Black HERstory Ball Leaves its Mark

Photo courtesy of Brian Edwards, LGBTQ Center.

LGBTQ Center hosted event in honor of Black History Month.

Theadora Lecour
Entertainment Editor

The Montclair LGBTQ Center hosted event in honor of Black History Month.

RuPaul’s Drag Race

Jayna Gagliardi
News Editor

With the ongoing predic- tion of snow and temperatures dropping to record lows in the past few weeks, various opera- tions on campus have begun to feel its repercussions. Most recently, on Monday, Feb. 16 at approximately 4:30 p.m., a steam pipe burst in the ceiling of Freeman Dining Hall, leaving a considerable amount of water damage in its wake just outside the dishwashing area.

Chapel Hill Vigil Honors Students Lost to Shooting

Students held signs with messages relating to the Chapel Hill shootings.

Motown; the ball was designed to ele- vate the students of Montclair State who manage to catwalk through life’s adversities. During the evening, N.C., came to Montclair State University to speak at a vigil for the lives lost in the shooting. The event was organized by Students for Justice in Palestine (MSJP) and attended by people of all different races and backgrounds, as well as students, faculty, administra- tion, and people of all different na- tionalities. The vigil was held at the free Black HERstory Ball on Friday, Feb. 13. In addition to commemorating the lives lost in the shooting, the vigil also served as a platform for students to express their grief and solidarity with the families of the victims and the LGBTQ+ community.

Cold weather caused a pipe to burst in Freeman Dining Hall.

Top photo courtesy of Mike Peters, Michael Edwards | The Montclarion

According to John Delate, Exec- utive Director of Residence Life, the pipe carries and con- tains a considerable amount of hot water for the radiators in that part of Freeman Hall and the water damaged the ceiling of Freeman Dining Hall.

Photo courtesy of Cindy Meneghin.

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MSU Panel Discusses Brown and Garner Cases

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Massive protests and great opposition have surged across the country and throughout the world in the cases involved with Michael Brown and Eric Garner. These cases, along with many others, have created per- spectives that not only draw upon race in the spheres of in- equality and gentrification of minorities throughout Ameri- can history; they have further led to the question of the legal proceedings involved with the indictment process and the question of excessive force.

Natalia Smyth
Staff Writer

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The Montclarion willingly corrects its factual errors. If you think there is mistaken in a story, please call Editor-in-Chief Catherine at ext. 5230.

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HERstory: Ball Proves Successful Night for LGBTQ Center and Community

Monday, Feb. 9
Freeman Dining Hall: A staff member reported hearing a commotion coming from the second floor. Upon investigation, it was determined that a student had entered the second floor and was feeling unwell. The student was assisted by staff and was taken to the hospital. The incident is under investigation.

Tuesday, Feb. 10
Overlook Building Parking Lot: Student [name withheld] reported a harassment incident involving verbal abuse and Threatening behavior. The incident is under investigation.

Wednesday, Feb. 11
Dickson Hall: Student Adrien [name withheld], a first-year psychology major, reported an incident of sexual harassment. The incident is under investigation.

Thursday, Feb. 12
Student Center C-Store: Student [name withheld] reported a theft incident involving a lost wallet. The incident is under investigation.

Friday, Feb. 13
Firestone Library: Student [name withheld] reported an incident of verbal harassment. The incident is under investigation.

Saturday, Feb. 14
Blanc Hall: Student [name withheld] reported an incident of verbal harassment. The incident is under investigation.

Sunday, Feb. 15
Blanc Hall: Student [name withheld] reported an incident of verbal harassment. The incident is under investigation.

Pelican Police Report

Students expressed themselves at the Ball. Photos courtesy of Brian Edwards, LGBTQ Center.

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Morgenstern Hall: Student [name withheld] reported an incident of verbal harassment. The incident is under investigation.

Tuesday, Feb. 10
Floyd Hall Arena: Student [name withheld] reported an incident of verbal harassment. The incident is under investigation.

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Tuesday, Feb. 10
Overlook Building Parking Lot: Student [name withheld] reported a harassment incident involving verbal abuse and possession of a weapon. The incident is under investigation.

Wednesday, Feb. 11
College Hall: A student reported a theft incident. The case is under investigation.

Thursday, Feb. 12
Student Center C-Store: A student reported a harassment incident involving verbal abuse and possession of a weapon. The incident is under investigation.

Friday, Feb. 13
Stone Hall: Two students reported an incident of fraudulent checks. The case is under investigation.

Saturday, Feb. 14
Gibson Hall: A student reported a harassment incident involving verbal abuse and possession of marijuana. The incident is under investigation.

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Blanc Hall: Student [name withheld] reported a harassment incident involving verbal abuse and possession of marijuana. The incident is under investigation.

Monday, Feb. 16
Floyd Hall Arena: A staff member of the arena reported a criminal trespassing and criminal mischief incident. The case is under investigation.

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Anyone who has information regarding these incidents is urged to call the police station at 1-877-5427. All calls are strictly confidential.
Freeman Dining Hall reopened on Tuesday at 10 a.m. after closing the night before.

Students attended vigil despite cold in honor of those who have passed.

Khadijah Danielian. “But, to move forward and grow, we cannot respond with hate. We must respond with love. Love is what will make the world a better place.”

Photo courtesy of Cindy Meneghin.

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WRITEFORS:

Vigil: Campus Remembers Peers, Friends and Family

Continued from page 1

Keep our Students in Mind.

The Montclarion is a free, independent weekly newspaper of Montclair State University. The Montclarion reserves the right to edit, omit, or refuse submissions of any kind. The Montclarion is published on Thursdays. The Montclarion welcomes and encourages letters and contributions from readers. While the Montclarion does not necessarily agree with the opinions expressed by its contributors, it is published in order to encourage open and healthy discussion of issues. The Montclarion neither endorses or advocates any political, religious, or philosophical views. Readers are encouraged to write letters to the editor in support of the Montclarion’s freedom of expression policy. The Montclarion is published on Thursdays.

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Pipes: Cold Weather Causes Water Damage

Continued from page 1

therefore caused a great deal of seem to quickly enter the din- ing area.

In response, an orderly evac- uation of the dining area was conducted for the sake of all present at the time of the inci- dent; both University Police and Fire Department arrived on the scene to ensure the safety and well-being of those individuals.

To begin cleaning up, the Chartwells Dining Team pushed the fallen water towards a drain in the basement area; soon after, the housekeep- ing staff arrived to assist with removing the wa- ter from the dining area.

At the same time, the Facili- ties crew turned off the water to the building and began to re- pare the leak itself. A University electrician was called to the site to check all electrical applican- ces, lights and outlets.

According to DeJaire, while these repairs took place, the water shutdown affected the residents of Freeman Hall for a brief period of time; the water flowing to the building had to be turned off for plumbing re- pairs. Within a few hours, the system was fully operational.

Though the remains of dam- age are still present at the site of the incident, by 9:30 p.m., the dining area was restored to its original condition.

Students and residents were unable to eat at Freeman Dining Hall while the cleaning and ini- tial repairs were being made. In the meantime, for those looking to eat dinner that evening, Transportation Ser- vices provided a shuttle service that ran in a loop from Red Hawk’s Deck to Sam’s Place.

Residence Life also ordered around 250 slices of pizza, which were located in the Freem- an Hall Lobby for the enjoy- ment of residents; similarly, Chartwells provided a contin- ental breakfast in the same lo- cation the following morning.

After a thorough dissec- tion by Housekeeping staff members during this time, the Chartwells staff completed a final walkthrough to ensure the proper cleanup and working order of the dining hall before reopening on Tuesday, Feb. 18, at 10:00a.m.

While Freeman is back up and running, thanks to the in- credible teamwork of the Facili- ties, Chartwells and Residents’ Life staffs, as well as the resi- dents’ cooperation, we must all be diligently monitoring our area,” said DeJaire. “[As] the extremely cold temperatures have impacted pipes on cam- pus as well as throughout the region, we continually monitor the heating system across cam- pus and the Facilities staffs are ready to respond to any issues 24 hours a day.

For this reason, students as- well as residents with any con- cerns are encouraged to contact Residence Life or Dining Ser- vices to ensure the issue is ad- dressed as soon as possible in order to prevent situations such as these.

used by police.

Investigations of shootings be- tween 1999 and 2014 revealed that out of 179 fatal shootings, three quarter of those were racially motivated. Of these shootings, 86% were black victims and there was one recorded conviction.

“Prosecutions were burying these cases instead of prosecuting them or trying to determine if they were justifiable,” accord- ing to Dr. Francesca Laguardia of the Justice Studies Depart- ment. Both cases concerning Brown and Garner provided substantial evidence and grey areas that brought many to believe that indictments were necessary.

In polls taken by CBS News of blacks and whites combined, 41 percent of participants were disappointed or angered by the grand jury’s decision in the conclusion of the Brown case. After the grand jury decision for the Eric Garner case, 54 per- cent of participants were disap- pointed or angered.

The training of officers has been a huge issue among many people; issues involved with excessive force and improper arrests in the Garner case and in the Brown case, excessive use of force involved with Officer Darren Wilson displaying his firearms. Many blamed the lack of training of the officers for the result both at the encounters at hand.

“I think that the training has to be ongoing,” said Montclair State University Police Depart- ment Detective Lieutenant Barrett. “The police force is a learning force, specifically involved with law enforcement, dealing with law enforcement officers create. Whether inter- rogation the image that police- men, among the groups who gathered to remember, appeared to agree with this view. The vigil was filled with tears and passionate speeches, but the message of hope and love still prevailed.

“This was a terrible crime, a tragic act of hate,” said student

Panel: ‘Do Black Lives Matter?’ Draws Attention of Students on Campus

Continued from page 1

Frequent discussion concen- trations on the image that police officers create. Whether inter- pretations involve people psy- chologically fearing officials or officers creating an intimidating attitude, many people continue to have an increased distrust in law enforcement officers.

“Oh boy, we are here to pro- tect you, but take the wrong step and I am not only willing to, but I have all of the gear to harry you and a very lethal weapon” said Dr. Calvin John Smiley of the Justice Studies Department.

In a poll conducted by CBS, 43 percent of African Ameri- can feels anxious when they are dealing with law enforcement officials.

“I believe that the stories that are given are fabricated and changed by the media,” said Adrianna Valero, a Dance and Psychology Major. “I do be- lieve that officers do use exces- sive force, but we never get the actual story,” Valero concluded.

“If the person you are appro- ament or angering, one needs to know that when training when excessive force is being used,” said Will Evans, a Dance major.

The event was sponsored by the Justice Studies Department and co-sponsored by the Mont- clarion State University Police De- partment, the NAACP-MSU Chaple and the Justice Studies Club.

For information on their fu- ture events or any other infor- mation can be found at mont- clair.edu.

In America, the President reigns for four years, but Journalism governs forever.” —Oscar Wilde

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Transitioning from Winter to Spring

Kristen Bryfogle
Opinion Editor

They say that March comes in like a lion and out like a lamb, but we all know that at Montclair State, the lamb often doesn’t arrive until long after the start of spring. With temperatures barely breaking 30 degrees over the past two weeks, it looks like we still have a lot of cold weather left, but most stores are already featuring spring styles. There are many ways that you can incorporate spring trends with some warmer clothing so that you can dress for the upcoming season while still staying warm and comfortable in the transition from winter to spring. If you follow these tips, you can conquer the cold and embrace your inner flower-power queen, even if the weather is working against you.

Swag out high and fluffy winter boots. When the temperature rises a bit, you can pack away your knee-high and lined boots and start wearing lighter footwear — both in color and weight. Instead of wearing a high-boot, you can slip on a pair of light-colored booties to brighten your look; or, my personal favorite, some loafers. These classic shoes are perfect for a casual look with jeans and can be dressed up for work with your favorite dress and blazer. Oxfords come in all colors, so you can choose a cream or light brown for a sartorial look that matches with everything or you can pick up one with a bold pattern, such as a floral or polka dots, to make a statement with your shoe selection. Another great way to lighten up a look is to pick up a pair of eyelet tennis shoes. Keds and Payless sell great eyelet sneakers that you can wear with basically any casual outfit, bringing a splash of spring fever into your cozy appearance.

Mix and match winter and spring pieces with bright colors and patterns. In The Devil Wears Prada, Miranda Priestly famously ditches the trend of florals for spring, but let’s be honest; spring is the season for flowers, both in gardens and in your clothing. Most stores stock up on floral patterns as spring approaches, so you can always pick up a floral blouse in chiffon or polyester and pair it with a wool cardigan and skinny jeans for a bright and springy look. You can also dress in a neutral top and a floral bottom, such as a floral print tunic or floral skater skirt with tights. Pair either of these with a collared button down, layered with a sweater and you’ll be sure to keep out the Montclair State wind while staying up on the trends. If you’re not into florals, pick out a bold-colored denim or tweed to brighten your look from the popular blacks, greys and browns of winter fashion. Old Navy pixie pants are a great option. They come in a large span of sizes, colors and lengths and can be dressed up for work and down for a weekend hangout. Pairing one of these with a winter go-to — a dark sweater or bottom — can mix cold-weather fashion with spring staples, easing the transition to lighter-weight clothing.

Wear a pair of tights under your jeans. Wear a pair of tights under your jeans. It sounds uncomfortable and unflattering, but wearing a lightweight footless tights under your jeans can be a life saver in cold weather. It will keep you warm on especially cold days and when the weather lightly warms up, you can wear the tights with a skirt, shirt, or with a pair of shoe. Lightweight footless tight under your favorite pair of skinny jeans are definitely help your carefree springtime look. Additionally, experimenting with pastel makeup can always pick up a floral blouse in chiffon or polyester and pair it with a wool cardigan for a uniquely springy look, and using lighter pastels and pinks in your palette can lighten the severity of the winter months.

Pick the right accessories and style your look according to the weather. Pick the right accessories and style your look according to the weather. Wear beaver clothing with a lighter jacket. Late winter/early spring is one of those times of the year when it’s cold enough to wear a heavy winter coat, but bundling up seems a bit excessive. My suggestion in this case is to bundle up underneath your coat; wear an undershirt, a sweater and a pair of jeans or a sweater dress to keep cozy. Then, throw on a denim, leather or another type of lightweight jacket. This can help you avoid looking overdressed while keeping yourself warm enough to fight getting sick in the middle of the semester.

Replace your heavy wool scarf with a lighter-weight fashion scarf in a floral pattern or bright color to complement your outfit for the winter while still staying warm. You can also wear some soft pastel-colored statement necklaces or dangling earrings to break up winter’s dark color patterns. Flair and make-up can also give the illusion of being ready for spring although you are still dressing warmly. Getting warm highlights, wearing your hair into a braided hairstyle and coating your locks into big beachy waves can definitely help your current springtime look. Additionally, experimenting with pastel makeup can always give your favorite winter clothing a uniquely springy flair and using lighter pastels and pinks in your palette can lighten the severity of the winter months.
Most Important Meal of the Day

Skipping breakfast means skipping critical health benefits

James Carpenter
Staff Writer

If you’re routinely making a fast break out the door each morning on route to class, the gym or the office without first consuming the day’s most important meal breakfast, consider these powerful eye-opening health benefits derived from “breaking the fast,” or going several hours without food and water during overnight sleep. You’ll see why it’s called the most important meal of the day.

Missing breakfast is like driving a car with no fuel. Your brain, muscles and stomach are starved for nutrients and fluids after an overnight fast during sleep mode. You awaken slightly dehydrated and with low blood sugar; two issues that need immediate attention for optimal mental and physical performance in the classroom, on the job or for sports practices.

Consuming a couple of glasses of water, milk or tea, coffee and water-based fruits and vegetables are hydrating. Avalon with common back stiffness? Dehydration along the spinal discs can cause strain in the back. That’s another reason to start your day with some nourishing fluids to not only rehydrate, but also to help erase typical back stiffness.

Breakfast eaters resist colds and flu better than heading off to class or work. Breakfast consumers are less likely to overeat at lunch and dinner. Also, it’s easier to burn calories earlier in the day from a larger meal than having a late-day large meal. Now common excuses for missing breakfast most often are oversleeping or not having enough time to eat. These are ordinary excuses and reasons to either omit breakfast or resort to a grab-and-go with a less-than-wholesome portable sugary energy or protein bar. While these handy bars are better than heading off to class or work on an empty stomach, prepare the following nutritious beverages high in disease-fighting antioxidants or green tea, coffee and milk. These pre-made foods can be combined and placed in brown bags in the fridge for the week. For more information.

Programs during:

Summer 2015
Fall 2015
Academic Year 2015-2016
Deadline: March 1st, 2015
Contact Nyieta Charlot, charlotn@mail.montclair.edu for more information.

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Contact Wendy Gilbert-Simon, simonw@mail.montclair.edu for more information.

http://www.montclair.edu/global-education/study-abroad/
Drink Your Fruits and Veggies

Kimberly Asman  
Staff Writer

For busy students, it can be difficult to get your recommended servings of fruits and vegetables every day. Many and women aging between 19-30 years old need about two cups of fruit a day and about two-and-a-half to three cups of vegetables. For some people, these may not seem like a lot compared to how much they eat, but for a lot of people, these may sound like unattainable goals. Perhaps it is easier for some to consume this much produce in the spring or summer when their favorites are in season, but it is important to include these foods throughout the year.

Vegetables and fruits give you huge doses of vitamins and minerals, including lots of fiber to help keep your digestive system running smoothly. Thanks to the fiber and to a high water content, these foods fill you up quickly and keep you fuller longer, helping you to stay on track and avoid getting too hungry.

A great way to include some extra fruits and vegetables every day without making it feel like a chore is to make a smoothie. Smoothies are easy to make, convenient, tasty and great for taking on the go (to class for example). Not limited to those early 8:30 a.m. classes, smoothies are great for taking on the go (to work or school) and can be part of a small meal, or a satisfying snack.

For a very basic smoothie, start with a good base. This can vary depending on what you are looking for or any dietary restrictions. If you want a creamy base with extra protein, go for plain Greek yogurt. Plain yogurt may not appeal to you on its own, but it is great in a smoothie because you will be adding lots of other things that will mask the sour taste. This will also cut back on sugar, which you will get from the fruit you add in. If you want to focus on the produce and cut back on the calories, stick to unsweetened almond milk. While this is not a good source of protein, it is low calorie. You could also try low fat or fat-free milk to provide some protein and calcium.

Soy milk is a good option for vegans or vegetarians because it usually is fortified with calcium and riboflavin, while still having a good amount of protein. Your target when choosing a milk should be around 8-10 grams of protein per each one cup serving. Of course, water is always an option too if you are not looking for a creamy texture and simply want something to make it more drinkable.

Now it’s time for the fun stuff: the fruits and veggies you are going to add in. You may want to have a theme in your smoothie such as all berries or you may simply add in whatever extra produce you have lying around. Usually, you can’t go wrong. Be sure to include at least one or two fruits because that is what will give your smoothie sweetness and make it yummy. Once you have this, do not be afraid to throw in some vegetables. The fruit will probably mask the taste of the veggies, so you will be getting nutrients without any tastes you may not prefer.

Dark leafy greens, such as spinach or kale, is a great way to add in iron to your smoothie. Avenue is another good way to get a creamy texture and heart healthy fats. If you have some greens or any fruits that are giving you trouble, such as bananas, try freezing them. This will prevent them from spoiling and frozen fruit is great for smoothies; it adds taste and nutrients and acts like an ice cube, giving your smoothie a thicker texture.

If you want some extra nutrients, try adding some ground flax seed or chia seeds to give yourself some healthy fatty acids. If you want a heavier drink, think about adding peanut butter. While full of fat, it is the good kind (unsaturated) and a tablespoon or two will definitely add a lot of taste to your smoothie if you are a peanut butter fan.

You can also add cinnamon or other spices if you want to boost the flavor of your smoothie. Every smoothie may come out a bit differently; experiment and play around until you find combinations you love and can always rely on for a quick and healthy meal or snack.

There are plenty of cheap mini-blenders that double as a cup and are perfect for a single-serving. These won’t take up much room and are a great addition to a dorm room where you also have a mini-fridge to store your ingredients.

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TOONS

Snow
By Joe Stansbury

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Don’t Stay Neutral on Net Neutrality

W e like to think of the Internet as an open space—a creative commons where everyone, provided they have access, can set up a website, a forum, an email address, etc. and have tons of information instantly at their fingertips. While this may be the concept of the Internet we all know and love, all of this could change on Feb. 26, when the United States Federal Communication Commission makes a formal decision about the future of the Internet.

In just one week, the FCC will vote on net neutrality, either keeping a free Internet alive and well or limiting the future of the Internet. Issues of net neutrality have been around for years, but now is one of the most important times to take a stand against eliminating neutrality. The FCC is voting next week, and are currently offering an open forum where citizens can weigh in on the situation, argue for and against net neutrality and air their grievances.

It takes just a few seconds to send a comment or letter to the FCC. Online comments can be submitted at fcc.gov/comments. A really easy way to get the FCC to know that you stand for a free Internet is to go onto the campaign for an open Internet as an essentially classist form of Internet.

Neutrality is extremely detrimental to everyday life. Not only will an Internet service monopoly hinder the web for leisure, but work, commerce and research will also be impeded. So much of our lives is dependent on Internet access, so blocking people from using services efficiently unless they have enough money to pay for faster Internet is an essentially

companies can now also charge higher and higher fees for faster Internet service because there will likely be no competition to provide any other kind of service. There are concerns that the elimination of net neutrality will also impede innovation because of a lack of competition.

The possibility of losing net neutrality is extremely detrimental to everyday life. Not only will an Internet service monopoly hinder using the Internet because soaring prices make it impossible for them to fill out job applications, contact friends and family via email and social media, research a subject or even just to watch cat videos on YouTube. We urge you to take a stand and use your voice to speak out to the FCC. Make it clear that we want our Internet to be open to all, not to those who can afford to access it all it has to offer.

The Montclarion • February 19, 2015 • PAGE 11
Gene Alday Shows His True Colors

Mississippi Representative’s racist comments are unacceptable

A day before he took the stage, the university’s newspaper, The Oxfordian Daily, published an article highlighting the conflict and stated that the newspaper’s journalistic integrity was at stake. In the article, the newspaper’s editor wrote, “We do not publish in support of any group or individual under the guise of sharing your views! Contact us at themontclarion@gmail.com to find out more about sharing your views!”

A_dllay said he “didn’t do anything wrong,” but it is clearly his own words that show otherwise. Alday’s comments do not reflect the values of The Clarion-Ledger or any reputable news organization. As a student at Montclair State University, I strongly condemn Alday’s statements and urge him to take responsibility for his actions.

A more plausible response from Alday would have been to acknowledge his mistake, apologize, and work towards healing the wounds caused by his words. However, his response only further entrenched the divide between him and the community he represents.

In conclusion, it is crucial for public figures to be held accountable for their actions and words. Alday’s comments demonstrate a profound lack of understanding of the impact of his words and actions. I urge him to take this opportunity to learn and grow, and to work towards creating a more inclusive and respectful community for all.

A The Clarion-Ledger
I did get to see all five animated films as well as three live-action films. As a sucker for cuteness and aesthetics, I nearly cried during one screening of all of the short feature nominees for the Oscars this Sunday. I was unable to stay the whole afternoon because of work, but I did not have a date on Valentine’s Day, but I did have a few personal connections that allowed me to attend an Academy-supervised screening of the animated features and laughed at the other four.

Yes, this was the one that brought a tear to my eye. The Dam Keeper is the story of an anthropomorphic orphan pig that operates a windmill at the top of a dam to keep a recurring storm of black smoke out of the town. Though the pig is dedicated to his craft, his classmates, who are all humanoid creatures, verbally and physically torment him when in public or school. This pattern is broken up by a newcomer, a fox, who is willing to treat him with respect. You’re going to have to watch the rest to find out what happens. The Dam Keeper really tugged at my heartstrings. As a victim of verbal bullying from grammar school students, as well as making one friend while at that school, I couldn’t help but get teary-eyed toward the end. It’s also so adorable. I love foxes and couldn’t get enough of one wearing a black turtleneck that draws sketches out of compressed charcoal. I hope this film wins everything.

Some of you may have seen this short preceding Disney’s Big Hero 6. This short, the only one of which had a major Hollywood studio behind it, is from the personal view of a Boston Terrier that has two loves: his owner and, mostly, high-calorie foods. Every scene transitions between what the dog, Winston, eats while surprisingly not becoming overweight. Winston’s appetite, however, gets hindered when his owner’s new girlfriend changes his diet. Feast was fun and cute, but its style and storyline was nothing real special. What I did enjoy was the accuracy of the dog’s behavior; its high energy and snorting when it ate was highly comparable to the pug I often dog-sit. This film followed with a short live Q&A session with the film’s director, Patrick Osborne. Fun fact: he made sure that the dog used in the film was a breed that wasn’t previously used in a Disney film.

This wasn’t so much entertaining as it was interesting. It acts as a rather typical drama between two quarreling British brothers caring for their dying, geriatric mother. What’s interesting about A Single Life is the animation style; it’s a combination of stop-motion figurines and wall paintings that act as the people. Some of the scene’s transitions were visually fascinating but had no visible meaning behind them. One of the brothers, Richard, is vacuuming a room while his mother talks to a friend. With no provocation, everything in the room—the furniture, the people—as sucked into the vacuum cleaner, followed by the next scene. Perhaps there’s meaning behind it, but I didn’t see it; it did look cool, though.

I’m a sucker for autobiographical family humor. Me and My Moulton is a narration piece from Norwe- gian filmmaker Torill Kove that describes her unusual childhood due to her post modern architect parents and her jealousy of the family downstairs. The visual style of this film is rather minimal, flat, with the people dot-eyed and symmetrical. This was also easily the funniest out of all of the animated shorts. Not only does it include bombastic repre- sentations of Kove’s eccentric fam- ily, but it also includes imaginative sequences of how the family interacts in every way. It also portrays the unintentional embarrassment factor parents always have with their kids in the most comically yet humorous fashion.
Through Thorne and Brier

Adriana Calderon
Staff Writer

Local band Through Thorne and Brier are not what you’d expect at first glance; they are more than your typical metal core band. Band members Mark, Peter, Ali, Perry and Justin are easy-going guys who will gladly sit and talk to just about anyone about anything from The X-Files to their musical inspirations.

Originating from Bayonne, N.J., the down-to-earth friends had played in different bands together in college. All members are musicians began playing together in college. All members had played in different bands at the time of their meeting. They soon realized that they shared a common interest in the music they wanted to create. The band self-classifies as metal punk and grabs musical inspiration from bands such as Nine Inch Nails, The Misfits.

This band will rock your brains out. Their rhythm and vocals/helming energy on stage will have you rocking out in seconds. Even I had a hard time not diving into their addictive music, and I’m a person who does not listen to heavy metal that much. I have to admit I became an instant fan. I hope to have the fortune of experiencing this band live soon enough and I advise that anyone who can should. The band currently has two albums released, Good Grief and Failure (Through Thorne and Brier is definitely a band to watch out for).

‘Rocco’
Killing them softly

Theadora LeCour
Entertainment Editor

Two competitive brothers fought each other before a live audience in a three-ring boxing match. Through highly technical ballet and acrobatic movement, the dancers of Rocco told their story.

All audience members were asked to sit onstage around a square ring where the boxers waited in either corner, smoking cigarette. Glaring at his opponent, each brother appeared unmoved by the footsteps and murmuring of the crowd.

Rocco was part of the Peak Performance series staged in the Kasser Theatre. Packed with tension and suspense, the show demonstrated how the violence of boxing could fuse with the grace of ballet. Sharp lighting design engaged the audience in what became an interactive experience. Just when a viewer thought he knew what was coming next, a dancer pelted snacks at the stands. The hour-long show also took some interesting turns.

The students in the audience had varied reactions. “It was intense and immersive. Despite the lack of dialogue, you could see a story. The movement evoked a lot of emotion and passion,” said junior Theatre Studies major April Signer.

Ten-year-old Luca Focella, who sat in the front row, said, “That was awesome!”

After the Thursday performance, Italian food was served at a reception. Students and faculty enjoyed the gathering and bonded over their perceptions of the piece. Switching things up in terms of concept and design, Rocco was well-received as part of the Peak Performance line-up.

Grand Slam 2015

Jessica Mahmoud
Staff Writer

On the night of Feb. 5, poets and students alike gathered in the Student Center ballrooms for Grand Slam 2015. Class II organization Speaking Through Silence is the creative writing organization who hosted open mic and Sacrificed Poetry contest. In the Rathskellar in the Fall semester. In the Spring, Grand Slam narrows down the competitors to those who will compete at the national contest, CUPSI. CUPSI, or College Union Poetry Slam Invitational, is a national poetry slam competition that MSU competitors in amongst over 35 other teams.

Poetry slams can be described as “the superpower, but for poetry,” as said by competitor Sean Alimo. Slams are composed of three rounds and judged on a 1-5 basis by five judges. To find the final score, the lowest and highest scores are dropped and the three middle scores are added. Poems can go over three minutes and 10 seconds and must be original material; also, there are no props allowed, like music or costumes. The poets at the Grand Slam put a lot of work into their poems and it definitely shows, as was seen in Thursday night.

In the final round, Jovon Warren and Duan Mulinez (Zig) got perfect scores. Warren’s poem was a story about love, with a girl who is struggling with issues such as eating disorders. Zig’s poem was a story about a car accident. Whether they were true stories or not, the poems included a lot of imagery.

After all the scores were calculated, the winners going to CUPSI are Fe Lorraine Reyes, Warren, Zig, Alimo and the president of Speaking Through Silence, Audrey Dingler. CUPSI will take place in Richmond, Va. at Virginia Commonwealth University at the end of March.

Adriana Calderon

Benjamin James took on a comedic about Ferguson. In round two, late to worldly issues and speak of 30 out of 30. While many of the poems in Slam are personal and poetic, the poems included a lot of imagery. Particularly, due to a tie between Erin Mathis and Chante Wallace, eight poets were kept in the competition. Unfortunately, due to score results, Rita Ray and Assistant Professor L虎 were eliminated from the slam.

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This scene can be viewed as the spine of *Kingsman: The Secret Service*, where the primary motif and desire of the film is to ignore the recent trend of serious spy thrillers and have a nice throwback to those aforementioned old school spy flicks.

In the hands of director and co-writer Matthew Vaughn (*Kick-Ass*, *X-Men: First Class*) this love letter to those old spy movies contains an energetic, almost childlike sense of fun that causes the film to move all over the place with no sense of restraint or control, this is the film’s greatest strength, as well as its greatest detriment.

The film focuses on Gary “Eggsy” Unwin (*Taron Egerton*), an intelligent but rebellious young man living with his mother, abusive stepfather and baby sister. His real father was a Kingsman who was killed on duty when Gary was a very young boy. The only link Gary has to his late father is a medal that Harry gave to the boy’s mother after his father’s death. Gary, along with several famous people start to disappear and the Kingsman members themselves come under attack, Gary and fellow new recruit Roxy (Sophie Cookson) soon find themselves having to lead the fight against Valentine themselves having to lead the fight against Valentine.

**Kingsman**: Delivers Frenetic February Fun

Continued from page 1

**COLIN FIRTH**

**SAMUEL L. JACKSON**

**MICHAEL CAINE**

In order to save the world.

Now, you’re probably thinking to yourself, “That sounds like the plot to one of those old James Bond movies.” The movie is fully aware of this and at several points, characters acknowledge the tropes and clichés of the plot they themselves are in. This can be funny at times, but it’s also the catalyst of my major issue with the film, which is the tone. Kingsman clearly loves the old-school James Bond movies, but it’s often unsure of whether or not it wants to satirize or pay homage to this genre.

The movie is jovial and goofy at points, but other scenes are played completely straight with some scenes getting very dark and heavy for what’s supposed to be a lighthearted throwback. It’s like an uneven blend of Austin Powers and the *Kill Bill* movies, where spoof-level comedy is awkwardly meshed with energetic and extremely gory violence. The pacing of the film is also problematic, with the movie moving at such a zippy pace that it never slows down to let any of the more serious moments of the movie have some real emotional weight to them. As a result, I never found myself really invested in any of the characters, which is a problem given that the movie wants you to be. In spite of these issues, a film as well marketed and playful as *Kingsman* can’t be kept down for the count. Next to the film’s energetic spirit, the biggest strength of *Kingsman: The Secret Service* is its excellent cast. In his first major movie role, Taron Egerton shines as Gary, bringing a nice sense of charm, charisma and heart to the role that could’ve come off as manufactured. If you’re going to this movie to get some fun action, you’ll undoubtedly get your money’s worth. The movie also contains loads of clever wordplay and visual gags, particularly in one very funny sequence involving the front covers of a local newspaper. You’ll have to look in the background during this sequence, but it’s worth the extra attention if you do.

Kingsman is an imperfect cocktail of cartoonish violence, satirical, classic spy movie homage and genuinely emotion that is shaken, not stirred into an enjoyable piece of popcorn entertainment. It dares to be clear of its predecessors, is assured, slick and stylish. While many of the film’s action scenes are bastic and over-the-top, they never feel cluttered or messy as they are coherently shot and smoothly edited. If you’re in a mood for some fun action, you’ll undoubtedly get your money’s worth.
"In America, the President reigns for four years, but Journalism governs forever." – Oscar Wilde

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Red Hawk Round Up

Swimming and Diving

The men’s and women’s teams will travel to Rutgers University in New Brunswick on Feb. 20 to compete in the Metropolitan Swimming and Diving Championship.

Men’s Basketball

The men’s basketball team went 1-2 in the three games they competed in this past week. On Feb. 11, the Red Hawks were edged by NJAC rival Rowan in a 80-78 loss.

The team got back on track when they traveled to Hunter College in New York to defeat the Hawks 85-79 in an out-of-conference contest.

New Jersey City University handed the Red Hawks another NJAC loss by defeating them 83-58 on Feb. 14.

NHL Metropolitan

1. N.Y. Islanders - 77 points
2. Pittsburgh - 73 points
3. N.Y. Rangers - 73 points
4. Washington - 72 points
5. Philadelphia - 58 points
6. Columbus - 53 points
7. Carolina - 47 points

East Wild Card

1. Washington - 72 points
2. Boston - 64 points
3. Florida - 62 points
4. Philadelphia - 58 points
5. Ottawa - 54 points
6. N.Y. Devils - 53 points
7. Columbus - 53 points
8. Carolina - 47 points
9. Buffalo - 36 points

Next Round

Round 22 - 2/20 - 2/22

Professional Standings

<table>
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<th>EPL (England)</th>
<th>Serie A (Italy)</th>
<th>NHL Metropolitan</th>
<th>Bundesliga (Germany)</th>
<th>NBA Eastern Conference</th>
</tr>
</thead>
</table>

**Round 26 - 2/21 - 2/22**

**14. West Brom - 26 points**

**13. Crystal Palace - 27 points**

**12. Everton - 27 points**

**11. Newcastle Utd - 32 points**

**10. Stoke City - 33 points**

**9. Swansea - 34 points**

**8. West Ham - 38 points**

**7. Liverpool - 42 points**

**6. Tottenham Hotspur - 43 points**

**5. Arsenal - 45 points**

**4. Southampton - 46 points**

**3. Man. United - 52 points**

**2. Man. City - 52 points**

**1. Chelsea - 59 points**

**EPL (England)**

**Round 24 - 2/20 - 2/23**

**14. Empoli - 24 points**

**13. Udinese - 28 points**

**12. Sassuolo - 29 points**

**11. Milan - 30 points**

**10. Torino - 32 points**

**9. Inter - 32 points**

**8. Palermo - 33 points**

**7. Genoa - 35 points**

**6. Sampdoria - 35 points**

**5. Lazio - 37 points**

**4. Fiorentina - 38 points**

**3. Napoli - 42 points**

**2. AS Roma - 47 points**

**1. Juventus - 54 points**

**Serie A (Italy)**

**Round 22 - 2/20 - 2/22**

**14. Mainz - 22 points**

**13. Hamburger SV - 23 points**

**12. Paderborn - 23 points**

**11. Koeln - 24 points**

**10. Hannover - 25 points**

**9. Eintracht - 28 points**

**8. Werder Bremen - 29 points**

**7. Hoffenheim - 29 points**

**6. Leverkusen - 32 points**

**5. Augsburg - 34 points**

**4. Schalke - 34 points**

**3. N.J. Devils - 53 points**

**2. Wolfsburg - 44 points**

**1. Bayern Munich - 52 points**

**NHL Metropolitan**

**Basketball**

**Swimming and Diving**

**Indoor Track and Field**

**Men’s Lacrosse**

**NBA Eastern Conference**

**Next Round**

Round 22 - 2/20 - 2/22

**EPL (England)**

**Serie A (Italy)**

**NHL Metropolitan**

**Bundesliga (Germany)**

**NBA Eastern Conference**

**Next Round**

Round 22 - 2/20 - 2/22
The Montclarion

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THE WORLD WITHOUT NEWS WOULD BE...

Photo courtesy of wikipedia.org.
Shaun Russell  
Men’s Basketball

Russel shot for 49 points in the three games Montclair State competed in this past week. He recorded a 5.39 percent shooting percentage as well as contributing with five assists in the contests.

Janitza Aquino  
Women’s Basketball

Aquino became the fifth Red Hawk in MSU Women’s Basketball history to record a triple-double. She tallied 14 points, 10 rebounds and 10 assists in a win in over Rowan in the NJAC Tournament.

Current Stats

- 369 Points on Season  
- 15.4 Points per Game  
- 3.0 Assists per Game

Current Stats

- 297 Points on Season  
- 12.6 Points per Game  
- 5 Rebounds per Game

UPCOMING GAMES

Men’s Swimming and Diving: 2/20 Metropolitan Conference Championship  
Women’s Swimming and Diving: 2/20 Metropolitan Conference Championship  
Men’s Track and Field: 2/20 Ramapo Roadrunner Tune-up  
Women’s Track and Field: 2/20 Ramapo Roadrunner Tune-up

*Note from the Editor

Next week’s issue will feature a clean slate in the UFC Predictions. Contributing Writer Joe Lombardo will weigh in on his predictions for upcoming UFC events. Our results against each other will be posted.
Two Birds in One Nest

By Sam Romano

The Montclair State baseball team’s newest outfielder, Banyard Savin, had nothing to worry about. He’s already got a baseball jacket and Minnesota Twins hat? "I think I’m going to keep my Twins hat," Banyard said with a chuckle. "The Minnesota Twins have been a home for a home-cooked meal since I was a kid. With family still in the Bronx, I always had my heart set on coming here for it."

Although he received a baseball scholarship to Montclair State University, the baseball season. He was born in New Jersey. His junior college career with the baseball coach at MSU. "I researched it and I loved it," Banyard said. "I want to play with the team."

Making their parents’ life easier, Ryan and Matt noted that they get to play together on the same baseball diamond for another four years, four months for four years that they won’t forget.

Basketball

Mike Panepinto

Friday, February 19, 2015

The Montclair State men’s basketball team was crowned 24 turnovers into three double-doubles for the Red Hawks. A summer that was filled with questions and concerns. After the removal of minority players...