Aiming to Prevent Food Waste at MSU

Kristen Bryfogle
Opinion Editor

Many students at Montclair State University believe that too much of the food in the on-campus eateries goes to waste and that some of this unnecessary disposal could be prevented if Chartwells, the food provider on campus, were more proactive in waste control and management. Although students have a general sense of what happens to food at the end of the night, many are not fully aware of the university’s waste-disposal procedures and question whether waste products could be reused to perform different functions for the greater community.

Lindsey Anderson, the Marketing Manager of Food Services, cleared up some of the misunderstandings over what actually happens to leftover food once the dining facilities close. She revealed that food that can be used again is often saved and recycled into a new dish the next day. “If there was leftover chicken from a day and it could be used in chicken noodle soup the next day, that is how we would use that leftover food,” she explained.

Most leftover food ends up in the trash, Anderson remarked, as it expires by the end of the night and therefore cannot be preserved or donated.

Waste continued on Page 3

Red Hawk Dollars Extended Off-Campus

Megan Spinelli
Contributing Writer

After announcing in June 2014 that Red Hawk Dollars could no longer be used off-campus, MSU has brought back the program that allows students to use their ID cards at various vendors.

On Monday, March 2, the Red Hawk Dollar Office, Auxiliary Services and Student Development & Campus Life re-launched the program. According to Andrew Pignataro, Director of Auxiliary Services, After the prior company that facilitated it, Off Campus Solutions, suddenly went out of business, causing the program to end on June 30, 2014. MSU had every intention of keeping the program going, but not using them off campus. Not only did this change affect the students, but also the vendors who were disappointed to see the program go.

“I kept in constant contact with the vendors and let them know that MSU was working hard to bring the program back,” Pignataro said. The new program, now facilitated by BbOne, whose parent company is Blackboard Transact – has 13 vendors with an additional 10 in the process of being set up and more being added each week, surpassing the previous amount of 22 in the old program. The goal for the program is to have the sole purpose of convenient-ly using them off campus. Not only did this change affect the students, but also the vendors who were disappointed to see the program go.

Nicholas Jirak
The Montclarion

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Keynote speaker, Rabner, serves as chief justice of New Jersey Supreme Court.

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There are more than 1,000 suicides on college campuses each year and suicide is the third leading cause of death for young people between the ages of 15 and 24, according to an Emory University webpage about suicide.

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Best and Worst of Netflix

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NYCFC Starts Strong

NYCFC had a solid start to the first season against Orlando.

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Emergency Drill
Closed Clove Road

Jayna Ogugiazi
News Editor

The Office of Emergency held a practice drill that focused on facility response efforts in the event of an emergency situation on the afternoon of Sunday, March 15.

In preparation for the event, Clove Road remained closed from 7 a.m. to 1 p.m. in both directions. To respond to the drill, approximately 200 first re-

EMERGENCY DRILL CLOSED CLOVE ROAD

sponders from the surrounding area and regions arrived at the Montclair State University train station.

During this time, Montclair State Police advised using Carlisle Road to Normal Avenue to leave campus; to enter cam-

pus, both entrances from Valley Road remained open.

Montclair State students over the age of 18 were encouraged to participate in the drill by playing a victim.

The event was held by Mont-
clair State University Police, Fire Safety and EMS Staff in conjunction with the New Jer-

Red Hawk Dollar Office, Auxi-

liary Services and Student De-

velopment & Campus Life re-

The event of an emergency situation was practiced in a drill that focused on facility response efforts in the event of an emergency situation on the afternoon of Sunday, March 15.

Photo courtesy of Melissa Battrolli.

?’taste don’t make food
Waste
Don’t
Waste.
Food
The Food Waste at MSU

continued on Page 3

MSU Adjunct Discusses Intolerance Overseas

Julie Migal
Staff Writer

A new adjunct professor in the School of Communication and Media seeks to continue a dialogue about intolerance and prejudice locally and overseas. Elliott Pollack, who teaches public speaking, returned from a visit last month to the London Jewish Museum where he was asked to speak and run a week study program for teachers about Holocaust education and intolerance. “There were very positive reactions,” Pollack said. “Educators are always looking for new ideas. I really believe that the textbook is okay, but what I like to try to do is taking the student out of the textbook and show them things they may not be able to see.”

Pollack doesn’t like to spend too much time dwelling on the dates and intricacies of histori-

cal events. His unique approach to the subject is based on the fact that the participants of the program are engrossed not only intellectually but also emotionally in the historical

THE MONTCLAIRION

NEWS”}

Photo courtesy of Melissa Battrolli.

Photo courtesy of Melissa Batraki.

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On Monday, March 2, the Red Hawk Dollar Office, Auxiliary Services and Student Development & Campus Life re-launched the program. According to Andrew Pignataro, Director of Auxiliary Services, After the prior company that facilitated it, Off Campus Solutions, suddenly went out of business, causing the program to end on June 30, 2014.

It was never intended to go dormant,” said Pignataro. Unti-

tl finding out that Off Campus Solutions went out of business, MSU had every intention of having the program run in the fall semester.

This sudden end to the pro-

gram caused confusion for stu-
dents who expected to swipe their ID cards at places like Ap-

plebee’s, Six Brothers Dinner or CAIR Delivery and had to pay with cash instead.

“I would go to Six Brothers and Care and they had signs saying they weren’t using Red Hawk and I was mad,” said Jenny McCarthy, a fam-

ily and child studies major. She and many other students bought Red Hawk Dollars for the sole purpose of convenient-

ly using them off campus. Not only did this change affect the students, but also the vendors who were disappointed to see the program go.

“I kept in constant contact with the vendors and let them know that MSU was working hard to bring the program back,” Pignataro said. The new program, now facilitated by BbOne, whose parent company is Blackboard Transact – has 13 vendors with an additional 10 in the process of being set up and more being added each week, surpassing the previous amount of 22 in the old program. The goal for the program is to have

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Correction: In the March 5 edition, student Mahnoor Waseem was misquoted in the article “Cory in the House.” The quote should have read as follows: “I think Senator Booker spoke about a lot of really important things. To accomplish his goals, he’s going to need support from both sides of the aisle… One thing he started doing, if you look at his Instagram, he’s doing a series called ‘Selfies with my Fellow Senators,’ and I think that’s a great thing because that humanizes him.”

Stuart Rabner Chosen as 2015 Commencement Speaker

Keywords: speaker, Rabner, serves as chief justice of New Jersey Supreme Court.

Monday, March 2
Stuart Rabner, the new chief justice of the New Jersey Supreme Court, will deliver the commencement address to the Class of 2015 on May 20. Rabner was appointed to the court in 2010 by Gov. Chris Christie, who praised Rabner’s “dedication to public service and his commitment to the rule of law.”

Monday, March 6
The Pelican Police Report

Monday, March 16
Base Hall: Two students reported an incident of burglary and larceny. This case is under investigation.

Monday, March 19
Classroom 203: Non-student Hassan, 19, of Clifton, N.J., was arrested and charged with possession of marijuana, 20. Both males are scheduled to appear in Little Falls Municipal Court.

Tuesday, March 17
Classroom 163: Non-student Elab Hassan, 18, of Clifton, N.J., was arrested and charged with possession of marijuana after a search of the vehicle she was driving. The case is scheduled to appear in Little Falls Municipal Court.

Wednesday, March 18
CarParc: A non-student reported an accident of hit-and-run. This case is under investigation.
Waste: “Taste Don’t Waste” Your Food

Dollars: Off-Campus is Back

Dining Hall, who remains anonymous in order to protect her identity, points to several sources of food waste in Campus Dining at Montclair State, which she believes is a way to “educate and engage the students about the benefits of reducing food waste.”

“Every one of us has some degree of responsibility,” said Pollak. “The difference is you and I know how to control it. The student’s job is to show [the participants] that there are other ways of thinking about waste.”

He facilitates discussions based on hypothetical exercises for the participant to engage with their own values and pr

He feels that discus

Holocaust: Engaging with History in London

issues, but to engage with it on a personal and emotional level. “Every one of us has some degree of responsibility,” said Pollak. “The difference is you and I know how to control it. The student’s job is to show [the participants] that there are other ways of thinking about waste.”

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Stylish Spring Options

Jessica Mahmoud
Staff Writer

Now that we’re back from Spring Break, it’s time to dust off your textbooks and get back to class. This means getting out of your pajamas or sweats and looking a little more presentable for class. I hope these stylish students give you some inspiration to help you get back in a fashionable mindset. The middle of the semester is here. Along with getting back to hitting the books, it’s actually time to get ready for class. I hope this gives you some outfit ideas for this still-chilly weather.

T-shirt: ThinkGeek
Jeans and blazer: Forever 21
Boots: Doc Martens

Dress: Forever 21
Jacket: thrifed.
Tights: Target.
Sunglasses: Amazon
Headphones: Radio Shack.
Headband: Claire’s.
Shoes Charlotte Russe.

Red Hawk statue thoughts? “I think it’s a great way to improve campus pride and I think it’s overblown. People don’t understand that the money has to go to that and it’s been saved up for, like, 10 years. People are upset that they’re not doing anything to improve, but they can’t use the money towards anything else.”

Here’s another example of a dress made winter appropriate with leggings and boots. Now that it’s March, Spring is upon us which means florals are also coming out. Denim jackets are a great choice to transition from cardigans, as a way of still using layers to stay warm. To match the dress, adding fun accessories like flower crowns and bows are a great way to add to the look. This outfit screams festival season, which is right around the corner.

Dress: H&M
Cardigan and necklace: her mom’s.
Scarf: A.C. Moore.
Boots: Rack Room Shoes.
Red Hawk statue thoughts? “I think it should be placed somewhere where everyone can see it rather than near the Peacock Athletic Center.”

With Spring also comes bright colors and color blocking. Paring solid-colored pieces, such as dresses and cardigans, is a trendy way to color block. Adding a scarf makes the look even more appropriate for the weather. Don’t be afraid to opt for long dresses and skirts, even though shorter ones are typically worn. Not only does this make you stand out, but it also keeps you warmer. A necklace hanging between the scarf is a great look and boots are always best.

Dress and tights: Forever 21
Shoes: Doc Martens.

Last month, MSU held Body Acceptance Week as well as National Eating Disorder Awareness Week. How do you think the two compare? “I think they should be placed in the same week opens eyes to eating disorders. It’s a real thing and important to make sure people feel comfortable in their own skin.”

While a fashionable outfit is certainly attainable without wearing dresses, they are certainly a fun look. With the variety of tights and dress pairings, the possibilities are endless. Try colored tights that intentionally mismatch your dress. A great example shown here is mustard-colored tights and a neutrally-colored dress. Tights keep your legs warm and adding a cardigan over a sleeveless dress makes it more winter-appropriate. Combat boots are also a great choice to finish off this look.

Tops: Garage.
Skirt: Marshall’s.
Boots: Material Girl.
Necklace: Beautiful Quirks (Etsy).

Florals are also popular in skirts and can be easily toned down with tights as well as dark-colored tops. This maroon top pairs great with the blue in this skirt, making it not too overpowering for the still-chilly weather. Tucking in the top is a look you want to be highlighted. Also, the scoop neck allows the perfect opportunity to add a fun short strand necklace and the short sleeves can let bracelets be seen.

Clothes and shoes: her mom’s.

Finally, here’s another example of how being fashionable doesn’t mean wearing skirts and dresses all the time. Leggings can easily be fashionable by pairing them with unique statement pieces. Try fun lace pieces like this one. If it’s one of the typical cold days, simply layer over a cardigan and jacket. Knee-high boots look a little more formal than combat boots to top off the look.

For more fashion inspiration, check out @montclair_state_style!
Is Your Peanut Butter Healthy?
Exposing the misinformation of peanut power

Kimberly Alman
Staff Writer

Peanut butter is heavily marketed as something that is good for you and your health. This is usually the case, as peanuts are naturally high in the beneficial fats and serve as a good source of protein. The unsaturated fats in peanuts can help lower cholesterol and reduce your risk of heart disease, which might not be on your radar now but could be a major change in your life in years to come.

In just two tableteerspoons (one serving) of peanut butter, there are ten trillion seven grams of protein and 13 grams of unsaturated fats, plus a few grams of fiber. These nutrients will help keep you full, which is why the serving size may seem small.

Peanut butter also contains natural, which can also help control your cholesterol levels and blood triglycerides. Peanut butter can be eaten with fruit, added to smoothies or in a high power blender and eventually they will turn into a peanut butter consistency.

Reduction Fat

Peanut butter may appeal to someone who is counting calories, but don’t be fooled. The claim “reduced fat” simply means it has less fat than its original counterpart, but has nothing to do with calories or other nutrient content.

In fact, reduced fat peanut butter tends to have the same amount of calories as the original. The fats in peanut butter are also the healthy kind, so there is no need to reduce them. To make their product taste better with less fat, companies add lots of other ingredients to make up for it, especially sugar. The first two ingredients in “Jif Reduced Fat Creamy Peanut Butter Spread” are actually sugar in the form of corn syrup solids and sugar. It should immediately be a red flag when the first ingredient is sugar, as it doesn’t have any of the same benefits that regular honey has. Instead, it is a sugar substitute found in many conveniences foods.

A head’s up for vegetarians: the product contains anchovy extract and sardine oil, plus tilapia gelatin. It may sound crazy for vegetarians to eat anchovy extract and sardine oil, but the anchovy extract and sardine oil are in “Jif Reduced Fat Creamy Peanut Butter Spread” to make it taste better.

Other ingredients like its reduced-fat friend, contain hydrogenated oils, giving it a dose of trans fats. This product, like its reduced-fat friend, contains hydrogenated oils, giving it a dose of trans fats.

Peanut Butter with Omega-3

“Jif Omega-3 Fatty Acids” are some of the good ones, as it may seem easy to choose peanut butter claiming to have more of these. However, peanuts naturally have good fats and when you compare nutrition labels, “Jif Creamy Peanut Butter with Omega-31DHA & EPA” actually has the same amount of healthy fats and it does not have any of these benefits. What it does have more of is ingredient, with 10 ingredients rounding out the list. This product, like its reduced-fat friend, contains hydrogenated oils, giving it a dose of trans fats. This product contains more negative aspects than benefits.

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Peanut Butter

Still have the urge to eat peanut butter, but you are better off sticking to plain peanut butter with the negative aspects than benefits.
Have your handy smartphone or a laptop? Google the song “The Best Things in Life Are Free” – words and music composed nearly 90 years ago in 1927 by B.G. DeSylva, Lew Brown and Ray Anderson. Then listen to the following lyrics sung by renowned singer and New Jersey native Frank Sinatra (who would have turned age 101 this December) or other renditions performed by various other popular recording artists during the 1930s, ’40s, and ’50s – including The Ink Spots, Bing Crosby, Jo Stafford, Dean Martin, and Lena Horne.

Now, read the seemingly trite lyrics below containing a beneficial message about love and marriage and natural “things” often taken for granted that money can’t buy. Note that these non-material “things” were indeed “priceless” for everyone back in 1927 (when the song first appeared on Broadway) and should be considered priceless when compared to extravagant possessions (e.g., cars, computer, big TVs and expensive clothing) in perhaps an even greater materialistic world of today.

“The moon belongs to everyone; The stars belong to everyone. The moon and stars belong to everyone for free. The moon belongs to everyone; The stars belong to everyone. The flowers in spring. The sunbeams that shine: they’re yours! They’re shining each season, but that un-derestimated sense of touch or feeling – as in feeling the warm sun on your face, arms and legs this spring will be particularly delightful after enduring the re- cent frigid winter. And as a bo-nus, those “free” sunbeams also provide helpful vitamin D to boost your immune system.

And love can come to everyone. You can give and receive love and kindness to and from others without spending money. Simply complimenting someone on a job well done or how well they look, or doing a random good deed each day (e.g., holding the door open for a student or campus employee; walking behind you, or letting a car go ahead of you in the campus parking lot) are “free” actions displaying kindness. Helping someone in distress or volunteering some time serving the needs of others also dem-onstrates kindness, love and com-passion.

And what better precious living experience is there that releases those “feel good” posi-tive mind and body-endorphins: hugging your spouse, relative or friend, or teaming up, or getting a random good deed each day? As spring officially begins this week, Friday, March 20th, it’s a perfect time to temporarily sepa-rate yourself from those material possessions (e.g., car, computer, cell phone) and go outside and see a long “free” stroll – “freeing” yourself from academic, athletic and/or job-related stress, feeling the sun’s warmth, marvelling at the stars, the shining each season, but that un-derestimated sense of touch or feeling – as in feeling the warm sun on your face, arms and legs this spring will be particularly delightful after enduring the re- cent frigid winter. And as a bo-nus, those “free” sunbeams also provide helpful vitamin D to boost your immune system.

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And what better precious living experience is there that releases those “feel good” positive mind and body-endorphins: hugging your spouse, relative or friend, or teaming up, or getting a random good deed each day? As spring officially begins this week, Friday, March 20th, it’s a perfect time to temporarily separate yourself from those material possessions (e.g., car, computer, cell phone) and go outside and see a long “free” stroll – “freeing” yourself from academic, athletic and/or job-related stress, feeling the sun’s warmth, marvelling at the stars, the shining each season, but that underestimated sense of touch or feeling – as in feeling the warm sun on your face, arms and legs this spring will be particularly delightful after enduring the recent frigid winter. And as a bonus, those “free” sunbeams also provide helpful vitamin D to boost your immune system.

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— CHEF BOBBY FLAY, ICC GRADUATE

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Help Wanted

Seeking warm, energetic and reliable after school driving baby sitter for kids ages 4 & 7 in Upper Montclair. 16 hours per week. Excellent references and clean driving record required. Email dogoodwork2@gmail.com or resume/experience.

Looking for a smart, fun, flexible after school sitter in West Orange for my 3 children. 2nd, 3rd and twins 10-12 years old. Hours are 3:30-5:30 P.M. Monday, Tuesday, and Thursday afternoons. Email: Encapsulatedyahoo.com or call (973) 974-3816.

Experienced, energetic and reliable babysitter wanted for our 7 year old son in Natick. Occasional afternoons / weekends. $15.00 & up/hour. Contact Linda at lindatynt@yahoo.com or call (508) 588-8668 (Leave a Message).

P/T after-school sitter in Fair Lawn to drive kids to school, pick up, supervise playdates and homework for the younger child. Email: Ericagschwartz@yahoo.com or call (917) 543-2812.

Established local Pet Care Service is looking for a responsible, hardworking person to learn the ropes of delivering/picking up pets. Varied weekday hours, may also work evenings. Must have reliable car. Good driving record required. Email ecroarkin@hotmail.com or call (201) 315-0476.

Seeking a loving and energetic babysitter for our two daughters (5 & 6 months old) in our home in New Providence. NJ approximately 10 hours a week with the opportunity for more hours in the future. We definitely need someone on Thursdays from approximately 3:30-6:00 P.M., but other hours are flexible based on course schedules. Email priya1006@gmail.com.

Fairfield, NJ-based Internet Startup looking for recent college graduates or very ambitious high school seniors. Must have good computer skills, be able to work independently and be a fast learner. Must like dogs & cats. Email: joblisting@yourstartup.com.

Looking for a “take charge” person with previous experience. Non-smoker and able to speak English. Driven, not necessary. Call Melissa (707) 709-5008 or email Melissa@yourcompany.com.

Babysitter wanted 24-32 hours a week to manage 3 kids. 12:30-6:00 P.M. Mon. Wed. Thurs. Looking for a “take charge” person with previous experience. Non-smoker and able to speak English. Driven, not necessary. Call Melissa (707) 709-5008 or email Melissa@yourcompany.com.

Seeking reliable, driving babysitter in Livingston for two young girls starting Jan 2015. Mon/Tues/Wed. Hours 2:30-5:30PM. Must hold valid driver’s license and come & pick up children in your vehicle. Email: Livingstonfamily2013@gmail.com with resume/experience.

P/T babysitter needed in Glen Ridge to care for 3-10 year-old twins. Hours are flexible based on course schedules. Email: bgoldman2011@gmail.com.

P/T & F/T – Little Angels School House of Clifton, NJ is looking for energetic individuals. Duties include implementing lesson plans & assisting with meals/nap/ diapering/ dancing/ potty training. Contact Jade (973) 701-8310 or email msuhsclifton@hotmail.com.

Mayfield School is an independent school for girls. We are looking for a driving babysitter. Hours are flexible based on course schedules. Email priya1006@gmail.com.

Parent needed in Glen Ridge for 4 year old boy. Hours are flexible based on course schedules. Email: priya1006@gmail.com.

P/T Babysitter needed for 8 year old girl and 10 year old boy in Montclair. As needed/as available positions. Most hours will be weekday afternoons. Must have a car, be responsive and responsible. Email: roncourage@yahoo.com.

Established local Pet Care Service is seeking a responsible & honest animal lover. Varied weekday hours, may also include some weekends, holidays & evenings. Must have reliable car. Good source of supplemental income. Email: gremelskim@gmail.com or call MSU Smile Station: 4:00-6:00 p.m.

All About Cleaning New Jersey is looking for a student/weekend employee. Thursday 9AM-1 PM or until job is completed up until 5:30 PM. 10/10. Must be able to drive to West Caldwell. Need to pass a background check. Have a positive attitude, be a good team player and be able to move furniture on occasion. Call Janis 978-284-3884.

Rooms for Rent

Female graduate student/staff. Lovey room, private bath and parking. Light kitchen and use of deck. Available March 1st, 2.4 mi. off MSU in Clifton. Non-smoker. $320. Call Diane at (201) 315-0476.

Rooms for Rent

FriendindeedLLC.com or call (917) 543-2812.

Excellent admin, HTML, social media (FB, Twitter) skills a must. $15/hr to start. Raise on performance. Motivated and confident. Must have a car. Email Karolli FriendsmadeLLC.com or call (973) 742-9812.

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Toons

DjinniAnn in: Djack Applies for a Job

This is the third time I’ve showed up and the guy is like, “oh, sorry, you’re a fire hazard and can’t work here”.

And I keep telling them, this is mythical djinniAnn fire. Looks just similar, it doesn’t exist in this freaking plane of reality! Why are humans so dense?

Damn it! That’s it. Ann, I’m suing for discrimination!

Transits on fire, better use a snow day

by Joe Stansbury

personality

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Is Facebook a Life Saver?

There are more than 1,000 suicides on college campuses each year and it is the third leading cause of death for young people between the ages of 15 and 24, according to an Emory University workshop about suicide. With these numbers, it’s clear that suicide is a continual problem on college campuses, with many students struggling with depression, anxiety and other mental health issues while juggling school work, employment and personal difficulties. Attending college can be a lot of pressure, especially to younger people and with many students struggling with depression, anxiety and other mental health issues while juggling school work, employment and personal difficulties.

Facebook announced on Feb. 25 that it was launching a new initiative that may be really helpful, especially to younger people and with many students struggling with depression, anxiety and other mental health issues while juggling school work, employment and personal difficulties. From there, they can choose to ignore the notification or to follow the links that Facebook provides to resources about suicide and depression and how to deal with their feelings or strike up a conversation with that friend or a suicide hotline.

Since suicide is a big issue on college campuses, particularly within veteran student populations, we think that Facebook’s attempt to reach out to its users who may be contemplating suicide could be really helpful, especially to younger people and students who are more likely to use Facebook frequently. With that being said, we think that a few issues have to be cleared up before we can wholeheartedly get behind this suicide prevention platform.

Some say that this new resource may violate user’s privacy, but it may actually prevent individuals from directly reporting a concerning post to the police, which could potentially help suicidal individuals whose suicide risk often rises rather than falls after hospitalization, according to the American Foundation for Suicide Prevention. However, this initiative still runs the risk of reporting people who are not suicidal or who do not want friends to interfere with their personal or emotional lives. In addition, users who are not suicidal or who do not want friends to interfere with their personal or emotional lives may get frustrated or embarrassed if a friend misinterpreted their suicidal thoughts.

Facebook announced on Feb. 25 that it was launching a resource that allows users to step in when they think one of their friends may need some extra support. Now, when users see a post by a friend that they feel could represent an intent to self-harm or even commit suicide, they can step in by reporting the post to Facebook. After they report the post, the original poster will receive a notification saying that a friend was concerned about their post. From there, they can choose to ignore the notification or to follow the links that Facebook provides to resources about suicide and depression and how to deal with their feelings or strike up a conversation with that friend or a suicide hotline.

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Hillary Clinton’s Got Mall

Media uproar aims to take possible presidential nominee out of the game

50 Years after Selma, Has America Changed?
Examining why racism still occurs in the wake of Sigma Alpha Epsilon remarks

The Voices In Our Websites


"Twitter (as well as other social media, message boards and email archives) may have become a force in giving students the power to be a voice for themselves. As students, we can demand equality, stop种族歧视 and finally be heard. This is an important lesson, which is that no one is above the law, regardless of their political affiliation."

Gregg Goza

Great piece, I will be watching these guys, though I have to say, the NYCFC isn’t a name that pops out at first but I’m sure it’ll be just not bad.

Andy Golub
In response to “Upsetters and Disruptors at Drummer Abbey” by Kristen Bogdancik, published on March 2, 2015.

I don’t see how this is a women’s right to get contraception is actually the case. For example, if you are one from purchasing or seeking it, if you are referring to Drummer Abbey, I think this is a very important lesson, your opinion should be clearly stated.

Jim Mikulis

Concerning Editorials and Columns

Main editorials appear on the first page of the Opinion section. Columns are assigned and designed by individuals and do not necessarily reflect the opinions of The Montclarion staff.


"Twitter (as well as other social media, message boards and email archives) may have become a force in giving students the power to be a voice for themselves. As students, we can demand equality, stop race discrimination and finally be heard. This is an important lesson, which is that no one is above the law, regardless of their political affiliation."

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Behind the Curtain:

‘Winter’s Tale’ Actor, Sean Pohle speaks to The Montclarion

What was your overall experience like?
The environment was incredibly stressful, especially closer to opening night. This was a big show and there were so many elements to be organized. A professional production like this required a lot of attention.

What would you say impacted your performance the most in Winter’s Tale?
I had to do a lot in the second act particularly. I had so many costume changes! I went from playing servant to farmer to this satyr thing… all the time during rehearsal, my attachable phallus kept falling off. I had to stop clapping along with the band... never again.

What’s your favorite memory from production?
Okay, so during tech rehearsal, the band was playing their music and absent-mindedly I started clapping along with the band. But the band was playing off-rhythm. This kept happening until finally they stopped and told me to stop clapping along... only after that did they catch the rhythm. I was teased forever after that.

Has this production inspired you in any way?
Winter’s Tale has inspired me to keep working on projects outside of Shakespeare. I’ve thought about other genres of work and how I can bring in new elements to these projects.

The Enchanting Art of Japan

New exhibit hits the George Segal Gallery

Theadora Lecour
Entertainment Editor

The George Segal gallery currently presents The Enchanting Art of Japan, an impressive display of Japanese art originating from ancient traditions. Art of such media as woodblock prints, ivory sculptures, ink painting and photography are on display until April 18, 2015. The exhibit is called and features Ukiyo-e prints and pocket-size netsuke figurines.

The collected pieces range from the late 18th century to the late 19th century and create a comprehensive exhibit that records the Japanese development of traditions initially adopted from China. A particularly beautiful piece displayed at the front of the gallery is Prince Genji with Lady and Servants by a Bridge Overlooking a River, created by Utagawa Hiroshige and Gototei Kunisada.

From the late 19th century, these woodblock prints portray the household Japanese tale of an exiled prince and his wounding ways. The piece highlights the strengths of both Hiroshige and Kunisada—landscape and female figures. Utagawa Hiroshige has been studied by renowned Western artists such as Monet and Van Gogh.

What makes this exhibit especially interesting is its combination of both art on paper and sculpture. Netsuke are small ivory sculptures that might represent gods, animals, dragons or common figures. Their original purpose was to fasten the carrying cases of men onto their person. Today, netsuke are less functional and more for decorative purposes. These figurines are quite charming as detail and precision are staples of Japanese artistic style.

The subject of Tokuriki Tomikichiro’s woodblock print follows the Japanese way of Shinto, an approach to living focused on relations of energy. Ise Shrine depicts the holiest of the Shinto shrines. A Torii, or gateway to a Shinto site, might look like a simple arch but carries a major function in terms of energy flow in and out. The ink paintings in the exhibit are inspired from Chinese Bunjinga or literary paintings. Without text, these Japanese interpretations display minimalism but spiritual approach to natural themes.

For those further interested in the art, a lecture and tea tasting will be held on Saturday, April 11 from 3 p.m. - 4 p.m. for $10 a person.
Aurora Mendez and Robert Radliff have created a duo with the purpose of performing a repertoire ranging from classical to pop for all kinds of audiences.

What is your biggest motivation?
Our biggest motivation is the joy we witness from our excited music listeners and appreciators; the enthusiasm they have when they recognize a favorite tune, the pep in their step they get when a couple starts to dance as we perform a tango in the New York subway and the twinkle in a new bride’s eye when she hears a song she had played at her wedding as she walks by, but then stops and reminisces about her big day.

How has MSU fostered you as artists?
As current students of the John J. Cali School of Music, we have been given the technical training to hone our crafts and expand on our knowledge of music. We also perform in numerous ensembles learning different genres of music and are given direction by great faculty that has walked in our shoes before. Our teachers include musicians from The Metropolitan Opera and the Shanghai String Quartet to Broadway musical conductors and African drumming specialists.

Who are your biggest inspirations?
Our primary teachers and MSU violin faculty, Weigang Li of the Shanghai String Quartet and Mary Ann Mumm of the Metropolitan Opera Orchestrists. They are our constant, unconditional source of inspiration and guidance.

What is your latest project?
We have just submitted a music and press packet for the Music Under New York artists association sponsored by the New York City Metropolitan Transit Authority, also referred to as “MUNY.” This association allows street performers a more limitless venue for displaying and performing as artists in the New York subway, parks and major traffic and transit areas of the city like New York’s Grand Central Station. As a MUNY artist, there are also occasions in which the City will call upon your talents for certain concerts and administrative functions. It is an ideal situation for us and VioliNYC, as it provides a platform that allows virtually all people and walks of life to be exposed to our music and to build an audience from around the world and from our local tri-state area listeners.
Best and Worst of NETFLIX

Best:
- House of Cards
- Unbreakable Kimmy Schmidt
- Bojack Horseman
- Friends
- Arrow

Worst:
- The Interview
- Jem & Holograms
- The Wolf of Wall Street
- Arrow
- Friends

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Global Education Center
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THE WORLD WITHOUT NEWS WOULD BE...
"In America, the President reigns for four years, but Journalism governs forever." – Oscar Wilde

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E-mail montclarionchief@gmail.com
Red Hawk Round Up

Women’s Lacrosse

The women’s lacrosse team took part in a week full of high competition, playing two nationally-ranked top 20 teams and traveling to Muhlenburg. The Red Hawks were edged by #18 Stevenson, 9-8, bounced back to defeat Muhlenburg four days later, but was stopped by #7 Amherst in a 10-3 loss on Monday.

Men’s Lacrosse

The men’s lacrosse team suffered their first loss in a 11-9 contest against Ursinus on March 11. MSU fought back from an early three-goal deficit and was able to put nine on the board. Attacker Brett Mangan recorded three goals and an assist while goalie Lucas Jones made seven saves. The team’s current record is 4-1.

Baseball

While traveling to Florida for Spring Break, the baseball team competed in the Snowbird Classic where they went 3-5. The Red Hawks suffered from five straight losses before breaking the streak with a 4-0 win over Muskingum University. The team then closed the tournament off with two consecutive wins. They defeated North Park University, 18-8, and Lancaster Bible College, 11-4.

Softball

The softball team also experienced the sunshine this break by competing in the Gene Cusic Classic in Fort Myers, Fla. With an overall record of 3-5 in the tournament, the team opened their season with two straight wins and only allowed one RBI in the first two games. The team also defeated neighboring Drew University 9-0 in a five-inning game.

Professional Standings

EPL (England)
1. Chelsea - 64 points
2. Man. City - 58 points
3. Arsenal - 57 points
4. Man. United - 56 points
5. Atletico - 50 points
6. Southampton - 50 points
7. Liverpool - 49 points
8. Tottenham - 42 points
9. Swansea - 40 points
10. West Ham - 39 points

Serie A (Italy)
1. Juventus - 64 points
2. Atalanta - 50 points
3. Lazio - 49 points
4. Napoli - 46 points
5. Fiorentina - 45 points
6. Sampdoria - 45 points
7. Genoa - 37 points
8. Inter - 37 points
9. Torino - 36 points
10. AC Milan - 35 points

NHL Metropolitan
1. N.Y. Rangers - 95 points
2. N.Y. Islanders - 90 points
3. Pittsburgh - 88 points
4. Washington - 86 points
5. Philadelphia - 84 points
6. NJ Devils - 84 points
7. Columbus - 64 points
8. Carolina - 61 points

East Wild Card
1. Washington - 86 points
2. Boston - 83 points
3. Ottawa - 79 points
4. Florida - 76 points
5. Philadelphia - 73 points
6. NJ Devils - 71 points
7. Columbus - 64 points
8. Carolina - 61 points
9. Toronto - 60 points
10. Buffalo - 47 points

Bundesliga (Germany)
1. Bayern Munich - 64 points
2. Wolfsburg - 53 points
3. B. Moen. - 44 points
4. Leverkusen - 42 points
5. Schalke - 39 points
6. Augsburg - 38 points
7. Hoffenheim - 36 points
8. Eintracht - 34 points
9. Bremen - 33 points
10. Dortmund - 30 points

NBA Eastern Conference
1. Atlanta - 0 GB
2. Cleveland - 1 GB
3. Toronto - 13 GB
4. Chicago - 13.5 GB
5. Washington - 14 GB
6. Milwaukee - 19 GB
7. Indiana - 22.5 GB
8. Miami - 22.5 GB
9. Boston - 22.5 GB
10. Charlotte - 23.5
11. Brooklyn - 25 GB
12. Detroit - 29 GB
13. Orlando - 33 GB
14. Philadelphia - 38 GB
15. N.Y. Knicks - 39 GB
Janitza Aquino
Women’s Basketball

Aquino played a vital role in the team’s win over Salisbury last week, advancing them to the NCAA Final Four. She had 13 points, four assists and 16 FGAs.

Current Stats
Points - 475
Points Per Game - 15.3
Rebounds Per Game - 2.3

Keith Murphy
Baseball

Murphy tabbed five at bats, three RBIs and two runs, as the baseball team closed out the Snowbird Classic with a 11-4 win against Lancaster Bible.

Current Stats
RBIs - 16
Runs - 7
At Bats - 39

Imagine being a parent with twin boys. That’s twice the mess, but Ryan and Matt Long made it a little easier on their parents by choosing the same school to attend and sport to play.

Both Longs attend Montclair State University, where they play for the baseball team. Ryan plays outfield for the Red Hawks while Matt is a second baseman. The two started playing together when they were five years old and never looked back.

Baseball
Doubleheader 3/19
DeSales University
3 p.m./4:30 p.m.

Softball
Doubleheader 3/19
DeSales University
2 p.m./5 p.m.

Women’s Basketball
NCAA Division III Championships
Semifinals - 3/20
Grand Rapids, Mich.

Montclair State vs. George Fox
7 p.m.

Women’s Lacrosse
3/21 @ Fredonia
12 p.m.
3/23 @ The College at Brockport
3 p.m.
NYCFC Starts Strong Against Orlando City
NYCFC started their inaugural season with a draw on the road
The Montclarion Sports

Red Hawks Soar to Michigan for Final Four

Mike Ferrootten
Staff Writer

The Montclarion State women’s basketball team continues on their journey towards the Final Four. This group has led the program to their first ever NCAA Final Four Basketball Tournament, with a record-setting Nick Foles allowing the Eagles’ number one running back in the NFL’s top running backs for an interception.

Kelly traded away one of the Eagles’ number one running backs in the NFL’s top running backs for an interception.

Senior Melissa Tobie achieved a career milestone in the first half and notched a 22-point point at Montclair State. She is currently second in all-time scoring at MSU. The Red Hawks outscored Salisbury 32-22 in the lane. The Red Hawks also had 29 second-chance points during the match. They held the Sea Gulls to 1-15 shooting from three-point range.

“Of course, we have nerves, but we believe in ourselves and we have done a good job of playing each position, one game at a time,” said head coach Karin Harvey. “I think my team has handled themselves extremely well and stayed within each moment,” said head coach Karin Harvey. “We do our homework and our mental game is strong.”

Senior Melissa Tobie led the Red Hawks with 22 points and 10 rebounds. Ben- nett made her presence felt with 10 points. Montclair State’s largest lead of the contest was 17. Bowdoin never pulled in front. MSU was 17-21 in free throws (81 percent). With the win, the Red Hawks are 13th consecutive victory.

Montclair State drew a record of 18-0 in conference play. MSU’s first opponents, the Salisbury University Sea Gulls previously, 76-54, on Thursday, March 20 at 7:30 p.m. The Sea Gulls to 1-15 shooting from three-point range. The Red Hawks outscored Salisbury 32-22 in the lane. The Red Hawks also had 29 second-chance points during the match. They held the Sea Gulls to 1-15 shooting from three-point range.

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