Complaints Pile with Snow

Deanna Rosa
News Editor

Immediately following Winter Storm Jonas’ weekend barrage of the east coast with record-breaking amounts of snow, Montclair State started the week with a normal schedule on Monday, Jan. 25, despite university and public school closings throughout New Jersey. While some students were outraged at the university’s decision to remain open in the wake of such a massive snowstorm, Shawn Connolly, Vice President of University Facilities, said that the facilities staff worked tirelessly all weekend to ensure that the campus was safe enough to open on Monday.

“I was on campus most of the weekend and we were confident that we had opened enough walks and roads to safely continue the business of the university,” said Connolly, who is a member of the group that decides the final verdict on closing the university. “Safety is our primary concern when making decisions.” According to Connolly, the majority of the 128 individuals who work alongside those who have and see just how physically demanding it is.

- Shawn Connolly, Vice President of University Facilities

Newman Places Third in National Rankings

Jessica Bacher
Assistant News Editor

Montclair State’s Newman Catholic Center, an organization which has had a presence on campus for over 50 years, was ranked the third best Newman Center by the Best College Reviews website, which took into account factors such as regular mass times, community-building events and a relationship with the local parish in its analysis of Newman Centers across the country.

“We have a little bit of everything,” said Father Jim Chern, the organization’s director and chaplain. “We have spiritual activities, mass at the Student Center every Sunday and daily at the Newman Center, weekly Bible studies, lots of community service events, three major events every month and lots of social events.”

The Newman Center currently boasts over 300 members, making it one of the Student Government Association’s largest organizations. Last May, the Newman Center was named the SGA Class I Organization of the Year for both its high activity and membership.

“I realized I had big shoes to fill after we received the SGA award last year,” said Aaron Kurtz, President of Newman and a senior Music Therapy major. “It was really intimidating and put me in a position to fill in after we received the SGA award last year.”

The Newman Center marks the first time that Montclair State has been ranked in a national list. Best College Reviews ranked Montclair State’s Newman Catholic Center in a national list.

Newman continued on Page 4

Newman continued on Page 3

Crime Stats Report Domestic Violence

Kristen Bryfogle
Editor-in-Chief

Every year, Montclair State documents the crime statistics for the previous year according to the Jeanne Clery Act, the law which mandates that all institutions receiving federal financial aid must publish campus safety information and follow certain basic procedures in emergencies. The VAWA amendments became effective in July 2015, meaning that Montclair State was required to include reports of domestic and dating violence as well as stalking in their report of the previous year, 2014.

The statistics show that there were 11 reports of domestic violence, four reports of dating violence and three reports of stalking at Montclair State in 2014. According to Captain Karen Barrett, spokesperson for the University Police Department (UPD), “Stalking under [New Jersey] law...”

All information pulled from the university’s crime statistics. The information is most current from the 2014 school year.

Newman continued on Page 4
The Montclarion is a publication of Montelican Publishing, Inc. published weekly, except during examinations, summer and winter sessions. The Montclarion is funded by student fees distributed by Montclair State University and incoming advertising revenue. The views expressed in this paper, except the views of the Main Editorial, do not necessarily reflect the views of The Montclarion.

The first issue of The Montclarion, then named The Pelican, was published on Nov. 28, 1928.

Phi Alpha Theta Makes History at National Convention

For the first time, the Montclair State chapter of Phi Alpha Theta’s History Honor Society was chosen to participate in the 2016 Phi Alpha Theta Biennial Convention.

Three Montclair State students, along with 77 other Phi Alpha Theta members from across the country, presented their historical research from Jan. 6 to Jan. 10 in Orlando, Florida at the Walt Disney World resort.

This year, Phi Alpha Theta History Honor Society lies under the Upsilon-Sigma chapter, which was established on Dec. 5, 1973. The society commits to both history and non-history majors with a 3.0 overall grade point average.

“It’s a professional society that connects faculty to students to create a professional network and to encourage research,” said Christopher Sudol, president of Phi Alpha Theta and a senior at Montclair State.

Sudol was one of the three Montclair State students chosen to present at the convention. 

“The convention was by far the most enjoyable aspect of the trip. Being involved in historical discourse with my peers on a variety of subjects was enjoyable, educational and, at times, a very challenging endeavor.”

The participants also declared that their participation in the National Convention wouldn’t have been possible without the support of the Montclair State History Department and the College of Humanities and Social Sciences. They really encouraged us to pursue this and if it didn’t have their support of my professors and administrators, said Sudol.

Anybody who has information regarding these incidents is urged to call the police station at T-I-P-S (8477). All calls are strictly confidential.

Pelican Police Report

Wednesday, Jan. 20

Carpare Diame: A student reported an incident of criminal mischief. This case is under investigation.

Wednesday, Jan. 20

Mallory Hall: A faculty member reported an incident of criminal mischief. This case is under investigation.

Wednesday, Jan. 20

Six Brother’s Diner: Student McGregor Dalton, 19, of Houston, Texas, was arrested and charged with possession of marijuana and possession of drug paraphernalia after a motor vehicle stop. Dalton is scheduled to appear in Little Falls Municipal Court.

Saturday, Jan. 23

Salome Hall: A student reported an incident of harassment from another student. The former student declined to pursue charges at this time.

Sunday, Jan. 24

N.J. Transit Parking Garage: A student reported an incident of theft. This case is under investigation.
In terms of how these reports compare to the years previ- ously, Barrett said, “Compar- atively, these numbers remain consistent from year to year, but we can see variances where people are more apt to report incidents and there can be a slight increase or decease in the numbers for domestic violence. Comparatively, this year has been similar to the past few years.”

Students Ashley Fleming, Mahlene Cerquera and Mi- chael Benavides all agreed that domestic violence is a real problem, as positive, they make students more aware of what happens on campus. “It’s always good to know what’s around and what could happen to you when you’re on campus,” Benavides, a fresh- man business major, said.

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Benavides, a freshman business major, said.

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Jonas: Facilities Staff Takes on the Blizzard

Continued from page 1

For Classes with first or only Meeting on Sun. at 2:00 p.m........2:00 p.m.- 4:00 p.m.
For Classes with first or only Meeting on Sat. at 8:00 a.m............8:00 a.m.-10:00 a.m.
Saturday – Dec 19
For Classes with first or only Meeting on Fri. at 8:30 p.m............8:15 p.m.-10:15 p.m.
For Classes with first or only Meeting on Fri. at 5:30 p.m.............5:30 p.m.-7:30 p.m.
For Classes with first or only Meeting on Thurs. at 8:15 p.m.......8:15 p.m.-10:15 p.m.
For Classes with first or only Meeting on Thurs. at 5:30 p.m........5:30 p.m.-7:30 p.m.
Thursday – Dec 17
For Classes with first or only Meeting on Wed. at 8:15 p.m.......8:15 p.m.-10:15 p.m.
Wednesday – Dec 16
For Classes with first or only Meeting on Tues. at 5:30 p.m..........5:30 p.m-7:30 p.m.
For Classes with first or only Meeting on Mon. at 8:15 p.m........8:15 p.m.-10:15 p.m.
For Classes with first or only Meeting on Mon. at 5:30 p.m..........5:30 p.m.-7:30 p.m.
Monday – Dec 14

Newman: Best College Review Ranking

Continued from page 1

Newman: Best College Review Ranking

pressure on me. When I heard about this ranking article, I nearly had a heart attack. It was awesome and what this really was hit me. I’m always thinking about what people are thinking looking at the negative to see how we can fix it. I’m also not naive and forget about the positive impacts.

Carrie Kunzler, a senior, physical education major, said she has been involved in the organization since her freshman and wanted to continue to volunteer to attend mass. The welcoming environment had been a hook. She said that she couldn’t make her own counseling experience could be enjoyed without it.

Kunzler said that it is important to make the absolute worst world to me.” Kunzler said, “I’ve made lifelong friends and learned a lot about myself and others and truly believe in social justice.

Montclair State students, faculty and staff observed International Holocaust Remembrance Day this year, with many organizations on campus and throughout the university contributing to the Holocaust educational efforts on campus. A variety of programs and events, such as remembrance ceremonies and educational activities, were held throughout the day to remember and honor the lives of those who were lost during the Holocaust.

“While I heard about this ranking article, I nearly had a heart attack. It was awesome and what this really was hit me.”

- Aaron Kurtz, president of Newman and senior music therapy major

Orgs Help Campus Remember Holocaust Victims

Kristen Brydugle
Editor-in-Chief

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“The students have really taken ownership and made this an emotional moment,” said Kunzler. “This ranking is such a home run and a beautiful affirmation because it wasn’t like we were trying. We did it. We want to do it for the recognition and for the things that are happening on campus. We won’t have the experience that way. We won’t have the recognition to do it in the future.”

Being a member of the SGA, and having the ability to reach out to other groups and make a difference as well as connect so many different events with them is part of what truly makes the organization special and different from other Newman Centers, said Kunzler, who anticipates the organization will grow, a mission with which she said she is very excited.

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For Classes with first or only Meeting on Mon. at 5:30 p.m..........5:30 p.m-7:30 p.m.
Monday – Dec 14

The maps outside of Alice Paul Hall, already shoveled once, quickly refilled with snow.

“…”

Center Annex with names of Holocaust victims, visually written messages and contributions could be seen on two windows of the Student Center. Organizations involved also filled the informational posters out on this day. The students have really taken ownership and made this an emotional moment, said Kunzler. “This ranking is such a home run and a beautiful affirmation because it wasn’t like we were trying. We did it. We want to do it for the recognition and for the things that are happening on campus. We won’t have the experience that way. We won’t have the recognition to do it in the future.”

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STUDY ABROAD FAIR

Date: Wednesday, February 3, 2016
Time: 11:00 am – 3:00 pm
Location: Student Center Ballrooms

DID YOU KNOW?
- Montclair State offers academic programs in more than 60 countries
- Semester, Academic year, summer and short term programs available
- Financial aid is available (grants, loans and scholarships)
- Many classes are available in English
- Employers value international experience and it’s a resume booster
- Most majors can find courses abroad without delaying graduation
- Studying abroad is an opportunity of a lifetime!

Study Abroad Special Sessions
February 11, 2016
Cohen Lounge, Dickson Hall

12:00 pm Exchange Program Information Session
Learn about the opportunity to study abroad in several different countries as an exchange student which allows you to pay the same tuition and fees as you would at MSU and use federal, state and institutional financial aid.

1:00 pm Budgeting for Study Abroad
Think studying abroad is too expensive for you? Learn how to budget and prepare to study abroad, differences in program costs, costs of living and scholarships available.

2:00 pm Applying for a Gilman Scholarship (for PELL Grant Recipients)
PELL Grant recipients are eligible to apply for Gilman Scholarship to help fund summer, semester and academic study abroad programs. You will learn how to make your application as competitive as possible.

3:00 pm Information Session: Faculty-Led Short-Term Study Abroad Programs
This information session will highlight the short-term summer 2016 faculty led study abroad programs in Florence, Nice, Madrid, Croatia and Genzano.

Weekly Study Abroad Information Sessions – Student Center Room 415
Attend one of our weekly general information sessions which cover the basics of preparing to study abroad and learn more about the programs abroad, scholarships available and how financial aid and course selection work. All are welcome. No RSVP necessary – just walk-in.

WE’VE MOVED! The Global Education Center is now located in Student Center Annex Room 207
Contact us: http://www.montclair.edu/global-education/study-abroad/outgoing-students/

Follow us on social media!
Vitamin D: The Sunshine Vitamin

Jaimee Laurie
Staff Writer

Montclair State University Greek Life started the semester off with a bang by having their annual Greek Organization Fair on Jan 25.

Over the past year, the Greek community at Montclair State has grown immensely in size, nearly doubling their overall number and reaching over 900 members total.

Emily Condero, Coordinator for Greek Life, said, “This semester, we are looking to be as successful as possible and have as many individuals find their home in Greek Life as we can. Our community doubled in size last spring and I would love to do it again.”

Michael Ladines, Director of Greek Affairs at Montclair State, said in regard to the night of events, “I think it was a very successful night. It is always a great feeling to see people lining up at the door to meet our 37 organizations.”

Over 200 students came to the Student Center Ballrooms to meet all the Greek organizations, in hopes of finding the organization that would be the best fit for them.

“It was a great turnout for a Monday night from 6 p.m. to 9 p.m,” Condero said. “Due to room booking conflicts, we were unable to hold the event on a Wednesday during common hours as we usually do, so this was something new for us. It ended up working out great and I was very surprised and happy with the turnout.”

With such a large turnout at their Greek Organization Fair, the community is looking forward to a semester of growth and success.

“A lot of people came out with interest in all different councils. We are hoping to grow our community and strengthen this semester,” said Ladines.

New Semester, New Interest

Ayla Gentiletti
Contributing Writer

Vitamin D, also known as “the sunshine vitamin,” is essential for a healthy body. Vitamin D maintains strong bones by helping the body absorb calcium and phosphorus and helps regulate blood pressure. Recent claims have been made that vitamin D can also help protect against certain cancers and other chronic conditions.

Vitamin D is unique compared to other vitamins because our skin has the ability to make it from the sun. A 15-minute sun exposure to the face and arms about three times a week is generally recommended to produce the vitamin D needed in the body. However, in the cold winter months, very few of us are receiving that level of exposure as a result of being bundled up in coats and scarves. Luckily, we can also reach our vitamin D through a variety of healthful foods.

1. Salmon
Not only is salmon filled with protein and essential omega-3s, it also packs a vitamin D punch. Just half of a sockeye salmon filet contains enough vitamin D for the entire day.

2. Tuna
One serving of light canned tuna contains 25 percent of the daily recommended value of vitamin D. Try a tasty tuna salad on whole grain bread for lunch or as a protein-packed meal.

3. Milk
Milk and other fortified dairy products (yogurt, cheese — specifically ricotta) offer a fair amount of vitamin D. Just one glass of 1 percent milk offers approximately 35 percent of the daily need while providing calcium — vitamin D’s partner-in-crime when it comes to maintaining strong bones.

4. Mushrooms
While it may seem like an unlikely source, one cup of chanterelle mushrooms contains about 20 percent of your daily vitamin D needs. Although the amount varies across types of mushrooms, adding some to your next stir-fry is a delicious way to add some important nutrients to your diet.

5. Eggs
Though egg whites are gaining popularity, it is the egg yolk that is packed with important nutrients, including vitamin D. One of the most versatile foods, eggs aren’t just for breakfast. A hardboiled egg to top a salad is a great way to sneak some vitamin D in at lunch.
Getting in Shape at the Rec

Group X: Cardio Kickboxing

Kristen Brynagal Editor-in-Chief

When it comes to paying the bi-annual tuition bill for Montclair State, payment for classes as well as room and board are not the only expenses on the list. For the spring 2016 semester, students also had to pay $976.95 in facilities fees and $421.80 in student services fees, making a total of $1,398.75 that students must dish out to the university to keep the campus up and running.

That money doesn’t just pay for the literal ways of keeping the university going like lights, electricity, Internet connection and HVAC, but also for the services and events for students that the campus provides, one of the best being the Student Recreation Center.

The “Double Cleansing Method” is a K-beauty staple.

Recreation Center.

Contributing Writer

Chantel Diaz

Chantel Diaz

Contributing Writer

From pulling multiple all-nighters, college life can tear the very veil that masks the inner skin. Blackheads, dryness and uneven skin tone are all too common for the average stressed-out student in the world of academia. While the pimple popping and scrubbing temptations still stand in the way, should neglect solely be held responsible for these problems?

Most American companies market similar acne products/regimens. These include saline foaming cleansers, benzoyl peroxide gels, exfoliating pads and “oil-free” moisturizers. Yet, especially for students with oily/combination skin, these products often suck all the natural oils out of the skin, making it even drier and oilier to compensate for the loss of moisture.

What will cure the college beauty blues? Think “Korean Waves.” Since PSY’s “Gangnam Style” galvanized the international airwaves, South Korean pop culture, particularly Korean popular music (K-pop), has been brought into the spotlight. Not sound familiar? The products used by true American students are all similar. The description is the difference.

However, it’s important to note that some of these products can be expensive and require commitment. Nonetheless, they are definitely worth trying.

The Routine:

1) Cleansing oil. Most Americans would scream at the thought of putting “oil” on their face, but the right oils are effective. This light, moisturizing oil washes away makeup and outdoor pollution.

2) Foaming cleanser. Unlike most, these are milder and less irritating, which does not maintain healthy oils. No scrubbing. Deeply gently.

3) Exfoliate. Exfoliating is essential, but dress the skin out if used daily. Koreans use small amounts on problem areas, often with a small, abrasive loofah, but never too hard.

4) Tone. This is not the high-alcohol astringent that gives teeters a bad name. This is hydrating and pH-balanced, which is perfect for acne-prone skin.

5) Eye cream. This helps with those dark eye circles often caused pulling all-nighters or lack of sleep.

6) Facial sheet masks. These masks come in adorable packaging, but should only be used a couple of times a week.

7) Essence. This is the most debated product on the list. Koreans swear by its potency, but Americans remain on the fence. This concentrate is mostly used for anti-aging properties, so it can be put aside.

8) Ampoule/Serum. This also has anti-aging properties, but is used more for rejuvenating dull skin.

9) Emulsion/Moisturizer. This product helps further hydrate these pores.

10) Sleeping Pack. Of course, sunscreen and a good diet are important to skin care as well and should not be forgotten even if you start an in-depth skin care regimen. With these products, you may be on your way to a blemish-free complexion even on the most stressful of exam days.
The Montclarion

Come Join Us!

Room 113 Student Center Annex
973.655.5230
Montclarionchief@gmail.com

Photo courtesy of wikipedia.org.
HELP WANTED

FRIDAY 12:00PM-3:00PM BABYSITTER IN MONTCLAIR
looking for a caring, loving, family-oriented person to assist with after-school care for our 11 & 14 year-old girls. Kids are very energetic and love to play games and do activities. Must be willing to drive our kids around and assist with meal prep. Must be available to drive the kids before 3:00 PM and stay until 7:30 PM. Non-smoker and must provide references. Email betholudek@yahoo.com or text (832) 264-8117.

SUNDAY 5:00PM-7:30PM CHILD CARE PROVIDER IN MONTCLAIR
looking for someone to assist with after-school care for our 8 year-old girl. We need someone who can work on Monday's 5:00-7:30 PM. Must be able to assist with feeding and general supervision. Contact Sarah at (201) 248-6166 for more information.

AFTERSCHOOL SITTER (SIT) MONTCLAIR
recently moved to Montclair! sitters needed for Montclair schools. Must be reliable, fun, energetic and have experience working with children. Hours: 3:00-7:30 PM. 2:30-6:00 PM. Preference is given to those with prior experience. Email: psolly08@gmail.com or call (973) 431-3737.

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Lion
By Catarina Rodrigues

Protect the Hawk!

LOVE TO DRAW?
Submit your comics/cartoons to The Montclarion at Montclarionproduction@gmail.com
In 1962, the Internet predates a future complete with flying cars and robot maids. Now, it is 2016 and Montclair State’s wireless Internet can barely withstand daily student use. Admittedly, we all thought the future would be much more glamorous.

Instead, students and faculty struggle to maintain their sanity each day as their wireless devices fail, yet again, to connect to the university’s Wi-Fi. These problems have plagued the campus community for far too long and adjustments need to be made, as it is absolutely essential for both students and professors to have access to wireless Internet while on campus. Today’s college students have used technology and the Internet to enhance their education since the start of elementary school. Now, technology and the Internet are not just used as enhancement tools, since they serve as a required aspect of the educational system and have ultimately changed the way in which we learn.

In the classroom, professors often choose to show videos during lectures to bring a topic to life, but at Montclair State, students sometimes do not get the opportunity to watch these videos due to the slow Wi-Fi. In many cases, the class ends up losing valuable instructional time as the professor toys with computer equipment. Class interruptions of this manner occur each and every day and online classes are starting to miss out on invaluable learning opportunities.

Students are also losing opportunities to participate in peer-to-peer learning when there are Wi-Fi issues within the classroom. Professors commonly assign presentations to encourage peer-to-peer learning. This is problematic when students face Wi-Fi complications, as weak Internet connections can prevent them from accessing their work, if it is saved in an online Dropbox. If a student cannot give their presentation to the class, their grade may end up paying the price. If wireless Internet worked correctly, students would be able to participate in peer-to-peer learning and no one would have to be concerned about their grade.

Montclair State’s Wi-Fi shortcomings are seen around campus, but they have become particularly prominent when students are on Canvas, the university’s learning management system. While all classes usually have some degree of Canvas integration, online and hybrid classes are among those that are most affected by the poor Internet conditions on campus. Online and hybrid classes require a stable Wi-Fi connection in order to submit assignments and complete tests and quizzes. Unstable connections have resulted in students losing all their work as well as becoming incapable of posting to discussion boards and submitting assignments on time. When the wireless Internet on campus fails, students are left feeling helpless.

This problem is even hurting students outside of class. Montclair State’s academic policies state, “All Montclair State University students are provided with, and are expected to utilize, a MSU email account.” It is hard to make use of an email account that many students are unable to access while on campus. Having better Wi-Fi on campus would help students stay in contact with their professors and receive important emails in a prompt manner.

Also, the areas in which students find relaxation before class, professors and receive important emails throughout the day are severely affected. Montclair State’s academic policies state that “network infrastructure upgrade activities have yet to be seen. Until these problems are thoroughly addressed by Montclair State, students are going to miss out in the physical and virtual classroom as well as in their daily lives. We are not asking for flying cars or robot maids, we just want Wi-Fi that works.

**Question of the Week:** What is your favorite thing about the winter?

**Thumbs Up**
- Super Bowl 50
- Snow removal
- T-Rex suit videos

**Thumbs Down**
- Trump abstains from Fox debates
- Flint water crisis
- Winter Storm Jonas deaths

**What Do You Have to Say?**

Contact us at montclairopinion@gmail.com to find out more about sharing your views!
SATURDAY, JANUARY 28, 2016 • The Montclarion

Sarah Palin Can See Towers From Her House

Palin’s endorsement of Trump makes the last step in duo’s political alliance

The Fight for Equality is Far From Over

Same-sex marriage is just the start for the LGBTQ Community

Identity Crisis Continues Among the Parties

Republicans and Democrats experience inner-party divisions

There’s an all-out war being waged today over the soul of America’s two big political parties.

Are Republicans the party of anger or the party of Reagan? Are Demo- crats the party of policy revolution or the party of pragmatism and pres- idence? We’ve been assailed with poll numbers for months now, but so few will ever be able to walk away and forget about them. In less than a week, Iowa Caucus-goers will be the first in the nation to cast their votes in this political parties heading into the 2016 election. Yet, as the major political parties come together, each party’s true colors are more clearly visible. The rift between Republican voters has become strikingly clear in National Review’s latest edition. The magazine, widely re- garded as the cornerstone of conser- vative thought, featured essays from 22 to 24 silver-haired political activists in what essentially amounted to an anti-Trump manifesto. The writers, some of their eyes, Trump is not a “true” conservative and nominating Trump would be a mistake for the good of the GOP brand.

The majority of Trump support- ers are not true conservatives. Trump supporters do not de- part from the party of Reagan, or from its anti-establishment traditions, that so many men and women of good conscience have fallen to same-sex couples that their marriage would not be per- mitted when entities, such as Tennessee, work to in- juriously discriminate against individuals in Obergefell v. Hodges.

So much of this current iden- tity crisis is the result of an inability to take care of soldiers. Palin stated the incident on this debate beyond the poll numbers. Even then, the vote- ers are not true conservatives. The majority of Trump support- ers are not true conservatives. Trump supporters do not de- part from the party of Reagan, or from its anti-establishment traditions, that so many men and women of good conscience have fallen to same-sex couples that their marriage would not be per- mitted when entities, such as Tennessee, work to injuriously discriminate against individuals in Obergefell v. Hodges.

Currently, there seem to be two distinct lines in the Republic- can party. One is Trump and the angry, but-faithful Reagan wing. And the other is going through a similar political process. Trump supporters argue that Trump is running on a platform of personal responsibility on her part. When it comes to Palin and Trump, it seems like they are more determined to put an end to Democratic rule than to try to find a feasible solution to many of the problems going on in the United States right now. Their common goal has brought them to the point where Palin is going to help Trump on the campaign trail.

The point of all this is the fact that the two politicians’ friend- ship has been motivated by their desire to run away from the Democratic party. And yet, despite their disdain for this party, they have found that they are not as strange as many suspected.

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The Fight for Equality is Far From Over

Same-sex marriage is just the start for the LGBTQ Community

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Alexander Kasser Theater
Photo: Maria Baranova

No charge for undergraduates with valid MSU ID for any of these performances!
Courtesy of your Performing Arts Fee
This past weekend, an audience of hundreds, including many Montclair State students, braved a blizzard to come out and witness the American premiere of Michel van der Aa’s stage adaptation of The Book of Disquiet at the Alexander Kasser Theater. Fortunately for the audience, the show did not disappoint.

Van der Aa is known for his ability to create breathtaking multimedia productions, using not only live actors but also music and film to tell a story. The Book of Disquiet, Van der Aa’s first large-scale work to debut in America, is an honor Montclair State was lucky to bring to life.

The show is an adaptation of Fernando Pessoa’s original text of the same name, starring the British actor Samuel West as Pessoa’s alter ego, with music direction by Alan Pierson.

The Book of Disquiet begins with an instrumental ensemble tuning up on stage while an actor, opposite the musicians, sits at a desk, avidly scribbling on a piece of paper. The orchestra and actor are surrounded by hanging, circular screens.

As the show begins, a film is projected onto the screens and the orchestra begins playing a haunting piece. For the next 75 minutes, the atmosphere is fragmented and almost manic, with projections of Pessoa’s original text, discussions, and musing on Pessoa’s own reflections in his written work, which encompasses more than 400 texts.

After many straight hours of viewing, it seemed so obvious to the audience to be in support of Avery. A juror from the case will also go on record stating she be- lieved Avery was clearly innocent. It is easy to believe that key details were overlooked in an effort to include everything. The show is a mixture of observations, autobiography and a dream diary.

The score is based on these short texts, the dialogue is fragmented and almost manic, seemingly portraying a writer who is slowly losing his mind. The show features a single actor on stage. Therefore, the other characters come to the audience in the form of film pro- jections. Swapping between the many screens dangling above the stage, sometimes even passing through them.

As for the Alexander Kasser Theater, the show that graces the stage next has plenty to live up to. The Book of Disquiet stand out as a unique and highly distinctive show.

Regardless of whether Avery murdered the woman or not, this series is successful in exposing clear injustices of local government. This theme alone is a large part of the series controversy that has viewers so passionate for jus- tice in this case.

Since Making a Murderer’s premiere, filmmakers have begun preparing a follow-up series with additional evi- dence in support of Avery. A juror from the case will also go on record stating she be- lieves Avery is innocent and was framed by the Manitowoc County Police Depart- ment. A petition to the Obama administration in an effort to pardon Avery’s sentencing was published on Dec. 20, 2015 and has already grossed 126,950 total signatures.

In response to the petition, the Obama administration published an official response that says “the President cannot pardon a state criminal.”

Time will only tell if Avery remains in prison for life or is released against unfair charges. When Netflix releas- es a second season of Making a Murderer, I think it will have the same sensational impact, intensity and allure.
The 5 Most Overlooked Films of Winter Break

Over our month-long winter break, the world was taken by storm, with box office smashes Star Wars: The Force Awakens and The Revenant seizing releases in December and January, respectively. Even though the entertainment industry was mainly focused on the record breaking success of Star Wars, there were a total of 16 movies released while we were home over the holidays. What happened in the other 15? Some have been mentioned more in the last two weeks, since the Academy Award nominations were released, but most have been forgotten by the general public. This article is dedicated to the five most overlooked movies that were released this winter.

1. 13 Hours

13 Hours: The Secret Soldiers of Benghazi is the most overlooked movie of the winter. The Michael Bay film snuck into theaters on Jan. 15. The film depicts the true events of the 2012 terrorist attack that left a United States ambassador dead in the Libyan embassy. Many will remember this event as the scandal that nearly presidential candidate Hillary Clinton allegedly covered up. Bay has said that 13 Hours has no political implications in multiple interviews, but why would this film have been made and released in 2016 if it was not meant to affect the political horizon? The title directly tells the audience that the secrets of the attack on Benghazi are the focus of the film, making it hard to believe Bay’s previous interviews. With a film that could potentially have an impact on the upcoming presidential election, one would think that this film would spark up a big conversation, whether the politics are a prime focus of the film or not. However, there is very minimal conversation about this film. There are not too many articles being posted about it and the film has not had a large social media presence. This is baffling because of the topic. Military movies have done well at the box office recently thanks to the success of Lone Survivor and American Sniper. With 13 Hours only bringing in $32.7 million in its first two full weeks, it is the most overlooked film of the winter. This movie should be growing more and have more of an impact on the news.

All in all, this winter has had some incredible films released. It is too bad that not all the great films receive the attention they deserve close to the overshadowing of larger releases. The five most overlooked movies of the winter should not have been on this list and are all worth seeing.

5. The Danish Girl

The Danish Girl is a heart-tuging independent film being released just in time for the award season nominations. Featuring last year’s Best Actor Academy Award winner Eddie Redmayne as the lead, The Danish Girl tells the story of painter Lili Elbe, who was one of the first people to have gender assignment surgery in the 1920s. The film is directed by Academy Award winning director Tom Hooper. With 65 total awards nominations, The Danish Girl seemed like it had a lot of attention. Unfortunately, the awareness of the film has not translated with audiences. It has only grossed $9.7 million at the domestic box office so far and is only playing in less than 800 theaters. (Take into consideration that Star Wars is currently playing in just shy of 3,400 theaters.) This under-performance is a little strange considering how much award attention the film has garnered. As the awards season progresses, it will be interesting to see if The Danish Girl will fare any better.

4. The Hateful Eight

The Hateful Eight is director/writer Quentin Tarantino’s latest out-of-the-box film. Tarantino is known for his artsy, comedic and gore-infused films that leave some wondering what they just watched and others beyond satisfied. His films are an acquired taste and are not for the queasy. The Hateful Eight is not exactly a success, considering that it only grossed half as much as Tarantino’s previous film, Django Unchained, in its opening weekend. The film is overlooked for a few reasons. First, it has widely been left out of the award nominations. Tarantino has been left off the list for Best Director and the film has not had a large social media presence. This is baffling because of the topic. The film has not had a large social media presence. This is baffling because of the topic. However, there is very minimal conversation about this film. There are not too many articles being posted about it and the film has not had a large social media presence. This is baffling because of the topic. Military movies have done well at the box office recently thanks to the success of Lone Survivor and American Sniper. With 13 Hours only bringing in $32.7 million in its first two full weeks, it is the most overlooked film of the winter. This movie should be growing more and have more of an impact on the news.

The film is a great film and should be watched by all parents before letting their children walk onto any sports field. CTE is a very serious issue that not many people are aware of. The NFL’s holiday wish came true as Concussion has only made $33 million domestically, which is only $3 million more than the train wreck that is The Hateful Eight.

3. Concussion

Concussion should have been a better Christmas Day release contender. This film tells the true story of Dr. Bennet Omalu discovered the deadly brain disease chronic traumatic encephalopathy (CTE) in the brain of former NFL fan-favorite Mike Webster. Concussion follows around the discovery of the football-related disease, the NFL’s denial of it and Omalu trying to tell the world that concussive hits are dangerous. Will Smith gave his best performance of his career as Omalu and certainly deserved to be nominated for an Academy Award. It is a shame that he is not being honored for bringing a story of this magnitude to the big screen. The worst part is that the NFL tried to shut the movie down, which was released in the documents from the Sony hack. The NFL did not want to look bad for their years in denial of this serious brain disease. They used their power to shut down most of the discussion about this film.

Concussion is a great film and should be watched by all parents before letting their children walk onto any sports field. CTE is a very serious issue that not many people are aware of. The NFL’s holiday wish came true as Concussion has only made $33 million domestically, which is only $3 million more than the train wreck that is The Hateful Eight.

2. Sisters

Sisters is the most overlooked comedy that was released over break. Unfortunately for Sisters, it was released on the same day as Star Wars. With all the focus diverted elsewhere, the winter’s funniest film has had success that has gone unnoticed. Tina Fey and Amy Poehler’s R-rated comedy has grossed a pretty decent $88.8 million at the domestic box office so far. Fey and Poehler bring tons of laughs throughout the whole raunchy film. If you enjoy either actress or Saturday Night Live-esque humor, then Sisters is the comedy for you. Sisters was an overlooked film following week’s release of Daddy’s Home; starring Will Ferrell and Mark Wahlberg. Daddy’s Home proved to be a weaker comedy, with all the good parts being shown ahead of time in the trailers. Sisters is a very entertaining film and a great alternative to the more serious films that are currently showing.
The Montclarion

“In America, the President reigns for four years, but Journalism governs forever.” – Oscar Wilde

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The Participants of Super Bowl 50 Are Set

One blowout and one close game defined Championship Weekend

NFL Films Presents ‘America’s Game’ and the Iran Hostage Crisis

NFL adds another powerful story to its collection of quality specials

Thomas Formoso
Staff Writer

One blowout and one close game defined Championship Weekend

Sunday was one of the biggest days of the 2015-16 NFL season. The NFC and AFC championship games were played, setting the tone for the upcoming Super Bowl 50 on Feb. 7. The Arizona Cardinals and the Carolina Panthers played the NFC championship game, while the New England Patriots and the Denver Broncos played the AFC championship game.

All four teams were hoping for a chance to play on the main stage in Santa Clara, California, where one of these teams would be hoisting the greatest achievement in football, the famous Lombardi trophy.

The AFC game was in Denver, Colorado, where the legendary matchup between Peyton Manning and his old-time rival Tom Brady took place. This game would determine if these future NFL hall-of-famers would bring their team to yet another Super Bowl appearance.

Defense, third down conversions and an extra point turned out to be the main components involved in the game. Starting in the NFC championship game, Manning connected to tight end Owen Daniels with the first score of the game for a 25-yard touchdown.

The Patriots’ defense was looking fatigued early on until a critical turnover by the Broncos on a pass behind the line of scrimmage gave the Patriots the lead.

The Panthers’ defense was also also very good, holding the Patriots to a field goal.

The Broncos and Panthers will meet in Super Bowl 50 on Feb. 7 just before 6:30 p.m.

The Broncos will be the underdogs in the Super Bowl, but they have a chance to win. The Broncos will be facing a very tough Carolina Panthers team.

The Panthers’ defense is one of the best in the league, allowing the fewest points per game.

The Panthers’ offense is also very good, averaging over 30 points per game.

One can only speculate about what the future holds. One thing is certain, this game will be a classic.

The Super Bowl has a reputation as one of the most exciting games in sports.

The Super Bowl is the ultimate goal for any football team.

Despite a horrific situation that last over 400 days, foot- ball always remained a crucial part of the lives of the people involved. The NFL had that power over people back in the 1970s and 1980s and the NFL and by extension sports in general, had a great impact over people’s lives today. An apprecia- tion for the sport is why fans wear soccer jerseys year-round, cry when their teams lose, go crazy when their team wins or throw a party when the Super Bowl is on.

The Super Bowl is the game that many people in the country and for the people that are even bigger fans of the sport, it can be the only thing that gets them through tough times in their lives. In this case, it was and would continue to be the only sign of light in a very dark time for the people that were taken in Iran.
WANT TO BE A SPORTS WRITER?

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Erick Loften-Harris
Men’s Basketball

Loften-Harris scored 20 points to help the Red Hawks to 65-60 win over Kean University. Loften-Harris is currently third in the NJAC in assists per game with 4.6.

WHO’S HOT THIS WEEK

Katie Sire
Women’s Basketball

Sire recorded a double-double of 19 points and 15 rebounds in the Red Hawks’ last-quarter loss against Kean University. She is currently leading the team in points per game with 11.5.

Erick Loften-Harris
Men’s Basketball

Points per game: 15.2
Field goal percentage: 43.5%

Field goal percentage: 40.8%
Rebounds per game: 9.1
Assists per game: 2.6

Upcoming Games

Jan. 30
Indoor Track and Field: Ramapo College Select Meet
1 p.m.
Panzer Athletic Pool

Jan. 30
Swimming and Diving: Montclair State vs. William Paterson University
1 p.m.
Panzer Athletic Center

Jan. 30
Men’s Basketball: Montclair State vs. Ramapo College
3 p.m.
Panzer Athletic Center

Jan. 30
Women’s Basketball: Montclair State vs. Ramapo College
3 p.m.
Panzer Athletic Center

Upcoming Games

Jan. 31
Swimming and Diving: Montclair State vs. Ramapo College
1 p.m.
Mahwah, N.J.

Feb. 1
Women’s Basketball: Montclair State vs. TCNJ
6 p.m.
Ewing, N.J.

Feb. 1
Men’s Basketball: Montclair State vs. TCNJ
8 p.m.
Ewing, N.J.

Feb. 3
Women’s Basketball: Montclair State vs. William Paterson University
6 p.m.
Wayne, N.J.
Women’s Swimming and Diving - 2015-16

Red Hawks Reach for Another Successful Season

Women’s Swimming and Diving teams continue to impress as they head towards the Metropolitan Championships next month.

Jayna Gugliucci, Assistant Sports Editor

Goggles, check. Swim cap, check. Towel, check. After running through this list in their heads more than once, the swimmers take their first steps across the cool, tiled floor and into the water as the locker door at the end of the locker room. The metal handle is cool to the touch as the first swimmer takes a final breath, opens the door and is met by the warm air of the atrium.

In front of the swimmers is a crystal blue pool with five bright red and white lines down the center and matching flags hanging from above. To the right is a crowd full of excited fans awaiting the beginning of the meet and a group of male swimmers that the women have come to love as a family of their own. Behind them, the nerves and fears of the locker room seem to fade to grey as friends and coaches lend words of encouragement in preparation for the races ahead.

In their first meet of the season, the cool, steel-colored bleachers the fans usually tend to no longer seem as dull as they become filled with a sea of red and blue on Oct. 16. As the racers took to the starting blocks ahead of them for the first event, goggles were pulled on, nerves were shaken off and five swimmers poised themselves for the whistle.

With the lone blue, they were off - but not to the best start. Seton Hall University, ranked highly in the New Jersey Athletic Conference as Division I, saw both of medley relay teams out touch Montclair State by a total of nine seconds. Though not seemingly much, in the pool, hundreds of a second can often determine the outcome of a race - not whole ones.

While the team returned to the locker room, disappointed with their overall performance, there was also a lot more to celebrate following their next meet, which saw them come out top with 152 - 57 against Saint Peter’s University.

Despite another tough meet in their first NJAC meet of the season, Montclair State’s female swimmers showed a rather strong performance in their first NJAC meet of the season, defeating both Adelphi University and Drew University.

However, this much needed confidence was washed away in the clear waters of the pool ahead of them when they placed last at the Franklin and Marshall College Invite in Lancaster, Pennsylvania over the weekend of Nov. 20.

In following Montclair State saw success in three separate dual meets against Misericordia University, Eastern Dickinson University and Mount St. Mary College. However, when the team faced their second conference game against Rowan University on Jan. 16, they could not outlive the Profs and suffered an 113 - 145 loss.

Through the Red Hawks have been averaging a gain proper footing around the pool, the season of the first leg as the swimmers head into the cold, snow-filled month of December. For the racers, there will be many more 7 a.m. practices, 5,000 yard workouts and seemingly endless training workouts. However, they will not allow themselves in their push towards victory at the end of the season, which will come in late February.

At the end of the pool with a clipboard and whistle in hand, head coach Brian McLaughlin watches over the swimmers at each and every practice, always pushing them to do their best.

In his 27th year as the coach of Montclair State men’s and women’s swimming and diving teams, McLaughlin has been known to train fast, determined swimmers who perform to the best of their ability, even in the team’s darkest times.

One of the most successful coaches in the history of the program, McLaughlin has built a swimming and diving team that has consistently ranked as one of the top teams at the national level. At the same time, his teams have continued to show their ability to perform at a high level not only in the pool, but in the classroom as well.

Over the course of the season in which they compete, McLaughlin’s swimmers have recorded one of the highest team GPAs out of Montclair State’s 17 athletic teams. In the past, the women’s team has held the highest GPA for three years, while the men have also claimed five honors in the past decade.

It is no secret that the Red Hawks will begin to make each meet of the season count as the colder weather begins to leave frost both on the grass and in the hair of the swimmers. They continue to head back across campus and into Panzer to work towards completing yet another successful season.

The team will compete against William Paterson University and Ramapo College in their third and fourth conference games of the season this weekend, Jan. 30-31. With their overall performance this season, the Red Hawks may just see themselves poised high above the pool on the starting blocks and awaiting the blow of the whistle in next month’s Metropolitan Championships only time will tell.

Onslaught from Three Leads Red Hawks to Victory

Daniel Falkenheim, Assistant Sports Editor

The Red Hawks released a three-point barrage on Rutgers-Newark as they pulled away with a 62-30 victory on Jan. 27. Sophomore Erica Snow and junior Rachel Harvey combined to give the team a spark. Snow came up huge in the fourth quarter with back-to-back threes to put the game nearly out of reach.

“When she’s a good basketball player and really, really smart,” Harvey said. “She’s such a good basketball player that I would be happier for her to put up five points than to put up two. She’s a tremendous shooter and she’s really worked on her defense and there’s not another player that I would be happier for.”

Kraus hit just as many threes as Snow and it’s clear that the team gets energized when we get on a roll from behind the three-point line.

The Red Hawks sometimes looked laxed/knackled on defense and often left Harvey be- wildered on the sidelines. For the most part, however, the team put together performances of strong defensive play when they needed to. They held the Scarlet Raiders to 28 percent from the field in the second half and 27 percent from beyond the arc, which is more typical of Montclair State basketball.

The Red Hawks lost their previous game to Keen Uni- versity and missed them at eight shots of the contest. Their victory over Rutgers-Newark was different, as the team grew stronger as the fourth quarter came to a close.

“They did a really good job of staying together,” associate head coach Courtney Cunningham said after the game. “[Al] any break of play, they brought it in and made sure to talk and stay positive. Shots started to fall, we started getting stops and I thought we did a really good job.”

The Red Hawks will be back in action on Jan. 30 against Ruma- po College and have seven games remaining in the regular season.