Graduating students gathered at Izod Center last May.

Photo courtesy of Mike Peters.

Attacks in Paris Put Freedom on the Line

Aneja Rahimzadeh
Entertainment Editor

During the early afternoon of Jan. 7, 2015, the French satirical magazine Charlie Hebdo was the target of two armed Islamist gunmen who opened fire on the magazine’s headquarters in Paris, France, killing 12 people including two guards and most of the editorial staff.

Their motives for the attack were due to the often offensive depictions of Islam and the prophet Mohammed that the magazine often published.

Freedom continued on Page 12

Izod Center Closes its Doors

Jayne Gugliucci
Entertainment Editor

Walking up to the stage embellished in red decorations, plaid in a sea of cheering classmates, there is possibly no greater feeling than graduation. After four or more years of dedications, students finally earn the right to stand before their family and friends as a graduate of a university known for its pride.

However, the traditional atmosphere of commencement may be in jeopardy for the location for the much awaited ceremony takes to a struggling arena.

Though the arena had proved an essential piece of the Meadowlands Sports Complex for 34 years, other venues have been on the rise and have certainly been acting as tough competitors for the much older arena. In turn, the Christie Administration announced plans earlier this month to close the struggling arena.

Shadowed with years of decline, the Izod Center will be closing in the early months of Spring, making its 18,000 seat unavailable to the thousands of Montclair State students wanting to graduate. Despite the close arising on such short notice, the University has been searching for another venue since the announcement first hit the news. Though no notice has been made official by the administration itself, students have begun to speculate other options for their grand farewell.

Among these possibilities, Newark’s Prudential Center has been the most talked about choice among students. With some of the Izod Center’s bookstores in the Student Center, it is speculated that the new location nearly twice as big.

In addition to a larger venue, students now have access to features such as an ICEE machine, a larger selection of ice cream and treats, as well as an even larger variety of bottled beverages.

The Final smoothie and milkshake machine that used to be located in Blanton Hall has also now found a new home in the Student Center store.

Perhaps the biggest difference is the complete remodel of the structure of the C-store.

“Visually, we wanted to make it more attractive, so we made it look where everything is,” Dining continued on Page 2

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MLK Day of Service Connects Montclair State Community

Peter Shearer
Staff Writer

Upon opening at 8:45 a.m., the Martin Luther King Jr. Day of Service filled many of its events to their capacity in the Student Center Ballrooms where numerous vibrant participants ready to help their community.

“You are the embodiment of citizenship,” said Dr. Leslie E. Wilson, a History professor. Wilson emphasized the day is about making a difference and that it’s a “day to give.”

Wilson’s focus of what a hero truly is an insight into what the day means. Taking up a task for Obama, but the next two may reveal a light at the end of the tunnel for students interested in furthering their education.

Entertainment, p. 14

Oscar Nominations Show No Diversity

News, p. 2

Police Blotter

The most recent news involving campus police at Montclair State.

Feature, p. 2

Resolutions for a New Year

Opinion, p. 11

The Price is Right: Community College Edition

It’s been a rocky six years for Obama, but the next two may reveal a light at the end of the tunnel for students interested in furthering their education.

Entertainment, p. 14

Oscar Nominations Show No Diversity

Sports, p. 20

Red Hawks Flying High

The Montclair State Women’s Basketball Team recently suffered their first loss of the season to Richard Stockton.

MLK continued on Page 3

“Your identity is your citizenship.”

- Dr. Leslie E. Wilson

Montclair State History Professor
The first issue of The Montclarion, then named The Pelican, was published on Nov. 28, 1928.

The Montclarion willingly corrects its factual errors. If you think there is mistake in a story, please call Ed Hor-ior in-Chief Catherine at ext. 5230.

The Village at Little Falls: Girl, 15, was arrested and charged with criminal mischief.

Dining: Innovative Ideas Come to Life

New changes to dining services well-received on campus.

On the salads, sandwiches, pastas, as well as some snack items. There are also Au Bon Pain soups.

Several students are excited about the changes to the C-store, and believe the updates were much needed. "I believe the changes were necessary," said junior Sharbel Aldabain. "The previous layout of the estabishment was too congested and difficult to navigate when there was a large number of people inside at once. The newer layout has a much better flow; it also looks more aesthetically pleasing."

"I love how much bigger the C-store is," said junior Cynthia Armand. "It's much more spacious."

Students who are constantly on-the-go also have a few options to make dining on campus easier and faster, including the utilization of Tapingo. According to Anderson, “Tapingo is a food tracker to keep customers updated on the status of their food and sends a text-message notification when their food is ready for pick-up. Tapingo is currently implemented at 2mato, Chop’d, Einstein Bagels and Chi’s Express. It will shortly be implemented in the Red Hawk Diner once the current technical issues are resolved.

In addition to Tapingo, resident students also have an option for more grab-and-go meals from a second C-store that has opened in Sam’s Place. According to Anderson, the C-store in Sam’s is about a quarter of the size of the one in the Student Center and it focuses more on coffee and quick-service items. There is also a Starbucks coffee machine that makes espresso, lattes and specialty coffees," said Anderson. "There is more of a focus on the salads, soups, sandwiches, pastas, as well as some snack items. There are also Au Bon Pain soups."

The C-store in Sam’s is designed for residential students who want more of a grab-and-go option to bring on their way to class or a meal replacement option to bring back to their room to microwave. There will also be meal replacement options, which will be pre-packaged meals that come with heating instructions for students to make simple meals in their rooms such as toasted turkey and stuffing with stuffing and chicken parmesan over spaghetti.

New changes to dining services well-received on campus.

Located more identifiable," said Lindsey Anderson, Marketing Manager of MSU Dining Services. "There is also a more centralized menu and condiment area, similar to what you would see in a Hudson News stand in an airport or train station."

The Montclarion is published by Montclair Publishing, Inc. published weekly, except during examinations, summer and winter sessions. The Montclarion is funded by student fees distribu-
“The symbol of the Red Hawk, like similar symbols on campuses across the country and in the larger society, will help engender and support a sense of belonging to a community, a sense of the spirit and values of the University, a sense of obligation to future generations of students, a deeper sense of pride in students’ academic efforts and achievements and a stronger commitment to the purposes of education in a democratic society.”

- President Cole, Montclair State University

“Is its intent great and the purpose that it’s supposed to serve is honorable. But the extensive amount of money is unnecessary when there are other issues that need to be tended to.”

- Megan McDonough

Junior Organizational Communication major

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Montclair State hosts several Days of Service throughout the year. Just as Wilson informed everyone the day before, they all had significance. Many MSU students and non-students attended the service in great numbers, where they exemplified the precedent King left for future generations. In particular, the YMCA, Montclair Fire Department, Montclair Farm and many other services were available for all participants. Participants displayed ample enthusiasm to contribute to the many services provided; the day embodied the vision King had prior to his tragic death on April 4, 1968.

During the Winter Student Residences Training Sessions, John Delano, Executive Director of Residence Life at MSU, claimed that the number-one priority to happiness is “giving back” to someone or the community. This is exactly what the MLK Day of Service proved. Many engaged with the services showed enthusiasm and happiness along with the people they assisted. At the Fire Department, the firefighters, participants and the people that received the services all displayed those two aspects throughout the entire day. Those that participated in the MFD’s service walked up and greeted local Montclair residents while offering fire safety tips along with free smoke detectors if the resident was interested. Appreciation was given and received at a high rate all throughout the day.

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Photo © Chloé Gwinner
Though it’s now bitter cold with winter in full swing, here are some examples from students and a few additional tips on what to wear on those milder days when it isn’t less than 40 degrees.

Another comfortable piece you’ll probably opt for a lot during the cold months are leggings. They are very versatile in that they can go from the gym to the mall. Simply throw on a long top, jacket and scarf and you’ve got an instant outfit. To accessorize, go for a long necklace and a cool hair accessory, like a head wrap or bow. Leggings also look great with oversized sweaters for a quick outfit.

Just like crop tops being transitioned into colder weather, so can denim shorts. Pair yours with knee or thigh-high socks, tights or leggings. Then add a sweater or long-sleeve crop top and a jacket. A beanie hat looks great to accessorize with. Try going for a graphic one to really make a statement. Just a graphic tee, beanies with funny sayings such as “Whatever” or “You can’t sit with us” are great conversation starters. Why not try making one with iron-on letters in your spare time?

One real struggle is trying to stay warm while still being fashionable. One of the best tricks is wearing layers. Wearing a sweater, specifically a fuzzy, oversized cardigan, under a flannel is a perfect example of staying warm and fashionable. Since your arms and chest are warm, you have the ability to be a little riskier on bottom; for example, you could pair it with a skirt and knee socks. It’s all about a balance between tops and bottoms. Knee socks over tights are also a fashionable way of layering in style.

Lastly, jewelry is another easy way to spice up an outfit. Just pile all your bracelets on one arm, from rainbow loom and beaded to fancy chains for an instant look. Also, stack on some rings. If you don’t have much of them, spread them out on each finger. This look is perfect for casual outfits like jeans and a top or to add style to a dress or skirt. Just try to wear them with something short-sleeve or roll your sleeves up to show off your arm candy.

Cold weather doesn’t have to cramp your style. Just think of all the photos you’ll have to show friends in your fabulous winter outfits! I hope this helps you out and I wish you an amazing winter. Good luck on starting classes and be sure to check out my blog for more awesome fashion @montclair_state_style!

What are Students Wearing?

Jessica Mahmoud
Staff Writer

<table>
<thead>
<tr>
<th>Outfit Details</th>
</tr>
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<tbody>
<tr>
<td>Everything is from Delia's except crop top: Pacsun. Watch: Michael Kors. Bracelets: Lily and Laura attached gift. Favorite quote? &quot;Live life to the fullest.&quot;</td>
</tr>
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A new year makes for new styles when coming back for the spring semester...
New Year, New Workouts

Follow this 10-Point checklist to gain the most from your workouts

James Carpentier
Contributing Writer

1. Dynamic Warm-Up. Before you head for the first available bench, squat rack or machine, fitness experts stress the importance of properly warming up the muscles and joints to minimize injury and maximize training results. Rather than walking five minutes on the treadmill or spinning on an stationary bike, a far better alternative is performing a dynamic upper and lower body warm-up such as walking forward (forward and laterally) while doing arm circles or arms extended at shoulder level and doing clockwise and counterclockwise motions, for two or three sets of 10.

2. Pushing Movements. Always include a few sets of pushing exercises such as push-ups, bench presses, overhead presses, medicine ball push-outs or machine presses and presses using free weights, cables or med balls, for example.

3. Pulling Movements. For upper body symmetry, make sure you include pulling movements such as pull-ups, chin-ups, bent-over rows, seated rows, pull-downs.

4. Leg/Hip Exercises. Always include some lower body and leg and hip exercises for each workout. This includes forward, side, reverse or diagonal lunges, step-ups, wall squats, free weight squats and leg presses. Training the lower body and upper body optimally boosts fat-burning metabolism rather than just doing split-body workouts; for example, upper body muscle(s) one day and lower body muscle(s) the next workout.

5. Balance Exercises. Balance and stability is important on and off the field. Including some balance-enhancing exercises in your workouts can help prevent injury. Balance exercises are also more challenging when performed on one foot, including single leg squats, upper body exercises done with one foot off the floor such as rows and overhead presses or balancing on a disc or board.

6. Core-Strengthening Exercises. Building a strong core is essential for improved sports performance as well as preventing typical lower and middle back soreness. This also deters injury from daily movements such as bending and reaching overhead, for instance. Include one or two core-strengthening exercises for the abdominal and back muscles every workout such as prone, side or supine planks, seated med ball twists, med ball chops or Supermen.

7. Endurance Exercises. Upper and lower body endurance exercise are fundamental for each training session. However, don’t forget to mix in some endurance exercises to build up aerobic capacity for climbing stairs or walking or running long distances. Some examples of endurance exercises include jogging in place for 30-60 seconds, performing as many step-ups on a bench in 30-60 seconds or doing Mountain Climbers, which is a push-up position that involves moving each leg toward your arms quickly for 30-60 seconds.

8. Cool Down Upper/Lower Body Static Stretching. Performing upper and lower body static stretching (while standing, seated or supine) not only helps bring the heart rate down following intense exercise, but also promotes flexibility and greater range of motion and can help eliminate post-exercise muscle and joint soreness. Hold each stretch without bouncing in a comfortable range of motion for 10-20 seconds. Some stretching examples include a sit-and-reach stretch for the hamstrings and a standing overhead stretch, or interlacing fingers and extending arms overhead, for the shoulders.

9. Hydrate Before, During and After Workouts and Have a Small Pre-Workout and Post-Workout Meal. Nutrition is the key complement workouts and boost exercise recovery. Consuming water before, during and after workouts between exercises not only ensures hydration to get you through each workout but also minimizes inflammation. Nutrient-dense carbohydrates and proteins such as fruit and yogurt, which should be consumed at least an hour before exercise to allow for digestion and a post-workout meal comprising a higher ratio of carbohydrates to protein (e.g. a banana and a peanut butter sandwich) to enhance recovery are key.

10. Regularly Get at Least Eight Hours of Sleep. Just as nutrition complements exercise, regularly getting adequate sleep will recharge you for the next workout. If you skimp on sleep, chances are you’ll be too tired to work out and if you do exercise, the training will be compromised. Studies also show that getting less than seven hours of sleep each night diminishes fat-burning metabolism and interferes with building muscle and recovery between workouts.
Resolutions for a New Year!

James Carpenter  
Contributing Writer

Make adequate sleep a number-one priority.
If you found yourself consistently getting less than seven hours of sleep each night in 2014, add another hour or two so you’re getting at least eight or nine hours of sleep in 2015 as recommended by health professionals. Regularly getting those seven to nine hours of sleep overnight improves mood and alertness the next day, aids recovery after exercise and sports, boosts the immune system so you’re less likely to get sick during cold and flu season, protects against heart disease and helps metabolism so you’re less prone to add body fat. Some general sleep tips: Try going to bed the same time every night including weekends and rising around the same time the next morning to set your internal body clock so it’s easier to fall asleep each night and wake up each morning. Keep the bedroom cool, dark and quiet for enhancing quality deep sleep. Finally, avoid alcohol, caffeine and heavy meals late in the day that disrupt sleep.

Make nutrition a number-two goal.
Carry that water bottle throughout the day and refill it often. Water energizes, is an anti-inflammatory and prevents dehydration, which compromises mental and physical performance. Nutritional advocates advocate minimizing consumption of processed foods and beverages and increasing consumption of more natural foods and beverages. You’ll not only feel better but you will also enhance immunity and mental and physical function.

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Spend at least 30 minutes outdoors every day for better health. Don’t wait until spring; spend at least 30 minutes during the cold winter months in the great outdoors. There’s been much publicity about the need for sufficient Vitamin D for boosting the immune system; sunlight is a top source of this important vitamin. A brisk outdoor walk, even on cloudy days, can up Vitamin D levels as well as energize body and mind and reduce work and school-related stress.
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10:00 a.m. Faculty-Led Summer Programs Session
11:00 a.m. Exchange Programs Information Session
12:00 p.m. Study Abroad Budgeting Workshop
1:00 p.m. Gilman Scholarship Workshop - Application Tips (for FELL Grant recipients only)

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The Price Is Right: Community College Edition

I t’s been a rocky six years for President Barack Obama, but the next two may reveal a light at the end of the tunnel for students interested in furthering their education. Two weeks ago, Obama announced plans to introduce legislation that would allow students to attend community college for two years at no cost.

Now, before you jump to the conclusion that Obama is opening the floodgate for the masses to overcrowd community colleges and make it impossible to park, sign up for classes or receive any personal attention from professors, there are certain standards that students must meet in order for the federal government and state government to pick up the tab.

According to PBS NewsHour, students must be at least half-time students and maintain a 2.5 GPA. Students must also be working toward a degree at a community college or transfer to a four-year institution in order to receive free tuition.

Although the long-term effects of this proposal are unclear, we believe that this plan will benefit many students who may otherwise not have access to higher education. Many high school graduates along with individuals who are looking to gain more skills and certification through a college degree could significantly benefit from two free years of community college.

Most people who attend community college also work either part-time or full-time. With this new statute, students can save their money to pay for tuition at a four-year university while attending community college instead of using all their savings to pay community college tuition. Although tuition at community college is cheaper than four-year institutions, it still costs thousands of dollars to attend community college. With two free years of community college, the money that students may have spent on community college tuition can go toward saving up for a special program or to pay for tuition at a four-year institution in the future.

Not only will the free-tuition plan allow students to cut down on the amount of money currently spent on community college, but it will also save them time and money if they decide to transfer to a four-year institution.

Students can knock out their general education requirements for free during their two years, saving them tuition money when it comes time for them to transfer to a four-year institution. Additionally, taking general education requirements for free at a community college can help students who may come into college underdressed what a concentration or program based on which general education classes they enjoyed and excelled in. If this new legislation is passed, students will be able to explore many fields of interest and save themselves the time and money that they might spend changing majors and clearing general education requirements out of the academic queue at a four-year institution.

This proposal is in danger of being voted down in Congress, as many object to the potential issues that the plan could present. Skeptics cite sources that argue that most community college students do not achieve bachelor degrees and speculate that this higher-education reform could worsen conditions in community colleges.

For these reasons, we believe that it is useful to play an active role in helping this law get passed. We urge students to contact members of Congress if they are in favor of President Obama’s proposition.

Perhaps listening to the concerns and opinions of the current generation of college students can influence Congress to consider what is best for future students.

At The Montclarion, we believe that education should be accessible to all if they have the dedication to pursue it. A college degree should not be something reserved for the financially elite. Because of this, we support the idea of making community college free for the first two years and hope to see more political movements that place the focus on students rather than the financial prospects of higher education.

Thumbs Up

New technology allows Pompeii scrolls to be read

African Cup of Nations

Gas prices

Thumbs Down

Deflate-gate

Boko Haram mass murder not covered

Oscar nominees not diverse

Question of the Week:
Would you have come to Montclair State University, if you had the opportunity to attend community college for free?

I think I would continue to go to community college if it was free after I get my associate’s to get my bachelor’s degree.

-Jessica Ruiz, Psychology, Junior

“I don’t think so, but only because when I graduated high school I had no plan to attend a state university or community college, but if that had been my plan I would have certainly been more likely to go to Montclair.”

-Benjamin Miller, Religious Studies, Junior

“Yes, I would transfer after two years.”

-Chris Martin, Education, Graduate Student

“I would have gone to a community college if it was free, but I’m happy that I’m here now.”

-Ruth Ruiz, Psychology, Junior
The Martin Luther King Jr. You Don’t Know
American holiday promotes one side of the many-faceted civil rights leader

Attacks In Paris Put Freedom on the Line
Continued from page 1

ENTERTAINMENT
COLUMNIST
EDITOR

Finding Our True Selves Through “And”
Gillette Venus works to empower women with #useyourand campaign

Concerning Editorials and Columns
Main editors appear on the first page of the Opinion section. Columns that represent the opinion of the editorial board on a particular issue. Columns are written by individuals and do not necessarily reflect the opinions of The Montclarion staff.
Opposing views face off in discussion of Montclair State's new project

While school spirit is an important aspect of college life, the statue, the symbol of pride at Montclair State University, has cost more than $225,000 on a statue, especially when there are other academic campus issues that need to be addressed.

The statue is supposed to represent the spirit of Montclair State University to induct freshmen. It has helped newcomers feel more welcome and strengthen support for the Division III athletic teams. The statue may have some of these effects, but that money could be used to help other problems that current students deal with every day, such as the lack of parking tickets, food in the cafeteria, or the transportation heating systems and leaky pipelines throughout buildings around campus.

A lot of students are angry that the statue is being built and would rather see the money be put towards something more important. The money could be used to improve the student experience, yet many students find that the decision to build the statue was not made in their best interest but as a way for the university to make more money. "The statue is a disgusting waste of money," senior Ryan Fleischer said. "President Cole should use one of his bonus checks of over $100,000 to pay for it."

"If the administration wants to build school spirit, why don’t they work on getting people to go to sporting events and other activities on campus instead of spending $225,000 on a bronze likeness?" said Alissa Canastaneda, junior. "We need more activities on the campus that would attract people to come and catch a glimpse of something that people can take pictures with!

President Susan Cole

The symbol of the Red Hawk has been shown on campuses across the country and in the larger society, will help engender a sense of belonging to a community, a sense of pride in students, a sense of obligation to future generations of students, a deeper sense of community and a deeper sense of spirit in students' academic efforts and achievements, and a stronger commitment to the purposes of education in a democratic society."

Kathleen McSorley
Former English major, is at her first year as a columnist for The Montclarion.

The Montclarion • January 22, 2015 • PAGE 13
Award season is currently in full swing. With the Golden Globe awards having already been handed out, it seemed like the nominations would be predictable for the Academy Awards as they usually are similar to the Globes; instead, the Academy of Motion Pictures Arts and Sciences decided to throw in some curve balls for this year’s nominations.

One of the most talked about points since the nominations were revealed was the lack of diversity amongst the acting categories. For the first time since 1995, all 20 acting nominees this year are white. Many believed that Academy would’ve honored David Oyelowo’s portrayal as Dr. Martin Luther King Jr. in the film Selma. Oyelowo was nominated for the Best Acting category in the Golden Globes, Independent Spirit Awards and Critics’ Choice Movie Awards. Not only was it a surprise that he was not nominated for the Academy Award, but also many critics believe that perhaps Jake Gyllenhaal would’ve been the one to steal his spot for his amazing work in Nightcrawler. Instead, Bradley Cooper got his third consecutive nomination for his role as a navy seal in American Sniper.

American Sniper was a surprise amongst the nominations in general. Not only did it score an acting nomination with Cooper, but it also received five other nominations including Best Picture. As a result, the film unexpectedly broke the box office this past weekend with a record-breaking $90.2 million in ticket sales. This film also took a spot in the Best Adapted Screenplay category; a spot that many believed should have gone to Gillian Flynn for her novel Gone Girl. The film did receive a nomination for it’s superb acting done by Rosamund Pike as the sociopathic Amy Dunn, but if it was nominated for Best Adapted Screenplay, it would have been the first time a woman was nominated for adapting her own novel. Unfortunately, this isn’t the only female “first” that the Academy chose to ignore.

It was almost a guarantee that the director of Selma, Ava DuVernay, was going to land a Best Director nomination; in doing so, she would’ve made history by becoming the first black female to be honored with a nomination. Another snub regarding a woman involved Best Actress hopeful Jennifer Aniston’s role as woman in chronic pain in Cake. Aniston finally showed the world that she is much more than Rachel Greene from Friends; she proved she paid her dues and was a force to be reckoned with. As a result, she even received Golden Globe and Screen Actors Guild nominations. Critics believed it was going to be Annie with Julianne Moore fighting for the top honor as Best Actress, but the Academy surprised everyone by giving Aniston’s slot to French actress Marion Cotillard.

Finally, the biggest shock that created a storm on social media sites was the snub for The Lego Movie in the Best Animated Feature category. The film was nominated for Best Song; however, it failed to land a nomination in the big category. The film’s director, Philip Lord, took to Twitter to congratulate his cast and crew and said the snub was okay because he has his own Oscar and followed this with a picture of the award entirely made up of Legos.

With that said, everyone that was nominated did an outstanding job this year and will be rewarded for their efforts accordingly. But who will receive the Best Actor award? Will it be Eddie Redmayne for his portrayal as physicist Stephen Hawking in The Theory of Everything or Michael Keaton as a redemption seeking actor in Birdman? Will Bradley Cooper take home the coveted prize as Best Picture? How will Neil Patrick Harris do as his first time as host? Tune in Feb. 22 to see the fashion, stars, and awards at the 87th Academy Awards.
Clint Eastwood's American Sniper is not a war movie; it is a film about a man who joined the army in the name of his country and paid the ultimate price for it. The aforementioned man was Chris Kyle, who was killed on Feb. 2, 2013 after being shot and killed by Eddie Rayewnętrz, a Marine Corps Veteran, who, like Kyle, was suffering from Post Traumatic Stress Disorder. A year before his death, Kyle, Scott McEwen, and Jim DeFelice collaborated on writing a memoir of Kyle's personal experiences in the Iraq War called American Sniper: The Autobiography of the Most Lethal Sniper in U.S. Military History.

For those who do not know, Kyle was the considered the most lethal sniper in U.S. military history because over the course of his time in combat, he was confirmed to have killed 161, even though many say the real tally was much higher than that. How does one human being kill so many people and still live with himself? How could any man possibly believe that such actions are justified in any situation? These questions drive the bruised, pulsating heart of American Sniper and they are used to build a thoughtful and poignant analysis of war, unrelenting devotion to one's country and the sacrifice of soldiers. The result is Eastwood's most assured and most soulful work since Letters From Iwo Jima.

The film begins by focusing on Kyle's radically conservative upbringing guided by his stern father (Ben Foster), whose fascinating philosophy of manhood defines and divides us as either cowardly sheep, victimizing wolves or protective sheepdogs. Kyle's father tells him that he should aspire to be a sheepdog, always protecting the sheep from the wolves of the world; these words put Kyle on a path of dutiful protection that he would never turn back on. He spends part of his adult life as a cowboy on the rodeo, but eventually takes up the path of killing, and though he is a master marksman, he is always thinking aboutQueen, a man he has grown impatient with Oliver. He plans his revenge by killing off their titular enemies, the Dark Knight and Batman fighting Bane for the first time in The Dark Knight Rises. The fight itself had a very dark feel to it. It was very reminiscent of the Season Finale I was watching the other night about eight years total since his crucible began. The fight itself was a masterful portrayal of the interplay between Gaill's two main roles, as he so deftly tuberculosis of Queen's heart.

Kyle himself is presented as a man who will do whatever he can to protect his country and his brothers in arms, yet can barely function as a husband and father when he returns home. Several familiar but effective scenes between Kyle and his wife demonstrate how the war has taken as big a toll on her as it has on him.

The film manages to keep the tension high throughout and every single soldier who has ever served has a huge blow to the show's producers have said that the first few episodes are going to deal with the results of the finale and will showcase Arrow, Black Canary and the tenants that still have to protect the city in the absence of the Arrow. The new season has been praised for its action-packed episodes and its emotional storylines.

‘American Sniper’ Shocking ending shows confidence amidst third season

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Dengue Fever is mainly a Cambodian pop band whose songs have lyrics that are rarely in English. Vocalists Zac Holtzman and Chmon Nimol sound great together and the instrumental backing track is fantastic as well. This one and another one of their songs, "Sober Driver," tell the stories of long distance relationships and dealing with lovers often getting drunk.

"The Keepers" is one of those feel-good pop songs, but it isn’t too upbeat. Santigold is comprised of Santi White and John Hill, who combined their backgrounds to make what MTV describes as "bombastic, bass-oriented songs that fuse punk, reggae, grime and indie rock with electro.”

The instrumentals behind the unique lyrics make this song great. It’s one of those songs that’s open to interpretation, which is always cool. Lena Fayre, who is kind of similar to Lorde, is only 18 years old and was featured as a “New Artist You Need to Know” in the February 2014 issue of Rolling Stone. She released her first album, OKO, in August last year and has decided to postpone college to focus on music. Hopefully, we’ll hear more of her soon.

Similar to Foster the People’s song "Pump up Kicks," the lyrics in this song are kind of subjective to the listener. That’s a good thing in this case. The 1975 is a UK band of four guys that was started just three years ago. Their EP was released in 2012 and they soon went on tour with rock band Little Comets on a nationwide tour. The group has only had one full-length album out. The 1975 played at Coachella 2014 and will play at Lollapalooza this summer.

The original song by Alex Winston is really good, but the remix has a little more energy to it and makes the lyrics stand out more. Winston is actually a trained opera singer despite her more jazzy tracks. She collaborated with The Black Eyed Peas back in 2007 for an EP. Since then, she has released several other EPs and a full-length album in 2012.

"Yeah Yeah Yeah" by The Sounds are a Swedish group consisting of lead singer Maya Ivarsson and four male musicians: Johan Bengtsson, Jesper Anderberg, Felix Rodriguez and Fredrik Nilsson.
Graz University International Summer School Scholarship

June 28th - July 11th, 2015 - Seggau Castle | Leibnitz | Austria

The Graz International Summer School Seggau is designed for internationally oriented, highly motivated students from all disciplines, who wish to deepen their understanding of current European and International affairs.

Program is open to all Montclair State students. **Five Montclair State students will be chosen from the applicants to receive a substantial scholarship.**

**Application Deadline: Wednesday, February 25\(^{th}\), 2015**

**Eligibility:**
- Montclair State University undergraduate student in good standing
- Will not have graduated by August, 2015
- Minimum cumulative GPA 2.75 to apply (higher GPA will be more competitive for scholarship)
- Completed application, including recommendations

For more information, please contact Domenica Dominguez, dominguezd@mail.montclair.edu.

www.montclair.edu/global-education/study-abroad/outgoing-students/
### Professional Standings

**EPL (England)**
1. Chelsea - 52 points
2. Man. City - 47 points
3. Southampton - 42 points
4. Man. United - 40 points
5. Arsenal - 39 points
6. Tottenham - 37 points
7. West Ham - 36 points
8. Liverpool - 35 points
9. Swansea - 30 points
10. Stoke City - 29 points
11. Newcastle Utd - 27 points
12. Everton - 23 points
13. Crystal Palace - 23 points
14. West Brom - 22 points

**Serie A (Italy)**
1. Juventus - 46 points
2. Roma - 41 points
3. Napoli - 33 points
4. Sampdoria - 33 points
5. Lazio - 31 points
6. Fiorentina - 30 points
7. Genoa - 28 points
8. AC Milan - 26 points
9. Intern - 26 points
10. Palermo - 26 points
11. Sassuolo - 25 points
12. Udinese - 24 points
13. Torino - 23 points
14. Verona - 21 points

**NHL**
1. New York Islanders - 63 points
2. Pittsburgh - 59 points
3. New York Rangers - 57 points
4. Philadelphia - 55 points
5. Columbus - 43 points
6. New Jersey Devils - 42 points

**Bundesliga (Germany)**
1. Bayern Munich - 45 points
2. Wolfsburg - 34 points
3. Leverkusen - 28 points
4. Bochum - 27 points
5. Schalke - 27 points
6. Augsburg - 27 points
7. Hoffenheim - 26 points
8. Hannover - 24 points
9. Eintracht - 23 points

**UPCOMING GAMES**

**Men’s Basketball**: 1/24 vs. TCNJ, 1/26 @ Hunter College

**Men’s Swimming and Diving**: 1/24 @ Ramapo

**Women’s Swimming and Diving**: 1/24 @ Ramapo

**Men’s Track and Field**: 1/23 @ Collegeville, Pa.

**Women’s Track and Field**: 1/23 @ Collegeville, Pa.

For updates on these matchups, check montclairathletics.com for the results.

### Sports

#### Who’s Hot This Week

**Kathleen French**
Women’s Swimming and Diving
French was pivotal in MSU’s victory over Rowan University and captured the 100 breaststroke race with a time of 1:11.33. French won three individual events in that NJAC dual meet.

**Rasheed Amilcar**
Men’s Indoor Track and Field
Amilcar qualified for two ECAC Championship races. Amilcar was the leadoff leg of the 4x400 relay and has the top time in the 200-meter race in the NJAC.

#### Current Stats

- **NJAC Men’s Track Athlete of the Week**
  - 14th in 200m
  - 16th in 4x400 Relay

- **NJAC Women’s Swimmer of the Week**
  - 2:33.70 in 200
  - 2:20.48 in 200 IM

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Red Hawk Round Up

Basketball: Women’s Basketball Dominating the Competition

MSU Travelled to Rowan on Jan. 7 for a match with the Profs. At the end of the first half, Montclair State trailed 35-17. The second quarter saw a very motivated Red Hawk team, which led Montclair State to a 85-61 victory.

Aquino paced all scorers with 18 points. Tohie posted a double-double in her third consecutive game, scoring 15 points and grabbing 15 rebounds. She made an impact with 10 points in the contest. MSU turned 22 Rowan turnovers into 23 points.

Montclair State welcomed Rutgers-Camden to Panzer on Jan. 10 for an afternoon game. The Red Hawks defeated the Scarlet Raptors easily, 79-60.

Aquino tallied 21 points for the win. Bennett and freshman guard Kate Tohie each had 12 points. Melissa Tohie and Ceballos chipped in with 11 and 10 points, respectively. MSU outscored Rutgers-Camden in the paint by 25 points.


The Red Hawks next traveled to Jersey City for a contest with New Jersey City University. On Jan. 17, MSU prevailed against the Gothic Knights 69-49. The game was tied at halftime; however, right after intermission, Montclair State took the lead and never looked back. Bennett was the top scorer of the game with 15 points. Right behind her was Sire, who dropped 14 points. Melissa Tohie continued to rack up double-doubles, finishing with 12 points and 12 rebounds. Ceballos had a solid game and recorded 12 points. The Red Hawks now lead the series against NJCU 5-0 overall.

MSU now begins a two-game homestand that starts Wednesday, Jan. 21, against Kean University at 6 p.m. On Saturday, Jan. 24, Montclair State hosts TCNJ at 3 p.m.

UFC: Johnson vs. Gustafsson Promises to Excite

MSU continued from page 20

tender Phil Davis and a stunning knockout of Antonio Rodrigo Nogueira, Johnson has earned the right to fight for a title shot.

The fight should be an exciting one, based on style alone, as both possess fantastic striking skills. Both men have fantastic wrestling and Brazilian Jiu-Jitsu techniques, with Johnson being an NJCAA Champion wrestler. Both pose sizable threats to Jones’ belt, but many wonder if Johnson can carry all of his muscle in a 25-minute fight.

Gustafsson has proven to maintain the stamina needed for a five-round fight and gave Jones a lot to think about in a potential title match.

The co-main event will feature future UFC Hall of Famer Dare Henderson against a struggling Gegard Mousasi in the middleweight division.

Upcoming Schedule

Jan. 24, 3 p.m. TCNJ @ Panzer Center
Jan. 28, 6 p.m. Rutgers-Newark @ Newark, N.J.
Jan. TBA Ramapo @ Mahwah, N.J.
Feb. 6, 6 p.m. William Paterson @ Panzer Center
Feb. 7, TBA Rutgers-Camden @ Camden, N.J.
Feb. 11, 6 p.m. Rowan @ Panzer Center

Women's Basketball has been nationally ranked the entire season.

Photo courtesy of MSU Sports Information.
UFC Played With Fire Leading Up To UFN 59
Over-saturation of Conor McGregor could have blown up in their face

Thomas Formoso
Sports Editor

This Saturday the UFC will return to Sweden for the fourth time of the year when it holds an event in the Tele2Arena in Stockholm. Alexander Gustafsson and Anthony Johnson will headline a card that will likely be the #1 contender in the UFC Light-Heavyweight Division. It will be the second time the promotion has held an event in a stadium setting, with the first taking place at UFC 129 in Toronto at the Rogers Centre on April 30, 2011. Both men have plenty to fight for, with Gustafsson looking to get his home crowd behind him. In what has been a controversial run-in to his next bout, Gustafsson has the possibility that UFC fans can witness the anticipated rematch between Gustafsson and current Light-Heavyweight Champion Jon Jones. Gustafsson lost to Jones at UFC 162 in July 2013 and the outcome of that fight is still in doubt. The promotion has held an event in a stadium setting, with the first taking place at UFC 129 in Toronto at the Rogers Centre on April 30, 2011. Both men have plenty to fight for, with Gustafsson looking to get his home crowd behind him. In what has been a controversial run-in to his next bout, Gustafsson has the possibility that UFC fans can witness the anticipated rematch between Gustafsson and current Light-Heavyweight Champion Jon Jones. Gustafsson lost to Jones at UFC 162 in July 2013 and the outcome of that fight is still in doubt. The promotion has
decided on page 19

Red Hawk Roundup

Women’s Basketball continues to add to impressive season.

Mike Parpasino
Staff Writer

The Montclair State women’s basketball team recently suffered their first loss of the season to Richmond. MSU is now 10-1 overall and 8-1 in the New Jersey Athletic Conference. The Hawks are tied for the #1 contender in the NJAC. Montclair State is ranked #1 and #2 in the D3Hoops.com and USA Today Coaches Polls, respectively.

MSU started their three-game home stand on Dec. 3 against Rutgers-Newark. Red Hawks defeated the Scarlet Raiders 76-69 in front of their loyal Montclair State fans who were grateful to see the return of Captain. Senior guard and Captain Janetta Aquino paced MSU with 21 points. Opposite her, forward Sage Bennett scored 17 for the Red Hawks. Freshman guard/forward Katie Sire and senior forward and Captain Melissa Tobie tallied 14 and 22 points, each. This was Montclair State’s seventh straight victory over Rutgers-Newark.

MSU hosted the following game against Ramapo College on Dec. 6. The Red Hawks ambushed the Roadrunners 71-34. Junior guard Kayla Ceballos and Sire each scored 13 for Montclair State. Tobie chipped in with 11 points. MSU out-scored Ramapo by 24 in the paint.

Montclair State subsequently squared off with Vassar in a game on Dec. 8. After a bit of a slow start, MSU hit the Red Hawks 82-53. Aquino and Ceballos each scored 17 for the Red Hawks. Tobie registered her first dou-ble-double of the season with 15 points and 11 rebounds. Sire added 10 points in the victory. While the Vassar fans may have wanted a more indestructible Jones to receive a title shot, they still set a definitive in regards to who receives a title shot. While the rankings are far from clear, the promotions is where people think will hurt us, but the hard work, dedication and vision that everyone has is what makes this team so special,” said Aquino.

On Dec. 10, Montclair State faced William Paterson in Wayne for what is always a heated rivalry game. Although WPU was off to a fast start, the third time in the first half of the first half, the Red Hawks pulled away once again in the second half and won 68-52. Aquino led all scorers with 18 points, with 16 of them coming in the second half. Tobie was behind her and dropped 11 in the contest. MSU made their free throws count during the game, going 20-25 from the line.

Montclair State took on Marymount University on Dec. 16 at Packer. The Red Hawks pulled out a hard-fought 63-55 victory over the Saints. Tobie returned to Monte- clarion Sports

Montclair Sports

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Inside Sports

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Professional Standings

Who’s Hot

Red Hawk Roundup

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