Edwards**

**Commentary Writer**

The New York Red Bulls defeated the Seattle Sounders FC 4-1 on Sept. 20, holding on to fourth place in the Eastern Conference.

In the 89th minute between the Red Bulls and the Western Conference opponents, Bradley Wright-Phillips stunned fans in the Red Bull Arena in Harrison, N.J. by scoring a hat-trick.

After Sounders goalkeeper Stefan Frei saved a shot on Ambrose Ogumbo Obita, Wright-Phillips opened the scoring at 29 seconds, sending the rebound into the back of the Sounders' net.

In the 48th minute, Wright-Phillips scored again, successfully converting a penalty after teammate Lloyd Sam was fouled by Dylender Remick on the edge of the penalty area.

With the pitch still covered in white smoke from the fans' celebration of his second goal, Wright-Phillips scored a third goal in the 55th minute, sending a right-footed ball into the center of the Sounders' goal.

Wright-Phillips currently leads the league in scoring.

With the Red Bulls leading 3-0, the Sounders substituted Kenny Cooper for Clint Dempsey, the captain of the U.S. men's national team, in the 61st minute.

Two minutes later, Dempsey, with an assist from Lamar Neagle, sent the ball past Red Bulls keeper Luis Robles, bringing the score to 3-1.

Tim Cahill, who replaced Wright-Phillips in the 58th minute, quenched the hopes of Sounders fans by scoring a fourth goal for the Red Bulls only three minutes after Dempsey's goal.

With the final score at 4-1, the Red Bulls broke the Sounders' four-game winning streak.

Only 10 teams, five from each conference, will qualify for the postseason playoffs.

The Sounders, who lead the Western Conference with 34 points, have already qualified for the 2014 MLS playoffs as they cannot fall below fifth place in the Western Conference, even if they lose their remaining six games.

With the best regular season record, the Sounders also lead the race for the Supporter's Shield.

The Red Bulls, who won the Supporter's Shield last season, are fourth in the Eastern Conference with five games left in the regular season.

On Sept. 28, the Red Bulls will play against the LA Galaxy, another Western Conference opponent, at the StubHub Center in Carson, Calif.

The Red Bulls possess fourth place by only one point over fifth place Columbus Crew. They are also only one point behind the New England Revolution for third place. Third would give them a first round bye while fourth and fifth means they would have to play in the first round. Los Angeles is currently tied for first in the Western Conference with the Seattle Sounders, yet Seattle has a game in hand over the Galaxy. Both teams head into a huge game this upcoming weekend.
Who’s Hot This Week

Allen Phillips
Defensive Back - Football
Phillips earned NJAC Defensive Rookie of the Week for his performance against Division II Lincoln University. He amassed nine tackles and 2.5 sacks.

Who’s Hot This Week

Kaila Fasano
Forward - Women’s Soccer
Fasano earned NJAC Offensive Player of the Week after netting a hat trick and an assist against New Jersey City University in MSU’s 8-0 win.

Current Stats
Solo Tackles - 12
Assist. Tackles - 4
Sacks - 3.5

Game of the Week

Womens Soccer
vs. Richard Stockton
Sept. 27, 6 p.m.
MSU Soccer Park

The Lady Red Hawks will look to capitalize off of a win in their NJAC opener. Montclair will recognize the 2004 team that won the NJAC Championship for the first time ever.

For updates, check out: www.montclairathletics.com.

Current Stats
7 Games Played
3 Goals
16 Shots on Goal

Red Hawk Round Up

Volleyball
The Lady Red Hawks went 3-0 in the past week. They defeated City College of New York and St. Joseph’s-LI in Patchogue, N.Y. over the weekend. On Sept. 23, they won their first NJAC game, winning straight sets over Rowan.

Montclair State will travel to Williamsport, Pa. to participate in the Lycoming Tip-Off Classic. Their first match will officially be an away match against Lycoming College on Friday, Sept. 26 at 4 p.m. Their next match will take place at St. Joseph’s-LI on Sept. 24. They will then play Richard Stockton on Sept. 27 and William Paterson on Oct. 1. Those NJAC games will be the second and third on the season for the Red Hawks. All three games will be held at MSU Soccer Park.

Field Hockey
After their win over Misericordia University, Montclair State had seven days to prepare for their next game against SUNY Cortland. In that game, Montclair State won in OT in dramatic fashion.

On Sept. 24, MSU will take on Kean at Sprague Field. Following that, they will travel to Albany, N.Y. to take on Middlebury College in a neutral match. On Sept. 27, they will play the Stevens Institute of Technology in Hoboken, N.J.

Womens Soccer
Montclair State had another successful week, going 2-0 against FDU-Florham and New Jersey City University. They defeated the former 6-0 while taking care of the latter 6-0.

The Lady Red Hawks will have three more games in the upcoming week. They start their three-game homestand against St. Joseph’s-LI on Sept. 24. They will then play Richard Stockton on Sept. 27 and William Paterson on Oct. 1.

To round out the week, the Red Hawks will travel to Mahwah to take on the Ramapo Roadrunners in their third NJAC match.

Celebrating 10 Years!!
The Montclair State Red Hawks represented Division III at Sprague field in an inter-division matchup with the Division II Lincoln Lions. The Red Hawks came away with a very convincing 27-14 win behind running back Nieves’ 191-yard performance. The drive was capped off with Nieves’ first touchdown of the game from five yards out. The Lions came right back with a touchdown of their own after quarterback Doug Cook connected with tight end Kenny Faulcon on a 38-yard touch- down pass to tie the game up.

In the second quarter, Montclair State put together a three-play, 59-yard drive capped off with Nieves’ second straight and move into the bye week with some confidence.

After holding the Lions on their first drive and forcing them to punt after two sacks, the Red Hawks marched down the field in their first drive. The drive was capped off with Nieves’ first touchdown of the game from five yards out. The Lions came right back with a touchdown of their own after quarterback Doug Cook connected with tight end Kenny Faulcon on a 38-yard touchdown pass to tie the game up.

In the second quarter, Montclair State put together a three-play, 59-yard drive capped off with Nieves’ second touchdown of the day. The 16-yard run gave MSU a 17-7 lead. The Lions were set to punt the ball back to the Red Hawks, but an untimely Roughing the Kicker penalty gave the ball right back to Lincoln with new life. The Lions made the most of the opportunity with another Cook-to-Faulcon connection for 27 yards and another equalizing touchdown. With about 90 seconds left in the half, the Red Hawks found a way to shift the momentum back to their side with Nieves’ third touchdown of the game. The one-yard run put MSU back into the lead going into halftime.

With just over four minutes left in the third quarter, Nieves registered his fourth touchdown of the game and gave Montclair State a permanent 27-14 lead after John Schubert’s extra point did not convert. The Red Hawks shut down the game after that and drained out the clock to seal the deal.

The Lions ran the ball twice in the first half and had a seemingly questionable strategy relying heavily on the pass. The Red Hawks adjusted and covered wide receiver Akeem Jordan well. Despite Jordan recording over 110 yards, he did not get into the end zone, despite having a plethora of catches and targets. Lincoln tried to run it slightly more in the second half, but it was too late to change their plan. Montclair State turned in a strong offensive performance with 421 total yards including 282 rushing yards. Backup running back Terrance Turner posted a solid game as well with 91 yards and 7.6 yards per carry. Nieves turned in a career-best performance of 191 yards, four touchdowns and 9.1 yards per carry.

2014 NJAC Football Standings

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<thead>
<tr>
<th>School</th>
<th>Overall</th>
<th>Streak</th>
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<tbody>
<tr>
<td>Montclair State</td>
<td>2-1</td>
<td>W2</td>
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<tr>
<td>Morrisville St.</td>
<td>2-1</td>
<td>L1</td>
</tr>
<tr>
<td>William Paterson</td>
<td>2-1</td>
<td>W1</td>
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<tr>
<td>Rowan</td>
<td>1-2</td>
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<tr>
<td>Southern Virginia</td>
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Montclair State State

The mens soccer team had a chance to make a statement this past weekend. After suffering from key losses in recent weeks, the Red Hawks took the field on Saturday against the defending national champions and first-seeded Messiah College; this was a huge opportunity to turn things around.

After entering the season with high predictions and a spot in the top ten, the Red Hawks continued to move to lower seeds throughout the first couple weeks of play. They were knocked from a #5 seed rank to a #16 seed after their first two games ended with them outscoring their opponents 12-0. But after suffering, two crucial losses to SUNY Cortland and Wharton College resulted in their removal from the NSCAA Coaches Division III ranking.

Things were looking positive for the Red Hawks during the first half of their game against Messiah on Sept. 20. Junior Max Wurzburger got a shot off only six minutes into the game but was stopped on a diving save from Messiah keeper Brandon West. Montclair State’s defense prevented two close scoring opportun- ities when Tyler Daly cleared out a Messiah shot with a header. Not even a minute later, Red Hawk goalkeeper Mike Gonzalez blocked a shot from Messiah forward Jack Thompson. Although the defending champs out-shot MSU 12-4 in the first period, the Red Hawks were able to hold them to a stalemate into the half with no score.

The game changed entirely when the teams re- turned to the field for the sec- ond half. It only took 90 sec- onds for Messiah to capitalize on a mixup in front of MSU’s net. After Gonzales deflected a shot by Thoman, the ball was up for grabs near the right side of the post. Messiah mid- fielder Jeremy Payne used this rebound to his advantage and stuck the ball past Gonzales for a 1-0 lead.

Montclair State would

Mens Soccer Loses D3 Ranking

Red Hawks fall to No. 1 Messiah College in close game

Jenna Basore

Sports Editor

Despite recent losses, the mens soccer team won the battle of the New Jersey Athletic Conference opener against William Paterson University. The men’s soccer team had their next week off to prepare for their NJAC opener against William Paterson University. That game will be on Oct. 4 in Wayne, N.J.