Two University Buildings Receive Recognition for Being Environmentally Friendly

Victoria Garcia
Staff Writer

Two Montclair State University buildings received “green campus” recognitions from the US Green Building Council. The School of Communication and Media building earned a LEED Silver certification, and the Center for Environmental and Life Sciences (CELS) building earned a 2019 Sustainable Schools honorable mention from the US Green Building Council in New Jersey.

“Green building” is the practice of designing and constructing buildings that use fewer resources, reduce waste, lower negative environmental impacts and operate buildings to ensure occupant health and productivity. The Leadership in Energy and Environmental Design Certification is the most widely used green building rating system in the world. It is globally recognized as a symbol of sustainability achievement.

Freshman communication and media arts major Stephanie Aguilar is proud to be at a university that is recognized for being environmentally friendly. “I feel very happy and glad to be in a school that cares about the environment,” Aguilar said. “To me, the campus is always clean and aesthetically pleasing, so I have no doubt that we deserved these awards.”

With climate change becoming a major issue in social and political commentary, some students are thrilled with the campus changes in order to help the fight for environmental sustainability.

Sophomore journalism major and Montclairian Assistant Feature Editor Teresa Gomez is aware of the concerns associated with climate change and appreciates the university’s effort to help combat them for future students.

“I think it’s great that Montclair State is a green campus because global warming is real,” Gomez said. “Every effort makes a difference toward a cleaner future for the next generation.”

The US Green Building Certification chapter in New Jersey is the state’s leading resource for best practices in sustainability. The 2019 Sustainable Schools honorable mention from US Green Building Council New Jersey for the CELS building demonstrates the university’s drive to become a more environmentally conscious campus. Joshua Galster, associate professor of earth and environmental studies, believes there’s room for improvement in the university’s attempt to be environmentally conscious.

Nonetheless, he believes these awards reinforce the university’s commitment to the environment and to sustainability by using cutting-edge materials and designs to construct buildings.

“I think it’s great that Montclair State received these awards,” Galster said. “We can still improve how we operate and maintain these buildings, but having them is a great start for campus.”

The School of Communication and Media’s building earned a LEED Silver plaque from the US Green Building Council.

University Set to Receive Top Amount of State Funding

Heather Berzak
News Editor

Montclair State University is set to receive $33,859,000 in funding from the state for the 2019 fiscal year according to the New Jersey Association of State Colleges and Universities.

The New Jersey Secretary of Higher Education Dr. Zakia Smith Ellis and Gov. Phil Murphy took the podium at Rutgers University in Newark, New Jersey on Tuesday, March 26, in order to announce their plan for higher education.

The primary goal of this new plan is to create an even playing field in the realm of opportunity to attend college and graduate in a timely manner no matter one’s background or financial status.

“This is a student-driven plan, this is not an institution-driven plan,” Murphy said. “This is a plan created through direct engagement with and listening to the needs of our students. To their needs of accessibility and affordability, to their needs for better information when making decisions regarding where to go to school including the real costs.”

Murphy proposed each New Jersey public universities’ funding to the legislature in his annual budget plan. These funds would be coming to the universities for the start of the fall 2019 semester.

Montclair State President Susan Cole stated that the university’s state-based funding is due
Funding: Cole believes increase in state funding is a step in the right direction

Continued from page 1

to two key factors. “The governor has initially proposed in his budget proposal some funding for certain institutions based on the extent to which they have diverse populations of students and extent to which those students succeed at the institution,” Cole said. “As a result of those metrics, in the budget that the governor proposed to the legislature, Montclair State got some additional funding.”

If Murphy’s funding is passed through, Montclair State would receive the highest amount of funding out of any public university in the state.

Junior business administration and marketing major Mia Stevens believes the funding from the state restores her confidence in the equal chances Montclair State provides to attend the university. “I think it’s reassuring to know that the university acknowledges students from all economic backgrounds and allows everyone the opportunity to excel despite financial hardships,” Stevens said. While Montclair State tops the charts in state funding, the overall funding from the state has been on a steady decline since 2006, the amount for the university has dropped nearly $15 million. Montclair State has had to take on a lot of debt especially when it comes to renovating university buildings. This has led to university credit rating agencies, like Moody’s Investor Service and Fitch Ratings, to raise concern on Montclair State’s ability to manage their debt annually moving forward.

“They reason we have the debt is because the state neglected to provide any funding for buildings for decades to the institutions,” Cole said. “The institutions had no choice but to go out to the market to borrow in order to provide the facilities that the students need to be renovated and to maintain [them].”

While state funding is an established problem for New Jersey, it is proposed to work on in their higher education plan, many students on campus aren’t even aware of this problem.

Junior English major Abigail Stokes didn’t have much of a reaction to hearing about the university’s state funding accomplishment. “My gut reaction because I go here is like, ‘Well, great,’ because it’s us,” Stokes said. “But most students aren’t really aware of how much other universities are getting, or even what we’re getting at all. It’s not something that affects me all that much. I just hear it, and I’m like, ‘Okay, cool.’”

Despite the state providing the universitiy tens of millions of dollars for this years funding, that is only a small percentage of what is needed to alleviate the debt the school has to take on.

Cole was happy to hear that the school was receiving the highest amount of funding for public universities in the state, but it is still not where she wants it to be. “It’s still not enough funding, but it’s better than no additional funding, which is what we’ve been looking at for a very long time now,” Cole said. “This is at least a small increase, so that’s a good thing.”

Wednesday, March 20

Montclair State University President Susan Cole said the state neglected to provide funding for renovations for years.

Red Hawk Rap Sheet

Tuesday, March 19

Marijuana: Student resident Naomi Kaufman was arrested while in Freeman Hall for possession under 50 grams and the possession of drug paraphernalia. Kaufman was processed at police headquarters and released pending a follow-up court date in the Montclair Municipal Court.

Friday, March 22

Lot 46: A female resident reported that her vehicle had been keyed while parked in Lot 46. This incident is under investigation.

Anyone who has information regarding these incidents is urged to call the police station at 201-933-3477. All calls are strictly confidential.

Thursday, March 21

Basilone Hall: A female student reported the theft of her student ID. The student’s Red Hawk dollars were subsequently used at various locations on campus. This incident is under investigation.

Saturday, March 23

Online: A male student reported a suspicious incident in the past whereby he was intimidated and threatened by a known male individual from Craig’s List with whom he had conducted business with. This incident is under investigation.

Rebecca Serviss | The Montclarion

Montclair State University President Susan Cole said the state neglected to provide funding for renovations for years.

The first issue of The Montclarion, then named The Pelican, was published on Nov. 28, 1928.
Approved students can travel within the country all the way to Canada or Puerto Rico

Montclair State introduces the “Study Away in the USA” program for the fall of 2019.

Rosaria Lo Presti | The Montclarion

Sophomore television and digital media major Lauren Cabrera believes this program will help students decide on job selections.

Rosaria Lo Presti | The Montclarion

Undeclared freshman Caitlin Janoff is interested in participating in the Study Away in the USA program.

Rosaria Lo Presti | The Montclarion

One of the most important reasons for this program coming to Montclair State is the ability to give students an equal chance at traveling out of New Jersey despite financial or lifestyle hardships.

“This is an opportunity that they might not have else had, so it’s really exciting,” Pennington said.
JobConscious is ‘The Next Step to Finding Your Next Step’

Resumes, LinkedIn and Indeed, oh my!
The job search process can be overwhelming, especially as graduates embark on their new lives post-degree. JobConscious, a website created by two Montclair State University students, will showcase first-hand accounts of industry experts to help demonstrate that success can take many forms.

Non-degree student Nick Vassilakos came up with the idea for JobConscious, a “career-focused video blog” with goals to provide insight to emerging professionals. He completed his bachelor's degree at Penn State University and was currently enrolled in Montclair State’s doctoral audiology program when he switched gears to focus on the project.

Vassilakos explained that he was postponing JobConscious to focus on his education but realized he was passionate about the business and wanted to make it a priority to help others question their path.

“I decided to take a leap of faith and see where it took me,” Vassilakos said.

Cofounder Riste Stojanov is a junior majoring in computer science and oversees the website. The entrepreneurial pair met while working at the front desk at Montclair State’s IT Service Desk.

Vassilakos was in the process of conceptualizing a site to provide resources to students that were unsure of their career path when Stojanov stepped in to offer help.

“Riste was actually sitting next to me while I was working on the first template of the website and he was asking me what I was doing,” Vassilakos said. “I told him and he was very interested right off the bat.”

Stojanov’s encouragement sparked a newfound determination to fulfill his goals for the site according to Vassilakos.

“That was actually something that really pushed me to keep working on it,” Vassilakos said. “When I was looking for help I knew where to turn my head because he was sitting right next to me. We’ve been working together on it ever since.”

Through their collaboration, JobConscious began to take shape online and Stojanov is working to address the important role that technology plays in the success of the platform.

“As the website developer, I’m trying to see what ways we can incorporate technology to help students and current employees find their future career,” Stojanov said.

“Just because you choose one major doesn’t mean you have to end up in careers related to that major. There’s more than one path to take.”

- Nick Vassilakos, JobConscious creator
Nicholas Vassilkos (left) interviews professor Faith Taylor (right) about her educational background and what lead her to pursue marketing and management.

Photo courtesy of JobConscious

Vassilkos reads headlines about recent innovations and entrepreneurs.

Annabel Reyes | The Montclarion

Stojanov creates a list of goals for the JobConscious website.

Annabel Reyes | The Montclarion

I think this is something that will really make an impact, especially here at Montclair [State].”

- Wilfer Reyes ‘19

through the difficult decisions they face in the working world by creating a community of opportunity seekers.

“You feel like you’re not sure what your next step is, [but] everyone’s in the same boat,” Vassilakos said. “We can work together to help each other out.”

For more resources visit JobConscious.com, where users have the opportunity to view interviews or schedule an appointment with Vassilakos to become a voice featured in the job experience encyclopedia. To support their mission and spread awareness visit their social media sites, @JobConscious on Facebook and Instagram. Consider sharing their story and signing up for their weekly newsletter to gain more insight for their career search journey.

Visit themontclarion.org to watch a video about JobConscious and its creators.
Ciara Rolle-Harris on the Path to Success

Alexa Spear
Feature Editor

What do HBO, MTV and The Wellmont Theater have in common? Ciara Rolle-Harris has interned there.

Junior public relations (PR) major Ciara Rolle-Harris has earned a reputation as a hardworking student and capable professional. In fall of 2018, Rolle-Harris was named a Forbes Under 30 Scholar. However, one of her proudest achievements is using her experiences to help others.

Genesis Obando, a junior journalism major and Montclarion staff writer, shared that Rolle-Harris has motivated her to reach her goals.

“I’ve known Ciara since freshman year and I have to say she’s one of my biggest inspirations,” Obando said. “We always talk about what we’re doing, give each other advice and support one another. So, you could say we motivate and push each other.”

Rolle-Harris explained that her journey began shortly after high school when she had a realization about her future goals. “I woke up one day and something clicked in my head,” Rolle-Harris said. “I wanted to be successful to provide opportunities to other people.” PR quickly emerged as the field that corresponded with Rolle-Harris’ skillset and desire to work with others.

“With PR you have the control to shape how a person or organization is introduced to the public,” Rolle-Harris said. “You’re the person that has a clear mind, that’s thinking under stress and helping others deal with crisis.”

Rolle-Harris began applying to internships in the second semester of her freshman year, sending resumes to industry leaders consistently despite rejection. She believes there’s a reason for every no and never lets them stop her from pursuing her goals.

She started at small PR agencies eventually applying in fall 2017 to the T. Howard Foundation, whose mission is to provide students of color the opportunity to succeed in the entertainment and media industry. After multiple rounds of interviews, she was accepted into the foundation, which provided her with a greater potential for success.

She went on to intern at HBO in the summer of 2018, where she worked within the media relations division and contributed to building media lists, pitching to outlets, capturing tweets from prominent celebrities and coordinating premieres events.

During her internship at HBO, Rolle-Harris also had the opportunity to meet one of her role-models, Issa Rae. “When ‘Awkward Black Girl’ first came out, I fell in love with her openness, and the fact that she was doing something different. It was a new character type for a black woman that I’ve never seen before,” Rolle-Harris said. “Then I saw her drive and how she’s always trying to provide opportunity for others, so she’s definitely a source of inspiration for me. She’s a trailblazer.”

Rolle-Harris emphasized her belief in supporting others as a fundamental value. “I think success is when you have peace of mind and you can provide wisdom or opportunity to someone else,” Rolle-Harris said.

Senior PR major Jamie Meade met Rolle-Harris at a Public Relations Student Society of America (PRSSA) meeting where Meade was inquiring about potential internships. Rolle-Harris reached out and provided information on a position at her current workplace, Amy Delman Public Relations, LLC.

Meade took advantage of the opportunity and explained how grateful she was for the help she received from Rolle-Harris. “I went ahead and applied for the internship and shortly after that, Ciara and I were interning together,” Meade said. “If it weren’t for Ciara, I wouldn’t have gotten that first internship, or the second and third after that.”

Since her HBO internship, Rolle-Harris worked for MTV/VH1 in fall 2018 and is currently employed as a tour marketing and operations intern at The Wellmont Theater in Montclair. Alongside numerous projects and experiences, she’s worked with on “Last Week Tonight with John Oliver,” “Game of Thrones,” “Random Acts of Flynness,” “Insecure,” “Ex on the Beach,” “Love and Hip Hop” and “RuPaul’s Drag Race.”

For students starting their internship searches, Rolle-Harris recommends visiting career services and practicing mock interviews. She also suggests starting small your freshman year with local businesses, which will help to build your resume and build your network. She believes in developing relationships with your professors as a great way to demonstrate your passion toward your coursework and also to learn from their experiences in the professional world.

Learning how to “pitch yourself” to companies and share ways that you plan to contribute will set you apart from other candidates in Rolle-Harris’ experience. Most importantly, Rolle-Harris emphasized the importance of dedicating time and energy to secure your dream job.

“Whenever I have free time, I’m applying to something,” Rolle-Harris said. “I’m always looking for opportunities.”

When you do the job, you have to continue the momentum and make an effort ask questions, stay later than scheduled, seek more responsibility and go the extra mile with each task you complete.

“As long as you’re consistent and work hard you’ll be able to break barriers,” Rolle-Harris said.

In the future, Rolle-Harris aspires to start her own PR agency as well as a non-profit to help young women navigate high school and college.
The Montclarion • March 28, 2019 • PAGE 7

Veronica Kulesza (left), one of the Montclair State University dietetic interns, introduces Dr. Serena Chen (right) for her National Nutrition Month presentation.

Photo courtesy of Pammi Parekh

In honor of national nutrition month, the dietetic internship class of 2019 attended a remarkable presentation by Dr. Serena Chen on March 18. Chen is the director for the Division of Reproductive Medicine in the Department of Obstetrics and Gynecology at St. Barnabas Medical Center. She also teaches as a clinical associate professor at Rutgers Medical School and the St. George’s University School of Medicine.

Chen covered topics relating to women and reproductive health such as fertility, preconception nutrition, endometriosis, pregnancy and bariatrics. Maintaining a healthy weight is a large component of health and wellness associated with improved reproductive health outcomes. Supplementation of vitamin D3, vitamin E and omega-3 fatty acids has also shown to combat symptoms of various reproductive health issues in women.

Chen feels that doctors and dietitians need to work together with their knowledge and skills to combat the rising health issues related to reproduction and hormonal health.

Allison Thibault, one of the current dietetic interns at Montclair State University, also believes that by doctors and dietitians working hand-in-hand for patient care, the best outcomes are possible. “Dr. Chen made it clear that doctors should sit in the audience as dietitians educate about nutrition, and the doctors may have very little training in nutrition,” Thibault said. “In healthcare, collaboration among all of the specialties, including nutrition, is important to the patient and the future of healthcare.”

Individuals with polycystic ovary syndrome (PCOS) make up a large part of Chen’s patient population. According to research, 7 percent of the female population suffers from this health syndrome. This disorder negatively affects women’s hormones, frequently leading to infertility. Moderate exercise, along with seven to eight hours of sleep and a low glycemic diet are a few of the things Chen advises patients to do to help prevent the development of PCOS and to better female reproductive health overall.

Endometriosis was another health condition that Chen felt had a positive relationship with health and wellness intervention. Research has shown that forms of alternative medicine, such as acupuncture and increasing exercise weekly, can help to decrease the inflammation that occurs in the body due to this condition.

Females are not the only ones who experience fertility and reproduction issues. Chen explained how males have just as much influence on pregnancy outcomes as females.

“Your all the future of nutrition,” Chen said. “I’m hoping some of you will push the envelope and get involved to make our healthcare system more heath and wellness focused.”

Chen also enjoys educating people through her social media platforms. For more information on fertility, reproduction and hormonal health, you can follow Chen on Instagram and Twitter, @dserenahchen.

Chen using her social media platform as a tool to educate the public about reproductive medicine.

Photo courtesy of Dr. Serena Chen
An Inside Look at the Innovative Product Design Sketching Workshops

The product design program started a free sketching workshop in Finley Hall on Wednesday afternoons. Students in any major are encouraged to attend.

The workshop is run by Nicolette Pezzolla, a junior product design major and studio assistant as well as Jackson Yeakel, a sophomore product design major and studio assistant.

Pezzola shared her intentions for the future of the program.

“We’re definitely hoping for a lot more involvement and a lot more acknowledgement on the campus,” Pezzolla said. “We want to show more people that we exist, and we’re doing some really cool stuff in here.”

At one of their workshops on Feb. 13, students learned to sketch real-life objects. They began the lesson with a warmup, and students sat in a circle and listened to instructions.

The students followed along with Pezzolla’s guidelines and they were assigned to sketch different lines and various three-dimensional cubes and cones. After the warmup, the students were excited to practice sketching real-life objects including a chair and coffee maker.

Throughout the workshop, Pezzolla walked around the room to watch the students’ progress and looked at the different sketches, offering advice and words of encouragement to help the students improve their sketches. Everyone was very comfortable and supportive of each other.

The workshops are on the second floor of Finley Hall, and there did not seem to be more than 15 students on Feb. 13. The room had a very innovative style with sketches and artwork hung up all over the wall.

The students all laughed and joked around with each other even though they created their sketches with care and focus. Everyone was happy with their work at the end of the lesson and were excited to see their finished products photographed. Many students stayed after the lesson was over to work on other assignments and talk with fellow students.

Students gave positive feedback about the product design program and sketching workshop.

Skyler Prideaux, a sophomore product design major, appreciated the hospitable environment that encouraged him to improve his design skills.

“There are so many nice people here that sit down with you and really want to put in the time to create another designer and just teach you the foundations and show you cool stuff,” Prideaux said.

Pezzolla and Yeakel both made it clear that all students are welcome to come and experience the product sketching lessons.

He feels that these lessons create an environment that is a good place for product design majors to gain a stronger sense of motivation.

Pezzolla believes that this program is beneficial to students in other majors as well.

“For other majors, it’s something really cool to learn,” Pezzolla said. “If you’re an animation and illustration major, you definitely focus on a person and their interactions with things. We’re teaching you how to draw the smaller things that are maybe overlooked.”

Sophomore product design major Ross Newton would like to see more people take advantage of the workshop.

“I’d love other people, like the school or local community, to be able to come in and see the stuff that we’re making here,” Newton said.

Pezzolla and Yaekel are eager for other students and community members to learn more about sketching with different techniques and perspectives and to just have the opportunity to show people their hard work.
"Daisy Jones and the Six" has rocked the world and stolen the hearts of readers since its release in March. Taylor Jenkins Reid transports her readers back in time to follow the rise and fall of an infamous rock band called Daisy Jones and the Six.

Written as an oral history, this story follows a series of interviews with band members, music critiques and other influential people who all have a story to share regarding the band’s legacy. It is sure to leave a lasting impression on readers and will make others wish they had seen this band live during the ‘70s.

This entrapping tale is unlike any other. Reid manages to weave together sets of interviews which flow like a script rather than the traditional use of prose in fiction. By focusing solely on dialogue, it has the feel of an old rock-and-roll documentary centered around Daisy Jones, a reckless, young singer who joins an established rock-band, The Six. Together, Daisy and lead singer, Billy Dunne, compose the infamous songs on their hit album “Aurora.”

What shines brightest is Daisy’s vibrant and unforgettable personality. She is complex, strong-willed, confident and flawed in a way that makes her feel like a close friend sharing her life story. Because of her strong personality, she clashes with Billy who is a stubborn lead singer and songwriter as they work together to combine their unique styles to write an album full of songs reflecting personal issues in their own lives.

This isn’t simply a book centered around a fictional band’s rise and fall from fame. It explores the band members’ individual lives and how their personal issues affect how they perform on stage together.

Another interesting aspect of this story is the beautiful, haunting and lyrical songs Daisy Jones and the Six wrote along the way. The band members grapple with hidden relationships, their inability to have their voice heard in the process of evolving the band’s music, addiction, alcoholism and maintaining a traditional household while also being rock stars in a nuanced way that will leave readers in awe.

"Daisy Jones and the Six" is full of twists and turns, forbidden love, secrets behind closed doors and the cutthroat world of rock-and-roll. The interview style of the novel, music lyrics and band itself feels authentic enough that readers will be heartbroken once they realize they cannot simply search up Daisy Jones and the Six on Spotify to listen to their enigmatic album “Aurora,” which is the heart of this novel.

Reid takes her readers on an epic journey they will never want to end and is one they will think about long after it is over. This is one uniquely written story book lovers won’t want to miss.
Help Wanted


Before/After School Sitter Needed for two Montclair Preschoolers
Our much loved, long-time sitter is graduating and we’re looking for a responsible, creative, energetic go-getter to help care for our almost 3 and almost 5 year old son and daughter in Montclair. Approximately 30 hours/week. Monday – Thurs 7-9:30 a.m. and 3:30 – 8:00 p.m. Perfect for a college student as we have some flexibility with the hours and opportunity for occasional date nights/weekend hours, but applicants must have early morning and early evening availability. Responsibilities will include: school drop off and pickup, transportation/supervision for after school activities, light meal prep for breakfast and dinner, packing lunches, getting kids ready for bed, kids laundry, etc. We are a casual, fun-loving family and are looking for someone who is imaginative, caring and truly loves young children. Must have clean driving record, imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young children. Must have clean driving record, imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, caring and truly loves young family and are looking for someone who is imaginative, care...
Across
2. A country other than the U.S. that students are able to study away in
5. The program students participate in where they can study in foreign countries
6. A U.S. territory students are able to study away in
7. The only university in Ontario students can study in
8. The minimum amount of credits students must apply for in this program

Down
1. The only university in Guam students can study in
3. The only academic year students are unable to study away as
4. The minimum GPA required for students to be eligible to study away (Spell it out)

Word Search

Sudoku

*For answers to the puzzles, please check The Montclarion Facebook page every Thursday.*
A college senior opens their computer and logs on to NEST to register for their last semester at Montclair State University. As the student enters in the six-digit CRN numbers, an error message pops up with an alert that their last major requirement course has filled up.

Nervously staring at the computer screen, the senior sends out a desperate email to their adviser and the head of the department to find an other way into the course. The only way to get in is by putting their name on a waitlist.

A majority of students at Montclair State have similar stories from their own registration experiences, and most commonly, they complain about how quickly their courses fill up, especially if their last major requirement course has filled up.

Students believe that there are students with more credits signing up for these courses as electives, not as major requirements. While no one will ever know if this is the reason their courses are filling up so fast, it seems very realistic and many students wonder why NEST does not have a filter that can decipher between elective courses and major requirements. Not having some kind of filter is very misleading to students because, for many courses, any student can register for them, including those who do not need to.

Each course description does have a list of prerequisites that students would need in order to take it, but it does not specifically list that it is a graduation requirement for a specific major.

Students should be able to take whatever courses they want to help them find their fields of interest, but there are majors and minors in small departments with a limited number of class sections and faculty members to teach each of them. It is unfair for a student who needs to get into a course to graduate to be put on a waitlist because someone else took their spot as an elective.

There are also some courses where spots are reserved for students. Most commonly, they are held specifically during fall registration for incoming freshmen in certain learning communities.

Students believe that there should be a way to prioritize those who need to register for certain classes in order to graduate, versus those who are just signing up for them as an elective.

One idea is that students should receive an additional code to enter into NEST in order to register specifically for major requirement courses. Students who were not given a code would wait, just like if a class was reserved. Students who wanted to register as an elective would be notified when they could sign up or if it is full.

While this method requires some recoding of NEST, it could make the registration process less stressful and relieve many students of their anxiety that is centered around getting into them.

More realistically, students should be more involved when the decisions about course sections are made since they are the ones paying thousands of dollars to take them.

Without students involved, the process seems like a guess-and-check when each department decides how many seats in each course section. With the help and info from students needing to take each course, classes sizes and sections can be planned out more accurately.

There are many ways that the student body can become more involved, like taking surveys every semester to give each department an idea of what courses students are planning to sign up for to create sections and fill seats based off of that data.

Just by answering a few questions, the campus community believes that the university could plan better for registration and make it less of a hassle for both students and faculty. It would also make the process much smoother than it has been in previous semesters.

Registration Needs to Be Regulated

By Rebecca Serviss & Jennifer Losos

“I would say yes. [Students who are registering for major requirements should have a priority] because major requirements are needed in order to graduate where electives are classes that you kind of want to take or might need.”

“I think that, as a graduating senior, just for that fall and spring semester. I know that I had trouble registering for things that I needed to graduate on time in May. Having major requirements [scheduled] before elective requirements, I think, would definitely [improve] the Montclair community.”

“I think students who still have major requirements should get priority [rather than] people who just want to do electives because they want to get what they need to get done for graduation.”

“I do [think that students who are registering for major requirements should have a priority] because you need those classes more for your major, and if they fill up faster, then it’s harder to decide if you want to stay in this major. If they fill up faster, you don’t have a lot of time to realize what you want to do.”

- Jordan Tinitigan
  Visual Arts
  Sophomore

- Andrea O’Connor
  Psychology
  Senior

- Jessica Pochek
  Television & Digital Media
  Freshman

- Tatiana Karram
  Family Science & Human Development
  Junior
The Beauty of Choice

Inspiring women to defy the standards of beauty magazines and to be themselves

Why must I only use MAC Viva Glam Lipstick? What’s the difference between that and the ones made by Covergirl?

I like many tween girls before me, first applied makeup after following a simple makeup tutorial from Seventeen Magazine. I studied the headline about makeup products that you needed to impress your crush and applied bright red lipstick and thick, uneven chunks of eyeliner on my eyelids. I had officially entered the world of makeup and had the Bobo the Clown face to prove it.

The clown makeup washed off, but the feeling that I had to use specific products to impress someone else never did. Magazines geared toward women walk the very fine line between purporting social pressure to look a certain way and encouraging women to use makeup as a powerful form of self-expression.

Publications like Seventeen, Cosmopolitan and Glamour have largely evolved to inspire women past just how we look, but the remnants of the old beauty-centric rhetoric of needing certain products undermine the feminist values that drive these magazines today.

Now when you visit Seventeen’s website, you aren’t greeted with the tutorial that I followed. Thank goodness. Instead, their homepage features stories on hot-button political issues, the importance of taking care of your mental health and an entire section dedicated to LGBTQ+ stories. Nestled between these stories are still many articles about skincare tips you need to know, nail polishes you need for your next manicure and products every makeup beginner needs in their makeup bag.

However well-intentioned, these stories about products you need undermines the feminist values at the core of the rest of the magazine’s content. Feminism and self-expression are not about acting or looking a certain way. They are about choice and ensuring everyone has the opportunity to freely choose what is best for them.

Asserting that readers need specific products to help them look a specific way negates this choice by making readers feel obligated to use certain products.

Yes, we all tend to throw the word “need” around rather needlessly. I don’t think twice about telling my friends they need to watch a new television show, and most marketing campaigns strive to convince people they need something they really don’t.

What makes the use of the word “need” different in regards to these magazines, then, is that there is already so much pressure for women to look and behave a certain way. If the power of makeup comes from its existence as a form of self-expression, everything that contributes to making makeup feel like a societal norm or expectation takes this power away.

I don’t mean to say that magazines should refrain from suggesting beauty products or detailing makeup tutorials. There is real value in being able to open a magazine and explore a form of self-expression.

Reviews help readers determine which products are worth their money, and tutorials can inspire people to try a new look. However, the intended joy of makeup as a form of self-expression loses its value when makeup is treated as a necessity, not a choice.

If I could tell my tween self one thing, it would be to put down the eyeliner. Not because I sucked at applying it, even though I most certainly did, but because I didn’t need it to impress my crush. If I’m going to look like Bobo the Clown, it’s going to be because I want to, not because a magazine dictates what I need.

KRISTEN MILBURN
STAFF WRITER

Thumbs Up

Apple releases new Airpods with a wireless charging case

Jimmy Carter is officially the longest living U.S. president at age 94

Major League Baseball season officially begins on Thursday

Thumbs Down

New York declares a state of emergency due to a measles outbreak

Shooting victims in the United States commit suicide

Besty DeVos proposes to cut $18 million from the Special Olympics
Soccer is Finally Kicking Off in America
A traditional international sport starts to make a domestic impact

THOMAS NEIRA
ENTERTAINMENT EDITOR

The 24th season of Major League Soccer (MLS) kicked off this past Saturday, March 2, marking the biggest season yet for an ever-growing competition in a country where the sport was at one point thought to be unmarketable. MLS is a men’s professional soccer league made up of American and Canadian teams that began its first season in 1996, in response to the success of the 1994 FIFA World Cup held in the United States. With the introduction of new expansion team FC Cincinnatti, this current MLS season sees its total number of teams rise to 24, the most in its history.

I’ve been playing soccer since I was in elementary school, and I’ve been a fan of professional soccer for just as long. While growing up in a town that focused mainly on ideal American sports like football and baseball, I was often teased for liking such a foreign and strange sport like soccer.

That was still struggling to find its footing in a nation as compartmentalized as the U.S. In recent years, soccer in America has experienced a rapid growth in popularity, and it doesn’t show signs of slowing down anytime soon. The MLS captured global attention in 2002 when English soccer legend David Beckham signed with the Los Angeles Galaxy, making a lot of money for the league as other teams in the league rushed to make their own big-name signings to compete, both on the pitch with wins and off the pitch in relevance. As the world’s interest in American soccer continues to grow, so is domestic interest in the sport overseas. Demand for young American prospects by big European clubs is becoming stronger.

There is no longer an American player more talked about right now than Christian Pulisic, who announced that he will be joining English club Chelsea FC this summer for $73 million – making him the most expensive American soccer player of all time by a considerable margin.

Match attendance and ticket sales for MLS games are also at all-time highs. The 2018 MLS Cup final between Atlanta United and the Portland Timbers was played in front of a record attendance of 73,019 fans in the Mercedes-Benz Stadium in Atlanta. To put this into perspective, this year’s Super Bowl was played in front of a crowd of 70,000 spectators in the exact same stadium less than two months later.

It’s never fully understood why soccer has always been so ostracized in the U.S. Perhaps it’s because of that classic American fear of things that are seemingly foreign. “True Americans” find safety in sports that have been well-established in the U.S. for nearly a century now. But how safe can a sport like soccer really be when all the players do is ram into each other over and over again until one concusses the other? Let me remind you that baseball requires the use of a bat, an object that criminals and “The Walking Dead” fans alike would recognize as a weapon. I just don’t understand why all sports can’t coexist within the same country. Let me kick a soccer ball in peace, and I’ll let you run around some bases, slam dunk a basketball or severely injure yourself trying to catch a flying football while being interrupted by commercial breaks every two minutes.

There’s no reason to fear soccer becoming America’s most popular sport because it’s going to happen. Don’t worry, because it’s an amazing sport. People have nicknamed it the “beautiful game” for a reason. If you think American sports will continue to be more relevant than soccer, then I ask you this: What does it say about America if its own sports are attracting smaller crowds than MLS games? Perhaps America’s favorite pastime has passed its time.

Javier Reyes, a journalism major, is in his first year as an entertainment editor for The Montclarion.

Rebecca Serviss | The Montclarion

Soccer is Finally Kicking Off in America
A traditional international sport starts to make a domestic impact

THOMAS NEIRA
ENTERTAINMENT EDITOR

The 24th season of Major League Soccer (MLS) kicked off this past Saturday, March 2, marking the biggest season yet for an ever-growing competition in a country where the sport was at one point thought to be unmarketable. MLS is a men’s professional soccer league made up of American and Canadian teams that began its first season in 1996, in response to the success of the 1994 FIFA World Cup held in the United States. With the introduction of new expansion team FC Cincinnatti, this current MLS season sees its total number of teams rise to 24, the most in its history.

I’ve been playing soccer since I was in elementary school, and I’ve been a fan of professional soccer for just as long. While growing up in a town that focused mainly on ideal American sports like football and baseball, I was often teased for liking such a foreign and strange sport like soccer.

That was still struggling to find its footing in a nation as compartmentalized as the U.S. In recent years, soccer in America has experienced a rapid growth in popularity, and it doesn’t show signs of slowing down anytime soon. The MLS captured global attention in 2002 when English soccer legend David Beckham signed with the Los Angeles Galaxy, making a lot of money for the league as other teams in the league rushed to make their own big-name signings to compete, both on the pitch with wins and off the pitch in relevance. As the world’s interest in American soccer continues to grow, so is domestic interest in the sport overseas. Demand for young American prospects by big European clubs is becoming stronger.

There is no longer an American player more talked about right now than Christian Pulisic, who announced that he will be joining English club Chelsea FC this summer for $73 million – making him the most expensive American soccer player of all time by a considerable margin.

Match attendance and ticket sales for MLS games are also at all-time highs. The 2018 MLS Cup final between Atlanta United and the Portland Timbers was played in front of a record attendance of 73,019 fans in the Mercedes-Benz Stadium in Atlanta. To put this into perspective, this year’s Super Bowl was played in front of a crowd of 70,000 spectators in the exact same stadium less than two months later.

It’s never fully understood why soccer has always been so ostracized in the U.S. Perhaps it’s because of that classic American fear of things that are seemingly foreign. “True Americans” find safety in sports that have been well-established in the U.S. for nearly a century now. But how safe can a sport like soccer really be when all the players do is ram into each other over and over again until one concusses the other? Let me remind you that baseball requires the use of a bat, an object that criminals and “The Walking Dead” fans alike would recognize as a weapon. I just don’t understand why all sports can’t coexist within the same country. Let me kick a soccer ball in peace, and I’ll let you run around some bases, slam dunk a basketball or severely injure yourself trying to catch a flying football while being interrupted by commercial breaks every two minutes.

There’s no reason to fear soccer becoming America’s most popular sport because it’s going to happen. Don’t worry, because it’s an amazing sport. People have nicknamed it the “beautiful game” for a reason. If you think American sports will continue to be more relevant than soccer, then I ask you this: What does it say about America if its own sports are attracting smaller crowds than MLS games? Perhaps America’s favorite pastime has passed its time.

Javier Reyes, a journalism major, is in his first year as an entertainment editor for The Montclarion.

Rebecca Serviss | The Montclarion

Soccer is Finally Kicking Off in America
A traditional international sport starts to make a domestic impact

THOMAS NEIRA
ENTERTAINMENT EDITOR

The 24th season of Major League Soccer (MLS) kicked off this past Saturday, March 2, marking the biggest season yet for an ever-growing competition in a country where the sport was at one point thought to be unmarketable. MLS is a men’s professional soccer league made up of American and Canadian teams that began its first season in 1996, in response to the success of the 1994 FIFA World Cup held in the United States. With the introduction of new expansion team FC Cincinnatti, this current MLS season sees its total number of teams rise to 24, the most in its history.

I’ve been playing soccer since I was in elementary school, and I’ve been a fan of professional soccer for just as long. While growing up in a town that focused mainly on ideal American sports like football and baseball, I was often teased for liking such a foreign and strange sport like soccer.

That was still struggling to find its footing in a nation as compartmentalized as the U.S. In recent years, soccer in America has experienced a rapid growth in popularity, and it doesn’t show signs of slowing down anytime soon. The MLS captured global attention in 2002 when English soccer legend David Beckham signed with the Los Angeles Galaxy, making a lot of money for the league as other teams in the league rushed to make their own big-name signings to compete, both on the pitch with wins and off the pitch in relevance. As the world’s interest in American soccer continues to grow, so is domestic interest in the sport overseas. Demand for young American prospects by big European clubs is becoming stronger.

There is no longer an American player more talked about right now than Christian Pulisic, who announced that he will be joining English club Chelsea FC this summer for $73 million – making him the most expensive American soccer player of all time by a considerable margin.

Match attendance and ticket sales for MLS games are also at all-time highs. The 2018 MLS Cup final between Atlanta United and the Portland Timbers was played in front of a record attendance of 73,019 fans in the Mercedes-Benz Stadium in Atlanta. To put this into perspective, this year’s Super Bowl was played in front of a crowd of 70,000 spectators in the exact same stadium less than two months later.

It’s never fully understood why soccer has always been so ostracized in the U.S. Perhaps it’s because of that classic American fear of things that are seemingly foreign. “True Americans” find safety in sports that have been well-established in the U.S. for nearly a century now. But how safe can a sport like soccer really be when all the players do is ram into each other over and over again until one concusses the other? Let me remind you that baseball requires the use of a bat, an object that criminals and “The Walking Dead” fans alike would recognize as a weapon. I just don’t understand why all sports can’t coexist within the same country. Let me kick a soccer ball in peace, and I’ll let you run around some bases, slam dunk a basketball or severely injure yourself trying to catch a flying football while being interrupted by commercial breaks every two minutes.

There’s no reason to fear soccer becoming America’s most popular sport because it’s going to happen. Don’t worry, because it’s an amazing sport. People have nicknamed it the “beautiful game” for a reason. If you think American sports will continue to be more relevant than soccer, then I ask you this: What does it say about America if its own sports are attracting smaller crowds than MLS games? Perhaps America’s favorite pastime has passed its time.

Javier Reyes, a journalism major, is in his first year as an entertainment editor for The Montclarion.

Rebecca Serviss | The Montclarion
VISUALIZE YOUR SUMMER
AND EARN DEGREE CREDITS

- Choose from over 800 courses
- Receive a 12% tuition discount

register now at montclair.edu/summer
Ciara Nicdao-Richardson is a junior film photography major at Montclair State University. She has had her work accepted by Toksick Magazine and currently enjoys doing fashion photography as well as portrait photography. Nicdao-Richardson spoke to Assistant Copy Editor Priscilla Cartagena about her work and studies.

Q: How did you start photographing?
A: I grew up with a bunch of photographers, and my uncle was a huge inspiration. I picked up photography as a hobby, but I didn’t take it seriously until junior year of high school.

Q: What are some setbacks that you have experienced as a photographer?
A: Lots of people expect free photos from me, and they don’t offer to pay me. When I state my price, sometimes they back out of it…like no. I’m an artist. I need some money, too.

Q: What equipment and camera do you prefer to use?
A: Right now I’ve been experimenting with studio lighting. I also love working with color gels because it gives off a nostalgic feeling. Right now I’m shooting with a Canon EOS 6D Mark II. I’m in love with it, even though it’s really, really heavy. The picture quality is perfect.

Q: What kind of ideas do you want to express in your work?
A: As I’m figuring out what I’m trying to say as a photographer, I noticed that I want to show that you can dress however you want to dress. I’m tired of society’s standards about how people should dress on a normal basis. For myself, I dress really ‘weird.’ My family is always criticizing my outfits, saying it’s too masculine or wanting me to show my curves off more, but I’m not about that. I want my photography to show that concept.

Q: What is your creative process for your shoots?
A: Usually I start by finding my models, and then from there I get an idea of what kind of shoot I want to have them be a part of. Then, I create a mood board on Pinterest, which gives me different ideas to create something new. I usually use Pinterest as inspiration.

Q: Where do you get inspiration from?
A: My family is the biggest inspiration for me, especially my grandma since she used to work with Keith Haring. Then Petra Collins does a lot of color set designs, and she’s also known for her work with Gucci. It’s like a very retro, 70s vibe with a bit of a bohemian twist to it. When it comes to my editing style, I’m really inspired by Jesse Draxler because his work is really dark. Those are my three big inspirations.

Q: What are your future plans after graduation?
A: As of now, I know I want to work with Nylon Magazine, but the dream job is Conde Nast. I see myself working in publishing and doing the photo sets.

Q: What’s one of the most important things you’ve learned as an art student at Montclair State?
A: Networking. I feel like networking is key to getting your work out there and it’s important for any artist to branch out and show people what kind of talent you have. If you’re in your little box, nobody’s going to know what kind of work you create. With networking, it also opens up new opportunities for jobs as well. You also meet a lot of interesting people along the way.

The community of artists is important. It’s a very competitive field, but I feel like artists, especially at Montclair State, are all supportive of each other.
Montclair State Musicians Love the Skin They’re in at First Ever Black History Month Recital

Packed into the basement rehearsal hall of the John J. Cali School of Music, students and faculty celebrated Black History Month with a powerful showcase featuring their minority students. Musicians for Diversity and Culture (MDC) ended Black History Month with a bang on Wednesday, Feb. 27. Students performed spoken-word pieces as well as gospel, jazz and spiritual songs.

“I never really sang with a choir filled with people of color before,” said sophomore jazz performance major Sen Raines. “I didn’t speak to any of the other performers before the show and now we’re all friends. It’s a testament to how music brings people together.”

MDC did not expect a large crowd, but the event brought in over 100 people. Some professors even canceled class and re-routed students to the performance.

“Thank you for this,” said professor Jeffrey Gall to participating students. “We need to do more things like this.”

Junior vocal performance major and performer Makaela Shade-Alexander believed the event connected with the audience.

“It was an emotional experience,” Shade-Alexander said. “You can tell the audience was really connected and feeling it.”

Formally known as Black and Latino Musicians United (BALMU), MDC was founded by Dr. Lisa C. DeLorenzo, music education coordinator and professor, and music education major Miles Cody in 2013. Its original mission was to promote black and Latino students. It has since expanded to advocate for all cultures.

“There’s many organizations on campus for minority students,” said MDC President Alex Conley. “We didn’t have that in the music school. There needed to be a platform for these voices to be heard.”

Raines explained that the recital consisted of just under 20 acts, each song broken up with a poem in between.

“We showed the school of music a little bit of black culture,” Raines said. “It was awesome.”

Conley hopes that the recital will become an annual tradition even after he leaves his presidential position.

Sierra Craig
Contributing Writer

runs the organization, he has hosted five events since the beginning of his presidency in September. Latin Dance Night, Multicultural Potluck and Lunar New Year Karaoke Party are just some of the exciting events under his belt.

“We changed the name because we didn’t want other minorities to not feel welcome,” Conley said. “We want to make sure that everyone feels included.”

An idea that only came together three weeks prior, piano accompanist for the entire show, sophomore music composition and theory major Jahmai Person, helped Conley organize the event. The duo asked friends and other students to compose a song together. After seeing how well the dynamite worked, Conley suggested the group put on a recital.

They ended up ditching the original song but ultimately chose to sing “Lift Ev’ry Voice and Sing,” the Black National Anthem.

“My friend Vaughn came up with the idea to sing the song,” Conley said. “I had never heard the song before or knew the history. After learning about it and the impact it had on me, I knew it was perfect.”

Holding rehearsals every day, Conley knew he needed to be there to ensure the success of the event. Getting all of the talent together was especially hard considering the students’ demanding schedules and other activities.

“The core crew stayed up to the early hours of the morning for several days in a row just to make sure that every detail was double-checked and approved,” Raines explained. “We didn’t have that in the music school. There needed to be a platform for these voices to be heard.”

When he came on board as a shy freshman, Conley already had plans for how he wanted to increase its reach to other students. As someone who
The aroma that circulated throughout Count Basie Theater was of crisp alcohol as audience members weaved in and out of the aisles, beer in tow and toppling over the brims of their plastic solo cups as they fumbled trying to get to their seats.

Enter the opener for stand-up comedian Bert Kreischer. While unknown to most, he maintained the laughter among audience members for a brief 15 minutes before the man of the literal hour made his way on stage.

On Friday, March 15 in Red Bank, New Jersey, Kreischer was so popular in the area that he was able to put on two shows at the venue for his “Body Shots” world tour – one at 7:30 p.m. and the other immediately following at 9:30 p.m.

Famous for being “The Machine,” Kreischer ends all of his performances with a bit about a trip he took to Russia while in college where he got involved with the Russian mafia. For most comedians, overdoing a joke would completely kill their act. However, for Kreischer, his legendary story is just the icing on the cake.

Kreischer walked to center stage with strobe lights that you might find in your bedroom during your EDM phase illuminating the wall behind him. Clapping and cheering filled the room as Kreischer strips himself of his T-shirt, a signature and expected move of his to show off his dad bod and began the show.

As a husband and father of two children, Kreischer bases a lot of his jokes on his family members but still leaves room for his millennial fans with his comedic rendezvous at a coffee shop and his experiences with marijuana.

Kreischer had perfect timing and a sense of humor that many can relate to but often made seemingly crude remarks that some may take offense to. However, Kreischer had no malicious intent with any of his bits, which were long at times but not long enough to lose anyone’s interest. The comedian is a pro at timing his jokes and relays most of his stories as if he is having a conversation with a close friend over pretzels and beer cheese at the brewery.

Charlie Weissman, a sophomore filmmaking major, is currently employed at Count Basie. Once everyone was seated, Weissman was able to catch some of the show.

“He is a class act and had people in stitches at both shows,” Weissman said. “He was hilarious on and off stage.”

Weissman said that Kreischer’s quick wit and hilarious outlook on life ensured that both shows were a great experience for all of his fans. Not only is Kreischer an outstanding comedian, but he is also kind to his fans. The comedian raffled off meet-and-greets and told the audience they could catch him at one of the local bars, Jamians, after the show if anybody wanted to grab a drink and have a good time alongside him.

Once the show was over, the murmurs began, and I could catch quick phrases exchanged among friends, lovers and family members who attended the show.

“I was pissing myself,” said a delighted audience member.

The audience continued to enjoy Kreischer’s jokes and commented on the humor.

“This guy is hilarious,” cheered another.

Kreischer endearingly belted out a few haughty laughs and burped through his stand-up routine, leaving audience members satisfied that the man they see on Netflix is just as charming in person as he is on TV.

Cassidy Lunney | The Montclarion

Bert Kreischer arrives in his “Body Shots” tour bus.

Bert Kreischer performed at the Count Basie Theater on March 15.

Photo courtesy of Wikimedia Commons

Staff writer Cassidy Lunney (left) and Scott Huber (right) pose with Bert Kreischer (center).
Study Abroad in Spring 2020!

Attend an information session to learn how to get started:

DEADLINE TO APPLY: OCTOBER 1

Tuesdays
2:30PM
University Hall
Room 2009

Fridays
11:30AM
Schmitt 125

For further inquiries or to book an appointment, email
studyabroad@montclair.edu
or stop by the Student Center Annex, Room 207

Let's Talk About Tuition

Monday, April 1
3-4PM
Student Center
RM 411

Join the Student Trustees for a talk about tuition leading up to the April 10 Tuition Hearing.

University administrators will be in attendance answering your questions about tuition.
"Whale Rider" follows the story of the Maori tribe in New Zealand, where males are traditionally the ones chosen to become chiefs of the tribe. However, the anticipate-d father dies, leaving behind his twin sister Pai, who wants to claim the chiefdom. The film was directed by Niki Caro, who will also be seen directing the upcoming live-action "Mulan" film. Her directing credits include other female-empowering films, such as "The Zookeeper's Wife" and "A Nightmare on Elm Street," all of which you can see hours after the credits finished rolling, and I can't wait to see the movie for a second and third time.

"Us" is a terrifying and spell-binding film that is on its way to becoming a horror classic. This movie is one of the most entertaining films I've seen in a long time, and its originality and fresh take on the horror genre proves that Peele has a promising future of filmmaking ahead of him. Overall, "Us" is an astonishing film that will blow audiences away. I left the theater pondering what I had just seen hours after the credits finished rolling, and I can't wait to see the movie for a second and third time. As much as I enjoyed this film, it unfortunately ruined my enjoyment of the original classics, such as "The Shining," "Night of the Living Dead," "Jaws" and "A Nightmare on Elm Street," all of which you can tell Peele drew inspiration from.

The acting in the film was beyond exceptional. Nyong'o solidifies herself as one of the best actors of this generation, and I anticipate an Oscar nomination (hope-fully a win) for her performance. Nyong'o is able to play two characters with such passion and ferocity, and the way she conveyed chilling emotion without even speak-ing a word is almost hypnotic. "Us" is a terrifying and spell-binding film that is on its way to becoming a horror classic. This movie is one of the most entertaining films I've seen in a long time, and its originality and fresh take on the horror genre proves that Peele has a promising future of filmmaking ahead of him. Overall, "Us" is an astonishing film that will blow audiences away. I left the theater pondering what I had just seen hours after the credits finished rolling, and I can't wait to see the movie for a second and third time. As much as I enjoyed this film, it unfortunately ruined my enjoyment of the original classics, such as "The Shining," "Night of the Living Dead," "Jaws" and "A Nightmare on Elm Street," all of which you can tell Peele drew inspiration from.

The acting in the film was beyond exceptional. Nyong'o solidifies herself as one of the best actors of this generation, and I anticipate an Oscar nomination (hope-fully a win) for her performance. Nyong'o is able to play two characters with such passion and ferocity, and the way she conveyed chilling emotion without even speak-ing a word is almost hypnotic. "Us" is a terrifying and spell-binding film that is on its way to becoming a horror classic. This movie is one of the most entertaining films I've seen in a long time, and its originality and fresh take on the horror genre proves that Peele has a promising future of filmmaking ahead of him. Overall, "Us" is an astonishing film that will blow audiences away. I left the theater pondering what I had just seen hours after the credits finished rolling, and I can't wait to see the movie for a second and third time. As much as I enjoyed this film, it unfortunately ruined my enjoyment of the original classics, such as "The Shining," "Night of the Living Dead," "Jaws" and "A Nightmare on Elm Street," all of which you can tell Peele drew inspiration from.

The acting in the film was beyond exceptional. Nyong'o solidifies herself as one of the best actors of this generation, and I anticipate an Oscar nomination (hope-fully a win) for her performance. Nyong'o is able to play two characters with such passion and ferocity, and the way she conveyed chilling emotion without even speak-ing a word is almost hypnotic. "Us" is a terrifying and spell-binding film that is on its way to becoming a horror classic. This movie is one of the most entertaining films I've seen in a long time, and its originality and fresh take on the horror genre proves that Peele has a promising future of filmmaking ahead of him. Overall, "Us" is an astonishing film that will blow audiences away. I left the theater pondering what I had just seen hours after the credits finished rolling, and I can't wait to see the movie for a second and third time. As much as I enjoyed this film, it unfortunately ruined my enjoyment of the original classics, such as "The Shining," "Night of the Living Dead," "Jaws" and "A Nightmare on Elm Street," all of which you can tell Peele drew inspiration from.
WANT TO BE PART OF SOMETHING GREATER?

The Montclarion

Write for feature! Fashion writer wanted

Contact Montclarionfeature@gmail.com

WORLD’S FAIR DAY 2019

Entertainment & food from around the globe

THURSDAY, APRIL 25
NOON TO 2:00PM
STUDENT CENTER QUAD

Rain Location: Student Center Ballrooms

SPORTS

WANT TO BE A SPORTS WRITER?

Cover all the touchdowns, goals, and everything in between.

Contact MontclarionSports@gmail.com for more information.
Freshman Athlete Transition: Brandon Andrews

Brandon Andrews (far right) poses for a picture with fellow offensive linemen in high school.

Christopher Giacomini  Contributing Writer

Offensive lineman Brandon Andrews comes from Barnegat, a small town in South Jersey, where he was the best lineman at his high school as well as a successful student. Upon arriving at Montclair State University, however, he realized that it’s definitely a big jump to college.

The skill level between high school and college football was apparent from the start. College players were bigger than Andrews was used to and much harder to block. Andrews hadn’t had competition like that in a long time.

Once camp started in the summer, it was football three times a day every day. Andrews would wake up, shower, eat, play football and repeat. He would also shower, eat and play football in a classroom. It was required that everyone gave full effort all the time. Practices were even longer and more intensive.

The extreme football schedule was very hectic, according to Andrews. “I couldn’t find my ear-buds for three whole weeks because I didn’t have time to sit down and listen to music or anything like that,” Andrews said. “I didn’t even unpack my clothes.”

While the weeks on camps were a very busy time for Andrews, it also came with some benefits. He was able to explore the campus before classes and get the lay of the land around campus. This also gave Andrews some time to form bonds with his new teammates.

“We’re all still great friends and I feel like it built a better bond seeing them every single day, eating meals with them, going to practice, stuff like that,” Andrews said. “I feel like I know the guys I play with now just as good as the guys I played with in high school for four straight years.”

This bond with teammates also extended to the classroom, where Andrews often had a fellow football player in each class to study and do homework with. While football did help Andrews to make friends and acclimate to this unfamiliar environment that he had been thrust into, it is extremely time-consuming. The balance between school and football can often be overwhelming for incoming students.

“It is rough. I’m so far behind on my shows,” Andrews said. “It’s a balance, you have to [fake] your way through everything. Basically, you just have to become the master of [faking it] and finding the fastest way to do the minimum amount of work possible.”

That often involves cramming in schoolwork whenever possible, be it early mornings, between classes or even right before football.

“I would walk to the field house, to the locker room, sit down there,” Andrews said. “There was a table and some benches, open up my laptop and that’s when I did homework, right before practice.”

That was commonplace for him but not his anecdotal story. That would be the time he typed a full essay before a football game, in the locker room.

“I’m sitting there in my game pants, and my compression shirt and my shoulder pads next to me, typing away an eight-page essay,” Andrews said. “And people are like ‘What the hell is this guy doing?’ but there’s other people around me doing the exact same thing. So, every chance you get you just have to just be prepared to start doing work.”

A very important lesson that Andrews learned early on was the importance of sleep. He says that the true balance is not only between football and school but between football, school and sleep. This was to ensure that his body was properly fueled and ready for everything.

“I would make sure I always had eight hours of sleep every night. You have to take care of yourself first before you take care of school,” Andrews said. “If you take care of yourself mentally and physically, you’ll be able to get through the schoolwork faster than you think.”

This philosophy seemed to pay off, as Andrews was able to finish his first semester strong academically, as well as being able to play in a football game as a freshman.

“I did football and college, and I ended up coming out with a really good GPA. You can’t make an excuse by saying you’re a bad student if all you’re doing is being a student,” Andrews said.

“If you’re not putting in the work, then you deserve the bad grade.”
Lady Revelers Defy the Odds

Women’s rugby club evolves as they recruit new players and make the sport known to Montclair State

Samantha Impaglia
Assistant Sports Editor

Five years ago, the Montclair State University women’s rugby team stepped out into the Student Center Quad for their first ever practice. With no official field access, these women had to make do with what they had. Despite this, the team still became the first Montclair State women’s club sport to play at the Division II level in their first few years as a team.

Although the Lady Revelers are now back to playing at the Division III level along with the other Montclair State club sports, they have grown tremendously since the club started. Just this past year, they became Tri-State Central Division champions and recruited 18 new players, one being an exchange student from England.

The team currently consists of about 28 girls with only three having prior rugby experience. They practice four times a week, which is more than any club sport on campus. With the help of experienced coaches and a lot of teamwork, the team has worked through all of the hardships that have come their way. The Lady Revelers have come a long way from the mere 10 players the team consisted of in the fall 2018 season.

Sophomore Andrea Esquibel Berniz describes the rugby team as being part of a sisterhood.

“On and off the field, we support each other in numerous ways,” Esquibel Berniz said. “This sport has lifted all of our confidence up and has strengthened our minds and body. With this type of energy and attitude, we know we can conquer anything together.”

With majority of the team having never played rugby before, one of the main issues was teaching these girls a sport completely foreign to them. Esquibel Berniz as well as sophomore Montclarion contributing writer Zoe Gleason are among the many players that have never played a rugby match prior to college.

“I was always interested in rugby because I was always an aggressive energized person. I know this sport can be my outlet anytime I needed to let stress or anger out,” Esquibel Berniz said. “I have never played rugby a day in my life until freshman year of college. However, most of us came from playing soccer, softball or track.”

The establishment of the women’s rugby team has created new opportunities for so many students looking to try something new.

“I signed up my second week of freshman year and fell in love,” Gleason said. “I didn’t expect what I found and the rugby community is incredibly diverse. We have people of all orientations, identities and backgrounds.”

Gleason and the rest of her teammates have been through struggles, as a lack of players forced them to forfeit more than half of their games during the fall 2017 season. They were always the smallest team when going to compete in a tournament, but it did not stop their determined attitudes.

“Our team is stronger, bigger, and better organized than it ever has been,” Gleason said. “One of our collective goals is to grow as a team in skill and numbers and to play at the Division II level once more.”

It is hard to believe that even with the success the Lady Revelers have accomplished this year, they started the fall 2018 season with only 10 active members. They went undefeated in their past season, which was a complete turnaround from the previous one. The women’s rugby team has proven to the Montclair State community that hard work does pay off.

“One thing that I can say about rugby players as a collective is that we are resilient,” Gleason said. “If we are knocked down, we get right back up.”

Gleason continued to talk about the rugby team and their dedication.

“The Lady Revelers have a history that proves with hard work, passion and determination you can do anything,” Gleason said.
The Red Hawks played what would be the first few games of an eight-game home stand at Yogi Berra Stadium this past weekend. Prior to Sunday’s game, the Red Hawks split the two games of a doubleheader against the Oneonta Red Dragons. This put their record at an even 6-6 heading into their game against the Neumann University Knights. Unfortunately for Montclair State University, they ended up losing in blowout fashion by a final score of 10-3.

Neumann University wasted no time getting the game started. Right fielder John Schoolkopf hit a leadoff double, then advanced to third with just one out. Designated hitter Curt Yenckik would then hit a line drive into the wind, carrying it way over Montclair State junior center fielder Brody Labbe and dropped for a two RBI double. The ball ended up sailing over the right field fence for a two-run home run. Freshman third baseman Matthew Manning would then hit a ground ball that bounced off the Knights’ pitcher’s foot, allowing Manning to get to first. The big blow would then come from freshman first baseman Peter Cosentino, who would hit a high fly ball into the wind. The ball ended up sailing over the right field fence for a three-run home run and Montclair State was back in it, as they now trailed just 4-3.

The score would remain 4-3 for the next few innings, as neither team managed to generate many scoring opportunities. After his rough first inning, Red Hawks freshman starting pitcher Nicholas Sefick settled in, as he would only allow one hit and no runs throughout the remainder of his start. He finished the game with four innings pitched, four earned runs, four hits and struck out two batters. While the Red Hawks pitching kept them in the game for a while, their offense failed to remain hot. Despite outfitting Neumann 7-4 throughout the first five innings, they still failed to get the runs necessary to tie the game or take the lead. Head coach Jared Holowaty was particularly frustrated with his batters’ failure to make adjustments to the pitches they were being dealt.

“The most frustrating part for me, and I know the team, is we didn’t make adjustments offensively,” Holowaty said. “The lefty there was throwing a good change-up, and we never really made the adjustments to be able to hit it. When you don’t do that, it’s tough to win.”

In the top of the sixth, the Knights would ultimately put the game away, taking advantage of some sloppy baseball by Montclair State. It started when Red Hawks junior catcher Justin Bates appeared to fumble a pitch in the dirt. The Knights runners advanced to second and third with no one out. Second baseman Andrew La Rosa then hit a pop-up fly ball, but miscommunication between the Red Hawks outfielders allowed the ball to drop for an RBI single in which he would advance to second on a throwing error by Manning. The Knights would score again on a passed ball by Bates. When asked if the team’s youth and inexperience played a factor in the errors, Holowaty had his own opinion.

“Yes, in some ways,” Holowaty said. “But in other ways, in a nine-inning baseball game where there’s 27 outs, sometimes people get lackadaisical. And if you lose it for a second in baseball, bad things can happen.”

Throughout the rest of the inning, the Red Hawks just couldn’t stop the bleeding. The Knights ended up scoring back-to-back runs, the first on a sacrifice fly, and the second on a RBI single. Then, after a hit-by-pitch and a walk, the Knights had the bases loaded with two outs with designated hitter Colin Pollard coming to the plate. Pollard ended up delivering the dagger: A two-RBI single to put Neumann University up 10-3, which ended up being the final score.

Holowaty spoke to his players after the game telling them exactly what his mission is. “I just spoke to the guys out in the field and I said, ‘Look, my number one goal is to make you guys as good as you’re capable of being everyday,’” Holowaty said. “So that process never ends, the wins and losses will come from us putting good games together. Sometimes we’ll put a good game together and lose, but I just want us to play a better brand of baseball, to put us in a better situation to win.”