Complaints Pile with Snow

Deanna Rosa
News Editor

Immediately following Winter Storm Jonas’ weekend barrage of the east coast with record-breaking amounts of snow, Montclair State started the week with a normal schedule on Monday, Jan. 25, despite university and public school closings throughout New Jersey. While some students were outraged at the university’s decision to remain open in the wake of such a massive snowstorm, Shawn Connolly, Vice President of University Facilities, said that the facilities staff worked tirelessly all weekend to ensure that the university operated on a normal schedule Monday.

“I encourage anyone who thinks [removing snow is] an easy task, sign up and work alongside those who have and see just how physically demanding it is.”

- Shawn Connolly, Vice President of University Facilities

Newman Places Third in National Rankings

Jessica Bachor
Assistant News Editor

Montclair State’s Newman Catholic Center, an organization which has had a presence on campus for over 50 years, was ranked the third best Newman Center by the Best College Reviews website, which took into account factors such as regular mass times, community-building events and a relationship with the local parish in its analysis of Newman Centers across the country.

“We have a little bit of everything,” said Father Jim Chern, the organization’s director and chaplain. “We have spiritual activities, mass at the Student Center every Sunday and daily Bible studies, lots of community service events, three major events every month and lots of social events.”

The Newman Center currently boasts over 300 members, making it one of the Student Government Association's largest organizations.

Last May, the Newman Center was named the SGA Class I Organization of the Year for both its high activity and membership.

“I realized I had big shoes to fill after we received the SGA award last year,” said Aaron Kurtz, President of Newman and a senior Music Therapy major. “It was really intimidating and put me a little bit of everything.”

Newman continued on Page 4

Best College Reviews ranked Montclair State’s Newman Catholic Center in a national list.
The Montclarion is a publication of Montelican Publishing, Inc. published weekly, except during examinations, summer and winter sessions. The Montclarion is funded by student fees distributed by Montclair State University and incoming advertising revenue. The views expressed in the Opinion section, with the exception of the Main Editorial, do not necessarily reflect the views of The Montclarion.

The first issue of The Montclarion, then named The Pelican, was published on Nov. 28, 1928.

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**Phi Alpha Theta Makes History at National Convention**

**Amanda Williams, Feature Editor**

For the first time, the Montclair State chapter of Phi Alpha Theta History Honor Society was chosen to participate in the 2016 Phi Alpha Theta Biennial Convention. Three Montclair State students, along with 77 other Phi Alpha Theta members from across the country, presented their historical research from Jan. 6 to Jan. 10 in Orlando, Florida at the Walt Disney World resort. Phi Alpha Theta History Honor Society lies under the Upsilon-Sigma chapter, which was established on Dec. 5, 1973. The society commits to both history and non-history majors with a 3.0 overall grade point average.

"It's a professional society that connects faculty to students to create a professional network and to encourage research," said Christopher Sudol, president of Phi Alpha Theta and a senior at Montclair State.

Sudol was one of the three Montclair State students chosen to present at the convention. "[The convention] was something that normal undergraduates wouldn't experience. Being able to build professional networks and share what we had to offer with the historical community." The other two Montclair State participants, Matthew Zuccaro and Collin Mastrian, were also graduating seniors.

"Being involved in historical discourse with my peers on a variety of subjects was enjoyable, educational, and, at times, a very challenging endeavor."

- Collin Mastrian, Senior History major

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**Pelican Police Report**

Wednesday, Jan. 20

Carpare Diaw: A student reported an incident of criminal mischief. This case is under investigation.

Wednesday, Jan. 20

Mallory Hall: A faculty member reported an incident of criminal mischief. This case is under investigation.

Wednesday, Jan. 20

Six Brothers' Dinner: Student McGregor Burton, 19, of Houston, Texas, was arrested and charged with possession of marijuana and possession of drug paraphernalia after a motor vehicle stop. Dalton is scheduled to appear in Little Falls Municipal Court.

Saturday, Jan. 23

Baskerville Hall: A student reported an incident of harassment from another student. This case declined to pursue charges at this time.

Sunday, Jan. 24

N.J. Transit Parking Garage: A student reported an incident of theft. This case is under investigation.

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Anyone who has information regarding these incidents is urged to call the police station at 973-655-8977. All calls are strictly confidential.
Crime: Clery Act Statistics and Smart Solutions

Continued from page 1

Barrett said that incidents between roommates in residence, whether they are friends, siblings, living partners, or married or connected in some other way, fall under the category of domestic violence.

"Domestic violence is a concern when it occurs among such as assault, sexual assault [and] criminal negligence, that is committed against another person who may be a spouse, in a dating relationship, within a household or is a relative," Barrett said. "A companion law adds certain protections as we as as the underlying offenses.

Dating violence, then, is whatever Barrett called a "sub-set" of the larger crime of domestic violence. While dating violence only occurs among those who are considered to be in a dating relationship, domestic violence can take place between individuals in any kind of household, or between people in a relationship, whether they are friends, siblings, living partners, married or connected in some other way.

Barrett said that incidents between roommates in residence halls often contribute to the numbers for domestic violence reports, considering that roommates are classified in the statute as being capable of violence reports, considering the nature of a third person or suffer a reasonable person to fear for their safety or the safety of others "It's always good to know what's around and what could happen to you when you're on campus," Benavides, a freshman major business, said. "It's always good to know what's around and what could happen to you when you're on campus." Benavides, a freshman major business, said. "It's always good to know what's around and what could happen to you when you're on campus."

While many students are on campus, "It's always good to know what's around and what could happen to you when you're on campus."

Students Ashley Fleming, Mahlene Cerqueira and Michelle Weinberg, Weinberg said, "The self-defense program helped women to experience a decrease in Post-Traumatic Stress Disorder symptoms and an increase in interpersonal self-sufficiency and self-defense."

Cerqueira and Fleming felt that these reports are collected in an annual list through the Clery Act statistics, since students don't always stay on top of campus crime reports and check emails about events that occur on campus.

Including these numbers, the White House's official website, at Montclair State, however, trying to prevent those forms of crime does not stop at offering annual statistics. There is also available at Montclair State that provide students with information about what these types of violence and abuse constitute and what to do if you are experiencing or know someone who is experiencing these issues.

In addition to outreach education at such platforms as orientations, Common Core, in the Diwan of Students' Office, maintains a Student Interference Intervention Program that educates community members on what to look for and when they know to be a reasonable person to fear for their safety or the safety of others. He said.

There are also two group programs - the "speak-out" program for survivors of violence through Counseling and Psychological Services, and Dr. Jennifer Vogel-Davis and the National Violence Prevention Group, which acts as a "speak-out" program for survivors of violence through Counseling and Psychological Services, and Dr. Jennifer Vogel-Davis and the National Violence Prevention Group, which acts as a therapy group, support group and educational opportunity for young adults, as well as a group therapy component. "The self-defense program helped women to experience a decrease in Post-Traumatic Stress Disorder symptoms and an increase in interpersonal self-sufficiency and self-defense," said Weinberg.

When it comes to supporting someone who has experienced violence, Weinberg said, "The best way for someone to support a survivor is to listen to her story and believe her story and it's helpful to ask the survivor what kind of help [you] can provide and then work with them to connect them to the appropriate resources." Barrett agreed that the possibility to make a difference in the life of someone abused can also be in the hands of students. "We must also recognize that each person has a responsibility to their safety and the safety of others," he said. "It cannot just be the police, the university or a program. If you know somebody that is in an abusive relationship, you can use your day to do help. You may be the link for them to become a survivor."
Jonas: Facilities Staff Takes on the Blizzard

Continued from page 1

"In this storm, as fast as they removed the snow from an area, Mother Nature would just cover it up behind them." - Shawn Connolly, Vice President of University Facilities

Orgs Help Campus Remember Holocaust Victims

Kristen Bryfogle | Editor-in-Chief

Montclair State students, faculty and staff observed International Holocaust Remembrance Day this year, paying tribute to those who lost their lives during the Holocaust are honored and that the university does not have the information about the mass genocide so that being able to remember the Jewish Holocaust cultural organization at Montclair State, Theta Delta Sigma, a multicultural fraternity with a focus on the queer community, and the LGBTQ Center set up a table in the Student Center Annex outside of the Student Government Association office on Wednesday, Jan. 27, the date of International Holocaust Remembrance Day. At this table, students could learn more about the Holocaust through the individual's running the event or the informational posters outlining major historical events contributing to the Holocaust which hung behind the table. In addition to these educational resources, students could write a message of hope or the name of someone who perished in the Holocaust on a Post-it Note. The Holocaust Memorial Museum compiled the list of names that these organizations used. "If you want to stop by and write a message of hope or the name of someone’s name that you have a list of, you can just post it on the wall," said Justin DeCicco, a member of Theta Delta Sigma. "[We’re doing this] to always remember those who passed and so that no community or society ever allows this to happen again." In addition to the personal messages and contributions that passersby left, the organization special and different sorority events with them is part of what makes the organization special and different from other Newman Centers, they make being a Catholic in a university setting cool and friendly. "Like Newman," said Kristen Bryfogle, "Being a member of the SGAs, and having the ability to reach out to other groups was awesome as well as having other sorority events with them is part of what makes the organization special and different from other Newman Centers, students posting the names of lives lost during the Holocaust. It was awesome and what this really was hit me." - Aaron Kurtz, president of the Newman and senior music therapy major

"When I heard about this ranking article, I nearly had a heart attack. It was awesome and what this really was hit me." - Aaron Kurtz, president of the Newman and senior music therapy major

That made it what it is and I love it all." When asked about what makes Montclair State’s Newman Center special to him, Jeff Buck says, "I grew up going to Jewish Carman major, said, “They provide you with community and friendship and the opportunity to do fun things. They make being a Catholic in a university setting cool and friendly." That’s the students have really taken ownership and made the program their program," said this ranking is such a huge thing and a beautiful effort because it wasn’t like we applied for it. We didn’t have to. We didn’t do it for the recognition, all kinds of things are bonuses and celebrating all the work the students do and continue to do in the future." - Jeff Buck, Newman Center director

"Newman: Best College Review Ranking

Continued from page 1
STUDY ABROAD FAIR

Date: Wednesday, February 3, 2016
Time: 11:00 am – 3:00 pm
Location: Student Center Ballrooms

DID YOU KNOW?

- Montclair State offers academic programs in more than 60 countries
- Semester, Academic year, summer and short term programs available
- Financial aid is available (grants, loans and scholarships)
- Many classes are available in English
- Employers value international experience and it’s a resume booster
- Most majors can find courses abroad without delaying graduation
- Studying abroad is an opportunity of a lifetime!

Study Abroad Special Sessions
February 11, 2016
Cohen Lounge, Dickson Hall

12:00 pm Exchange Program Information Session
Learn about the opportunity to study abroad in several different countries as an exchange student which allows you to pay the same tuition and fees as you would at MSU and use federal, state and institutional financial aid.

1:00 pm Budgeting for Study Abroad
Think studying abroad is too expensive for you? Learn how to budget and prepare to study abroad, differences in program costs, costs of living and scholarships available.

2:00 pm Applying for a Gilman Scholarship (for PELL Grant Recipients)
PELL Grant recipients are eligible to apply for Gilman Scholarship to help fund summer, semester and academic study abroad programs. You will learn how to make your application as competitive as possible.

3:00 pm Information Session: Faculty-Led Short-Term Study Abroad Programs
This information session will highlight the short-term summer 2016 faculty led study abroad programs in Florence, Nice, Madrid, Croatia and Genzano.

Weekly Study Abroad Information Sessions – Student Center Room 415
Attend one of our weekly general information sessions which cover the basics of preparing to study abroad and learn more about the programs abroad, scholarships available and how financial aid and course selection work. All are welcome. No RSVP necessary – just walk-in.

WE’VE MOVED! The Global Education Center is now located in Student Center Annex Room 207
Contact us: http://www.montclair.edu/global-education/study-abroad/outgoing-students/
New Semester, New Interest

Montclair State University Greek Life started the semester off with a bang by having their annual Greek Organization Fair on Jan 25.

Over the past year, the Greek community at Montclair State has grown immensely in size, nearly doubling their overall number and reaching over 900 members total.

Emily Cordero, Coordinator for Greek Life, said, “This semester, we are looking to be as successful as possible and have as many individuals find their home in Greek Life as we can. Our community doubled in size last spring and I would love to do it again.”

Michael Ladines, Director of Greek Affairs at Montclair State, said in regard to the night of events, “I think it was a very successful night. It is always a great feeling to see people lining up at the door to meet our 37 organizations.”

Over 200 students came to the Student Center Ballrooms to meet all the Greek organizations, in hopes of finding the organization that would be the best fit for them.

“It was a great turnout for a Monday night from 6 p.m. to 9 p.m.” Cordero said. “Due to room booking conflicts, we were unable to hold the event on a Wednesday during common hours as we usually do, so this was something new for us. It ended up working out great and I was very surprised and happy with the turnout.”

With such a large turnout at their Greek Organization Fair, the community is looking forward to a semester of growth and success.

“A lot of people came out with interest in all different councils. We are hoping to grow our community and strengthen this semester,” said Ladines.

Vitamin D: The Sunshine Vitamin

Ayla Gentiletti
Contributing Writer

Vitamin D, also known as “the sunshine vitamin,” is essential for a healthy body. Vitamin D maintains strong bones by helping the body absorb calcium and phosphorus and helps regulate blood pressure. Recent claims have been made that vitamin D can also help protect against certain cancers and other chronic conditions.

Vitamin D is unique compared to other vitamins because our skin has the ability to make it from the sun. A 15-minute sun exposure to the face and arms about three times a week is generally recommended to produce the vitamin D needed in the body.

However, in the cold winter months, very few of us are receiving that level of exposure as a result of being bundled up in coats and scarves. Luckily, we can also reach our vitamin D through a variety of healthful foods.

This winter, I encourage you to add some of the following to your diet to ensure a healthy Vitamin D intake.

1. Salmon
   Not only is salmon filled with protein and essential omega-3s, it also packs a vitamin D punch. Just half of a sockeye salmon filet contains enough vitamin D for the entire day.

2. Tuna
   One serving of light canned tuna contains 25 percent of the daily recommended value of vitamin D. Try a tasty tuna salad on whole grain bread for lunch or a protein-packed meal.

3. Milk
   Milk and other fortified dairy products (yogurt, cheese — specifically ricotta) offer a fair amount of vitamin D. Just one glass of 1 percent milk offers approximately 15 percent of the daily need while providing calcium — vitamin D’s partner-in-crime when it comes to maintaining strong bones.

4. Mushrooms
   While it may seem like an unlikely source, one cup of cremini mushrooms contains about 20 percent of your daily vitamin D needs. Although the amount varies across types of mushrooms, adding some to your next stir-fry is a delicious way to add some important nutrients to your diet.

5. Eggs
   Though egg whites are gaining popularity, it is the egg yolk that is packed with important nutrients, including vitamin D. One of the most versatile foods, eggs aren’t just for breakfast. A hard boiled egg to top a salad is a great way to sneak some vitamin D in at lunch.
Getting in Shape at the Rec

Group X: Cardio Kickboxing

Korean Skin Beauty Routine

You may belong to a gym at home or do YouTube work- outs in your room, but you can either supplement these workouts or replace them at the Student Recreation Center, which offers many fitness and wellness activities all year round in your student fees, adding no additional membership costs on top of what you already au- tomatically pay the university each semester.

One of the most overlooked benefits of these fees are the Group Exercise (Group X) classes at the Department of Campus Recreation. Group X classes are taught by students who are certified fitness instructors who have to pass tests in their field of study in order to become instructors. The students who teach Group X classes therefore know what they’re doing and understand how to motivate you, push you without going too far and mod- ify exercises for anyone in the class with injuries or a different skill level.

Often, fitness classes at regu- lar gyms require extra fees on top of the price of a gym mem- bership, but Group X classes are included in the student services fees and thus come at no extra cost. Best of all, you don’t need any experience in the classes that you are taking, since in- structors take the time to teach you the basics of each exercise and can modify exercises to ac- commodate beginners in the class as well as those who are more advanced.

One of the Group X classes that I recently tried was cardio kickboxing, a high-energy car- dio class taught by the fitness instructor Jessica. This class is a great way to burn calories and build strength while having fun.

The class started with learn- ing the basic steps and kicks that would be used in the class. Jessica then guided attendants in performing their punches and kicks, synchro- nized to an upbeat playlist of modern pop music.

The class was obviously quick-moving, since the goal was to work up a sweat and provide attendants with a car- dio workout more exciting than running on the treadmill or do- ing jumping jacks. However, that isn’t to say that there are no strength-based ac- tivities in the class. Cardio kickbox- ing includes the squats and lunges typical of a full-body strength workout and doing it regularly can build muscle over time in the arms and legs, since using these body parts to punch and kick builds strength and stamina.

Overall, cardio kickboxing is a way to spice up the colora- bonding part of your workout while still working to increase your strength and endurance. It is also downright fun because you get to punch and kick the air and feel like a ninja or box- ing master while getting fit at the same time.

Paying the facilities and stu- dent service fees are not an op- tion, so you might as well make the most of your money and stop by the Student Recreation Center for cardio kickboxing for your next workout.

Korean Skin Beauty Routine

The “Double Cleansing Method” is a K-beauty staple.

Foaming cleanser. Unlike

Exfoliate. Exfoliating is es- sential, but dress the skin out if used every day. Koreans use small amounts on problem areas, often with a small, abrasive lotion.

Toner. This is not the high- alcohol astringent that has given tees a bad name. This is hydrating and pH-balanced, which is perfect for acne-prone skin.

Essence. This also has anti-aging properties, but is used more for rejuvenating dull skin.

Emulsion/Moisturizer. This product helps further hydrate these pores.

Sleeping Pack. Of course, sunscreen and a good diet are important to skin care as well and should not be forgotten even if you start an in-depth skincare care regimen.

With these products, you may be on your way to a blem- ish-free complexion even on the most stressful of exam days.

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The Montclarion

Come Join Us!

Room 113 Student Center Annex
973.655.5230
Montclarionchief@gmail.com

THE WORLD WITHOUT NEWS WOULD BE...

Photo courtesy of wikipedia.org.
HELP WANTED

BARTENDER/SERVER, VERONA
Looking for someone who loves fun, caring, fun and who enjoys working with others in a friendly atmosphere. Shifts are 3-7 and 7-11pm Mon-Thurs and 11am-3pm & 6-10pm Fri-Sat.

Assistant Manager, Upper Montclair
The Assistant Manager is responsible for planning, organizing and controlling all aspects of their store’s operations to reach the highest level of customer satisfaction.

Newspaper Carrier, Upper Montclair
Carry the Montclair Dispatch for our Montclair, NJ offices. Email resume & cover letter to NewsDesk@MontclairDispatch.com & visit MontclairDispatch.com/Delivering.

Cycling Instructor, Upper Montclair
Teddy Tennis (www.teddytennis.com) is hiring experienced, qualified coaches for their tennis program. Experience teaching tennis, in addition to coaching, is a plus. Candidates should include references.

ASSISTANT MANAGER, MONTCLAIR
Must be a self-starter, willing to learn, high energy, & trustworthy. This job is not for everyone, as the candidate must be a self-starter, willing to learn, high energy, & trustworthy.

AQUARIST / AQUACULTURIST, CLIFTON
Candidates MUST have knowledge of color theory, blending, layering, & different kinds of plants. Must be a self-starter, willing to learn, high energy, & trustworthy.

AQUARIST / AQUACULTURIST, MONTCLAIR
Knowledge of color theory, blending, layering, & different kinds of plants. Must be a self-starter, willing to learn, high energy, & trustworthy.

AQUARIST / AQUACULTURIST, BLOOMFIELD
Candidates MUST have knowledge of color theory, blending, layering, & different kinds of plants. Must be a self-starter, willing to learn, high energy, & trustworthy.

ASSISTANT MANAGER, MONTCLAIR
Must believe "in our mission & vision. Candidates MUST have knowledge of color theory, blending, layering, & different kinds of plants. Must be a self-starter, willing to learn, high energy, & trustworthy.

CAREGIVER, FAIR LAWN
Caring student sought for 21 year old autistic male living in Fair Lawn with distinctive learning style. Requires homework help, transportation to extracurricular activities, light housework and cooking. Please email resume/ experience to: townartmontclair50@gmail.com.

AQUARIST / AQUACULTURIST, RIDGE
Knowledge of color theory, blending, layering, & different kinds of plants. Must be a self-starter, willing to learn, high energy, & trustworthy.

School Sitter for our 11 year-old daughter. 3-6 p.m. Mon-Thurs. Must have car and clean driving record. Please email resume/ experience to: Family123@gmail.com.

ASSISTANT MANAGER, BLOOMFIELD
Candidates MUST have knowledge of color theory, blending, layering, & different kinds of plants. Must be a self-starter, willing to learn, high energy, & trustworthy.

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CLASSIFIED AD NOW.

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GREY COMICS
CREATED BY: TUNMISE ODUFUYE & WILL THOMAS
ILLUSTRATED BY: LISSET ZAVALETA

Pray to the Hawk

Protect the Hawk!

Lion
By Catarina Rodrigues

LOVE TO DRAW?
Submit your comics/cartoons to The Montclarion at Montclarionproduction@gmail.com
I n 1962, The Jetsons predicted a future complete with flying cars and robot maids. Now, it is 2016 and Montclair State’s wireless Internet can barely withstand daily student use. Admittedly, we all thought the future would be much more glamorous.

Instead, students and faculty struggle to maintain their sanity each day as their wireless devices fail, yet again, to connect to the university’s Wi-Fi. These problems have plagued the campus community for far too long and adjustments need to be made, as it is absolutely essential for both students and professors have access to wireless Internet while on campus.

Today’s college students have less Internet while on campus. Now, it is 2016 and Montclair State’s Wi-Fi shortfalls are seen around campus, but they have become particularly prominent when students are on Canvas, the university’s learning management system. While all classes usually have some degree of Canvas integration, online and hybrid classes are among those that are most affected by the poor Internet conditions on campus. Online and hybrid classes require a stable Wi-Fi connection in order to submit assignments and complete tests and quizzes. Unstable connections have resulted in students losing all their work as well as becoming incapable of posting to discussion boards and submitting assignments on time. When the wireless Internet on campus fails, students are left feeling helpless.

This problem is even hurting students outside of class. Montclair State’s academic policies state, “All Montclair State University students are provided with, and are expected to utilize, a MSU email account.” It is hard to make use of an email account that many students are unable to access while on campus. Having better Wi-Fi on campus would help students stay in contact with their professors and receive important emails in a prompt manner.

Also, the areas in which students find relaxation before or in between classes are not equipped to provide individuals with constant Internet. Students can normally be found in the Harry A. Sprague Library or in the Student Center Annex using their wireless devices to stream Netflix or listen to music. It is imperative that students have a way to relax and reduce stress during their free time. It easily becomes more stressful for individuals when they are unable to partake in those activities when Wi-Fi difficulties stop them.

While Wi-Fi problems have proven to be major inconveniences time and time again, the student body’s and faculty’s crises were finally addressed when Montclair State announced a multimillion dollar network infrastructure upgrade last fall. However, significant improvements in Wi-Fi connectivity have yet to be seen.

Until these problems are thoroughly addressed by Montclair State, students are going to miss out on the physical and virtual classroom as well as in their daily lives. We are not asking for flying cars or robot maids, we just want Wi-Fi that works.

Thumbs Up

Super Bowl 50
Snow removal
T-Rex suit videos

Thumbs Down

Trump abstains from Fox debates
Flint water crisis
Winter Storm Jonas deaths

What is your favorite thing about the winter?

“Probably to sit in my room in pajamas, light a candle, get a cup of coffee or hot chocolate and read a book or cuddle.”
- Ben Miller
Junior
Religious Studies

“Spend time with family.”
- Luis Travieso
Senior
Political Science

“In the winter, I like to stay inside and read. I also like to make new recipes and stuff because I am always home.”
- Nathaly Lora
Sophomore
Justice Studies

“Honestly, just staying inside, if I can.”
- Sally Santos
Freshman
Psychology

“Snow sledding in Nash Park by my house.”
- Naomi Oyanguren
Freshman
Biochemistry
Sarah Palin Can See Trump Towers From Her House

Palin's endorsement of Trump has kept the Republican party in party unity, and they share one another well known to media.

The most glaring indicator of the actual positions that feel spurned by the political parties in America is it's new favorite issue.

The fight for equality each day.

Identity Crisis Continues Among the Parties
Democrats and Republicans experience inner-party divisions

There's an all-out war being waged in the soul of America's two biggest political parties. Are Republicans the party of anger or the party of Reagan? Are Democrats the party of political revolution or the party of pragmatism and prudence?

We're been accustomed with poll numbers for months now, but still seem to be able to make sense of them. In less than a week, Iowa Caucus-goers will be the first in the nation to make a choice in what what is essentially amounted to an anti-Trump movement.

The rift between Republican voters became shocking in light of the major party's billionaire candidate threatening to leave the race if he is not renominated, which is one that favors a pragmatic approach to politics and one that favors political leaders.

Clinton loves to paint herself as the one who was able to do things, whereas Sanders seemingly have ditched the one that favors a pragmatic approach to politics.

the majority of Trump supporters are not.

Palin supporters do not defend the party of Reagan, and Supporter of Clinton, one that favors a pragmatic approach to politics.

The fight for the soul of each party will be taking down and might not all of the way to the conventions. Either way, voters will eventually have the final say and the party leaders will have to scramble to make the party of the general election.

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Alexander Kasser Theater

"A phantasmagoric wonderland" – THE WASHINGTON POST
This past weekend, an audience of hundreds, including many Montclair State students, braved a blizzard to come out and witness the American premiere of Michel van der Aa’s stage adaptation of The Book of Disquiet at the Alexander Kasser Theater. Fortunately for the audience, the show did not disappoint.

Van der Aa is known for his ability to create breathtaking multimedia productions, using not only live actors but also music and film to tell a story. The Book of Disquiet, one of van der Aa’s first large-scale works to debut in America, is an honor Montclair State was lucky to bring to life.

The show is an adaptation of Fernando Pessoa’s original text of the same name, starring the British actor Samuel West as Pessoa’s alter ego, with music direction by Alan Pierson. The Book of Disquiet begins with an instrumental ensemble tuning up on stage while an actor, opposite the musicians, sits at a desk, avidly scribbling on a piece of paper. The orchestra and actor are surrounded by hanging, circular screens.

As the show begins, a film is projected onto the screens and the orchestra begins playing a haunting piece. For the next 75 minutes, the actor scribbles a letter outsize as a parallel film is shown behind him.

Van der Aa’s show features a group of three actors who are slowly losing their minds. The actor delivering a monologue is fragmented and almost manic, seemingly portraying a writer who is trying to come to terms with Pessoa’s poems on stage.

The dialogue is based on Pessoa’s own reflections in his written work, which encompasses more than 400 texts. The show is a mixture of observations, autobiography and a dream diary.

Since the stage show is based on these short texts, the dialogue is fragmented and almost manic, seemingly portraying a writer who is slowly losing his mind. Van der Aa’s show features a single actor on stage. Therefore, the other characters come to the audience in the form of film projections. Swapping between the many screens dangling above the stage, the different characters interact with the actor on stage, sometimes even passing him notes and responding to his dialogue.

Regardless of whether Avery remains in prison for life or is let out again under false pretenses, or is pardoned, wherever it debuts next. The Alexander Kasser Theater is known for putting on shows that leave the audience thinking as if they have seen something extremely special and that The Book of Disquiet was no exception. While the short run at Kasser is official-ly over, unfortunately losing one performance due to snow, the show is one that should not be missed, whenever it debuts next. As for the Alexander Kasser Theater, the show that graces the stage next has plenty to live up to.

A petition to the Obama administration in an effort to pardon Avery’s sentencing was published on Dec. 20, 2015 and has already grossed 125,950 total signatures. In response to the petition, the Obama administration published an official response that says “the President cannot pardon a state criminal conviction.”

Time will only tell if Avery remains in prison for life or is let out again under false charges. When Netflix releases a second season of Making a Murderer, I think it will have the same sensational impact, intensity and allure.
The 5 Most Overlooked Films of Winter Break

Over our month-long winter break, the world was taken by storm, with box office smashes "Star Wars: The Force Awakens" and "The Revenant" sending releases in December and January, respectively. Even though the entertainment industry was mainly focused on the record breaking success of "Star Wars," there were a total of 16 movies released while we were home over the holidays. What happened to the other 14 movies? Some have been mentioned more in the last two weeks, since the Academy Award nominations were released, but most have been forgotten by the general public. This article is dedicated to the five most overlooked movies that were released this winter.

1. "13 Hours: The Secret Soldiers of Benghazi"

"13 Hours" is the most overlooked movie of the winter. The Michael Bay film snuck into theaters on Jan. 15. The film depicts the true events of the 2012 terrorist attack that left a United States ambassador dead in the Libyan embassy. Many will remember this event as the scandal that nearly-presidential candidate Hillary Clinton allegedly covered up. Bay has said that 13 Hours has no political implications in multiple interviews, but why would this film have been made and released in 2016 if it was not meant to affect the political horizon? The title directly tells the audience that the secrets of the attack on Benghazi are the focus of the film, making it hard to believe Bay’s previous interviews. With a film that could potentially have an impact on the upcoming presidential election, one would think that this film would spark a big conversation, whether the politics are a prime focus of the film or not. However, there is very minimal conversation about this film. There are not too many articles being posted about it and the film has not had a large social media presence. This is baffling because of the topic. Military movies have done well at the box office recently thanks to the successes of "Lone Survivor" and "American Sniper." With 13 Hours only bringing in $52.7 million in its first two full weeks, it is the most overlooked film of the winter. This movie should be growing more and more of an impact in the news.

All in all, this winter has had some incredible films released. It is too bad that not all the great films will get the attention they deserve due to the overshadowing of larger releases. The five most overlooked movies of the winter should not have been on this list and are all worth seeing.

5. The Danish Girl

The Danish Girl was a highly anticipated independent film being released just in time for the awards season nominations. Featuring last year’s Best Actor Academy Award winner Eddie Redmayne as the lead, The Danish Girl tells the story of painter Lili Elbe, who was one of the first people to have gender reassignment surgery in the 1920s. The film is directed by Academy Award winning director Tom Hooper. With 65 total awards nominations, The Danish Girl seemed like it had a lot of attention. Unfortunately, the awareness of the film has not translated with audiences. It has only grossed $9.7 million at the domestic box office thus far and is only playing in less than 800 theaters. (Take into consideration that "Star Wars" is currently playing in just shy of 3,500 theaters.) This under-performance is a little strange considering how much award attention the film has garnered. As the awards season progresses, it will be interesting to see if The Danish Girl will fare any better.

4. The Hateful Eight

"The Hateful Eight" is director/writer Quentin Tarantino’s latest out-of-the-box film. Tarantino is known for his artsty, comedic and gore-infused films that leave some wondering what they just watched and others beyond satisfied. His films are acquired taste and are not for the queasy. The Hateful Eight is not exactly a successor, considering that it only grossed half as much as Tarantino’s previous film, Django Unchained, in its opening weekend. The film is overlooked for a few reasons. First, it has widely been left out of the award nominations. Tarantino has been left off the list for Best Director and Best Original Screenplay in many of the major awards shows. The film has been consistently nominated for Best Score and Best Supporting Actress for Jennifer Jason Leigh’s performance, which are both well-earned nominations and the two highlights of the film. Second, The Hateful Eight opened with six other Christmas Day releases. It is hard to get a lot of attention when the market is already very saturated. The third, spaghetti western is not a film genre that most people enjoy. Tarantino does make great movies to win some critics, but this one was not as good as his previous movies, which is the last reason this film was overlooked. With a boring first half and minimal story and character development, The Hateful Eight will not blow you away. This niche film had a wide marketing campaign, but could not build its own at the box office.

3. Concussion

Concussion should have been a better Christmas Day release contender. This film tells the true story of Dr. Bennet Omalu discovered the deadly brain disease chronic traumatic encephalopathy (CTE). CTE was discovered after the death of the former NFL fan-favorite Mike Webster of the Pittsburgh Steelers. Concussion takes viewers around the discovery of the football-related disease, the NFL’s denial of it and Omalu trying to tell the world that concussive brain injuries are dangerous. Will Smith gave his best performance of his career as Omalu and certainly deserved to be nominated for an Academy Award. It is a shame that he is not being honored for bringing a story of this magnitude to the big screen. The worst part is that the NFL tried to shut the movie down, which was released in the documents from the Sony hack. The NFL did not want to look bad for their years in denial of this serious brain disease. They used their power to shut down most of the discussion about this film.

Concussion is a great film and should be watched by all parents before letting their children walk onto any sports field. CTE is a very serious issue that not many people are aware of. The NFL’s holiday wish came true as Concussion has only made $33 million domestically, which is only $3 million more than the train wreck that is the Point Break remake.

2. Sisters

Sisters is the most overlooked comedy that was released over break. Unfortunately for Sisters, it was released on the same day as Star Wars. With all the focus diverted elsewhere, the winter’s funniest film has had success that has gone unnoticed. Tina Fey and Amy Poehler’s R-rated comedy has grossed a pretty decent $58.4 million at the domestic box office so far. Fey and Poehler bring tons of laughs throughout the whole raunchy film. If you enjoy either actresses or Saturday Night Live-esque humor, then Sisters is the comedy for you. Sisters was an overlooked choice for the following week’s release of Daddy’s Home, starring Will Ferrell and Mark Wahlberg. Daddy’s Home proved to be a weaker comedy, with all the good parts being shown ahead of time in the trailers. Sisters is a very entertaining film and a good alternative to the more serious films that are currently showing.

1. 13 Hours: The Secret Soldiers of Benghazi

Five of the overlooked films of the winter that should have been a better Christmas Day release contender. This film tells the true story of Dr. Bennet Omalu discovered the deadly brain disease chronic traumatic encephalopathy (CTE). CTE was discovered after the death of the former NFL fan-favorite Mike Webster of the Pittsburgh Steelers. Concussion takes viewers around the discovery of the football-related disease, the NFL’s denial of it and Omalu trying to tell the world that concussive brain injuries are dangerous. Will Smith gave his best performance of his career as Omalu and certainly deserved to be nominated for an Academy Award. It is a shame that he is not being honored for bringing a story of this magnitude to the big screen. The worst part is that the NFL tried to shut the movie down, which was released in the documents from the Sony hack. The NFL did not want to look bad for their years in denial of this serious brain disease. They used their power to shut down most of the discussion about this film.

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“In America, the President reigns for four years, but Journalism governs forever.” – Oscar Wilde

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NFL Films Presents ‘America’s Game and the Iran Hostage Crisis’

NFL adds another powerful story to its collection of quality specials

Thomas Formos Sports Editor

On Jan. 25, 1981, 52 Americans were released after 444 days in captivity in the U.S. Embassy in Teheran, Iran. Now, 35 years later, NFL Films showcased their latest edition of the series The Timeline with the film America’s Game and the Iran Hostage Crisis.

While the film—which runs just over an hour—documents the political situation surrounding the Iran Hostage Crisis, it focused on the impact of the NFL on the hostages and their families.

From journalist Alex Paez detailing the games the Super Bowl for the hostages to listen to, to the family of one hostage top- ping every game for their father for when he was released, there were a lot of sentimental stories in the film.

The special showed how sports and world events were concurrent. When the hostages were finally released, they were all invited to the Super Bowl, which was taking place the next day at the Louisiana Superdome in New Orleans, Louisiana.

There was a giant yellow sign on the side of the gigantic stadium to commemorate their arrival which was meant to welcome the hostages in and make them feel welcome again in the United States.

One can only speculate about what the former hostages actually felt when they saw that bow and watched America’s Game again for the first time af- ter they were released, but one can imagine it was very simi- lar to what they felt when they heard on the hand-delivered tapes that the Super Bowl prior to the one in Louisiana was being recorded for them to hear.

Despite a horrific situation that lasted over 400 days, foot- ball always remained a crucial part of the lives of the people involved. The NFL had that impact over people back in the 1970s and 1980s and the NFL, and by extension sports in gen- eral, built a great impact over people’s lives today. An apprecia- tion for sports is why fans wear soccer jerseys year-round, cry when their teams lose, go crazy when their team wins or throw a party when the Super Bowl is on.

The Super Bowl has a re- sounding effect over many peo- ple in the country and for the people that are even bigger fans of the sport, it can be the only thing that gets them through rough times in their lives. In this case, it was and would continue to be the only sign of light in a very dark time for the people that were taken in Iran.

The Participants of Super Bowl 50 Are Set

The Broncos and Panthers will meet in Super Bowl 50 on Feb. 7 just before 6:30 p.m.

The Broncos are the only team to make the Super Bowl in three years. In the NFC championship, there weren’t many highlights, as the Carolina Panthers domi- nated the Arizona Cardinals. The Panthers’ offense was ex- plorative and seemed to move the ball flawlessly. Quarterback Cam Newton passed efficiently to many receivers, while running back Jonathan Stewart ran the ball with strength and elu- siveness.

The Cardinals’ defense made many mistakes, with poor tackling and awful coverage leaving many receiv- ers wide open. The Panthers’ offense looked the best in this game, but it wasn’t just their off- ense that made headlines. Former Cardinal punt re- turner Ted Ginn Jr. returned the ball with explosive speed and the Arizona special teams couldn’t catch up. Quarterback Carson Palmer had a brutal game getting pressured and rushing his passes time and time again. He turned the ball over six times with four inter- ceptions and two fumbles.

The Panthers’ defense looked vulnerable while the all- around team effort helped win the game.

The Broncos ended up with the 49-15 win and are heading back into the Super Bowl to face the Broncos on Feb. 7.
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Red Hawk Roundup

Men's Basketball

The team picked up their third straight win with a 65-60 victory over Kean University. Erick Loften-Harris was the leading scorer of the night with 20 points, while Brandon Chandler was close behind with 14 points and nine rebounds.

Swimming and Diving

The Red Hawks will resume their season on Jan. 30 against William Paterson University and will have quick turnaround against Ramapo College on Jan. 31.

Upcoming Games

Jan. 30
Indoor Track and Field: Ramapo College Select Meet TBA
New York, N.Y.

Jan. 30
Swimming and Diving: Montclair State vs. William Paterson University 1 p.m.
Panzer Athletic Pool

Jan. 30
Men’s Basketball: Montclair State vs. Ramapo College 1 p.m.
Panzer Athletic Center

Jan. 30
Women’s Basketball: Montclair State vs. Ramapo College 3 p.m.
Panzer Athletic Center

WHO’S HOT THIS WEEK

Katie Sire
Women’s Basketball

Sire recorded a double-double of 19 points and 15 rebounds in the Red Hawks’ last-quarter loss against Kean University. She is currently leading the team in points per game with 11.5.

Points Per Game: 15.2
Minutes Played Per Game: 33.4

Erick Loften-Harris
Men’s Basketball

Loften-Harris scored 20 points to help the Red Hawks to 65-60 win over Kean University. Loften-Harris is currently third in the NJAC in assists per game with 4.6.

Points Per Game: 15.2
Minutes Played Per Game: 33.4
Onslaught from Three Leads Red Hawks to Victory

Daniel Falkenheim
Assistant Sports Editor

The Red Hawks released a three-point barrage on Rutgers-Norwalk as they pulled away with a 63-30 victory on Jan. 27. Sophomore Erica Snow and junior Rachel Krauss combined to shoot 8-14 from three and provided over a third of the team's total points.

The Scarlet Raiders had as bad of a start to the first quarter as a team could have. The Scarlet Raiders jumped out to a quick 9-0 lead and turned the ball over for five of their first eight possessions. Head coach Karen Harvey went to the bench early to get something going on either end of the floor and subbed in Snow less than five minutes into the first quarter. Snow immediately drained a three on the ensuing offensive possession. Krauss followed up with a three of her own to cut the score in 16-2. Sophomore Kate Sire made a layup after a steal by sophomore Kate Tobie and narrowed the lead to two. In under two minutes, the Red Hawks put their slow start behind them and got back on track.

Since the injury to senior Kayla Celbono, Snow's minutes in minutes has been coupled with a larger role on the team. She scored over 10 points for the first time in her career two games ago, but she put forward her most impactful performance to date. When the game was close and the Red Hawks were slipping on offense in the third quarter, Snow nailed a three and gave the team a spark. Snow came up huge again in the fourth quarter with back-to-back threes to put the game nearly out of reach. “She’s such a good basketball player and really, really smart,” Harvey said. “She points out what we need to do next. If I don’t even see. She’s a tremendous shooter and she’s really worked on her defense and there’s not another player that I would be happier for.”

Krauss hit just as many threes as Snow and it’s clear that the team gets energized when they get on a roll from behind the three-point line. The Red Hawks sometimes looked lackadaisical on defense and often left Harvey bewildered on the sidelines. For the most part, however, the team put together sequences of strong defensive play when they needed to. They held the Scarlet Raiders to 28 percent from the field in the second half, which is the highest percentage that is more typical of Montclair State basketball. The Red Hawks lost their previous game to Kean University and missed them at eight shots of the contest. Their victory over Rutgers-Norwalk was different, as the team grew stronger as the fourth quarter came to a close. “They did a really good job of staying together,” associate head coach Courtney Cunningham said after the game. “[Al] any break of play, they brought it in and made sure to talk and stay positive. Shots started to fall, we started getting stops and I thought we did a really good job.”

The Red Hawks will be back in action on Jan. 30 against Ramapo College and have seven games remaining in the regular season.