2-5-2015

The Montclarion, February 5, 2015

The Montclarion

Follow this and additional works at: https://digitalcommons.montclair.edu/montclarion

Recommended Citation

This Book is brought to you for free and open access by the Student Newspapers at Montclair State University Digital Commons. It has been accepted for inclusion in The Montclarion by an authorized administrator of Montclair State University Digital Commons. For more information, please contact digitalcommons@montclair.edu.
Christie Fails to Make a Splash Overseas
Christine Gianakis
Columnist

Looks like New Jersey Governor Chris Christie has traded in his Taylor ham, egg and cheese breakfast sandwich for some tea and crumpets during his scheduled three-day industry-focused business trip to England last weekend. Christie is popular among Republicans for his tell-it-like-it-is attitude, but has been heavily criticized by those on the left for being uncooperative some have gone so far as to call him a bully.

This voyage will mark the third international trip during his second term in office after returning from Mexico in September and Canada in December. These three trips, along with his trip to Israel during his first term, were sponsored by Choose New Jersey, which has the intentions of fostering global growth in finance and life sciences.

Christie continued on Page 12

Commencement 2015 Details Announced
Jaya Gugliozzi
News Editor

When the traditional venue of Montclair State’s commencement ceremony closed over winter break, there was a sudden uproar among students, alumni and administration concerning the selection of the next stage. In its statement to the community, Montclair State addressed the sudden change in plans, saying: “Due to circumstances beyond its control, the University unfortunately finds itself in the position of having to secure an alternate location for the 2015 Commencement Ceremony.”

Following suit, University officials worked rather quickly to secure an alternate venue in place of the infamous local Center for the Arts. Confirmed location is not public just yet, but Montclair State University President Susan Cole and the Board of Trustees have promised that the arena will be Prep. Continue on Page 3

LGBTQ Center Celebrates Week of Unity
Michael Klein
Staff Writer

The Day of Unity and, subsequently, Unity Week, is a yearly time of remembrance and reflection on a dark time for the LGBTQ Community of Montclair State University. In February of 2012, a message was left on a bathroom door followed by direct threats towards the LGBTQ Center on Feb. 7. The campus, in an uprising, stood up against this outright hate and, wanted to make a statement.

This year, these students, alumni and administration put together “Unity Day,” a rally that would showcase and allow students to speak up against this hate. Student organizations performed, the Deans of the University spoke and many people attended in the Student Center Quad to show their support.

Throughout the campus, however, police forces were prepared for the worst: a squadron of officers on horseback loomed in the grassy area of the quad, groups of police watchmen were on the rooftops of buildings and undercover patrolmen wandered the campus, in an uprising, stood up against this outright hate. One of the most beautiful joys about being in a long-term relationship is falling in love with the person who ends up being your best friend. Though perhaps seemingly cliché to those who live outside of this experience, a long-term relationship boasts an extraordinary bond – an understanding, familiar, comfort, trust and most intimate of friendships that can only exist between two people who have unconditionally gifted each other everything they are. Such a level of intimacy is not self-sustaining although many, including myself, often wish it was.

Tip for couples come just in time for Valentine’s Day. Jasmine Thompson Staff Writer

One of the most beautiful joys about being in a long-term relationship is falling in love with the person who ends up being your best friend. Though perhaps seemingly cliché to those who live outside of this experience, a long-term relationship boasts an extraordinary bond – an understanding, familiar, comfort, trust and most intimate of friendships that can only exist between two people who have unconditionally gifted each other everything they are. Such a level of intimacy is not self-sustaining although many, including myself, often wish it was.

Christie continues on Page 12

Volume XCV, Issue 15 Thursday, February 5, 2015 themontclarion.org

Four Things Couples Should Do to Deepen Their Connection

Tips for couples come just in time for Valentine’s Day.

One of the most beautiful joys about being in a long-term relationship is falling in love with the person who ends up being your best friend. Though perhaps seemingly cliché to those who live outside of this experience, a long-term relationship boasts an extraordinary bond – an understanding, familiar, comfort, trust and most intimate of friendships that can only exist between two people who have unconditionally gifted each other everything they are. Such a level of intimacy is not self-sustaining although many, including myself, often wish it was.

Tip for the couples to come just in time for Valentine’s Day.

Jasmine Thompson Staff Writer

One of the most beautiful joys about being in a long-term relationship is falling in love with the person who ends up being your best friend. Though perhaps seemingly cliché to those who live outside of this experience, a long-term relationship boasts an extraordinary bond – an understanding, familiar, comfort, trust and most intimate of friendships that can only exist between two people who have unconditionally gifted each other everything they are. Such a level of intimacy is not self-sustaining although many, including myself, often wish it was.

Tip for couples to come just in time for Valentine’s Day.

Jasmine Thompson Staff Writer

One of the most beautiful joys about being in a long-term relationship is falling in love with the person who ends up being your best friend. Though perhaps seemingly cliché to those who live outside of this experience, a long-term relationship boasts an extraordinary bond – an understanding, familiar, comfort, trust and most intimate of friendships that can only exist between two people who have unconditionally gifted each other everything they are. Such a level of intimacy is not self-sustaining although many, including myself, often wish it was.

Tip for couples to come just in time for Valentine’s Day.

Jasmine Thompson Staff Writer

One of the most beautiful joys about being in a long-term relationship is falling in love with the person who ends up being your best friend. Though perhaps seemingly cliché to those who live outside of this experience, a long-term relationship boasts an extraordinary bond – an understanding, familiar, comfort, trust and most intimate of friendships that can only exist between two people who have unconditionally gifted each other everything they are. Such a level of intimacy is not self-sustaining although many, including myself, often wish it was.

Tip for couples to come just in time for Valentine’s Day.

Jasmine Thompson Staff Writer

One of the most beautiful joys about being in a long-term relationship is falling in love with the person who ends up being your best friend. Though perhaps seemingly cliché to those who live outside of this experience, a long-term relationship boasts an extraordinary bond – an understanding, familiar, comfort, trust and most intimate of friendships that can only exist between two people who have unconditionally gifted each other everything they are. Such a level of intimacy is not self-sustaining although many, including myself, often wish it was.

Tip for couples to come just in time for Valentine’s Day.

Jasmine Thompson Staff Writer

One of the most beautiful joys about being in a long-term relationship is falling in love with the person who ends up being your best friend. Though perhaps seemingly cliché to those who live outside of this experience, a long-term relationship boasts an extraordinary bond – an understanding, familiar, comfort, trust and most intimate of friendships that can only exist between two people who have unconditionally gifted each other everything they are. Such a level of intimacy is not self-sustaining although many, including myself, often wish it was.

Tip for couples to come just in time for Valentine’s Day.

Jasmine Thompson Staff Writer

One of the most beautiful joys about being in a long-term relationship is falling in love with the person who ends up being your best friend. Though perhaps seemingly cliché to those who live outside of this experience, a long-term relationship boasts an extraordinary bond – an understanding, familiar, comfort, trust and most intimate of friendships that can only exist between two people who have unconditionally gifted each other everything they are. Such a level of intimacy is not self-sustaining although many, including myself, often wish it was.

Tip for couples to come just in time for Valentine’s Day.

Jasmine Thompson Staff Writer

One of the most beautiful joys about being in a long-term relationship is falling in love with the person who ends up being your best friend. Though perhaps seemingly cliché to those who live outside of this experience, a long-term relationship boasts an extraordinary bond – an understanding, familiar, comfort, trust and most intimate of friendships that can only exist between two people who have unconditionally gifted each other everything they are. Such a level of intimacy is not self-sustaining although many, including myself, often wish it was.

Tip for couples to come just in time for Valentine’s Day.

Jasmine Thompson Staff Writer

One of the most beautiful joys about being in a long-term relationship is falling in love with the person who ends up being your best friend. Though perhaps seemingly cliché to those who live outside of this experience, a long-term relationship boasts an extraordinary bond – an understanding, familiar, comfort, trust and most intimate of friendships that can only exist between two people who have unconditionally gifted each other everything they are. Such a level of intimacy is not self-sustaining although many, including myself, often wish it was.

Tuesday, Jan. 27
Student Recreation Center: Student Joshua Corrigan, 20, of Cliffside Park, N.J. was arrested and charged with disorderly conduct. Corrigan is scheduled to appear in Little Falls Municipal Court.

Wednesday, Jan. 28
University Hall: Faculty members reported a bias intimidation incident in which a derogatory word was written on a door. This case is under investigation.

Thursday, Jan. 29
Bohn Hall: A student reported a harassment incident from other students. At this time, the reporting student declined to pursue charges.

Friday, Jan. 30
Burlington County: An All American Miss representative, Celinda Ortega, a student at Montclair State University, recently won the title for the annual National All American Miss competition for 2014-2015. Ortega has been involved in National All American Miss since she was eighteen years old, compet- ing in a amalgam of different types of pageants. When she got older, she competed for the title at Miss New Jersey, and took first place after her third time competing in this state-wide pageant. Then, when competing for the first time against 70 girls from all over the country for the national title, Ortega came out on top.

"I started doing pageants when I was really young and I have learned a lot through these competitions," said Ortega. "I took a lot to work on my set- ting and modeling and I think these skills helped me win the title. This was my first time at a national competition and it was so much fun. I got to network with a lot of people my age and I was really excited about going to California for the first time."

As the National All American Miss from the state of New Jer- sey, Ortega will represent New Jersey for All American Miss next year when she will travel back to California, free of charge, to crown her successor. As an All American Miss rep- resentative, she has the oppor- tunity to attend the annual competition all over New Jersey as an hon- ored guest and to participate in community service projects and plans to continue to advocate for marine life conservation, which was her platform for the competition.

The awards she received for winning this title were numer- ous. For her efforts, Ortega was awarded prizes including a crown, trophy, roses and sash given to her on stage, along with a cash prize of $1,000; a trip to Hollywood, two VIP tick- ets to Disneyland, a modeling scholarship and other traveling opportunities that will come up throughout the year.

The competition has four dif- ferent aspects the contestants were judged on: the introduc- tion presented in the form of a short speech on why you should win the title, an interview, evening wear and com- munity service. The first two are each worth 30 percent of the competition and community service is worth the other 10 percent. Ortega completed 10 hours of community service even though the requirement for the competition is 15.

"I really enjoy doing com- munity service," said Ortega. "I have been given so much in this life and I love that I have the ability to spend so much time giving back to others.

Along with community ser- vice, school and her other du- ties as the winner of National All American Miss, Ortega plans on entering the Miss USA beauty pageant in 2016.

Ortega is a Public Relations major and isn’t sure what she wants to do in the future. She hopes to either go into the fash- ion industry or to become a doctor. If she goes into the entertain- ment industry, she wants to be either an actress or a director.

Montclair Student Headed to 2016 Miss USA Pageant


Tuesday, Jan. 27
Student Recreation Center: Student Joshua Corrigan, 20, of Cliffside Park, N.J. was arrested and charged with disorderly conduct. Corrigan is scheduled to appear in Little Falls Municipal Court.

Wednesday, Jan. 28
University Hall: Faculty members reported a bias intimidation incident in which a derogatory word was written on a door. This case is under investigation.

Thursday, Jan. 29
Bohn Hall: A student reported a harassment incident from other students. At this time, the reporting student declined to pursue charges.

Friday, Jan. 30
Burlington County: An All American Miss representative, Celinda Ortega, a student at Montclair State University, recently won the title for the annual National All American Miss competition for 2014-2015. Ortega has been involved in National All American Miss since she was eighteen years old, compet- ing in a amalgam of different types of pageants. When she got older, she competed for the title at Miss New Jersey, and took first place after her third time competing in this state-wide pageant. Then, when competing for the first time against 70 girls from all over the country for the national title, Ortega came out on top.

"I started doing pageants when I was really young and I have learned a lot through these competitions," said Ortega. "I took a lot to work on my set- ting and modeling and I think these skills helped me win the title. This was my first time at a national competition and it was so much fun. I got to network with a lot of people my age and I was really excited about going to California for the first time."

As the National All American Miss from the state of New Jer- sey, Ortega will represent New Jersey for All American Miss next year when she will travel back to California, free of charge, to crown her successor. As an All American Miss rep- representative, she has the oppor- tunity to attend the annual competition all over New Jersey as an hon- ored guest and to participate in community service projects and plans to continue to advocate for marine life conservation, which was her platform for the competition.

The awards she received for winning this title were numer- ous. For her efforts, Ortega was awarded prizes including a crown, trophy, roses and sash given to her on stage, along with a cash prize of $1,000; a trip to Hollywood, two VIP tick- ets to Disneyland, a modeling scholarship and other traveling opportunities that will come up throughout the year.

The competition has four dif- ferent aspects the contestants were judged on: the introduc- tion presented in the form of a short speech on why you should win the title, an interview, evening wear and com- munity service. The first two are each worth 30 percent of the competition and community service is worth the other 10 percent. Ortega completed 10 hours of community service even though the requirement for the competition is 15.

"I really enjoy doing com- munity service," said Ortega. "I have been given so much in this life and I love that I have the ability to spend so much time giving back to others.

Along with community ser- vice, school and her other du- ties as the winner of National All American Miss, Ortega plans on entering the Miss USA beauty pageant in 2016.

Ortega is a Public Relations major and isn’t sure what she wants to do in the future. She hopes to either go into the fash- ion industry or to become a doctor. If she goes into the entertain- ment industry, she wants to be either an actress or a director.

Montclair Student Headed to 2016 Miss USA Pageant


Tuesday, Jan. 27
Student Recreation Center: Student Joshua Corrigan, 20, of Cliffside Park, N.J. was arrested and charged with disorderly conduct. Corrigan is scheduled to appear in Little Falls Municipal Court.

Wednesday, Jan. 28
University Hall: Faculty members reported a bias intimidation incident in which a derogatory word was written on a door. This case is under investigation.

Thursday, Jan. 29
Bohn Hall: A student reported a harassment incident from other students. At this time, the reporting student declined to pursue charges.

Friday, Jan. 30
Burlington County: An All American Miss representative, Celinda Ortega, a student at Montclair State University, recently won the title for the annual National All American Miss competition for 2014-2015. Ortega has been involved in National All American Miss since she was eighteen years old, compet- ing in a amalgam of different types of pageants. When she got older, she competed for the title at Miss New Jersey, and took first place after her third time competing in this state-wide pageant. Then, when competing for the first time against 70 girls from all over the country for the national title, Ortega came out on top.

"I started doing pageants when I was really young and I have learned a lot through these competitions," said Ortega. "I took a lot to work on my set- ting and modeling and I think these skills helped me win the title. This was my first time at a national competition and it was so much fun. I got to network with a lot of people my age and I was really excited about going to California for the first time."

As the National All American Miss from the state of New Jer- sey, Ortega will represent New Jersey for All American Miss next year when she will travel back to California, free of charge, to crown her successor. As an All American Miss rep- representative, she has the oppor- tunity to attend the annual competition all over New Jersey as an hon- ored guest and to participate in community service projects and plans to continue to advocate for marine life conservation, which was her platform for the competition.

The awards she received for winning this title were numer- ous. For her efforts, Ortega was awarded prizes including a crown, trophy, roses and sash given to her on stage, along with a cash prize of $1,000; a trip to Hollywood, two VIP tick- ets to Disneyland, a modeling scholarship and other traveling opportunities that will come up throughout the year.

The competition has four dif- ferent aspects the contestants were judged on: the introduc- tion presented in the form of a short speech on why you should win the title, an interview, evening wear and com- munity service. The first two are each worth 30 percent of the competition and community service is worth the other 10 percent. Ortega completed 10 hours of community service even though the requirement for the competition is 15.

"I really enjoy doing com- munity service," said Ortega. "I have been given so much in this life and I love that I have the ability to spend so much time giving back to others.

Along with community ser- vice, school and her other du- ties as the winner of National All American Miss, Ortega plans on entering the Miss USA beauty pageant in 2016.

Ortega is a Public Relations major and isn’t sure what she wants to do in the future. She hopes to either go into the fash- ion industry or to become a doctor. If she goes into the entertain- ment industry, she wants to be either an actress or a director.
“When you talk about her, people respect her. She’s very transparent.”

University Board of Trustees Member William Mullen earned spot #20 in the Power 100 for his influential role as President of the New Jersey State Building and Construction Trades Council. As issues with the Trans- portation Trust Fund and other necessary building projects sur-
face this year, Mullen’s leader-
ship will be crucial. An NJBIZ insider said of him, “I think his stature continues to rise with all the infrastructure work and building trades.”

University Board of Trustees chair Ralph Lallios is ranked #34 for his position as President and Chief Operating Officer at PE&G. NJBIZ calls Cato “a veteran of our Power 100 and Power 50 Health Care lists.” According to her description, “Its [placement in the Power 100] has more to do with staying ahead of the curve on health insurance rath-
er than being the strong head of a woman-owned business.”

Another alumna of the uni-
versity, Regina Egra, who gradu-
ated in 1979, topped the list at #16. In the ranks. As Chris Christi’s Chief of Staff, she holds the second-most power-
ful position in his administra-
tion. In response to the preten-
tionous question of whether or not Egra is influential, a com-
ment she readily accepts, “Absolutely, because I think that she’s part of the management of what’s left there, as I think people would naturally buy during all kind of second administration.”

Montclair State students, spe-
cifically those studying busi-
ness at the university, are great-
ly encouraged by the rankings of past and present members of the university community in the 2015 Power 100. Biz扼, a sophomoric Business Management major, noted, “As a business student here at MSU, I feel that the university is choosing to focus on enhancing its business programs, especially with the addition of the new building.” It’s almost like a tribute to the board mem-
bers and alumni featured on the NJBIZ list and a gift to the current and future business students. Montclair State should be a liberal arts school, but it should be growing its business school. One of the university’s biggest selling points is that it is near to New York City, which is dominated by big businesses. Doesn’t it make sense then that the university should have a strong business school?”

Michael Ross, a sophomoric Business major with a concentr-
ation in Finance, stated, “I personally see MSU shifting to-
towards the business field in the near future. With the new building going up and with five people involved with MSU be-
ing selected to stand among the NJBIZ Power 100, I feel that Montclair State has a lot of poten-
tial in the business field and I am very happy to be able to reap the benefits of that.”

As many of us know, the events in today’s media and even on our own campus are hard to ignore. Hate and igno-
rance are still alive and well today. Somehow, though, this will hopefully lay a thing of the past – but it won’t be gone un-
lil we as a campus community make a conscious effort to em-
pathize with one another, unite like those students did three years ago and move for-
ward into a future together, not only for the betterment of our university, but for the benefit of our own generation.
Let the myMeals Assistant Help You
Select the Best Plan for You

Eat Well.
Learn More

Buy your meal plan today!
Take Advantage of our Great Incentives and Deals

Online: montclair.edu/dining
Visit the Meal Plan Office Lower Level of Student Center
Call: 973-655-3375

RECHARGE YOUR FLEX DOLLARS!

Purchase a $550, $450 or $350 Flex plan and get BONUS DINING DOLLARS and Email Specials for FREE FOOD! Or add any amount of Flex Dollars to your account at any time online!
Student Fashion Alive and Well

Jessica Mahmoud
Staff Writer

As the Spring semester is underway, the temperatures are dropping and the snow is only taking a second to fall. Despite the urge to slip on sweats and head out, some students are opting to keep up their fashion game. Check out what students have been wearing in this below freezing weather.

Leftmost Photo, Top Row
This outfit is for the girls who want to be classic, fashionable and warm. A cotton dress is the perfect piece to slip on with leggings, even for that 8 a.m. class. In the winter, fleece leggings are best and keep you super warm. Matching scarves and legwarmers are an easy trick to look more put together; it finishes the look off with boots. Finish the look off with a few bracelets and maybe another level. Another idea is to opt for a unique pair of shoes or boots that will also make an outfit stand out. Try a kimono or oversized cardigan layered over a neutral top.

Leftmost Photo, Bottom Row

While storm Juno gave us our first snow day. How did you spend your snow day? “My boyfriend and I went to explore a random mountain event soon, don’t be afraid to wear white. Many people associate winter with darker colors, but don’t save your white pieces for summer. Fashion is about taking risks, so try not to limit yourself because of “rules” like “don’t wear white after labor day.” However, try opting for champagne or black shoes rather than hot pink to keep things seasonal.

Center Photo, Bottom Row

Students often wear leather jackets, another easy statement piece for summer. Fashion is about not saving colors and then popping the outfit with the right shoes, like those red sneakers, is perfect. It’s an easy way to stand out among dark winter colors and scarves. Colors like olive greens and mustard yellow go perfect together, especially with light colors like khakis.

Rightmost Photo, Bottom Row

Another easy statement piece is a cool jacket, like a leather one. Girls often wear leather jackets, but the cool thing about them is that they are often unisex. They can be paired with jeans and sneakers with a T-shirt or flannel or a stylish look. Finish the look with a beanie if needed.

Student Fashion Alive and Well


With as many students around on campus, fashion is a great way to stand out. Now that so many students are wearing pants, you’re sure to get noticed if you go for jeans or a dress instead. I hope this gives you some outfit ideas for the cold weather we’re facing. For more pictures like these, check out my blog on Instagram and Facebook @montclair_state_style!


Rightmost Photo, Top Row

This outfit is for the girls who want to be classic, fashionable and warm. A cotton dress is the perfect piece to slip on with leggings, even for that 8 a.m. class. In the winter, fleece leggings are best and keep you super warm. Matching scarves and legwarmers are an easy trick to look more put together; it finishes the look off with boots. Finish the look off with a few bracelets and maybe another level. Another idea is to opt for a unique pair of shoes or boots that will also make an outfit stand out. Try a kimono or oversized cardigan layered over a neutral top.

Center Photo, Top Row

Although it’s very cold out, there are ways to not save skirts and dresses for the spring. Layering with cardigans, sweaters and jackets can keep you warm. Covering them with knee socks and tights should suffice for the time you spend outside.

Rightmost Photo, Top Row

Don’t think that jeans can’t be fashionable; you have to know what to pair them with. Warm statement pieces like cardigans, sweaters and kimono are really to skinny jeans look to another level. Another idea is to opt for a unique pair of shoes or boots that will also make an outfit stand out. Try a kimono or oversized cardigan layered over a neutral top.

Leftmost Photo, Top Row

Although it’s very cold out, there are ways to not save skirts and dresses for the spring. Layering with cardigans, sweaters and jackets can keep you warm. Covering them with knee socks and tights should suffice for the time you spend outside.

Rightmost Photo, Top Row

Don’t think that jeans can’t be fashionable; you have to know what to pair them with. Warm statement pieces like cardigans, sweaters and kimono are really to skinny jeans look to another level. Another idea is to opt for a unique pair of shoes or boots that will also make an outfit stand out. Try a kimono or oversized cardigan layered over a neutral top.

Leftmost Photo, Bottom Row

If you’re heading to a special event soon, don’t be afraid to wear white. Many people associate winter with darker colors, but don’t save your white pieces for summer. Fashion is about taking risks, so try not to limit yourself because of “rules” like “don’t wear white after labor day.” However, try opting for champagne or black shoes rather than hot pink to keep things seasonal.

Center Photo, Bottom Row

Statement pieces apply to guys, too! Sticking with darker colors and then popping the outfit with the right shoes, like those red sneakers, is perfect. It’s an easy way to stand out among dark winter colors and scarves. Colors like olive greens and mustard yellow go perfect together, especially with light colors like khakis.

Rightmost Photo, Bottom Row

Another easy statement piece is a cool jacket, like a leather one. Girls often wear leather jackets, but the cool thing about them is that they are often unisex. They can be paired with jeans and sneakers with a T-shirt or flannel or a stylish look. Finish the look with a beanie if needed.

Student Fashion Alive and Well


Rightmost Photo, Top Row

This outfit is for the girls who want to be classic, fashionable and warm. A cotton dress is the perfect piece to slip on with leggings, even for that 8 a.m. class. In the winter, fleece leggings are best and keep you super warm. Matching scarves and legwarmers are an easy trick to look more put together; it finishes the look off with boots. Finish the look off with a few bracelets and maybe another level. Another idea is to opt for a unique pair of shoes or boots that will also make an outfit stand out. Try a kimono or oversized cardigan layered over a neutral top.

Leftmost Photo, Top Row

Although it’s very cold out, there are ways to not save skirts and dresses for the spring. Layering with cardigans, sweaters and jackets can keep you warm. Covering them with knee socks and tights should suffice for the time you spend outside.

Rightmost Photo, Top Row

Don’t think that jeans can’t be fashionable; you have to know what to pair them with. Warm statement pieces like cardigans, sweaters and kimono are really to skinny jeans look to another level. Another idea is to opt for a unique pair of shoes or boots that will also make an outfit stand out. Try a kimono or oversized cardigan layered over a neutral top.

Leftmost Photo, Bottom Row

If you’re heading to a special event soon, don’t be afraid to wear white. Many people associate winter with darker colors, but don’t save your white pieces for summer. Fashion is about taking risks, so try not to limit yourself because of “rules” like “don’t wear white after labor day.” However, try opting for champagne or black shoes rather than hot pink to keep things seasonal.

Center Photo, Bottom Row

Statement pieces apply to guys, too! Sticking with darker colors and then popping the outfit with the right shoes, like those red sneakers, is perfect. It’s an easy way to stand out among dark winter colors and scarves. Colors like olive greens and mustard yellow go perfect together, especially with light colors like khakis.

Rightmost Photo, Bottom Row

Another easy statement piece is a cool jacket, like a leather one. Girls often wear leather jackets, but the cool thing about them is that they are often unisex. They can be paired with jeans and sneakers with a T-shirt or flannel or a stylish look. Finish the look with a beanie if needed.
Four Things to Deepen Your Connection

Jazmine Thompson
Staff Writer

1. Listen.
Willow Lawson states in her article “Praise: Encouraging Signs,” that “The way we re- spond to our mate’s good for- tune is a strong predictor of [relationship] satisfaction”.

Now that you know to en- courage in active listening with your partner, respond to your partner’s words with gentle encouragement.

Employ patience to listen to everything your partner says, as it is an effective means to connect with one another. Listeners are more likely to form connections when they utilize active listening skills.

According to psychologist Margarita Tartakovsky’s article “Attention Couples: Becoming a Skilled Listener and Effective Speaker,” “Listening isn’t an innate ability; all people possess, it’s a skill we need to cultivate. And it’s a critical one for couples.”

It is a basic psychosocial need of all humankind to be heard, understood and acknowledged, and making the choice to actively devote 100 percent attention to listening to one’s partner free of distractions (yes, that means texting) strengthens the bond because it fosters a successful communication and fulfills a basic human requisite to be recognized.

2. Encourage.
Psychology Today writer Willow Lawson states in her article “Praise: Encouraging Signs,” that “The way we re- spond to our mate’s good for- tune is a strong predictor of [relationship] satisfaction”.

Now that you know to en- courage in active listening with your partner, respond to your partner’s words with gentle encouragement.

Employ patience to listen to everything your partner says, as it is an effective means to connect with one another. Listeners are more likely to form connections when they utilize active listening skills.

According to psychologist Margarita Tartakovsky’s article “Attention Couples: Becoming a Skilled Listener and Effective Speaker,” “Listening isn’t an innate ability; all people possess, it’s a skill we need to cultivate. And it’s a critical one for couples.”

It is a basic psychosocial need of all humankind to be heard, understood and acknowledged, and making the choice to actively devote 100 percent attention to listening to one’s partner free of distractions (yes, that means texting) strengthens the bond because it fosters a successful communication and fulfills a basic human requisite to be recognized.

3. Forgive.
When we are in love, we of- ten look to our significant oth- ers and feel that we have found the person who makes up the other half of ourselves. We can- not fully realize it; “You are perfect for me,” we think to ourselves, unaware of how often our unconscious minds only comprehend the words “you are perfect.”

From this mindset, a pressure within both partners of a relationship to attain a level of flawless ad- veillance is beyond the ca- pacity of the human species. “To err is human,” said Alexander Pope. What we of- ten times forget, however, is how to apply the second half of that quote, “...to forgive, di- vine.” You must realize that your partner is imperfect. They will have rough days at work, be agitated and irritable, forget something you told them three times over, be unromantic, for- get to call, laugh at the wrong time and forget to take out the trash.

Be real with yourself and be reminded that your relation- ship will be filled with trying and sometimes outright irri- tating occurrences due to the imperfections of both of you. The lesson is that “Long-lasting relationships won’t be free of speed bumps, but when we an- ticipate imperfection and find healthy ways to hang in there,” when we forgive, “we can keep our passion, excitement and love alive,” stated Dr. Lisa Fire- stone in her article “How to Achieve the Perfect Imperfect Relationship.”

4. Remember.
Relationships naturally evolve as time goes on. The feelings of newness and blind, passionate adventure that are present at the beginning of a relation- ship often transform after a period of time into a comfort- able intimacy that can be pres- ent only after two people have shared with each other the intricacies of their complete selves. This stage of a relation- ship is a glorious one that many feel grateful to have obtained.

However, there are some times feeling of “stalemate,” “flatness” or “disconnect” that also arise from this secure stage of familiarity. What helps is actively remembering your own love story — sitting down with your partner and recall- ing the foundations of your relationship, how it all began.

Remembering your love story can help bring down any wall might be causing discon- nect between you and your partner says psychologist Bar- bara Markway in her article “16 Questions That Can Re- vive Your Relationship.”

Remember and share things such as how you first met, what first attracted you to your partner, what your first date was and when you first knew that you were in love with your partner. “It’s easy to forget how hard you worked to build your relationship in the first place,” said Dr. Mark- way. “It may seem like it hap- pened magically, but it didn’t; you created the magic, detail by detail. You formed the spe- cial bond by paying attention to each other with the intense focus that characterizes falling in love.”

Reach out to us at @MSUnews

Contact us at Montclarionfeature@gmail.com

Want to be part of something greater?
Write for feature!
Fashion writer wanted

PAGE 6 • February 5, 2015 • The Montclarion themontclarion.org
Many people hold a resolution of getting healthy which might be hard to keep up with come the second month of the year. Whether it is to lose weight, get stronger or simply to feel better, most people have a plan to make this year healthier than the last one. The easiest way to get big changes is to start with small ones. By implementing one change at a time slowly, the new habits are more likely to stick around once the excitement of the New Year is long gone. Eating healthier may seem like a vast goal, but there are small changes you can do starting with your dinner tonight to make your plate a bit better for your health.

Thinking About Portion Size

The “Choose My Plate” diagram clearly explains how to set up your plate. Thinking in these terms can help you control portion sizes as well as ensure you are getting a lot of nutrient-dense meals. One half of your plate should be fruit and non-starchy vegetables, one quarter should be grains and one quarter should be protein. By making sure your plate is always half full with produce, you will be guaranteed to get a great dose of vitamins and fiber with every meal. Just make sure that if you are having a starchy vegetable, such as a baked potato or corn, it goes in the grains section of your plate.

Thinking About Protein

When it comes to the protein section of your plate, try to have variety in what you eat them, making sure to have lean proteins most of the time. Lean proteins include chicken, turkey, beans, tofu or lean beef or pork. Lean proteins limit the amount of saturated fat, something that can be high in animal products, while still providing a great source of protein. Try to have seafood in this section a couple of times a week as well because that gives you the added bonus of omega fatty acids.

Thinking About Drinks

Along with what we eat, what we drink is just as important when looking at a healthy meal. A small change that can be easily made is to switch to low fat or fat free dairy products. Switching to one percent milk from whole milk, for example, will reduce the amount of fat and calories noticeably without changing the amount of protein or calcium. Two of the main reasons we try to include dairy in our diet. Although milk is important, it is not the only thing we should drink to stay hydrated. Water is our best option and should be included with every meal. Try to drink most of a glass before starting your meal and make sure to frequently stop eating to drink more. This will help you to feel fuller faster and will keep you hydrated.

Sticking with Healthy Habits

Kimberly Asman
Staff Writer

---

Study Abroad Special Information Sessions

Wednesday, February 11, 2015
Dickson Hall, Cohen Lounge

10:00 am—Faculty Led Summer Programs
Learn more about faculty-led programs taking place during the summer in Nice, France; Genzano, Italy; Florence, Italy; Madrid, Spain; and Croatia.

11:00 am—Exchange Programs
Learn about the universities abroad that are available for Montclair State students to study at the same tuition costs as at MSU.

12:00 pm—Budgeting Workshop
Think you don’t have enough money to study abroad? Do you think studying abroad is out of your reach financially? Well, come and learn how you can prepare a budget as we uncover the “real” cost of studying abroad.

1:00 pm—Gilman Scholarship
Students who receive Pell Grants are eligible to apply for a Gilman Scholarship to study abroad. Scholarships available up to $5,000. Come to the info session to learn more!

Thursday, February 12th at 2:30 pm
Northumbria University (England) Information Session
University Hall Room 1030
Dr. Jon Robinson from Northumbria University will speak about study abroad opportunities available at Northumbria University in England. Northumbria is an exchange partner, so the tuition and fees are the same as going to Montclair for a semester and you can use all of your financial aid.

Wednesday, February 18th at 2:30 pm
Nebrija University (Spain) Information Session
University Hall Room 1060
Stephanie Lim from Nebrija University will talk to students about study abroad opportunities available at the university in Madrid, Spain. Nebrija is an exchange partner, so the tuition and fees are the same as going to Montclair for a semester and you can use all of your financial aid. Sponsored by the Global Education Center and the Department of Modern Languages and Literatures.

Save an Extra 25%

Full-time students taking NJ TRANSIT bus, rail or light rail to class:
• Save an extra 25% on already discounted monthly passes
• Avoid the hassle of traffic
• Forget the parking problems
A 25% non-refundable processing fee will be applied to each weekly/ monthly pass.
Help Wanted

Place Your Classified! Ad right here on The Montclarion website. LOW RATES & EXTENDED EXPOSURE. CLASSIFIED PLACED NOW RUN THROUGH THE MIDDLE OF MARCH!!! For more info, email Montclarionadsales@gmail.com or call Don Spielvogel (973) 655-5237 or (215) 860-5533.

Learn cursive handwriting in the Montclair/Clifton area. Fun, interesting and enjoyable. Don't depend on the computer. Call Don at (201) 315-0476.

Seeking, warm, energetic, and reliable after-school driving babysitter for kids ages 4 & 1 at Upper Montclair. 10 hours per week. Excellent references and clean driving record required. Experience necessary. Email dogoodwork2@yahoo.com with resume.

Secaucus family seeking sitter M-F, 3-6:30 P.M. to drive two kids 7 & 5 from Montclair school to activities & homework help. Need your own car. Email secaucusmom17@gmail.com.

Looking for a smart, fun, flexible after-school sitter in West Orange for my 3 children. 11-year-old daughter and twin 10-year-old sons. Hours: 3:30-5:30 M-Thurs. Monday, Tuesday, and Thursday afternoons. Email: Entzach@outlook.com or call (973) 746-4228 or email giammiedt@gmail.com.

Fairfield, NJ-based Internet Startup looking for recent college grad or very ambitious college students. $30,000 plus first year & Vested Retirement Plan within 24 months of hire. Complete company training for qualified individuals. Call Pat (973) 987-7832 or email resume to ppigg@yogaplace.com.

Seeking help for Montclair family (near 4843) for kids 9 & 12. Three days per week 3:00-6:30 P.M. Naind a car for driving to activities. Flex hours and homework help. Email Monica at monica.miron@vz.com.

Looking for a full-time helper needed for Montclair home-based real estate marketing business. Excellent admin, HTML, social media (FB, YouTube), data entry, Excel, email, Siri, & type-ta-speak. $15/hr to start. Raise based on performance. Motivated and confident. Must have a car. Email Keri@Friend-Indeed LLC.com or call (973) 540-2812.

P/T & F/T - Little Angels School House of Chatham, NJ is looking for energetic individuals. Duties include implement lesson plans & assisting with module/rup/迪拜/迪拜/迪拜. Contact Jude (973) 704-830 or email munir@littleangels- schoolhouse.com.

P/T & F/T - 9 year old girl. Mon/Tues/Wed - 3:00-7:00 P.M. Child has some learning delays and a Special Ed student would be great, but not necessary. $22/hr. Call Fatt (201) 288-0999 or email pat0115@hotmail.com.

rooms for Rent

Rathskeller

5:00 P.M., SC

Saturday, Feb. 7

MSDC: Karaoke Event

8:00 P.M. CH

Sunday, Feb. 8

Leshowitz Hall

8:00 P.M. CH

Friday, Feb. 6

CSI: Weekend Movie: CSI: Miami

6:00 P.M., SC

LGBTQ Center: GaYme Night

Rathskeller

6:30 P.M., SC

Thursday, Feb. 5

Speaking Through Silence: The Grand Slam

MSDO: Healthy Homemade Bake Sale

Rathskeller

5:00 P.M., SC

Tuesday, Feb. 10

MSU Smile Station: Bake for a Smile

Rathskeller

11:00 A.M., UN Lobby

S.L.A.M.: Winter Week

Leshowitz Hall

2:30 P.M., PA Lobby

MSU Child Advocates: Bake Sale

Rathskeller

1:00 P.M., UN Lobby

SMILE: Who Needs a Valentine Anyways?

Anyways?

SMILE: Love & CaribSO

CaribSO

8:00 P.M., SC

Tuesday, Feb. 10

Semi-formal attire

Free Admission

Doors open at 7:30 P.M.

Night of Love

Thursday, Feb. 12

Dress open at 8:30 P.M.

Leshowitz Hall

Semi-formal attire

MSDO Karaoke Event

5:00 P.M. SC

Rathskeller

Have an event coming up? Let us know! Email Montclarionadsales@gmail.com for more information.
Peak Performances

Music Lovers Weekend!

WORLD PREMIERE

American Contemporary Music Ensemble | Roomful of Teeth

Works by Caroline Shaw, Gavin Bryars, and Henry Purcell

Feb. 7 – 8:00 p.m.

973-655-5112 | peakperfs.org

Convenient parking in the Red Hawk Deck | Alexander Kasser Theater

WORLD PREMIERE

Shanghai Quartet

Works by Beethoven, Ravel, and Du Yun

Feb. 8 – 3:00 p.m.

No charge for undergraduates with valid MSU ID at Kasser Box Office

Up Next!

Feb. 12 – 15 | East Coast Premiere

Emio Greco | Pieter C. Scholten

ICKamsterdam (The Netherlands)

ROCCO

973-655-5112 | peakperfs.org

Convenient parking in the Red Hawk Deck | Alexander Kasser Theater
here are the answers for last week’s star wars crossword puzzle...

ACROSS

4. Dagobah
5. Obi-Wan Kenobi
7. Darth Maul
10. Chewbacca
12. Moisture Farmer
14. Force
16. Nerfherder
19. Lando Calrissian
21. Natalie Portman
22. John Williams
24. Jabba the Hutt
25. Alderaan
26. Jar Jar Banks
27. Hibernation Sickness
29. Count Dooku
30. George Lucas

DOWN

1. C3PO
2. Luke Skywalker
3. Ewoks
4. Darth Vader
6. Wookies
8. Hoth
9. Sarlacc
11. Millennium Falcon
13. Podrace
15. Organa
17. Anakin Skywalker
18. Purple
20. General Grievous
23. Jango Fett
28. R2D2

LOVE TO DRAW?
Submit your comics/cartoons to The Montclarion at msuproduction@gmail.com
Opinion

Snow Removal Slipping Up

If you’re looking to get from the NJ Transit Deck to the Heights via the back path, you might be better off wearing ice skates rather than your everyday footwear. The area has become an ice field along with many other places on the Montclair State University campus due to improper preparation and care during the snowstorm that occurred from Sunday night to Monday afternoon.

Although the weather brought on a delayed opening, from the NJ Transit Deck to the campus, not the highways to do if the actual conditions of class, yet what are we supposed to do if the actual conditions of the campus, not the highways through unshoveld sidewalks and drive on poorly cleaned roads to make it well-being at risk?

We think that there are many measures that the university can take to prevent students from taking figure-skating lessons to get to class. Usually, there are contain-
eries of rock salt kept right by the doors of the academic buildings and residence halls, yet often rock salt is put onto the pave-
moment hours after it is already coated in snow and ice, proving ineffective. Sometimes, there isn’t any salt put down, espe-
ially when snowstorms occur on the weekend, when foot traf-
ic is a lot lighter on campus. There is really no excuse for in-
sufficient salting when students and staff pass by salt supplies.

Students often complain when it snows; the conditions of the town around campus always vary, making it difficult for some commuters to reach school while others have no problems whatsoever. The ad-
ministration always emphasizes that one’s safety and health is more important than attending class, yet what are we supposed to do if the actual conditions of the campus, not the highways?

We have also noticed that it takes a long time for the plow-
ing and shoveling to begin once it starts snowing. We under-
stand that the university does not want to spend time and energy shoveling snow only to have to shovel more three hours later because it is still snowing, but letting the snow pile high before starting to remove it only causes the process of clear-
ing it away, carried out by the grounds staff and student em-
ployees, to take twice as long.

Giving students an oppor-
tunity to make extra cash by shoveling snow is a nice idea, but in reality, Montclair State could be using the money they spend to pay students and staff to hire a professional snow re-
moval company that can get the job done in a fraction of the time.

by professional equipment, as most commercial locations do.

The university’s attempts to cut corners when it comes to snow removal have caused sev-
eral inconveniences and even injuries for students. If we’re required to come to campus to attend class or work at our on-
campus jobs, then we shouldn’t feel like we’re putting ourselves in unsafe conditions.

In situations such as Mon-
day’s delay, the campus should amend its opening time until it is certain that the university will be prepared for students to come to campus. If not, stu-
dents might want to channel their inner Michelle Kwan in order to avoid the wintertime slip’n’slide that is Montclair State University.

The Tonight Show

Doc Severinsen, original bandleader

New England Patriots win

Super Bowl

Dangerous weather conditions

without school cancellation

Long waits for shuttle

New England Patriots win Super Bowl

should news networks show

graphic images and videos

to their viewers?

“I think they should use dis-
cretion because it makes it more real to the viewers, like this is not fake. No, in a way, because you really do not want to show that to children. They should stop at a point. Even with a disclaimer, they should know when to stop.”

-Daniel Okechokwu, Business, Freshman

“Should news networks show graphic images and videos to their viewers?”

“I think yes and no. It depends on how graphic and if it would be provoking to others. I would want to be informed on certain things, though.”

-Christopher DaSilva, Undeclared, Freshman

“Question of the Week:


My Bloodline...The left shark

Doc Severinsen, original bandleader of The Tonight Show, plays with The Roots

New England Patriots win Super Bowl

Dangerous weather conditions without school cancellation

Long waits for shuttle

New England Patriots win Super Bowl

“Should news networks show graphic images and videos to their viewers?”

“I think they should use discre-
tion because it makes it more real to the viewers, like this is not fake. No, in a way, because you really do not want to show that to children. They should stop at a point. Even with a disclaimer, they should know when to stop.”

-Daniel Okechokwu, Business, Freshman

“Should news networks show graphic images and videos to their viewers?”

“I think yes and no. It depends on how graphic and if it would be provoking to others. I would want to be informed on certain things, though.”

-Christopher DaSilva, Undeclared, Freshman

“Question of the Week:


My Bloodline...
Put Your Paws Together for the Puppy Bowl

Before the game and the halftime show, check out cuteness for a cause.

The Puppy Bowl is also doing a great service to animal shelters each year, this is a perfect opportunity for viewers to see animals find their forever homes. In fact, by the end of the Puppy Bowl, most of the puppies will have gone through shelters and into loving homes.

Puppy Bowl highlights that.

Despite the fact that each puppy may only have 15 minutes of fame, these animals are living proof that people love to watch puppy movies and that they want to be part of more and more fans' lives.

Puppy Bowl is also helping to raise awareness about the issue of animal shelters. According to the Humane Society of the United States, approximately 1.5 million dogs and cats are euthanized each year by animal shelters in the United States.

Since the inception of the Puppy Bowl in 2005, it has become a beloved annual event for animal lovers around the world. The show is broadcasted live on Animal Planet and has gained a significant audience over the years.

The Puppy Bowl is not only entertaining but also educational. It raises awareness about the importance of adoption and spaying and neutering pets.

In conclusion, the Puppy Bowl is a great opportunity for people to come together and have fun while supporting a good cause. It is a perfect example of how entertainment can be used for good and to make a positive impact on the world.
The actor to portray grief and "cus" offers a look into the human emotions and the wounds in their necks, dripping from their severed appendages. You see blood splatter all over the stage. The play's reputation as the New York Shakespeare Exchange's 2015 production elevates the play from its position as a vulgar atrocity in an intriguing dramatic presentation that brings the issues of revenge, human sacrifice, and the dangers of bearbaiting and public executions. With such a reputation working against it, it seems difficult that such a play could succeed and yet, the New York Shakespeare Exchange's 2015 production exceeds the play's reputation as the Bloodbath of Shakespeare's worst works. You will be sure to see blood splatter all over the stage, streaming down characters' necks, dripping from their severed appendages, and the wounds in their breasts. But if you look past the blood, "Titus Andronicus" offers a look into the human limits of morality, aided by the astoundingly accurate portrayal of the actors to portray grief and install sympathy in the audience through their own seemingly bottomless capacity for despair. At one point, Titus, played by Brendan Averett, ponders the ground with his fists as he vehemently and desperately calls for his sons', painedly, actually sobbing and sobbing his soliloquy. At this point, you are totally engrossed in Titus's display of this harsh and terrible. You feel for Lavinia, played by Kate Lyle, as Tamora's vicious maids rape and mutilate her; you also experience pity for Aaron the Moor, played by Warren Jackson, as he有待 his own hands, from his murder, his only crime being his black skin. Although the tragic elements of Titus have often been accused of being too high-toned and grotesque that they appear comical to the audience, in this case, the sadness was largely realistic, though a few laughs escaped when Lavinia carried her father's severed hand offstage in her mouth. With all this being said, there were some moments that failed to mystify completely. The character of the Clown, played by Kerry Kas- sian, created some confusion as he took on many miscell- aneous small parts, often introduced by a casual costume change. It was not always clear which character he was portraying. The same can be said for Sean Hinckle, who played Bassianus, killed in the first act, only to rise from the dead and play Young Lu- cius in the second act without any explanation (although this may be due to the fact that a medical emergency caused understudies to take on new roles at the last minute). Of course, none of these confusion about the identity of the actors, perhaps the multiple casting could be made

Photo Courtesy of Kalle Westerling
Whether or not you enjoy rigid days and glacial nights, there is more music in every genre for the 2015 season. A student member of the Montclair State University’s Music Department, Dania Felix, contributed to this week’s column. Felix is a self-made musician hailing from Michigan who got his roots from his church choir. His sound is very ethereal and synth-driven; something you would want to fall asleep to if you are looking for an album to grab a book, cuddle up, and drink a cup of tea with, definitely listen to his album Young Rubbish.

Eighteen-year-old Ella Henderson is a cutie from Tetney, UK who sang on the UK version of The X Factor as the creator of their popular web series RWBY. She was a finalist in the ninth season of the show which inspired her to pursue a career in animation, jumped into making fan videos, creating a memorable and unpredictable piece through stories and songs. Walking over audience members and squashing evil spirits with flip flops were both equal parts of the fun. The dynamic performance took comedic and terrifying turns as the dancers brought elements of their culture in Senegal to the people of Montclair. This piece in particular was inspired by the fes-
vival tradition of the Fanti Lion, a coming-of-age ceremony in bravery. Never has a Peak Performance been so interactive at Kasser.

One moment specifically was especially disturbing and entert-
aining. A student member of the audience was “ID’d” by a dancer and then kidnapped to come on stage. During the process, four of the grown male dancers covered the student’s head in a bag and carried him to the center. Alexa Cinotti, a junior BA Theater Stud-
ies major said, “I saw it for a class requirement and I definitely did not expect any of it to happen.”

Director Robyn Orlin integrated bits of Western culture to the show by texting the audience members through the entire performance. Seen via projector, iMessages were “sent” from Orlin’s phone that described the rituals happening on stage. Some audience members found these messages to be dis- 

This week, a tragedy many of Rossetter Teeth’s staff and fans were and still are devastated over was the news of Monty Oum’s passing due to a severe allergic reaction. Oum, an animator for Rossetter Tooth, was well-known for his work as lead animator for seasons 8-10 of RWBY. Oum was a visionary and, without any formal educa-
cation, jumped into making fan videos, creating iDance, an animated short depicting the ultimate showdown and eventual alliance of iDance’s Master Chief and Meat’s Samus Aran. It accumulated so much buzz that Oum went on to make other videos, such as his mashup Final Fantasy and Dead or Alive series titled Dead Fantasy. He worked as a game designer for Namco-Bandai, eventually leaving in 2009 to become an animator for Rossetter Teeth and changing the world of animation.

Oum was highly regarded for his work, even receiving awards such as the International Academy of Web Television’s Best Animated Series for RWBY, but many of his co-
workers, fans and family will remember Oum for his love of dance, flashy clothing and being a Dance Dance Revolution god. Dance is what inspired his work and influenced his style of animation. His passing leaves us with a heavy heart; although not knowing Oum on a personal level, the performance was a per-
flect example of multimedia the-

Maintenance of her reputation as an artist who stimulates or disturbs her audience, Orlin’s latest piece is true to its purpose.
Student Artist Highlight
featuring Graphic Designer and Visual Artist Liam Eisenberg

What is your biggest motivation?
My drive comes from wanting to express my life experiences through visual art.

How has Montclair State University fostered you as an artist?
During a time I thought I was done with school, Montclair State showed me I had a lot to learn.

Who are your biggest inspirations?
Arnold Schwarzenegger, John Lennon, Tupac Shakur, my parents and Jay Z.

What’s your latest project?

SC&I Graduate Programs
Information Sessions

“If you’re offered a seat on a rocket ship, don’t ask what seat! Just get on.”
— Sheryl Sandberg, COO, Facebook

The School of Communication and Information offers two graduate degrees that can launch your successful career through programs tailored for our evolving digital age.

Master of Communications and Information Studies (MCIS)
Choose from Digital Media, Strategic Organization, Health Communication or a general path of study.

Master of Information (MI)
Commanding a #6 ranking nationwide by U.S. News & World Report, our MI program offers flexibility with in-class, 100% online or hybrid coursework.

It's time to take your seat and see where an MCIS or MI can take you.
Meet our faculty and staff, get an inside perspective from current students, and learn how you can design your own program on campus, online or both.

Attend in person or online via live stream.

RSVP to attend or learn more:
comminfo.rutgers.edu/montclair

Information Session Dates:
Master of Communication and Information Studies
Feb 17, 6:30 p.m.
Master of Information
Feb 11, 6:30 p.m
4 Huntington • Room 323
College Avenue Campus
"In America, the President reigns for four years, but Journalism governs forever." – Oscar Wilde

WANTED FOR:

NEWS
FEATURE
ENTERTAINMENT
OPINION
SPORTS

Room 113 Student Center Annex
in Upper Montclair, NJ 07043

Phone 973.655.5230
Fax 973.655.7804
E-mail MontEditor@gmail.com
## Red Hawk Round Up

### Women’s Basketball

A 72-39 victory over Ramapo on Jan. 31 brought the women’s basketball team to five straight victories.

Four players on the team put up double figures in the contest, including Sage Bennett, Melissa Tobis, Janitza Aquino and Katie Sirio.

The Red Hawks travel to Rutgers-Camden on Feb. 7.

### Indoor Track and Field

Track and Field competed in the Wesleyan Invitation on Jan. 31 where the men’s team took home two first place wins in the 4x400 and 4x800.

Jonathon Feiglin finished with three individual top five placements while Daniel Barreira finished with two.

### Swimming and Diving

Both the men’s and women’s swimming and diving were victorious against William Patterson at their last dual meet of the season.

The men’s squad defeated the pioneers 175-118 and the women’s team recorded a 152-120 win.

The Swimming and Diving team will not take to the pool again until Feb. 20 for the Metropolitan Swimming and Diving Championship.

### Professional Standings

#### EPL (England)

<table>
<thead>
<tr>
<th>Team</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Chelsea</td>
<td>3 points</td>
</tr>
<tr>
<td>2. Man. City</td>
<td>48 points</td>
</tr>
<tr>
<td>3. Man. United</td>
<td>43 points</td>
</tr>
<tr>
<td>4. Southampton</td>
<td>42 points</td>
</tr>
<tr>
<td>5. Arsenal</td>
<td>42 points</td>
</tr>
<tr>
<td>6. Tottenham</td>
<td>40 points</td>
</tr>
<tr>
<td>7. Liverpool</td>
<td>38 points</td>
</tr>
<tr>
<td>8. West Ham</td>
<td>36 points</td>
</tr>
<tr>
<td>9. Swansea</td>
<td>33 points</td>
</tr>
<tr>
<td>10. Stoke City</td>
<td>32 points</td>
</tr>
<tr>
<td>11. Newcastle Utd</td>
<td>30 points</td>
</tr>
<tr>
<td>12. Everton</td>
<td>26 points</td>
</tr>
<tr>
<td>13. Crystal Palace</td>
<td>23 points</td>
</tr>
<tr>
<td>14. Sunderland</td>
<td>23 points</td>
</tr>
</tbody>
</table>

#### Serie A (Italy)

<table>
<thead>
<tr>
<th>Team</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Juventus</td>
<td>50 points</td>
</tr>
<tr>
<td>2. At Roma</td>
<td>43 points</td>
</tr>
<tr>
<td>3. Napoli</td>
<td>39 points</td>
</tr>
<tr>
<td>4. Lazio</td>
<td>34 points</td>
</tr>
<tr>
<td>5. Sampdoria</td>
<td>34 points</td>
</tr>
<tr>
<td>6. Fiorentina</td>
<td>32 points</td>
</tr>
<tr>
<td>7. Palermo</td>
<td>30 points</td>
</tr>
<tr>
<td>8. AC Milan</td>
<td>29 points</td>
</tr>
<tr>
<td>9. Genoa</td>
<td>29 points</td>
</tr>
<tr>
<td>10. Torino</td>
<td>28 points</td>
</tr>
<tr>
<td>11. Sassuolo</td>
<td>28 points</td>
</tr>
<tr>
<td>12. Udinese</td>
<td>28 points</td>
</tr>
<tr>
<td>13. Inter</td>
<td>26 points</td>
</tr>
<tr>
<td>14. Verona</td>
<td>24 points</td>
</tr>
</tbody>
</table>

#### NHL Metropolitan

<table>
<thead>
<tr>
<th>Team</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. N.Y. Islanders</td>
<td>65 points</td>
</tr>
<tr>
<td>2. Pittsburgh</td>
<td>64 points</td>
</tr>
<tr>
<td>3. N.Y. Rangers</td>
<td>62 points</td>
</tr>
<tr>
<td>4. Washington</td>
<td>62 points</td>
</tr>
<tr>
<td>5. Philadelphia</td>
<td>51 points</td>
</tr>
<tr>
<td>6. N.J. Devils</td>
<td>49 points</td>
</tr>
<tr>
<td>7. Columbus</td>
<td>45 points</td>
</tr>
<tr>
<td>8. Carolina</td>
<td>41 points</td>
</tr>
</tbody>
</table>

#### East Wild Card

<table>
<thead>
<tr>
<th>Team</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Washington</td>
<td>62 points</td>
</tr>
<tr>
<td>2. Boston</td>
<td>61 points</td>
</tr>
<tr>
<td>3. Florida</td>
<td>54 points</td>
</tr>
<tr>
<td>4. Philadelphia</td>
<td>51 points</td>
</tr>
<tr>
<td>5. Ottawa</td>
<td>49 points</td>
</tr>
<tr>
<td>6. N.J. Devils</td>
<td>48 points</td>
</tr>
<tr>
<td>7. Toronto</td>
<td>48 points</td>
</tr>
<tr>
<td>8. Columbus</td>
<td>45 points</td>
</tr>
<tr>
<td>9. Carolina</td>
<td>41 points</td>
</tr>
<tr>
<td>10. Buffalo</td>
<td>33 points</td>
</tr>
</tbody>
</table>

#### Bundesliga (Germany)

<table>
<thead>
<tr>
<th>Team</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Bayern Munich</td>
<td>46 points</td>
</tr>
<tr>
<td>2. Wolfsburg</td>
<td>38 points</td>
</tr>
<tr>
<td>3. B. Moen.</td>
<td>33 points</td>
</tr>
<tr>
<td>4. Augsburg</td>
<td>33 points</td>
</tr>
<tr>
<td>5. Leverkusen</td>
<td>32 points</td>
</tr>
<tr>
<td>6. Schalke</td>
<td>31 points</td>
</tr>
<tr>
<td>7. Hoffenheim</td>
<td>26 points</td>
</tr>
<tr>
<td>8. Hannover</td>
<td>25 points</td>
</tr>
<tr>
<td>9. Eintracht</td>
<td>24 points</td>
</tr>
<tr>
<td>10. Koeln</td>
<td>23 points</td>
</tr>
<tr>
<td>11. Bremen</td>
<td>23 points</td>
</tr>
<tr>
<td>12. Mainz</td>
<td>22 points</td>
</tr>
<tr>
<td>13. Hamburger</td>
<td>20 points</td>
</tr>
<tr>
<td>14. Paderborn</td>
<td>19 points</td>
</tr>
</tbody>
</table>

#### NBA Eastern Conference

<table>
<thead>
<tr>
<th>Team</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Atlanta</td>
<td>0 GB</td>
</tr>
<tr>
<td>2. Toronto</td>
<td>7 GB</td>
</tr>
<tr>
<td>3. Washington</td>
<td>9 GB</td>
</tr>
<tr>
<td>4. Chicago</td>
<td>10 GB</td>
</tr>
<tr>
<td>5. Cleveland</td>
<td>10.5 GB</td>
</tr>
<tr>
<td>6. Milwaukee</td>
<td>13.5 GB</td>
</tr>
<tr>
<td>7. Charlotte</td>
<td>18.5 GB</td>
</tr>
<tr>
<td>8. Miami</td>
<td>18.5 GB</td>
</tr>
<tr>
<td>9. Brooklyn</td>
<td>20 GB</td>
</tr>
<tr>
<td>10. Detroit</td>
<td>21 GB</td>
</tr>
<tr>
<td>11. Boston</td>
<td>22 GB</td>
</tr>
<tr>
<td>12. Indiana</td>
<td>23 GB</td>
</tr>
<tr>
<td>13. Orlando</td>
<td>26 GB</td>
</tr>
<tr>
<td>14. Philadelphia</td>
<td>29.5 GB</td>
</tr>
<tr>
<td>15. N.Y Knicks</td>
<td>30 GB</td>
</tr>
</tbody>
</table>
Daniel Barreira
Men’s Indoor Track and Field

Barreira finished first place in two of the four events he competed in last week. He ran for first in the 800 meters with a time of 2:01.26 and was the third leg runner MSU’s victory in the 4x800.

Current Stats
- Won 800 meter
- Third leg in 4x800
- 4th in 60 hurdles

Melissa Tobie
Women’s Basketball

Tobie lead MSU to two NJAC wins last week by recording a total of 35 points, 22 rebounds and six assists. She became the fifth player in MSU basketball history to pass 1,800 points in a career.

Current Stats
- 15.5 points per game
- .489 FG percentage
- 9.7 rebounds per game

Who’s Hot This Week
Melissa Tobie
Women’s Basketball

Tobie lead MSU to two NJAC wins last week by recording a total of 35 points, 22 rebounds and six assists. She became the fifth player in MSU basketball history to pass 1,800 points in a career.

Current Stats
- 15.5 points per game
- .489 FG percentage
- 9.7 rebounds per game

Upcoming Games
Men’s Basketball: 2/7 @ Rutgers-Camden
Women’s Basketball: 2/7 @ Rutgers-Camden

Men’s Track and Field: 2/7 @ Ramapo Indoor Select meet
- 2/8 @ CTC Indoor Championship

Women’s Track and Field: 2/7 @ Ramapo Indoor Select meet
- 2/8 @ CTC Indoor Championship

BECOME A WRITER
Phone 973.655.5230
Fax 973.655.7804
E-mail Montclarionsports@gmail.com
Room 113 Student Center Annex in Upper Montclair, NJ 07043
UFC 183 Fight Card

<table>
<thead>
<tr>
<th>Weight Class</th>
<th>Fighter 1</th>
<th>Record</th>
<th>Fighter 2</th>
<th>Record</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heavyweight</td>
<td>(1) Anderson Silva (34-6)</td>
<td>def. Nick Diaz (26-10, 1 NC)*</td>
<td>via unanimous decision (29-28 x3, 30-27, 30-26)</td>
<td></td>
</tr>
<tr>
<td>Middleweight</td>
<td>(13) Jordan Mein (29-10)</td>
<td>def. Andy Enz</td>
<td>via TKO in Round 2</td>
<td></td>
</tr>
<tr>
<td>Lightweight</td>
<td>(11) Thales Leites (29-4)</td>
<td>def. Joe Lauzon (24-10, 1 NC)</td>
<td>via submission in Round 2</td>
<td></td>
</tr>
<tr>
<td>Featherweight</td>
<td>(1) Ildemar Alcantara (13-7)</td>
<td>def. (3) Sara McMann (8-2, 1 NC)</td>
<td>via unanimous decision (29-27, 30-29, 30-28)</td>
<td></td>
</tr>
</tbody>
</table>

UFC 183 Recap

The UFC held the 183rd pay-per-view event the UFC 183 card on Sat., January 31 at the MGM Grand Garden Arena in Las Vegas and put on a spectacular show. The fight card was loaded with finishes and even a few points. The decisions turned out to be highly entertaining. One of the decisions, the highly-anticipated main event between Anderson Silva and Nick Diaz was one of the most entertaining fights in recent memory.

The anticipation was killing most people after both fighters have had extended layoffs in the Octagon. Once the fight began, it was clear what kind of fight this would become. Both Diaz and Silva are famous for talking trash, something that Silva has largely abandoned since being knocked out in 2013 because he was showingboat and didn’t respect current champion Chris Weidman. Silva kept the same game plan in this fight and tried to avoid falling into Diaz’s trap. The truly amazing thing was that Diaz was using all of Silva’s old taunts to try and get in the head of “Spider.”

Silva did not fall prey to these taunts and picked apart Diaz like most believed he would. Silva won via unanimous decision, a very dominant one at that, but that’s not to say the fight wasn’t competitive. Diaz is in there like many have failed to do and all mixed martial arts fans will hope to see him back in the Octagon. When the decision was announced, Silva was very emotional and talked about how his son has been telling him to stop fighting. Whether Silva indeed retires or not is debatable, but Anderson will be sitting down with his family and talking about whether it’s time to call it a career.

In the Co-Main Event of the evening, an overweight (by 10 pounds) Kelvin Gastelum put together a disappointing effort to Tyron Woodley in the Split Decision loss. In fact, Woodley was rather unimpressive as well and the fight essentially eliminated two contenders at once. Al Iaquinta defeated the durable Joe Lauzon by way of TKO while Thales Leites and Ildemar Alcantara pulled off impressive wins over their respective opponents.

Next Event

UFC Fight Night 60
Feb. 14, 2015
Broomfield, Colo.

*Note from the Editor

In a shocking turn of events, Anderson Silva was busted for testing positive for multiple anabolic steroids in his system for a Jan. 9 drug test commissioned by the Nevada State Athletic Commission. The results were discussed in a no-contest. "Spider" is being considered for multiple anabolic steriods in his system for a Jan. 9 drug test commissioned by the Nevada State Athletic Commission. The results were discussed in a no-contest. The upcoming result, likely a No Contest, is not confirmed.

The Montclarion UFC Predictions

<table>
<thead>
<tr>
<th>Weight Class</th>
<th>Fighter 1</th>
<th>Record</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heavyweight</td>
<td>0-0</td>
<td></td>
</tr>
<tr>
<td>Light Heavyweight</td>
<td>0-0</td>
<td></td>
</tr>
<tr>
<td>Middleweight</td>
<td>5-1*</td>
<td></td>
</tr>
<tr>
<td>Lightweight</td>
<td>1-0</td>
<td></td>
</tr>
<tr>
<td>Featherweight</td>
<td>0-0</td>
<td></td>
</tr>
</tbody>
</table>

Women’s Bantamweight | 1-0

Bantamweight | 0-0
Women’s Strawweight | 0-0
Catchweight | 0-2

Inside the Octagon

UFC 183 Recap

The Montclarion predicted winners are in bold

Full Fight Results

Middleweight - Thiago Santos (10-3) def. Andy Enz (7-3) via TKO in Round 1
Middleweight - Ildemar Alcantara (21-7) def. Richard Moreira (7-3) via split decision (29-28 x2, 28-29)
Featherweight - Diego Brandao (18-10) vs. Jimmy Hettes (11-2) - Canceled
Middleweight - Rafael Natal (19-6-4) def. Tom Watson (17-8) via unanimous decision (30-27 x2, 30-26)
Catchweight (130 lbs.) - (6) John Lineker (25-7) def. (3) Ian McCall (13-5) via unanimous decision (29-28 x3)
Middleweight - Derek Brunson (13-3) def. Ed Herman (22-11, 1 NC) via TKO in Round 1
Women’s Bantamweight - (2) Miesha Tate (16-5) def. (3) Sara McMann (8-2) via majority decision (29-28, 29-27, 28-28)
Welterweight - Thiago Alves (21-9) def. (13) Jordan Mein (29-10) via TKO in Round 2
Middleweight - (11) Thales Leites (25-4) def. (13) Tim Boetsch (18-8) via technical submission in Round 2
Lightweight - Al Iaquinta (11-3-1) def. Joe Lauzon (24-10) via TKO in Round 2
Catchweight (180 lbs.) - (3) Tyron Woodley (15-3) vs. (7) Kelvin Gastelum (10-1) via split decision (28-29, 29-28, 30-27)
Middleweight - (1) Anderson Silva (34-6)* def. Nick Diaz (26-10, 1 NC)* via unanimous decision (49-46, 48-46, 47-46)

Catchweight (130 lbs.) - (6) John Lineker (25-7) def. (3) Ian McCall (13-5) via unanimous decision (29-28 x3)

<Continued from Page 20>
Brothers Will Always Be Brothers
This has never been truer for the Abreu brothers

David Abreu
Contributing Writer
This past season, the Montclair State University baseball team welcomed a new addition to the coaching staff, coach with the outfielders, including his younger brother, third baseman and outfielder Connor Abreu. He had a history of working with players on the coaching staff this upcoming season. The Wardlaw-Hartrige School for the team so they weren’t able to work with players until the beginning of the 2013-14 campaign. Brodeur retired with 588 career shutouts as of February 5, 2015. Red Hawk Round-up
Who’s Hot
UFC 183 Recap
Andrewson Silva Recap