The Montclarion, March 28, 2019

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Two University Buildings Receive Recognition for Being Environmentally Friendly

Victoria Garcia
Staff Writer

Two Montclair State University buildings received “green campus” recognitions from the US Green Building Council. The School of Communication and Media building earned a US Green Building Council LEED Silver certification, and the Center for Environmental and Life Sciences (CELS) building earned a 2019 Sustainable Schools honorable mention from the US Green Building Council in New Jersey.

“Green building” is the practice of designing and constructing buildings that use fewer resources, reduce waste, lower negative environmental impacts and operate buildings to ensure occupant health and productivity. The Leadership in Energy and Environmental Design Certification is the most widely used green building rating system in the world. It is globally recognized as a symbol of sustainability achievement.

Freshman communication and media arts major Stephanie Aguilar is proud to be at a university that is recognized for being environmentally conscious.

“I feel very happy and glad to be in a school that cares about the environment,” Aguilar said. “To me, the campus is always clean and aesthetically pleasing, so I have no doubt that we deserved these awards.”

With climate change becoming a major issue in social and political commentary, some students are thrilled with the campus changes in order to help the fight for environmental sustainability.

Sophomore journalism major and Montclairian Assistant Feature Editor Teresa Gomez is aware of the concerns associated with climate change and appreciates the university’s effort to help combat them for future students.

“I think it’s great that Montclair State is a green campus because global warming is real,” Gomez said. “Every effort makes a difference toward a cleaner future for the next generation.”

The US Green Building Certification chapter in New Jersey is the state’s leading resource for best practices in sustainability. The 2019 Sustainable Schools honorable mention from US Green Building Council New Jersey for the CELS building demonstrates the university’s drive to become a more environmentally conscious campus.

Joshua Galster, associate professor of earth and environmental studies, believes there’s room for improvement in the university’s attempt to be environmentally conscious.

Nonetheless, he believes these awards reinforce the university’s commitment to the environment and to sustainability by using cutting-edge materials and designs to construct buildings.

“I think it’s great that Montclair State received these awards,” Galster said. “We can still improve how we operate and maintain these buildings, but having them is a great start for campus.”

University Set to Receive Top Amount of State Funding

Heather Berzak
News Editor

Montclair State University is set to receive $35,859,000 in funding from the state for the 2019 fiscal year according to the New Jersey Association of State Colleges and Universities.

The New Jersey Secretary of Higher Education Dr. Zakiya Smith Ellis and Gov. Phil Murphy took the podium at Rutgers University in Newark, New Jersey on Tuesday, March 26, in order to announce their plan for higher education.

The primary goal of this new plan is to create an even playing field in the realm of opportunity to attend college and graduate in a timely manner no matter one’s background or financial status.

“This is a student-driven plan, this is not an institution-driven plan,” Murphy said. “This is a plan created through direct engagement with and listening to the needs of our students. To their needs of accessibility and affordability, to their needs for better information when making decisions regarding where to go to school including the real costs.

Murphy proposed each New Jersey public universities’ funding to the legislature in her annual budget plan. These funds would be coming to the universities for the start of the fall 2019 semester.

Montclair State President Susan Cole stated that the university’s state-based funding is due

Funding continued on Page 2

Page 2
Funding: Cole believes increase in state funding is a step in the right direction

Continued from page 1 to two key factors. “The governor has initially proposed in his budget proposal some funding for certain institutions based on the extent to which they have diverse populations of students and extent to which those students succeed at the institution,” Cole said. “As a result of those metrics, in the budget that the governor proposed to the legislature, Montclair State got some additional funding.”

If Murphy’s funding is passed through, Montclair State would receive the highest amount of funding out of any public university in the state. John Enrico administration and marketing major Mia Stevens believes the funding from the state restores her confidence in the equal chances Montclair State provides to attend the university.

“I think it’s reassuring to know that the university acknowledges students from all economic backgrounds and allows everyone the opportunity to excel despite financial shortfalls,” Stevens said.

While Montclair State tops the chart in state funding, the overall funding from the state has been on a steady decline each year. Compared to state funding in 2006, the amount for the university has dropped nearly $15 million.

Montclair State has had to take on a lot of debt, especially when it comes to renovating university buildings. This has led to university credit rating agencies, like Moody’s Investor Service and Fitch Ratings, to raise concern on Montclair State’s ability to manage their debt annually moving forward.

“The reason we have the debt is because the state neglected to provide any funding for buildings for decades to the university,” Cole said. “We are now receiving the highest amount of funding for buildings for decades to the institutions,” Cole said. “The institutions had no choice but to go out to the market to borrow in order to provide the facilities that the students need to be renovated and to maintain [them].”

While state funding is an established problem on a national scale, New Jersey proposed to work on their higher education plan, many students on campus aren’t even aware of this problem.

Junior English major Abigail Stokes didn’t have much of a reaction to hearing about the university’s state funding accomplishment.

“My gut reaction because I go here is like, ‘Well, great,’ because it’s us,” Stokes said. “But most students aren’t really aware of how much other universities are getting, or even what we’re getting at all. It’s not something that affects me all that much. I just hear it, and I’m like, ‘Okay, cool.’”

Despite the state providing the universi- ty tens of millions of dollars for this years funding, that is only a small percentage of what is needed to alleviate the debt the school has to take on.

Cole was happy to hear that the school was receiving the highest amount of funding for public universities in the state, but it is still not where she wants it to be.

“It’s not enough funding, but it’s better than no additional funding, which is what we’ve been looking at for a very long time now,” Cole said, “This is at least a small increase, so that’s a good thing.”

Red Hawk Rap Sheet

Tuesday, March 19
Marijuana: Student resident Naomi Kaufman was arrested while in Freeman Hall for possession under 50 grams and the possession of drug paraphernalia. Kaufman was processed at police headquarters and released pending a follow-up court date in the Montclair Municipal Court.

Friday, March 22
Lot 46: A female student reported that her vehicle had been keyed while parked in Lot 46. This incident is under investigation.

Rebecca Serviss | The Montclarion

Montclair State University President Susan Cole said the state neglected to provide funding for renovations for years.

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Rebecca Serviss | The Montclarion

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University Allows Students to ‘Study Away in the USA’ with Newly Introduced Program

Approved students can travel within the country all the way to Canada or Puerto Rico

Rosaria Lo Presti
Staff Writer

This fall, Montclair State University is offering a new study abroad program, giving students the opportunity to explore different universities in the United States.

Instead of traveling to a foreign country, students have the chance to visit more local universities in a number of states or in the neighboring lands of Puerto Rico and Canada.

Montclair State University President Susan Cole recently joined the National Student Exchange Program and believes that students don’t get a chance to see their own country.

“We have this great big country here, and we worry about [students] studying abroad,” Cole said. “What about their studying abroad at home?”

The program is set to send students out in the fall of 2019. Currently, six students plan to attend different universities, and 11 students from other schools will be attending Montclair State University.

Sophomore television and digital media major Lauren Cabrera believes that studying abroad in the U.S. is a good opportunity for people who are pursuing a career in this country.

“I would enjoy the program here in the U.S. because I live here, and I plan to work here in the future, so it will give me more job opportunities,” Cabrera said. “Also, depending on where a person may choose to study, they might enjoy it there better and more.”

After graduating, many students are granted with job opportunities that are sometimes out of state. By experiencing other states, students could potentially be encouraged to take a job somewhere other than New Jersey or realize they want to stay in-state.

Vice President for Student Development and Campus Life Karen Pennington said that students who are planning to further their education out of state want to experience it first.

“Three students are going to Boston, and I know that two of those students plan to go to graduate school in Boston,” Pennington said. “They wanted to try it out before they actually made that leap.”

Studying closer to home also benefits people who aren’t ready yet to travel far away and would rather stay local. Many people want the experience of studying abroad but have never been on a plane before. This program can act as a baby step for new travelers.

Undeclared freshman Caitlin Janoff is interested in participating in the Study Away in the USA program.

One of the most important reasons for this program coming to Montclair State is the ability to give students an equal chance at traveling out of New Jersey despite financial or lifestyle hardships.

“This is an opportunity that they might not have else had, so it’s really exciting,” Pennington said.
JobConscious is ‘The Next Step to Finding Your Next Step’

Alexa Spear
Feature Editor

Resumes, LinkedIn and Indeed, oh my!
The job search process can be overwhelming, especially as graduates embark on their new lives post-degree. JobConscious, a website created by two Montclair State University students, will showcase first-hand accounts of industry experts to help demonstrate that success can take many forms.

Non-degree student Nick Vassilakos came up with the idea for JobConscious, a “career-focused video blog” with goals to provide insight to emerging professionals. He completed his bachelor’s degree at Penn State University and was currently enrolled in Montclair State’s doctoral audiology program when he switched gears to focus on the project.

Vassilakos explained that he was postponing JobConscious to focus on his education but realized he was passionate about the business venture and wanted to make it a priority to help others questioning their path.

“I decided to take a leap of faith and see where it took me,” Vassilakos said.

Cofounder Riste Stojanov is a junior majoring in computer science and oversees the website. The entrepreneurial pair met while working at the front desk at Montclair State’s IT Service Desk.

Vassilakos was in the process of conceptualizing a site to provide resources to students that were unsure of their career path when Stojanov stepped in to offer help.

“Riste was actually sitting next to me while I was working on the first template of the website and he was asking me what I was doing,” Vassilakos said. “I told him and he was very interested right off the bat.”

Stojanov’s encouragement sparked a newfound determination to fulfill his goals for the site according to Vassilakos.

“That was actually something that really pushed me to keep working on it,” Vassilakos said. “When I was looking for help I knew where to turn my head because he was sitting right next to me. We’ve been working together on it ever since.”

Through their collaboration, JobConscious began to take shape online and Stojanov is working to address the important role that technology plays in the success of the platform.

“As the website developer, I’m trying to see what ways we can incorporate technology to help students and current employees find their future career,” Stojanov said.

Recent interviewees include Montclair State Professors Thomas Miller and Faith Taylor as well as Joe Amditis, the director of the Center for Cooperative Media.

Taylor shared her experiences at Wyndham Worldwide as former senior vice president and chief corporate social responsibility officer and gave students advice to take advantage of their professors’ experience in the field.

“We have some incredible professors here with lots of experience,” Taylor said. “Ask them questions, they’re a free resource right there.”

Wilfer Reyes, a senior business management major with a concentration in management of informa-
Nicholas Vassilkos (left) interviews professor Faith Taylor (right) about her educational background and what lead her to pursue marketing and management.

Nicholas Vassilkos (left) reads headlines about recent innovations and entrepreneurs.

Stojanov creates a list of goals for the JobConscious website.

Vassilkos reads headlines about recent innovations and entrepreneurs.

I think this is something that will really make an impact, especially here at Montclair [State]."

- Wilfer Reyes '19

through the difficult decisions they face in the working world by creating a community of opportunity seekers.

“You feel like you’re not sure what your next step is, [but] everyone’s in the same boat,” Vassilikos said. “We can work together to help each other out.”

For more resources visit JobConscious.com, where users have the opportunity to view interviews or schedule an appointment with Vassilikos to become a voice featured in the job experience encyclopedia.

To support their mission and spread awareness visit their social media sites, @JobConscious on Facebook and Instagram. Consider sharing their story and signing up for their weekly newsletter to gain more insight for their career search journey.

Visit themontclarion.org to watch a video about JobConscious and its creators.
Ciara Rolle-Harris on the Path to Success

Alexa Spear
Feature Editor

What do HBO, MTV and The Wellmont Theater have in common? Ciara Rolle-Harris has interned there. Junior public relations (PR) major Ciara Rolle-Harris has earned a reputation as a hardworking student and capable professional. In fall of 2018, Rolle-Harris was named a Forbes Under 30 Scholar. However, one of her proudest achievements is using her experiences to help others.

Genesis Obando, a junior journalism major and Montclarion staff writer, shared that Rolle-Harris has motivated her to reach her goals.

“I’ve known Ciara since freshman year of college, and I have to say she’s one of my biggest inspirations,” Obando said. “We always talk about what we’re doing, give each other advice and support one another. So, you could say we motivate and push each other.”

Rolle-Harris explained that her journey began shortly after high school when she had a realization about her future goals.

“I woke up one day and something clicked in my head,” Rolle-Harris said. “I wanted to be successful to provide opportunities for others, so she’s definitely a source of inspiration for me. She’s a trailblazer.”

Rolle-Harris emphasized her belief in supporting others as a fundamental value.

“I think success is when you have peace of mind and you can provide wisdom or opportunity to someone else,” Rolle-Harris said.

Senior PR major Jamie Meade met Rolle-Harris at a Public Relations Student Society of America (PRSSA) meeting, where Meade was inquiring about potential internships. Rolle-Harris reached out and provided information on a position at her current workplace, Amy Delman Public Relations, LLC.

Meade took advantage of the opportunity and explained how grateful she was for the help she received from Rolle-Harris.

“I went ahead and applied for the internship and shortly after that, Ciara and I were interning together,” Meade said. “If it wasn’t for Ciara, I wouldn’t have gotten that first internship, or the second and third after that.”

Since her HBO internship, Rolle-Harris worked for MTV/VH1 in fall 2018 and is currently employed as a tour marketing and operations intern at The Wellmont Theater in Montclair. Alongside numerous projects and experiences, she’s worked with on “Last Week Tonight with John Oliver,” “Game of Thrones,” “Random Acts of Flyness,” “Insecure,” “Ex on the Beach,” “Love and Hip Hop” and “RuPaul’s Drag Race.”

Rolle-Harris emphasized her belief in supporting others as a fundamental value.

Rolle-Harris interned for MTV in fall 2018, the same semester she was named a Forbes Under 30 Scholar.

Photo courtesy of Ciara Rolle-Harris

Ciara Rolle-Harris

Rolle-Harris framed her “Insecure” poster after it was signed by Issa Rae, who addressed the message “to the best intern, Ciara.”

Photo courtesy of Ciara Rolle-Harris

At HBO in the summer of 2018, where she worked with in the media relations division and contributed to building media lists, pitching to outlets, capturing tweets from prominent celebrities and coordinating premier events.

During her internship at HBO, Rolle-Harris also had the opportunity to meet one of her role-models, Issa Rae.

“When ‘Awkward Black Girl’ first came out, I fell in love with her openness, and the fact that she was doing something different. It was a new character type for a black woman that I’ve never seen before,” Rolle-Harris said. “Then I saw her drive and how she’s always trying to provide opportunity for others, so she’s definitely a source of inspiration for me. She’s a trailblazer.”

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For students starting their internship searches, Rolle-Harris recommends visiting career services and practicing mock interviews. She also suggests starting small your freshman year with local businesses, which will help to build your resume and build your network. She believes in developing relationships with your professors as a great way to demonstrate your passion toward your coursework and also to learn from their experiences in the professional world.

Learning how to “pitch yourself” to companies and share ways that you plan to contribute will set you apart from other candidates in Rolle-Harris’ experience. Most importantly, Rolle-Harris emphasized the importance of dedicating time and energy to secure your dream job.

“Whenever I have free time, I’m pplying to something,” Rolle-Harris said. “I’m always looking for opportunities.”

When you do get the job, you have to continue the momentum and make an effort ask questions, stay later than scheduled, seek more responsibility and go the extra mile with each task you complete.

“As long as you’re consistent and work hard you’ll be able to break barriers,” Rolle-Harris said.

In the future, Rolle-Harris aspires to start her own PR agency as well as a non-profit to help young women navigate high school and college.
Veronica Kulesza (left), one of the Montclair State University dietetic interns, introduces Dr. Serena Chen (right) for her National Nutrition Month presentation.

Jaclyn Soter
Contributing Writer

In honor of national nutrition month, the dietetic internship class of 2019 attended a remarkable presentation by Dr. Serena Chen on March 18. Chen is the director for the Division of Reproductive Medicine in the Department of Obstetrics and Gynecology at St. Barnabas Medical Center. She also teaches as a clinical associate professor at Rutgers Medical School and the St. George’s University School of Medicine.

Chen covered topics relating to women and reproductive health such as fertility, preconception nutrition, endometriosis, pregnancy and bariatrics. Maintaining a healthy weight is a large component of health and wellness associated with improved reproductive health outcomes. Supplementation of vitamin D3, vitamin E and omega-3 fatty acids has also shown to combat symptoms of various reproductive health issues in women.

Chen feels that doctors and dietitians need to work together with their knowledge and skills to combat the rising health issues related to reproductive and hormonal health.

Allison Thibault, one of the current dietetic interns at Montclair State University, also believes that by doctors and dietitians working hand-in-hand for patient care, the best outcomes are possible. “Dr. Chen made it clear that doctors should sit in the audience as dietitians educate about nutrition, and the doctors may have very little training in nutrition,” Thibault said. “In healthcare, collaboration among all of the specialties, including nutrition, is important to the patient and the future of healthcare.”

Individuals with polycystic ovary syndrome (PCOS) make up a large part of Chen’s patient population. According to research, 7 percent of the female population suffers from this health syndrome. This disorder negatively affects women’s hormones, frequently leading to infertility. Moderate exercise, along with seven to eight hours of sleep and a low glycemic diet are a few of the things Chen advises patients to do to help prevent the development of PCOS and to better female reproductive health overall.

Endometriosis was another health condition that Chen felt had a positive relationship with health and wellness intervention. Research has shown that forms of alternative medicine, such as acupuncture and increasing exercise weekly, can help to decrease the inflammation that occurs in the body due to this condition. Females are not the only ones who experience fertility and reproduction issues. Chen explained how males have just as much influence on pregnancy outcomes as females.

“Human beings are all the future of nutrition,” Chen said. “I’m hoping some of you will push the envelope and get involved to make our healthcare system more health and wellness focused.”

Chen also enjoys educating people through her social media platforms. For more information on fertility, reproduction and hormonal health, you can follow Chen on Instagram and Twitter, @drserenahchen.

Chen using her social media platform as a tool to educate the public about reproductive medicine.
Completed product sketches were done by students in the workshop.

Zoe Nolz | The Montclarion

An Inside Look at the Innovative Product Design Sketching Workshops

The Montclarion

March 28, 2019

Completed product sketches were done by students in the workshop.

Zoe Nolz | The Montclarion

The product design program started a free sketching workshop in Finley Hall on Wednesday afternoons. Students in any major are encouraged to attend.

The workshop is run by Nicolette Pezzolla, a junior product design major and studio assistant as well as Jackson Yeakel, a sophomore product design major and studio assistant.

Pezzola shared her intentions for the future of the program.

“We’re definitely hoping for a lot more involvement and a lot more acknowledgement on the campus,” Pezzolla said. “We want to show more people that we exist, and we’re doing some really cool stuff in here.”

At one of their workshops on Feb. 13, students learned to sketch real-life objects. They began the lesson with a warmup, and students sat in a circle and listened to instructions.

The students followed along with Pezzolla’s guidelines and they were assigned to sketch different lines and various three-dimensional cubes and cones. After the warmup, the students were excited to practice sketching real-life objects including a chair and coffee maker.

Throughout the workshop, Pezzolla walked around the room to watch the students’ progress and looked at the different sketches, offering advice and words of encouragement to help the students improve their sketches. Everyone was very comfortable and supportive of each other.

The workshops are on the second floor of Finley Hall, and there did not seem to be more than 15 students on Feb. 13. The room had a very innovative style with sketches and artwork hung up all over the wall.

The students all laughed and joked around with each other even though they created their sketches with care and focus. Everyone was happy with their work at the end of the lesson and were excited to see their finished products photographed. Many students stayed after the lesson was over to work on other assignments and talk with fellow students.

Students gave positive feedback about the product design program and sketching workshop.

Skyler Prideaux, a sophomore product design major, appreciated the hospitable environment that encouraged him to improve his design skills.

“There are so many nice people here that sit down with you and really want to put in the time to create another designer and just teach you the foundations and show you cool stuff,” Prideaux said.

Pezzolla and Yeakel both made it clear that all students are welcome to come and experience the product sketching lessons.

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Pezzolla and Yeakel both made it clear that all students are welcome to come and experience the product sketching lessons.

Skyler Prideaux sketches warm-up lines and shapes.

Zoe Nolz | The Montclarion

Yeakel also emphasized the importance of drawing as a foundational skill.

“In our major, I feel like you should be sketching all the time and I feel like it’s something you should never really let go past you,” Yeakel said.

He feels that these lessons create an environment that is a good place for product design majors to gain a stronger sense of motivation.

Pezzolla believes that this program is beneficial to students in other majors as well.

“For other majors, it’s something really cool to learn,” Pezzolla said. “If you’re an animation and illustration major, you definitely focus on a person and their interactions with things. We’re teaching you how to draw the smaller things that are maybe overlooked.”

Sophomore product design major Ross Newton would like to see more people take advantage of the workshop.

“I’d love other people, like the school or local community, to be able to come in and see the stuff that we’re making here,” Newton said.

Pezzolla and Yeakel are eager for other students and community members to learn more about sketching with different techniques and perspectives and to just have the opportunity to show people their hard work.
"Daisy Jones and the Six" has rocked the world and stolen the hearts of readers since its release in March. Taylor Jenkins Reid transports her readers back in time to follow the rise and fall of an infamous rock band called Daisy Jones and the Six.

Written as an oral history, this story follows a series of interviews with band members, music critiques and other influential people who all have a story to share regarding the band’s legacy. It is sure to leave a lasting impression on readers and will make others wish they had seen this band live during the ’70s.

This entrapping tale is unlike any other. Reid manages to weave together sets of interviews which flow like a script rather than the traditional use of prose in fiction. By focusing solely on dialogue, it has the feel of an old rock-and-roll documentary centered around Daisy Jones, a reckless, young singer who joins an established rock-band, The Six. Together, Daisy and lead singer, Billy Dunne, compose the infamous songs on their hit album “Aurora.”

What shines brightest is Daisy’s vibrant and unforgettable personality. She is complex, strong-willed, confident and flawed in a way that makes her feel like a close friend sharing her life story. Because of her strong personality, she clashes with Billy who is a stubborn lead singer and songwriter as they work together to combine their unique styles to write an album full of songs reflecting personal issues in their own lives.

This isn’t simply a book centered around a fictional band’s rise and fall from fame. It explores the band members’ individual lives and how their personal issues affect how they perform on stage together.

Another interesting aspect of this story is the beautiful, haunting and lyrical songs Daisy Jones and the Six wrote along the way. The band members grapple with hidden relationships, their inability to have their voice heard in the process of evolving the band’s music, addiction, alcoholism and maintaining a traditional household while also being rock stars in a nuanced way that will leave readers in awe.

"Daisy Jones and the Six" is full of twists and turns, forbidden love, secrets behind closed doors and the cutthroat world of rock-and-roll. The interview style of the novel, music lyrics and band itself feels authentic enough that readers will not simply search up Daisy Jones and the Six on Spotify to listen to their enigmatic album “Aurora,” which is the heart of this novel.

Reid takes her readers on an epic journey they will never want to end and is one they will think about long after it is over. This is one uniquely written story book lovers won’t want to miss.

"Daisy Jones and the Six" was chosen as the March 2019 pick for Reese Witherspoon’s Hello Sunshine Book Club. Photo courtesy of Penguin Books

Want to be part of something greater? The Montclarion

Contact montclarionfeature@gmail.com for more information.
LEARN TO DRIVE!
tact Devin at Montclairfam@gmail.com
(preferably in a nursery school, camp or
with toddlers and elementary schoolers
at least two references and prior experience
children. Must have clean driving record,
imaginative, caring and truly loves young
family and are looking for someone who is
laundry, etc. We are a casual, fun-loving
lunches, getting kids ready for bed, kids
meal prep for breakfast and dinner, packing
supervision for after school activities, light
school drop off and pickup, transportation/
the hours and opportunity for occasional
student as we have some flexibility with
morning as well (6:30am-8:15am) and /
fter school homework, helping with homework,
preparing dinner & bath. More hours
available if desired on an as needed basis.
I’m someone who can do an occasional
(6:00am-8:15am) and / or someone who
be interested in an occasional overnight (private
on 3rd floor). Also ideal if someone is looking to
up additional hours over the summer (avg 20-30
a week). Could also discuss providing
housing over the summer if you are looking
stay in town for reduced fees. Prior
experience with children, strong references
and own reliable vehicle are required. CPR
certified preferred. Must be comfortable
with a cat and in a pool. If interested, please email:
ns2786@hotmail.com

$25/Childcare, UPPER MONTALCIN
Looking child care for two teens (boy, 14, &
boy, 16). Responsibilities include some
shuttling to & from after school activities
(walk or yours), dog walking, light
shopping; & dinner preparation. Children
are easy-going & independent (eg, will
help with dinner prep, clean up, & their
own chores, including pet care). Hours
are Thursdays, 5-10 pm, with some variabil-
ity. Prior experience preferred, references
please. If interested, please email:
davidamarel@yahoo.com

EDUCATION, PSYCH, & SOC.
MAJORS / SUMMER CAMP JOBS/
BERGEN COUNTY, NJ
Ramapo Country Day Camp is looking
for college counselors to make a differ-
ence with elementary campers. Camp
dates: July 1 to August 23. M-F 9-4.
The working environment is enjoyable,
creative, positive, and perfect for the
summer. A huge resume booster for teachers. You’ll gain valuable “class-
room” experience with a specific age
group. We are looking for people who
see camp as something they “get to
”, not “have to do”. Email: brian@ramapocamp.com. Call: 201-444-7144 See a
video of us in action at:
www.ramapocamp.com

$50 / Need help moving boxes, Mon-
tclair - Edison
I moved to Montclair several months
ago with a POD. It is in storage in
Edison and I need help moving some
things around so I can get the things I
need. There is no heavy lifting just slid-
ing some boxes and furniture so I have
access to them. I’ll pay someone $50 for
the job. It should not take long. I would
think travel time to Edison and back is
about an hour.
If interested please email me at
pick6d63x@yahoo.com

$20-$25 per hour / Homework Helper /
Livingston
Looking for an after school homework
helper. Interested in either current
student, graduate or teacher to ideally
come to our home Mon-Thurs for 1
1/2-2 hours (flexible in days/hours). Ideal
candidate would be someone
with education experience or experi-
ence working on study skills/executive
functioning at the high school level.
Looking for someone organized and
who has patience! Payment flexible
depending on workload/experience. If
interested, please text or call Maryc at
973-699-6645 or email:
marcyhomer@verizon.net.

Looking for Mary Poppins
Current elementary education student
or recent graduate, or retired elemen-
tary school teacher, would be ideal!
Needed to drive boys age 4 & 7 to
school and back, help with homework,
prep evening meals and stay until
parents return home from work 5 days
a week. Will consider live in or out.
Email: russellnichols@gmail.com

Looking for dog lovers
Seeking to place 2-3 dog-loving people
in steady, responsible positions, im-
portant for anyone in crisis.
Please CALL the National Suicide
Prevention Lifeline at 1-800-273-8255

4/20-4/25 / Picking up boxes, Mont-
clair - Edison
I need help moving some boxes
from an almost 3 year old son
into a different apartment.
There are boxes and furniture so I
have access to them. I’ll pay someone
$100 for the job. I would think
travel time to Edison and back is
about an hour.
I’ll pay someone $50 for
the job. I would
think travel time to Edison and back is
about an hour.
If interested please email me at
roshdwick@comcast.net or
call: 973-819-9893

OTHER
ARE YOU IN CRISIS OR STRUG-
GLING? HEALING, HOPE AND
HELP CAN HAPPEN! Please CALL
the National Suicide Prevention Lifeline at 1-800-273-8255
(TALK) at any time to speak to a
co-worker and get support. You can also
connect to the Crisis Text Line by
texting “Hello” to 741-741 to be con-
ected to a counselor. All services are
free, confidential and available 24/7
for anyone in crisis.

Looking for someone who

(email)

Looking for someone who

(email)
Across
2. A country other than the U.S. that students are able to study away in
5. The program students participate in where they can study in foreign countries
6. A U.S. territory students are able to study away in
7. The only university in Ontario students can study in
8. The minimum amount of credits students must apply for in this program

Down
1. The only university in Guam students can study in
3. The only academic year students are unable to study away as
4. The minimum GPA required for students to be eligible to study away (Spell it out)

Word Search

Sudoku

*For answers to the puzzles, please check The Montclarion Facebook page every Thursday.*
A college senior opens their computer and logs on to NEST to register for their last semester at Montclair State University. As the student enters in the six-digit CRN numbers, an error message pops up with an alert that their last major requirement course has filled up.

Nervously staring at the computer screen, the senior sends out a desperate email to their adviser and the head of the department to find another way into the course. The only way to get in is by putting their name on a waitlist. A majority of students at Montclair State have similar experiences, and most commonly, they come to administration experiences, and many students wonder why NEST does not have a filter that can decipher between elective courses and major requirements.

Not having some kind of filter is very misleading to students because, for many courses, any student can register for them, including those who do not need to. Each course description does have a list of prerequisites that students would need in order to take it, but it does not specifically list that it is a graduation requirement for a specific major. Students should be able to take whatever courses they want to help them find their fields of interest, but there are majors and minors in small departments with a limited number of class sections and faculty members to teach each of them. It is unfair for a student who needs to get into a course to graduate to be put on a waitlist because someone else took their spot as an elective.

There are also some courses where spots are reserved for students. Most commonly, they are held specifically during fall registration for incoming freshmen in certain learning communities. Students believe that there should be a way to prioritize those who need to register for certain classes in order to graduate, versus those who are just signing up for them as an elective.

One idea is that students should receive an additional code to enter into NEST in order to register specifically for major requirement courses. Students who were not given a code would wait, just like if a class was reserved. Students who wanted to register as an elective would be notified when they could sign up or if it is full. While this method requires some recoding of NEST, it could make the registration process less stressful and relieve many students of their anxiety that is centered around getting into a class.

For realistically, students should be more involved when the decisions about course sections are made since they are the ones paying thousands of dollars to take them. Without students involved, the process seems like a guess and check when each department decides how many seats in each course section. With the help and info from students needing to take each course, classes sizes and sections can be planned out more accurately.

There are many ways that the student body can become more involved, like taking surveys every semester to give each department an idea of what courses students are planning to sign up for to create sections and fill seats based off of that data. Just by answering a few questions, the campus community believes that the university could plan better for registration and make it less of a hassle for both students and faculty. It would also make the process much smoother than it has been in previous semesters.

Registration Needs to Be Regulated

By Rebecca Serviss & Jennifer Losos

“I would say yes. [Students who are registering for major requirements should have a priority] because major requirements are needed in order to graduate where electives are classes that you kind of want to take or might need.”

- Jordan Tinitigan
Visual Arts
Sophomore

“[I think that, as a graduating senior, just for that fall and spring semester] I know that I had trouble registering for things that I needed to graduate on time in May. Having major requirements [scheduled] before elective requirements, I think, would definitely improve the Montclair community.”

- Andrea O’Connor
Psychology
Senior

“I think students who still have major requirements should get priority [rather than] people who just want to do electives because they want to get what they need to get done for graduation.”

- Jessica Pochek
Television & Digital Media
Freshman

“I do [think that students who are registering for major requirements should have a priority] because you need those classes more for your major, and if they fill up faster, then it’s harder to decide if you want to stay in this major. If they fill up faster, you don’t have [a lot of time] to realize what you want to do.”

- Tatiana Karram
Family Science & Human Development
Junior

OPINION

If I get this elective
I won't have anything at
8:30 a.m. Do you think
someone needs it more than me?

Rebecca Serviss | The Montclarion

CAMPUS VOICES:

Do you think that students registering for major requirements should have priority before those registering for electives?

By Rebecca Serviss & Jennifer Losos

- Jordan Tinitigan
Visual Arts
Sophomore

- Andrea O’Connor
Psychology
Senior

- Jessica Pochek
Television & Digital Media
Freshman

- Tatiana Karram
Family Science & Human Development
Junior

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themontclarion.org
The Beauty of Choice

Inspiring women to defy the standards of beauty magazines and to be themselves

I like many tween girls before me, first applied makeup after following a simple makeup tutorial from Seventeen Magazine. I studied the headline about makeup products that you needed to impress your crush and applied bright red lipstick and thick, uneven chunks of eyeliner on my eyelids. I had officially entered the world of makeup and had the Bobo the Clown face to prove it.

The clown makeup washed off, but the feeling that I had to use specific products to impress someone else never did. Magazines geared toward women walk the very fine line between purporting social pressure to look a certain way and encouraging women to use makeup as a powerful form of self-expression.

Publications like Seventeen, Cosmopolitan and Glamour have largely evolved to inspire women past just how we look, but the remnants of the old beauty-centric rhetoric of needing certain products undermine the feminist values that drive these magazines today.

Now when you visit Seventeen’s website, you aren’t greeted with the tutorial that I followed. Thank goodness. Instead, their homepage features stories on hot-button political issues, the importance of taking care of your mental health and an entire section dedicated to LGBTQ+ stories. Nestled between these stories are still many articles about skincare tips you need to know, nail polishes you need for your next manicure and products every makeup beginner needs in their makeup bag.

However well-intentioned, these stories about products you need undermines the feminist values at the core of the rest of the magazine’s content. Feminism and self-expression are not about acting or looking a certain way. They are about choice and ensuring everyone has the opportunity to freely choose what is best for them.

Asserting that readers need specific products to help them look a specific way negates this choice by making readers feel obligated to use certain products.

Yes, we all tend to throw the word “need” around rather needlessly. I don’t think twice about telling my friends they need to watch a new television show, and most marketing campaigns strive to convince people they need something they really don’t.

What makes the use of the word “need” different in regards to these magazines, then, is that there is already so much pressure for women to look and behave a certain way. If the power of makeup comes from its existence as a form of self-expression, everything that contributes to making makeup feel like a societal norm or expectation takes this power away. I don’t mean to say that magazines should refrain from suggesting beauty products or detailing makeup tutorials. There is real value in being able to open a magazine and explore a form of self-expression.

Reviews help readers determine which products are worth their money, and tutorials can inspire people to try a new look. However, the intended joy of makeup as a form of self-expression loses its value when makeup is treated as a necessity, not a choice.

If I could tell my tween self one thing, it would be to put down the eyeliner. Not because I sucked at applying it, even though I most certainly did, but because I didn’t need it to impress my crush. If I’m going to look like Bobo the Clown, it’s going to be because I want to, not because a magazine dictates what I need.

KRISTEN MILBURN
STAFF WRITER

Thumbs Up

Apple releases new Airpods with a wireless charging case

Jimmy Carter is officially the longest living U.S. president at age 94

Major League Baseball season officially begins on Thursday

Thumbs Down

New York declares a state of emergency due to a measles outbreak

Shooting victims in the United States commit suicide

Besty DeVos proposes to cut $18 million from the Special Olympics
THOMAS NEIRA
ENTERTAINMENT EDITOR
The 24th season of Major League Soccer (MLS) kicked off earlier this month on Saturday, March 2, marking the biggest season yet for an ever-growing competition in a country where the sport was at one point thought to be unmarketable.

MLS is a men’s professional soccer league made up of American and Canadian teams that began its first season in 1996, in response to the success of the 1994 FIFA World Cup held in the United States. With the introduction of new expansion team FC Cincinnati, this current MLS season sees its total number of teams rise to 24, the most in its history.

I’ve been playing soccer since I was in elementary school, and I’ve been a fan of professional soccer for just as long. While growing up in a town that focused mainly on ideal American sports like football and baseball, I was often teased for liking such a foreign and strange sport like soccer.


Soccer is Finally Kicking Off in America
A traditional international sport starts to make a domestic impact

JAVIER REYES
ASSISTANT ENTERTAINMENT EDITOR
Similar to a fair number of other comic book films, “Captain Marvel” had its fair share of memorable moments, as well as some glaring weaknesses. Of course, simply reviewing the movie in a vacuum does not tell the whole story, considering it is the first of Marvel’s superhero flicks that features a female lead. It is a pleasant development, to be sure, but the unfortunate reality of what constitutes a female-led project like this is often, and most unfortunately, a perfunctory byproduct of sexism.

As someone who considers themselves a passionate member of comic book and nerd culture fandom, it is something I am continually and mightily ashamed of.

While things have certainly calmed down over the last few weeks, “Captain Marvel” has been tagged with being controversial by fans and moviegoers.

The film received a bombardment of negative reviews before it was even released, prompting sites like Rotten Tomatoes to remove many of the user comments that were blatant trolling and even going as far to remove user reviews before a movie’s release altogether.

There was even, for a period of time, a boycott of the movie that circulated online, albeit stemming from a more vocal minority. The star of the movie, Brie Larson, has also been the subject of online harassment.

The level of negative reviews of the film after its release was so bad that the audience score at one point was as low as 23 percent, which by Rotten Tomatoes’ standards is abysmal. The rating has gone up since then, now currently at 61 percent, but the main presumption here is that there was some chicanery taking place.

People will argue that every one is entitled to their own opinion and that the movie was being talked about so negatively simply because it was a bad movie. If that were the case, why do people seem to love being so vocal about how much they hated it? Do the often-lamented “Transformers” movies make these kinds of waves after each release?

Remember when the trailer for the 2016 “Ghostbusters” featuring an all-female cast had some of the most dislikes on any YouTube video ever published? What could the difference possibly be?

There has also been the argument that Brie Larson is unlikable. This largely comes from some of the actress’s more public thoughts on female empowerment and politics. Even if she has made one or two statements that felt just a bit ill-advised, the majority of Larson’s history of public comments hardly constitutes any reason for an uproar.

For sake of argument, let’s pretend that the resentment for Larson is justified and she is actually a jerk. If that were the case, why did we not see the same for “Mission: Impossible - Fall-out” starring Tom Cruise, a noted crazy person?

What about “The Lego Movie 2: The Second Part” which starred Chris Pratt, who had recently faced criticism for attending a church that had a prominent history of anti-LGBTQ+ beliefs? Why did the online troll brigade not report for duty those times? What could the difference possibly be?

The difference is that the internet and much of nerd culture is still, even in 2019, very much capable of enacting a disgusting amount of hostility toward women. It is mostly the work of primitive, lonely troglodytes, but the excuses people come up with for this kind of behavior are equally as problematic.

“Captain Marvel” was not a cinematic masterpiece, but treating it like it needs to be in order to avoid this kind of malice is shameful.

Rebecca Serviss | The Montclarion

The Higher, Further and Faster Sexism of ‘Captain Marvel’

The film was still struggling to find its footing in a nation as complicated as the U.S. In recent years, soccer in America has experienced a rapid growth in popularity, and it doesn’t show any signs of slowing down anytime soon.

The MLS captured global attention in 2007 when English soccer legend David Beckham signed with the Los Angeles Galaxy, making a lot of money for the league as other teams in the league rushed to make their own big-name signings to compete, both on the pitch with wins and off the pitch in relevance.

As the world’s interest in American soccer continues to grow, so is domestic interest in the sport overseas. Demand for young American prospects by big European clubs is becoming stronger. There is no American player more talked about right now than Christian Pulisic, who announced that he will be joining English club Chelsea FC this summer for $73 million – making him the most expensive American soccer player of all time by a considerable margin.

Match attendance and ticket sales for MLS games are also at all-time high. The 2018 MLS Cup final between Atlanta United and the Portland Timbers was played in front of a record attendance of 73,019 fans in the Mercedes-Benz Stadium in Atlanta. To put this into perspective, this year’s Super Bowl was played in front of a crowd of 70,081 spectators in the exact same stadium less than two months later.

I’ve never fully understood why soccer has always been so ostracized in the U.S. Perhaps it’s because of that classic American fear of things that are seemingly foreign. “True Americans” find safety in sports that have been well-established in the U.S. for nearly a century now. But how safe can a sport like football really be when all the players do is ram into each other over and over again until one concusses the other?

Let me remind you that baseball requires the use of a bat, an object that criminals and “The Walking Dead” fans alike would recognize as a weapon. I just don’t understand why all sports can’t coexist within the same country. Let me kick a soccer ball in peace, and I’ll let you run around some bases, slam dunk a basketball or severely injure yourself trying to catch a flying football while being interrupted by commercial breaks every two minutes.

There’s no reason to fear soccer becoming America’s most popular sport because it’s going to happen. Don’t worry, because it’s an amazing sport. People have nicknamed it “the beautiful game” for a reason.

If you think American sports will continue to be more relevant than soccer, then I ask you this: What does it say about America if its own sports are attracting smaller crowds than MLS games? Perhaps America’s favorite pastime has passed its time.
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Ciara Nicdao-Richardson is a junior film photography major at Montclair State University. She has had her work accepted by Toksick Magazine and currently enjoys doing fashion photography as well as portrait photography. Nicdao-Richardson spoke to Assistant Copy Editor Priscilla Cartagena about her work and studies.

Q: How did you start photographing?
A: I grew up with a bunch of photographers, and my uncle was a huge inspiration. I picked up photography as a hobby, but I didn’t take it seriously until junior year of high school.

Q: What are some setbacks that you have experienced as a photographer?
A: Lots of people expect free photos from me, and they don’t offer to pay me. When I state my price, sometimes they back out of it…like no. I’m an artist. I need some money, too.

Q: What equipment and camera do you prefer to use?
A: Right now I’ve been experimenting with studio lighting. I also love working with color gels because it gives off a nostalgic feeling. Right now I’m shooting with a Canon EOS 6D Mark II. I’m in love with it, even though it’s really, really heavy. The picture quality is perfect.

Q: What kind of ideas do you want to express in your work?
A: As I’m figuring out what I’m trying to say as a photographer, I noticed that I want to show that you can dress however you want to dress. I’m tired of society’s standards about how people should dress on a normal basis. For myself, I dress really ‘weird.’ My family is always criticizing my outfits, saying it’s too masculine or wanting me to show my curves off more, but I’m not about that. I want my photography to show that concept.

Q: What is your creative process for your shoots?
A: Usually I start by finding my models, and then from there I get an idea of what kind of shoot I want to have them be a part of. Then, I create a mood board on Pinterest, which gives me different ideas to create something new. I usually use Pinterest as inspiration.

Q: Where do you get inspiration from?
A: My family is the biggest inspiration for me, especially my grandma since she used to work with Keith Haring. Then Petra Collins does a lot of color set designs, and she’s also known for her work with Gucci. It’s like a very retro, 70s vibe with a bit of a bohemian twist to it. When it comes to my editing style, I’m really inspired by Jesse Draxler because his work is really dark. Those are my three big inspirations.

Q: What are your future plans after graduation?
A: As of now, I know I want to work with Nylon Magazine, but the dream job is Condé Nast. I see myself working in publishing and doing the photo sets.

Q: What is your current favorite photo?
A: The community of artists is important. It’s a very competitive field, but I feel like artists, especially at Montclair State, are all supportive of each other. The

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Montclair State Musicians Love the Skin They’re in at First Ever Black History Month Recital

Packed into the basement rehearsal hall of the John J. Cali School of Music, students and faculty celebrated Black History Month with a powerful showcase featuring their minority students. Musicians for Diversity and Culture (MDC) ended Black History Month with a bang on Wednesday, Feb. 27. Students performed spoken-word pieces as well as gospel, jazz and spiritual songs.

“I never really sang with a choir filled with people of color before,” said sophomore jazz performance major Sen Raines. “I didn’t speak to any of the other performers before the show and now we’re all friends. It’s a testament to how music brings people together.”

MDC did not expect a large crowd, but the event brought in over 100 people. Some professors even canceled class and re-routed students to the performance.

“Thank you for this,” said professor Jeffrey Gall to participating students. “We need to do more things like this.”

Junior vocal performance major and performer Makaela Shade-Alexander believed the event connected with the audience.

“It was an emotional experience,” Shade-Alexander said. “You can tell the audience was really connected and feeling it.”

Formally known as Black and Latino Musicians United (BALMU), MDC was founded by Dr. Lisa C. DeLorenzo, music education coordinator and professor, and music education major Miles Cody in 2013. Its original mission was to promote black and Latino students. It has since expanded to advocate for all cultures.

“There’s many organizations on campus for minority students,” said MDC President Alex Conley. “We didn’t have that in the music school. There needed to be a platform for these voices to be heard.”

When he came on board as a shy freshman, Conley already had plans for how he wanted to increase its reach to other students. As someone who runs the organization, he has hosted five events since the beginning of his presidency in September. Latin Dance Night, Multicultural Potluck and Lunar New Year Karaoke Party are just some of the exciting events under his belt.

“We changed the name because we didn’t want other minorities to not feel welcome,” Conley said. “We want to make sure that everyone feels included.”

An idea that only came together three weeks prior, piano accompanist for the entire show, sophomore music composition and theory major Jahmai Person, helped Conley organize the event. The duo asked friends and other students to compose a song together. After seeing how well the dynamic worked, Conley suggested the group put on a recital.

They ended up ditching the original song but ultimately chose to sing “Lift Ev’ry Voice and Sing,” the Black National Anthem.

“My friend Vaughn came up with the idea to sing the song,” Conley said. “I had never heard the song before or knew the history. After learning about it and the impact it had on me, I knew it was perfect.”

Holding rehearsals every day, Conley knew he needed to be there to ensure the success of the event. Getting all of the talent together was especially hard considering the students’ demanding schedules and other activities.

The core crew stayed up to the early hours of the morning for several days in a row just to make sure that every detail was double-checked and approved.

“It was a lot of hard work,” Person said. “I’m just glad that it went so well.”

Raines explained that the recital consisted of just under 20 acts, each song broken up with a poem in between.

“We showed the school of music a little bit of black culture,” Raines said. “It was awesome.”

Conley hopes that the recital will become an annual tradition even after he leaves his presidential position.

Sierra Craig
Contributing Writer

From left to right: Makaela Shade-Alexander, Mikaela Guzman, Lauren Cowart, Terralyn Hayes and Sen Raines perform at the recital.

MDC performers pose for a photo.

Isaiah Bridges-Green recites a spoken-word piece by Sharon G. Flake.

Makaela Shade-Alexander becomes engulfed in song.
The aroma that circulated throughout Count Basie Theater was of crisp alcohol as audience members weaved in and out of the aisles, beer in tow and toppling over the brims of their plastic solo cups as they fumbled trying to get to their seats.

Enter the opener for stand-up comedian Bert Kreischer. While unknown to most, he maintained the laughter among audience members for a brief 15 minutes before the man of the literal hour made his way on stage.

On Friday, March 15 in Red Bank, New Jersey, Kreischer was so popular in the area that he was able to put on two shows at the venue for his “Body Shots” world tour – one at 7:30 p.m. and the other immediately following at 9:30 p.m.

Famous for being “The Machine,” Kreischer ends all of his performances with a bit about a trip he took to Russia while in college where he got involved with the Russian mafia. For most comedians, overdoing a joke would completely kill their act. However, for Kreischer, his legendary story is just the icing on the cake.

Kreischer walked to center stage with strobe lights that you might find in your bedroom during your EDM phase illuminating the wall behind him. Clapping and cheering filled the room as Kreischer strips himself of his T-shirt, a signature and expected move of his to show off his dad bod and began the show.

As a husband and father of two children, Kreischer bases a lot of his jokes on his family members but still leaves room for his millennial fans with his comedic rendezvous at a coffee shop and his experiences with marijuana.

Kreischer had perfect timing and a sense of humor that many can relate to but often made seemingly crude remarks that some may take offense to. However, Kreischer had no malicious intent with any of his bits, which were long at times but not long enough to lose anyone’s interest. The comedian is a pro at timing his jokes and relays most of his stories as if he is having a conversation with a close friend over pretzels and beer cheese at the brewery.

Charlie Weissman, a sophomore filmmaking major, is currently employed at Count Basie. Once everyone was seated, Weissman was able to catch some of the show.

“He is a class act and had people in stitches at both shows,” Weissman said. “He was hilarious on and off stage.”

Weissman said that Kreischer’s quick wit and hilarious outlook on life ensured that both shows were a great experience for all of his fans. Not only is Kreischer an outstanding comedian, but he is also kind to his fans. The comedian raffled off meet-and-greets and told the audience they could catch him at one of the local bars, Jamians, after the show if anybody wanted to grab a drink and have a good time alongside him.

Once the show was over, the murmurs began, and I could catch quick phrases exchanged among friends, lovers and family members who attended the show.

“I was pissing myself,” said a delighted audience member.

The audience continued to enjoy Kreischer’s jokes and commented on the humor.

“This guy is hilarious,” cheered another. Kreischer endearingly belted out a few haughty laughs and burped through his stand-up routine, leaving audience members satisfied that the man they see on Netflix is just as charming in person as he is on TV.
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Women in their respectable societies. To depict the inevitable tenacity of strong female perseverance and how true talent for success. This movie perfectly depicts into their shadows and not getting credit for success. There is humor and heart to be found in a movie that follows an awkward woman in crisis not often explored on the big screen.

"Obvious Child," written and directed by Gillian Robespierre and starring Jenny Slate, follows comedian Donna Stern as she struggles with her career, loses her day job, gets broken up with and then discovers she is pregnant after a one-night stand. Donna struggles to cope with adult life in general, and she enters crisis mode as her world falls apart.

Donna is, without a doubt, a complete mess. She makes mistakes and fails more than she succeeds, but that’s what gives "Obvious Child" its charm and quiet fortitude. It’s a reminder that all types of women are worth writing, not just superheroes or women who deftly defy the odds to succeed. There is humor and heart to be found in a movie that follows an awkward woman in crisis not often explored on the big screen.

Movies for Women’s History Month

- "Whale Rider" on Amazon Prime
- "Obvious Child" on Netflix
- "North Country." Movies for Women’s History Month - Kristen Millburn

"Whale Rider" follows the story of the Maori tribe in New Zealand, where males are traditionally the ones chosen to become chiefs of the tribe. However, the anticipat-ed daughter, being behind his twin sister Pai, who wants to claim the chiefdom. The film was directed by Niki Caro, who will also be directing the upcoming live-action "Mulan" film. Her directing credits include other female-empowering films, such as "The Zookeeper’s Wife" and "North Country."

Keisha Castle-Hughes gives a truthful and raw performance as Pai. She shows the struggles of navigating through a male-dominated field, like being forced into their shadows and not getting credit for success. This movie perfectly depicts female perseverance and how true talent comes not from your gender but from your heart. "Whale Rider" is a brilliant film to wrap up Women’s History Month with to depict the inevitable tenacity of strong women in their respectable societies.

- Haley Wells

Assistant Entertainment Editor Sharif Hasan

"Therefore thus saith the Lord, ‘Behold, I will bring evil upon them, which they shall not be able to escape; and though they shall cry unto me, I will not hearken unto them.’” - Jeremiah 11:11

This disturbing passage from the Bible lingers over Jordan Peele’s "Us" like a shadow, as does the ominous opening text of the film. "Us" is a story tainted with pure anxiety and fear. Both the characters and the audience are left in darkness, never fully aware of what will happen next.

Peele established himself as a master of horror and cinema just after one film. "Get Out" combined terror and comedy to critique society and racism, while keeping audiences eagerly anticipating for more of Peele’s original work. Luckily for everyone, "Us" lives up to the hype.

"Us" centers around Adelaide Wilson, played by the astonishing Lupita Nyong’o, who is forced to revisit a traumatizing childhood experience when her family’s home is terrorized by psychotic dopplegangers. I’m going to avoid revealing anything else of the plot; the film is more enjoyable without knowing much background.

From the very beginning of the film, there were elements in "Us" that made it feel like two hours of full suspense. The cinematography, color and composer Michael Abels’ gorgeous, yet hair-raising score contributed to this. There were moments where I was marveling at Peele’s beautiful filming style and hilarious comedy and at the same time covering my face in fear.

There wasn’t an overload of gore and jump scares in "Us," rather Peele used unsettling imagery and disturbing noises to provoke fear in audiences, in true Hitchcock and Kubrick fashion.

The movements and sounds created by the dopple-gangers, sometimes referred to as "shadows" or "the tethered," at first caused anxious laughter in the theater but soon transformed into shocked silence as the story progressed.

Nyong’o, Winston Duke, Shahadi Wright Joseph and Evan Alex not only wonderfully portray the Wilson family as frightened characters going to extreme lengths to survive, but they also play the "shadows" of their characters so well. The "tethered," with their leather finger-less gloves, matching red jumpsuits and golden scissors, were bone-chilling and sinister. They will definitely join Norman Bates and Michael Meyers on the list of horror icons.

The combination of the ensemble cast, symbolism and the movie’s music, which includes the eerie score and creative remix of Luniz’s “I Got 5 On It,” all result in a well-crafted film. Peele also includes subtle nods to horror classics, such as "The Shining," "Night of the Living Dead," "Jaws" and "A Nightmare on Elm Street," all of which you can tell Peele drew inspiration from.

The acting in the film was beyond exceptional. Nyong’o solidifies herself as one of the best actors of this generation, and I anticipate an Oscar nomination (hopefully a win) for her performance. Nyong’o is able to play two characters with such passion and ferocity, and the way she conveyed chilling emotion without even speaking a word is almost hypnotic.

"Us" is a terrifying and spell-binding film that is on its way to becoming a horror classic. This movie is one of the most entertaining films I’ve seen in a long time, and its originality and fresh take on the horror genre proves that Peele has a promising future of filmmaking ahead of him.

Overall, "Us" is an astonishing film that will blow audiences away. I left the theater pondering what I had just seen hours after the credits finished rolling, and I can’t wait to see the movie for a second and third time.

As much as I enjoyed this film, it unfortunately ruined my family. I watched it not long after the credits finished rolling, and I can’t wait to see the movie for a second and third time.

"Us" is producer, writer and director Jordan Peele’s second film, following the critically acclaimed "Get Out."
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Red Hawk Sports

THU 3/28
Softball vs. Centenary University 3 p.m.
Softball vs. Centenary University 5 p.m.

FRI 3/29
No games

SAT 3/30
Baseball vs. Ramapo College 11:30 a.m.
Women’s Lacrosse vs. Fairleigh Dickinson University at Florham 12 p.m.
Softball at Stockton University 1 p.m.
Baseball vs. Ramapo College 2:30 p.m.
Softball at Stockton University 3 p.m.
Men’s Lacrosse vs. Maritime College 3 p.m.

SUN 3/31
No games

MON 4/1
Baseball vs. Cabrini University 3:30 p.m.

TUE 4/2
Softball vs. Rutgers-Newark 3 p.m.
BB vs. FDU-Florham 3:30 p.m.
Softball vs. Rutgers-Newark 5 p.m.

WED 4/3
Men’s Lacrosse at Union College 4 p.m.

SPORTS

Freshman Athlete Transition: Brandon Andrews

A look at the move from high school to college football

Brandon Andrews (far right) poses for a picture with fellow offensive linemen in high school.

Christopher Giacomini
Contributing Writer

Offensive lineman Brandon Andrews comes from Barnegat, a small town in South Jersey, where he was the best lineman at his high school as well as a successful student. Upon arriving at Montclair State University, however, he realized that it’s definitely a big jump to college.

The skill level between high school and college football was apparent from the start. College players were bigger than Andrews was used to and much harder to block. Andrews hadn’t had competition like that in a long time.

Once camp started in the summer, it was football three times a day every day. Andrews would wake up, shower, eat, play football and repeat. He would also shower, eat and play football in a classroom. It was required that everyone gives full effort all the time. Practices were even longer and more intensive.

The extreme football schedule was very hectic, according to Andrews. “I couldn’t find my ear-buds for three whole weeks because I didn’t have time to sit down and listen to music or anything like that,” Andrews said. “I didn’t even unpack my clothes.”

While the weeks on camps were a very busy time for Andrews, it also came with some benefits. He was able to explore the campus before classes and get the lay of the land around campus. This also gave Andrews some time to form bonds with his new teammates.

“We’re all still great friends and I feel like it built a better bond seeing them every single day, eating meals with them, going to practice, stuff like that,” Andrews said. “I feel like I know the guys I play with now just as good as the guys I played with in high school for four straight years.”

This bond with teammates also extended to the classroom, where Andrews often had a fellow football player in each class to study and do homework with. While football did help Andrews to make friends and acclimate to this unfamiliar environment that he had been thrust into, it is extremely time-consuming. The balance between football and classroom can often be overbearing on incoming students.

“It is rough. I’m so far behind on my shows,” Andrews said. “It’s a balance, you have to [fake] your way through everything. Basicallly, you just have to become the master of [faking it] and finding the fastest way to do the minimum amount of work possible.”

That often involves cramming in schoolwork whenever possible, be it early mornings, between classes or even right before football.

“I would walk to the field house, to the locker room, sit down there,” Andrews said. “There was a table and some benches, open up my laptop and that’s when I did homework, right before practice.”

That was commonplace for him but not his anecdotal story. That would be the time he typed a full essay before a football game, in the locker room.

“I’m sitting there in my game pants, and my compression shirt and my shoulder pads next to me, typing away an eight-page essay,” Andrews said. “And people are like ‘What the hell is this guy doing?’ But there’s other people around me doing the exact same thing. So, every chance you get you just have to just be prepared to start doing work.”

A very important lesson that Andrews learned early on was the importance of sleep. He says that the true balance is not only between football and school but between football, school and sleep. This was to ensure that his body was properly fueled and ready for everything.

“I would make sure I always had eight hours of sleep every night. You have to take care of yourself first before you take care of school,” Andrews said. “If you value your football mentally and physically, you’ll be able to get through the schoolwork faster than you think.”

This philosophy seemed to pay off, as Andrews was able to finish his first semester strong academically, as well as being able to play in a football game as a freshman.

“I did football and college, and I ended up coming out with a really good GPA. You can’t make an excuse by saying you’re a bad student if all you’re doing is being a student,” Andrews said.

“If you’re not putting in the work, then you deserve the bad grade.”
Lady Revelers Defy the Odds

Women’s rugby club evolves as they recruit new players and make the sport known to Montclair State

Five years ago, the Montclair State University women’s rugby team stepped out into the Student Center Quad for their first ever practice. With no official field access, these women had to make do with what they had. Despite this, the team still became the first Montclair State women’s club sport to play at the Division II level in their first few years as a team.

Although the Lady Revelers are now back to playing at the Division III level along with the other Montclair State club sports, they have grown tremendously since the club started. Just this past year, they became Tri-State Central Division champions and recruited 18 new players, one being an exchange student from England.

The Lady Revelers are now back to playing at the Division III level along with the other Montclair State club sports, they have grown tremendously since the club started. Just this past year, they became Tri-State Central Division champions and recruited 18 new players, one being an exchange student from England.

The team currently consists of about 28 girls with only three having prior rugby experience. They practice four times a week, which is more than any club sport on campus. With the help of experienced coaches and a lot of teamwork, the team has worked through all of the hardships that have come their way. The Lady Revelers have come a long way from the mere 10 players the team consisted of in the fall 2018 season.

Sophomore Andrea Esquibel Berniz describes the rugby team as being part of a sisterhood.

“On and off the field, we support each other in numerous ways,” Esquibel Berniz said. “This sport has lifted all of our confidence up and has strengthened our minds and body. With this type of energy and attitude, we know we can conquer anything together.”

“With majority of the team having never played rugby before, one of the main issues was teaching these girls a sport completely foreign to them. Esquibel Berniz as well as sophomore Montclarion contributing writer Zoe Gleason are among the many players that have never played a rugby match prior to college.

“I was always interested in rugby because I was always an aggressive energized person. I know this sport can be my outlet anytime I needed to let stress or anger out,” Esquibel Berniz said. “I have never played rugby a day in my life until freshman year of college. However, most of us came from playing soccer, softball or track.”

The establishment of the women’s rugby team has created new opportunities for so many students looking to try something new.

“I signed up my second week of freshman year and fell in love,” Gleason said. “I didn’t expect what I found and the rugby community is incredibly diverse. We have people of all orientations, identities and backgrounds.”

Gleason and the rest of her teammates have been through struggles, as a lack of players forced them to forfeit more than half of their games during the fall 2017 season. They were always the smallest team when going to compete in a tournament, but it did not stop their determined attitudes.

“Our team is stronger, bigger, and better organized than it ever has been,” Gleason said. “One of our collective goals is to grow as a team in skill and numbers and to play at the Division II level once more.”

It is hard to believe that even with the success the Lady Revelers have accomplished this year, they started the fall 2018 season with only 10 active members. They went undefeated in their past season, which was a complete turnaround from the previous one. The women’s rugby team has proven to the Montclair State community that hard work does pay off.

“One thing that I can say about rugby players as a collective is that we are resilient,” Gleason said. “If we are knocked down, we get right back up.”

Gleason continued to talk about the rugby team and their dedication.

“The Lady Revelers have a history that proves with hard work, passion and determination you can do anything,” Gleason said.
Red Hawks Baseball Loses to Neumann University in 10-3 Rout

Six-run top of the sixth dooms Montclair State against Knights

The Red Hawks played what would be the first few games of an eight-game home stand at Yogi Berra Stadium this past weekend.

Prior to Sunday’s game, the Red Hawks split the two games of a doubleheader against the Oneonta Red Dragons. This put their record at an even 6-6 heading into their game against the Neumann University Knights.

Unfortunately for Montclair State University, they ended up losing in blowout fashion by a final score of 10-3.

Neumann University wasted no time getting the game started. Right fielder John Schoelkopf hit a leadoff double, then third with just one out.

Senior catcher Justin Bates hit a ground ball with a runner on first. Junior second baseman Joe Nortont started it off with a fly ball that managed to fall for a leadoff single. Freshman third baseman Matthew Manning would then hit a ground ball that bounced off the Knights pitcher’s foot, allowing Manning to get to first.

The big blow would then come from freshman first baseman Peter Cosentino, who would hit a high fly ball into the wind. The ball ended up sailing over the right field fence for a three-run home run and Montclair State was back in it, as they now trailed just 4-3.

After his rough first inning, Red Hawks starting pitcher Nicholas Sellick settled in, as he would only allow one hit and no runs throughout the remainder of his start. He finished the game with four innings pitched, four earned runs, four hits and struck out two batters.

While the Red Hawks pitching kept them in the game for a while, their offense failed to remain hot.

Despite outhitting Neumann 7-4 throughout the first five innings, they still failed to get the runs necessary to tie the game or take the lead. Head coach Jared Holowaty was particularly frustrated with his batters’ failure to make adjustments to the pitches they were being dealt.

“The most frustrating part for me, and I know the team, is we didn’t make adjustments offensively,” Holowaty said. “The lefty there was throwing a good change-up, and we never really made the adjustments to be able to hit it. When you don’t do that, it’s tough to win.”

In the top of the sixth, the Knights would ultimately put the game away, taking advantage of some sloppy baseball by Montclair State.

It started when Red Hawks junior catcher Justin Bates appeared to fumble a pitch in the dirt. The Knights runners advanced to second and third with no one out.

Second baseman Andrew La Rosa then hit a pop-up fly ball, but miscommunication between the Red Hawks outfielders allowed the ball to drop for an RBI single in which he would advance to second on a throwing error by Manning. The Knights would score again on a passed ball by Bates.

When asked if the team’s youth and inexperience played a factor in the errors, Holowaty had his own opinion.

“Yes, in some ways,” Holowaty said. “But in other ways, in a nine-inning baseball game where there’s 27 outs, sometimes people get lackadaisical. And if you lose it for a second in baseball, bad things can happen.”

Throughout the rest of the inning, the Red Hawks just couldn’t stop the bleeding.

The Knights ended up scoring back-to-back runs, the first on a sacrifice fly, and the second on a RBI single. Then, after a hit-by-pitch and a walk, the Knights had the bases loaded with two outs with designated hitter Colin Pollard coming to the plate.

Pollard ended up delivering the dagger: A two-RBI single to put Neumann University up 10-3, which ended up being the final score.

Holowaty spoke to his players after the game telling them exactly what his mission is.

“I just spoke to the guys out in the field and I said, ’Look, my number one goal is to make you guys as good as you’re capable of being everyday.’” Holowaty said. “So that process never ends, the wins and losses will come from us putting good games together. Sometimes we’ll put a good game together and lose, but I just want us to play a better brand of baseball, to put us in a better situation to win.”